

Tone 7

The Lord is God

The Lord is God and has revealed him-self to us; bless - ed is he who
comes in the name of the Lord.

The musical notation consists of two staves in G major (one sharp). The first staff contains the melody for the first line of text, and the second staff contains the melody for the second line. The melody is primarily composed of quarter and eighth notes, with some rests and a double bar line at the end of each line.

verse: Give thanks to the Lord, for he is good; for his love endures forever.

verse: They encircled me, compassed me about; in the Lord's name I crushed them.

verse: I shall not die, I shall live and recount the deeds of the Lord.

verse: The stone which the builders rejected has become the cornerstone.
This is the work of the Lord, a marvel in our eyes.

Troparion

You have de-stroyed Death by your cross; you o-pened par-a-dise to the thief.
The sor-row of the myrrh-bearers you turned to joy. You com-mand-ed your
a-pos-tles to pro-claim: Christ our God, you have ris-en, grant-ing great
mer-cy to the world.

The musical notation consists of four staves in G major (one sharp). Each staff contains a line of the troparion text with its corresponding melody. The melody is primarily composed of quarter and eighth notes, with some rests and a double bar line at the end of each line.

Theotokion

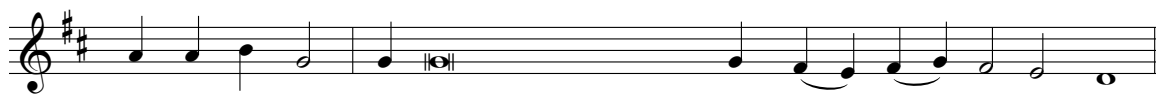
O The - o - to - kos, we sing your prais - es, for you were a vir - gin be - fore
 conceiv - ing, and re - mained a virgin after giv - ing birth. And since you have
 giv - en birth to our Sal - va - tion, Je - sus Christ, you have be - come a treasury of
 as - sist - ance for all who seek resurrection and e - ter - nal life. There - fore, lift
 us up from the depths of our trans - gres - sions, for we place our hope in you.

The service continues on page 13; if the First and Second Psalter Readings are not taken, the service continues on page 16.

Sessional Hymn 1

①
 Tru - ly Life was placed in a grave, and a seal was placed on the stone,
 and the sol - diers guarded Christ as they would a slum - ber - ing king. The
 an - gels there - fore glorified him as the im - mor - tal God, and the wom - en

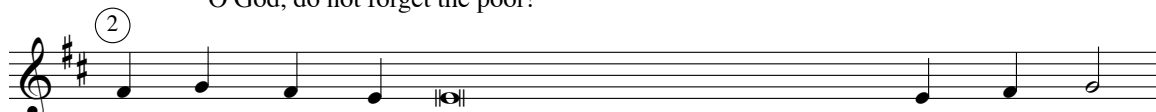
Tone 7




cried out and said: The Lord is risen and gives great mer - cy to our souls.

Cantor: Arise, O Lord, lift up your hand.
O God, do not forget the poor!


②



By your three - day burial, you have led Death captive, O Christ our God,



and have raised cor-rupt-ed hu-man-i-ty by your life-bear-ing Res-ur-rec-tion.



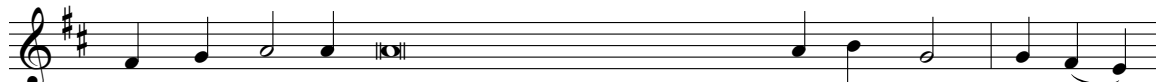
Glo - ry to you, O on-ly Lov - er of us all.

Cantor: Glory...now and ever...

Theotokion



O Vir-gin The-o-to-kos, in-ter-cede with-out ceas-ing to Christ our God,



who was cru-ci-fied for us and destroyed the pow-er of Death, that he

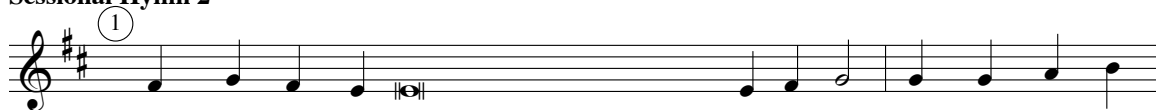


may save our souls.

The service continues on page 14.

Sessional Hymn 2

①



Though the tomb was sealed, you came forth from it, O Life, and though the doors

were closed you came to your disci-ples, O Christ our God, you are
the Resurrec-tion of all. Through them you re - new an upright spir - it
in us ac - cording to the great - ness of your mer - cy.

Cantor: I will praise you, Lord, with all my heart;
I will recount all your wonders.

The wom-en bearing ointment mixed with tears hastened to your grave. When they
saw the sol - diers guarding you, O King of all, they said to them-selves:
Who shall roll the stone a-way for us? But they heard the voice of the angel who
said to them: The An-gel of great coun-sel is ris - en; he is the vic-tor
o - ver Death. There - fore, O almighty One whom nothing can con - tain,
glo - ry to you!

Tone 7

Cantor: Glory...now and ever...

Theotokion

Re - joyce, O Vir - gin full of grace, O The - o - to - kos, O ha - ven and
in - ter - ces - sor for us all. From you the Savior of the world took flesh,
for you a - lone are both vir - gin and moth - er. There - fore intercede
with Christ our God, that he grant peace to the whole world,
O ever - blessed and glo - ri - fied La - dy.

The service continues on page 16.

Hypakoe

You have tak - en our im - age and like - ness and en - dured cru - ci - fix - ion
in the flesh; save me by your resurrection, O Christ our God, for you are the
Lov - er of us all.

*The service continues with the Gradual Hymns;
if these are not taken, the service continues on
page 23.*

Gradual Hymns

Antiphon 1

O Sav-ior who re-stored Zi - on from the cap-tiv - i - ty of
 er - ror, de - liv - er me from the bon - dage of suf-fer-ing and re-store
 my soul. He that sows in sorrow in dry land with fast-ing and with tears
 shall reap sheaves of re - viv - ing and ev - er - last-ing joy.
 Glo-ry to the Fa-ther and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and for - ev - er. A - men. The Ho - ly Spir - it is the foun-tain
 of di - vine trea-sures; for from him comes wis - - - - dom,
 awe and un-der-stand - - - - ing. To him, there-fore, be praise and glo - ry,
 might and hon - - - - or.

Tone 7

Antiphon 2



If the Lord does not build the house of the soul, then vain-ly do we
la - bor, for with-out him no deed or say - - - ing is ev - er
com-plete. As the fruit of the womb, the saints have brought forth
the faith-ful teach-ing by their fil - ial a - dop-tion through the move-ment of
the Spir - - - it. Glo-ry to the Fa - ther and to the Son,
and to the Ho - ly Spir - it, now and ev - er and for - ev - er. A - men.
By the Ho - ly Spirit was ex - ist-ence be-stowed on all cre - a - - - tion,
for he is God be - fore all, and Lord of all; he is the
un - ap-proach - a - ble Light and Life of all.

Antiphon 3

They who fear the Lord are now and ev-er bless - ed; for they have found the
 way of life in un - de - cay - ing glo - - - ry. O High
 Priest, as you see your chil-dren's chil-dren like plants a-round your ta - ble,
 re - joice and be hap - py and of - fer them to Christ.
 Glo-ry to the Fa-ther and to the Son, and to the Ho - ly Spir - it,
 now and ev - er and for - ev - er. A - men. The Ho - ly Spir - it is the
 trea - sure of grace, the a - bun - dance of splen-dor, and the depth of
 judg - ment. He is equal in glory to the Fa-ther and the Son, and is
 wor - thy of the same wor - ship. *The service continues on page 23.*

Tone 7

Prokeimenon

Psalm 9: 12, 33, 2

A - rise, then, Lord my God, lift up your hand. O God, do not for - get the poor!

The musical notation is on a single staff in G major (one sharp). The melody consists of quarter and eighth notes, with some phrases connected by slurs. The lyrics are written below the notes.

Verse: I will praise you, Lord, with all my heart;
I will recount all your wonders.

The service continues on page 24.

Let everything that lives

Let ev - 'ry - thing that lives and that breathes give praise to the Lord.

The musical notation is on a single staff in G major. The melody is simple, using quarter and eighth notes. The lyrics are written below the notes.

Verse: Praise God in his holy place;
praise him in his mighty heavens.

The service continues on page 24

Canon

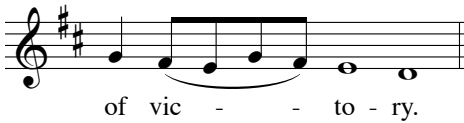
The most commonly used Katavasias are those of the Theotokos, which are included here. If other Katavasias or refrains are used, they will be found in the Supplement.

Ode 1

Irmos

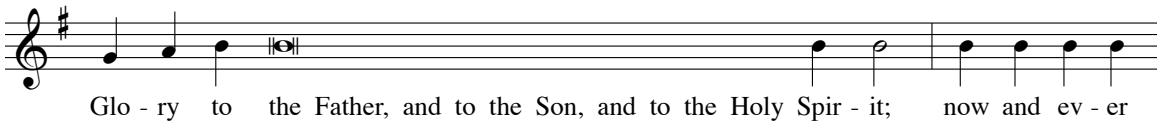
At a sign from you, O Lord, the na - ture of the waters which had been li - quid was changed in - to sol - id ground, and when the Is - rael - ites crossed it as on dry ground, they sang a hymn

The musical notation is on three staves in G major. The melody is a simple, rhythmic line. The lyrics are written below the notes.

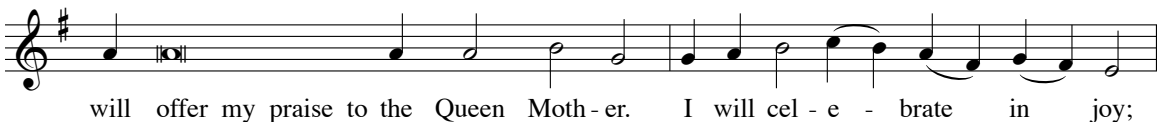
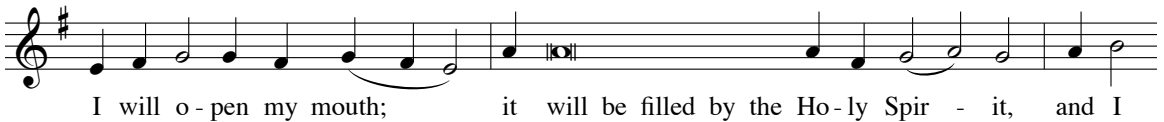
**Refrain**

Having condemned you to death by an unjust judgment, O Lord, the tyranny of death was itself condemned by the Cross. Thus the Prince of darkness was unable to do anything against you, and was justly overthrown. *Refrain*


When Hades drew near to you, it was not able to crush your body with its teeth; its jawbone was broken, while you, O God and Savior, put an end to the suffering of death and were raised up on the third day.



The sufferings of Eve, our first mother, have ceased, for without suffering you gave birth in a virginal manner; and knowing that you are the Theotokos, O pure Virgin, we glorify you.

Katavasia 1 of the Theotokos


Tone 7




in my re-joic - ing I will sing of these won - ders.

Ode 3

Irmos



In the be - gin - ning you strength-ened the heav - ens by your all - pow - er - ful



Word, O Lord and Sav - ior, and all their pow - ers were strengthened by the



di - vine Spir - - - it, O Cre - a - tor of the u - ni-verse. Now



con - firm me on the un - shak - a - ble rock of



the con - fes - sion of our faith in you.

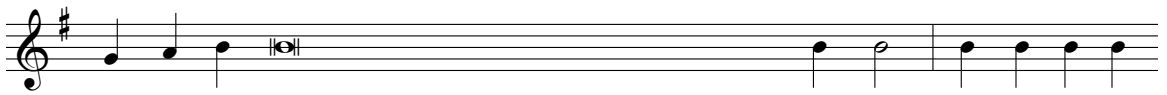
Refrain




Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

When you ascended the cross to freely suffer for us, O compassionate Lord, you bore the wounds which brought us salvation; through them, O God of love, all the faithful were reconciled with your eternal father. *Refrain*

You have cleansed me of my wound when my soul was struck by the bite of the serpent, O Christ, and you enlightened me when I was seated in the darkness of the tomb; and descending into Hades by your cross, you have raised me with you.




Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er




and for - ev - er. A - men.


Through the intercession of your virginal Mother, O Savior, give peace to the world and victory to our Churches over the Enemy; and make worthy of your ineffable glory, O Lord, all those who glorify you.

Katavasia 3 of the Theotokos
Tone 4


O The o - to - kos, life-giv-ing source of bles - sings, grant strength




to those unit-ed in faith who sing hymns of praise to you.

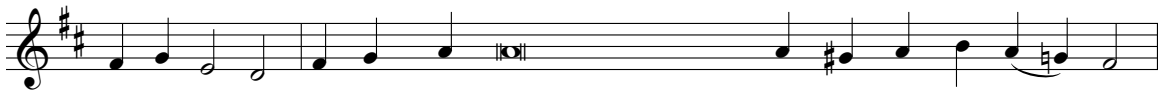


In your glo - ry, grant them the crowns of vic - to - ry.

The Small Litany is found on page 32.

Ode 4
Irmos


You have come down to earth, O Christ our God, with-out leav-ing the bos-om



of the Fa-ther; I have heard of the mystery of the plan of your sal - va - tion,

Tone 7

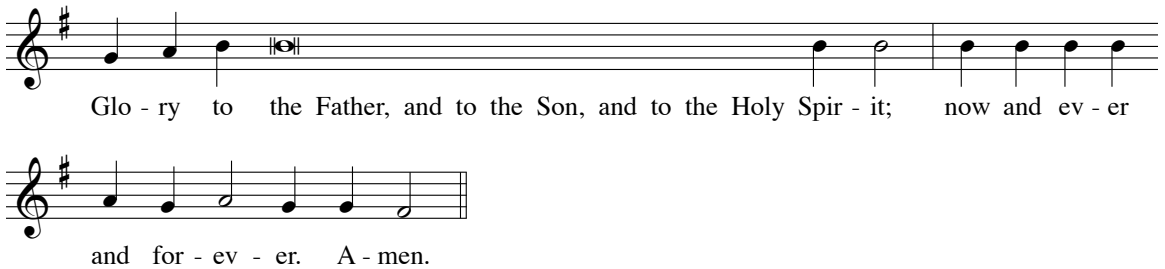


Refrain



The One who took flesh from a virgin offers his own back to be whipped, and the innocent Master of the guilty slave is tortured to take away my sins. *Refrain*

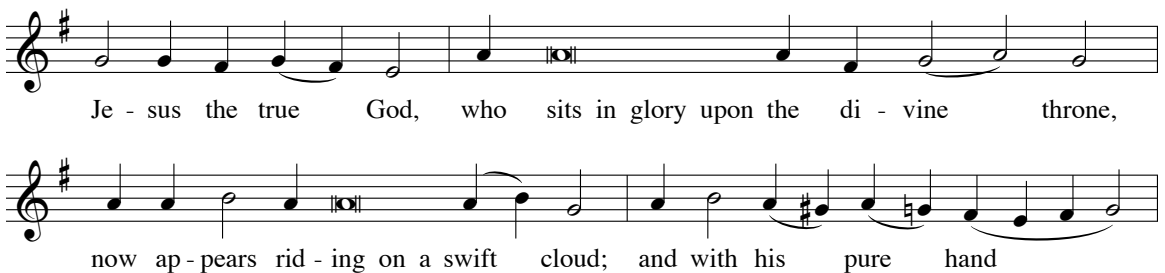
When he appeared as a criminal before the unjust judges, he was condemned and struck across the face by the work of his own hands; yet he is the God who created us all and judges the world with his just judgments.



O most pure One, you are truly the Theotokos; pray to your Creator and Son to guide me towards the haven of salvation and the harbor of his divine will.

Katavasia 4 of the Theotokos

Tone 4





Ode 5
Irmos

For the un - believers, you are a night without bright-ness, O Christ; but for the
 faith - ful, you are their il - lu - min - a - tion, through the en - joy - ment of
 your di - vine words. For this rea - son I keep watch be - fore you,
 and I praise your di - vin - i - ty.

Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

You were sold in behalf of the slaves, O Christ, and you bore the slaps which brought freedom to those who sing: I keep watch before you, and I praise your divinity. *Refrain*

In your divine power, O Christ, and in the weakness of your flesh, you overthrew the powerful one; and by your Resurrection, O Savior, you made me a victor over death.

Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er

Tone 7



and for - ev - er. A - men.

O pure Mother who is worthy of all our praise, you gave birth to God who was incarnate of you; yet you have not known the marital embrace, for you conceived by the Holy Spirit.

Katavasia 5 of the Theotokos

Tone 4



All na - tions mar - velled at your di - vine glo - ry, for you,



O Virgin who have not known wed - lock, car - ried with - in your womb the



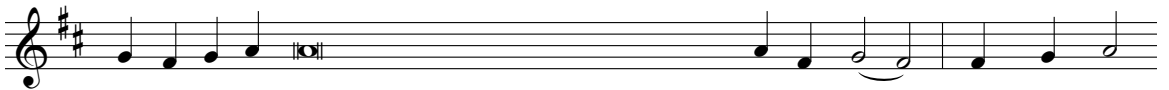
God of all, the eternal Son to whom you gave birth; he grants sal - va - tion



to all who sing your prais - es. -

Ode 6

Irmos



Sailing a-cross the ocean which swells with the cares of this life, swal-losed up



in the midst of my sins, and thrown to the monster who de-vours souls,



I cry to you, O Christ: Save me from this dead - ly a-byss.

Refrain

Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

Enclosed and abandoned in Hades, the souls of the just remember you and beseech you for salvation; by your cross you have granted this, O merciful One, when you descended to the world below. *Refrain*

The choir of apostles lost hope of ever again contemplating your living temple not made by human hands, for it had been destroyed by your passion. But beyond all hope, they were able to worship it and proclaim everywhere that you are risen.

Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er

and for - ev - er. A - men.

O all-immaculate One, who could explain the manner in which you gave birth for us? For it is the Word, God whom nothing can contain, who was united to you and took flesh in your womb.

Katavasia 6 of the Theotokos

Tone 4

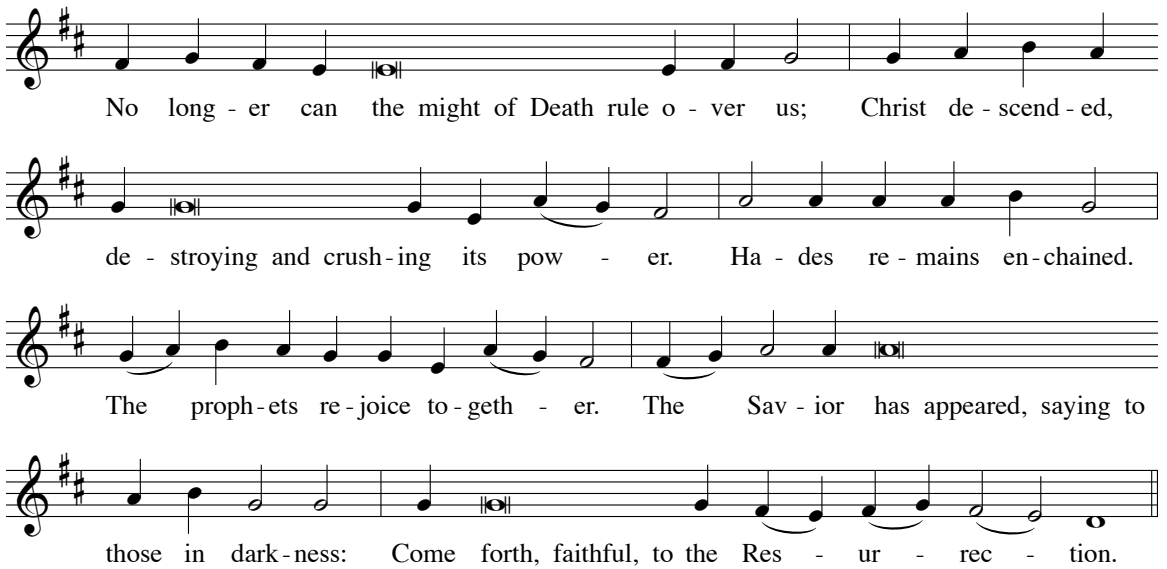
Come, all you faith-ful, and clap your hands, as we cel - e - brate this ho - ly and

sol - emn feast of the Moth - er of God. O glo - ri - fy him,

glo - ri - fy him who was born of her.

Tone 7

Kontakion

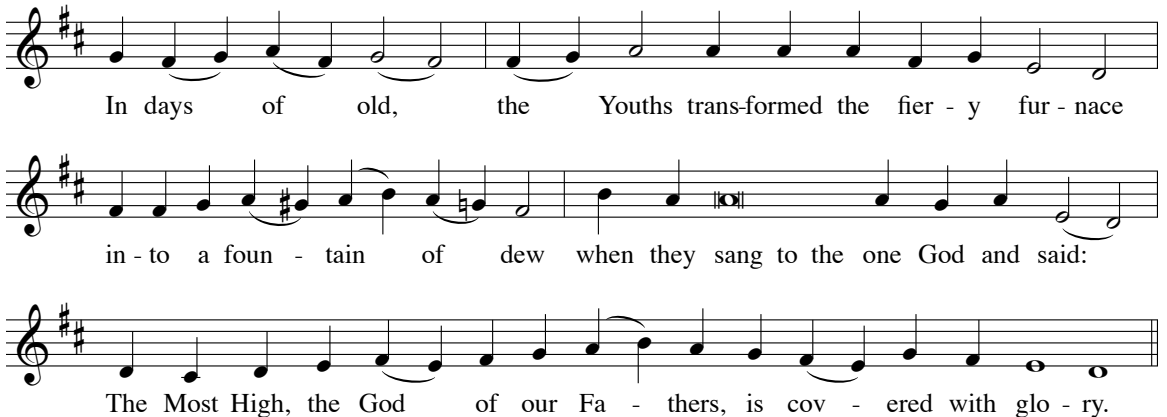


No long - er can the might of Death rule o - ver us; Christ de - scend - ed,
de - stroying and crush - ing its pow - er. Ha - des re - mains en - chained.
The proph - ets re - joi - ce to - geth - er. The Sav - ior has ap - peared, say - ing to
those in dark - ness: Come forth, faith - ful, to the Res - ur - rec - tion.

Ikos Today the underworld, Hades, and Death all tremble before One of the Trinity; the earth quakes and the gates of Hades are seized with fear at your sight. Together with the prophets, all creation rejoices and sings a hymn of victory to you, our God and our Redeemer, who trampled the power of Death. With joy let us cry out to our King: Behold the tree which leads Adam and his posterity back to paradise! Come, O faithful, and let us share in the Resurrection!

Ode 7

Irmos



In days of old, the Youths trans - formed the fier - y fur - nace
in - to a foun - tain of dew when they sang to the one God and said:
The Most High, the God of our Fa - thers, is cov - ered with glo - ry.

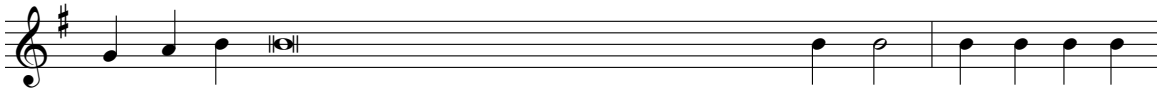
Refrain



Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

Adam perished by the wood for having disobeyed of his own free will; by his obedience Christ came to restore him. The Son of God is crucified for me, and he is covered with glory. *Refrain*

O Christ, risen from the dead, all creation praises you in hymns; you made life flourish in Hades, you granted resurrection to the dead and light to those in darkness; for you are covered with glory.



Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er



and for - ev - er. A - men.

Rejoice, O daughter of Adam according to the flesh; rejoice, only spouse of God, for through you Death was abolished; rejoice, for you gave birth to our God. Beseech him, O pure Virgin, to save us.

Katavasia 7 of the Theotokos

Tone 4



The three youths walked cou-ra - geously about in the flam-ing fur - nace,

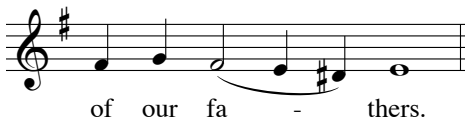


pre - fer - ring to wor-ship the Cre - a - tor ra - ther than cre - a - ted things



and they sang out in joy: Bless - ed are you and praised a - bove all, O God

Tone 7



Ode 8 Irmos

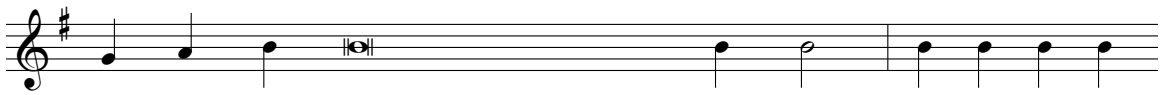
The bush on Si - nai which burned with - out be - ing con - sumed
re - vealed God to Mo - ses, the man of un - cer - tain speech;
and in the fire, the three youths, in - vin - ci - ble in their zeal for God,
sang a hymn of praise: Sing to the Lord, all you works of the Lord,
and ex - alt him for - - - ev - er.

Refrain


Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

The Lamb without blemish who was sacrificed for the world, put an end to the sacrifices of the Law. As God without sin, he purified the universe which proclaims unceasingly: Sing to the Lord, all you works of the Lord, and exalt him forever. *Refrain*

Our flesh, which was assumed by the Creator, was not incorruptible before the passion; but after the cross and resurrection it was no longer accessible to the corruption of the grave, and it revived all mortals who cry out: Sing to the Lord, all you works of the Lord, and exalt him forever.




Let us bless the Father, Son, and Holy Spir-it, Lord. Now and ev - er




and for - ev - er. A - men.

Your purity and integrity, O Virgin, have cleansed the stain and blemish of the universe; and you have become our reconciliation before God, O most pure One. Therefore, we bless you with one heart and exalt you forever.

Tone 4




Let us praise, bless, and worship the Lord; sing-ing and highly exalting him a-bove




all for ev - - - er.

Katavasia 8 of the Theotokos


Tone 4




The three youths in the fur - nace were saved by the Offspring of the



The - o - to - kos. He who was fore-told has been born on earth,



and he joins to - geth - er all cre - a - tion to sing: All you works



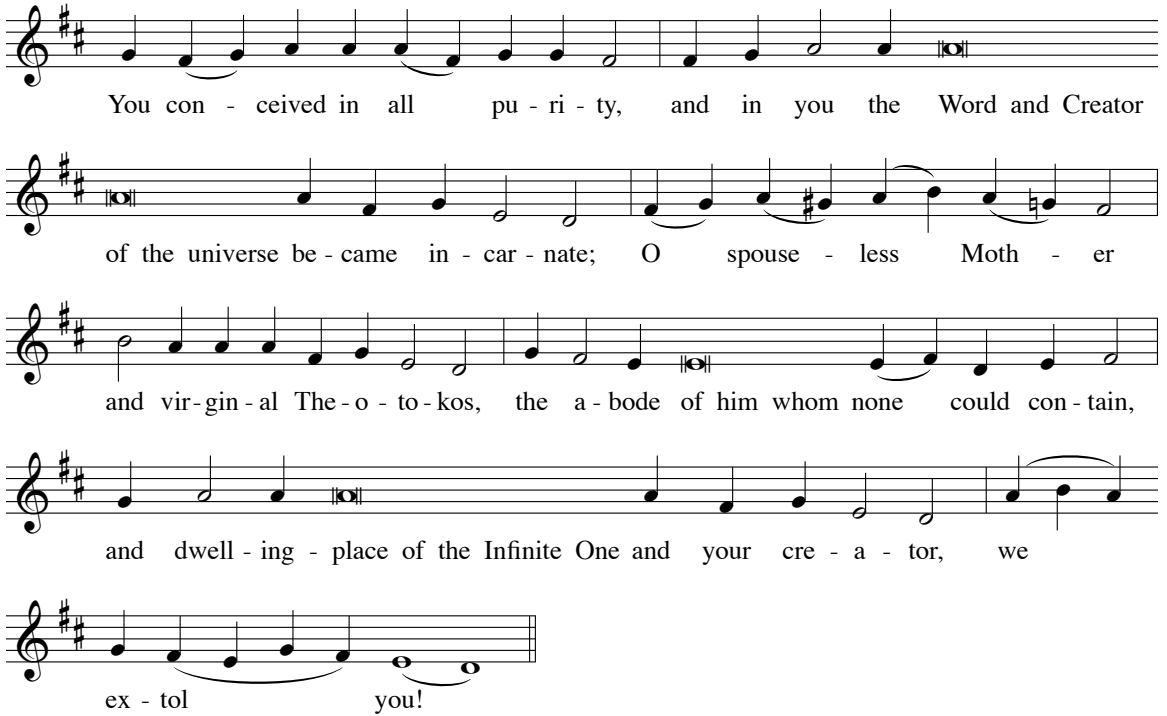
of the Lord, bless the Lord, and praise him a - bove all for - ev - er.

Tone 7

The Canticle of the Theotokos (Magnificat) is found on page 34.

Ode 9

Irmos



You con - ceived in all pu - ri - ty, and in you the Word and Creator
of the universe be - came in - car - nate; O spouse - less Moth - er
and vir - gin - al The - o - to - kos, the a - bode of him whom none could con - tain,
and dwell - ing - place of the Infinite One and your cre - a - tor, we
ex - tol you!

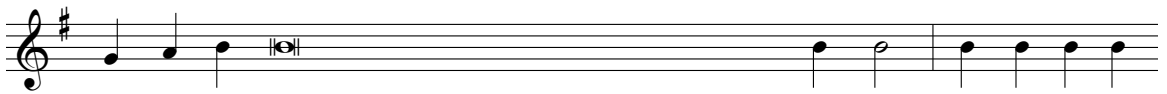
Refrain




Glo - ry to your ho - ly Res - ur - rec - tion, O Lord.

Let all those who are in error, by saying the Divinity has suffered, now be silenced! Indeed it is not in his divine nature but in his flesh that the Lord of glory was crucified. He is One in two natures, and we now extol him! *Refrain*

You deny the resurrection of the body; now go to the tomb of Christ, and there you shall learn. The flesh of the Author of life has been put to death; but it has been raised up again to confirm the final resurrection in which we hope.




Glo - ry to the Father, and to the Son, and to the Holy Spir - it; now and ev - er




and for - ev - er. A - men.


It is not a triad of divinities that we venerate but a Trinity of persons; not only one person but one sole Divinity. We cut short those who divide the Trinity, and we confound those who in their audacity do not distinguish the Persons. This is the Trinity whom we extol!

Katavasia 9 of the Theotokos
Tone 4



May ev - 'ry child of the earth ex - alt in spir - it




and hold a - loft the burn - ing lamp, and may the an - gels in heav - en



praise with joy the ho - ly feast of the Moth - er of God



and sing: Re - joice, O The - o - to - kos,

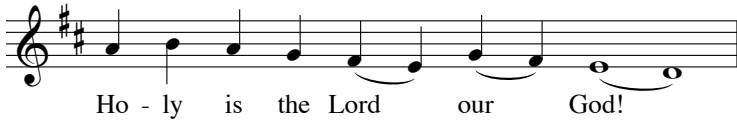


ev - er - bless - ed and ev - er - Vir - - - gin.

The service continues with the Small Litany, found on page 36.

Tone 7

Holy is the Lord our God

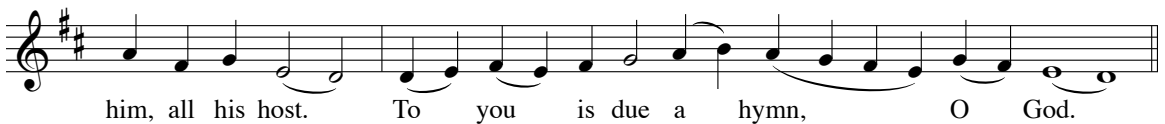
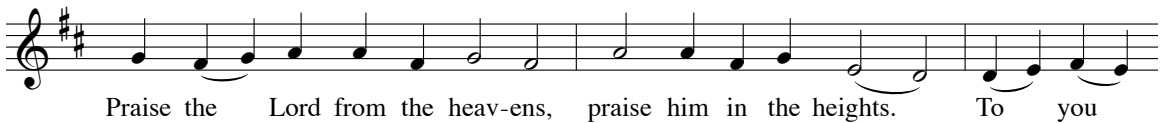
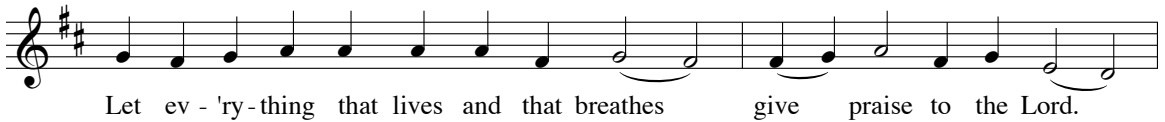


Verse: Exalt the Lord our God!
Bow before his footstool, for he is holy.

The Lector chants the Hymn of Light corresponding to the Resurrection Gospel.

The Psalms of Praise

Psalm 148



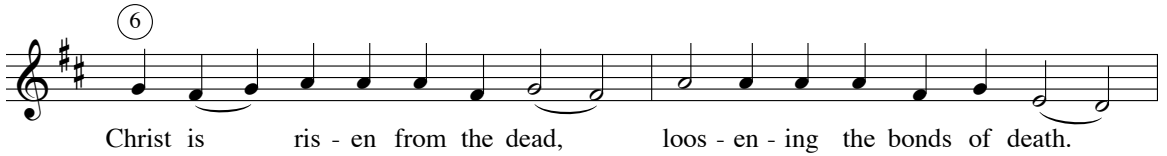
Praise him, sun and moon,
praise him, *shining* stars.

Praise him, highest heavens
 and the waters above *the* heavens.
 Let them praise the name of the Lord,
 He commanded; they *were* made.
 He fixed them forever,
 gave a law which shall not pass *away*.
 Praise the Lord from the earth,
 sea creatures and *all* oceans,
 fire and hail, snow and mist,
 stormy winds that obey *his* word;
 all mountains and hills,
 all fruit trees *and* cedars,
 beasts, wild and tame,
 reptiles and birds on *the* wing;
 all earth's kings and peoples,
 earth's princes *and* rulers.
 young men and maidens,
 old men together *with* children.
 Let them praise the name of the Lord
 for he alone is *exalted*.
 The splendor of his name
 reaches beyond heaven *and* earth.
 He exalts the strength of his people,
 he is the praise of all *his* saints,
 of the children of Israel,
 of the people to whom he *comes* close.

Psalm 149 Sing a new song to the Lord,
 his praise in the assembly of *the* faithful.
 Let Israel rejoice in its Maker,
 let Zion's sons exult in *their* king.
 Let them praise his name with dancing
 and make music with timbrel *and* harp.
 For the Lord takes delight in his people.
 He crowns the poor with *salvation*.
 Let the faithful rejoice in their glory,
 shout for joy and take *their* rest.
 Let the praise of God be on their lips
 and a two-edged sword in *their* hand,
 to deal out vengeance to the nations
 and punishment on all *the* peoples;
 to bind their kings in chains
 and their nobles in fetters *of* iron.

Tone 7

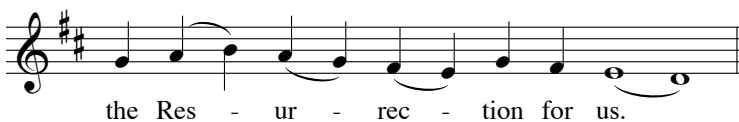
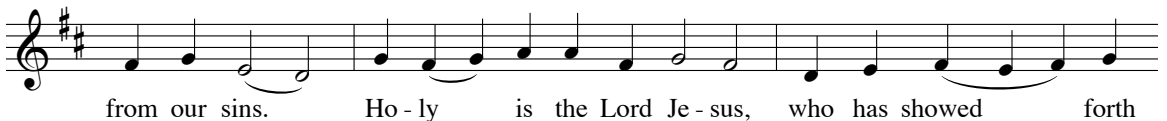
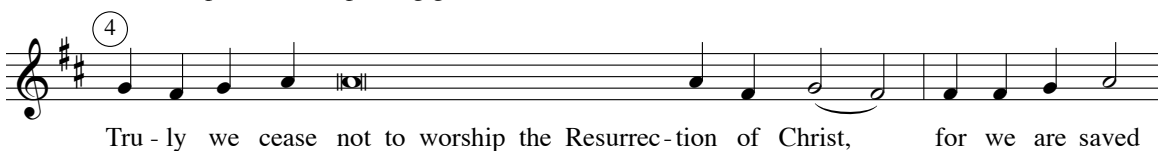
Cantor: To carry out the sentence pre-ordained:
(on 6) this honor is for all his faithful.



Cantor: Praise God in his holy place, **Psalm 150**
(on 5) praise him in his mighty heavens.



Cantor: Praise him for his powerful deeds,
(on 4) praise his surpassing greatness.



Cantor: O praise him with sound of trumpet
(on 3) praise him with lute and harp.

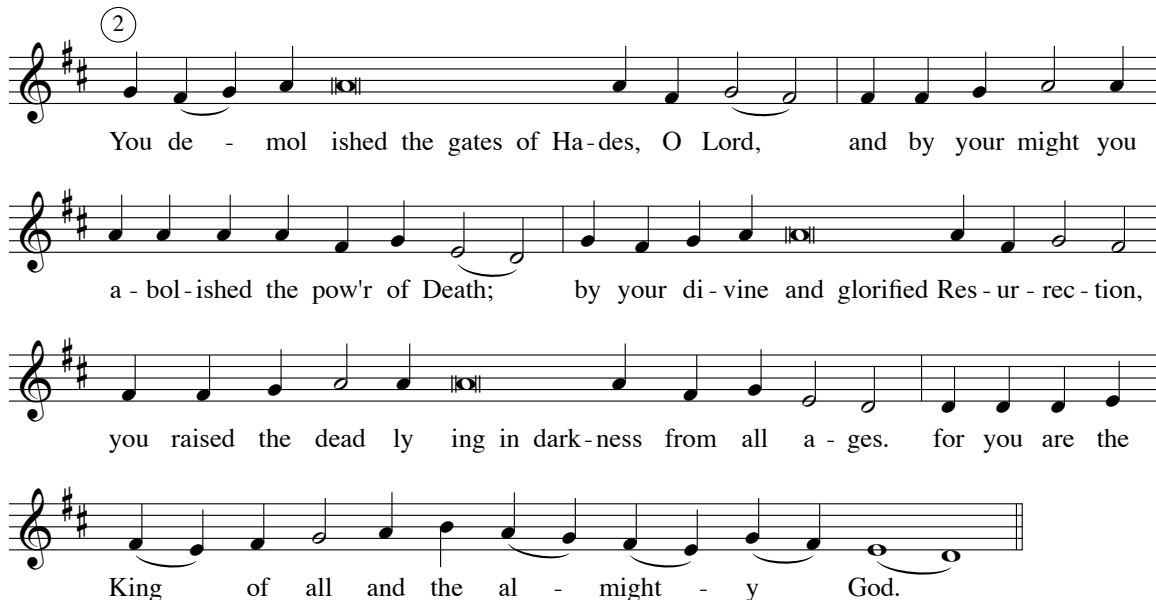
③

What shall we give to the Lord for all that he has done for us? To save us,
God has dwelt in our midst. The Word has become flesh because of our
cor-rupt-ed na-ture, and he has tak-en up his a-bode a-mong us.
The Ben-e-fac-tor reaches out to us in our in-grat-i-tude; the Re-deem-er
comes to us in our serv-i-tude; the Sun of Jus-tice descends to those in dark-ness;
he who is beyond suffering is nailed to the cross; he is Light
to those in Hades and Life to those in death; to all mor-tals he is the
Res-ur-rec-tion. There-fore we cry out: O our God, glo-ry to you!

Cantor: Praise him with timbrel and dance,
(on 2) praise him with strings and pipes.

Tone 7

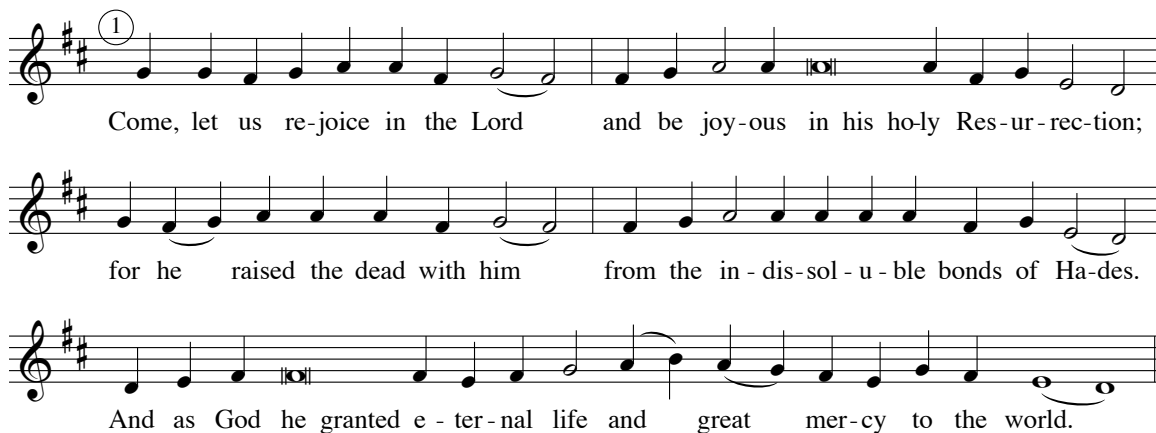
②



You de - mol - ished the gates of Ha - des, O Lord, and by your might you
a - bol - ished the pow'r of Death; by your di - vine and glorified Res - ur - rec - tion,
you raised the dead ly ing in dark - ness from all a - ges. for you are the
King of all and the al - might - y God.

Cantor: O praise him with resounding cymbals,
(on 1) praise him with clashing of cymbals.
Let everything that lives and that breathes
give praise to the Lord.

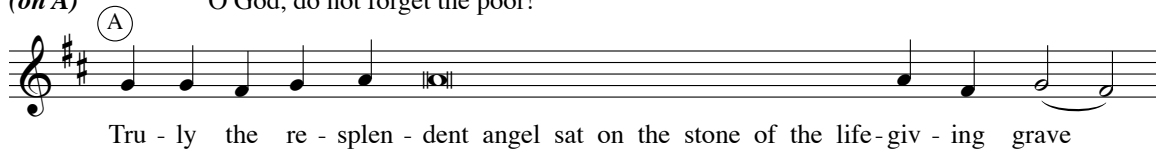
①



Come, let us re - joice in the Lord and be joy - ous in his ho - ly Res - ur - rec - tion;
for he raised the dead with him from the in - dis - sol - u - ble bonds of Ha - des.
And as God he granted e - ter - nal life and great mer - cy to the world.

Cantor: Arise, O Lord, lift up your hand!
(on A) O God, do not forget the poor!

Ⓐ



Tru - ly the re - splen - dent angel sat on the stone of the life - giv - ing grave



and pro-claimed to the myrrh-bear - ing wo - men: The Lord is ris - en as

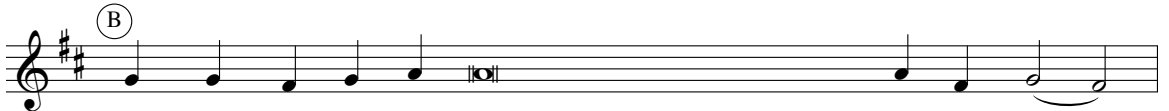


he fore-told. Tell his dis - ci - ples that he will go before them in - to Gal - i - lee,



he who grants e - ter - nal life and great mer - cy to the world.

Cantor: I will praise you, Lord, with all my heart;
(on B) I will recount all your wonders.



Why have you re - ject - ed the Cornerstone, O transgressors of the Law?



He is the Stone which God has placed in Zi - on. He is the One



who poured forth water from the rock in the wil - der - ness; from his side,



im - mortal life was poured forth for us; he is the Stone which was cut out




from the vir - gin - al moun - tain with - out the will of man;




he is the Son of Man coming on the clouds of heav - en toward the An - cient of

Tone 7



Days as the proph-et Dan-i-el said: His king - dom shall last



for - - - ev - er.

Cantor: Glory...


The Gospel Stanza corresponding to the Resurrection Gospel is now sung.

Cantor: Now and ever...


On normal Sundays, the following is sung:

Theotokion


Tone 2




You are tru - ly most blessed, O Vir-gin The - o - to - kos. Through the One




who was in-car-nate of you, Ha-des was chained, Ad-am revived, the curse wiped out,



Eve set free, Death put to death, and we our - selves were brought



back to life. That is why we cry out in praise: Bless-ed are you, O



Christ our God, who finds in this your good pleas-ure. Glo - ry to you!

The service continues on page 41.