

## SECOND SUNDAY OF THE GREAT FAST

### Commemoration of Saint Gregory Palamas



1. With joy we keep the ho - - - ly Fast  
 2. Now is the time ac - cep - - - ta - ble!  
 3. We praise you, un - cre - - - ted Light,  
 4. To God, the bless - ed Three - - - in - One,



And gath - er on the Lord's own Day  
 To - day, the day our Sav - ior calls!  
 Who fill the u - ni - verse with joy,  
 Who made and saves and sanc - ti - - - fies,



That through His Word and Sac - - - ra - ment,  
 Let us cast off the weight of sin  
 And give You thanks for Gre - - - go - ry,  
 All praise in heav - en now is sung,



We may give thanks to Christ, the Way.  
 And rise a - gain from e - vil's falls.  
 Whose teach - ings wise we e'er em - ploy.  
 While earth with thanks and love re - plies!

*Text and melody:* J. Michael Thompson