

Byzantine Monthly Menaion

Volume One: September

Metropolitan Cantor Institute
Byzantine Catholic Seminary
Pittsburgh, PA

Foreword

A Menaion is a liturgical book which contains the changeable parts of Byzantine divine services for a given month. The volume in your hands is the first of a series of twelve books for use in Byzantine Catholic parishes. Each day is provided with the following material:

- (1) Synaxarion (brief life of the saints remembered)
- (2) Troparia and Kontakia
- (3) Prokeimena and Alleluiaria
- (4) Communion Hymn.

On major feasts, the proper antiphons (when there are any) and the Magnification and Irmos (appointed to take the place of It is truly proper) are also included.

Texts which are contained in the Faithful's Book published by the Byzantine Catholic Church are reproduced with their musical settings from that book. Those texts were translated by the Inter-Eparchial Liturgical Commission, and then set to plainchant by the Inter-Eparchial Music Commission.

Many of the Troparia contained in this volume of the Menaion are, in fact, common texts (i.e., they are used on more than one feast). These texts, too, come from the work of the IELC/IEMC, as are all the Prokeimena and Alleluiaria and Communion Hymns.

The texts of the Troparia and Kontakia that are not from the above-mentioned source are almost always taken from the Order of Matins published by the Sisters of the Order of Saint Basil the Great, and we acknowledge these texts with gratitude.

This volume is intended to be used annually. Because of this, cantors must use the Typikon of the Metropolitan Church to discern how materials from the Menaion are to be combined with the Sunday Ochtoechos. The Typikon will also explain how Prokeimena and Alleluiaria are to be combined.

May this series of volumes be a blessing for all who attend daily celebrations of the Divine Liturgy, as well as for those who, unable to be at church each day, still wish to pray with the Church and honor the Lord and his saints.

August 28, 2005

*Our venerable father Moses the Ethiopian and
Our holy father Augustine, bishop of Hippo*

MENAION - SEPTEMBER

1 The Beginning of the Church Year (“Indiction”). The First Ecumenical Council (325) decreed that the Church’s year should begin on September 1. The lunar month corresponding to September on the Jewish calendar was the beginning of the civil year (cf Exodus 12:2); it was at this time that our Lord Jesus went into the synagogue at Nazareth and read the words of the prophet Isaiah, “The Spirit of the Lord is upon me...to proclaim ‘the acceptable year of the Lord.’” (Isaiah 61:1-2; Luke 4: 16-21).

Our venerable father Simeon the Stylite and his mother. Simeon lived near Antioch in Syria. He was a monk, who lived for many years standing atop a column, hence he received the nickname “Stylite.” His life and admirable conversation were remarkable. (459)

Day of Supplication for the Environment. Patriarch Demetrios I made September 1 a day of special prayer and supplication for the environment. An office for this day was composed by the late monk Gerasimos of the Skete of Little Saint Anna on the Holy Mountain; it is from this office that the Troparion given here was taken. The translation is by Archimandrite Ephrem Lash.

Synaxis of the Most Holy Mother of God of Miasena.

The holy martyr Aeithalas, who suffered in Persia. (380)

The forty holy women martyred with their instructor, Ammon the deacon, during the time of the emperor Licinius at Heraclea in Thrace (313).

The holy martyr Callista and her two brothers, Evodius and Hermogenes, who were martyred in Nicomedia. (309)

The just Joshua, son of Nun, servant of the Lord. When the hand of Moses was placed on him, he was filled with the spirit of wisdom. He led the people of Israel after the death of Moses through the Jordan River to the promised land.

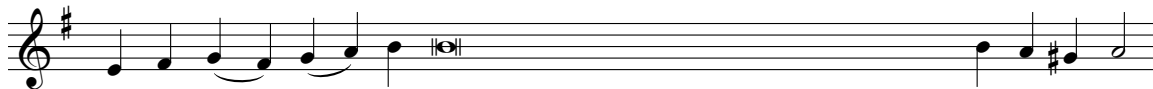
Troparion of the New Year - *Tone 2*

O Lord, mak - er of the u - ni - verse, who a - lone has power o - ver
times and sea - sons, bless this year with your boun - ty, pre - serve
our country in safety, and keep your peo - ple in peace, save us through the

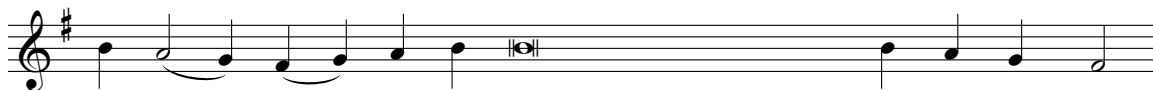


pray'rs of the The - o - to - kos.

Troparion of Simeon the Stylite - Tone 1



You be-came a col-umn of endurance and rivaled the forefathers, O ho-ly one,



be-com - ing like Job in your sufferings and like Jo-seph in your trials,



like the bod - i - less an - gels, though you lived in the flesh.

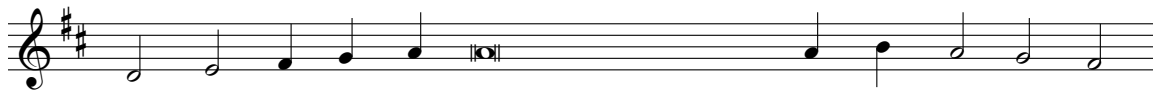


O Si - me - on, our ho - ly fath - er, in - ter - cede with Christ our God

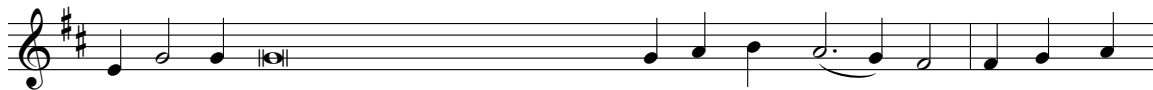


that he may save our souls.

Troparion for the Environment - Tone 4



Lord and Sav - ior who as God brought all things into being by a word,



e - stab - lish - ing laws and governing unerring-ly to your glor - y, at the pray'rs



of the The-o - to - kos, keep se-secure and unharmed all the elements which hold

the earth to - geth - er, and save the u - ni - verse.

Troparion of the Synaxis of the Theotokos - Tone 7

Re-joyce, O wo-man full of grace, ev - er - vir - gin The - o - to - kos, har - bor

and protectress of the hu-man race. The Sav-ior of the universe re-ceived

flesh from you, for you are the only one to be both moth-er and vir - gin,

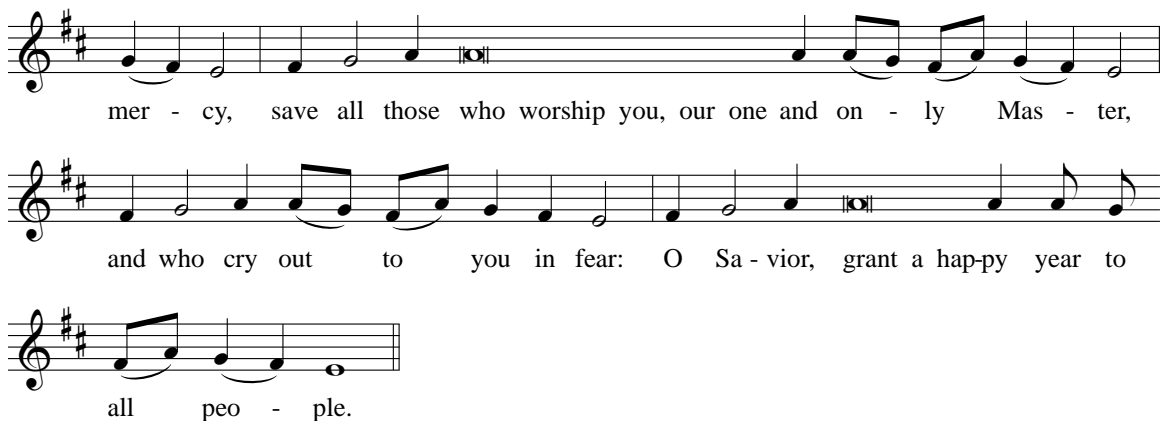
for - ev - er blessed, for - ev - er glo - ri - fied. In - ter - cede with Christ our God

that he may grant peace to the whole world.

Kontakion of the New Year - Tone 2

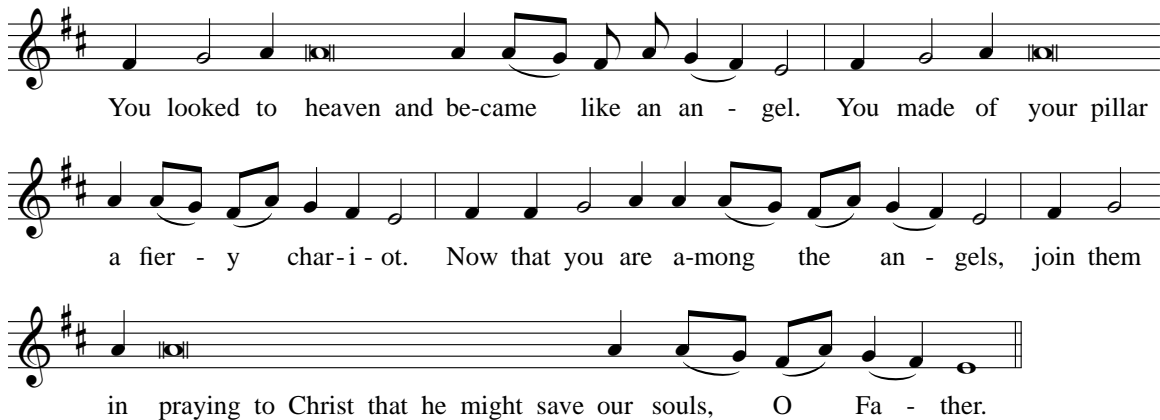
O Cre - a - tor and Master of time and e - ter - ni - ty, God of all,

O merciful One, bless the course of this year, and in your bound - less



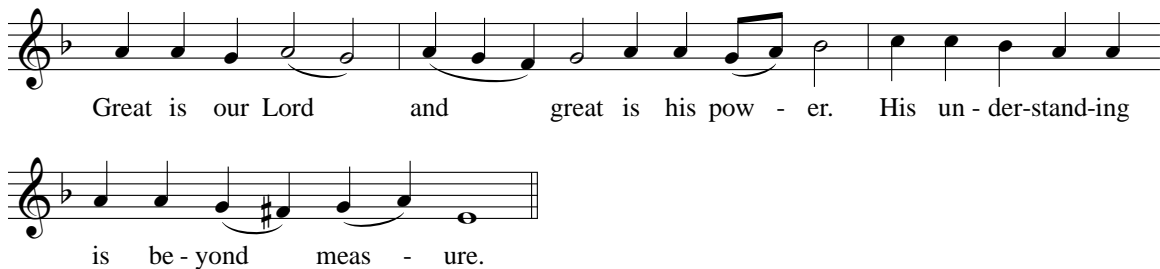
mer - cy, save all those who worship you, our one and on - ly Mas - ter,
and who cry out to you in fear: O Sa - vior, grant a hap - py year to
all peo - ple.

Kontakion of Simeon Stylites - Tone 2



You looked to heaven and be-came like an an - gel. You made of your pillar
a fier - y char-i - ot. Now that you are a-mong the an - gels, join them
in praying to Christ that he might save our souls, O Fa - ther.

Prokeimenon of the New Year - Tone 3 (Psalm 146: 5, 1):



Great is our Lord and great is his pow - er. His un - der-stand-ing
is be - yond meas - ure.

Verse: Praise the Lord, for a psalm is good. May praise delight our God.

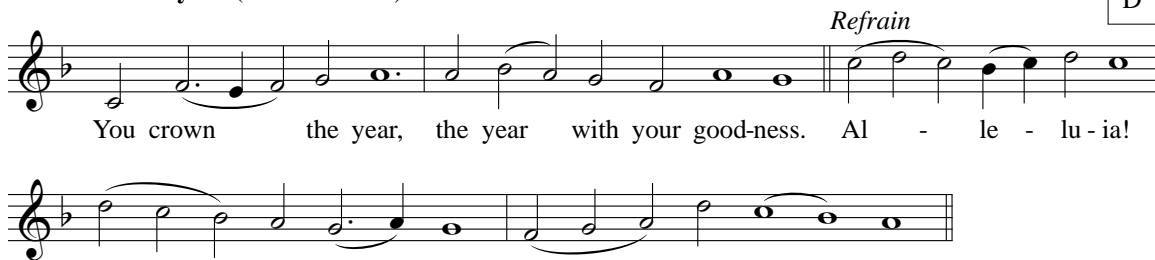
Alleluia - Tone 4 (Psalm 64: 1, 12a)



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!


Verse: To you our praise is due in Zion, O God. To you we pay our vows, you who hear our prayer.
Verse: You crown the year with goodness.

Communion Hymn (Psalm 64: 12a)



You crown the year, the year with your good-ness. Al - le - lu - ia!

Refrain



Al - - le - lu - ia! Al - - le - lu - ia!

2 The holy martyr Mammas was born in Paphlagonia to Christian parents who were imprisoned for the name of Christ. His father died first, and then his mother; the baby was left next to the body of his parents, and rescued by a pious widow. He was dumb until the age of five, and his first word was ‘mama,’ and it is from this word that his name derives. At the age of fifteen, he was brought before the emperor Aurelian. The emperor commanded him to blaspheme Christ, and Mammas replied, “I shall not deny my God and King Jesus Christ, either in my heart or with my lips.” After many forms of torture, Mammas was martyred by a pagan priest. (274)

Our venerable father John the Faster, patriarch of Constantinople. Originally a goldsmith, John was called to the priesthood as a young man. He was eventually chosen to be the Patriarch of Constantinople. He practiced fasting assiduously; he was both a man of prayer and a wonderworker right up to his death. (595)

Troparion of Mammas - Tone 4



Your mar - tyr Mam-mas, O Lord our God, in his strug - gle, received an incor-

rup - ti - ble crown from you. With your strength, he brought down the ty - rants
 and broke the cowardly val - or of de - mons. Through his prayers, O Christ our
 God, save our souls.

Troparion of John the Faster - *Tone 4*

Your life has shown you to your flock as a rule of faith, an im - age
 of gentleness, and a teacher of mod - er - a - tion. You ac - quired great - ness
 through hu - mil - i - ty and wealth through pov - er - ty. O fa - ther
 and bish - op John, in - tercede with Christ our God to save our souls.

Kontakion of John the Faster - *Tone 3*

You proved your - self a heavenly vessel of absti - nence, O bless - ed John,
 and a last - ing trea - sure of pi - e - ty. Your life was ra - diant with

per-fect self-con - trol, and you en-riched the poor with alms, O fath-er John.
 Beg Christ to have mer-cy on all of us.

Kontakion of the holy martyr Mammas - Tone 3

O ho-ly Mam-mas, with the staff God gave to you, lead your peo-ple
 as a flock to life-giv-ing pas - tures; crush the fierce and in - vis - i - ble
 en - e - mies be - neath the feet of those who ho-nor you; for all those
 in dan - ger have received you as their fer-vent in - ter - ces - - - sor.

Prokeimenon of a Martyr - Tone 7 (Psalm 63:11,2)

The just man will re-joice in the Lord, re - joice in the Lord
 and will put his trust in him.

Verse: Hear my voice, O God, when I pray to you.

Prokeimenon of a Bishop - Tone 1 (Psalm 48:4,2):



My lips will speak words of wisdom;
understanding will be the theme of my heart.

Verse: Hear this, all you peoples; give heed, all who dwell in the world.

Alleluia of a Martyr - Tone 4 (Psalm 91:13,14):

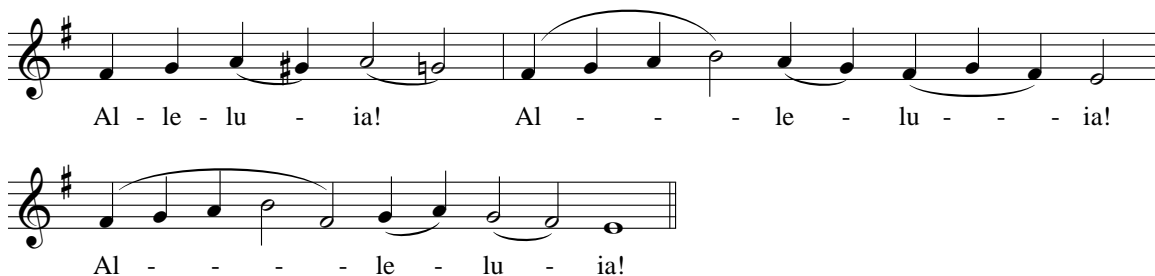


Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: The just man will flourish like the palm tree and grow like a cedar of Lebanon.

Verse: Planted in the house of the Lord, he will flourish in the courts of our God.

Alleluia of a Bishop - Tone 2 (Psalm 36:30,31):



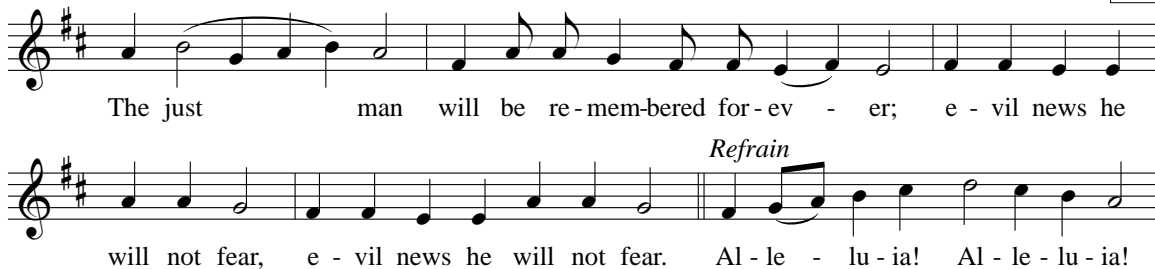
Al - le - lu - ia! Al - - - le - lu - - - ia!
Al - - - - le - lu - ia!

Verse: The just man's mouth utters wisdom and his lips speak what is right.

Verse: The law of his God is in his heart; his steps shall be saved from stumbling.

Communion Hymn (Psalm 111:6,7):

A



The just man will be re-mem-bered for-ev - er; e - vil news he
Refrain
will not fear, e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia!



Al - le - lu - ia!

3 The holy martyr Anthimus, bishop of Nicomedia, in Bithynia, and his companions, martyrs in the persecution of Diocletian the emperor. In fact, a whole crowd followed him as he received the glory of martyrdom by beheading for the sake of his confession of Christ. Some of his companions a judge ordered beheaded by the sword, some burned up by the fire, and finally some were put in boats and drowned at sea. (303)

Our venerable father Theoktistus, companion of St. Euthymius the Great, was hegumen of the monastery six miles from Jerusalem on the road to Jericho. He was in all things a disciple of Euthymius, governing the monastery until his nintieth year. (431)

The holy deaconess Phoebe of Cenchreae, handmaid of the Lord among the faithful in that city, who helped blessed Paul the Apostle and many others, as he himself testifies in his letter to the Romans.

Troparion of Anthimus - Tone 4



You shared in the a-pos-tles' way of life and suc-ceed-ed to their throne,



di - vine-ly in-spired bish - op. You found ac - cess to contem-pla-tion



in the act - ive life. There-fore, you right - ly taught the word of truth

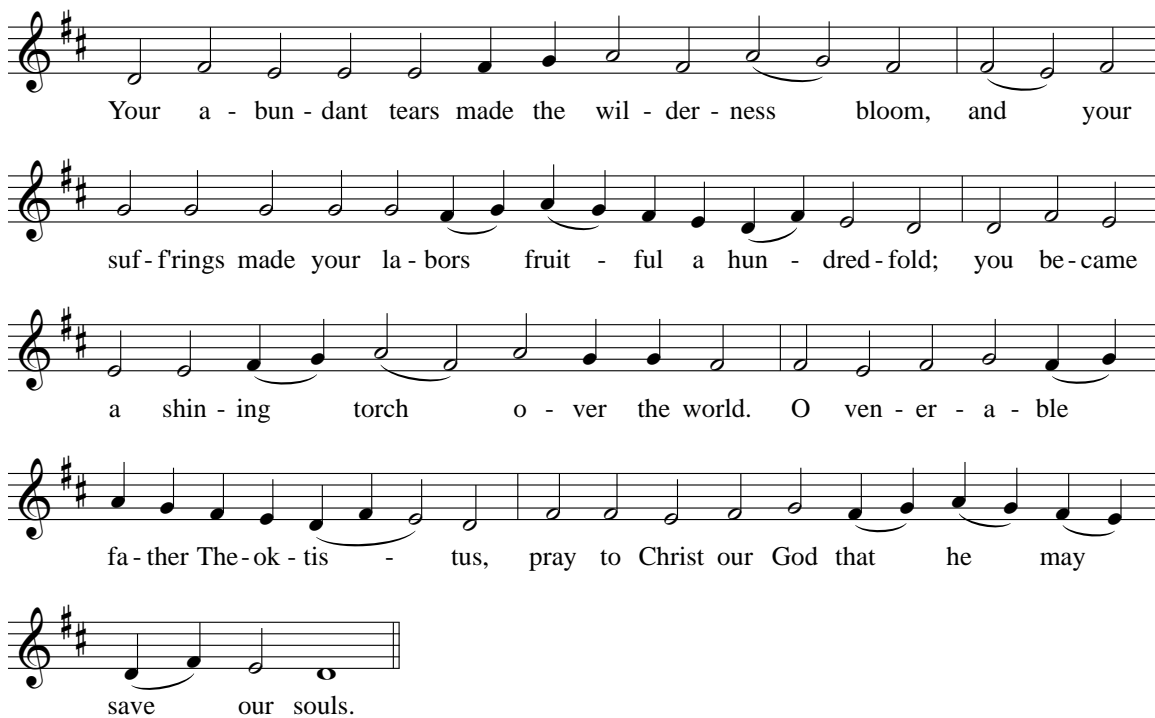


and strug - gled for the faith to the shed - ding of your blood. O priest-mar-tyr



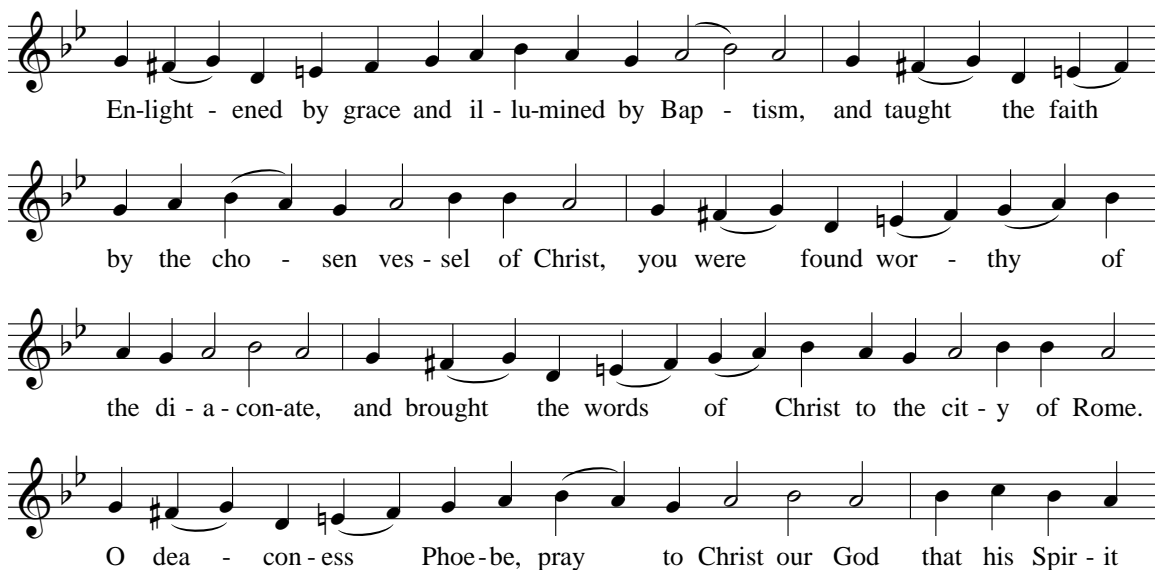
An - thi - mus, pray to Christ our God to save our souls.

Troparion of Theoktistus - Tone 8



Your a - bun - dant tears made the wil - der - ness bloom, and your
suf-frings made your la - bors fruit - ful a hun - dred-fold; you be-came
a shin - ing torch o - ver the world. O ven - er - a - ble
fa - ther The - ok - tis - tus, pray to Christ our God that he may
save our souls.

Troparion of Phoebe - Tone 3

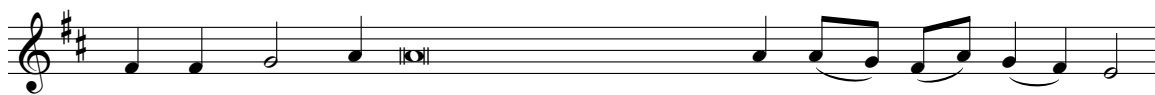


En-light - ened by grace and il - lu-mined by Bap - tism, and taught the faith
by the cho - sen ves - sel of Christ, you were found wor - thy of
the di - a - con - ate, and brought the words of Christ to the cit - y of Rome.
O dea - con - ess Phoe-be, pray to Christ our God that his Spir - it



may en - light - en our souls.

Kontakion of Phoebe - Tone 2



Paul pro-claimed you a protector of many, and you be-came his help - er.



Hear, now, all those who come to you with faith, ad who cry out



to you with love: Re-joyce, O glory of Corinth and pride of A-cha - ia;



re - joyce, O dea - con - ess Phoe - be!

Kontakion of Theoktistus- Tone 4



You joined the great Euthymius in the des - ert, and you became an an-gel



on earth with your good works. O Fa - ther, you cleanse the hearts of the



faithful by the pow-er of won - der - ful signs. We venerate you with love for this,

O The - ok - tis - tus.

Kontakion of Anthimus - Tone 4

You stood out a-mong the bish - ops and trav-eled the road to mar - tyr - dom.

You be - came the opponent of pagan i - dol wor - ship and the pro - tec - tor

of your flock. We now hon - or you, cry - ing out in spir - it:

De - liv er us from dangers through your in - ter - ces - sion. O Anthimus,

you are wor - thy of all praise. -

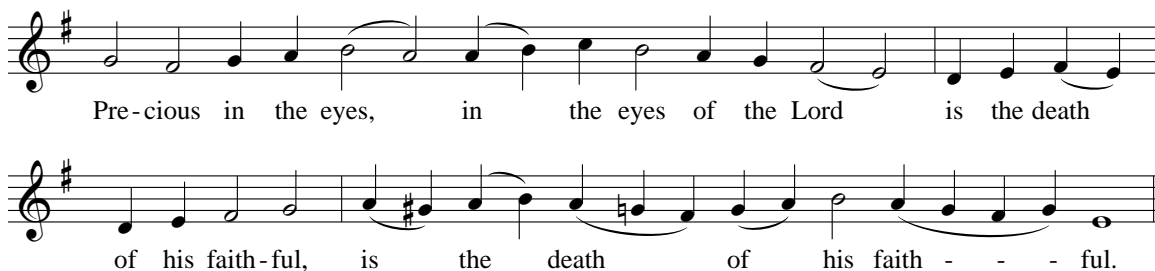
Prokeimenon of a Bishop-Martyr - Tone 7 (Psalm 149:5,1):

Let the faith - ful re - joice in glo - ry, re - joice

in glo - ry, shout for joy, and take their rest.

Verse: Sing to the Lord a new song of praise in the assembly of the faithful.

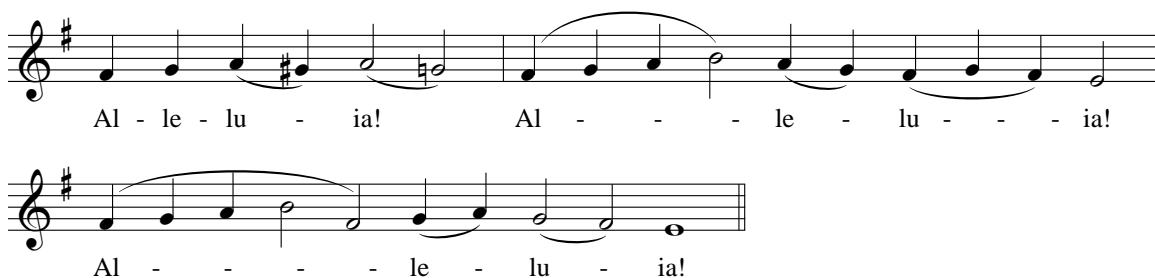
Prokeimenon of a Venerable- Tone 7 (Psalm 115:6,3):



Pre-cious in the eyes, in the eyes of the Lord is the death
of his faith-ful, is the death of his faith - - - ful.

Verse: What can I return to the Lord for all he has given me?

Alleluia of a Bishop-Martyr - Tone 2 (Psalm 131:9,13):

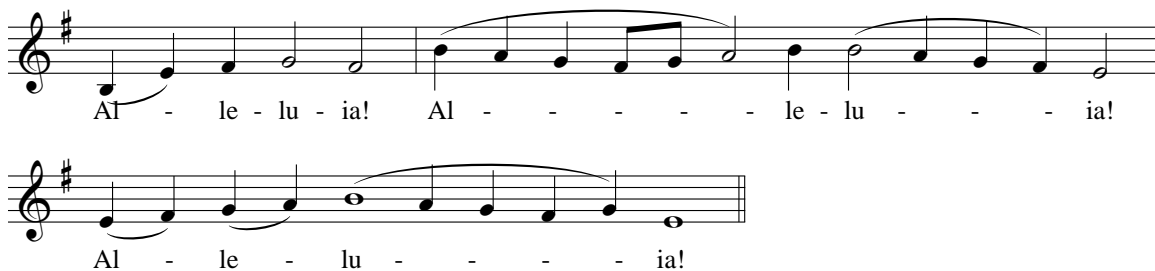


Al - le - lu - ia! Al - - - le - lu - - - ia!
Al - - - - le - lu - ia!

Verse: Your priests will be clothed with righteousness and your saints will rejoice.

Verse: The Lord has chosen Zion; he prefers her for his dwelling.

Alleluia of a Venerable - Tone 6 (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - - le - lu - - - ia!
Al - le - lu - - - - ia!

Verse: Happy the man who fears the Lord and greatly delights in his commands.

Verse: His posterity will be mighty upon the earth.

Communion Hymn (Psalm 111:6,7):

B



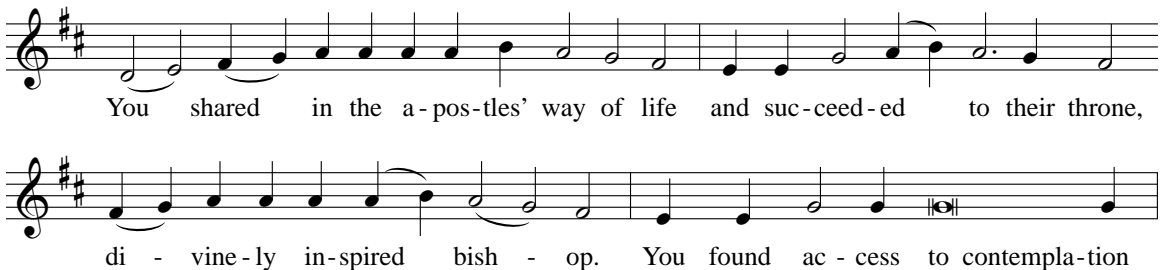
The just man will be re - mem - bered for - e - ver;
e - vil news he will not fear; e - vil news he will not fear.

Refrain
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

4 The holy martyr Babylas, bishop of Antioch. St. John Chrysostom wrote of Babylas, “this great and wonderful man—if one can call him a man.” He was archbishop of Antioch in the time of the evil emperor Numerian. He forbade the emperor entrance into the church because he was an idolator. In response, the emperor threw him into prison, and had students of his tortured in front of him in an attempt to have Babylas apostasize. Babylas encouraged them to stand firm and, after they were martyred, he joined them as a victim of the sword. (283)

The holy prophet Moses, who saw God. Moses was chosen by God to free his people who were oppressed in Egypt and to lead them to the promised land. God also revealed himself to Moses on Mount Sinai saying, "I am who I am," and gave the law which would direct the life of the chosen people. The servant of God died in the fullness of years on Mount Nebo, in the land of Moab near the promised land.

Troparion of Babylas - Tone 4



You shared in the a - pos - tles' way of life and suc - ceed - ed to their throne,
di - vine - ly in - spired bish - op. You found ac - cess to contem - pla - tion

in the act - ive life. There-fore, you right - ly taught the word of truth
 and strug - gled for the faith to the shed - ding of your blood. O priest-mar - tyr
 Bab - y - las, pray to Christ our God to save our souls.

Troparion of Moses - Tone 2

O proph-et Moses, you reached the sum - mit of vir - tues. By this you came to
 see the glo - ry of God. You re - ceived the tab - lets of the grace - giv - ing Law
 and be - came the crown of prophets and a mys - te - ry of pi - e - ty;
 for you car - ried grace deep with - in you.

Kontakion of Moses - Tone 2

Be-cause their prophecy is ful-filled a - mong us, Mo-ses, Aa-ron, and the

choir of proph-ets re-joyce. The cross is triumphant today because by it you
 saved us. By the pray'rs of these holy men, save us, O Christ our God.

Kontakion of Babylas - Tone 8

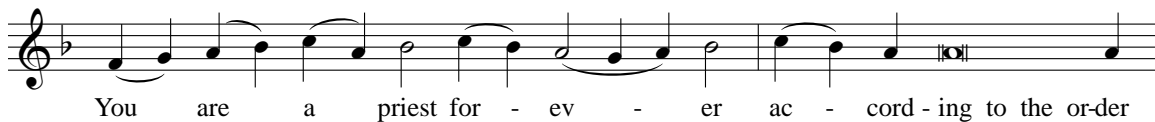
O glo-rious Babylas, the Church prais-es you. To-day you are revered as a
 preach-er of ho-li-ness and the for-ti-tude of mar-tyrs. Since you
 have become a fa-vorite of the Lord, beg Christ to keep us in per-fect peace;
 for we praise and glorify you, O Mar-tyr.

Prokeimenon of a Bishop-Martyr - Tone 7 (Psalm 149:5,1):

Let the faith-ful re-joyce in glo-ry, re-joyce
 in glo-ry, shout for joy, and take their rest.

Verse: Sing to the Lord a new song of praise in the assembly of the faithful.

Prokeimenon of a Prophet- Tone 4 (Psalm 109:4,1):



Verse: The Lord said to my Lord: Sit at my right hand till I make your enemies your footstool.

Alleluia of a Bishop-Martyr- Tone 2 (Psalm 131:9,13):



Verse: Your priests will be clothed with righteousness and your saints will rejoice.

Verse: The Lord has chosen Zion; he prefers her for his dwelling.

Alleluia of a Prophet - Tone 5 (Psalm 98:6; 96:11):



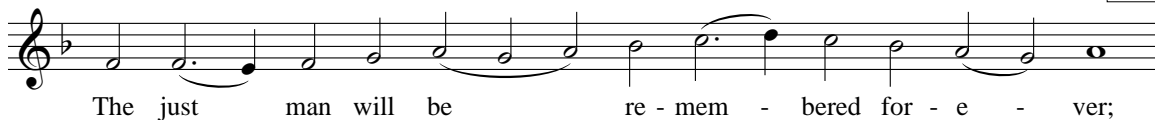
Verse: Moses and Aaron were among his priests;

Samuel was among those who called upon his name.

Verse: Light dawns for the just, and gladness for the upright of heart.

Communion Hymn (Psalm 111:6,7):

C



Refrain



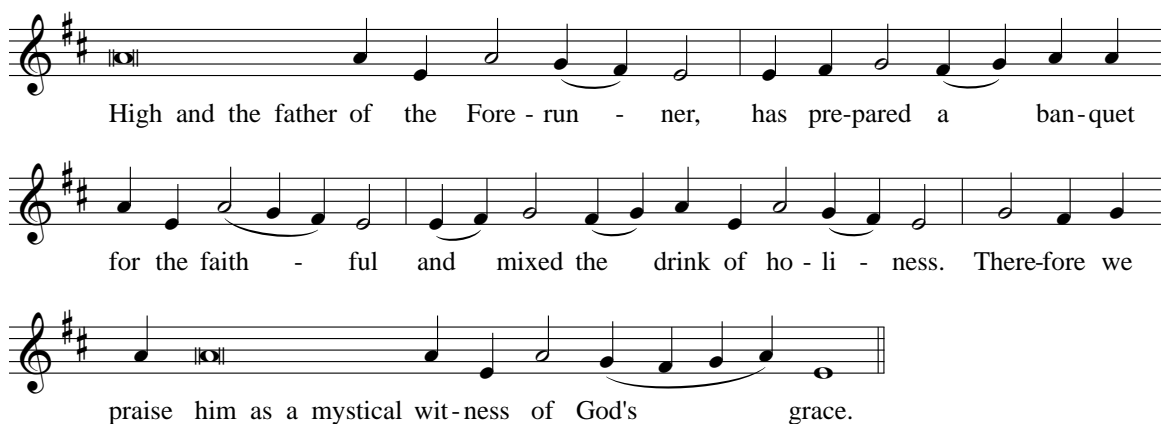
5 The holy prophet Zachary and his wife, the holy and venerable Elizabeth, the parents of the Forerunner. When she took Mary her cousin into her home, Elizabeth--full of the Holy Spirit--hailed the mother of the Lord as blessed among women. Zachary, a priest full of the prophetic spirit, praised God the redeemer and preached the near advent of Christ, the Dayspring from on high.

Troparion - Tone 4

Ar - rayed as a priest, O wise Zech - a - ri - ah, you of - fered a worthy
holocaust accord - ing to the law of God. You be - came a shining light and a witness
of the my - ste - rics, clear - ly bear - ing within you the signs of grace, O most wise one.
You were slain by the sword in God's tem - ple. O proph - et of God, togeth - er
with the Fore - run - ner, in - tercede with God that he may save our souls.

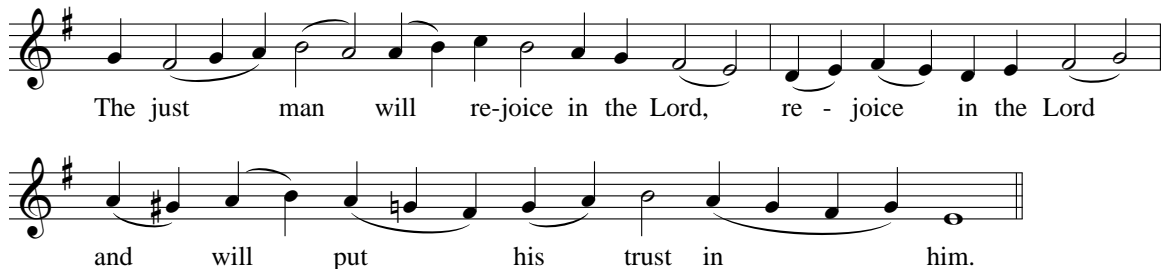
Kontakion - Tone 3

To - day the prophet Ze - cha - ri - ah, the priest of the Most



High and the father of the Fore-run-ner, has pre-pared a ban-quet
 for the faith-ful and mixed the drink of ho-li-ness. There-fore we
 praise him as a mystical wit-ness of God's grace.

Prokeimenon - Tone 7 (Psalm 63:11,2)



The just man will re-joice in the Lord, re-joice in the Lord
 and will put his trust in him.

Verse: Hear my voice, O God, when I pray to you.

Alleluia - Tone 5 (Psalm 98:6; 96:11):



Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia!

Verse: Light dawns for the just, and gladness for the upright of heart.

Communion Hymn (Psalm 111:6,7):

D



The just man will be re-mem-bered for-e-ver; e-vil news he

Refrain

will not fear. Al - le - lu - ia! Al - le - lu - ia!

Al - - le - lu - - ia!

6 The commemoration of the miracle of the Holy Archangel Michael at Colossae in Chionia. The archangel Michael worked a miracle of conversion and healing in this place, as well as a miracle of preservation of the site from flood. It is remembered each year on this date.

The holy martyr Eudoxius and his companions Carterius, Styriacus, Tobias, Agapius and companions at Sebaste in Armenia. Under Licinius the emperor they are said to have been soldiers who persisted in the faith of Christ and who were cast into the flames. (c.311)

Troparion of the Archangel - Tone 4

Lead-ers of the heav-en - ly ar - mies, al-though we are unworthy, we al-ways

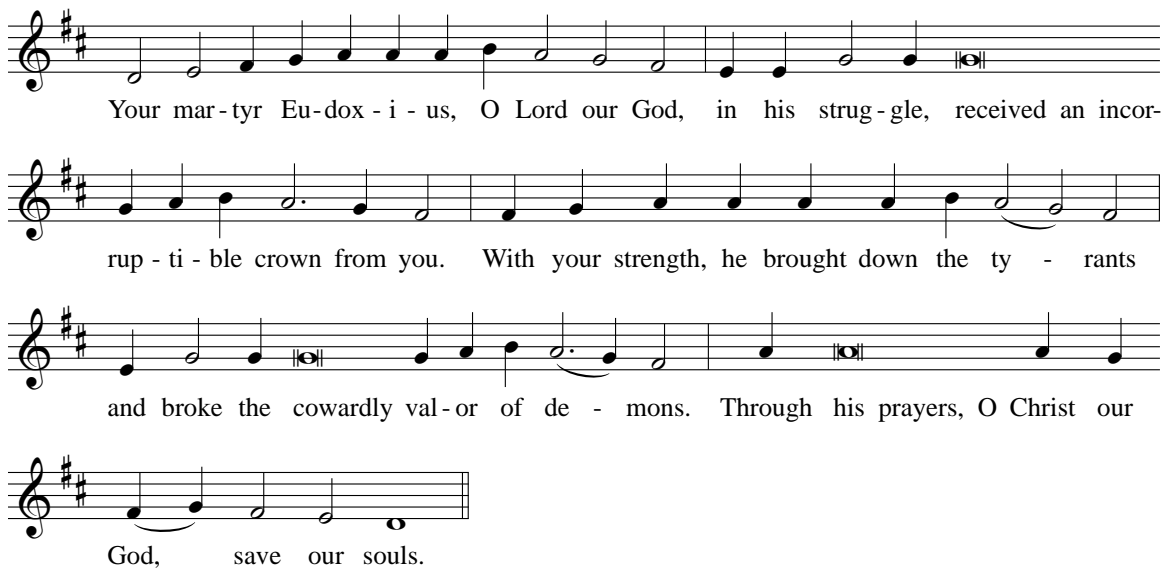
be-seech you to for - ti - fy us by your pray'rs and to shel - ter us beneath

the wings of your sub-lime glo - ry. Watch over us who bow to you and cry out

fer-vent-ly: De - liv - er us from dan - ger, for you are the com-mand - ers

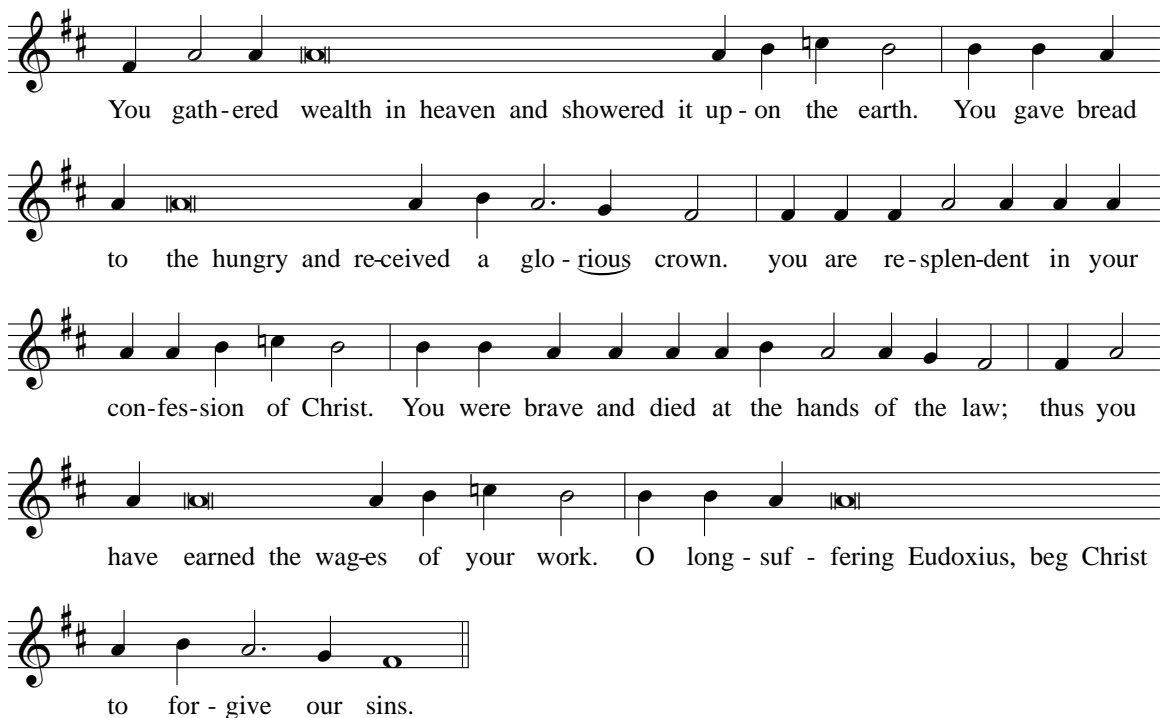
of the pow - ers on high.

Troparion of Eudoxius - Tone 4



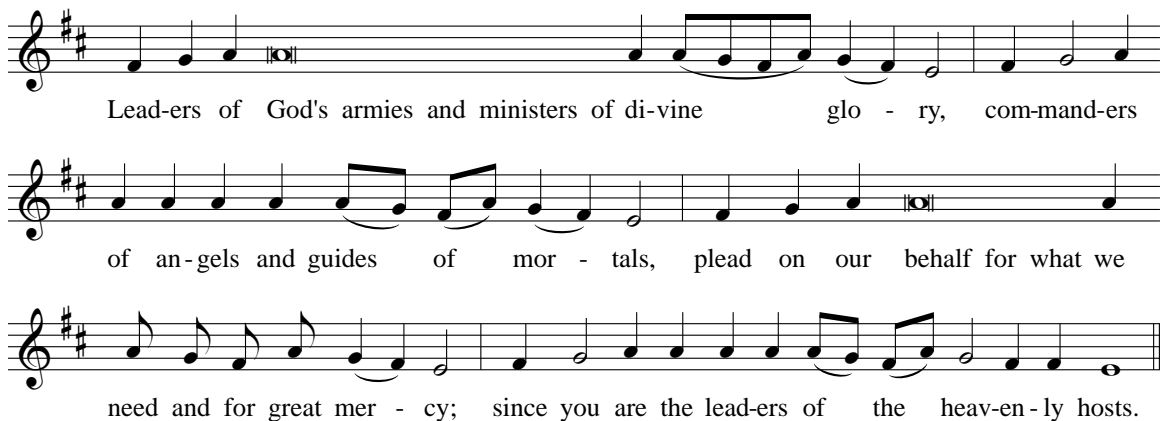
Your mar-tyr Eu-dox - i - us, O Lord our God, in his strug-gle, received an incor-
rup - ti - ble crown from you. With your strength, he brought down the ty - rants
and broke the cowardly val-or of de - mons. Through his prayers, O Christ our
God, save our souls.

Kontakion of Eudoxius - Tone 8



You gath-ered wealth in heaven and showered it up-on the earth. You gave bread
to the hungry and re-ceived a glo - rious crown. you are re-splen-dent in your
con-fes-sion of Christ. You were brave and died at the hands of the law; thus you
have earned the wag-es of your work. O long - suf - fering Eudoxius, beg Christ
to for - give our sins.

Kontakion of the Archangel - Tone 2:



Lead-ers of God's armies and ministers of di-vine glo - ry, com-mand-ers
of an-gels and guides of mor - tals, plead on our behalf for what we
need and for great mer - cy; since you are the lead-ers of the heav-en - ly hosts.

Prokeimenon of the Archangel - Tone 4 (Psalm 103:4,1):



You make your an - gels spir - its and your min - i - sters a flam - ing fire,
and your min - i - sters a flam - ing fire.

Verse: Bless the Lord, O my soul. Lord my God, how great you are.

Alleluia - Tone 5 (Psalm 148:2,5):



Al - - le - lu - ia! Al - le - lu - ia! Al - le - lu - - ia!

Verse: Praise the Lord, all his angels; praise him all his hosts.

Verse: He spoke and they were made; he commanded and they were created.

Communion Hymn (Psalm 103:4):

E


You make your an - gels, your an-gels spir - its and your min - is - ters,
Refrain
your min-is-ters a flam-ing fire, a flam-ing fire. Al - le - lu - ia!
Al - le - lu - ia! Al - le - lu - ia!

7 Prefestive day of the Nativity of the Theotokos

The holy martyr Sozon, at Pompeiopolis in Cilicia. He was a shepherd of Lycaonia who taught his family and friends the law of God. Sozon destroyed an idol, and was tortured and then burned for his Christian faith. (304)

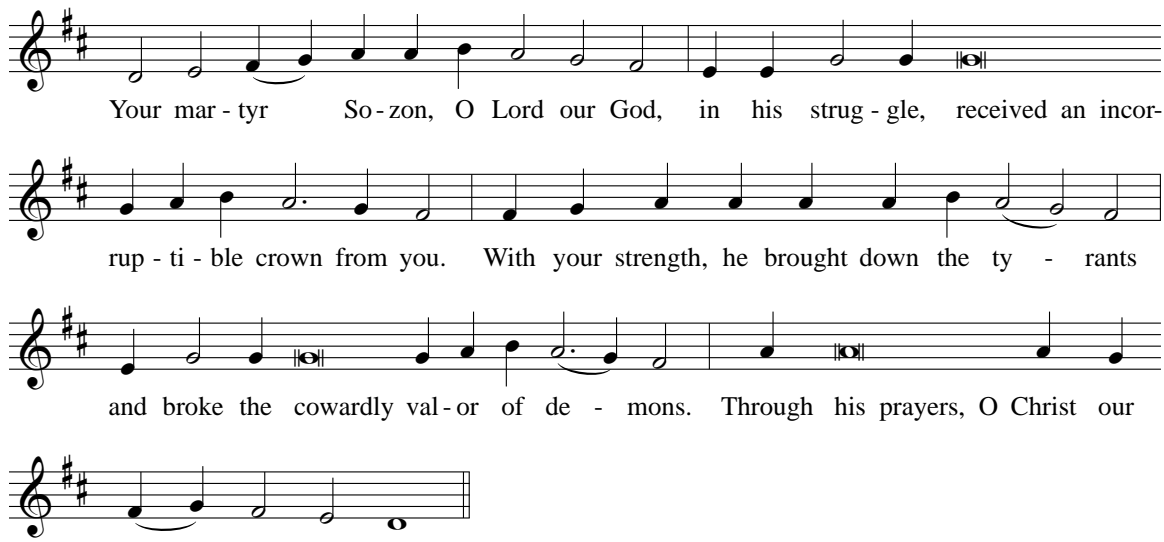
Troparion of the prefeast - Tone 4

To - day is born to us, from the root of Jesse and the loins of Da - vid,
Mar - y, the god - ly child. There - fore, all creation rejoices and is re - newed.
Heav-en and earth re-joyce to-ge-th - er. You fam-ilies of na-tions sing her praise.
Jo - a - chim is elated and Anna cries out in cel-e-bra - tion: The bar-ren woman



gives birth to the The - o - to - kos and the Sus-tain - er of our Life.

Troparion of Sozon - Tone 4



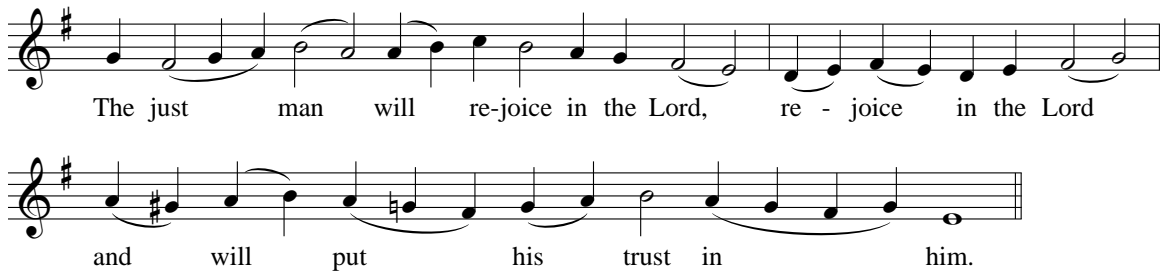
Your mar - tyr So-zon, O Lord our God, in his strug - gle, received an incor -
rup - ti - ble crown from you. With your strength, he brought down the ty - rants
and broke the cowardly val - or of de - mons. Through his prayers, O Christ our
God, save our souls.

Kontakion of Sozon - Tone 2



Let us gath - er together and loud-ly sing to So - zon, the ho - ly
and genuine martyr, ex-pert fight - er for the faith, mys-tic - al se - er
of divine grace, generous pro - vid - er of heal - ing; for he is our
in - ter - cess - or be - fore God.

Prokeimenon of a Martyr - Tone 7 (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joice in the Lord
and will put his trust in him.

Verse: Hear my voice, O God, when I pray to you.

Alleluia - Tone 4 (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: The just man will flourish like the palm tree and grow like a cedar of Lebanon.

Verse: Planted in the house of the Lord, he will flourish in the courts of our God.

Communion Hymn (Psalm 111:6,7):

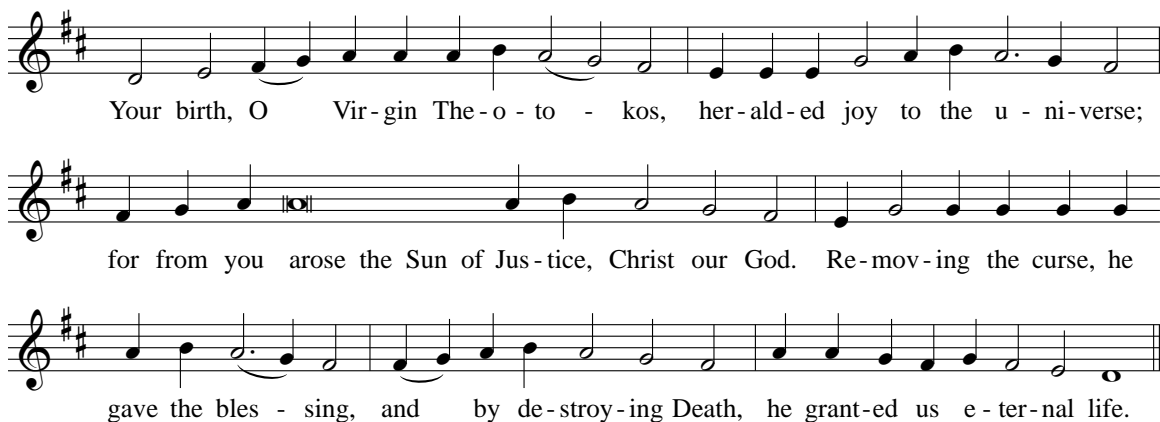
F



The just man will be re - mem - bered, be re - mem - bered for ev - ver
Refrain
e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!
Al - le - lu - ia! Al - le - lu - ia!

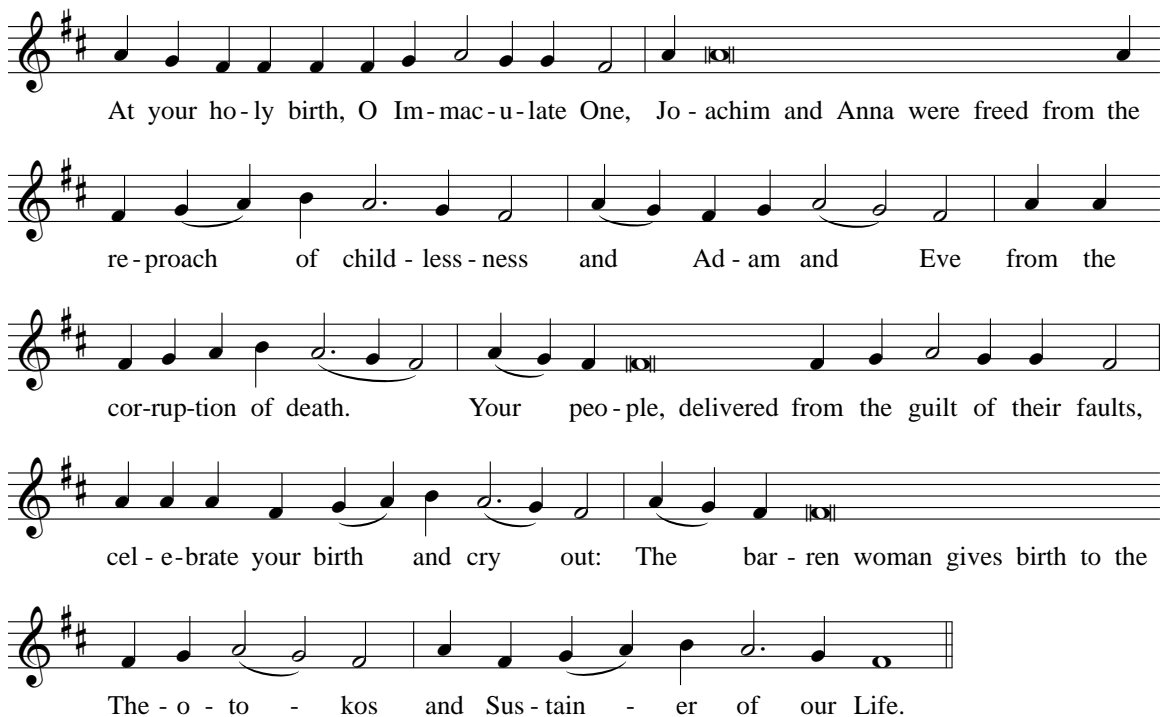
8 THE NATIVITY OF THE THEOTOKOS AND EVER-VIRGIN MARY, of the seed of Abraham, born from the tribe of Judah, from the line of King David. From her, the Son of God was born in the flesh that he might free people from the ancient slavery of sin.

Troparion - Tone 4:



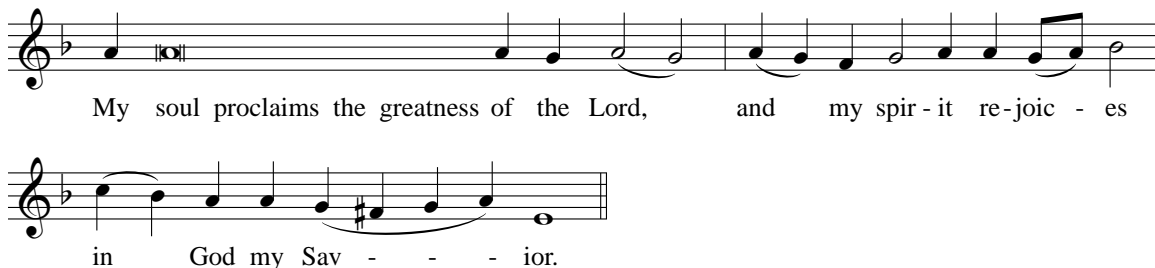
Your birth, O Vir-gin The-o-to - kos, her-ald-ed joy to the u - ni-verse;
for from you arose the Sun of Jus-tice, Christ our God. Re-mov-ing the curse, he
gave the bles - sing, and by de-stroy-ing Death, he grant-ed us e - ter-nal life.

Kontakion - Tone 4:



At your ho-ly birth, O Im-mac-u-late One, Jo - achim and Anna were freed from the
re-proach of child - less - ness and Ad - am and Eve from the
cor-rup-tion of death. Your peo-ple, delivered from the guilt of their faults,
cel - e-brate your birth and cry out: The bar - ren woman gives birth to the
The - o - to - kos and Sus - tain - er of our Life.

Prokeimenon - Tone 3 (Luke 1:46-48):



My soul proclaims the greatness of the Lord, and my spir - it re - joic - es
in God my Sav - - - ior.

Verse: For he has looked with favor on the humility of his servant;
from this day forward, all generations will call me blessed.

Alleluia - Tone 8 (Psalm 44:11,13):



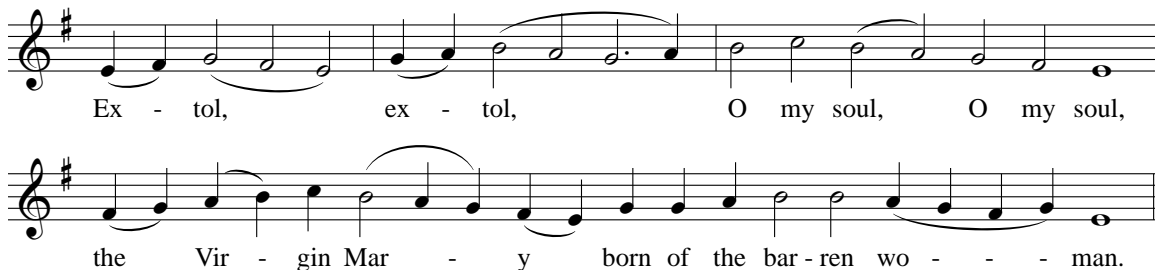
Al - le - lu - ia! Al - le - lu - - - ia! Al - - - le - lu - ia!

Verse: Listen, O daughter, and see and incline your ear.

Verse: The rich among the people will seek your favor.

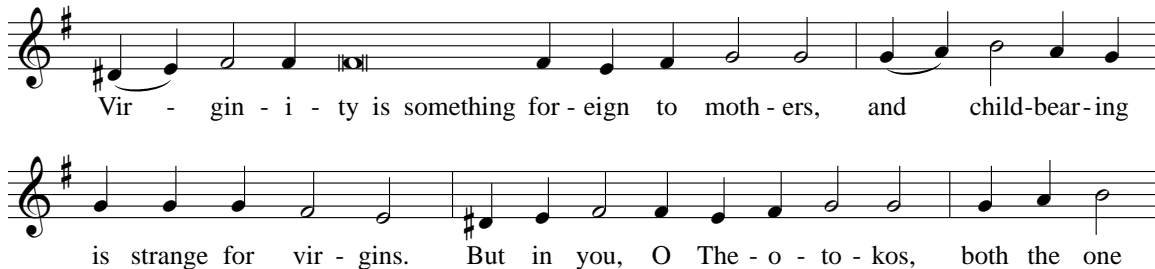
Instead of "It is truly proper . . ."

Magnification:



Ex - tol, ex - tol, O my soul, O my soul,
the Vir - gin Mar - y born of the bar - ren wo - - - man.

Irmos - Tone 6, simple setting



Vir - gin - i - ty is something for - eign to moth - ers, and child - bear - ing
is strange for vir - gins. But in you, O The - o - to - kos, both the one

and the oth - er have come to pass. There - fore, we, the peo - ple of the earth,
un - ceas - ing - ly ex - tol you.

Or this melody:

Irmos - Tone 2 samopodoben

Vir - gin - i - ty is some - - - thing for - eign
to moth - - - ers, and child - bear - - - ing
is strange for vir - - - gins. But in you,
O The - o - to - - - kos, both the one and the
oth - er have come to pass. There - fore,
we, the peo - - - ples of the earth, un -
ceas - - - ing - ly ex - - - tol you.

Communion Hymn (Psalm 115:4):

A

I shall take the chal - ice, the chal-ice of sal - va - tion and call up - on the
name of the Lord, and call up - on the name of the Lord.
Al - le - lu - ia! Al - le - lu - ia! Al le - lu - ia!

9 Postfestive day of the Nativity of the Theotokos

The Synaxis of the holy and just Grandparents of God, Joachim and Anna, parents of Mary the immaculate Virgin mother of God, the names of whom were preserved by the ancient traditions of Christians from the Jews.

The holy martyr Severian was a nobleman of Sebaste. He comforted the Forty Martyrs of Sebaste (Mar. 9) in their imprisonment. After their death, he was also arrested, and hanged from a tree with stones hanging from his neck and from his feet. (320)

Commemoration of the Third Ecumenical Council at Ephesus, 431. This council met with two hundred fathers to condemn the heretic Nestorius, patriarch of Constantinople, for his false teaching regarding the birth of the Lord and the title “Theotokos.” These fathers also confirmed the decisions of the First and Second Councils, especially what we today call the Nicene Creed, laying down that no one may add anything to, or take anything away from, this Creed.

Troparion of the feast - Tone 4 (*music found on page 25*)

Troparion of Joachim and Anna - Tone 1

The just cou - ple who lived in a state of grace, Jo - a-chim and An-na, gave birth
to this ho - ly child for us. The ho - ly Church sol - emnly honors this feast in

glo - ry and cel - e-brates your pre-cious mem-o - ry to-day. She glo - ri - fies
 God who has lift-ed up our horn of sal - va - tion in the house of Da - vid.

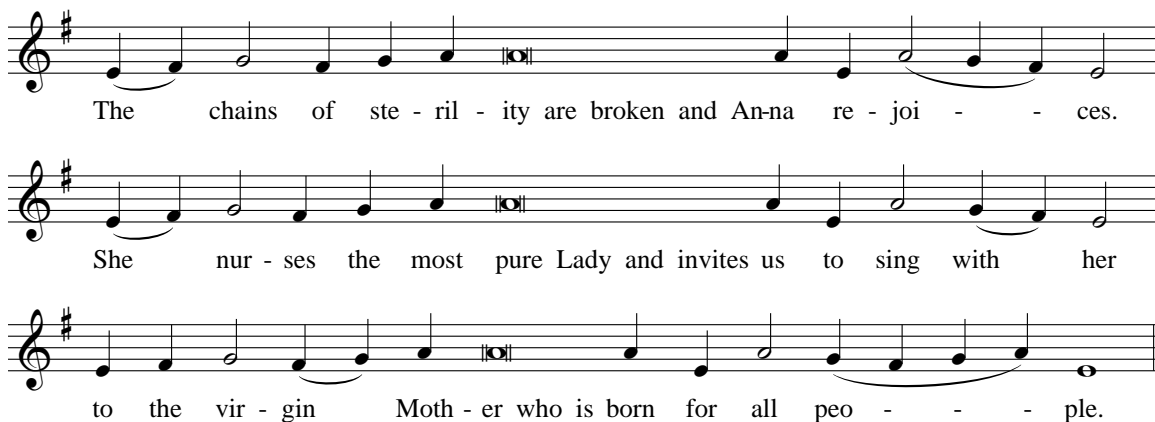
Troparion of Severian - Tone 4

Your mar-tyr Se - ve - ri - an, O Lord our God, in his strug-ple, received an incor-
 rup - ti - ble crown from you. With your strength, he brought down the ty - rants
 and broke the cowardly val - or of de - mons. Through his prayers, O Christ our
 God, save our souls.

Kontakion of Severian - Tone 1

You have be-come a bril-liant star to guide the earth; you her-ald the dawn of
 Christ, O long-suffering Se - ve - ri - an. You have put an end to guile and you
 give us light. Pray un - ceas - ing - ly for all of us.

Kontakion of Joachim and Anna - Tone 3



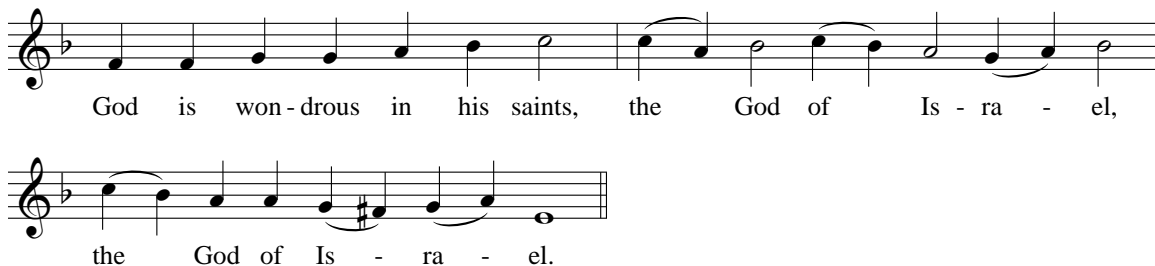
The chains of sterility are broken and Anna rejoices.
She nurses the most pure Lady and invites us to sing with her
to the virgin Mother who is born for all people.

Kontakion of the feast - Tone 4 (music found on page 25)

Prokeimenon of the feast - Tone 3 (Luke 1:46-48): (music found on page 26)

Immediately after the verse:

Prokeimenon - Tone 4 (Psalm 67:36,27):

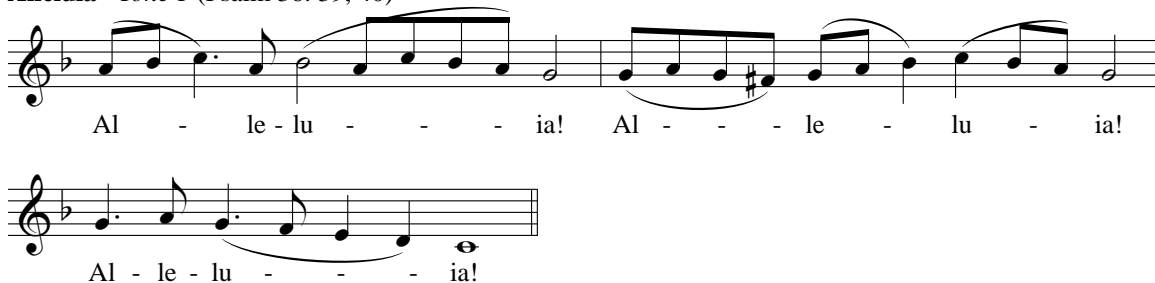


God is wondrous in his saints, the God of Israel,
the God of Israel.

Alleluia of the feast- Tone 8 (Psalm 44:11,13): (music found on page 26)

After the second verse:

Alleluia - Tone 1 (Psalm 36: 39, 40)



Alleluia! Alleluia! Alleluia!

Verse: The salvation of the just is from the Lord, their refuge in time of distress.

Instead of "It is truly proper . . ."

Magnification and Irmos of the feast (music found on pages 27-28)

Communion Hymn of the feast (Psalm 115:4):

B

I shall take the chal - - - ice, the chal - ice of sal - va - tion,

and call up - on the name, the name of the Lord.

Refrain

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Communion Hymn of Joachim and Anna (Psalm 32:1):

B

Re - joice in the Lord, you right - eous ones;

praise from the up - right, the up - right is fit - ting.

Refrain

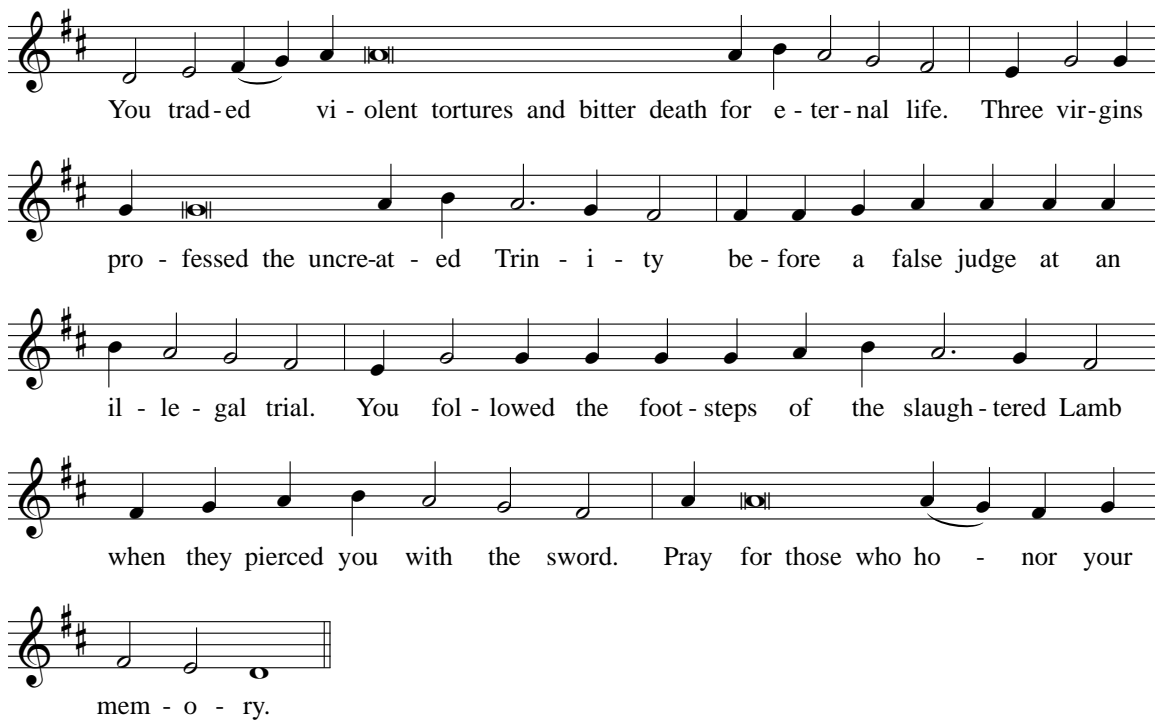
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

10 Postfestive day of the Nativity of the Theotokos

The holy martyrs Menodora, Mitrodora, and Nymphodora were sisters from somewhere in Bythinia. Brought up as Christians, they withdrew from the city into the desert to live for Christ alone, and gave themselves up to fasting, prayer, and work. They became famous as a source of healing illness, which brought them to the attention of the governor. He, astounded by their beauty, wanted to marry them off to noblemen, but they refused. He then put them to the torture to get them to renounce Christ. They died confessing the name of Jesus. (306)

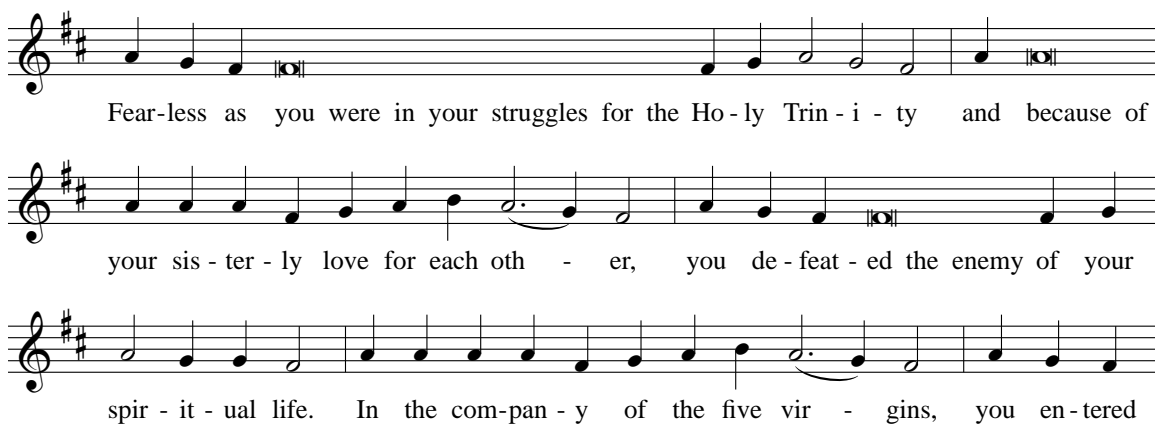
Troparion of the feast - Tone 4 (music found on page 25)

Troparion of the Martyrs - Tone 4



You trad-ed vi - olent tortures and bitter death for e - ter - nal life. Three vir - gins pro - fessed the uncre - at - ed Trin - i - ty be - fore a false judge at an il - le - gal trial. You fol - lowed the foot - steps of the slaugh - tered Lamb when they pierced you with the sword. Pray for those who ho - nor your mem - o - ry.

Kontakion of the martyrs - Tone 4



Fear-less as you were in your struggles for the Ho - ly Trin - i - ty and because of your sis - ter - ly love for each oth - er, you de - feat - ed the enemy of your spir - it - ual life. In the com - pan - y of the five vir - gins, you en - tered

vic - toriously into the heav-en - ly man - sions where you are forever joyful with
the angels in the pres - ence of the King of all.

Kontakion of the feast - Tone 4 (music found on page 25)

Prokeimenon of the feast - Tone 3 (Luke 1:46-48): (music found on page 26)

Immediately after the verse:

Prokeimenon of the Martyrs - Tone 4 (Psalm 67:36,27):

God is won - drous in his saints, the God of Is - ra - el,
the God of Is - ra - el.

Alleluia of the feast- Tone 8 (Psalm 44:11,13): (music found on page 26)

After the second verse:

Alleluia of the Martyrs - Tone 1 (Psalm 39:2,3):

Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

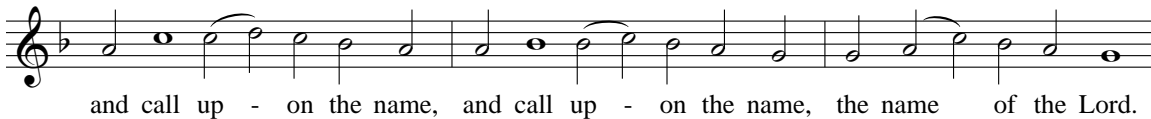
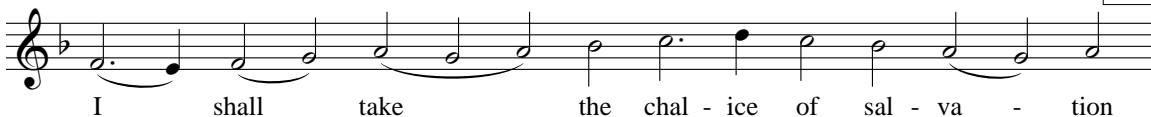
Verse: I have waited, waited for the Lord, and he stooped toward me and heard my cry.

Instead of "It is truly proper . . ."

Magnification and Irmos of the feast (music found on pages 27-28)

Communion Hymn of the feast (Psalm 115:4):

C

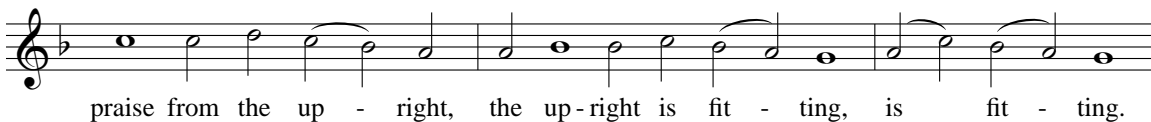
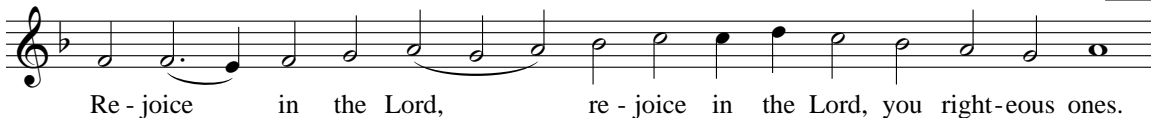


Refrain



Communion Hymn of the Martyrs (Psalm 32:1):

C



Refrain



11 Postfestive day of the Nativity of the Theotokos

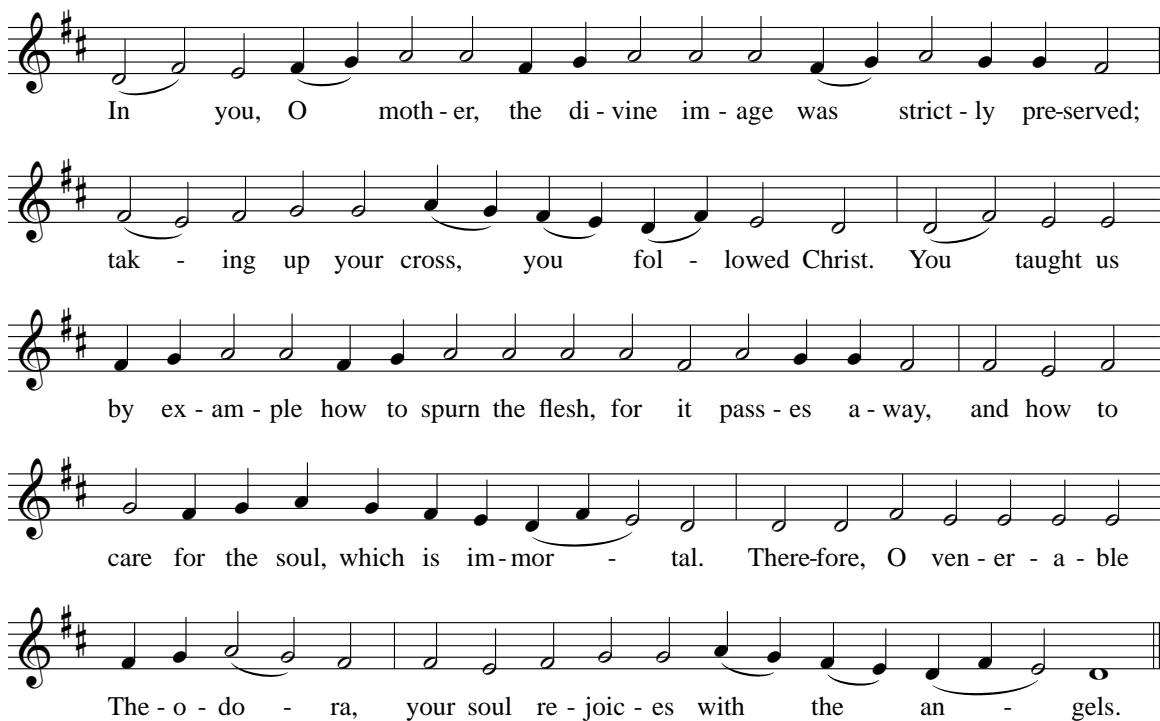
Our venerable mother Theodora of Alexandria. As a young married woman, she committed adultery on the advice of a fortune-teller. She was accused by her conscience, and left the world, cutting off her hair and dressing as a man in order to enter the monastery of Octodecatos, assuming the name Theodore. Falsely accused of having sex with a prostitute, she accepted the rebuke as a punishment for her former sin. She ended up in the desert for seven years, until the hegumen took her back. Only at her death did the monks realize that she was a woman. (490)

Transferred from September 12:

The holy bishop martyr Autonomus fled Italy during the Diocletian persecution and settled in Bythynia, where he brought many to the faith. While preaching to pagans, he was attacked in his own church and killed at the altar. (c.300)

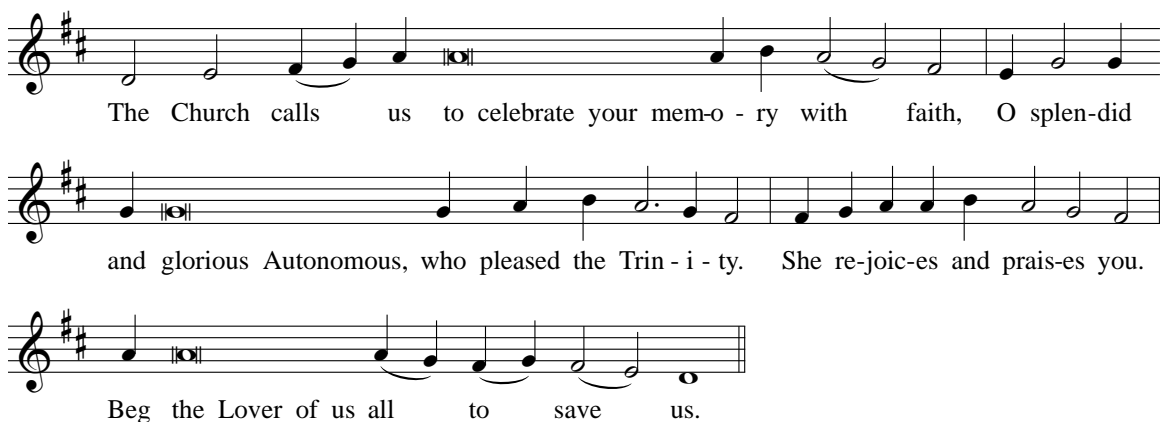
Troparion of the feast - Tone 4 (music found on page 25)

Troparion of Theodora -Tone 8



In you, O moth-er, the di-vine im-age was strict-ly pre-served;
tak-ing up your cross, you fol-lowed Christ. You taught us
by ex-am-ple how to spurn the flesh, for it pass-es a-way, and how to
care for the soul, which is im-mor-tal. There-fore, O ven-er-a-ble
The-o-do-ra, your soul re-joic-es with the an-gels.

Troparion of Autonomous - Tone 4



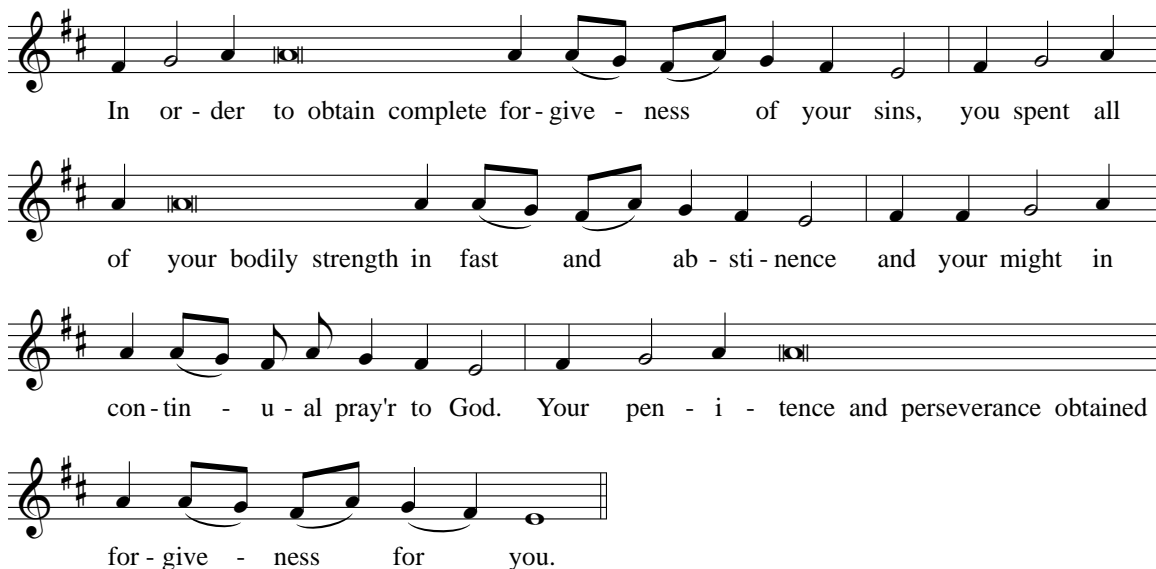
The Church calls us to celebrate your mem-o-ry with faith, O splen-did
and glorious Autonomous, who pleased the Trin-i-ty. She re-joic-es and prais-es you.
Beg the Lover of us all to save us.

Kontakion of Autonomous - Tone 2



You served the holy mysteries faithfully, O wise Au - to - no - mous. You be - came
an accept - able of - fer - ing, O bless - ed one. Since you drank from the chal - ice
of Christ, O light for the world, ex - alt - ed Au - to - no - mous,
pray un - ceas - ing - ly for all of us.

Kontakion of Theodora - Tone 2



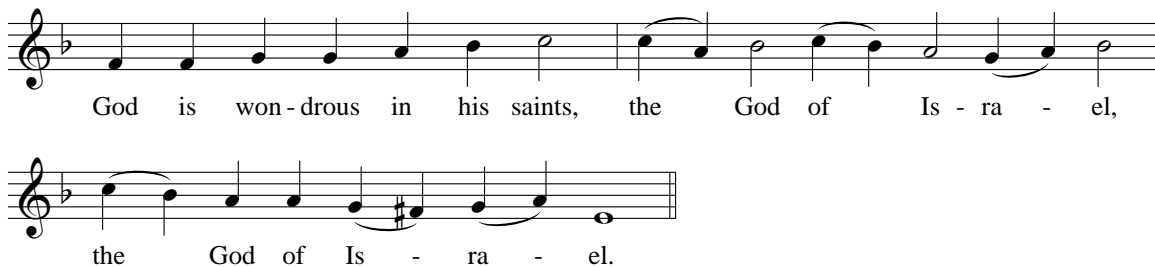
In or - der to obtain complete for - give - ness of your sins, you spent all
of your bodily strength in fast and ab - sti - nence and your might in
con - tin - u - al pray'r to God. Your pen - i - tence and perseverance obtained
for - give - ness for you.

Kontakion of the feast - Tone 4 (music found on page 25)

Prokeimenon of the feast - Tone 3 (Luke 1:46-48): *(music found on page 26)*

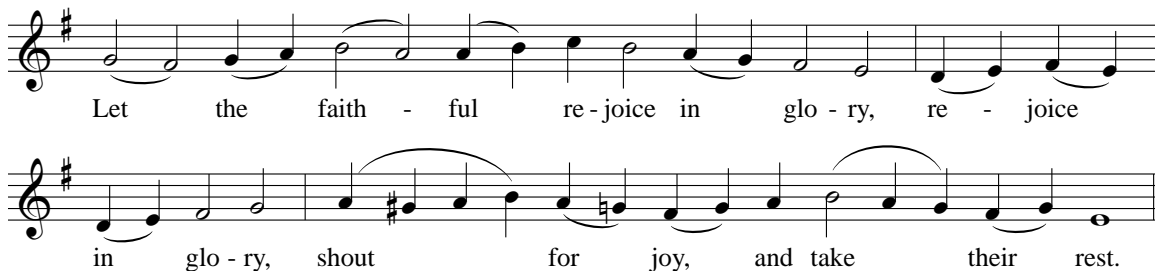
Immediately after the verse:

Prokeimenon of a Venerable Woman - Tone 4 (Psalm 67:36,27):



God is won-drous in his saints, the God of Is - ra - el,
the God of Is - ra - el.

Prokeimenon of a Bishop-Martyr - Tone 7 (Psalm 149:5,1):



Let the faith - ful re-joice in glo - ry, re - joice
in glo - ry, shout for joy, and take their rest.

Alleluia of the feast- Tone 8 (Psalm 44:11,13): *(music found on page 26)*

After the second verse:

Alleluia of a Venerable Woman - Tone 1 (Psalm 39:2,3):



Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: I have waited, waited for the Lord, and he stooped toward me and heard my cry.

Alleluia of a Bishop-Martyr - Tone 2 (Psalm 131:9,13):

Al - le - lu - ia! Al - - - le - lu - - - ia!

Al - - - le - lu - ia!

Verse: Your priests will be clothed with righteousness and your saints will rejoice.

Instead of "It is truly proper . . ."

Magnification and Irmos of the feast (music found on pages 27-28)

Communion Hymn of the postfeast (Psalm 115:4):

D

I shall take the chal - ice of sal - va - tion and call

up - on the name of the Lord. Al - - - le - lu - ia!

Al - - - le - lu - ia! Al - - - le - lu - ia!

Communion Hymn of a Venerable Woman (Psalm 111:6,7):

D

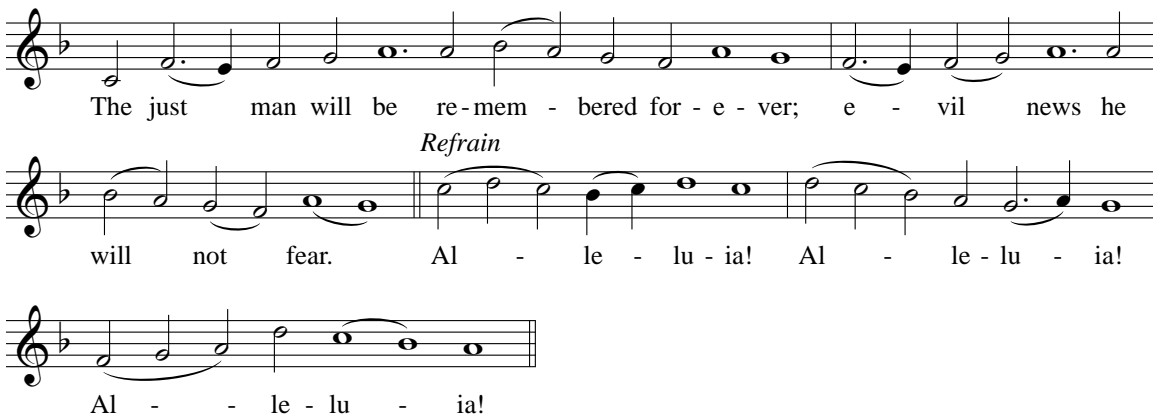
The just wo - man shall be re - mem - bered for ev - er; e - vil news she

will not fear. Al - le - lu - ia! Al - le - lu - ia!

Al - - - le - lu - ia!

Communion Hymn of a Bishop-Martyr (Psalm 111:6,7):

D



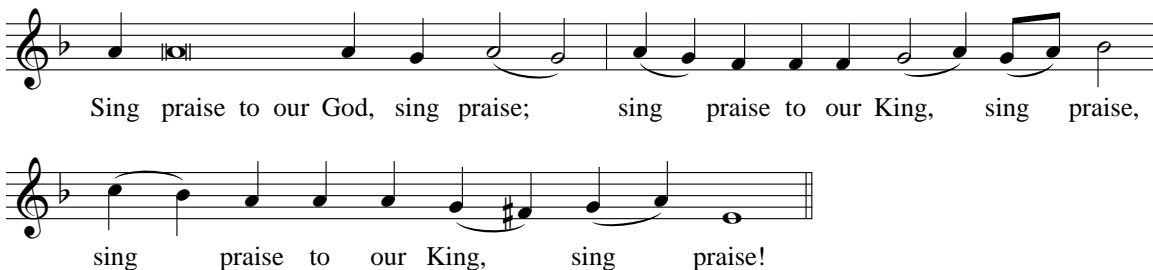
The just man will be re-mem - bered for - e - ver; e - vil news he
Refrain
will not fear. Al - le - lu - ia! Al - le - lu - ia!
Al - - le - lu - - ia!

12 Leave-taking of the Nativity of the Theotokos. *The service is sung as on September 8, p. 25*

Saturday before the Exaltation of the Cross

If the Saturday before the Exaltation of the Holy Cross falls on September 7, 9, 10, 11, or 12 then the following Prokeimenon and Alleluia are sung:

Prokeimenon - Tone 3 (Psalm 46:7,2):



Sing praise to our God, sing praise; sing praise to our King, sing praise,
sing praise to our King, sing praise!

Verse: All you peoples, clap your hands; shout to God with cries of gladness.

Alleluia - Tone 5 (Psalm 88:2,3):



Al - - le - lu - ia! Al - le - lu - ia! Al - le - lu - - ia!

Verse: I shall sing forever of your mercies, O Lord;
through all generations my mouth will proclaim your truth.

Verse: For you have said: Mercy is built to last forever. Your truth is firmly established in heaven.

SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS

If the Sunday before the Exaltation is September 13, please see page 44.

Troparion: *Prescribed Resurrection Tone*

Only on September 7:

Troparion of the Pre-feast of the Nativity - Tone 4 (*music found on page 23*)

On September 8 through 12:

Troparion of the Nativity - Tone 4 (*music found on page 25*)

Only on September 7:

Kontakion of the Pre-feast of the Nativity - Tone 3 (*music found on page 24*)

Only on September 8 and 12:

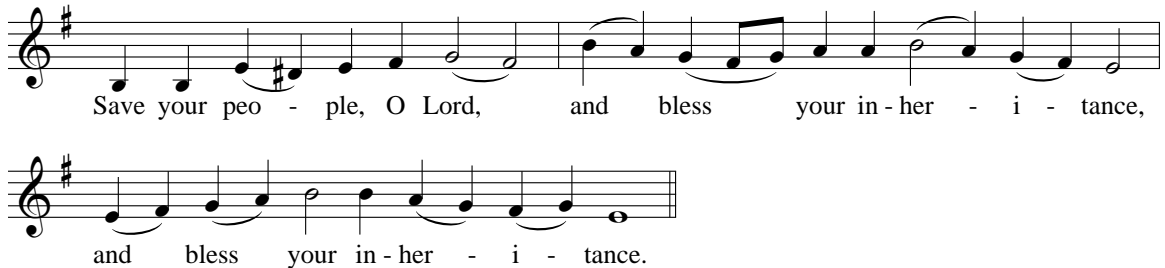
Kontakion of the Nativity - Tone 4 (*music found on page 25*).

On September 9 through 11:

Kontakion: *Prescribed Resurrection Tone*

On September 7, 9, 10, 11, and 12:

Prokeimenon – Tone 6 (*Psalm 27:9,1*):

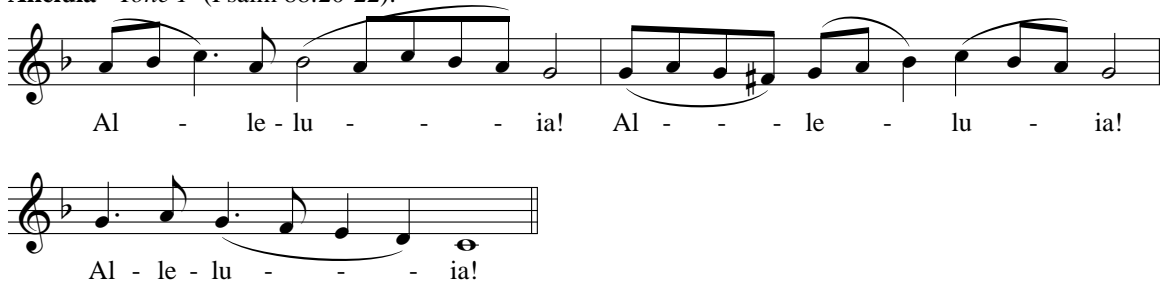


Save your peo - ple, O Lord, and bless your in - her - i - tance,
and bless your in - her - i - tance.

Verse: To you, O Lord, I cry out: My God, be not silent to me.

On September 7, 9, 10, 11, and 12:

Alleluia - Tone 1 (*Psalm 88:20-22*):



Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: I have exalted one chosen from my people and with my holy oil I have anointed him.

Verse: My hand shall protect him and my arm shall make him strong.

On September 8 through 12, instead of “It is truly proper . . .”
Magnification and Irmos of the feast (music found on pages 27-28)

Communion Hymns:

For Sunday, the usual Communion Hymn is (Psalm 148:1):
And on September 8 through 12, for the Theotokos, the Communion Hymn is (Psalm 115:4)

13 Prefestive day of the Exaltation of the Cross

The commemoration of the dedication of the Church of the Resurrection of the Lord in Jerusalem. When St. Helena found the Lord’s cross in Jerusalem, she stayed longer in the city and built churches in Gethsemane, in Bethlehem, on the Mount of Olives, and in other places connected to the life and death of the Lord. She began to build a huge church on Golgatha, which would house both the hill of Calvary and the tomb from which the Lord rose. St. Helena died before it was finished, and the church was consecrated on this date in 335.

The holy bishop martyr Cornelius the Centurion, who was an officer in Palestine converted by the Apostle Peter (cf Acts 10). That same apostle made him bishop and sent him to the pagan town of Skepseis. There he destroyed the temple of Apollo and baptized the local ruler. He was martyred in that town and buried with reverence by his church.

**September 13
On a Sunday**

Troparion: *Prescribed Resurrection Tone*

Troparion of the Dedication - Tone 4:

Lord, Life, and Re-sur-rec-tion of All, you showed the beauty of the holy dwelling-
place of your glo - ry on earth like the splen-dor of the fir - ma-ment on high.
Make it stand firm for-ev - er. Through the The - o - to - kos, ac-cept our pray'rs



which we unceasingly of-fer to you with-in it.

Troparion of the Pre-feast - Tone 4:



Lord, we of - fer to you in in - ter - ces - sion the good-ness of your



life - cre - at - ing cross which you gave to us, your unwor - thy peo - ple.



Save our na-tion and your Church which im-plores you through the The-o-to - kos.



For you a - lone love us all.

Kontakion of the Pre-feast - Tone 8:



To - day the sav - ing wood shines forth from the bo - som of the earth. It is

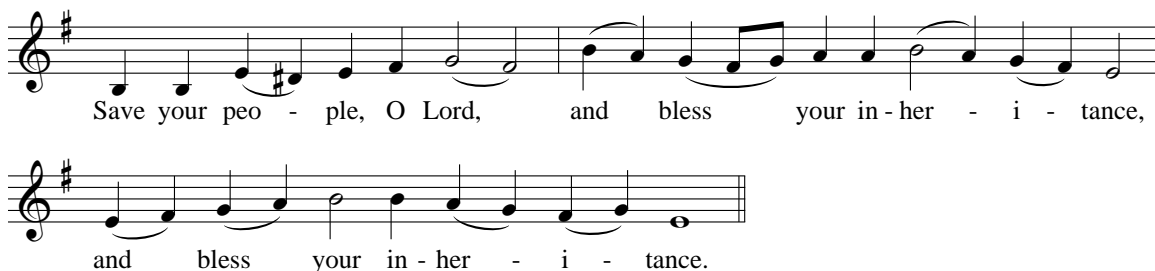


rev - er - ently lifted up in the church by the hands of the bish - op. The whole



world prostrates and kiss-es it with awe. Save us through your cross, O Lord.

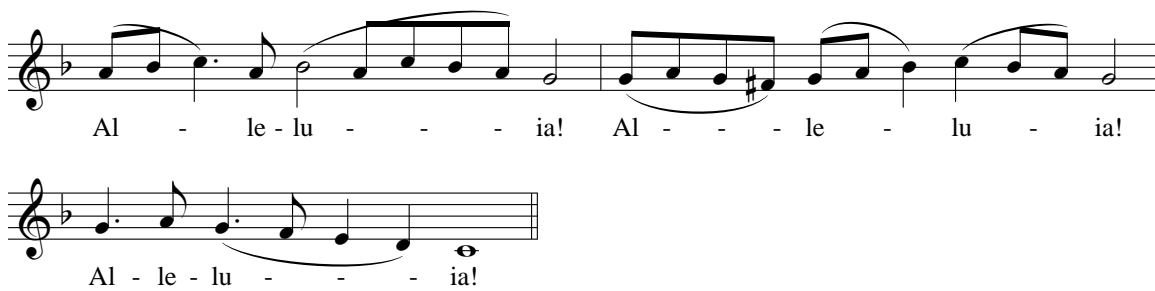
Prokeimenon – Tone 6 (Psalm 27:9,1):



Save your peo - ple, O Lord, and bless your in - her - i - tance,
and bless your in - her - i - tance.

Verse: To you, O Lord, I cry out: My God, be not silent to me.

Alleluia - Tone 1 (Psalm 88:20-22):



Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: I have exalted one chosen from my people and with my holy oil I have anointed him.

Verse: My hand shall protect him and my arm shall make him strong.

Communion Hymn: For Sunday

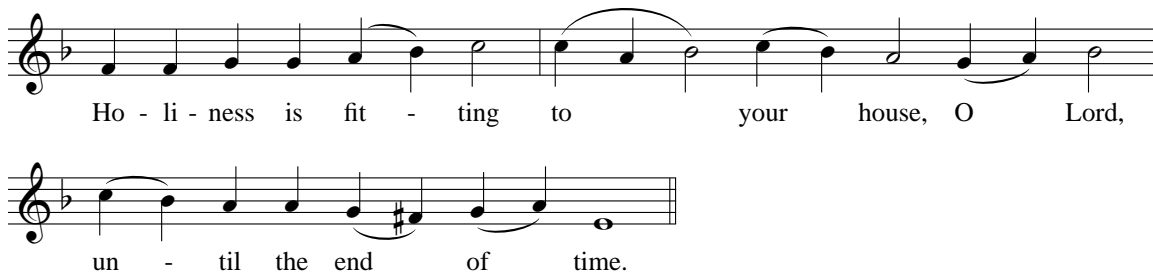
September 13
On a day other than a Sunday

Troparion of the Dedication - Tone 4 (music found on page 42)

Troparion of the Pre-feast - Tone 4 (music found on page 43)

Kontakion of the Pre-feast - Tone 8 (music found on page 43)

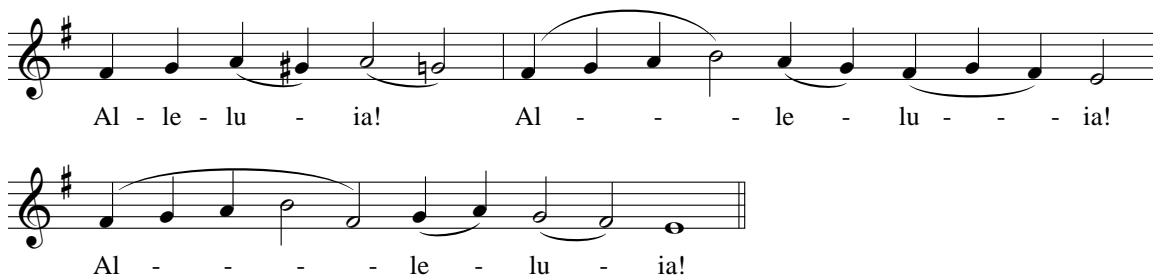
Prokeimenon - Tone 4 (Psalm 92:5,1):



Ho - li - ness is fit - ting to your house, O Lord,
un - til the end of time.

Verse: The Lord reigns, he is clothed in majesty; robed is the Lord and girt about with strength.

Alleluia - Tone 2 (Psalm 86:1-3):

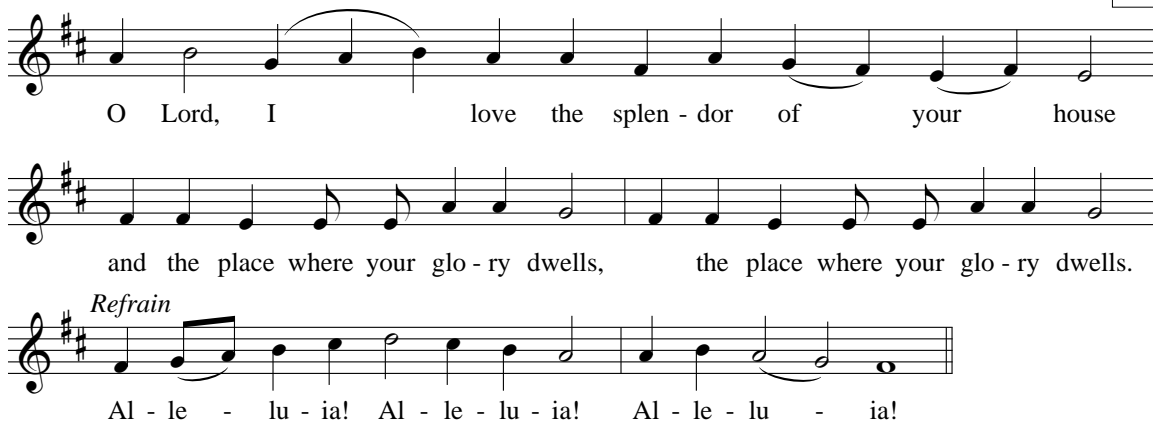


Al - le - lu - ia! Al - - - le - lu - - - ia!
Al - - - - le - lu - ia!

Verse: On the holy mountain is his city cherished by the Lord.
The Lord prefers the gates of Zion to all Jacob's dwellings.
Verse: Of you are told glorious things, O City of God.

Communion Hymn (Psalm 25:8):

A



O Lord, I love the splen - dor of your house
and the place where your glo - ry dwells, the place where your glo - ry dwells.
Refrain
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

14 THE EXALTATION OF THE PRECIOUS, HOLY, AND LIFE-CREATING CROSS, which is exalted and honored the day after the dedication of the basilica of the Resurrection built over the tomb of Christ, just as the trophy and sign of his paschal victory would appear in heaven, at last foretelling his second advent to all.

The passing of our holy father John Chrysostom, archbishop of Constantinople, whose feast is kept on the thirteenth of November.

First Antiphon (Psalm 21:2): *Only one verse and the "Glory/now and ever" are required.*



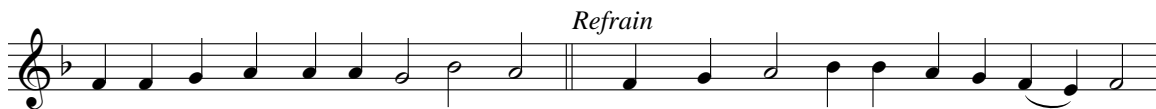
My God, my God, hear me; why have you for-sak-en me? Far from my salvation



are the words of my trans-gres - sions. Through the pray'rs of the The-o - to - kos,



O Sav-ior, save us. O my, God, I call by day and you give no re - ply;



I call by night and I find no peace. Through the pray'rs of the The-o - to - kos,



O Sav-ior, save us. Yet you, O God, are enthroned in the ho - ly place,



O Glo-ry of Is - ra - el. Through the pray'rs of the The - o - to - kos,



O Sav-ior, save us. Glo - ry to the Father, and to the Son, and to the Ho-ly



Spir - it, now and ev - er and for - ev - er. A - men. Through the pray'rs



of the The - o - to - kos, O Sav - ior, save us.

Second Antiphon (Psalm 73:1): *Only one verse is required.*



Why, O God, have you cast us off for-ev - er? Why does your an - ger smoulder



against the sheep of your pas - ture? O Son of God, cru-ci-fied in the flesh,



save us who sing to you: Al - le - lu - - - ia! Re - mem - ber your



flock whom you built up long a - go, whom you re-deemed as your in - her - i - tance.



O Son of God, cru - ci - fied in the flesh, save us who sing to you:



Al - le - lu - - - ia! Re - mem - ber Mount Zi - on where you made your



dwell - ing. O Son of God, cru - ci - fied in the flesh,



save us who sing to you: Al - le - lu - - - ia!

Third Antiphon - Tone 1 Troparion (Psalm 98:1): Only one verse is required.

The Lord is King; let the peo - ples rage. He is en - throned
up - on the Cher - u - bim; let the earth quake.

Refrain: Troparion - Tone 1:

Save your peo - ple, O Lord, and bless your in - her - i - tance. Grant vic - to - ry
to your Church o - ver e - vil, and pro - tect your peo - ple by your cross.

Verse:

The Lord is great in Zi - on, he is su - preme o - ver the peo - ple.

The Troparion is repeated

Verse:

Let them praise your mag - ni - fi - cent name; it is awe - some and ho - ly.

The Troparion is repeated

Entrance Hymn - Tone 1 Troparion (Psalm 98:5):

Ex - alt the Lord, our God, and wor - ship at his foot - stool;

for he is ho - ly.

Troparion - (Tone 1) (music found on page 50)

Kontakion - Tone 4:

Christ our God, who were willingly raised up - on the cross, grant your mercies to

the new peo - ple who bear your name. By your pow - er grant joy to the Church.

Give her vic - to - ry o - ver e - vil with your in - vin - cible tro-phy,

the weap - on of peace, as an al - ly.

Instead of "Holy God:"

We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1):

Ex - alt the Lord, the Lord our God and wor - ship at his foot - stool;

for he is ho - ly, for he is ho - ly.

Verse: The Lord is King; let the peoples rage.

Alleluia - Tone 1 (Psalm 73:2,12):

Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

Verse: Remember your flock which you acquired long ago.

Verse: God is our King from all ages; he has accomplished salvation in the middle of the earth.

Instead of "It is truly proper . . ."

Magnification:

Tone 6 Irmos, simple setting

Ex - tol, ex - tol, O my soul, O my soul,

the most pre - cious cross of the Lord.

Irmos:

You are a mystical paradise, O The-o-to-kos; Christ has blos-somed forth from

you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth.

As we now ex - alt the cross and bow be-fore it, we pro-claim

your great - - - ness.

Or this melody:

Irmos

Tone 8 samopodoben

You are a mys-tic-al par-a - dise, O The-o-to - kos; Christ has
blos - somed forth from you with-out till - ing.
He plant - ed the life - bearing tree of the cross on the earth.
As we now ex-alt the cross and bow be-fore it,
we pro - claim your great - - ness.

Communion Hymn (Psalm 4:7):

A

We have been signed, O Lord, with the light of your face.
We have been signed, O Lord, with the light of your face.
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS
On the Sunday from September 15 to 21

First Antiphon (Psalm 21:2) (*music found on page 46*)

Second Antiphon (Psalm 73:1): (*music found on page 47*)

Post-festive Third Antiphon (Psalm 94:1): *Only one verse is required.*



Come, let us sing joyfully to the Lord; let us acclaim God our Sav - ior.



O Son of God, cru - ci - fied in the flesh, save us who sing to you:



Al - le - lu - - - ia! Let us come be - fore him, giv - ing thanks,



with songs let us praise the Lord. O Son of God, cru - ci - fied in the flesh,



save us who sing to you: Al - le - lu - - - ia!



For the Lord is a great God and a great King o - ver all the earth.



O Son of God, cru - ci - fied in the flesh, save us who sing to you:



Al - le - lu - - - ia! In his hands are the ends of the earth,

the heights of the mountains are his. O Son of God, cru-ci-fied in the flesh,
 save us who sing to you: Al - le - lu - - - ia!
 To him belongs the sea, for he made it, and the dry land, shaped by his hands.
 O Son of God, cru - ci - fied in the flesh, save us who sing to you:
 Al - le - lu - - - ia!

Post-festive Entrance Hymn (Psalm 94:6):

Come, let us wor - ship and bow be - fore Christ. O Son of God,
 cru - cified in the flesh, save us who sing to you: Al - le - lu - - ia!

Troparion - Prescribed Resurrection Tone

Troparion of the Cross - Tone 1: (music found on page 48)

Kontakion of the Cross - Tone 4: (music found on page 49)

Instead of "Holy God":

We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1) *(music found on page 49)*

Alleluia - Tone 1 (Psalm 73:2,12) *(music found on page 50)*

Instead of "It is truly proper . . ."

Magnification and Irmos: *(music found on page 50)*

Communion Hymns:

For Sunday, the usual Communion Hymn is (Psalm 148:1)

And for the Cross, the Communion Hymn is (Psalm 4:7) (music found on page 51)

15 Postfestive day of the Exaltation of the Cross

The holy great martyr Nicetas the Goth on the banks of the Danube. He was ordered to be burned to death by Athanaricus the Arian king because of his Catholic faith. (372)

First Antiphon (Psalm 21:2) *(music found on page 46)*

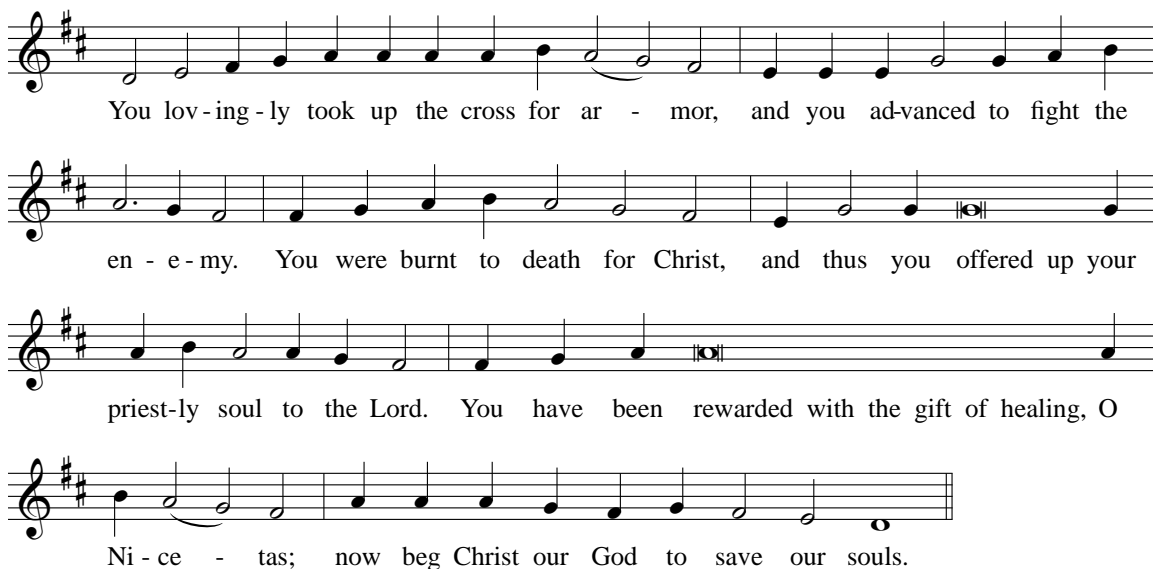
Second Antiphon (Psalm 73:1) *(music found on page 47)*

Post-festive Third Antiphon (Psalm 94:1) *(music found on page 52)*

Post-festive Entrance Hymn (Psalm 94:6) *(music found on page 53)*

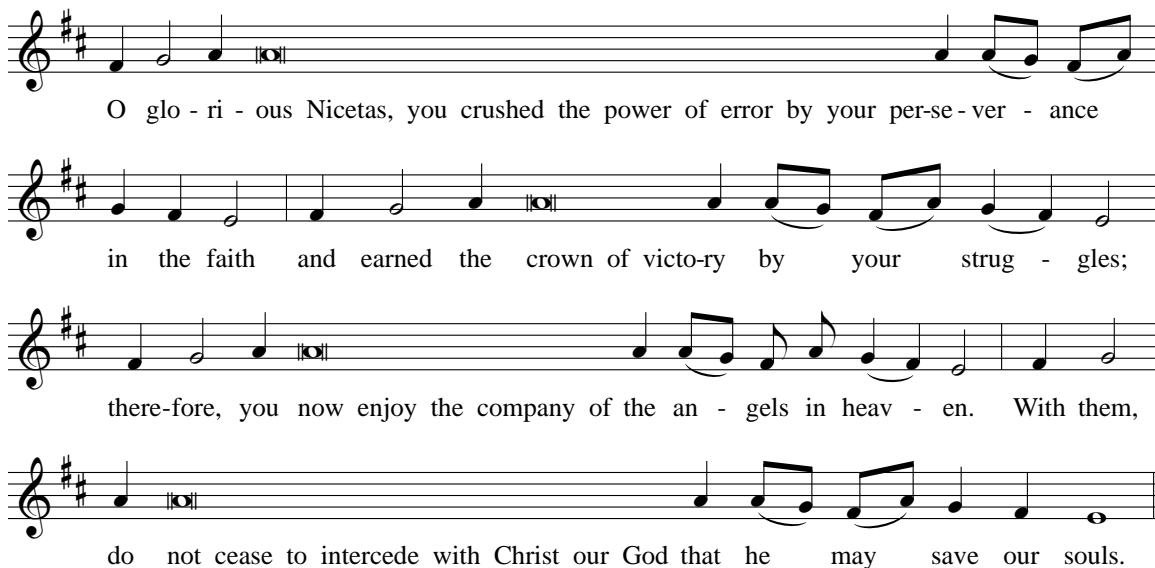
Troparion of the Cross - Tone 1 *(music found on page 48)*

Troparion of Nicetas - Tone 4



You lov - ing - ly took up the cross for ar - mor, and you ad - vanced to fight the
en - e - my. You were burnt to death for Christ, and thus you offered up your
priest - ly soul to the Lord. You have been rewarded with the gift of healing, O
Ni - ce - tas; now beg Christ our God to save our souls.

Kontakion of Nicetas - Tone 2



O glo - ri - ous Nicetas, you crushed the power of error by your per-se-ver - ance
in the faith and earned the crown of victo-ry by your strug - gles;
there-fore, you now enjoy the company of the an - gels in heav - en. With them,
do not cease to intercede with Christ our God that he may save our souls.

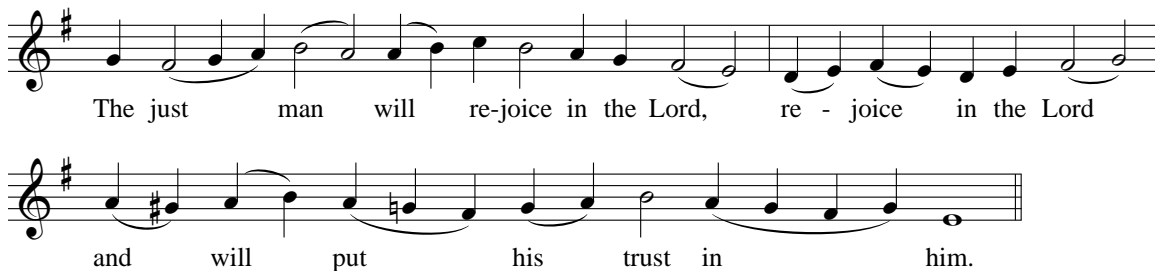
Kontakion of the Cross - Tone 4 (music found on page 49)

Instead of "Holy God":
We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1) (music found on page 49)

Immediately after the verse:

Prokeimenon of a Martyr - Tone 7 (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joyce in the Lord
and will put his trust in him.

Alleluia of the Cross - Tone 1 (Psalm 73:2,12) (music found on page 50)

After the second verse:

Alleluia of a Martyr - Tone 4 (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: The just man will flourish like the palm tree and grow like a cedar of Lebanon.

Instead of "It is truly proper . . ."

Magnification and Irmos (music found on page 50)

Communion Hymn of the Cross (Psalm 4:7) (music found on page 52)

Communion Hymn of a Martyr (Psalm 111:6,7):

A



The just man will be re-mem-bered for-ev - er; e - vil news he



will not fear, e - vil news he will not fear. *Refrain* Al - le - lu - ia! Al - le - lu - ia!



Al - le - lu - ia!

16 Postfestive day of the Exaltation of the Cross

The holy great martyr Euphemia at Chalcedon in Bithynia. It is related that she was handed over to the beasts after various tortures under Diocletian the emperor and Priscus the proconsul. She is also commemorated on July 11. (303)

First Antiphon (Psalm 21:2) (music found on page 46)

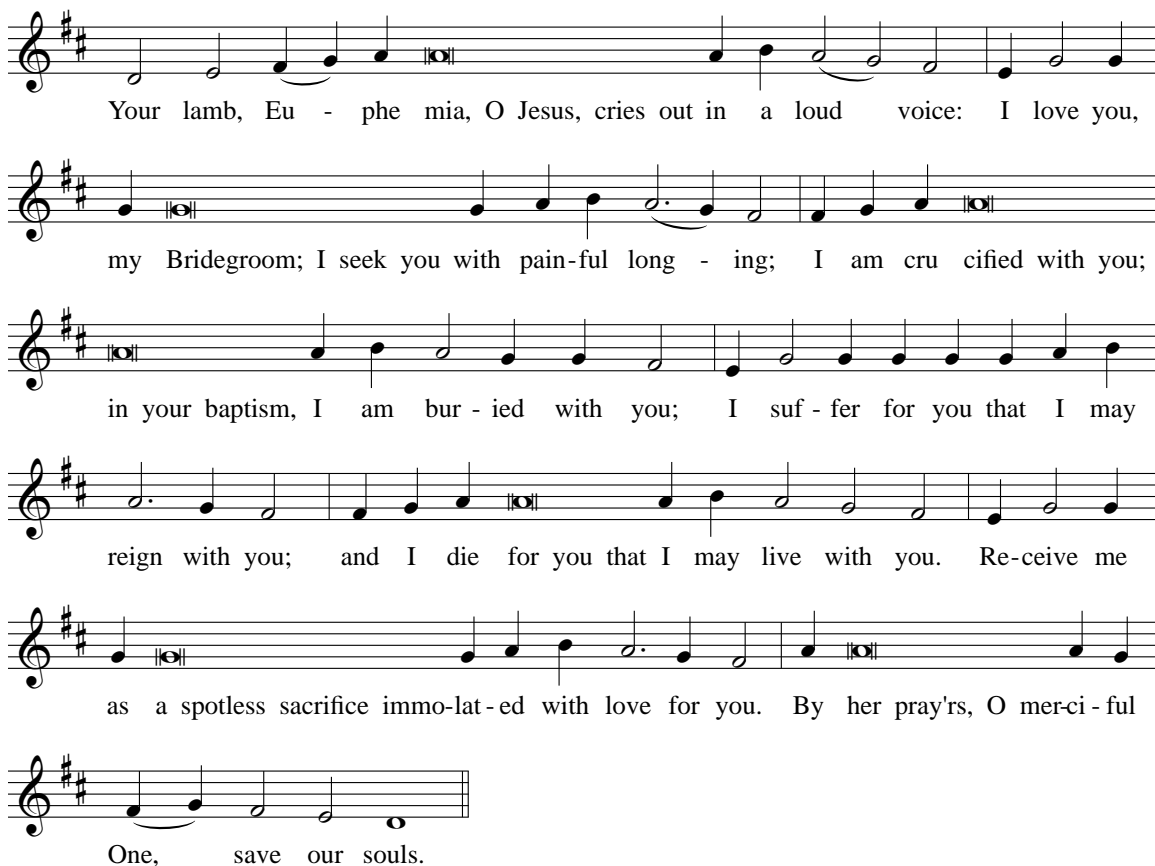
Second Antiphon (Psalm 73:1) (music found on page 47)

Post-festive Third Antiphon (Psalm 94:1) (music found on page 52)

Post-festive Entrance Hymn (Psalm 94:6) (music found on page 53)

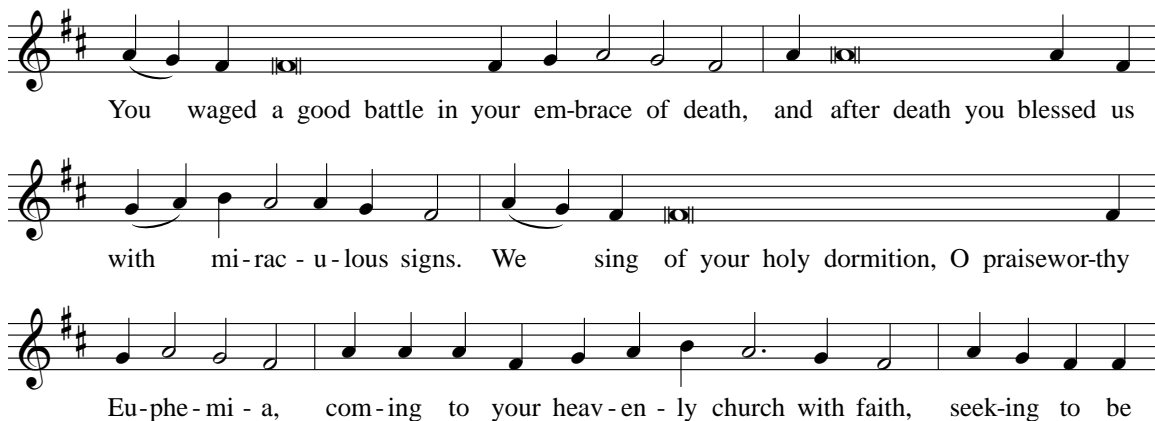
Troparion of the Cross - Tone 1 (music found on page 48)

Troparion of Euphemia - Tone 4



Your lamb, Eu - phe mia, O Jesus, cries out in a loud voice: I love you,
my Bridegroom; I seek you with pain-ful long - ing; I am cru cified with you;
in your baptism, I am bur - ied with you; I suf - fer for you that I may
reign with you; and I die for you that I may live with you. Re-ceive me
as a spotless sacrifice immo-lat-ed with love for you. By her pray'rs, O mer-ci - ful
One, save our souls.

Kontakion of Euphemia - Tone 4



You waged a good battle in your em-brace of death, and after death you blessed us
with mi-rac - u - lous signs. We sing of your holy dormition, O praiseworthy
Eu-phe-mi - a, com-ing to your heav-en - ly church with faith, seek-ing to be

saved from spir - it - ual ills and to ob - tain the grace of your mir - a - cles.

Kontakion of the Cross - Tone 4 (music found on page 49)

Instead of "Holy God":
We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1) (music found on page 49)

Immediately after the verse:
Prokeimenon of a Woman Martyr - Tone 4 (Psalm 67:36,27):

God is won - drous in his saints, the God of Is - ra - el,
the God of Is - ra - el.

Alleluia of the Cross - Tone 1 (Psalm 73:2,12) (music found on page 50)

After the second verse:
Alleluia of a Woman Martyr - Tone 1 (Psalm 39:2,3):

Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: I have waited, waited for the Lord, and he stooped toward me and heard my cry.

Instead of "It is truly proper . . ."
Magnification and Irmos (music found on page 50)

Communion Hymn of the Cross (Psalm 4:7) (music found on page 52)

Communion Hymn of a Woman Martyr (Psalm 32:1):

A



Re-joice in the Lord, you right-eous ones; praise from the up-right is fit-ting.



praise from the up-right is fit-ting. *Refrain* Al-le - lu-ia! Al-le - lu-ia! Al-le - lu - ia!

17 Postfestive day of the Exaltation of the Cross

The holy martyr Sophia (Wisdom) and her three children, Faith, Hope, and Charity. They lived and suffered in Rome in the time of the emperor Hadrian. For refusing to sacrifice to the goddess Artemis, he had them put to death. (c.137)

First Antiphon (Psalm 21:2) (*music found on page 46*)

Second Antiphon (Psalm 73:1) (*music found on page 47*)

Post-festive Third Antiphon (Psalm 94:1) (*music found on page 52*)

Post-festive Entrance Hymn (Psalm 94:6) (*music found on page 53*)

Troparion of the Cross - Tone 1 (*music found on page 48*)

Troparion of the Martyrs - Tone 4



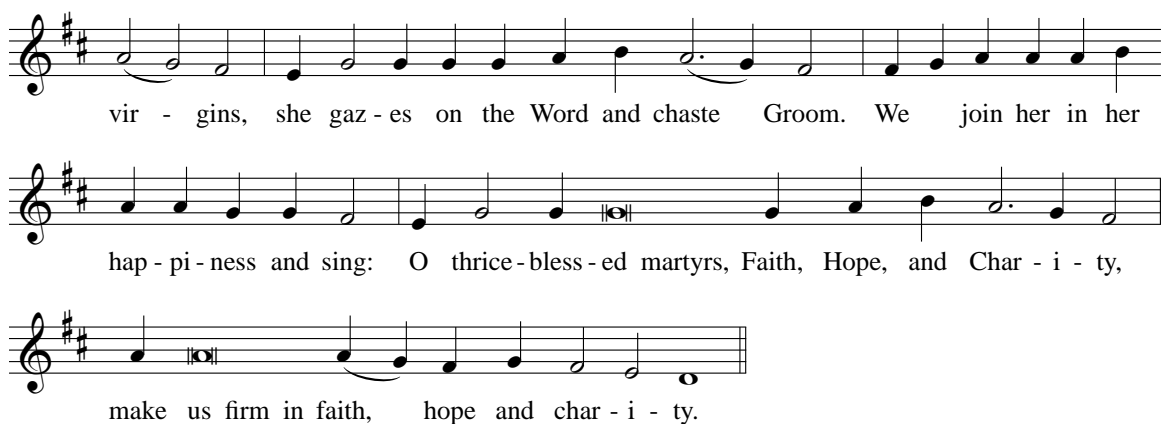
The Church cel-e-brates and is tru-ly hap - py o-ver the new-ly born children and



their ra-diant moth - er. Named af-ter Wis-dom, she gave birth to three Chil - dren

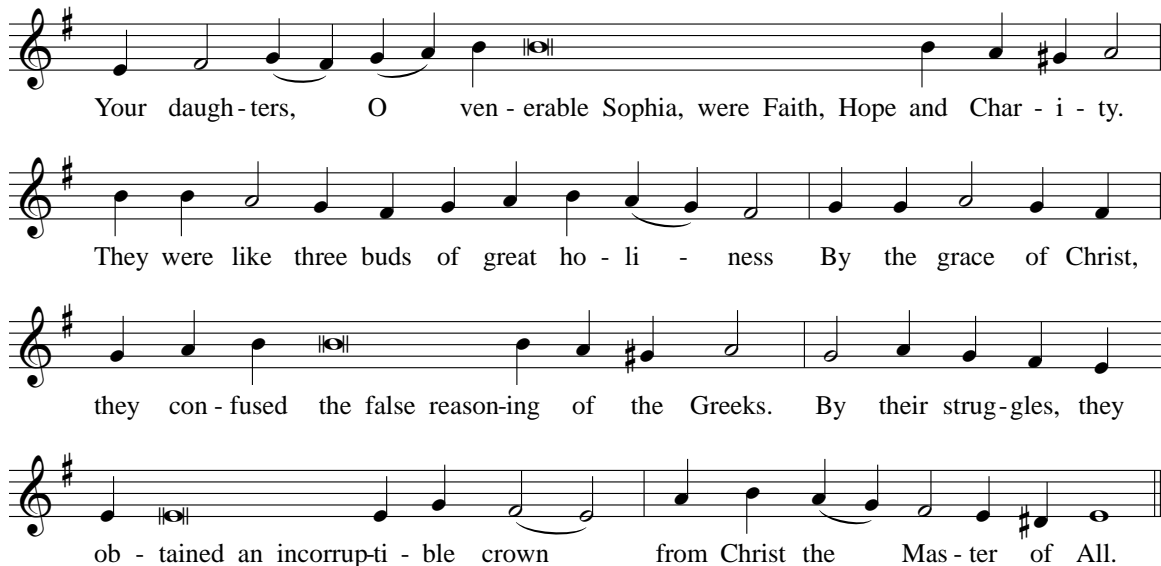


e - qual to the three theo-log - i - cal vir - tues. In the com - pany of these wise



vir - gins, she gaz - es on the Word and chaste Groom. We join her in her
 hap - pi - ness and sing: O thrice - bless - ed martyrs, Faith, Hope, and Char - i - ty,
 make us firm in faith, hope and char - i - ty.

Kontakion of the Martyrs - Tone 1



Your daugh - ters, O ven - erable Sophia, were Faith, Hope and Char - i - ty.
 They were like three buds of great ho - li - ness By the grace of Christ,
 they con - fused the false reason - ing of the Greeks. By their strug - gles, they
 ob - tained an incorrup - ti - ble crown from Christ the Mas - ter of All.

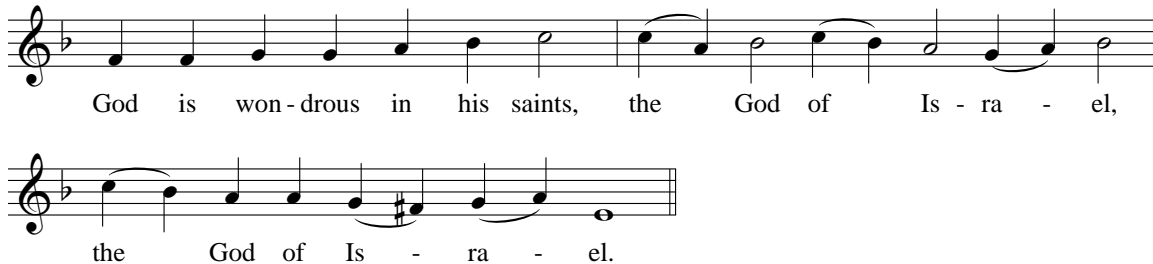
Kontakion of the Cross - Tone 4 (music found on page 49)

Instead of "Holy God":
 We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1) (music found on page 49)

Immediately after the verse:

Prokeimenon of the Martyrs - Tone 4 (Psalm 67:36,27):



God is won-drous in his saints, the God of Is - ra - el,
the God of Is - ra - el.

Alleluia of the Cross - Tone 1 (Psalm 73:2,12) (music found on page 50)

After the second verse:

Alleluia of the Martyrs - Tone 4 (Psalm 33:18,20):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: When the righteous cried out, the Lord heard; and from all distress he saved them.

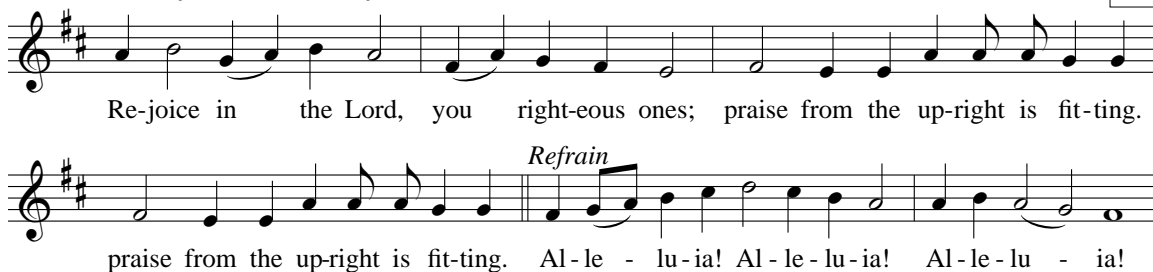
Instead of "It is truly proper . . ."

Magnification and Irmos (music found on page 50)

Communion Hymn of the Cross - (Psalm 4:7) (music found on page 52)

Communion Hymn of the Martyrs (Psalm 32:1):

A



Re-joice in the Lord, you right-eous ones; praise from the up-right is fit-ting.
praise from the up-right is fit-ting. *Refrain* Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

18 Postfestive day of the Exaltation of the Cross

Our venerable father Eumenius the Wonder-worker, bishop of Gortyna in Crete. He gave himself with his whole heart to Christ from his youth. He gave all he owned to the poor, and kept a very ascetic life of fasting and vigils. Seeing his virtue, the people of Gortyna chose him to be their bishop. He was father to the poor, consolation to the sad, healing to the sick, and a shepherd to his flock. He traveled to visit the desert fathers in the Thebaid, where he died. (7th century)

First Antiphon (Psalm 21:2) (*music found on page 46*)

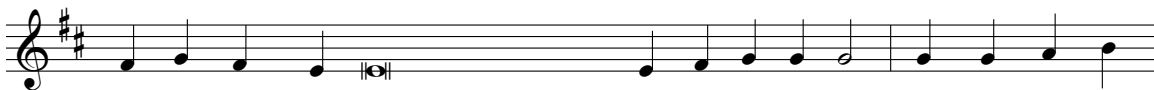
Second Antiphon (Psalm 73:1) (*music found on page 47*)

Post-festive Third Antiphon (Psalm 94:1) (*music found on page 52*)

Post-festive Entrance Hymn (Psalm 94:6) (*music found on page 53*)

Troparion of the Cross - Tone 1 (*music found on page 48*)

Troparion of Eumenius - Tone 7



You en-riched your life with fasting, O fa-ther Eu-me-ni-us. You loved the poor



and gave them all you had. You were bright-er than the sun in vir-tue,



cheer-ing the sad and com-fort-ing the mourn-ing By vir-tue



of these riches and by your pray'rs, now beg Christ to for-give our sins.

Kontakion of Eumenius - Tone 2



Il-lu-mined by the Divine Light, O bless-ed Eu-me-ni-us, en-light-en



us who sing of your glo-ri-ous and ho-ly death. O fa-ther and bishop Eumenius,



pray un - ceas-ing - ly for all of us.

Kontakion of the Cross - Tone 4: (*music found on page 49*)

Instead of "Holy God":

We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1) (*music found on page 49*)

Immediately after the verse:

Prokeimenon of a Venerable - Tone 7 (Psalm 115:6,3):



Pre-cious in the eyes, in the eyes of the Lord is the death



of his faith-ful, is the death of his faith - - - ful.

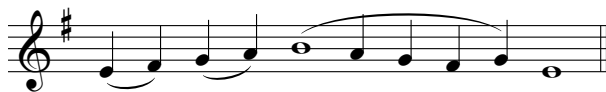
Alleluia of the Cross - Tone 1 (Psalm 73:2,12) (*music found on page 50*)

After the second verse:

Alleluia - Tone 6 (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - le - lu - - - ia!



Al - le - lu - - - ia!

Verse: Happy the man who fears the Lord and greatly delights in his commands.

Instead of “It is truly proper . . .”

Magnification and Irmos (music found on page 50)

Communion Hymn of the Cross (Psalm 4:7) (music found on page 52)

Communion Hymn of a Venerable (Psalm 32:1):

A

The just man will be re-mem-bered for-ev - er; e - vil news he

will not fear, e - vil news he will not fear. *Refrain* Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia!

19 Postfestive day of the Exaltation of the Cross

The holy martyrs Trophimus, Sabbatius, and Dorymedont, who died for the faith in Phrygia during the reign of the emperor Probus. (c. 227)

First Antiphon (Psalm 21:2) (music found on page 46)

Second Antiphon (Psalm 73:1) (music found on page 47)

Post-festive Third Antiphon (Psalm 94:1) (music found on page 52)

Post-festive Entrance Hymn (Psalm 94:6) (music found on page 53)

Troparion of the Cross - Tone 1 (music found on page 48)

Troparion of the Martyrs - Tone 8

God is praised in the Ho - ly Trin - i - ty, and he prais-es the three mar-tyrs,

Tro-phi-nus, Sab - ba - ti - us and Do - ry - me-dont. By their faith, they

con-quer-ed the en - e - my. By their pray'rs, have mer - cy on us,
 O Christ our God.

Kontakion of the Martyrs - Tone 8

You are brave and blest, O wise Tro-phi-mus. The Church praises and honors your
 ra-diant pas - sion as a sup-port for martyrs and a strong-hold of vir - tue.
 A - long with your suffering compan-ions, O praise - wor - thy saint, ob - tain
 pu - rification for those who sing to you be-cause you are in - vin - ci - ble.

Kontakion of the Cross - Tone 4: (music found on page 49)

Instead of "Holy God":
 We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1) (music found on page 49)

Immediately after the verse:

Prokeimenon of the Martyrs - Tone 4 (Psalm 67:36,27):

God is won-drous in his saints, the God of Is - ra - el,



Alleluia of the Cross - Tone 1 (Psalm 73:2,12) (*music found on page 50*)

After the second verse:

Alleluia of the Martyrs - Tone 4 (Psalm 33:18,20):



Verse: When the righteous cried out, the Lord heard; and from all distress he saved them.

Instead of "It is truly proper . . ."

Magnification and Irmos (*music found on page 50*)

Communion Hymn of the Cross (Psalm 4:7) (*music found on page 52*)

Communion Hymn of the Martyrs (Psalm 32:1):

A



20 Postfestive day of the Exaltation of the Cross

The holy martyr Eustace and his companions. Eustace was a Roman military leader in the time of the emperors Titus and Trajan. He was a righteous and merciful pagan. One day while hunting, he found a stag. In the stag's antlers, a cross appeared, and Eustace heard a voice telling him to find a Christian priest and be baptized. He and his whole family were baptized, and then left Rome for Egypt. Eustace was called back into service by Trajan during the barbarian invasions. After defeating the enemy, Eustace was arrested by the new emperor Hadrian for being a Christian. He was killed with his entire family. (118)

The holy martyrs and confessors, the Great Prince Michael, and his counselor Theodore, Wonderworkers of Chernigov. Prince Michael went to the Tartar horde with his counselor Theodore at the invitation of the Tartar ruler. When they refused to worship the idols upon their arrival, they were beheaded. Their relics are preserved in the Church of the Archangel in Moscow. (1244)

First Antiphon (Psalm 21:2) *(music found on page 46)*

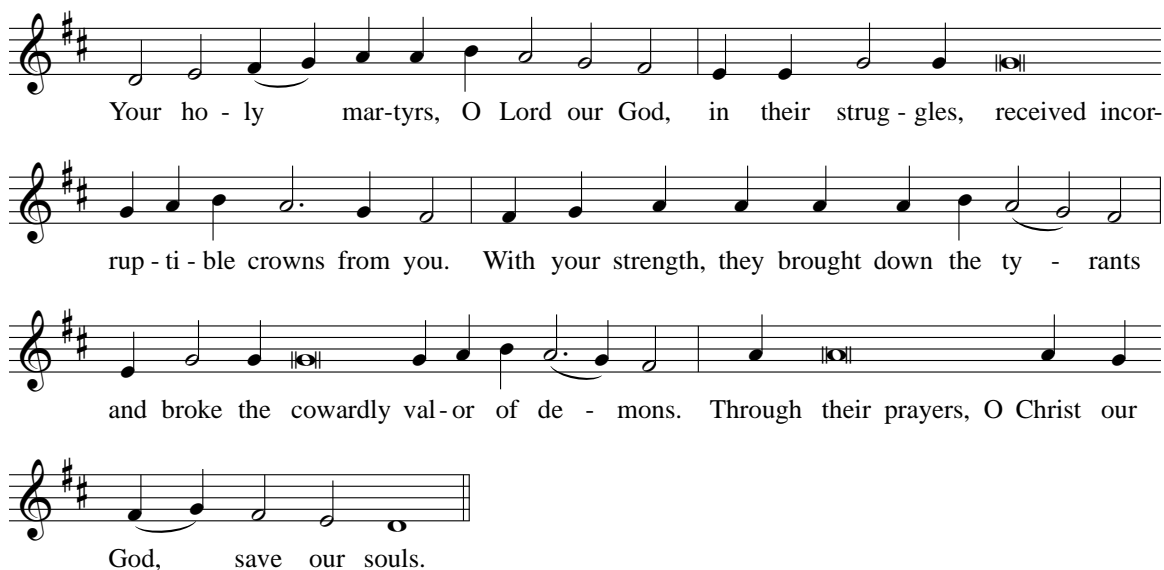
Second Antiphon (Psalm 73:1) *(music found on page 47)*

Post-festive Third Antiphon (Psalm 94:1) *(music found on page 52)*

Post-festive Entrance Hymn (Psalm 94:6) *(music found on page 53)*

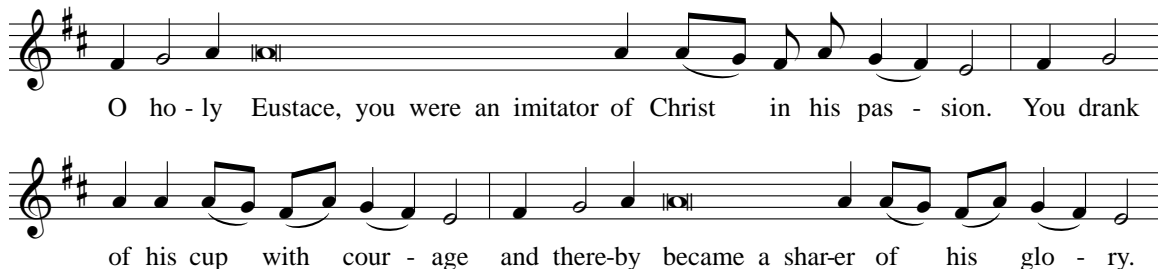
Troparion of the Cross - Tone 1 *(music found on page 48)*

Troparion of the Martyrs - Tone 4



Your ho - ly mar - tyrs, O Lord our God, in their strug - gles, received incor -
rup - ti - ble crowns from you. With your strength, they brought down the ty - rants
and broke the cowardly val - or of de - mons. Through their prayers, O Christ our
God, save our souls.

Kontakion of Eustace - Tone 4



O ho - ly Eustace, you were an imitator of Christ in his pas - sion. You drank
of his cup with cour - age and there - by became a shar - er of his glo - ry.



There-fore the God of All grant-ed you di-vine pow-er to work won - ders.

Kontakion of Michael and Theodore - Tone 8



You came to realize the void of earth-ly glo-ry and spurned it for its emp-ty show.



You preached the Trinity to the insid-i - ous tor - men - tor, O long-suf - fer - ing



Mi-chael and brave The - o - dore. Pray now be - fore the king of powers to preserve



your land in - vi - o - late, and for this we will venerate you un - ceas - ing - ly.

Kontakion of the Cross - Tone 4 (music found on page 49)

Instead of "Holy God":

We bow to your cross, O Lord...

Prokeimenon - Tone 7 (Psalm 98:5,1) (music found on page 49)

Immediately after the verse:

Prokeimenon of the Martyrs - Tone 4 (Psalm 67:36,27)



God is won-drous in his saints, the God of Is - ra - el,



the God of Is - ra - el.

Alleluia of the Cross - Tone 1 (Psalm 73:2,12) (*music found on page 50*)

After the second verse:

Alleluia of the Martyrs - Tone 4 (Psalm 33:18,20):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: When the righteous cried out, the Lord heard; and from all distress he saved them.


Instead of "It is truly proper . . ."

Magnification and Irmos (*music found on page 50*)

Communion Hymn of the Cross (Psalm 4:7) (*music found on page 52*)

Communion Hymn of the Martyrs (Psalm 32:1):

A



Re-joyce in the Lord, you right-eous ones; praise from the up-right is fit-ting.



Refrain
praise from the up-right is fit-ting. Al-le - lu-ia! Al-le-lu-ia! Al-le-lu - ia!

21 Leave-taking of the Exaltation of the Holy Cross *The service is sung as on September 14, page 47*

Transferred to September 22:

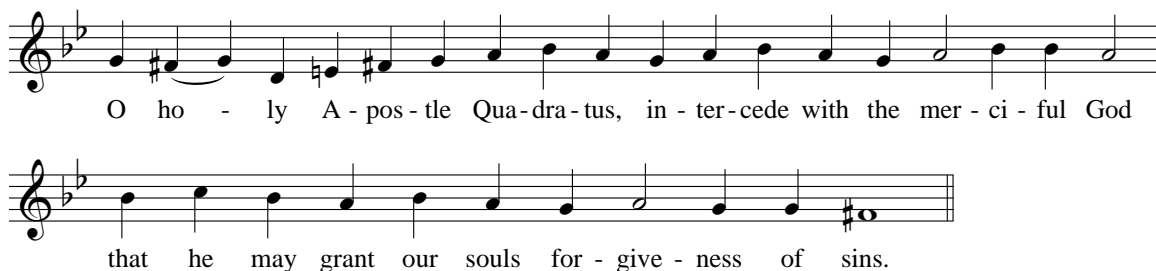
The holy apostle Quadratus of Magnesia in Greece, disciple of the Apostles. It is told that he, by his faith and diligence, gathered together the Church, which had been scattered by terror in the persecution of Hadrian the emperor. He also presented a book in defense of the Christian religion, worthy of the apostolic teaching, to that same emperor. (c. 130)

22 The holy martyr Phocas, bishop of Sinope. As bishop, he strengthened the faithful by his example and words, and brought many pagans to the true faith. The governor of the province had him seized and tortured, and then killed him by throwing him into boiling water. He died during the reign of the emperor Trajan. (103)

The holy prophet Jonah, son of Amathi, by whose name a book of the Old Testament is called. Jonah's famous passage from the belly of the whale is told as a sign of the resurrection of the Lord in the Gospel.

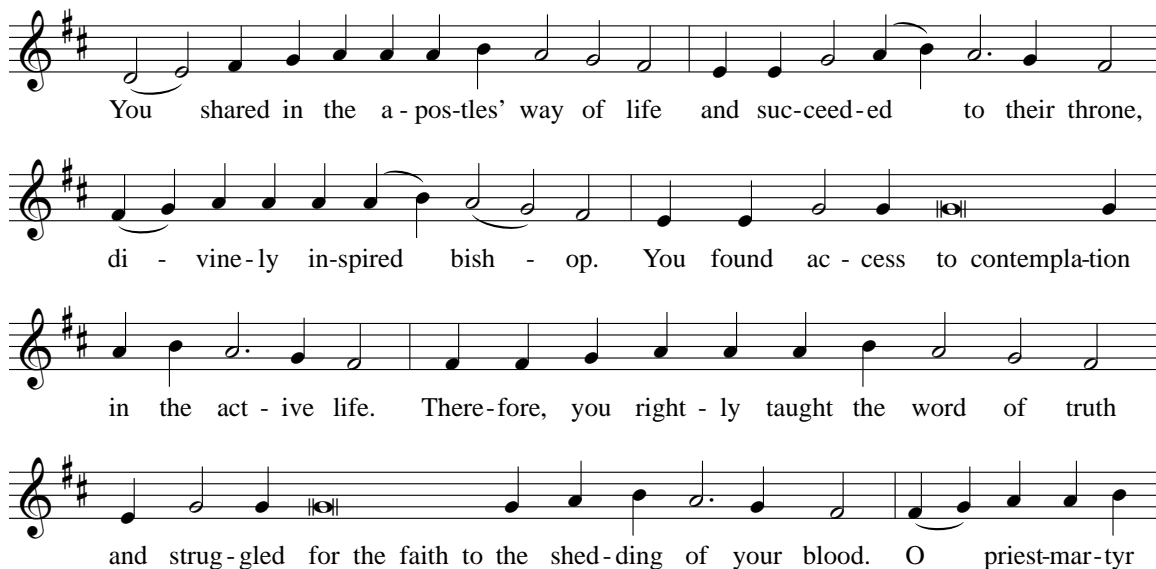
Our venerable Father Jonah the priest, father of Theophane the Hymnographer and Theodore the Artist. He was a wonder-worker who died in the monastery of St. Sabbas the Sanctified. (9th century)

Troparion of Quadratus - Tone 3



O ho - ly A - pos - tle Qua - dra - tus, in - ter - cede with the mer - ci - ful God
 that he may grant our souls for - give - ness of sins.

Troparion of Phocas - Tone 4



You shared in the a - pos - tles' way of life and suc - ceed - ed to their throne,
 di - vine - ly in - spired bish - op. You found ac - cess to con - tem - pla - tion
 in the act - ive life. There - fore, you right - ly taught the word of truth
 and strug - gled for the faith to the shed - ding of your blood. O priest - mar - tyr



Pho - cas, pray to Christ our God to save our souls.

Kontakion of Phocas - Tone 6



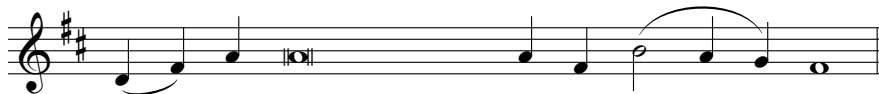
As a bish-op you offered the sacri-fice, O fa - ther, and at the end of your life



you of-fered your-self. You gave wit-ness to Christ be-fore the law, strength-ened



by an-gels and ea-ger for death. Be ev-er with those who sing to you:



Be with us, Phocas and nev-er a-gainst us!

Kontakion of Quadratus - Tone 8



O Lord. the cosmos of-fers you Qua-dra-tus, a pre-cious prince of priests and a

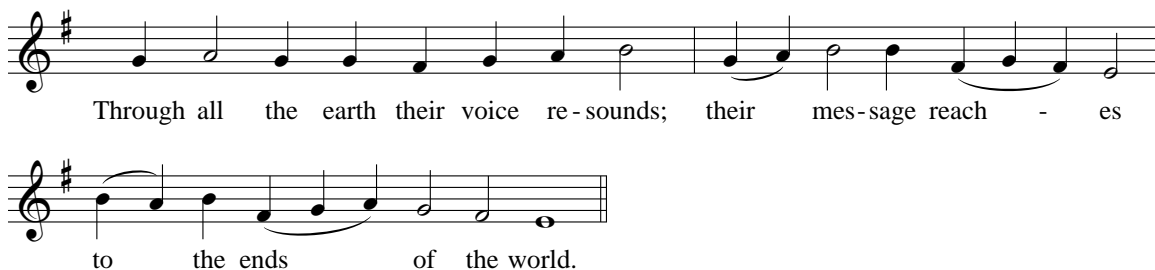


cou-ra-geous bear-er of death. The world hon-ors his mem-o-ry with hymns,



seek-ing ab-so-lu-tion for its sins through his in-ter-ces-sion, O com-pas-sion-ate Lord.

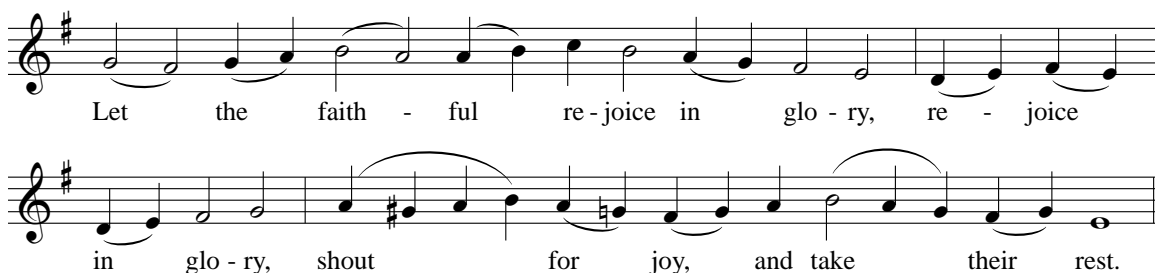
Prokeimenon of an Apostle - Tone 8 (Psalm 18:5,2):



Through all the earth their voice re-sounds; their mes-sage reach - es
to the ends of the world.

Verse: The heavens declare the glory of God, and the firmament proclaims his handiwork.

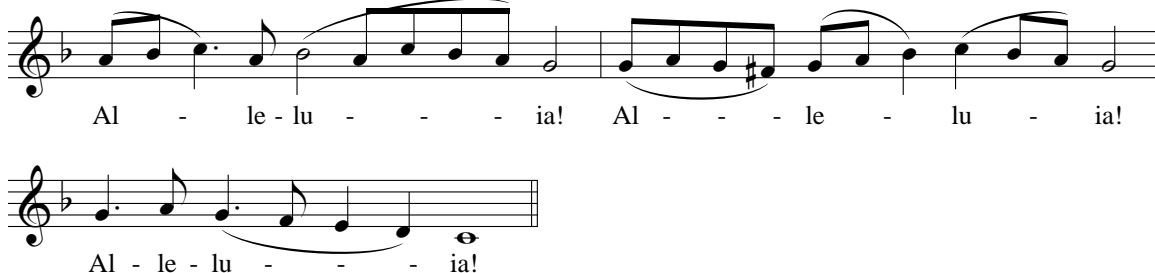
Prokeimenon of a Bishop-Martyr - Tone 7 (Psalm 149:5,1):



Let the faith - ful re-joyce in glo - ry, re - joice
in glo - ry, shout for joy, and take their rest.

Verse: Sing to the Lord a new song of praise in the assembly of the faithful.

Alleluia of an Apostle - Tone 1 (Psalm 88:6,8):



Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

Verse: God is glorified in the council of the holy, great and awesome above all who surround him.

Alleluia of a Bishop-Martyr - Tone 2 (Psalm 131:9,13):



Al - le - lu - ia! Al - - - le - lu - - - ia!

Al - - - - le - lu - ia!

Verse: Your priests will be clothed with righteousness and your saints will rejoice.

Verse: The Lord has chosen Zion; he prefers her for his dwelling.

Communion Hymn of an Apostle (Psalm 18:5):

B

Through all the earth their voice re - sounds;

their mes - sage rea - - - ches to the ends of the world.

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Communion Hymn of a Bishop-Martyr (Psalm 111:6,7):

B

The just man will be re - mem - bered for - e - ver;

e - vil news he will not fear; e - vil news he will not fear.

Refrain

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

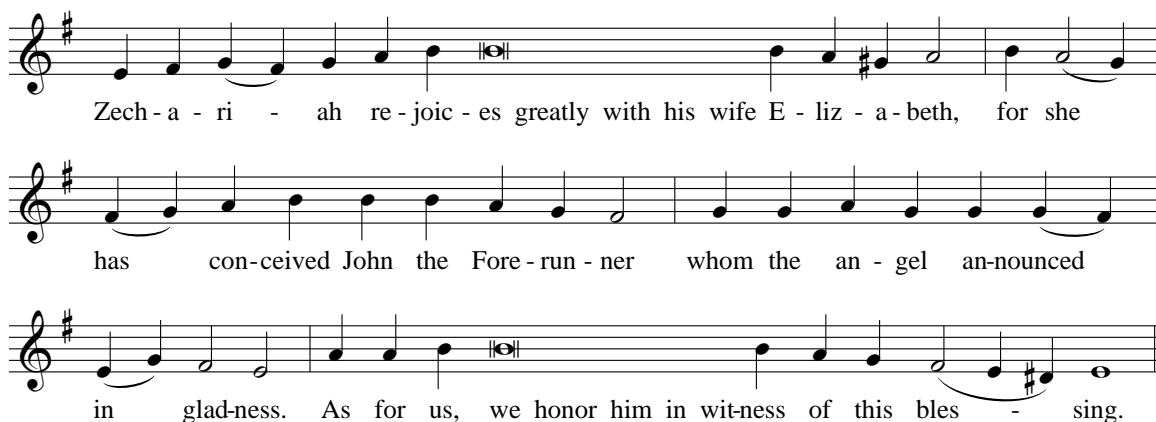
23 The conception of the holy prophet, forerunner, and baptist John. On this day are celebrated God's mercy, his wondrous deeds, and his wisdom. The story of the conception of Saint John is related in the first chapter of the Gospel according to Saint Luke.

Troparion - Tone 4



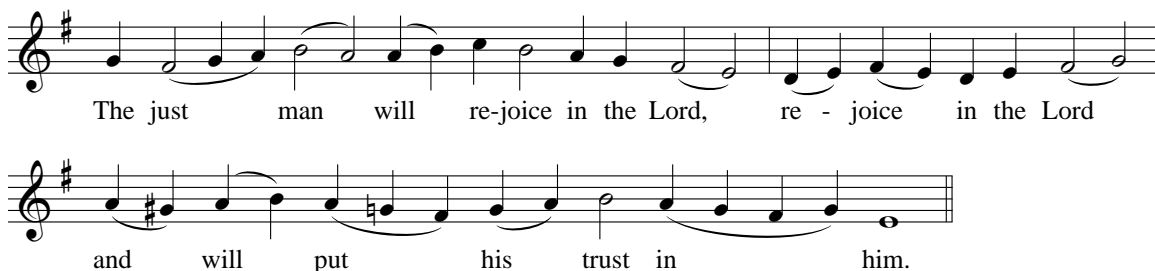
Joy to you, O bar - ren one, un-a - ble to give birth; be - hold, you
 con - ceive today the one who is real - ly a torch of the Sun, who will
 en - light - en the whole world that suf-fers from blind - ness. Re-joyce, O
 Zech - a - ri - ah, and cry out in all con - fi - dence: The one who
 will be born is a proph - et of the Most High!

Kontakion - Tone 1



Zech - a - ri - ah re - joic - es greatly with his wife E - liz - a - beth, for she
 has con - ceived John the Fore - run - ner whom the an - gel an - nounced
 in glad - ness. As for us, we honor him in wit - ness of this bles - sing.

Prokeimenon - Tone 7 (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joice in the Lord
and will put his trust in him.

Verse: Hear my voice, O God, when I pray to you.

Alleluia - Tone 4 (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: The just man will flourish like the palm tree and grow like a cedar of Lebanon.

Verse: Planted in the house of the Lord, he will flourish in the courts of our God.

Communion Hymn (Psalm 111:6,7):

C



The just man will be re - mem - bered for - e - ver;
e - vil news he will not fear, e - vil news he will not fear, he will not fear.

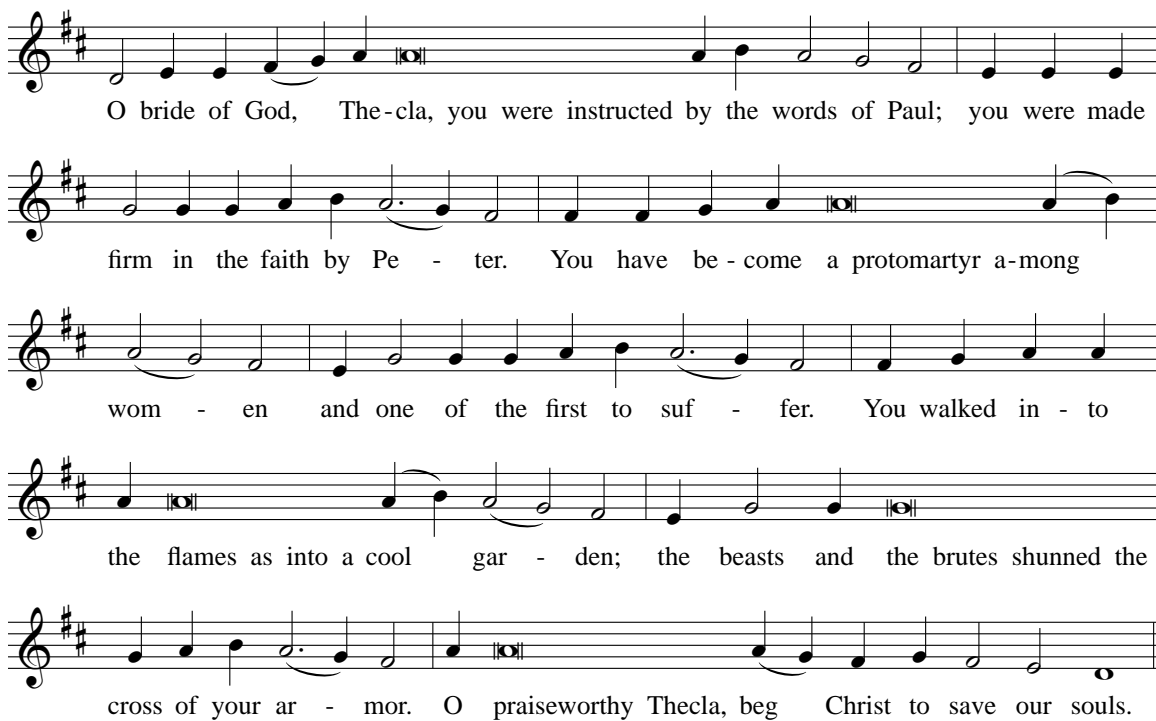
Refrain



Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

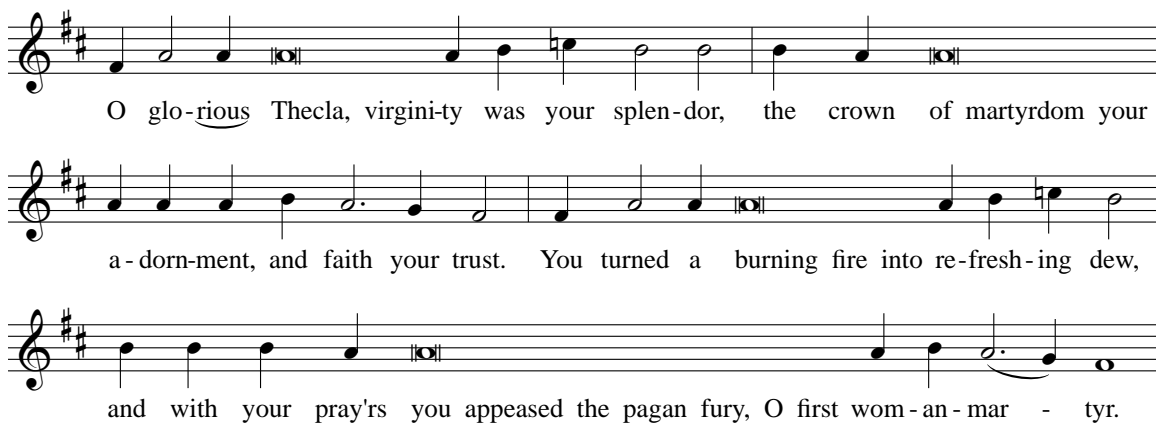
24 The holy martyr, first among women, and equal to the apostles, Thecla, who was converted to the faith by the preaching of the Apostle Paul, when he came to Iconium with Barnabas. Thecla became a follower of the apostle Paul, and went with him to Antioch. She settled in a solitary place near Seleucia, and was martyred by local physicians who were jealous over her gifts of healing. (51)

Troparion - Tone 4



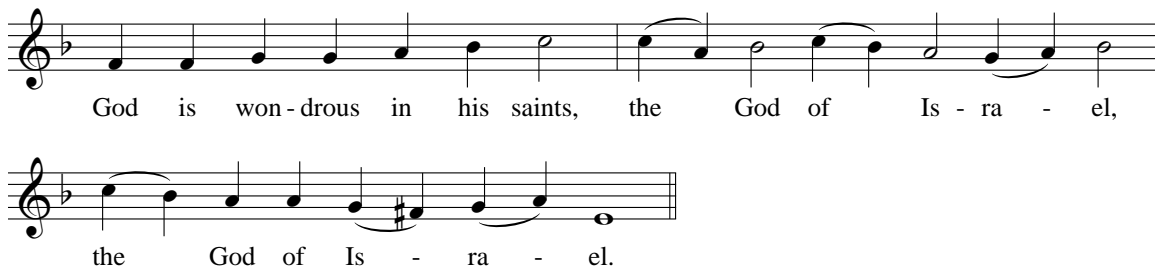
O bride of God, The-cla, you were instructed by the words of Paul; you were made firm in the faith by Pe - ter. You have be - come a protomartyr a-mong wom - en and one of the first to suf - fer. You walked in - to the flames as into a cool gar - den; the beasts and the brutes shunned the cross of your ar - mor. O praiseworthy Thecla, beg Christ to save our souls.

Kontakion - Tone 8



O glo-ri-ous Thecla, virgini-ty was your splen-dor, the crown of martyrdom your a-dorn-ment, and faith your trust. You turned a burning fire into re-fresh-ing dew, and with your pray'rs you appeased the pagan fury, O first wom-an-mar - tyr.

Prokeimenon of a Woman Martyr - Tone 4 (Psalm 67:36,27):



God is won-drous in his saints, the God of Is-ra-el,
the God of Is-ra-el.

Verse: In the churches bless God; from Israel's wellsprings bless the Lord.

Alleluia of a Woman Martyr - Tone 1 (Psalm 39:2,3):



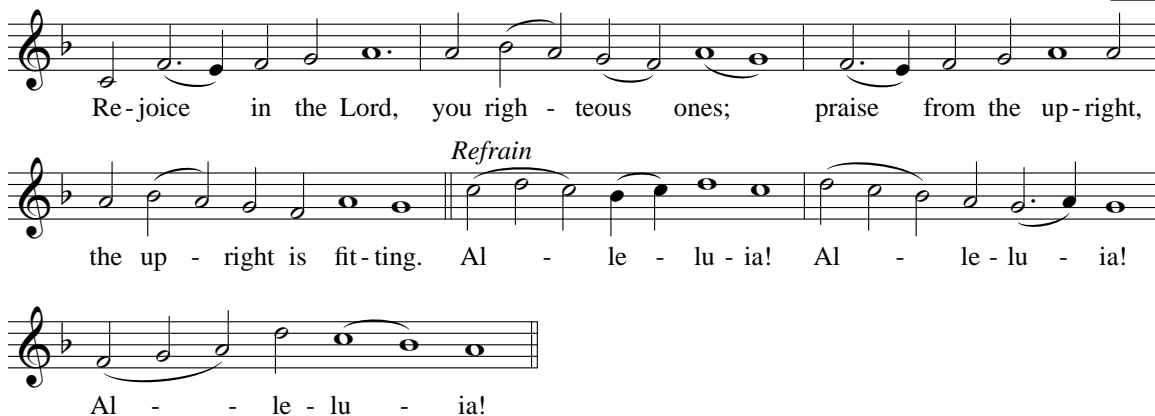
Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: I have waited, waited for the Lord, and he stooped toward me and heard my cry.

Verse: He drew me out of the pit of destruction, out of the filthy clay.

Communion Hymn of a Woman Martyr (Psalm 32:1):

D

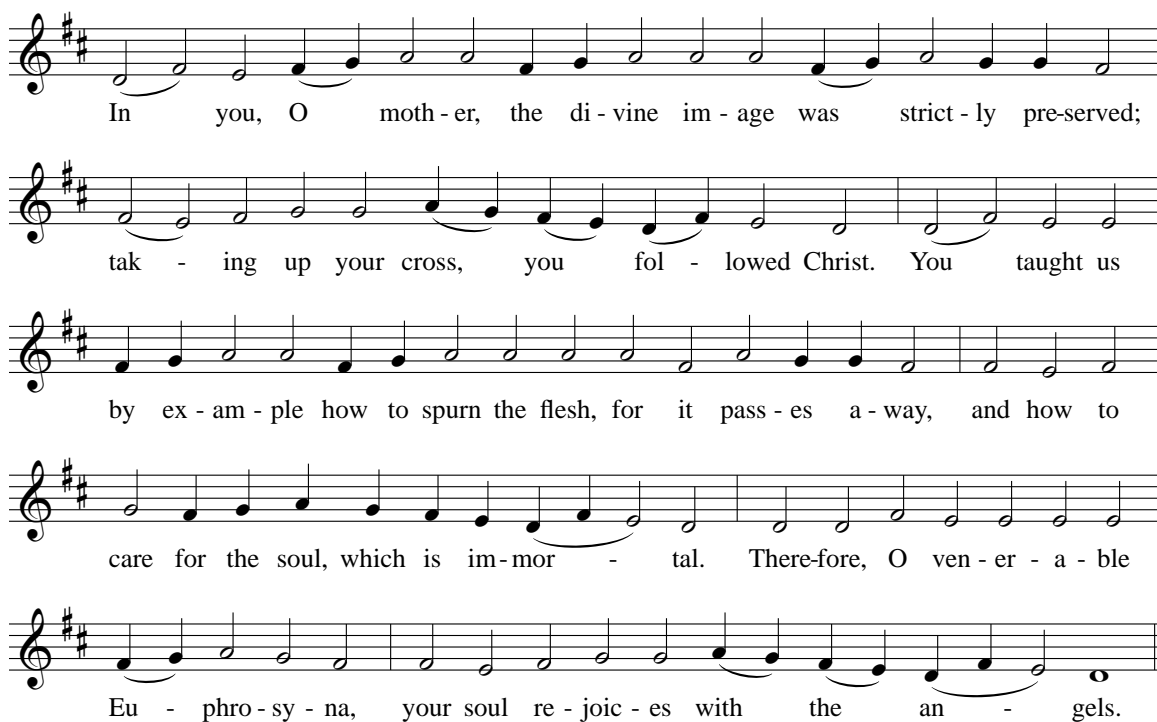


Re-joice in the Lord, you righ-teous ones; praise from the up-right,
Refrain
the up-right is fit-ting. Al - le - lu - ia! Al - le - lu - ia!
Al - - - le - lu - ia!

25 Our venerable mother Euphrosyna was born to parents long childless, who brought her up in the Christian faith. She presented herself, in man's clothing, to the abbot of a local monastery, who admitted her and placed her in the spiritual care of the monk Agapetus. After thirty-eight years of living the monastic life, her father visited the monastery. Just before her death, she identified herself to him. She fell asleep in the Lord and was buried in the monastery. (479)

Our venerable father Sergius of Radonezh, who was a great ascetic and light of the Church of Russia. He became a monk and founded the community of the Holy Trinity in the forest of Radonezh. Gentle, meek, occupied with labor and prayer, God gave him the gift of wonder-working. He had amazing insight into the hearts of men and distant events. During his lifetime, the monastery was filled with monks. (1392)

Troparion - Tone 8



In you, O moth-er, the di-vine im-age was strict-ly pre-served;
tak-ing up your cross, you fol-lowed Christ. You taught us
by ex-am-ple how to spurn the flesh, for it pass-es a-way, and how to
care for the soul, which is im-mor-tal. There-fore, O ven-er-a-ble
Eu-phro-sy-na, your soul re-joic-es with the an-gels.

Kontakion - Tone 2



When you longed for the life of the Spir-it, you turned a-way from

the de - lights of the world. You put on the cloth - ing of a man
 and a - ban - doned your earthly betrothed for Christ your Bride - groom.
 O ven - er - able mother Euphrosyna, you are wor - thy of all praise.

Prokeimenon - Tone 4 (Psalm 67:36,27):

God is won - drous in his saints, the God of Is - ra - el,
 the God of Is - ra - el.

Verse: In the churches bless God; from Israel's wellsprings bless the Lord.

Alleluia - Tone 1 (Psalm 39:2,3):

Al - le - lu - - - ia! Al - - - le - lu - ia!
 Al - le - lu - - - ia!

Verse: I have waited, waited for the Lord, and he stooped toward me and heard my cry.

Verse: He drew me out of the pit of destruction, out of the filthy clay.

Communion Hymn (Psalm 111:6,7):

E

The just wo - man will be re - mem - bered for - ev - er;
e - vil news she will not fear, e - vil news she will not fear. Al - le - lu - ia!
Al - le - lu - ia! Al - le - lu - ia!

26 The passing of the holy apostle and evangelist, John the Theologian, who, son of Zebedee, with his brother James and Peter was a witness of the transfiguration and also of the passion of the Lord. At the cross he took Mary as his mother, at the command of the dying Lord. In the Gospel and his other writings he shows himself to be a theologian. He was found worthy to contemplate the glory of the incarnate Word, which he saw and proclaimed. (cf May 8)

Troparion - Tone 2

Be - lov - ed A - pos - tle of Christ our God, has - ten to deliver a people that
lacks an - y oth - er de - fense. He who ac - cept - ed that you lay your
head on his breast will al - so ac - cept your pray'r. Pray to Christ, O
The - o - lo - gian, that he may overcome the darkness of pa - gan

na - tions, and beg that he grant us peace and a - bun - dant mer - cy.

Kontakion - Tone 2

O man of purity, who could de-scribe your glo - ry? Man-y are the miracles

and heal - ings you per-form. Since you are a theolo-gian and the be-lov-ed of

Christ, in - ter - cede with him for the sal - va - tion of our souls.

Prokeimenon - Tone 8 (Psalm 18:5,2):

Through all the earth their voice re-sounds; their mes-sage reach - es

to the ends of the world.

Verse: The heavens declare the glory of God, and the firmament proclaims his handiwork.

Alleluia of an Apostle - Tone 1 (Psalm 88:6,8):

Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

Verse: The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

Verse: God is glorified in the council of the holy, great and awesome above all who surround him.

Communion Hymn (Psalm 18:5):

F

Through all the earth their voice re - sounds; their message reaches

Refrain

to the ends of the earth. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

27 The holy martyr Callistratus and his companions. Raised a Christian, he became a soldier. Reported by one of his cohort as a believer, he was imprisoned and ordered to offer sacrifice to idols. He refused. He was repeatedly tortured and still remained faithful—so much so that forty-nine of his fellow-soldiers came to believe in Christ. They were killed by the sword. (304)

Our venerable father Nilus, founder and hegumen of the Grottaferrata Monastery who, of Greek origin, sought the life of holy conversation and pursued abstinence, humility, and wandering. He was remarkable for his prophecy and his teaching of wisdom. He established the celebrated monastery of Grottaferrata according to the customs of the eastern Fathers. In his ninetieth year of life, he surrendered his spirit to God while in prayer. (1002)

Troparion - Tone 4

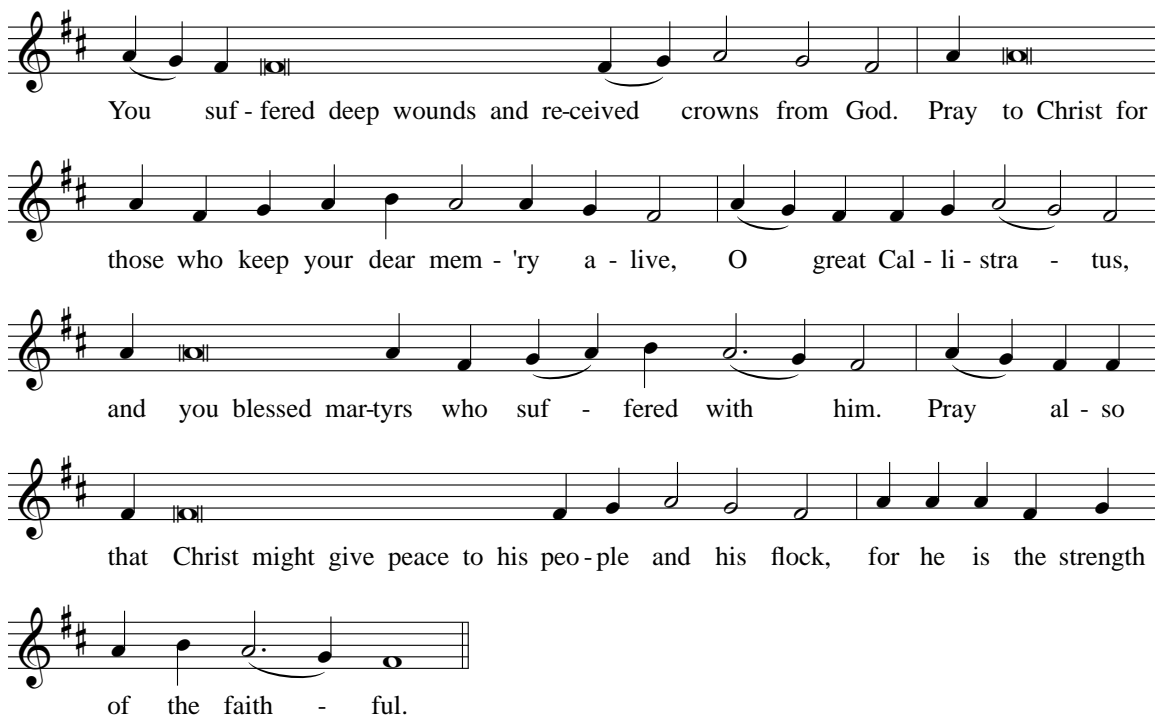
Your ho - ly mar - tyrs, O Lord our God, in their strug - gles, received incor -

rup - ti - ble crowns from you. With your strength, they brought down the ty - rants

and broke the cowardly val - or of de - mons. Through their prayers, O Christ our

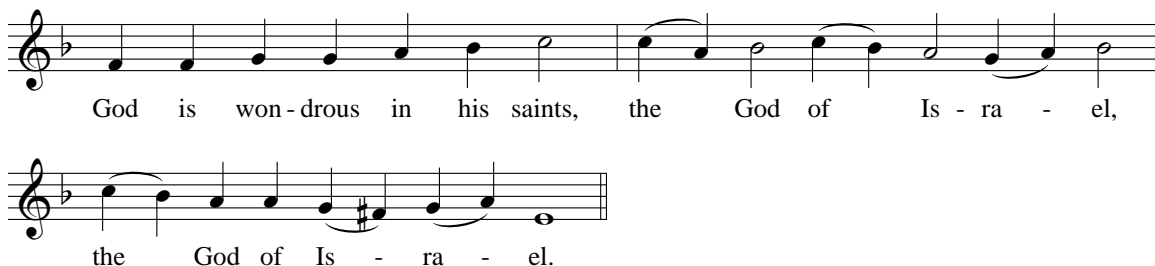
God, save our souls.

Kontakion - Tone 4



You suf - fered deep wounds and re - ceived crowns from God. Pray to Christ for those who keep your dear mem - 'ry a - live, O great Cal - li - stra - tus, and you blessed mar - tyrs who suf - fered with him. Pray al - so that Christ might give peace to his peo - ple and his flock, for he is the strength of the faith - ful.

Prokeimenon - Tone 4 (Psalm 67:36,27):



God is won - drous in his saints, the God of Is - ra - el, the God of Is - ra - el.

Verse: In the churches bless God; from Israel's wellsprings bless the Lord.

Alleluia of the Martyrs - Tone 4 (Psalm 33:18,20):



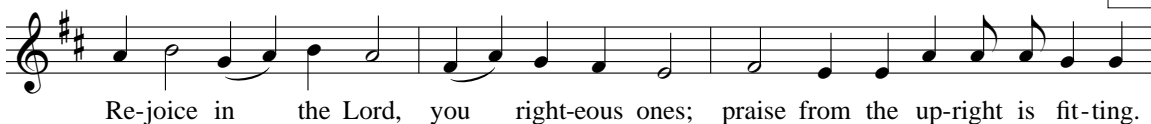
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Verse: When the righteous cried out, the Lord heard; and from all distress he saved them.

Verse: Many are the troubles of the righteous, but from them all the Lord will rescue them.

Communion Hymn (Psalm 32:1):

A



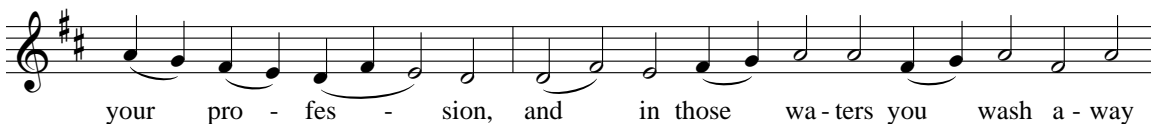
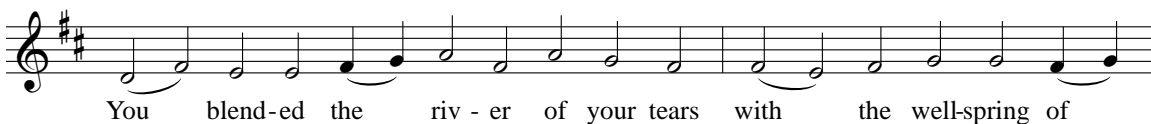
28 Our venerable father and confessor Chariton, in the Old Laura near Bethlehem in Palestine, abbot, who, diligent in prayer and fasting, founded many lauras in the desert. (362)

The holy martyr Wenceslaus, prince of the Czechs, who was the leader of the Bohemians, trained in divine and human wisdom by his grandmother St. Ludmilla. He was severe toward himself but gentle in ruling his kingdom and merciful to the poor. He redeemed in large numbers pagan slaves about to be sold that they might be baptized. After enduring many difficulties in ruling his subjects and in spreading the faith he was betrayed by his brother Boleslaus and killed by assassins in a church in Old Boleslavia [modern Altbunzlau] in Bohemia. (929)

The holy prophet Baruch. A disciple and faithful friend of the prophet Jeremiah, he foretold the return of the Jews from the Babylonian captivity, and the coming of the Son of God on earth. It is held that he was killed by Jews from Egypt, as was the prophet Jeremiah, in the seventh century before Christ.

Our holy priest-martyr Nicetas Budka. Born in Galicia in 1877, he went to seminary and was ordained by Metropolitan Andrew Sheptytsky. He was consecrated bishop in 1912, and sent by the Holy See as bishop for Ukrainian Catholics in Canada. In 1928, he was recalled to L'viv where he became Vicar General. In 1945, he was arrested by the Soviets. (1949)

Troparion - Tone 8



the sins of those who es-teen your pre-cious mem-o-ry.
 You pre-sent them clean be-fore their God and Mas-ter;
 now beg him to save our souls.

Kontakion - Tone 2

O di-vine-ly-mind-ed Char-i-ton, you found your de-light in the mon-as-tic life.
 You con-quired the passions of your bod-y and in-creased in faith; you blos-somed
 forth like the Tree of Life in the midst of par-a-dise, O most bless-ed and
 ho-ly fa-ther.

Prokeimenon - Tone 8 (Psalm 149:5,1):

Let the faith-ful re-joice, re-joice in glo-ry, shout for joy



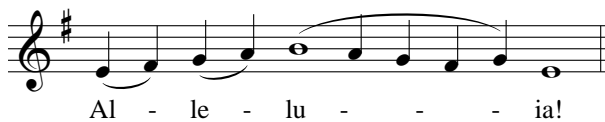
and take their rest.

Verse: Sing to the Lord a new song of praise in the assembly of the faithful.

Alleluia - Tone 6 (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - le - lu - - - ia!



Al - le - lu - - - ia!

Verse: Happy the man who fears the Lord and greatly delights in his commands.

Verse: His posterity will be mighty upon the earth.

Communion Hymn (Psalm 111:6,7):

B



The just man will be re - mem - bered for - e - ver;



e - vil news he will not fear; e - vil news he will not fear.

Refrain



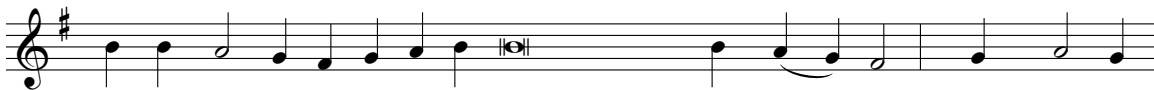
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

29 Our venerable father Cyriacus the anchorite. Born in Corinth of a Christian family, he left to go to Jerusalem and entered the monastery. He learned at the feet of saints such as Euthymius and Gerasimos. He was famous for his silence, his asceticism, and his zeal for the Orthodox faith. (557)

Troparion - Tone 1



You made the wil-der-ness your dwell-ing, O father Cyriacus, the bear-er of God.



You be-came an an-gel in the flesh and a won-der-work - er. Through pray-ers,



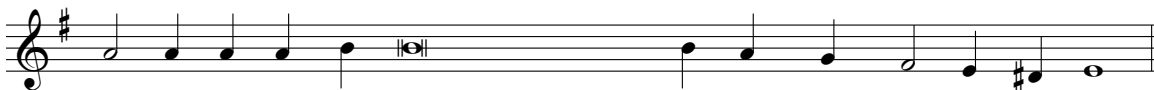
fasts, and vig - ils, you ob-tained from God spe-cial grac-es to heal the sick



and to sanc - ti - fy the souls of those who come to you with trust.



Glo-ry to the One who gave you strength! Glo-ry to the One who crowned you!



Glo - ry to the One who through your inter-ces - sion grants heal - ing to all!

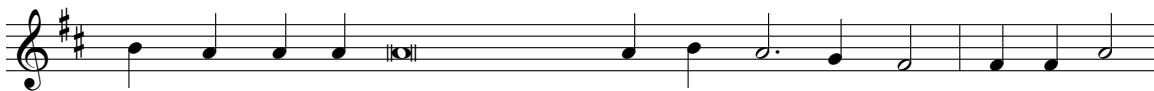
Kontakion - Tone 8



Your ho - ly monastery hon-ors you to-day and glad - ly offers you a year - ly



trib - ute; for you are a courageous and strong de-fend - er of truth.



Since you have a special acceptance with the Lord our God, keep us safe



from our enemies so that we may cry out: Joy to you, O thrice-blessed father



Cy - ri - a - - - cus.

Prokeimenon - Tone 7 (Psalm 115:6,3):



Pre-cious in the eyes, in the eyes of the Lord is the death



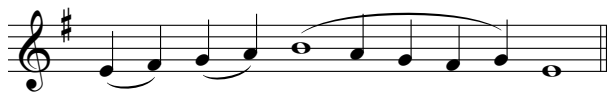
of his faith-ful, is the death of his faith - - - ful.

Verse: What can I return to the Lord for all he has given me?

Alleluia - Tone 6 (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - - le - lu - - - - ia!



Al - le - lu - - - - ia!

Verse: Happy the man who fears the Lord and greatly delights in his commands.

Verse: His posterity will be mighty upon the earth.

Communion Hymn (Psalm 111:6,7):

E



The just man will be re-mem - bered for - e - ver;

e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!

Al - - - le - lu - ia! Al - le - lu - ia!

30 The holy martyr Gregory, bishop of Armenia, who after many labors withdrew to a cave near the confluence of tributaries of the Euphrates and there rested in peace. He is called “the Illuminator” and is considered the apostle of the Armenians. (332)

Troparion - Tone 4

To - day we faith - ful people are invit-ed to sing a hymn, to ex - alt

with love in our assembly the daystar of the Un - set - ting Light, the long - suf - fer - ing

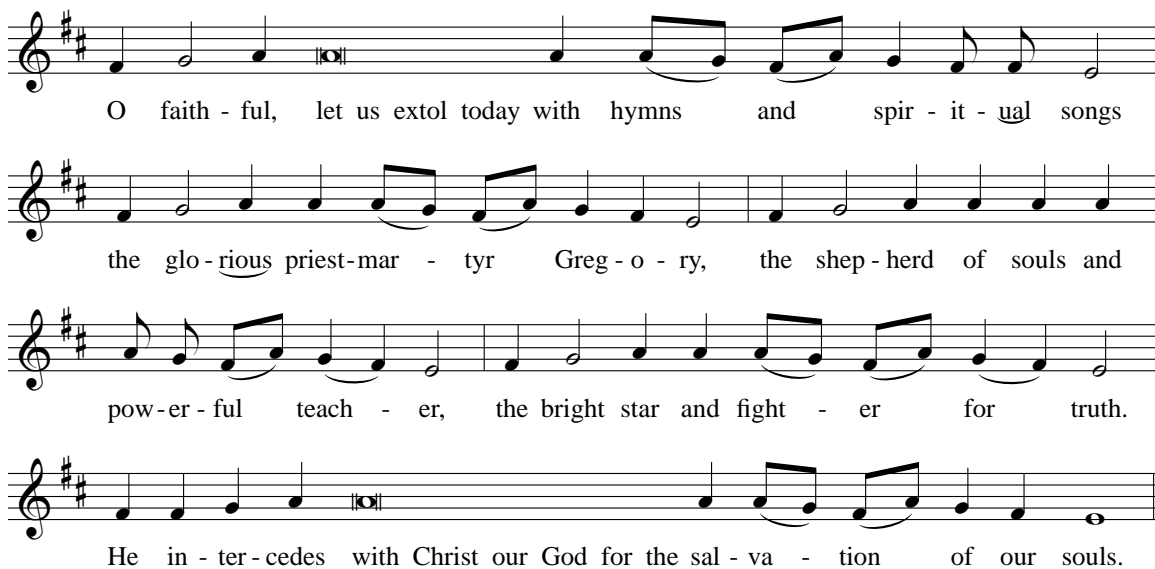
shep - herd, the truly he - ro - ic pas - tor, the mod - el of ascet - ics

and mar - tyr, the ra - diant glory of the Church of Ar - me - ni - a.

Let us bless with hymns of praise the divinely in - spired Greg - o - ry

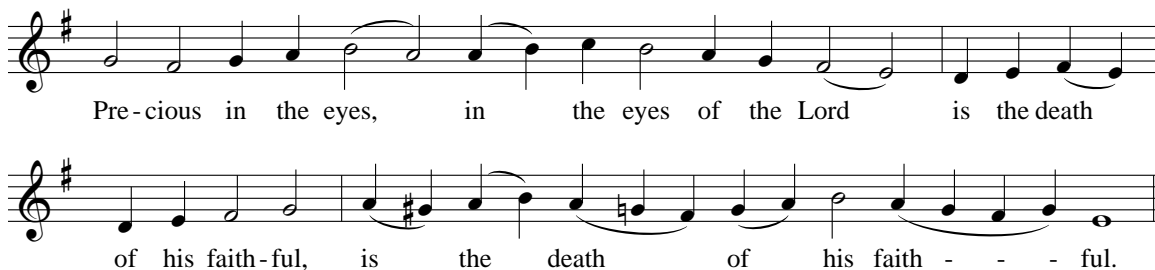
who is a - dorned with the mar - tyr's crown.

Kontakion - Tone 2



O faith - ful, let us extol today with hymns and spir - it - ual songs
the glo - rious priest-mar - tyr Greg - o - ry, the shep - herd of souls and
pow - er - ful teach - er, the bright star and fight - er for truth.
He in - ter - cedes with Christ our God for the sal - va - tion of our souls.

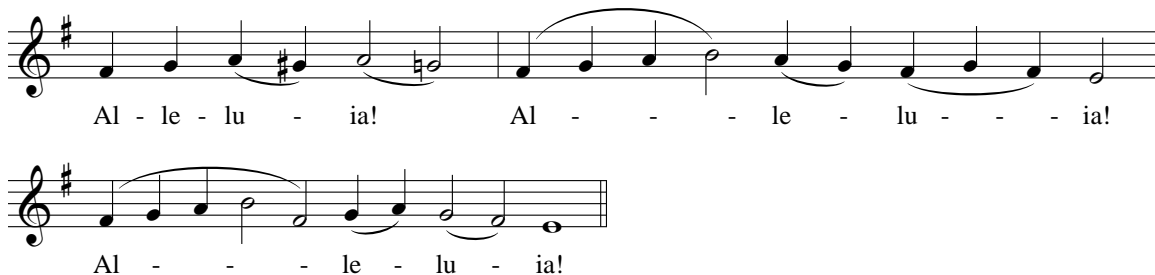
Prokeimenon - Tone 7 (Psalm 115:6,3):



Pre - cious in the eyes, in the eyes of the Lord is the death
of his faith - ful, is the death of his faith - - - ful.

Verse: What can I return to the Lord for all he has given me?

Alleluia - Tone 2 (Psalm 131:9,13):



Al - le - lu - ia! Al - - - le - lu - - - ia!
Al - - - le - lu - ia!

Verse: Your priests will be clothed with righteousness and your saints will rejoice.

Verse: The Lord has chosen Zion; he prefers her for his dwelling.

Communion Hymn (Psalm 111:6,7):

F



The just man will be re - mem - bered, be re - mem - bered for ev - ver

Refrain



e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!



Al - le - lu - ia! Al - le - lu - ia!