FIRST SUNDAY OF THE GREAT FAST
Sunday of Orthodoxy

1. With joy we keep the holy Fast
2. Now is the time acceptable!
3. You took our flesh, O Christ our God,
4. To God, the blessed Three-in-One,

And gather on the Lord's own Day
To day, the day our Savior calls!
That we be saved from death and sin.
Who made and saves and sanc
tifies,

That through His Word and Sacra ment,
Let us cast off the weight of sin
In icons, we this faith express,
All praise in heaven now is sung,

We may give thanks to Christ, the Way.
And rise again from evil's falls.
As we our Paschal fast begin.
While earth with thanks and love replies!

Text and melody: J. Michael Thompson