

Our venerable father, Sabbas the Sanctified

December 5



1. O fa - ther of th'an - ge - lic life, and fe - llow of the saints,
2. As you, through dis - ci - pline, re - stored the flesh for Spi - rit's task,
3. In midst of win - ter fast and prayer we raise our song of praise



You have your dwel - ling now with Christ the Goal of your re - straint.
So guide us now who look to you, each dead - ly sin un - mask.
To Fa - ther, Son, and Spi - rit, God, who bles - ses all our days.



O light of tem - p'rance, monks' de - fense, we hon - or you each year;
Pray for all monks and nuns this day that they might heed God's call,
As we pre - pare for Christ - mas now, give us the grace to grow



Pray to the Christ who was your Light, that we be saved from fear.
And for the folk who sing your praise, that they give God their all.
In know - ledge and in love of You, that we Your grace may show!

Text: JMT, based on the Vespers texts for December 5

Melody: *Ellacombe*