Christ is risen from the dead!
By death he trampled Death;
and to those in the tombs he granted life.

The service continues with the Hexapslamos and the Litany of Peace.

"The Lord is God," Tone 7, p 252.

Troparion of Thomas Sunday - Tone 7 (sung three times)

Though the tomb had been sealed, O Life, from the grave you arose, O Christ our God.

Though the door had been locked, you appeared among the disciples, O Resurrection of All. Through them you renewed an upright spirit in us according to your great mercy.

Revised March 2016
The disciples were hiding out of fear for the Jews, and they gathered in the Upper Room, in Zion. You stood in their midst, O Lord, of goodness; and though the doors were closed, you appeared and filled them with joy. You showed them your hands and the wounds of your side, saying to the doubting disciple: Stretch forth your hand and know that it is I who have suffered for you.

Although the doors were closed, O Christ, you appeared to your disciples as the life of all. You showed them your hands, your feet, and your side, to strengthen their faith in your Resurrection from the grave. But Thomas...
was not with them and so he said: If I do not see with my own eyes, I will not be convinced by your words.

Polyeleos, p. 16

After the singing of the Polyeleos, the celebrant enthrones the Icon and the Exaltation is sung.

Exaltation

Refrain:

We exalt you, O Life-giving Christ, for you descended into Hades for our sake and you resurrected all with you.

Verse: The Lord is King, with majesty enrobed. Refrain

Verse: For he bursts the gates of bronze and shatters the iron bars. Refrain

Verse: He led them forth from darkness and gloom and broke their chains to pieces. Refrain

Verse: The Lord arose as though from sleep, and he smote their enemies. Refrain

Verse: Let God arise, and let his enemies be scattered. Refrain

Verse: This is the day the Lord has made. Let us rejoice and be glad in it. Refrain

Verse: Glory...now and ever...

Three times, each with a reverence:

Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia! Glory to you, O God!
O come, all of you, and give glory to the Apostle who, at the resurrection of Christ, exclaimed: My Lord and my God!

When the Lord rose from the grave and appeared to his disciples in a marvelous manner, he said: O Thomas, having seen my side and the marks of the nails, why do you doubt my Resurrection?

Thom- as, called the Twin, an- swered the Cre- a- ted: You are trru- ly my Lord and my God.

The Festal Gradual Hymn ("Ever since the days of my youth") is sung, p. 312.
Praise the Lord, O Jerusalem! Zion, praise your God!

Verse: He has strengthened the bars of your gates; he has blessed the children within you.

The service continues with the Preparation for the Gospel on page 24.

"Let everything that lives..." in Tone 4, p. 171.

Resurrection Gospel 1, Matthew 28:16-20.

The Hymn of the Resurrection, Psalm 50 and stichera (starting on page 26).

Canon

Ode 1

Irmos

Tone 1

Let us sing a hymn of victory, all you people,

to the One who delivered the people of Israel from the harsh servitude of Pharaoh, and guided them dry-shod

in the depths of the sea,

for he is covered with glory.
Today is the springtime of our souls, because Christ is risen as a sun from the tomb on the third day. He has dispelled the dark winter of our sins; let us sing to him, for he is covered with glory. *Refrain*

This present hour which is Queen of all others, makes a cortege for the brilliant day, the King of days. It delights the newly elected people of the Church, who sing unceasingly to the resurrected Christ.

O Christ, neither the gates of death, nor the seals of the tomb, nor the bars of the gates could hold you back; but resurrected from the dead, you appeared before your friends, O Master, giving them the peace that surpasses all understanding.

*Katavasia*

It is the day of Resurrection. O people, let us be enlightened by it.

The Passover is the Lord's Passover, since Christ, our God, has brought us from death to life and from earth to heaven. We therefore sing the hymn of victory.
Strength en me, O Christ, on the un - shak-a - ble rock
of your com - mand - ments and en - light-en me in the
bright-ness of your face, for there is no one ho - ly but you,
O Lov - er of all of us.

Refrain

Glo - ry to your ho - ly Re - sur - rec - tion, O Lord.

O Christ, by your Cross you renewed us from an ancient condition; you led us from death
to immortality, ordaining us to lead a new life in you. Refrain

O Christ, you were enclosed in the tomb by the limits of your flesh, you are the One
whom nothing can contain. You resurrected and even though the doors were closed, you
appeared to your disciples, O Lord almighty.

Glo-ry to the Father... and to the Holy Spir-it; now and ev-er and for-ev-er. A-men.

O Christ, as a witness to your glorious Resurrection, you showed to your disciples the
wounds you freely bore for us.

7
Come, let us partake of a new drink, not miraculously produced from the barren rock, but from the fountain of immortality, springing up from the tomb of Christ. In him is our firm strength.

As you appeared to your disciples and gave them your peace, come also to us, O God our Savior and save us.

Awesome is the mystery of your work, O Christ, of salvation. From afar the prophet Habakkuk saw it as he penetrated the divine secrets. He said:
You have come for the salvation of your people,

O Lover of us all.

Refrain

Glory to your holy Resurrection, O Lord.

By tasting the gall, Christ has redeemed the gluttony of old. Now he allows our first father to partake of his illumination and his peaceful communion. Refrain

You were pleased to be known, O Christ and Lover of us all. That is why you directed Thomas to that knowledge by offering your side to be examined by his doubt. Thus you strengthened the world in the faith in your Resurrection on the third day. Refrain

Having richly drawn from the inexhaustible treasury of your pierced side which was pierced by the lance of the soldiers, Thomas filled the world with the wisdom and the knowledge of God.

Glory to the Father... and to the Holy Spirit; now and ever and forever. Amen.

With our hymns we praise your blessed tongue, O Thomas. It was the first to reverently announce the Source of our life, Jesus our Lord and our God, by the touch which filled you with grace and truth.

Katavasia

Let Habak-kuk, speaking in behalf of God, stand with us at the divine watch;
let him show us the brilliant angel who proclaims: Today, salvation comes to the world; for Christ, being almighty is risen.

In this night vigil we sing to you, O Christ God, equal to the Father in eternity and the Savior of our souls; grant peace to the world, O Lover of us all.

You appeared to your disheartened friends, O Savior, and your presence dispelled the sadness of their hearts. You made them leap for joy by your holy Resurrection. Refrain

It is truly proper to rejoice with you, O Thomas, for the boldness of your action; you had the courage to touch the side which blazed with the fire of divinity.
Glory to the Father... and to the Holy Spirit; now and ever and for ever. Amen.

O Lord, you have shown us how the doubt of Thomas could lead us to faith; in your wisdom you indeed foresee all that is for our good, O Christ, the Lover of us all.

Katavasia

Let us rise at early dawn and bring to our Master a hymn instead of myrrh,

and we shall see Christ, the Sun of righteousness, who enlightens the life of all.

Ode 6

You have saved your prophet from the sea monster,

O Lover of all of us, and now I beseech you: draw me out of the abyss of my sins.
Glo-ry to your ho-ly Re-sur-rec-tion, O Lord.

You did not let Thomas sink into the abyss of unbelief, but you extended your hands, O Lord, so that he could examine them. *Refrain*

Our Savior has said: By touching me you will see that I am made of flesh and bones. It is I, and I have not changed.

Glo-ry to the Father... and to the Holy Spir-it; now and ev-er and for-ev-er. A-men.

Thomas, who was not present at your first appearance, O Lord, then touched your side, and in faith he acknowledged you.

Katavasia

You have de-scend-ed into the realm of Death, O Christ, and have bro-ken an-cient bonds which held the cap-tive. You a-rose from the tomb on the third day like Jo-nah from the whale.

Kontakion - Tone 8

With his prob-ing right hand, Thom-as searched your life-giving side, O Christ our God.
When you entered, although the doors were locked, he cried out to you with the other apostles: You are my Lord and my God.

**Ikos:** Who stopped the hand of the disciple from being melted when he approached the fiery side of the Savior? Who gave him such boldness, to be able to touch this blazing door? Surely it was the One who was touched, for if he had not given this power to a hand made of clay, how could it have touched the wounds which shook both heaven and earth? And Thomas received the grace to touch Christ and shout out to him:

You are my Lord and my God.

**Ode 7**

**Irmos**

The people, called together at the sound of the instruments,

had to worship the idol; but as their fathers before them,

the young men, singing hymns of Zion with David,

resisted the order of the tyrant.
and changed the flames into fresh dew.

They sang the hymn of praise:

O God of our fathers and our God, blessed are you.

Refrain

Glory to your holy Resurrection, O Lord.

O first of days and lord of days! This is the day whose brightness brings joy to the new people chosen by God. It bears the sign of eternity and completes the octave of the time to come. O Lord, worthy of all praise, blessed are you, O our God and the God of our fathers. Refrain

By his unusual impudence, Thomas the twin made us profit from his doubt of faith. By his unbelief he dispelled the ignorance and darkness for the world. For himself he wove a crown of immortality, saying to Christ: You are the Lord; to you belong praise and great glory. Blessed are you, O our God and the God of our fathers. Refrain

It is not in vain that Thomas doubted, that he did not immediately accept your Resurrection. He acted in such a way that the Resurrection is an indisputable belief to all the nations on earth. By his doubt he strengthens the faith of all and teaches us to say: You are the Lord; to you belong praise and great glory. Blessed are you, O our God and the God of our fathers.

Glory to the Father... and to the Holy Spirit; now and ever and for-ever. A-men.
Timidly Thomas placed his hand into your life-giving side. There he perceived the double energy of the two natures united in you without confusion, O Christ the Savior. In faith he cries out: You are the Lord; to you belong praise and great glory. Blessed are you, O our God, and the God of our fathers.

**Katavasia**

God, who saved the three youths from the furnace, has become man and suffered as any mortal; but his passion clothed his mortality with the splendor of incorruption. He is the only blessed One, God of our fathers, and is worthy of all praise.

**Ode 8**

Irmos

He who protected the youths in the flaming furnace and who came down to them in the form of an angel, he is the Lord. Sing to him and exalt...
Even though he longed to see you, Thomas began by not believing; but when he was favored with the sight of you, he called you Lord and God, you the Master whom we praise and bless throughout the ages.

He who endured the unbelief of Thomas, showing him his life-giving side and yielding to the examination of his hand, he is the Lord. Sing to him and exalt him throughout all ages.

The precious treasure which you concealed was revealed for us, O Thomas. With a tongue inspired by God and confessing his divinity, you have said: Praise Christ and exalt him throughout all ages.

Let us praise, bless, and worship the Lord, singing and highly exalting him above all forever.
Katavasia

This is that chosen and holy day, Feast of feasts, most solemn day,
only king and lord of all Sab-baths, on which we ever praise Christ.

The Canticle of the Theotokos is not sung.

Ode 9
Irmos

O shining Lamp and Theotokos,
the brilliant glory and exalted above all creatures,
with our hymns we extol you.

Refrain

Glory to your holy Resurrection, O Lord.

On this most bright day, filled with the light of your grace, O Christ, you appeared to your disciples in all your beauty and goodness; with our hymns we extol you. Refrain

Your side was examined and touched by a mortal hand, yet it was not burned by your divinity; with our hymns we extol you.

Glory to the Father... and to the Holy Spirit; now and ever and for-ever. A-men.
O Christ, you rose from the tomb, and you are our God. Though we have not seen your Resurrection with our own eyes, yet we eagerly believe in you, and with our hymns we extol you.

Katavasia

"Holy is the Lord" Tone 1, p. 92.

Hymns of Light

Tone 3 podoben : Apostoly
To day the fra-grance of spring a-ris-es and the new cre-a-tion re-joi-ces. To-day the locks are pulled from the door of the dis-belief of Thom-as, and the nails of doubt are bro-ken by the pres-ence of the Lord. In an act of faith, the A-pos-tle con-fess-es: You are in-deed my Lord and my God!

Psalms of Praise, Tone 1, p. 92. After the usual recited verses, the following are also recited:

To carry out the sentence pre-ordained:* this honor is for all the faithful.

Praise God in his holy place, * praise him in his mighty heavens.
After your wondrous Resurrection, O Lord and Source of Life,

you entered even though the doors were locked, just as you did not break the seals of the tomb. You filled your glorious disciples with joy,

and in your goodness, you gave them your Spirit of Truth.

Cantor: O praise him with sound of trumpet

(p on 3) praise him with lute and harp. Repeat "After your wondrous Resurrection..."

Cantor: Praise him with timbrel and dance,

(p on 2) praise him with strings and pipes.

When you appeared to your disciples, O Lord, Thomas,

who was called the Twin, was not with them. Thus he did not believe in your Resurrection, and he said to those who saw you: Unless I place my
finger into his side and into the marks of the nails, I will not believe that he is risen.

Cantor: O praise him with resounding cymbals, praise him with clashing of cymbals. Let everything that lives and that breathes give praise to the Lord.

O Thomas, touch me as you wish, extend your hand and realize that I am flesh and bones; know that I have a human body, said Christ. Do not persist in your unbelief, but now believe. And Thomas responded: You are my Lord and my God! Glory to your holy Resurrection!

Cantor: (Tone 6) Glory...

Doxastikon

Eight days after your Resurrection, Only Son and Word of God, you appeared to your disciples through locked doors and granted them your peace.
To the unbelieving disciple you showed the marks of your Passion, saying: Reach out and examine my hands, feet, and the wound of my side. He was convinced and cried out to you: My Lord and my God, glory to you!

Cantor: (Tone 2) Now and ever…

Theotokion for normal Sundays, p. 40.
Great Doxology, p. 41.

Troparion after the Great Doxology - Tone 7

Though the tomb had been sealed, O Life, from the grave you a rose, O Christ our God.

Though the door had been locked, you appeared among the disciples, O Resurrection of All. Through them you renewed an upright spirit in us according to your great mercy.
Litany of Supplication, p. 45.
Prayer over Bowed Heads, p. 47.

Paschal Dismissal

Deacon: Wisdom!

Response: Give the blessing.

Celebrant: Blessed is Christ our God, the One-Who-Is, always, now and ever and forever.

Response:

Amen. O God, strengthen the true faith, for ever and ever.

Celebrant: O most holy Theotokos, save us!

Response: Shine in splendor, O new Jerusalem; for the glory of the Lord is risen upon you. O Zion, now dance and be glad; and you, pure Mother of God, rejoice in the resurrection of your Son.

Celebrant: Glory to you, O Christ our God, our hope; glory to you!
Response:

Christ is risen from the dead! By death he trampled death; and to those in the tombs he granted life. Lord, have mercy. Lord, have mercy. Lord, have mercy.

Give the blessing.

Celebrant: May Christ our true God, who, for our salvation, came to his disciples although the doors were locked and brought Thomas to belief, have mercy on us and save us through the prayers of his most pure Mother, through the might of the precious and life-creating Cross, through the prayers of the holy, glorious and praiseworthy apostles, of the holy ___________ (patron of this Church), and of the holy __________ (commemorated this day), and through the prayers of all the saints; for he is gracious and loves us all.

Response:

Amen

After the dismissal:

Cantor: (Tone 1) Glory... Now and ever...

And the Gospel Stanza for the first Resurrection Gospel is sung (p.54).