

# **Byzantine Monthly Menaion**

Volume Two: October

Metropolitan Cantor Institute  
Byzantine Catholic Seminary  
Pittsburgh, PA

## Foreword

A Menaion is a liturgical book which contains the changeable parts of Byzantine divine services for a given month. The volume in your hands is the first of a series of twelve books for use in Byzantine Catholic parishes. Each day is provided with the following material:

- (1) Synaxarion (brief life of the saints remembered)
- (2) Troparia and Kontakia
- (3) Prokeimena and Alleluiaria
- (4) Communion Hymn.

On major feasts, the proper antiphons (when there are any) and the Magnification and Irmos (appointed to take the place of It is truly proper) are also included.

Texts which are contained in the Faithful's Book published by the Byzantine Catholic Church are reproduced with their musical settings from that book. Those texts were translated by the Inter-Eparchial Liturgical Commission, and then set to plainchant by the Inter-Eparchial Music Commission.

Many of the Troparia contained in this volume of the Menaion are, in fact, common texts (i.e., they are used on more than one feast). These texts, too, come from the work of the IELC/IEMC, as are all the Prokeimena and Alleluiaria and Communion Hymns.

The texts of the Troparia and Kontakia that are not from the above-mentioned source are almost always taken from the Order of Matins published by the Sisters of the Order of Saint Basil the Great, and we acknowledge these texts with gratitude.

This volume is intended to be used annually. Because of this, cantors must use the Typikon of the Metropolitan Church to discern how materials from the Menaion are to be combined with the Sunday Ochoechos. The Typikon will also explain how Prokeimena and Alleluiaria are to be combined.

May this series of volumes be a blessing for all who attend daily celebrations of the Divine Liturgy, as well as for those who, unable to be at church each day, still wish to pray with the Church and honor the Lord and his saints.

*August 28, 2005*

*Our venerable father Moses the Ethiopian and  
Our holy father Augustine, bishop of Hippo*

## MENAION - OCTOBER

### 1 THE PROTECTION OF THE MOTHER OF GOD AND EVER-VIRGIN

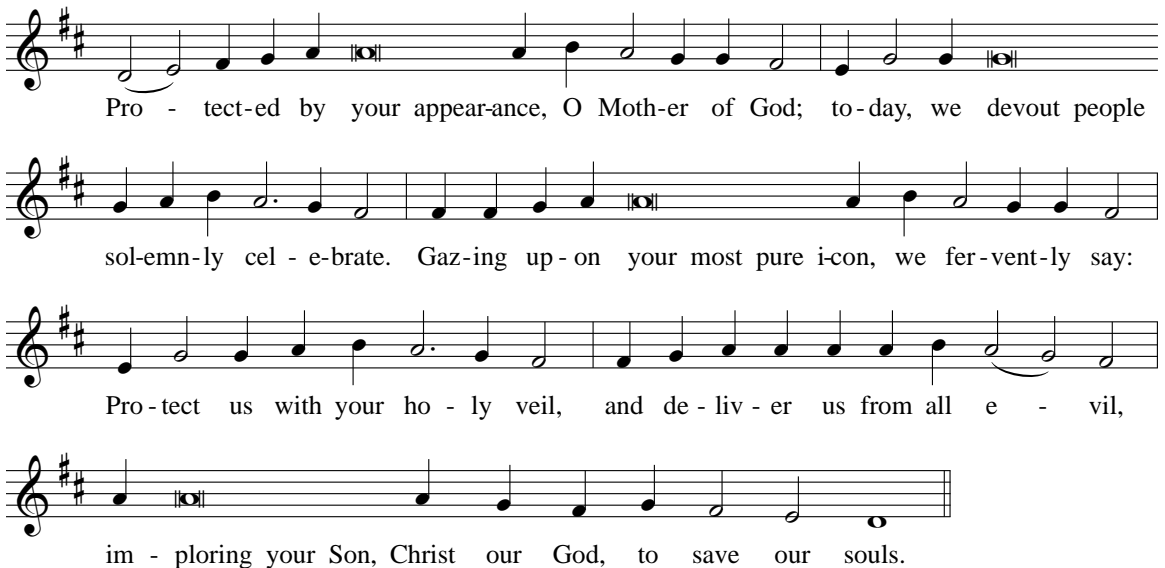
**MARY.** On October 1, 911, during the reign of emperor Leo the Wise, there was an all-night vigil in the Blachernae church of the Theotokos in Constantinople. Standing near the rear of the church was St. Andrew the Fool for Christ, and his disciple Epiphanius. At four o'clock in the morning, the Theotokos appeared above the people with a veil spread over her outstretched hands, as if to protect them. She was surrounded by angels and saints. Seeing this, Andrew asked his disciple, "Do you see the Queen and Lady of all is praying for the whole world?"

**The holy apostle Ananias, who baptized St. Paul** in Damascus, as is related in the Acts of the Apostles (Acts 9:10-19)

**Our venerable father Romanus the Melodist**, deacon, who merited the name "the Melodist" from his sublime art in composing ecclesiastical hymns in honor of the Lord and the saints.(496)

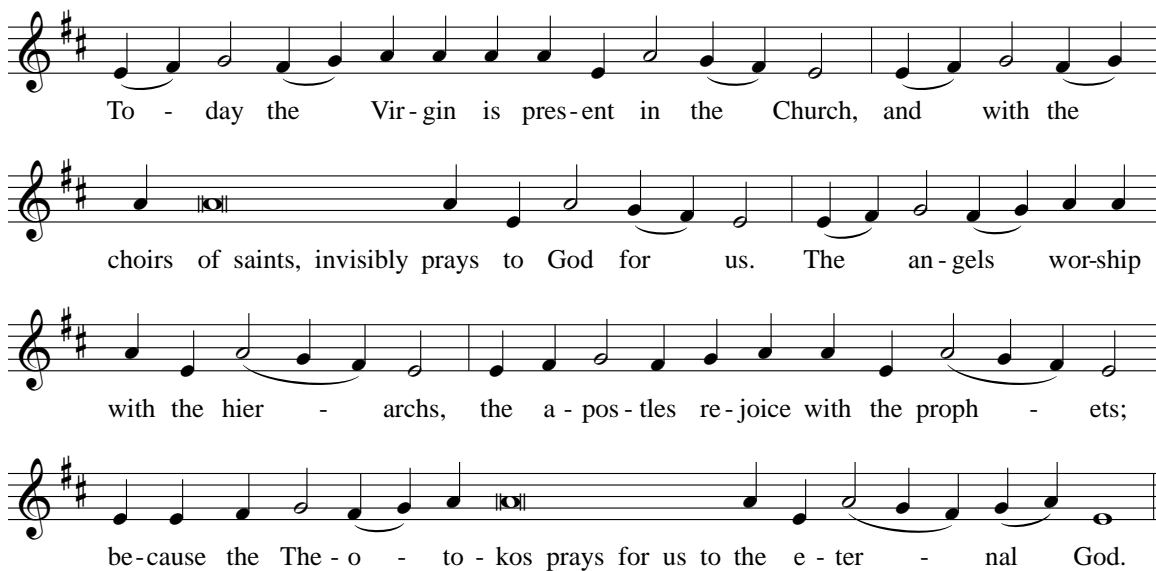
**Our venerable mother Therese of the Child Jesus**, who entered the Carmelite monastery of Lisieux in France while still a youth and was made a master of sanctity in Christ in innocence and simplicity. She taught a way of Christian perfection through spiritual childhood and poured herself out in the salvation of souls and in care for the mystical increase of the Church. She fell asleep in the Lord in her twenty-fifth year of life, on the thirtieth day of September. (1897)

#### Troparion - Tone 4:



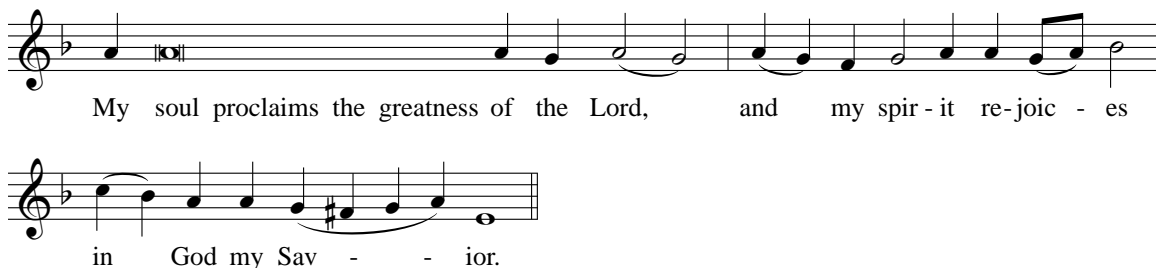
Pro - tect-ed by your appear-ance, O Moth-er of God; to-day, we devout people  
sol-emn-ly cel - e-brate. Gaz-ing up-on your most pure i-con, we fer-vent-ly say:  
Pro-tect us with your ho - ly veil, and de - liv - er us from all e - vil,  
im - ploring your Son, Christ our God, to save our souls.

**Kontakion - Tone 3:**



To - day the Vir - gin is pres - ent in the Church, and with the  
choirs of saints, invisibly prays to God for us. The an - gels worship  
with the hier - archs, the a - pos - tles re - joice with the proph - ets;  
be - cause the The - o - to - kos prays for us to the e - ter - nal God.

**Prokeimenon - Tone 3 (Luke 1:46-48):**



My soul proclaims the greatness of the Lord, and my spir - it re - joic - es  
in God my Sav - - - ior.

**Verse:** For he has looked with favor on the humility of his servant;  
from this day forward, all generations will call me blessed.

**Alleluia - Tone 8 (Psalm 44:11,13):**



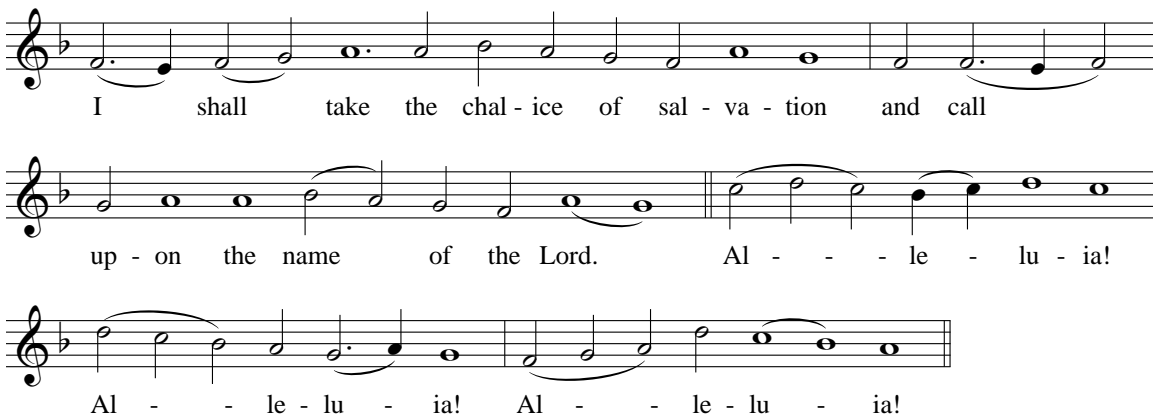
Al - le - lu - ia! Al - le - lu - - - ia! Al - - - le - lu - ia!

**Verse:** Listen, O daughter, and see and incline your ear.

**Verse:** The rich among the people will seek your favor.

Communion Hymn (Psalm 115:4):

D



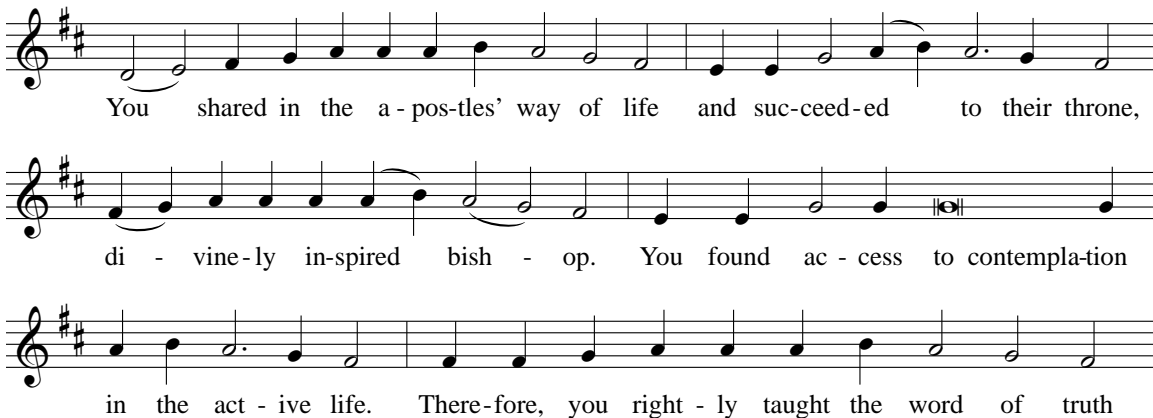
I shall take the chal-ice of sal - va - tion and call  
up - on the name of the Lord. Al - - - le - lu - ia!  
Al - - - le - lu - ia! Al - - - le - lu - ia!

**2 The holy bishop martyr Cyprian.** He was originally a pagan magician, in league with evil spirits. He was converted by the words and example of St. Justina and became a bishop of the church. He was beheaded with Justina in Nicomedia. (258)

**The holy martyr Justina,** who was brought to faith in Christ and then brought that same faith to her whole family. She was martyred with bishop Cyprian in Nicomedia. (258)

**The holy Andrew, fool for Christ.** By birth a Slav, he was bought as a slave and brought to Constantinople during the reign of emperor Leo the Wise. He was a man beautiful in body and in soul, and was moved to adopt the asceticism of folly for Christ's sake. Feigning madness in the daytime and praying all night, he became a wonderworker in Constantinople. In the year 911, he entered into the rest of the Lord. (911)

**Troparion - Tone 4:**



You shared in the a - pos - tles' way of life and suc - ceed - ed to their throne,  
di - vine - ly in - spired bish - op. You found ac - cess to con - tem - pla - tion  
in the act - ive life. There - fore, you right - ly taught the word of truth

and strug-gled for the faith to the shed-ding of your blood. O priest-mar-tyr  
 Cy - pri - an, pray to Christ our God to save our souls.

**Kontakion - Tone 4**

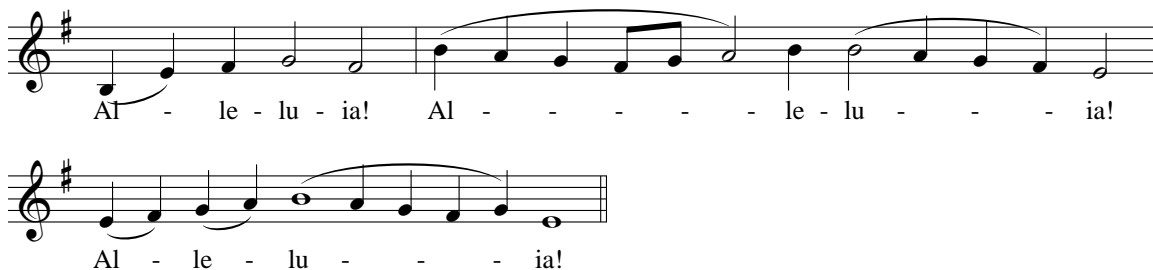
You re-nounced the magic arts in or-der to learn of God, and you became one  
 of the wis - est men on earth, heal - ing those who venerate you and  
 Jus - ti - na. Join her in seeking sal-va-tion for us from Christ our God.

**Prokeimenon - Tone 7 (Psalm 115:6,3):**

Pre-cious in the eyes, in the eyes of the Lord is the death  
 of his faith-ful, is the death of his faith - - - ful.

**Verse:** What can I return to the Lord for all he has given me?

**Alleluia - Tone 6** (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - - le - lu - - - - ia!

Al - le - lu - - - - ia!

**Verse:** Happy the man who fears the Lord and greatly delights in his commands.

**Verse:** His posterity will be mighty upon the earth.

**Communion Hymn** (Psalm 111:6,7):

E



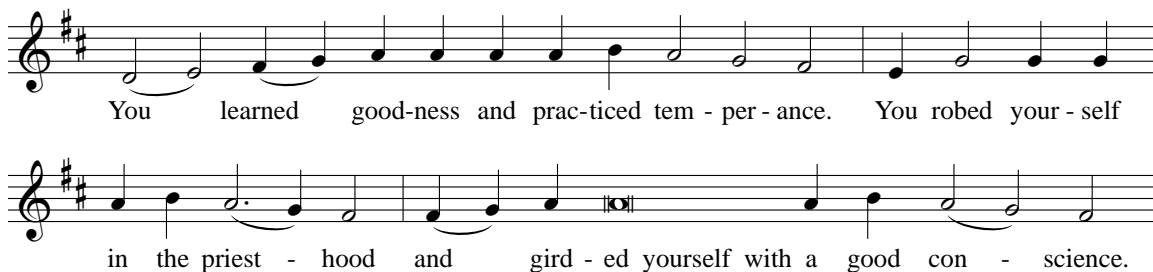
The just man will be re - mem - bered for - e - ver;

e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!

Al - - le - lu - ia! Al - le - lu - ia!

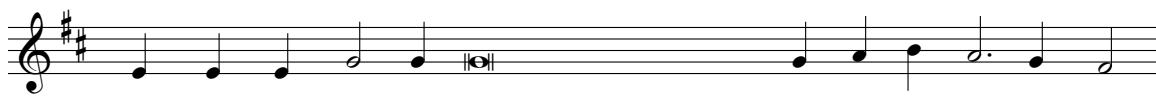
**3 The holy bishop and martyr Denis the Areopagite**, who was joined to Christ by the preaching of blessed Paul the Apostle on the Areopagus and was made first bishop of the Athenians.

**Troparion - Tone 4**



You learned good-ness and prac-ticed tem - per - ance. You robed your - self

in the priest - hood and gird - ed yourself with a good con - science.



There-fore, you came to draw ineffable things from the cho-sen ves-sel, Paul.

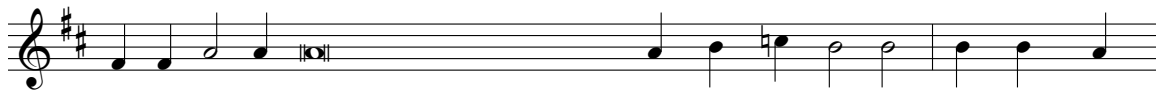


You have com-plet-ed the race, you have kept the faith. O father Denis, beg



Christ our God to save our souls.

**Kontakion - Tone 8**



In a spir-it-ual way you passed through the gates of heav-en, and you climbed



to the third heaven with the a-pos-tle Paul. You were giv-en



a deep understanding of mys-ti-cal things with which you have given light to



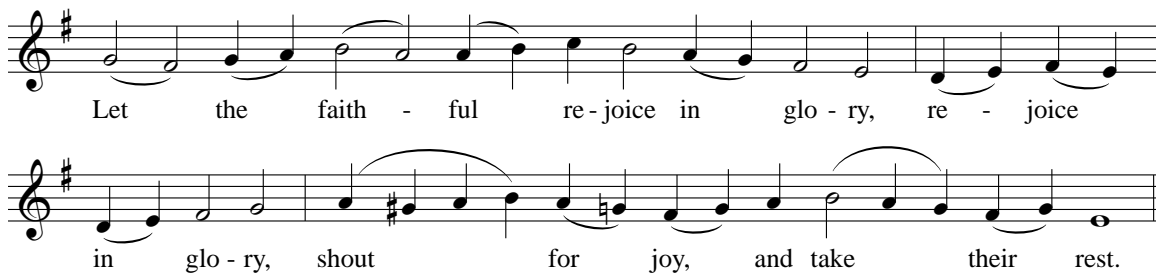
the ig-nor-ant. For all of this we in-voke you, O Den-is.



Re-joyce, O fa-ther of all!



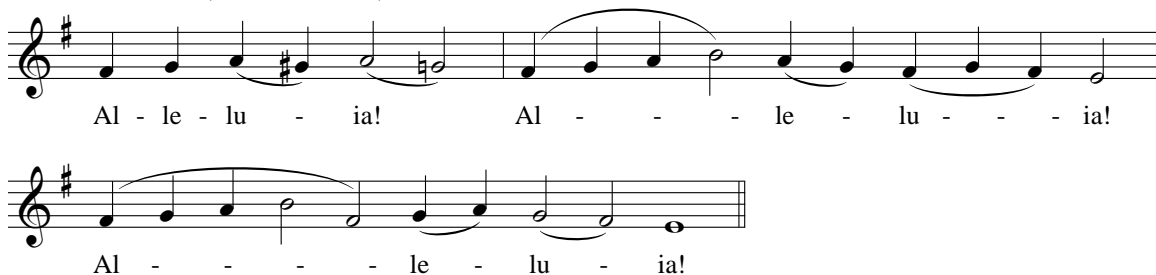
**Prokeimenon - Tone 7** (Psalm 149:5,1):



Let the faith - ful re-joice in glo - ry, re - joice  
in glo - ry, shout for joy, and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia - Tone 2** (Psalm 131:9,13):



Al - le - lu - ia! Al - - - le - lu - - - ia!  
Al - - - - le - lu - ia!

*Verse:* Your priests will be clothed with righteousness and your saints will rejoice.

*Verse:* The Lord has chosen Zion; he prefers her for his dwelling.

**Communion Hymn** (Psalm 111:6,7):

F

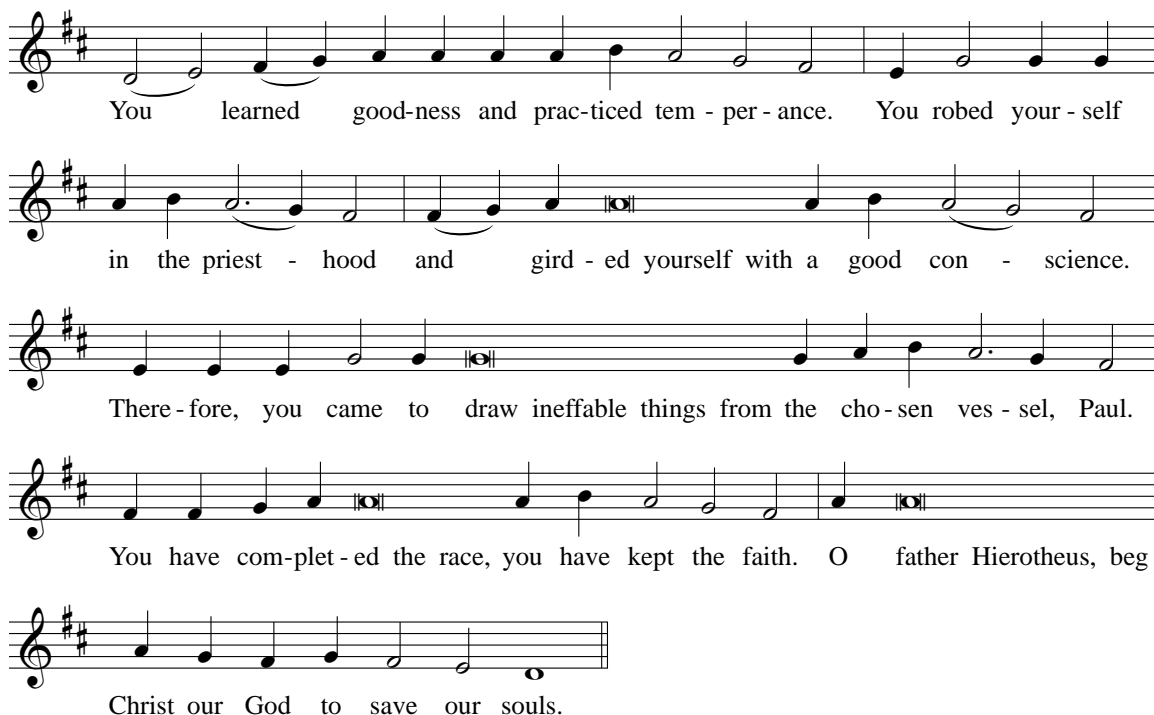


The just man will be re - mem-bered, be re-mem - bered for ev - ver  
*Refrain*  
e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!  
Al - le - lu - ia! Al - le - lu - ia!

**4 The holy martyr Hierotheus, bishop of Athens.** He was a friend of Denis the Areopagite, and was converted by the Apostle Paul a little after his friend. Paul later made him the bishop of Athens. Tradition tells us that Hierotheus assembled in Jerusalem with the Apostles for the Dormition of the Theotokos. He was martyred in Athens.

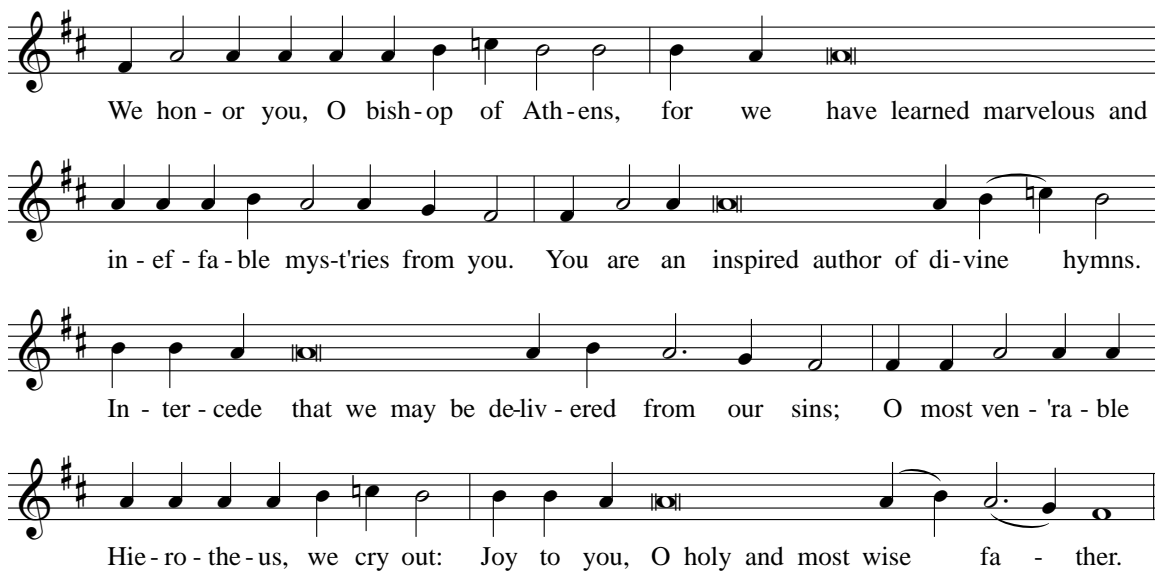
**In Franciscan and Poor Clare communities: Our venerable father Francis of Assisi,** deacon and founder of the Three Orders. He was converted after an unfettered youth in Assisi in Umbria. He chose an evangelical life, serving Jesus Christ found among the poorest and most neglected. Having made himself a poor man, he gathered to himself little brothers (i.e., the Friars Minor) in a community. He preached the love of God to everyone, in a journey that reached as far as the Holy Land. Seeking to be a perfect follower of Christ in words and deeds, he wished to travel the needy earth carrying the good news. (1226)

**Troparion - Tone 4**



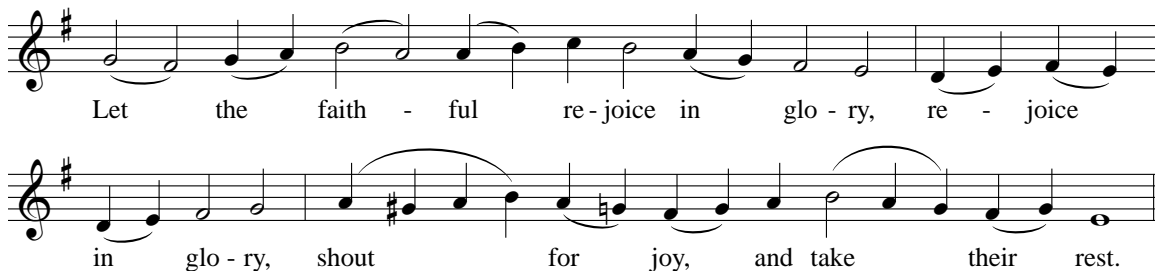
You learned good-ness and prac-ticed tem - per - ance. You robed your - self  
in the priest - hood and gird - ed yourself with a good con - science.  
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You have com-plet - ed the race, you have kept the faith. O father Hierotheus, beg  
Christ our God to save our souls.

**Kontakion - Tone 8**



We hon - or you, O bish-op of Ath-ens, for we have learned marvelous and  
in - ef - fa - ble mys-t'ries from you. You are an inspired author of di-vine hymns.  
In - ter - cede that we may be de-liv - ered from our sins; O most ven - 'ra - ble  
Hie-ro-the-us, we cry out: Joy to you, O holy and most wise fa - ther.

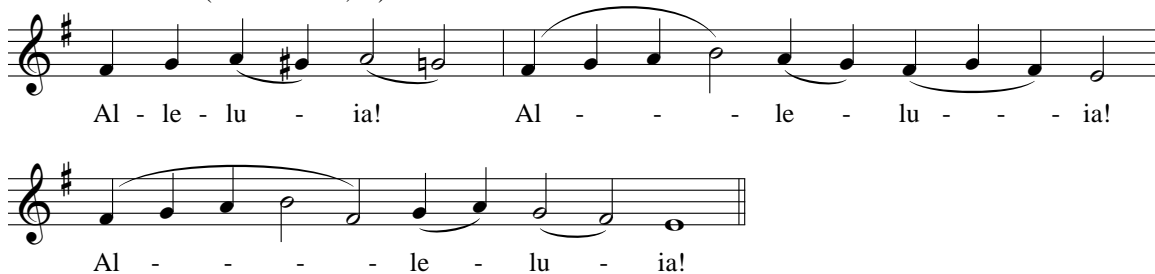
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A

The just man will be re-mem-bered for-ev - er; e - vil news he  
*Refrain*  
will not fear, e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia!  
Al - le - lu - ia!

**5 The holy martyr Charitina**, who as a young girl faced the emperor Diocletian's governor boldly and testified, "It is true that I am a Christian, and a lie that I delude others. I lead those in error to the way of truth, bringing them to my Christ." She endured awful tortures for the sake of her Lord, and died for the glory of his name. (304)

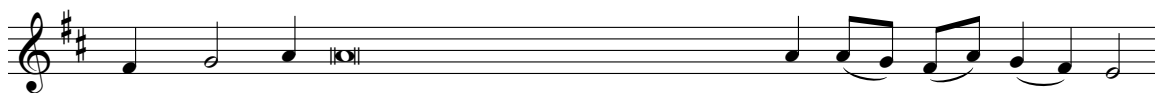
**Troparion - Tone 4**

Your lamb Cha - ri - ti - na, O Jesus, cries out in a loud voice: I love you,  
my Bridegroom; I seek you with pain-ful long - ing; I am cru - cified with you;  
in your baptism, I am bur - ied with you; I suf - fer for you that I may  
reign with you; and I die for you that I may live with you. Re-ceive me  
as a spotless sacrifice immo-lat-ed with love for you. By her pray'rs, O mer-ci - ful



One, save our souls.

**Kontakion - Tone 2**



You shamed the violent enemy with your deep insight, O Cha - ri - ti - na,



af - ter you had strength - ened your soul with faith. O bless - ed lady, you went



in - to the pres - ence of Christ wear - ing a gown dyed red in your blood.



Now that you stand in the com - pa - ny of an - gels, pray for the



sal - va - tion of our souls.

**Prokeimenon - Tone 4 (Psalm 67:36,27):**




God is won - drous in his saints, the God of Is - ra - el,



the God of Is - ra - el.

**Verse:** In the churches bless God; from Israel's wellsprings bless the Lord.

**Alleluia - Tone 1** (Psalm 39:2,3):



Al - le - lu - - - ia! Al - - - le - lu - ia!



Al - le - lu - - - ia!

**Verse:** I have waited, waited for the Lord, and he stooped toward me and heard my cry.

**Verse:** He drew me out of the pit of destruction, out of the filthy clay.

**Communion Hymn** (Psalm 32:1):

B



Re - joice in the Lord, you right - eous ones;



praise from the up - right, the up - right is fit - ting.

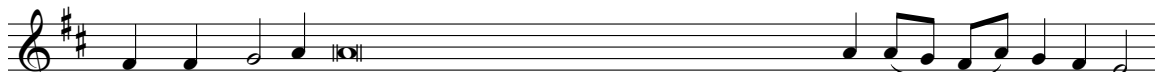
*Refrain*



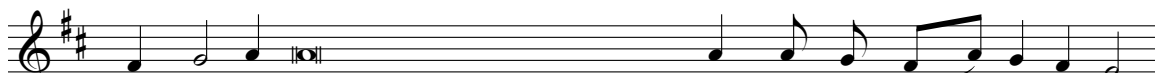
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**6 The holy and glorious apostle Thomas**, who did not believe the other disciples when they announced that Jesus had risen. When Jesus himself showed his pierced side, he exclaimed, "My Lord and my God." After this demonstration of faith, it is related that he evangelized India.

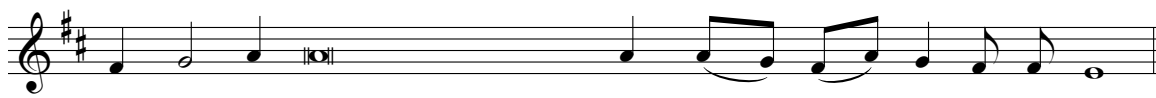
**Troparion - Tone 2**



You were both a disciple of Christ and a member of the ap-os-tol - ic col - lege.



Your lack of faith proved the Resurrection and your touch un-leashed rev - er - ence.



O Thom - as, ever-worthy of praise, ob-tain peace and mer - cy for us.

**Kontakion - Tone 4**



O Thom-as, full of wis-dom and grace, you were a disci-ple and faith - ful



serv-ant of Christ. You cried out in the sincer-i - ty of your love: You are my



Lord and my God!

**Prokeimenon - Tone 8 (Psalm 18:5,2):**



Through all the earth their voice re-sounds; their mes-sage reach - es



to the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1 (Psalm 88:6,8):**



Al - le - lu - - - ia! Al - - - le - lu - ia!



Al - le - lu - - - ia!

**Verse:** The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

**Verse:** God is glorified in the council of the holy, great and awesome above all who surround him.

Communion Hymn (Psalm 18:5):

C

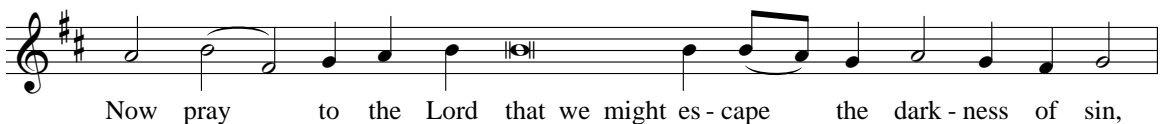
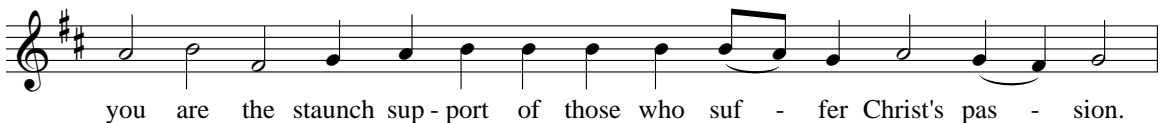


*Refrain*



**7 The holy martyrs Sergius and Bacchus** at Rosapha in the province of Augusta Euphratesia in Syria, martyrs. They were nobles at the court of the emperor Maximian, who valued them for their courage, wisdom, and zeal. They refused to offer sacrifice to the pagan gods, and the emperor turned against them, dressing them in women's clothing and paraded them through the city of Rome. They were then sent to Asia to be tortured. Bacchus died first, and came back from the dead to urge Sergius to fidelity. He was then martyred. (303)

**Troparion - Tone 5**





and that we come to see the Un - set - ting Sun by your pray'rs.

**Kontakion - Tone 2**

Tak-ing arms a - gainst the enemy by un - der - stand - ing, you wiped out

their guile and you tri - umphed in heav - en. With one heart you praise-wor-thy

mar - tyrs sang this hymn: It is a good and beauti-ful thing to

be with the Lord.

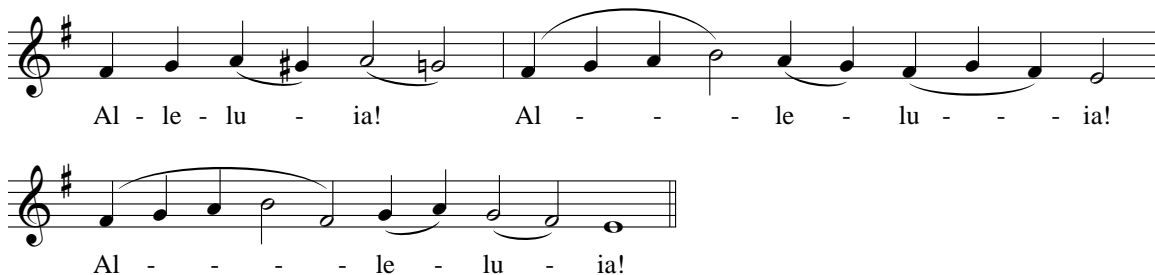
**Prokeimenon - Tone 4 (Psalm 15:3,8):**

To all the saints in his land, the Lord has shown all the

won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 2** (Psalm 132: 1, 3):



Al - le - lu - ia! Al - - - le - lu - - - ia!

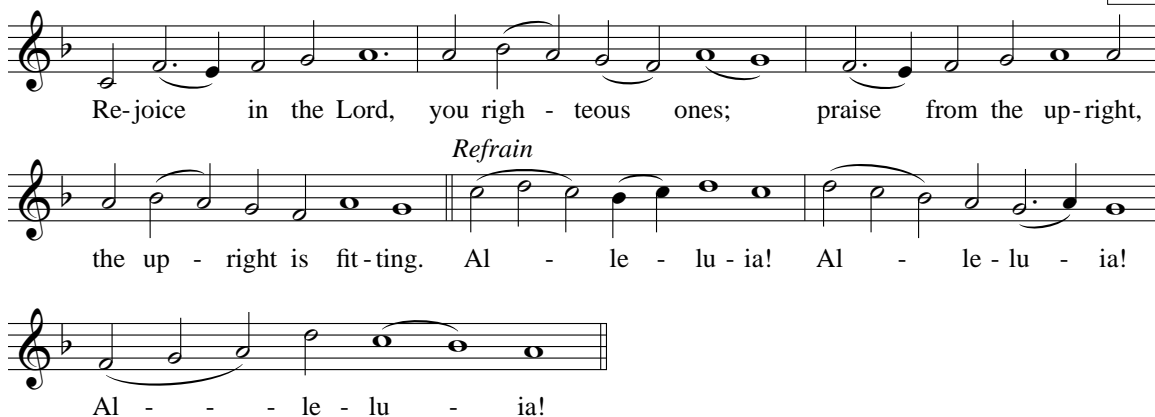
Al - - - - le - lu - ia!

*Verse:* Behold, how good and how pleasant when brothers dwell in unity.

*Verse:* For there the Lord has commanded the blessing: life forever.

**Communion Hymn** (Psalm 32:1):

D



Re-joyce in the Lord, you righ - teous ones; praise from the up-right,

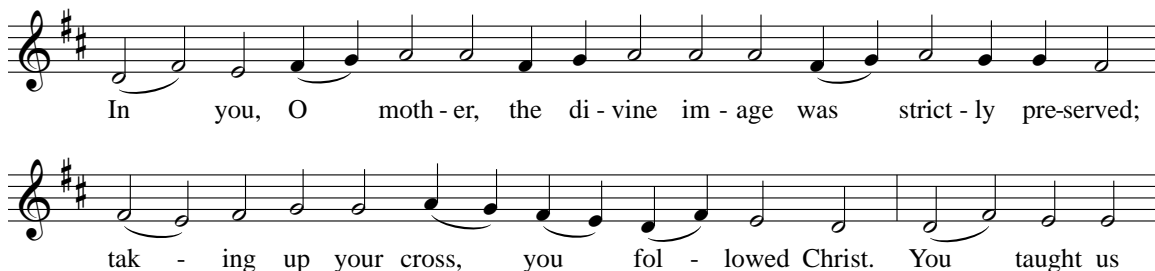
*Refrain*

the up - right is fit-ting. Al - le - lu - ia! Al - le - lu - ia!

Al - - - le - lu - ia!

**8 Our venerable mother Pelagia** at Antioch in Syria, whom St. John Chrysostom extolled with great praises. (457)

**Troparion - Tone 8**



In you, O moth - er, the di - vine im - age was strict - ly pre-served;

tak - ing up your cross, you fol - lowed Christ. You taught us

by ex - am - ple how to spurn the flesh, for it pass - es a - way, and how to  
 care for the soul, which is im - mor - tal. There - fore, O ven - er - a - ble  
 Pe - la - gi - a, your soul re - joic - es with the an - gels.

**Kontakion - Tone 2**

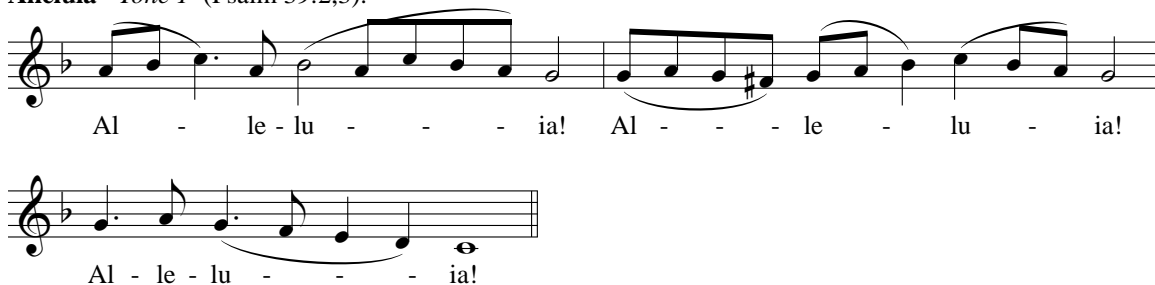
In your love for the Lord you disdained the desire for rest, O ven - er - a - ble wom - an.  
 You en - light - ened your soul by fasting and with pow - er you con - quered beasts;  
 but by your pray'rs de - stroy the pride of our en - e - mies.

**Prokeimenon - Tone 4 (Psalm 67:36,27):**

God is won - drous in his saints, the God of Is - ra - el,  
 the God of Is - ra - el.

**Verse:** In the churches bless God; from Israel's wellsprings bless the Lord.

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*Refrain*  
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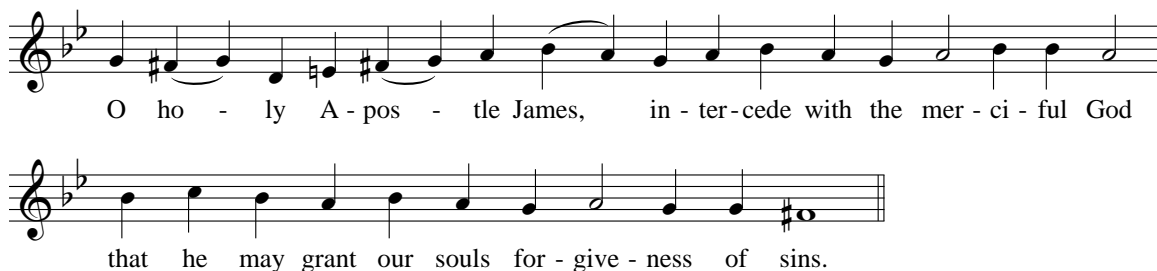
**9 The holy apostle James Alpheus** was one of the Twelve, a witness of the true words and miracles of our Lord and Savior Jesus Christ, a witness of his passion, resurrection, and ascension. After the descent of the Holy Spirit at Pentecost, it fell to James to preach the Gospel in Eleutheropolis and the surrounding area. He suffered in Egypt in the town of Ostracina, being crucified by the pagans.

**Our venerable father Andronicus and his wife Athanasia.** Andronicus was a goldsmith in Antioch during the reign of emperor Theodosius the Great. Both he and his wife were very devout, and gave a third of all they eared to the poor. They had two children and lost both of them on the same day to death. After this, they took the monastic habit in Egypt. After many years of the monastic life, they died eight days apart; Athanasia first, and then Andronicus. (4th century)

**Our righteous forefather Abraham and his nephew, Lot.** Abraham is accounted patriarch and father of all believers. Calling to the Lord, he went out from the city of Ur of the Chaldees, his native land, and wandered through the land promised to him and to his descendants by God. Likewise he showed his total faith in God when, hoping against hope, he did not refuse to offer his only-begotten son Isaac to God in sacrifice. Isaac had been given to Abraham as an old man by the Lord from his sterile wife, Sarah. (cf. Genesis, chapters 12-25)

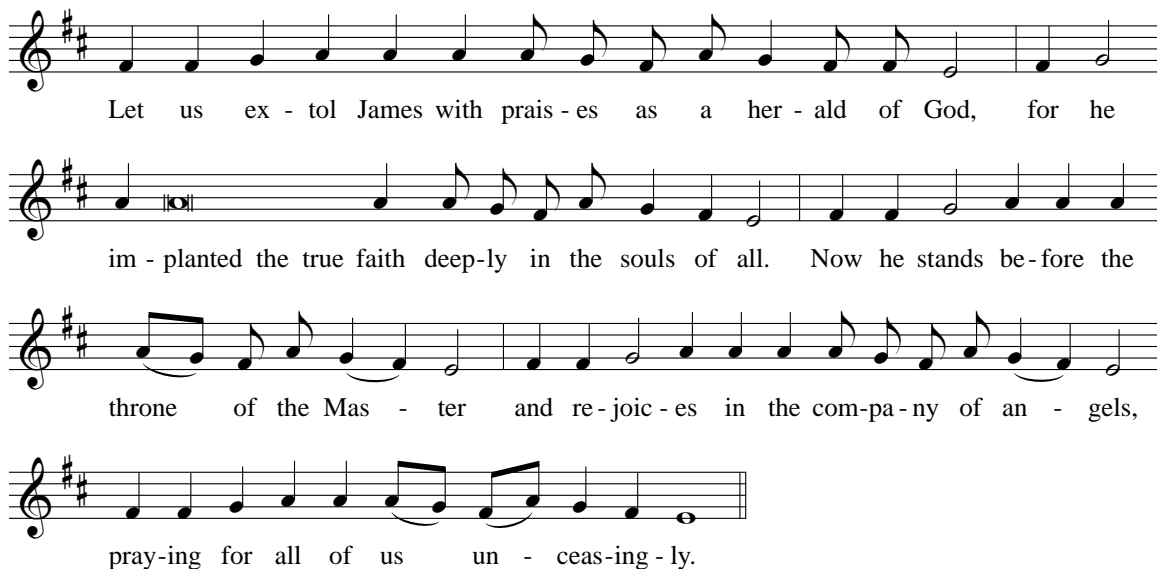
**The holy martyr Denis, bishop of Paris.** It is said that he was sent by the Roman Pontiff to Gaul and was made the first bishop of Paris. He died a martyr near Lutetia, together with the priest Rusticus and the deacon Eleutherius. (3rd century)

**Troparion - Tone 3**



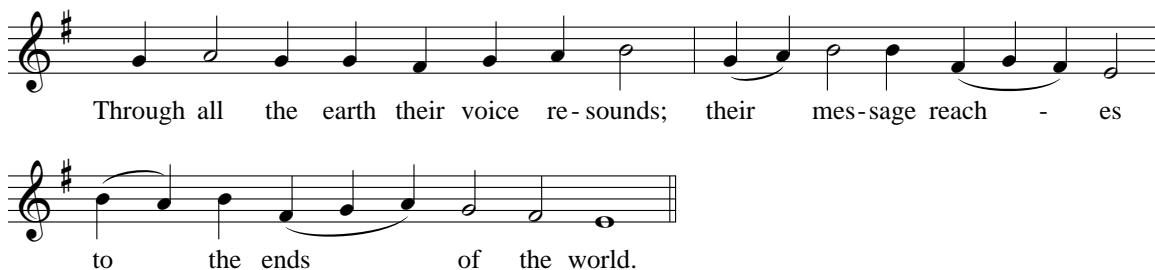
O ho - ly A - pos - tle James, in - ter - cede with the mer - ci - ful God  
 that he may grant our souls for - give - ness of sins.

**Kontakion - Tone 2**



Let us ex - tol James with prais - es as a her - ald of God, for he  
 im - planted the true faith deep - ly in the souls of all. Now he stands be - fore the  
 throne of the Mas - ter and re - joic - es in the com - pa - ny of an - gels,  
 pray - ing for all of us un - ceas - ing - ly.

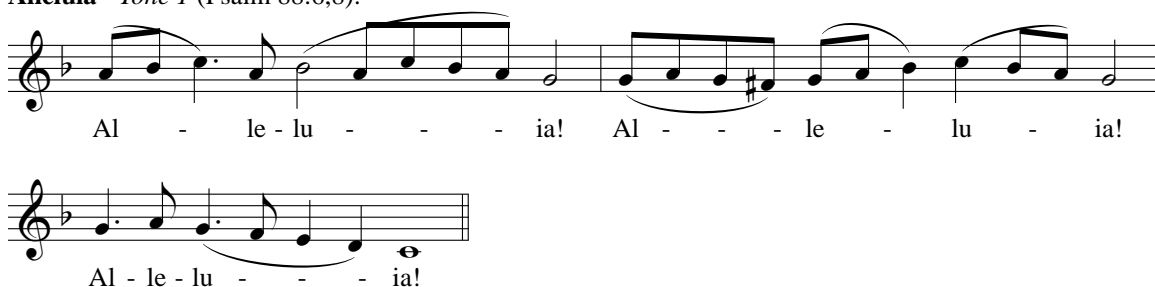
**Prokeimenon - Tone 8** (Psalm 18:5,2):



Through all the earth their voice re-sounds; their mes-sage reach - es  
to the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1** (Psalm 88:6,8):




Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

**Verse:** God is glorified in the council of the holy, great and awesome above all who surround him.

**Communion Hymn** (Psalm 18:5):

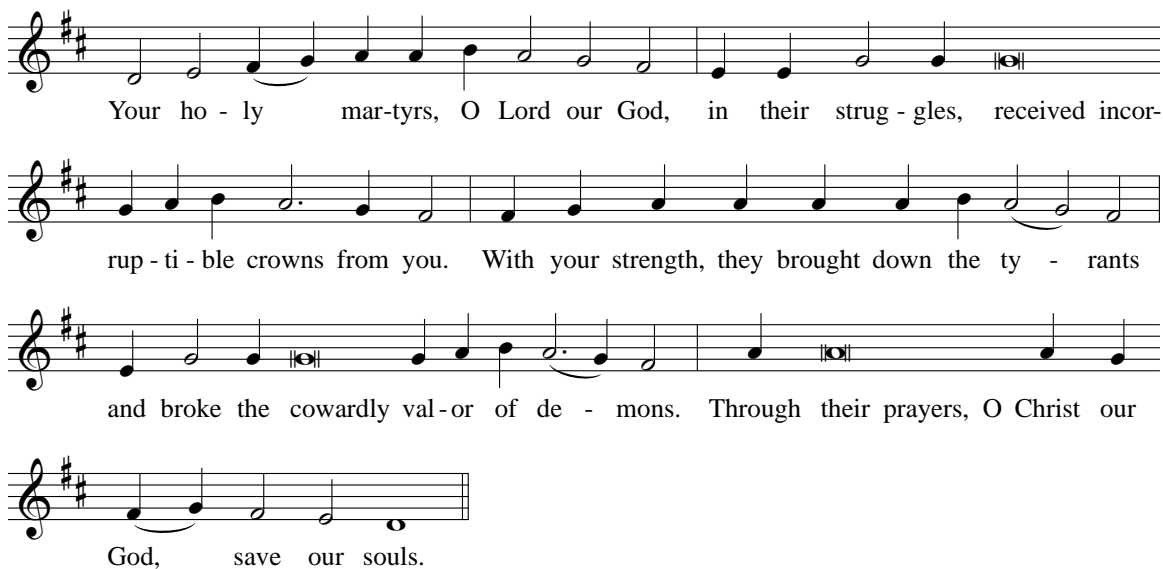
F



Through all the earth their voice re - sounds; their mes-sage reaches  
to the ends of the earth. *Refrain* Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

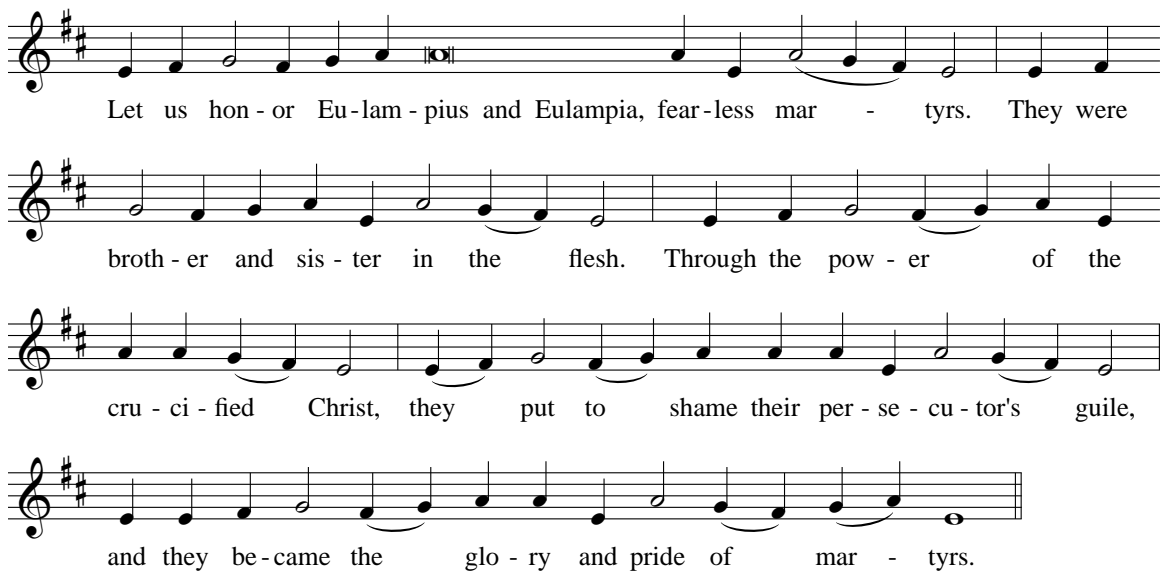
**The holy martyrs Eulampius and Eulampia** at Nicomedia in Bithynia, martyrs in the persecution of Diocletian the emperor. They were brother and sister who refused to worship idols and gave their lives for the faith. (302)

### Troparion - Tone 4



Your ho - ly mar - tyrs, O Lord our God, in their strug - gles, received incor -  
rup - ti - ble crowns from you. With your strength, they brought down the ty - rants  
and broke the cowardly val - or of de - mons. Through their prayers, O Christ our  
God, save our souls.

### Kontakion - Tone 3



Let us hon - or Eu - lam - pius and Eulampia, fear - less mar - tyrs. They were  
broth - er and sis - ter in the flesh. Through the pow - er of the  
cru - ci - fied Christ, they put to shame their per - se - cu - tor's guile,  
and they be - came the glo - ry and pride of mar - tyrs.

**Prokeimenon - Tone 4 (Psalm 15:3,8):**

To all the saints in his land, the Lord has shown all the  
wonders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 4 (Psalm 33:18,20):**

Al - le - lu - ia! Al - le lu - ia! Al - le - lu - - - ia!

**Verse:** When the righteous cried out, the Lord heard; and from all distress he saved them.

**Verse:** Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Communion Hymn (Psalm 32:1):**

A

Re-joice in the Lord, you right-eous ones; praise from the up-right is fit-ting.  
*Refrain*  
praise from the up-right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**On the Sunday from October 11 to 17  
SUNDAY OF THE FATHERS  
AT THE SEVENTH ECUMENICAL COUNCIL**

**Troparion - Prescribed Resurrection Tone**

**Troparion - Tone 8:**

O Christ our God, you are a - bove all praise. You have es - tab-lished

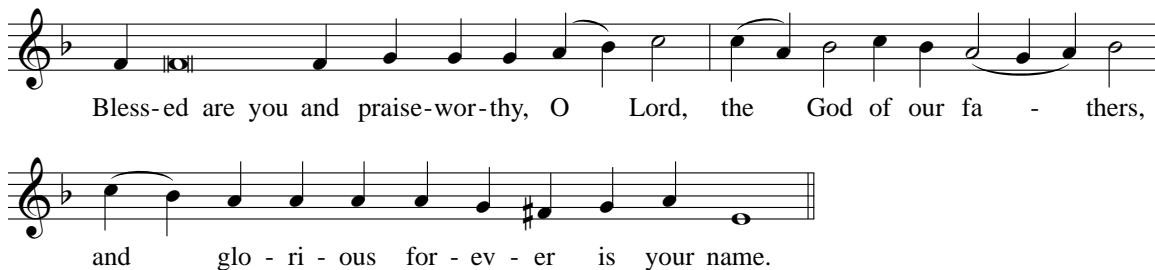


our fa - thers as bea - cons on the earth, lead - ing us all to the  
 true faith through them. O most mer - ci - ful Lord, glo - ry to you!

**Kontakion - Tone 6**

The Son shone forth from the Father in - de - scri - ba - bly. In two na - tures he was  
 born of a wom - an. Rec - og - niz - ing this, we do not reject the representation  
 of his hu - man form; ra - ther, we depict it with reverence and hon - or it with faith.  
 There - fore the Church holds fast to the true faith and kiss - es the image of the  
 in - car - na - tion of Christ.

**Prokeimenon - Tone 4 (Daniel 3:26,27):**



Bless-ed are you and praise-wor-thy, O Lord, the God of our fa - thers,  
and glo - ri - ous for - ev - er is your name.

**Verse:** For you are just in all that you have done for us.

**Alleluia - Tone 1 (Psalm 49:1,5):**



Al - le - lu - - - ia! Al - - - le - lu - - ia!

**Verse:** The God of gods, the Lord, has spoken and summoned the earth  
from the rising of the sun to its setting.

**Verse:** Gather before him his righteous ones who have made a covenant with him by sacrifice.

**Communion Hymns:**

*For Sunday, the usual Communion Hymn is (Psalm 148:1):*

Praise the Lord from the heavens, praise him in the highest. Alleluia! Alleluia! Alleluia!

*And for the Council Fathers, the Communion Hymn is (Psalm 32:1):*

B



Re - joice in the Lord, you right - eous ones;  
praise from the up - right, the up - right is fit - ting.

*Refrain*



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**11 The holy apostle Philip**, one of the seven deacons chosen by the Apostles. He converted Samaria to the faith of Christ, baptized the eunuch of Candace the queen of the Ethiopians, and passed through cities evangelizing them all until he came to Caesarea, where it is said he rested. His stories are related in the Acts of the Apostles, 6:5; 8; and 21:8-9.

**Our venerable father Theophane**, the artist and hymnographer, bishop of Nicaea. He and his brother Theodore joined the monastery of Saint Sabbas the Sanctified. They were sent by the Patriarch of Jerusalem to emperor Leo the Armenian, to explain the orthodox teaching about the holy icons. He tortured them and his successor, Theophilus, had derisory words branded onto their faces. After the Iconoclastic controversy was ended, Theophane was made the bishop of Nicaea. (847)

**Troparion of Philip - Tone 3**



O Phil - ip, you won ap - os - tol - ic fa - vor and you astonished all Sa - ma - ri - a.



Your di - vine - ly in - spired words gave the eunuch understanding so that he



was bap - tized and gave glo - ry to God when he com - prehended the



In - com - pre - hen - si - ble. O ho - ly a - pos - tle, obtain grace and mercy

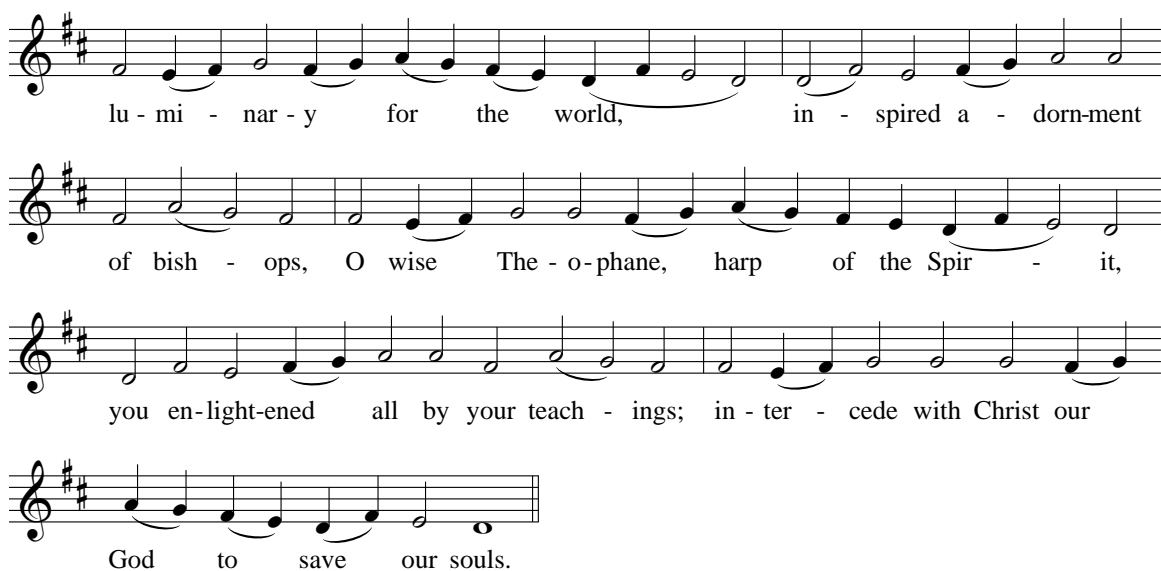


for us from God.

**Troparion of Theophane - Tone 8**

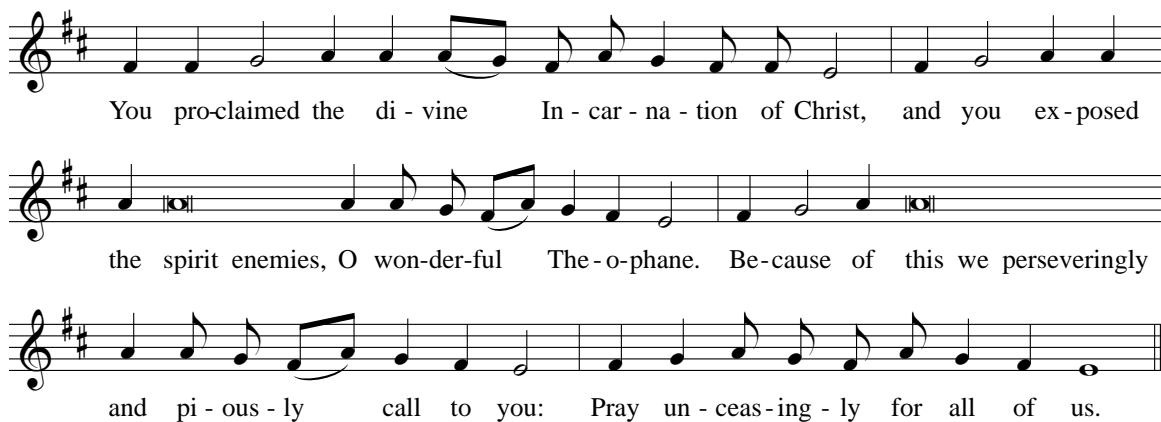


Guide to Or - tho - dox - y, teach - er of pi - e - ty and ho - li - ness,



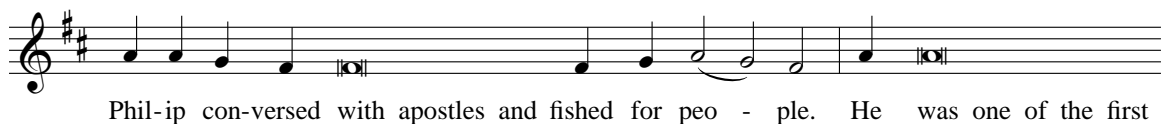
lu - mi - nar - y for the world, in - spired a - dorn-ment  
of bish - ops, O wise The - o - phane, harp of the Spir - it,  
you en-light-ened all by your teach - ings; in - ter - cede with Christ our  
God to save our souls.

**Kontakion of Theophane - Tone 2**



You pro-claimed the di - vine In - car - na - tion of Christ, and you ex - posed  
the spirit enemies, O won-der-ful The - o - phane. Be-cause of this we perseveringly  
and pi - ous - ly call to you: Pray un - ceas-ing - ly for all of us.

**Kontakion of Philip - Tone 4**



Phil-ip con-versed with apostles and fished for peo - ple. He was one of the first



cho-sen by the a - pos - tles. Now he gives a wealth of cures to the world



and protects from cala-mi-ty those who hon-or him. There-fore we sing out to him:



O a - pos-tle, save all of us by your pray'rs.

**Prokeimenon for an Apostle - Tone 8 (Psalm 18:5,2):**



Through all the earth their voice re-sounds; their mes-sage reach - es



to the ends of the world.

*Verse:* The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Prokeimenon for a Venerable - Tone 7 (Psalm 149:5,1):**



Let the faith - ful re-joice in glo - ry, re - joice



in glo - ry, shout for joy, and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia for an Apostle - Tone 1** (Psalm 88:6,8):



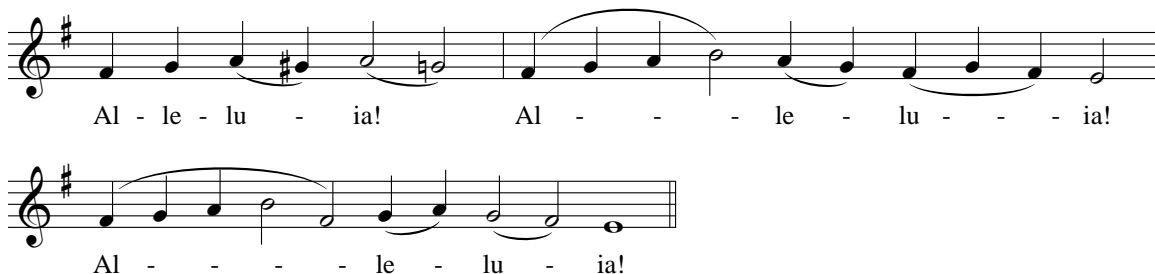
Al - le - lu - - - ia! Al - - - le - - lu - - ia!

Al - le - lu - - - ia!

*Verse:* The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

*Verse:* God is glorified in the council of the holy,  
great and awesome above all who surround him.

**Alleluia for a Venerable - Tone 2** (Psalm 131:9,13):



Al - le - lu - - ia! Al - - - le - - lu - - - ia!

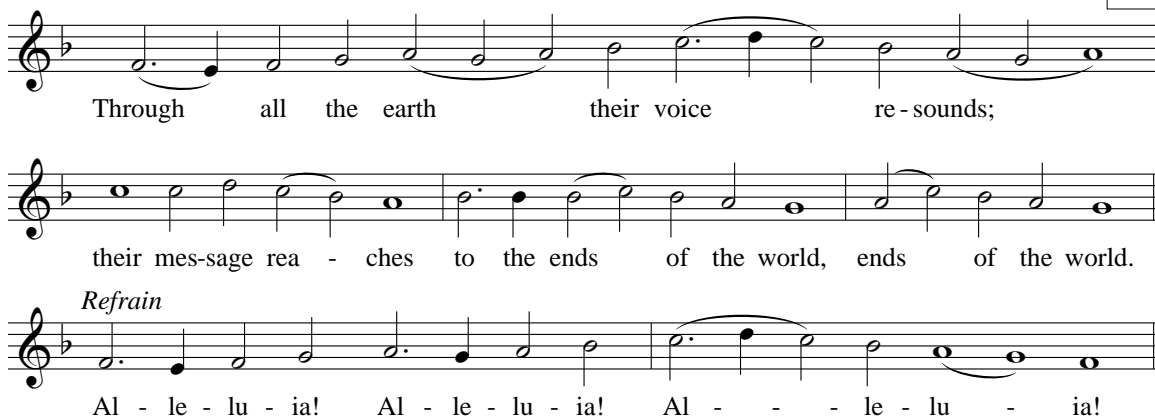
Al - - - - le - lu - ia!

*Verse:* Your priests will be clothed with righteousness and your saints will rejoice.

*Verse:* The Lord has chosen Zion; he prefers her for his dwelling.

**Communion Hymn for an Apostle** (Psalm 18:5):

C



Through all the earth their voice re-sounds;

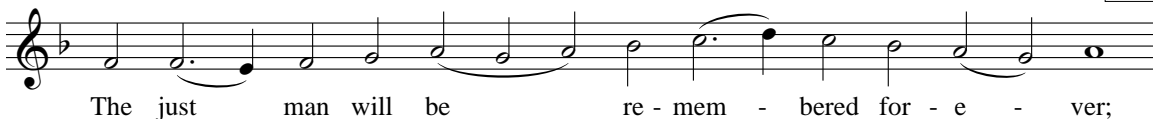
their mes-sage rea - ches to the ends of the world, ends of the world.

*Refrain*

Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

Communion Hymn for a Venerable (Psalm 111:6,7):

C



*Refrain*

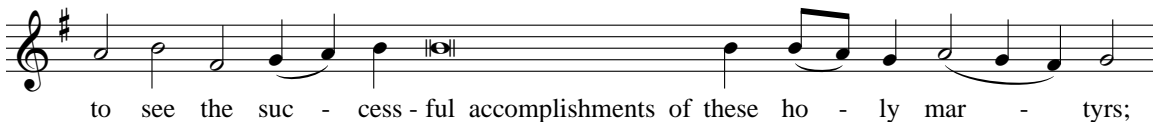


**12 The holy martyrs Probus, Tarachus, and Andronicus** at Anazarbus in Cilicia, who in the persecution of Diocletian the emperor gained life for their confession of Christ. (292)

**Our venerable father Cosmas, bishop of Maiuma, the hymnographer.** Born in Jerusalem, he was a friend of St. John Damascene, whose parents took him in as an orphan and educated him. He helped St. John to compile the Ochoechos, and he composed many canons to the saints. The canons of Christmas, Lazarus Saturday, Palm Sunday, and the Sunday of the Last Judgment are ascribed to him. He became bishop of the town of Maiuma, near Gaza, in Palestine and died in great old age. (8th century)

**Our holy father Martin, bishop of Tours.** He was born in Pannonia of pagan parents and was called to Gaul to serve in the military. While still a catechumen he covered Christ in a poor man with his own cloak. Having received baptism, he left behind his arms and followed the monastic life near Ligugé [Lat. Locogiacum] in a coenobium which he had founded. Then, ordained into the priesthood and chosen bishop of Tours, an excellent example of a good pastor, he founded other monasteries and parishes in the neighborhood, educated and reconciled the clergy, evangelized the country-dwellers, and at last went to the Lord at Candes in Gaul (397).

**Troparion of the Martyrs - Tone 5**



for e - ven in their mor - tal bod - ies they van-ished the  
spir-itual enemy by the pow-er of the ho - ly cross, and they ob - tained a  
spir-it-ual vic - to - ry. There-fore, they now in - ter-cede with the Lord that  
he may save our souls.

**Troparion of Cosmas - Tone 8**

You are an el - o - quent or - a - tor in the Church  
and a di - vine - ly in - spired mu - si - - - cian.  
You were an im - age of life and a font of the - ol - o - gy.  
You soothed all who heard you, O fa - ther Cos - mas,  
by your in - spired words and beau - ti - ful mu - sic.

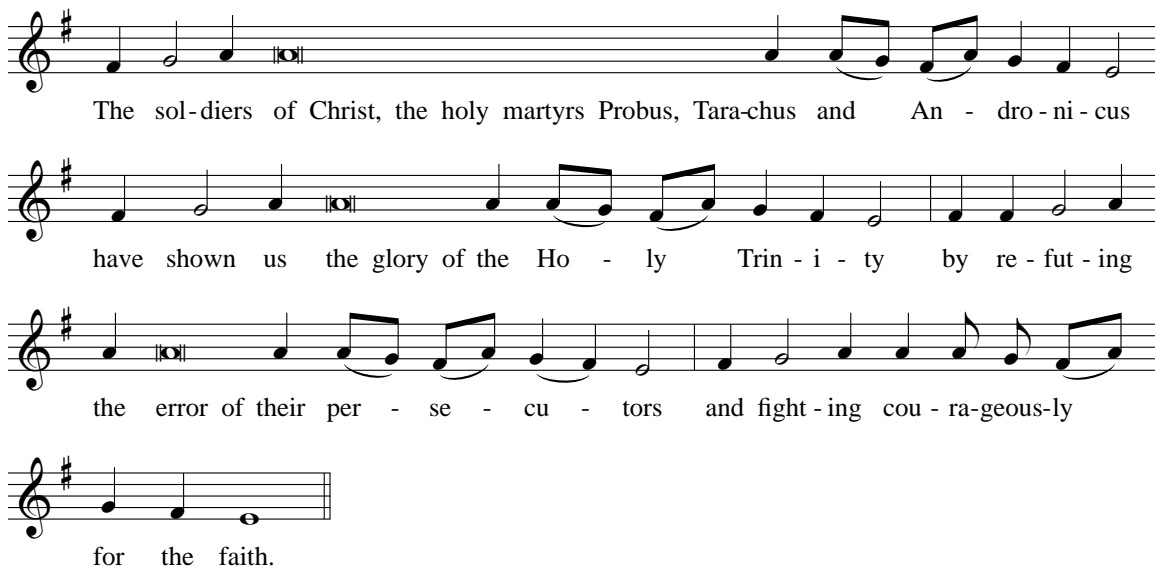


**Kontakion of Cosmas - Tone 8**



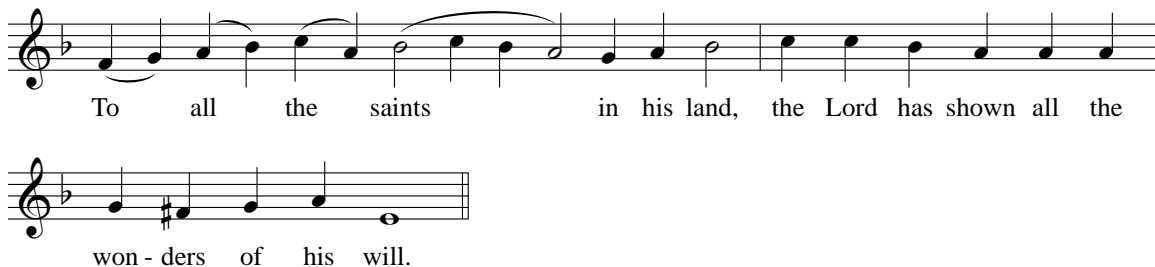
Three staves of musical notation in G major (one sharp) and 4/4 time. The melody is written in treble clef. The lyrics are: "You were a-dorned with vir-tue, O bless-ed Cos-mas, and you adorned the Church with won-der-ful mu - sic. Pray for our deliverance from the war-like en - e - my; for we appeal to you, O truly bless - ed fa - ther."

**Kontakion of the Martyrs - Tone 2**



Four staves of musical notation in G major (one sharp) and 4/4 time. The melody is written in treble clef. The lyrics are: "The sol-diers of Christ, the holy martyrs Probus, Tara-chus and An - dro - ni - cus have shown us the glory of the Ho - ly Trin - i - ty by re - fut - ing the error of their per - se - cu - tors and fight - ing cou - ra - geous-ly for the faith."

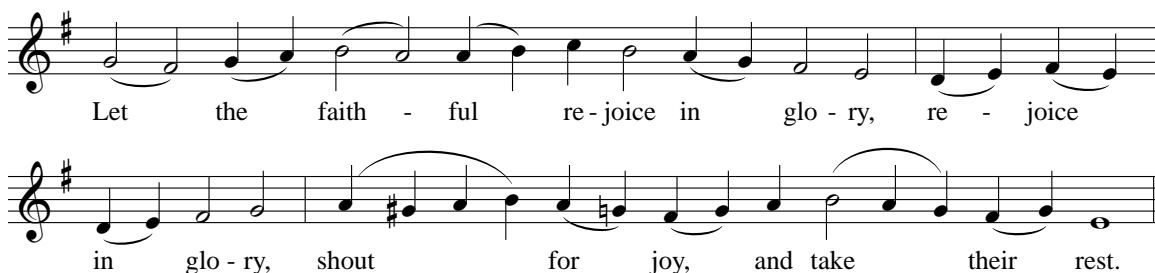
**Prokeimenon for the Martyrs - Tone 4** (Psalm 15:3,8):



To all the saints in his land, the Lord has shown all the  
won - ders of his will.

*Verse:* I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Prokeimenon for a Venerable - Tone 7** (Psalm 149:5,1):



Let the faith - ful re-joice in glo - ry, re - joice  
in glo - ry, shout for joy, and take their rest.

*Verse:* The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia for the Martyrs - Tone 4** (Psalm 33:18,20):

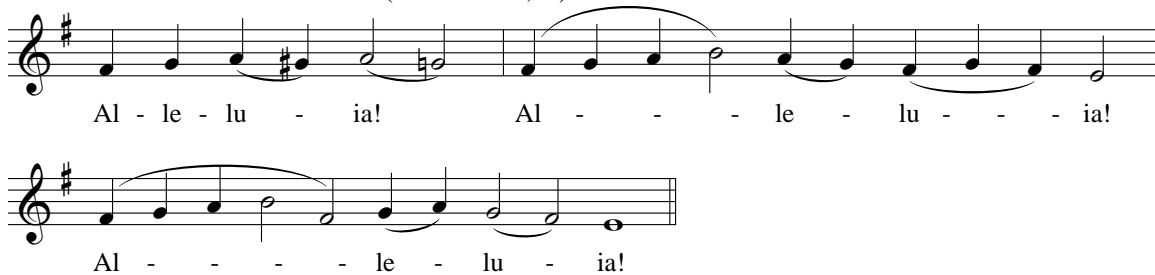


Al - le - lu - ia! Al - le lu - ia! Al - le - lu - - - ia!

*Verse:* When the righteous cried out, the Lord heard; and from all distress he saved them.

*Verse:* Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Alleluia for a Venerable - Tone 2** (Psalm 131:9,13):



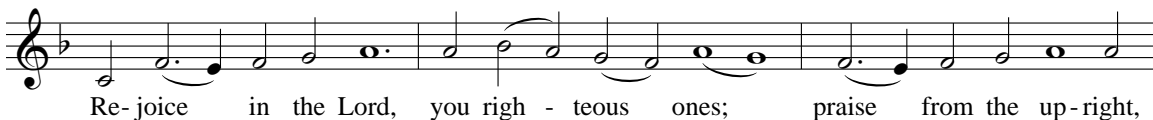
Al - le - lu - ia! Al - - - le - lu - - - ia!  
Al - - - - le - lu - ia!

*Verse:* Your priests will be clothed with righteousness and your saints will rejoice.

*Verse:* The Lord has chosen Zion; he prefers her for his dwelling.

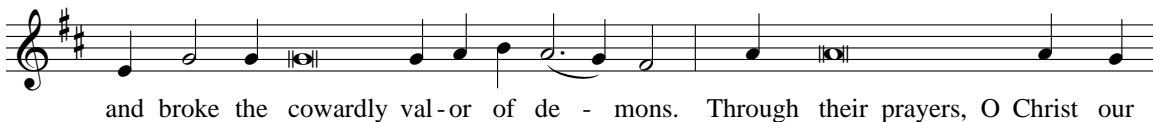
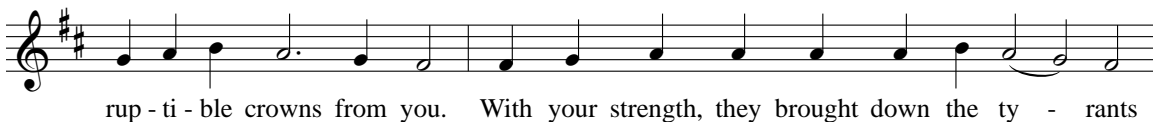
Communion Hymn (Psalm 32:1):

D

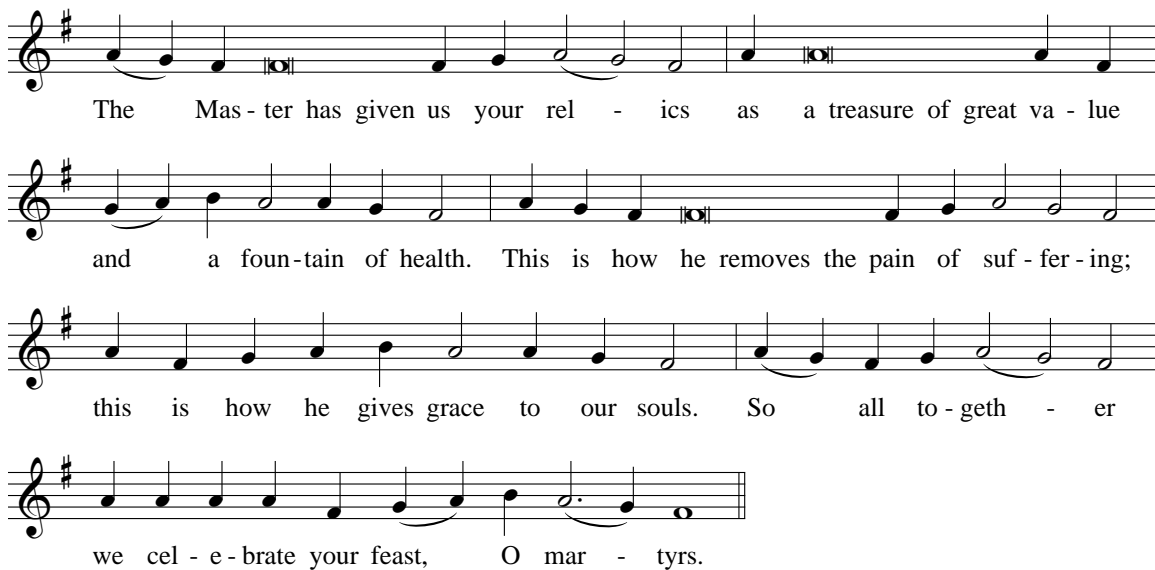


**13 The holy martyrs Carpus, Papyrus, and Agathonica.** Carpus was the bishop of Thyatira; Papyrus, a deacon; Agathonica, sister of the same Papyrus. There were many others at Pergamum in Asia, who were crowned with martyrdom for their blessed confession of Christ. (250)

Troparion - Tone 4

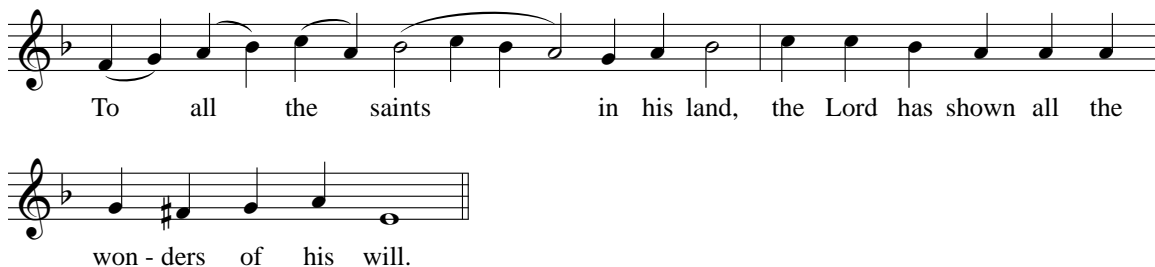


**Kontakinion Hymn** (Psalm 32:1):



The Mas - ter has given us your rel - ics as a treasure of great va - lue  
and a foun-tain of health. This is how he removes the pain of suf - fer - ing;  
this is how he gives grace to our souls. So all to - geth - er  
we cel - e - brate your feast, O mar - tyrs.

**Prokeimenon - Tone 4** (Psalm 15:3,8):



To all the saints in his land, the Lord has shown all the  
won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

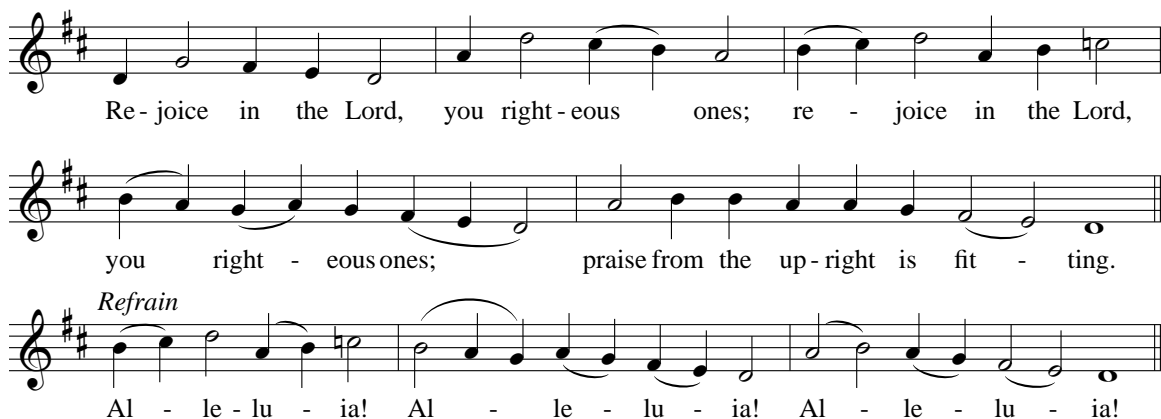
**Alleluia - Tone 4** (Psalm 33:18,20):



Al - le - lu - ia! Al - le lu - ia! Al - le - lu - - - ia!

**Verse:** When the righteous cried out, the Lord heard; and from all distress he saved them.

**Verse:** Many are the troubles of the righteous, but from them all the Lord will rescue them.



Re-joice in the Lord, you right-eous ones; re-joice in the Lord,  
 you right-eous ones; praise from the up-right is fitting.

*Refrain*

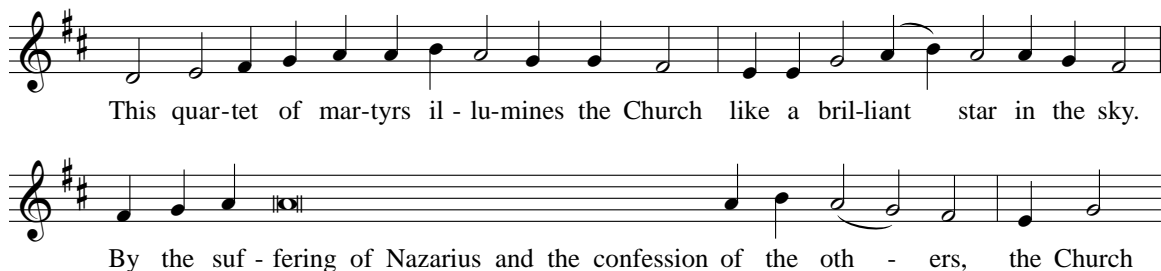
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**14 The holy Martyrs Nazarius, Gervase, Protase, and Celsus.** Nazarius was a fearless Christian who visited Gervase and Protase in prison in Milan. The governor ordered Nazarius to be whipped and driven from the city. He eventually returned to Milan with his disciple Celsus. Gervase and Protase were still in prison, and Nero the emperor ordered that all four of them die by beheading. St. Ambrose found the relics of Gervase and Protase on this day, and had them translated with solemn rites to a new basilica built by himself. (60)

**Our venerable mother Paraskevia of Trnovo.** Of Serbian birth, her parents were devout Christians. She left her home and went first to Constantinople and then to Jerusalem, and then to the wilderness beyond the Jordan, where she lived to old age in asceticism. At the end of her life, she returned to her birthplace of Epibata and gave her spirit to God there, sometime in the eleventh century. (1201)

**The holy priest-martyr Roman Lysko.** Born in Galicia in 1914, he graduated from the L'viv Theological Academy and was ordained priest in 1941. He was arrested by the Soviets and imprisoned in L'viv, where he died. (1949)

**Troparion of the Martyrs - Tone 4**



This quar-tet of mar-tyrs il-lu-mines the Church like a bril-liant star in the sky.

By the suf-fering of Nazarius and the confession of the oth-ers, the Church



has been made to sing: Glo-ry to God, the strength of mar - tyrs.

**Troparion of Paraskevia - Tone 4**



You fol - lowed close - ly in the steps of Christ, your spouse, lov - ing the



si - lent des - ert life. As a young wom - an you took up his yoke and armed



your - self with the cross a - gainst the en - e - my. By fast - ing and prayer, by



tears and pen - ance, you ut - ter - ly quenched the fires of pas - sion.

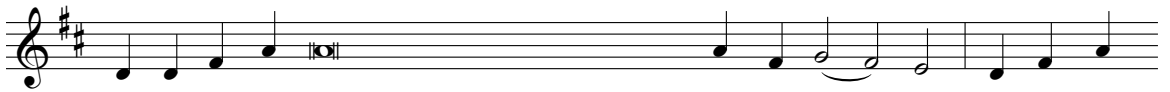


Now you stand with the wise virgins in Christ's pres - ence and pray for those



who honor your memory, O Par - a - ske - vi - a.

**Kontakion of Paraskevia - Tone 6**



Let us all sing of holy Paraskevia, patroness of those in per - il. She spurned



the crown of corruption and re - ceived the last - ing one; there - fore, God has given



her glory and the grace of mir - a - cles.

**Kontakion of the Martyrs - Tone 2**



You ap-peared as bright lamps, O god - ly mar - tyrs. You en-light-ened



all creation with the bril-liance of your mir - a - cles. As you free us from sickness



and drive away forever the depths of dark - ness, pray with-out ceas-ing to Christ



our God for all of us.

**Prokeimenon - Tone 4 (Psalm 15:3,8):**



To all the saints in his land, the Lord has shown all the



won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 4 (Psalm 33:18,20):**



Al - le - lu - ia! Al - le lu - ia! Al - le - lu - - - ia!

**Verse:** When the righteous cried out, the Lord heard; and from all distress he saved them.

**Verse:** Many are the troubles of the righteous, but from them all the Lord will rescue them.

Communion Hymn (Psalm 32:1):

F

Re-joyce in the Lord, re-joyce, you right-ous ones; praise from the up-right,

*Refrain*  
the up - right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**15 Our venerable father Euthymius the Younger.** Born in Ancyra in 824 of Christian parents, he served in the army, married, and had one daughter. He lived for a long time in the monasteries of Olympus and then on the Holy Mountain. He entered into his rest on Mount Athos, and his wonder-working relics are preserved in the city of Salonica. (9th century)

**The holy venerable martyr Lucian, priest of the Great Church of Antioch.** In his youth he was given a very wide education. After giving away his goods to the poor, he fed himself with the work of his hands. He is responsible for the correction of the Hebrew text of the Holy Scriptures. In the persecution of the emperor Maximian, he was thrown into prison and died a martyr's death. Saint John Chrysostom praised him highly for his love of the poor and of the ascetic life. (312)

**In Carmelite communities: Our venerable mother Teresa of Jesus, abbess of Avila.** Having joined the Carmelite Order in Avila in Spain, she was made mother and teacher of a more vigilant observance. She set forth the spiritual progress in her own heart under the appearance of an ascension of the soul by a stairway to God. She suffered many trials for the reformation of her Order, which she met with an unconquered spirit. She also wrote many books filled with the highest teaching and experience of the love of God. (1582)

Troparion of Euthymius - Tone 8

In you, O fa - ther, the di - vine im - age was strict - ly pre-served;

tak - ing up your cross, you fol - lowed Christ. You taught us



by ex - am - ple how to spurn the flesh, for it pass - es a - way, and how to  
 care for the soul, which is im - mor - tal. There - fore, O ven - er - a - ble  
 Eu - thy - mi - us, your soul re - joic - es with the an - gels.

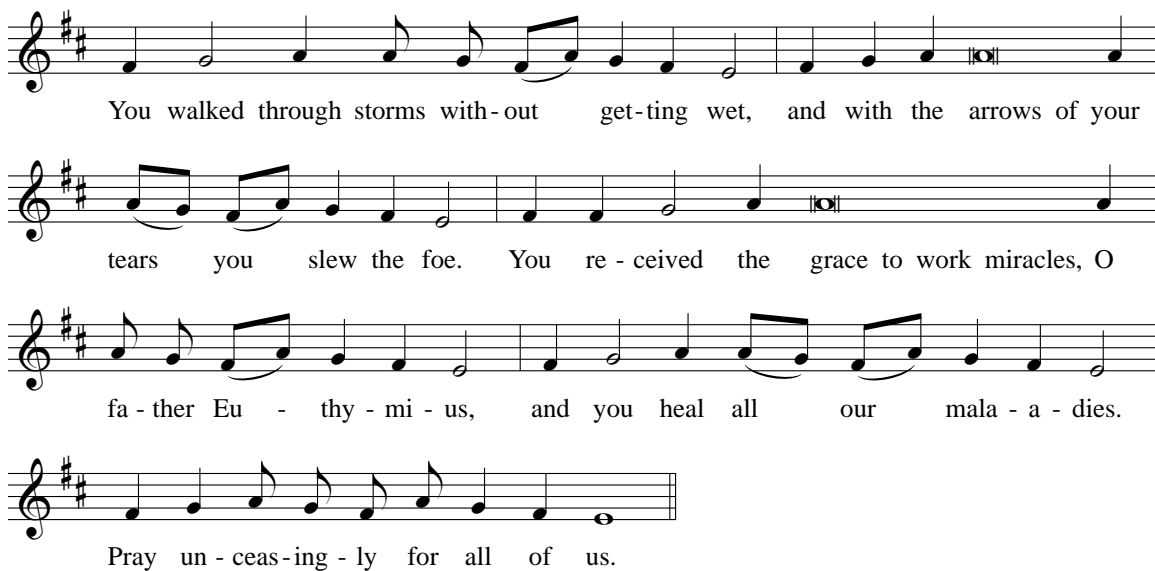
**Troparion of Lucius - Tone 4**

You kept your-self chaste by your fast - ing, and you re - ceived an untarnishing  
 crown by your mar - tyr - dom. O mar - tyred priest, Lucian, the pride of An - ti - och,  
 beg Christ to save us who keep your ho - ly mem - o - ry.

**Kontakion of Lucian - Tone 2**

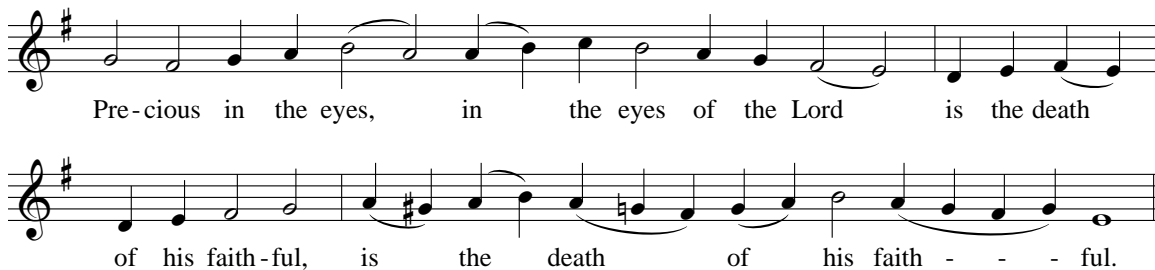
We praise Lu - cian in song as a real light, for he was re - nowned  
 first in his fast - ing and sec - ond - ly by his mar - tyr's blood.  
 He prays with - out ceas - ing for all of us.

### Kontakion of Euthymius - Tone 2



You walked through storms with-out get-ting wet, and with the arrows of your  
tears you slew the foe. You re - ceived the grace to work miracles, O  
fa - ther Eu - thy - mi - us, and you heal all our mala - a - dies.  
Pray un - ceas - ing - ly for all of us.

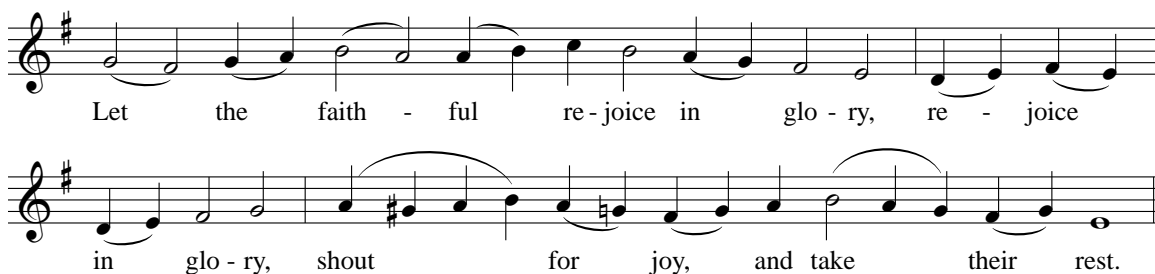
### Prokeimenon for a Venerable - Tone 7 (Psalm 115:6,3):



Pre-cious in the eyes, in the eyes of the Lord is the death  
of his faith-ful, is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

### Prokeimenon for a Venerable Martyr - Tone 7 (Psalm 149:5,1):



Let the faith - ful re-joice in glo - ry, re - joice  
in glo - ry, shout for joy, and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia for a Venerable - Tone 6** (Psalm 111:1,2):

Al - le - lu - ia! Al - - - - le - lu - - - ia!

Al - le - lu - - - - ia!

Detailed description: This block contains two staves of musical notation in G major (one sharp). The first staff has a treble clef and a key signature of one sharp. The melody is written on a five-line staff. The lyrics 'Al - le - lu - ia!' are placed below the notes. The second staff continues the melody with the lyrics 'Al - - - - le - lu - - - ia!'. The third staff continues with 'Al - le - lu - - - - ia!'.

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Verse:* His posterity will be mighty upon the earth.

**Alleluia for a Martyr - Tone 2** (Psalm 131:9,13):

Al - le - lu - ia! Al - - - - le - lu - - - ia!

Al - - - - le - lu - ia!

Detailed description: This block contains two staves of musical notation in G major. The first staff has a treble clef and a key signature of one sharp. The melody is written on a five-line staff. The lyrics 'Al - le - lu - ia!' are placed below the notes. The second staff continues the melody with the lyrics 'Al - - - - le - lu - - - ia!'. The third staff continues with 'Al - - - - le - lu - ia!'.

*Verse:* Your priests will be clothed with righteousness and your saints will rejoice.

*Verse:* The Lord has chosen Zion; he prefers her for his dwelling.

**Communion Hymn** (Psalm 111:6,7):

A

The just man will be re-mem-bered for - ev - er; e - vil news he

*Refrain*

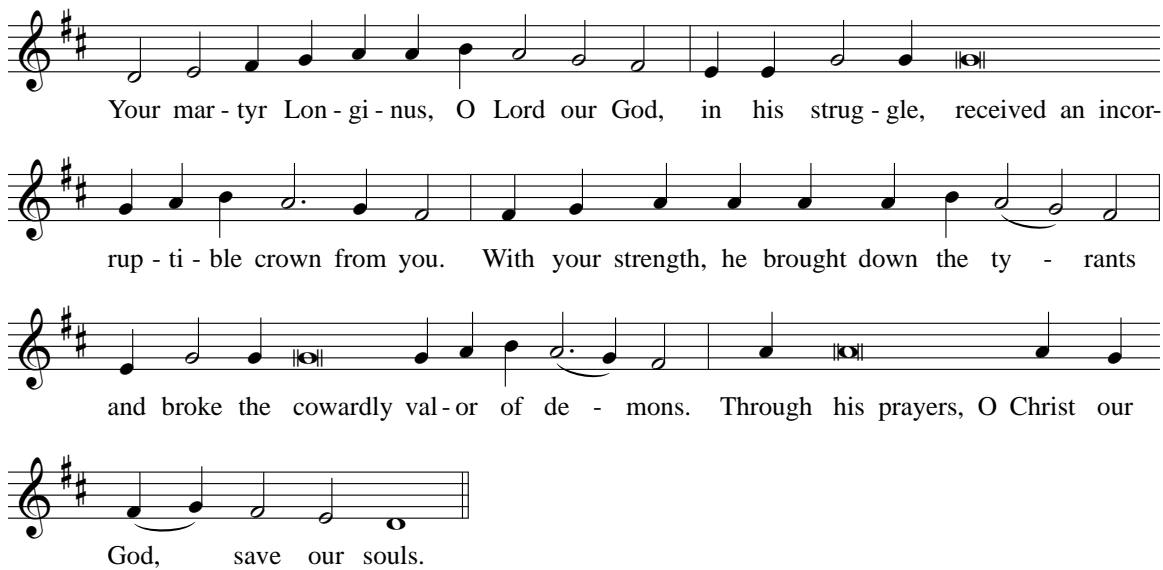
will not fear, e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia!

Detailed description: This block contains three staves of musical notation in G major. The first staff has a treble clef and a key signature of one sharp. The melody is written on a five-line staff. The lyrics 'The just man will be re-mem-bered for - ev - er; e - vil news he' are placed below the notes. The second staff continues the melody with the lyrics 'will not fear, e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia!'. The third staff continues with 'Al - le - lu - ia!'.

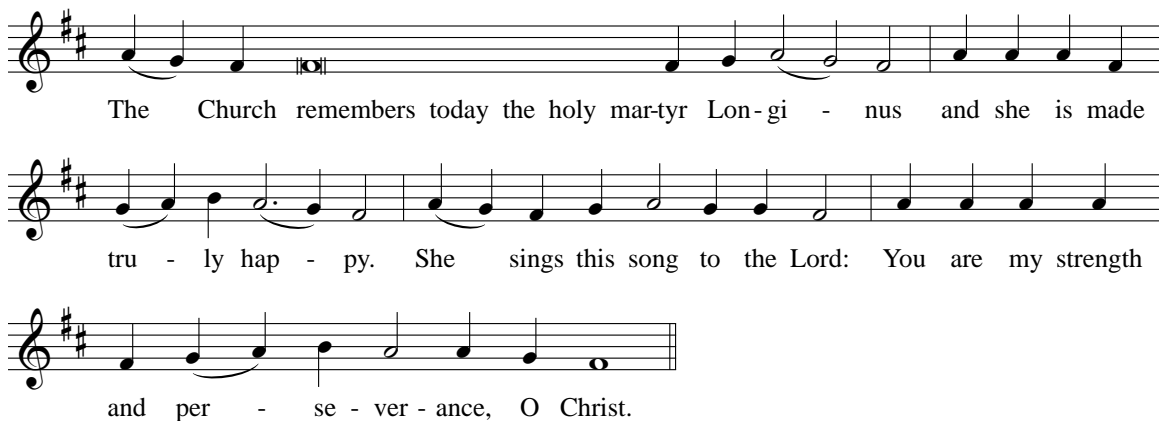
**16 The holy martyr Longinus the Centurion** at Jerusalem, the honored soldier who pierced with his spear the side of the Lord on the cross.

**Troparion - Tone 4**



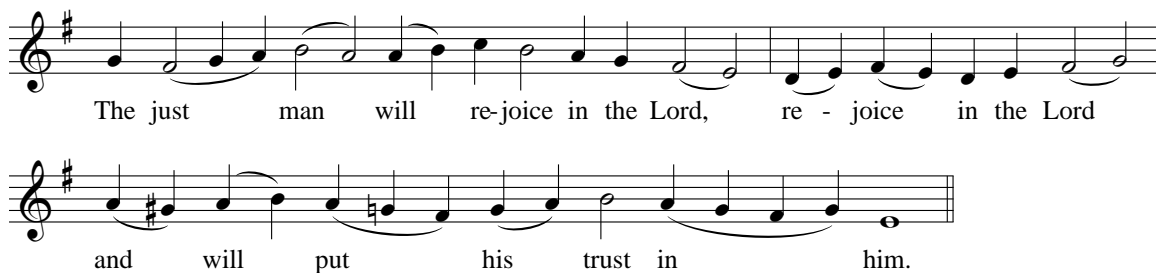
Your mar - tyr Lon - gi - nus, O Lord our God, in his strug - gle, received an incor -  
rup - ti - ble crown from you. With your strength, he brought down the ty - rants  
and broke the cowardly val - or of de - mons. Through his prayers, O Christ our  
God, save our souls.

**Kontakion - Tone 4**



The Church remembers today the holy mar - tyr Lon - gi - nus and she is made  
tru - ly hap - py. She sings this song to the Lord: You are my strength  
and per - se - ver - ance, O Christ.

**Prokeimenon - Tone 7** (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joice in the Lord  
and will put his trust in him.

*Verse:* Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4** (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* The just man will flourish like the palm tree and grow like a cedar of Lebanon.

*Verse:* Planted in the house of the Lord, he will flourish in the courts of our God.

**Communion Hymn** (Psalm 111:6,7):

B



The just man will be re - mem - bered for - e - - ver;  
e - vil news he will not fear; e - vil news he will not fear.

*Refrain*



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**17 The holy prophet Hosea**, who not only by his words but also by his manner of life showed the unfaithful people of Israel that the Lord was an ever-faithful Spouse, moved by limitless mercy.

**The holy venerable martyr Andrew of Crete** was a priest who defended the cult of the holy icons with great vigor during the persecution under the emperor Copronymos. He attacked the emperor publicly in the church, saying “You would do better, O King, to look to the work of the army and the governing of the people, than to the persecuting of Christ and his servants.” He was attacked by a man with an ax and killed. (767)

**Troparion of Hosea - Tone 2**

As we cel - ebrate the memory of your prophet Ho - se - a, O Lord,  
we im - plore you to save our souls through his prayers.

**Troparion of Andrew - Tone 4**

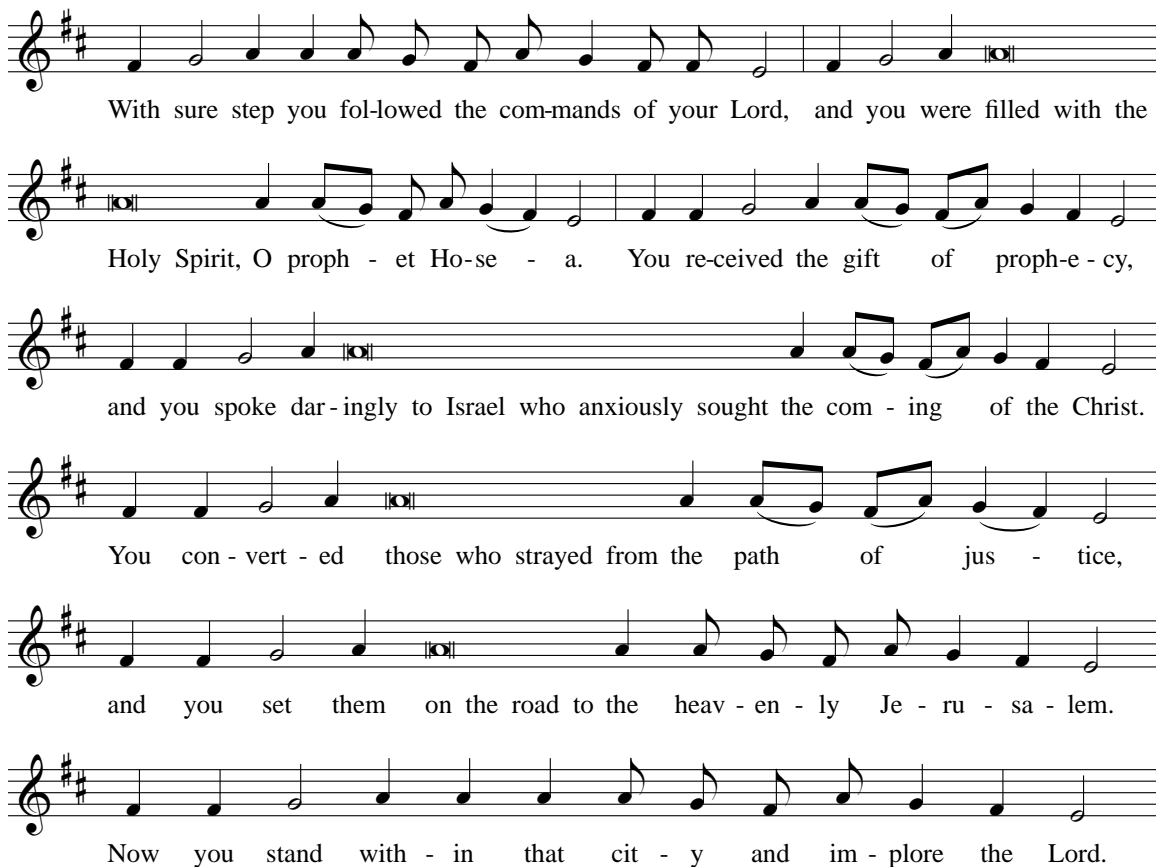
On the moun-tain you reached the sum-mit by fast - ing. You de-destroyed  
the protection of the foe by the arms of the cross. You robbed yourself brave-ly  
in mar - tyr - dom, cut - ting Copronymos down with the sword of faith.  
This is why God crowned you, O memo-ra - ble An - drew, O venerable and  
tru - ly bless - ed mar - tyr.

### Kontakion of Andrew - Tone 3



The cap - i - tol cit - y keeps your mem - 'ry to day, in - vit - ing  
ev - 'ry city and re-gion to join the feast. It is proud to pos-sess your mar-tired  
bod - y. O An - drew, you are a light of true faith.

### Kontakion of Hosea - Tone 2



With sure step you fol-lowed the com-ands of your Lord, and you were filled with the  
Holy Spirit, O proph - et Ho-se - a. You re-ceived the gift of proph-e - cy,  
and you spoke dar-ingly to Israel who anxiously sought the com - ing of the Christ.  
You con - vert - ed those who strayed from the path of jus - tice,  
and you set them on the road to the heav - en - ly Je - ru - sa - lem.  
Now you stand with - in that cit - y and im - plore the Lord.



Pray un - ceas - ing - ly for all of us.

**Prokeimenon for a Prophet - Tone 4** (Psalm 109:4,1):



You are a priest for - ev - er ac - cord - ing to the order



of Mel - chiz - e - dek.

*Verse:* The Lord said to my Lord: Sit at my right hand till I make your enemies your footstool.

**Prokeimenon for a Venreable Martyr - Tone 8** (Psalm 149:5,1):



Let the faith - ful re - joyce, re - joyce in glo - ry, shout for joy



and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia for a Prophet - Tone 5** (Psalm 98:6; 96:11):



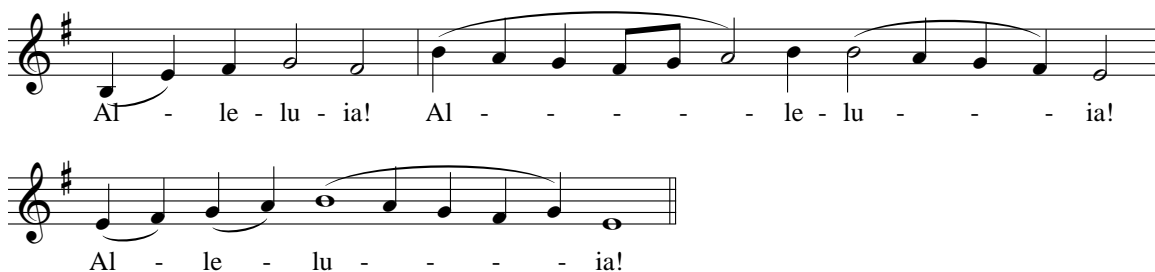
Al - - le - lu - ia! Al - le - lu - ia! Al - le - lu - - ia!

*Verse:* Moses and Aaron were among his priests;  
Samuel was among those who called upon his name.

*Verse:* Light dawns for the just, and gladness for the upright of heart.



**Alleluia for a Venerable Martyr - Tone 6** (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - le - lu - - - ia!

Al - le - lu - - - - ia!

**Verse:** Happy the man who fears the Lord and greatly delights in his commands.

**Verse:** His posterity will be mighty upon the earth.

**Communion Hymn for a Prophet** (Psalm 111:6,7):

C



The just man will be re - mem - bered for - e - ver;

e - vil news he will not fear, e - vil news he will not fear, he will not fear.

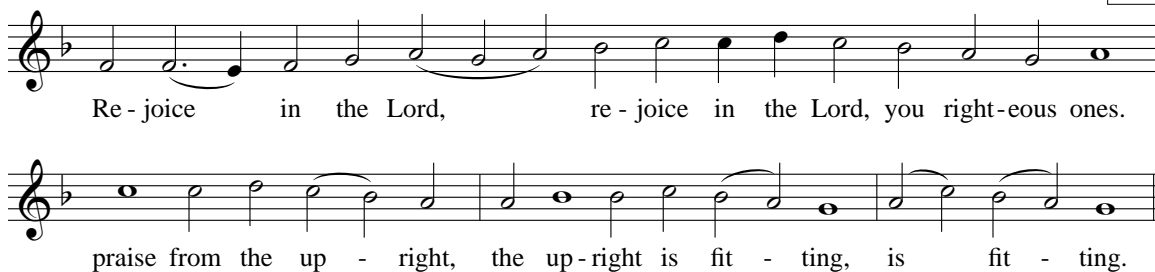
*Refrain*



Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

**Communion Hymn for a Venerable Martyr** (Psalm 32:1):

C



Re - joice in the Lord, re - joice in the Lord, you right - eous ones.

praise from the up - right, the up - right is fit - ting, is fit - ting.

*Refrain*



Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

**18 The holy apostle and evangelist Luke** who, as it is told, was born of a pagan family in Antioch and was a doctor by profession. He was converted to the faith and became a most-beloved companion of blessed Paul the Apostle. A scribe with the gentleness of Christ, he diligently arranged all the things which Jesus did and taught in the book of his Gospel. Likewise, in his Acts of the Apostles, he told the beginnings of the life of the Church up to the time of the first visit of Paul to Rome.

**Troparion - Tone 5**

Let us praise the ho - ly and glorious apos-tle Luke with sa - cred chants;

for he is a liv - ing doctor who heals hu - man weak - ness,

the ills of souls, and the sick - ness of na - - - ture.

He is the awe - some writ - er of the gos - pel of Christ,

and the sto - ry of the Acts of the A - pos - - - tles.

He re - cord - ed for the Church what had been un - writ - - - ten.

**Kontakion - Tone 2**

Let us praise the heav'n-ly Luke, a star of the Church, a preach-er of

true holiness, and one who clarified the in - ef - fa - ble mys - ter - ies. The Word  
 who search - es all hearts chose him and Paul to be teach - ers of the Gen - tiles.

**Prokeimenon - Tone 8** (Psalm 18:5,2):

Through all the earth their voice re - sounds; their mes - sage reach - es  
 to the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1** (Psalm 88:6,8):

Al - le - lu - - - ia! Al - - - le lu - ia!  
 Al - le - lu - - - ia!

Communion Hymn (Psalm 18:5):

D

Through all the earth their voice re - sounds; their mes - sage  
rea - ches to the ends of the world! Al - - le - lu - ia!  
Al - - - le - lu - ia! Al - - - le - lu - ia!

*Refrain*

The image shows a three-line musical score in G major (one sharp) and 4/4 time. The first line contains the lyrics 'Through all the earth their voice re - sounds; their mes - sage'. The second line contains 'rea - ches to the ends of the world! Al - - le - lu - ia!'. The third line contains 'Al - - - le - lu - ia! Al - - - le - lu - ia!'. A 'Refrain' label is placed above the second line. The music consists of a single melodic line on a treble clef staff.

**19 The holy prophet Joel**, who announced the great day of the Lord and the mysterious pouring out of the Spirit on all flesh, which the divine majesty in Christ deemed fit to fulfill marvelously on the day of Pentecost.

**The holy martyr Varus** in Egypt. He was a soldier, who, under Maximianus the emperor, visited and refreshed six holy hermits held in a prison. When a seventh died in the wilderness, Varus wished to take his place and suffered most cruel torments with them. (307)

**Our venerable father John of Rila** was born in Skrino, at the time of the emperor Boris, to poor but worthy parents. After their death, he became a monk and lived in a high mountain cave for a while, and then lived in a hollow tree on the mountain of Rila in Bulgaria. Eventually he came to be known among men as one who worked wonders. Many who were seeking the spiritual life came to settle near John, and a church and monastery were built there. John died at the age of seventy, and his relics are preserved at the monastery at Rila. (946)

**Troparion of Joel - Tone 2**

You knew be - forehand of the ap - pear - ance of God in the flesh,  
and the de - scent of the Ho - ly Spir - it. You an - nounced

The image shows a two-line musical score in D major (two sharps) and 4/4 time. The first line contains the lyrics 'You knew be - forehand of the ap - pear - ance of God in the flesh,'. The second line contains 'and the de - scent of the Ho - ly Spir - it. You an - nounced'. The music consists of a single melodic line on a treble clef staff.

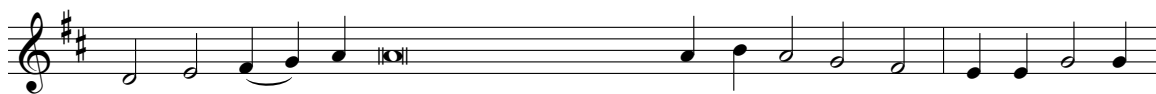


the im-pend-ing judg - ment, O proph-et Joel. By your pray'rs. save from sorrow those



who ven - er - ate you.

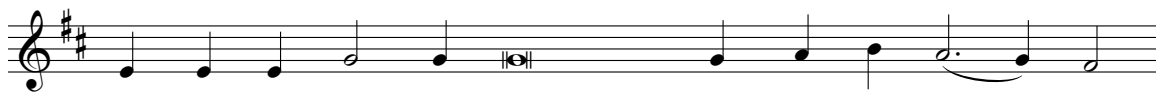
**Troparion of Varus - Tone 4**



You saw the ar - my of martyrs suffer ac-cord-ing to the Law, and dis-play-ing



your your might you sought to en-dure it as well. You longed to die for Christ,



and you re - ceived the martyr's victory from him, O Va - rus.



There - fore, pray to him for the sal-va - tion of our souls.

**Kontakion of Varus - Tone 4**



O Var - us, you drank from the chal-ice of Christ, and you fol-lowed in his

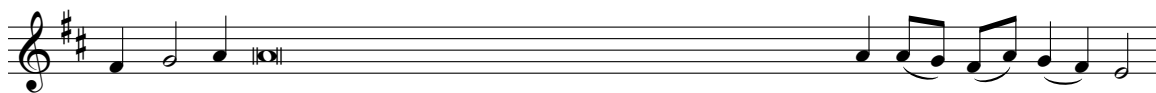


foot - steps. You were a-dorned with the laurels of martyrs and your voice is heard

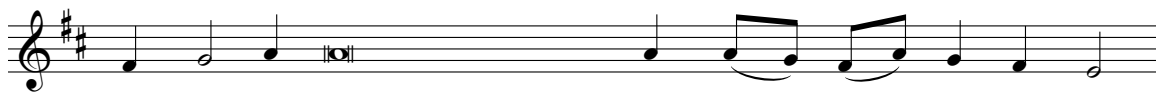


in the an - gel - ic - choir. Pray un - ceas - ing - ly for our souls.

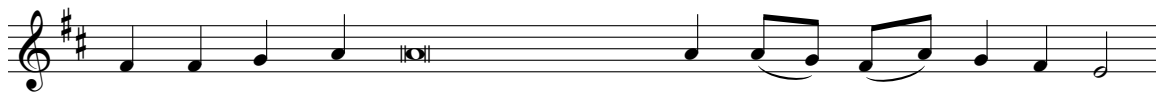
**Kontakion of Joel - Tone 2**



O proph-et, while preaching God you were filled with comfort-ing in - spir - a - tion.



You man - i - fested the light of the na-tions long be - fore he came.



For this we praise you in faith and keep your sa - cred mem - o - ry.



We ask you to beg Christ our God to save our souls.

**Prokeimenon for a Prophet - Tone 4 (Psalm 109:4,1):**



You are a priest for - ev - er ac - cord - ing to the order



of Mel-chiz - e - dek.

*Verse:* The Lord said to my Lord: Sit at my right hand till I make your enemies your footstool.

**Prokeimenon for a Martyr - Tone 7 (Psalm 63:11,2)**



The just man will re-joyce in the Lord, re - joyce in the Lord



and will put his trust in him.

*Verse:* Hear my voice, O God, when I pray to you.

**Alleluia for a Prophet - Tone 5** (Psalm 98:6; 96:11):



Al - - le - lu - ia! Al - le - lu - ia! Al - le - lu - - ia!

*Verse:* Moses and Aaron were among his priests; Samuel was among those who called upon his name.

*Verse:* Light dawns for the just, and gladness for the upright of heart.

**Alleluia for a Martyr - Tone 4** (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* The just man will flourish like the palm tree and grow like a cedar of Lebanon.

*Verse:* Planted in the house of the Lord, he will flourish in the courts of our God.

**Communion Hymn** (Psalm 111:6,7):

E



The just man will be re - mem - bered for - e - ver;

*Refrain*



e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!



Al - le - lu - ia! Al - le - lu - ia!

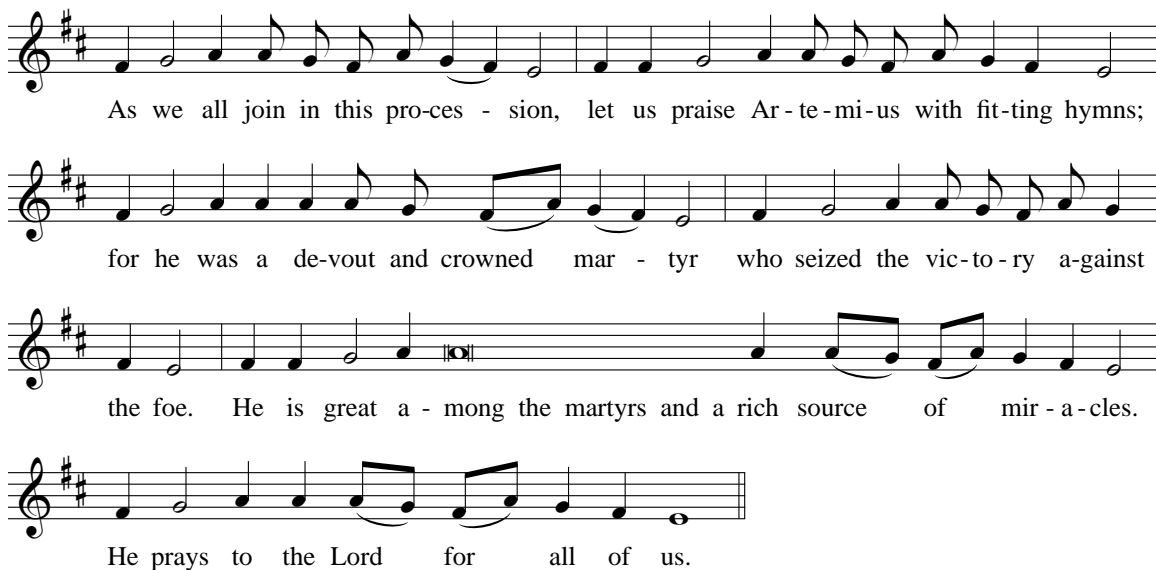
**20 The holy great martyr Artemius.** Egyptian by birth, he was the commander-in-chief of the army of emperor St. Constantine the Great. When the cross of the Lord appeared in the sky to the emperor, Artemius also saw it and came to faith. He was eventually appointed governor in Egypt. During the reign of emperor Julian the Apostate, he was stripped of his rank and thrown into prison. The emperor had him cruelly killed. (392)

### Troparion - Tone 4



You were for - ti - fied by the true faith, O mar - tyr, and you van- quished  
the torturer and his i - dol of - fer - ings. Be - cause you re - proached that king,  
the great King has bestowed on you a shin - ing crown of vic - to - ry  
and a - ston - ishing mira - cles of heal - ing with which you heal all who call on you.  
O great Artemius, beg Christ our God to save our souls.

### Kontakion - Tone 2



As we all join in this pro - ces - sion, let us praise Ar - te - mi - us with fit - ting hymns;  
for he was a de - vout and crowned mar - tyr who seized the vic - to - ry a - gainst  
the foe. He is great a - mong the martyrs and a rich source of mir - a - cles.  
He prays to the Lord for all of us.



**Prokeimenon - Tone 7** (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joice in the Lord  
and will put his trust in him.

*Verse:* Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4** (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* The just man will flourish like the palm tree and grow like a cedar of Lebanon.

*Verse:* Planted in the house of the Lord, he will flourish in the courts of our God.

**Communion Hymn** (Psalm 111:6,7):

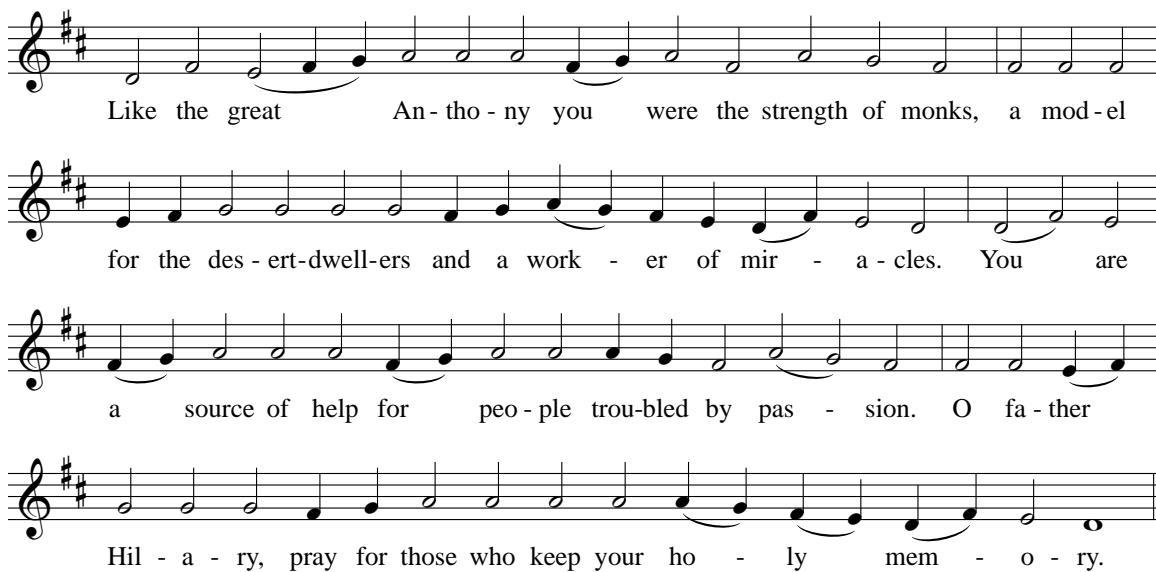
F



The just man will be re - mem - bered, be re - mem - bered for ev - ver  
*Refrain*  
e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!  
Al - le - lu - ia! Al - le - lu - ia!

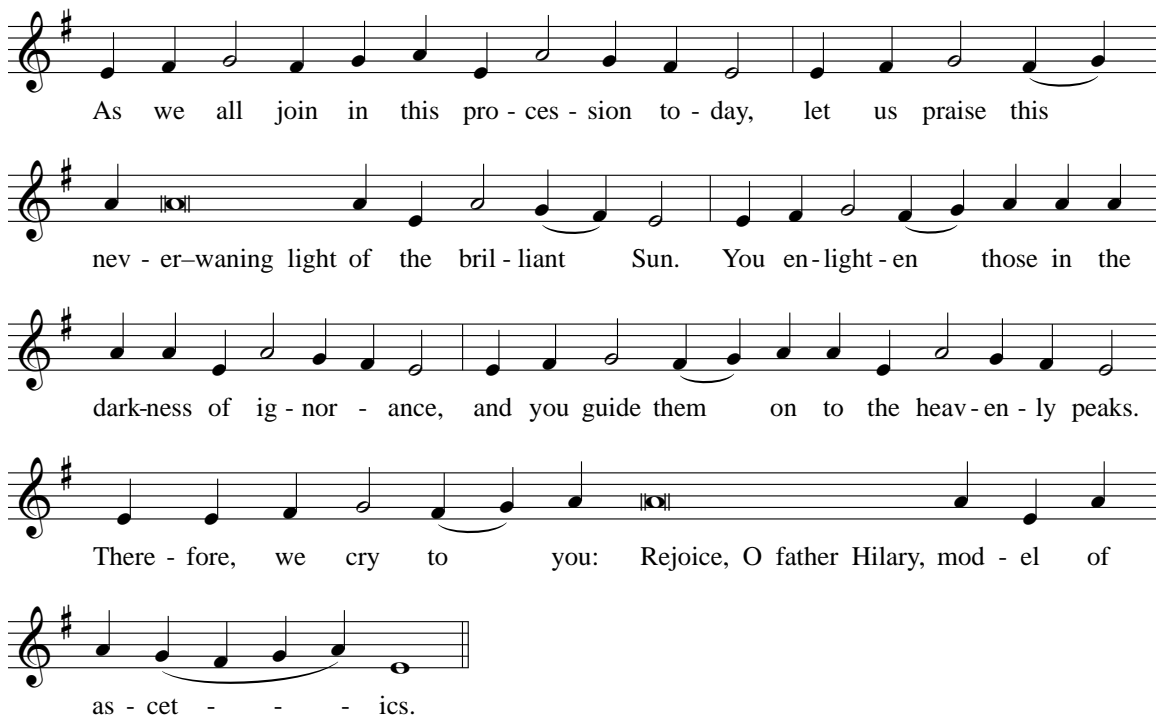
**21 Our venerable father Hilary the Great** on the island of Cyprus, hegumen. He followed in the footsteps of St. Anthony, first near Gaza leading a solitary life. Then in this province of Cyprus, he was an outstanding founder and example of eremetical life. (372)

### Troparion - Tone 8



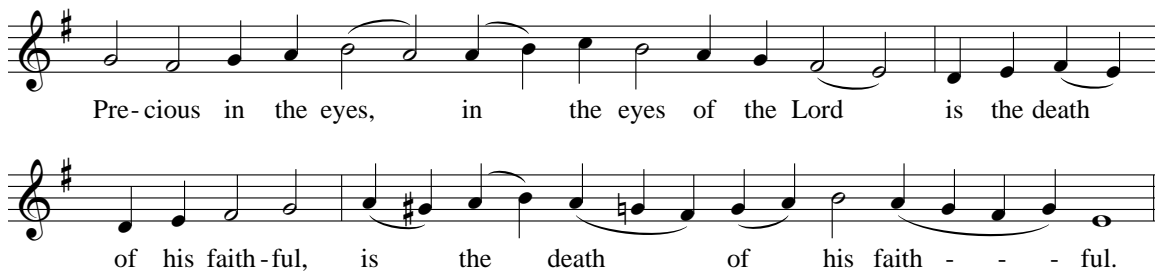
Like the great An-tho-ny you were the strength of monks, a mod-el  
for the des-ert-dwell-ers and a work-er of mir-a-cles. You are  
a source of help for peo-ple trou-bled by pas-sion. O fa-ther  
Hil-a-ry, pray for those who keep your ho-ly mem-o-ry.

### Kontakion - Tone 3



As we all join in this pro-ces-sion to-day, let us praise this  
nev-er-waning light of the bril-liant Sun. You en-light-en those in the  
dark-ness of ig-nor-ance, and you guide them on to the heav-en-ly peaks.  
There-fore, we cry to you: Rejoice, O father Hilary, mod-el of  
as-cet-ics.

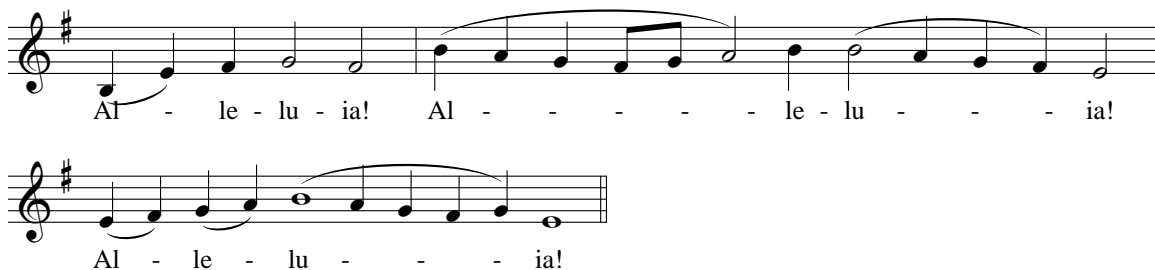
**Prokeimenon - Tone 7** (Psalm 115:6,3):



Pre-cious in the eyes, in the eyes of the Lord is the death  
of his faith-ful, is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

**Alleluia - Tone 6** (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - - le - lu - - - - ia!  
Al - le - lu - - - - ia!

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Verse:* His posterity will be mighty upon the earth.

**Communion Hymn** (Psalm 111:6,7):

A



The just man will be re-mem-bered for-ev - er; e - vil news he  
*Refrain*  
will not fear, e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia!  
Al - le - lu - - - - ia!

**2 The holy bishop Abercius, equal to the apostles and wonderworker,** at Hieropolis in Phrygia, a disciple of Christ the good Shepherd, of whom it is said that he made a journey through different areas and nourished the faith with a mystical food. He reached throughout Syria and Mesopotamia, and went to the Lord in great old age at the end of the second century. (2nd century)

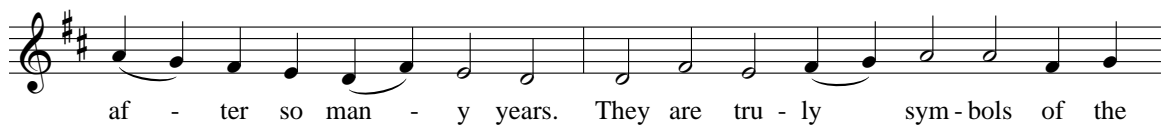
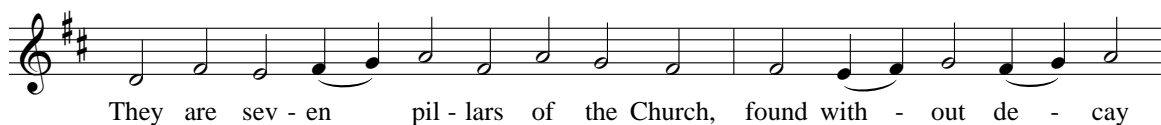
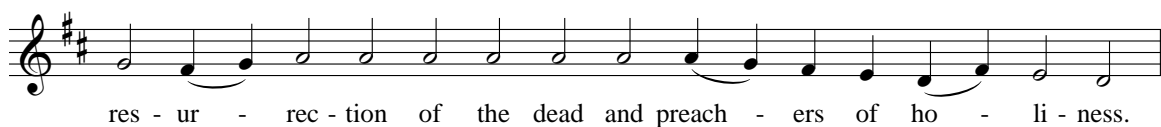
**the holy seven children of Ephesus** During the persecution of the emperor Decius, seven young soldiers refused to sacrifice to idols. Tradition says that their names were: Maximilian, Iamblichus, Martinian, John, Dionysius, Exacustodianus, and Antoninus. They concealed themselves in a cave outside of Ephesus, and the emperor had them sealed into the cave to kill them. In the reign of the Christian emperor Theodosius the younger (408-450), there arose a dispute about the veracity of the Christian teaching on the resurrection of the dead. The youths awoke, testified to the true teaching, and one week later died. (250 and 454) *(Also remembered on August 4.)*

**Troparion of Abercius - Tone 4**

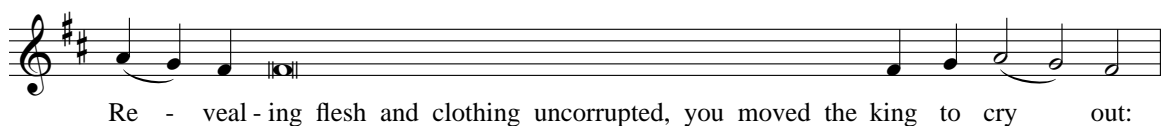
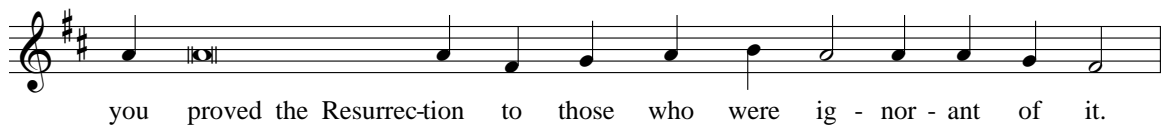
You be - came a preach - er of truth and a work-er of mir - a - cles,  
a fa - ther of orphans and a sup - port of the poor, a brave shep - herd of the  
flock and a ter - ror to dev - ils. De - fend those who cry to you, O  
fa - ther A - ber - ci - us, and beg Christ our God to save our souls.

**Troparion of the Martyrs - Tone 8**

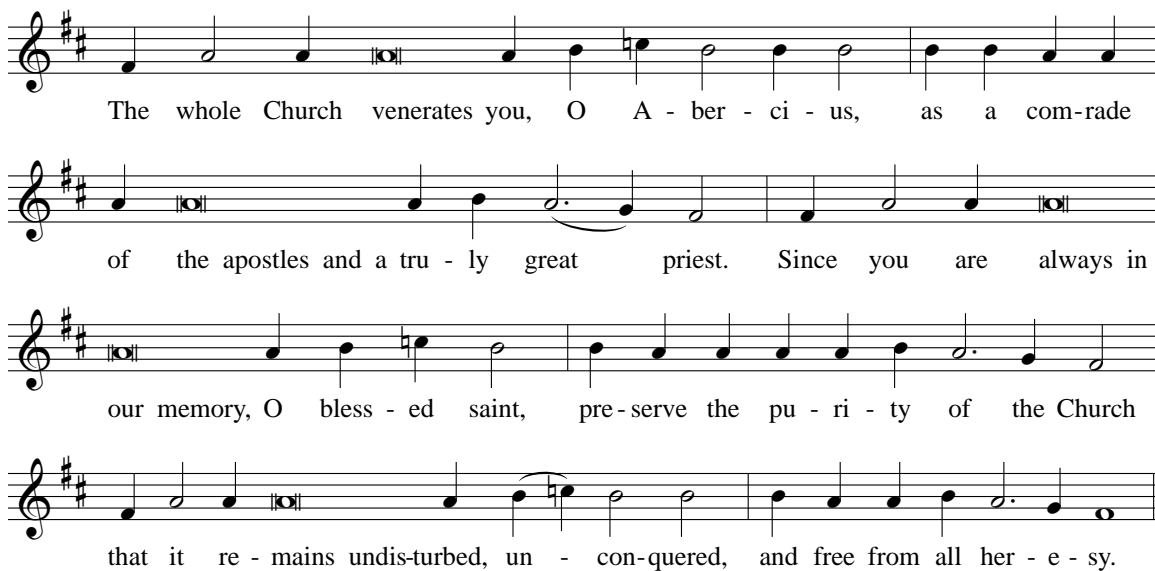
Let us praise these bless - ed chil - dren in song. They are sym - bols of the



**Kontakion of the Martyrs - Tone 4**

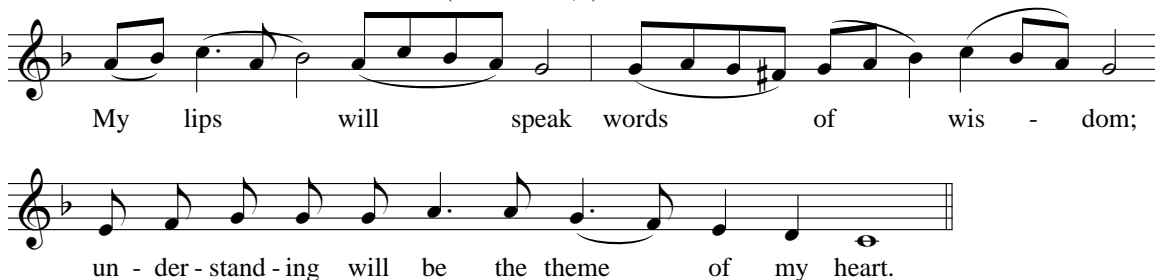


**Kontakion of Abercius - Tone 8**



The whole Church venerates you, O A - ber - ci - us, as a com-rade  
of the apostles and a tru - ly great priest. Since you are always in  
our memory, O bless - ed saint, pre-serve the pu - ri - ty of the Church  
that it re - mains undis-turbed, un - con-querred, and free from all her - e - sy.

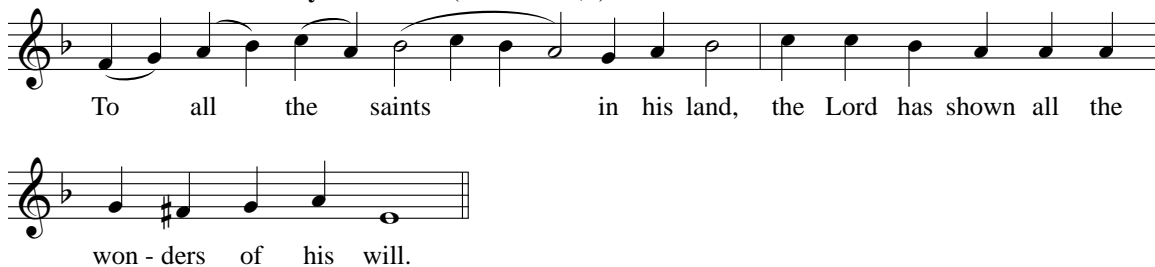
**Prokeimenon for a Hierarch - Tone 1 (Psalm 48:4,2):**



My lips will speak words of wis - dom;  
un - der - stand - ing will be the theme of my heart.

**Verse:** Hear this, all you peoples; give heed, all who dwell in the world.

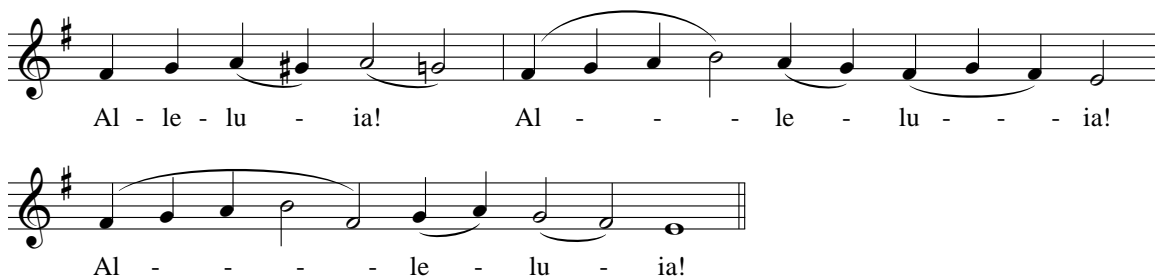
**Prokeimenon for the Martyrs - Tone 4 (Psalm 15:3,8):**



To all the saints in his land, the Lord has shown all the  
won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia for a Hierarch - Tone 2** (Psalm 36:30,31):



Al - le - lu - ia! Al - - - le - lu - - - ia!  
Al - - - - le - lu - ia!

*Verse:* The just man's mouth utters wisdom and his lips speak what is right.

*Verse:* The law of his God is in his heart; his steps shall be saved from stumbling.

**Alleluia for the martyrs - Tone 4** (Psalm 33:18,20):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* When the righteous cried out, the Lord heard; and from all distress he saved them.

*Verse:* Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Communion Hymn for a Hierarch** (Psalm 111:6,7):

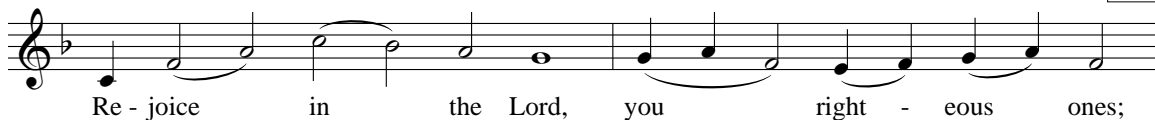
B



The just man will be re - mem - bered for - e - ver;  
e - vil news he will not fear; e - vil news he will not fear.  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Communion Hymn for the Martyrs** (Psalm 32:1):

B



Re - joice in the Lord, you right - eous ones;

praise from the up - right, the up - right is fit - ting.

*Refrain*

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**23 The holy apostle James, the brother of God,** called the Just One, was the first to rule the Church in Jerusalem. Paul testifies that he was among the witnesses of the Resurrection (cf I Cor. 15:7). When a controversy about circumcision arose, he dissented from the opinion of Peter, that the old yoke not be imposed on the gentiles. Not long afterwards, he crowned his apostolate with martyrdom.

**Troparion - Tone 2**

O ho - ly James, as a disciple of the Lord, you re - ceived the gos - pel;

as a mar - tyr, you dis - played an un - yield - ing will. As a broth - er

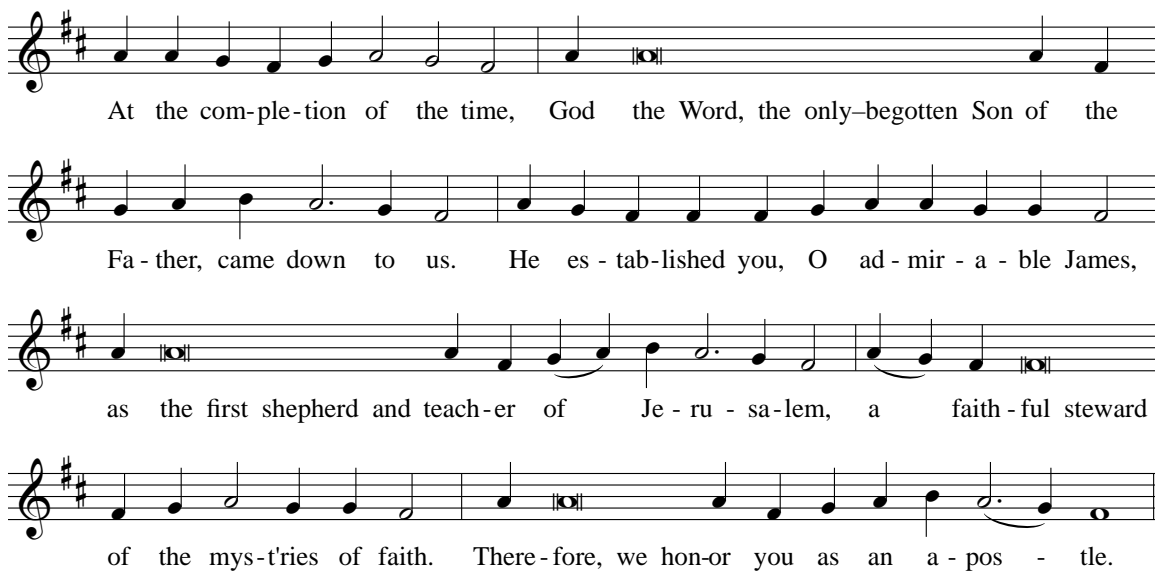
of the Lord, you have spe - cial pow'r with him; as a pon - tiff,

you have the right of in - ter - ces - sion. In - ter - cede, there - fore,

with Christ our God that he may save our souls.

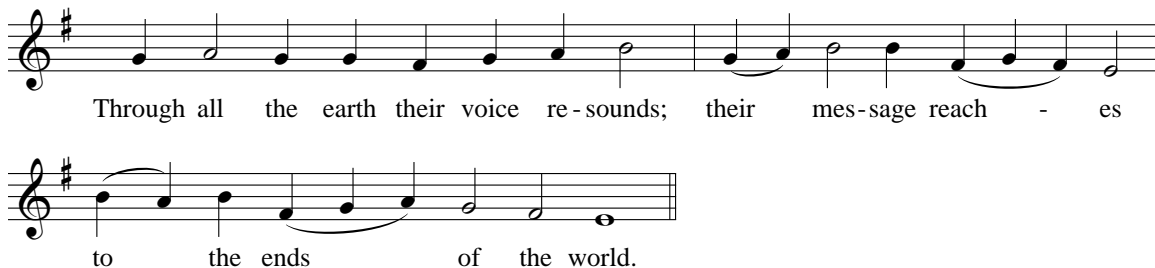


**Kontakion - Tone 4**



At the com-ple-tion of the time, God the Word, the only-begotten Son of the  
Fa-ther, came down to us. He es-tab-lished you, O ad-mir-a-ble James,  
as the first shepherd and teach-er of Je-ru-sa-lem, a faith-ful steward  
of the mys-t'ries of faith. There-fore, we hon-or you as an a-pos-tle.

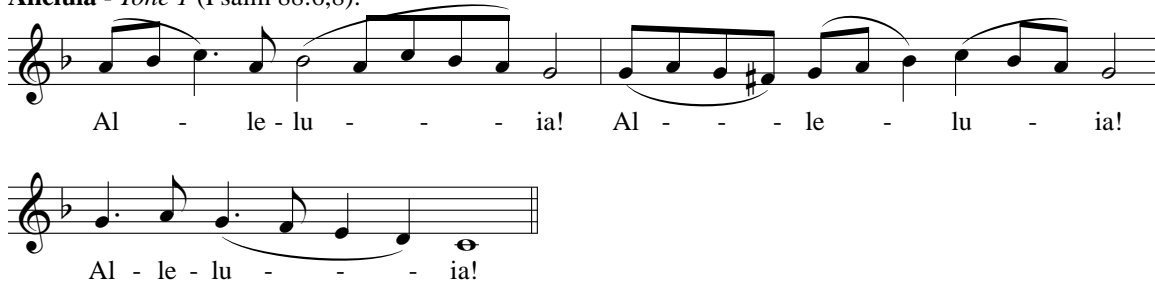
**Prokeimenon - Tone 8 (Psalm 18:5,2):**



Through all the earth their voice re-sounds; their mes-sage reach-es  
to the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1 (Psalm 88:6,8):**



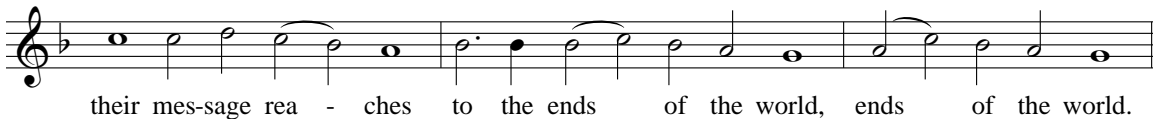
Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

**Verse:** God is glorified in the council of the holy, great and awesome above all who surround him.

Communion Hymn (Psalm 18:5):

C

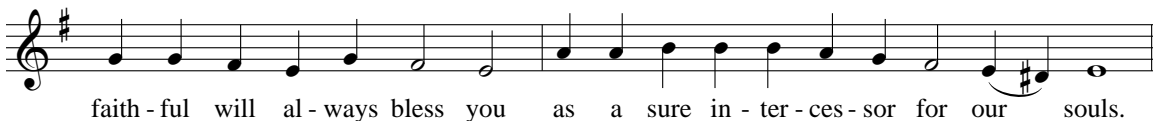
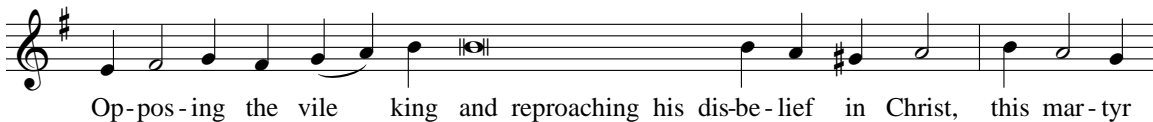


*Refrain*



**24 The holy martyr Arethas and his companions.** He was governor of the city of Nagran in Arabia. He and 340 of his companions, at the time of Justinian the emperor, gave their lives for Christ under Dhu Nuwas or Dun'an, king of the Himayarites. (523)

*Troparion - Tone 1*

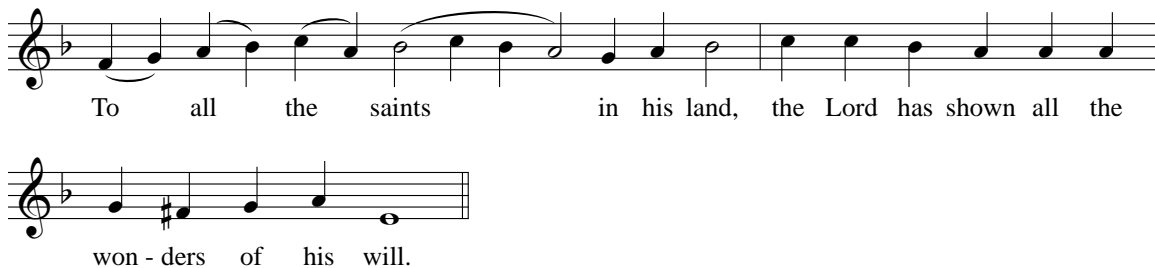


**Kontakion - Tone 4**



To - day is the truly splendid feast of the mar - tyrs. An intercession of  
hap - pi - ness is ours to - day. Let us cel - e - brate this feast  
and bless the Lord in heav - en.

**Prokeimenon - Tone 4 (Psalm 15:3,8):**



To all the saints in his land, the Lord has shown all the  
won - ders of his will.

*Verse:* I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 4 (Psalm 33:18,20):**



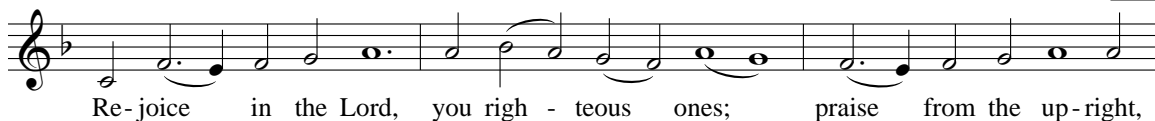
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* When the righteous cried out, the Lord heard; and from all distress he saved them.

*Verse:* Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Communion Hymn (Psalm 32:1):**

D



Re-joyce in the Lord, you righ - teous ones; praise from the up-right,

*Refrain*

the up - right is fit - ting. Al - le - lu - ia! Al - le - lu - ia!

Al - - le - lu - ia!

**25 The holy martyrs and notaries Marcian and Martyrius.** Martyrius was a subdeacon, and Marcianus was a cantor, in Constantinople. They were killed by the Arians under Constantius the emperor. (355)

**The holy and just Tabitha the Merciful.** She was a disciple of the apostles and lived in Joppa (now Jaffa). She was “full of good works and almsgiving” (Acts 9:36). She suddenly weakened and died at the time that St. Peter was in the city of Lydda. The grieving disciples sent to him and asked him to come and comfort the people. On his arrival, he told everyone to leave the room where the corpse was. He knelt in prayer, and called to the body, “Tabitha, arise!” She opened her eyes and arose, and many came to faith because of it.

**Troparion - Tone 1**

O Mar - cian and Mar - ty - rius, a pair of martyrs worthy of each oth - er,

you have crushed the in - fa - my of A - ri - us. O - bey - ing Paul, the

teach - er of accur - ate state - ments, they taught that the Son is consubstantial

with the Father and the Spir - it. They died under the sword and have joined

Christ. They in - ter - cede with him to save our souls.

**Kontakion - Tone 4**

You lived pi - ously since your childhood, O Marcian and Mar - ty - ri - us,  
 and you came to crush A - ri - us. You pre - served the teachings of the faith in - tact  
 by fol - low - ing the wise teach - er Paul. You have found life in his com - pa - ny  
 as de - fend - ers of the Trin - i - ty.

**Prokeimenon - Tone 4 (Psalm 15:3,8):**

To all the saints in his land, the Lord has shown all the  
 won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 4 (Psalm 33:18,20):**

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Verse:** When the righteous cried out, the Lord heard; and from all distress he saved them.

**Verse:** Many are the troubles of the righteous, but from them all the Lord will rescue them.

Communion Hymn (Psalm 32:1):

E

Re-joice in the Lord, you right-eous ones; re-joice in the Lord,  
you right-eous ones; praise from the up-right is fit-ting.  
*Refrain*  
Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia!

**26 The holy and great martyr Demetrius.** Born in Salonica of devout parents, he was a much-longed-for only child. Because of his he received an excellent education. Like his father, Demetrius became a soldier in the Roman army. The emperor Maximian appointed him to persecute the Christians in Salonica, but Demetrius confessed his faith and preached Christ. He was cruelly martyred for his witness to the Lord. Since earliest times, he has been regarded as a wonderworker and powerful intercessor. (305)

**Commemoration of the great and fearful earthquake in Constantinople, 740.** In the time of the emperor Leo the Armenian, there was a terrifying and long-lasting earthquake in Constantinople. The people felt that it was punishment for their sins, and entreated the most holy Mother of God and St. Demetrius to intercede for them.

Troparion - Tone 3

O mar-tyr, the world has seen you as a de-fend-er of those  
im-per-iled and a con-quer-or of the na-tions. In cut-ting  
down the ar-ro-gance of Le-o, you bol-stered Nes-tor

by your cour - age. O ho - ly De - me - tri - us, pray to Christ our God to  
save our souls.

**Kontakion - Tone 2**

God en - dowed you with an in - vin - ci - ble pow - er  
and tinged the Church with your blood, O De - me - tri - us. He al - so  
cov - ers your cit - y with love, for you are its foun - da - tion.

**Prokeimenon - Tone 7 (Psalm 63:11,2)**

The just man will re-joyce in the Lord, re - joice in the Lord  
and will put his trust in him.

**Verse:** Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4 (Psalm 91:13,14):**

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Verse:** The just man will flourish like the palm tree and grow like a cedar of Lebanon.

**Verse:** Planted in the house of the Lord, he will flourish in the courts of our God.

Communion Hymn (Psalm 111:6,7):

F



The just man will be re - mem - bered, be re - mem - bered for ev - ver

*Refrain*



e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!



Al - le - lu - ia! Al - le - lu - ia!

**The holy martyr Nestor** learned of Christianity from St. Demetrius the Great Martyr. Nestor was moved to defend Christians being tortured in the arena of Salonica, and defeated the brute gladiator who was killing the innocents. The emperor Maximian ordered Nestor to be beheaded. (306)

**The holy martyr Capitolina and her servant Erotheides** in Cappadocia (c.304)

Troparion - Tone 3



You took up the pow'r of the cross from the great De - me - tri - us,



and you set out a - gainst the gi - ant. His ter - ri - ble



strength did not save him, for he was cut down by you. They killed you for



this, O ho - ly mar - tyr, but your brav - er - y ush - ered



you be-fore Christ. O Nes-tor, pray for our peace and for mercy on  
all of us.

**Kontakion - Tone 2**

Hav-ing per-fectly endured your martyrdom, you have achieved im-mor - tal  
glo - ry. You have be - come a perfect sol-dier for the Mas - ter  
through the pray'rs of the great De - me-tri-us. Join him, bless-ed Nestor, and  
pray un - ceas - ing - ly for all of us.

**Prokeimenon - Tone 7 (Psalm 63:11,2)**

The just man will re-joyce in the Lord, re - joyce in the Lord  
and will put his trust in him.

**Verse:** Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4** (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Verse:** The just man will flourish like the palm tree and grow like a cedar of Lebanon.

**Verse:** Planted in the house of the Lord, he will flourish in the courts of our God.


**Communion Hymn** (Psalm 111:6,7):

A




The just man will be re - mem - bered for - ev - er; e - vil news he

*Refrain*



will not fear, e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia!




Al - le - lu - ia!

**28 The holy martyrs Terence and Neonila**, husband and wife from Syria, who were martyred with their seven children for their witness to Christ.


**Our holy father Stephen the Sabbaite, hymnographer.** The author of many beautiful Canons, he lived in the community of St. Sabbas the Sanctified, near Jerusalem. He later became a bishop, and died peacefully. (807)

**The holy martyr Paraskevia of Iconium.** In the time of the persecution of Diocletian, Paraskevia continued her good works for the poor and needy in the name of Christ. She was arrested and taken before the governor. He had her flogged and then beheaded. (4th century)

**Troparion of the Martyrs - Tone 4**



Your ho - ly mar - tyrs, O Lord our God, in their strug - gles, received incor -



rup - ti - ble crowns from you. With your strength, they brought down the ty - rants



and broke the cowardly val-or of de - mons. Through their prayers, O Christ our



God, save our souls.

### **Troparion of Paraskevia - Tone 4**



O all-wise and praise-worthy Paraske-vi - a, mar-tyr of Christ, you laid a-side



weak-ness and re-ceived might, thus van - quishing the devil and put-ting



the ty - rant to shame, while cry - ing out and say - ing: Come, cut

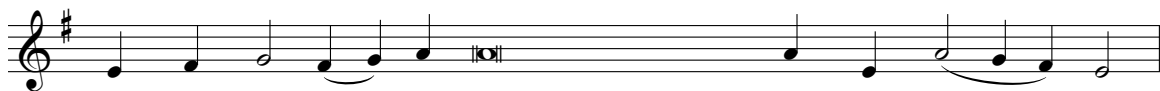


my body apart with your swords and burn me with fire; for I shall go rejoicing

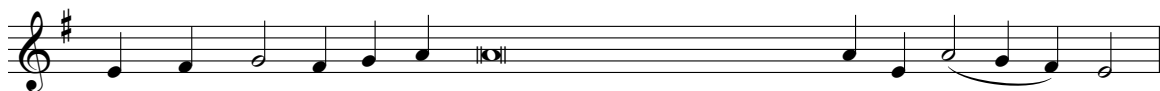


to Christ my Bride - groom! Through her supplica-tions, O Christ God, save our souls.

### **Kontakion of Paraskevia - Tone 3**



You poured out your blood like the finest wine for Christ, your Bride - groom.



You made glad the choirs of angels and foiled the wiles of the de - mons.

We there - fore cher - ish you with honor and faith, O much-suf-fer - ing

Pa - ra - ske - vi - a.

**Kontakion of the Martyrs - Tone 4**

The dear mem-ory of the martyrdom of Terence and his wife comes a - gain to - day.

It fills us with such great joy that we gath - er in delight to re-ceive

a bles - sing. These two have received grace from the Holy Spirit to cure ill

and to heal our wounds.

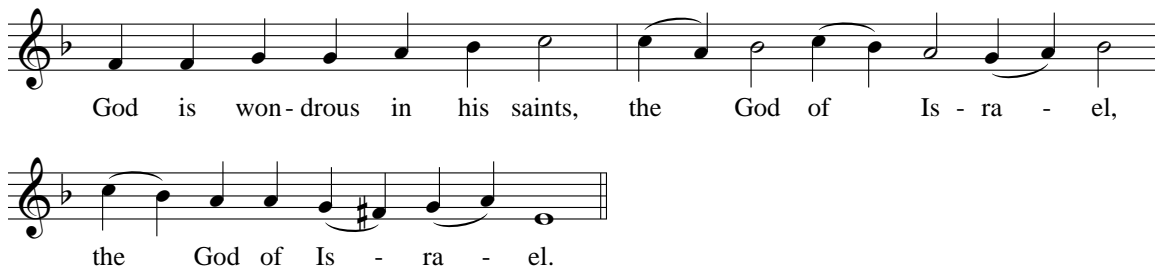
**Prokeimenon for the Martyrs - Tone 4 (Psalm 15:3,8):**

To all the saints in his land, the Lord has shown all the

won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Prokeimenon for a Woman-Martyr - Tone 4** (Psalm 67:36,27):



God is won-drous in his saints, the God of Is - ra - el,  
the God of Is - ra - el.

*Verse:* In the churches bless God; from Israel's wellsprings bless the Lord.

**Alleluia for the Martyrs - Tone 4** (Psalm 33:18,20):

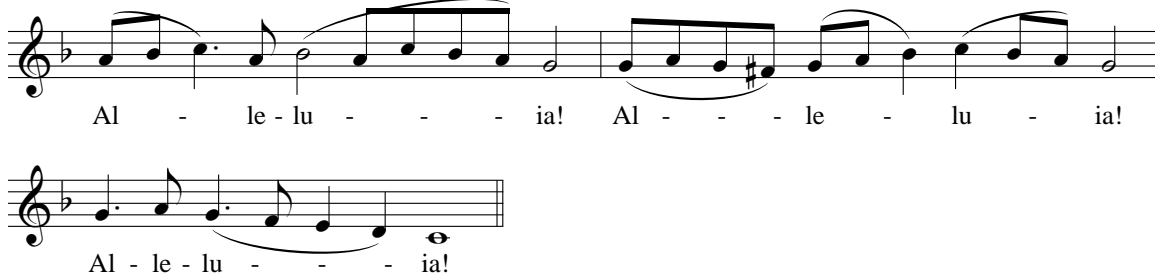


Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* When the righteous cried out, the Lord heard; and from all distress he saved them.

*Verse:* Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Alleluia for a Woman-Martyr - Tone 1** (Psalm 39:2,3):



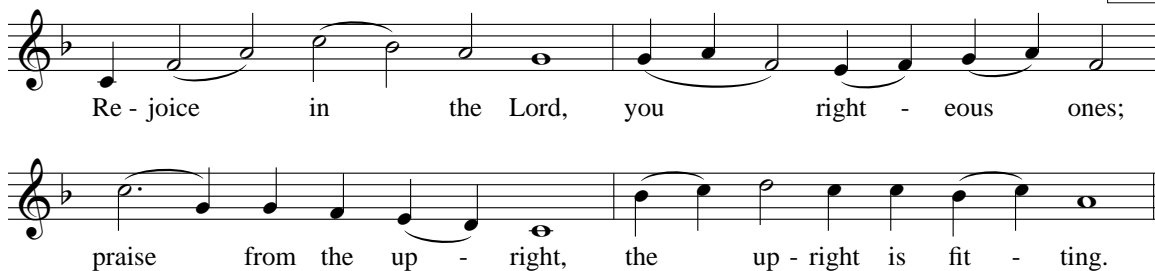
Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

*Verse:* I have waited, waited for the Lord, and he stooped toward me and heard my cry.

*Verse:* He drew me out of the pit of destruction, out of the filthy clay.

**Communion Hymn** (Psalm 32:1):

B



Re - joice in the Lord, you right - eous ones;  
praise from the up - right, the up - right is fit - ting.

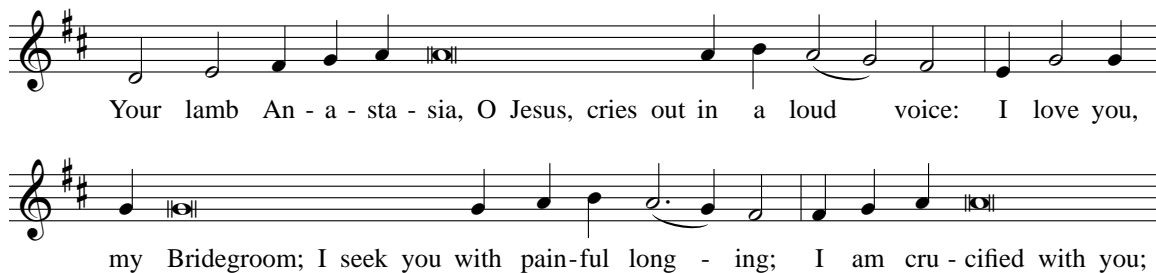


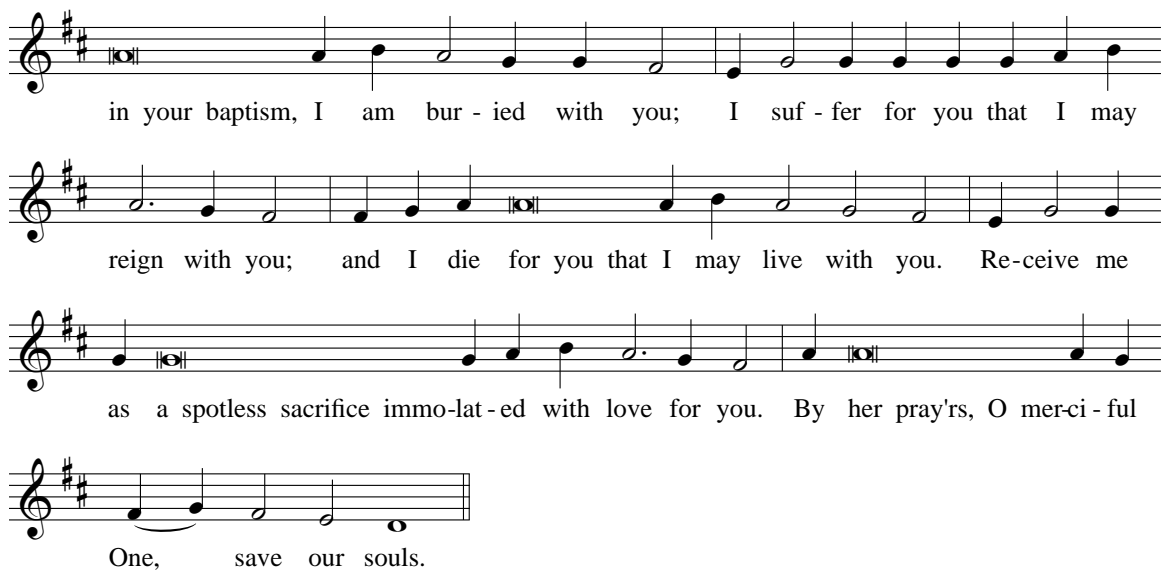
**29 The holy venerable martyr Anastasia.** Born in Rome to wealthy and upper- class parents, she was left an orphan at age three. She was taken to a women’s monastery to live, under the guidance of the Hegumena Sophia. When she was seventeen, the pagan governor summoned her to defend herself, which she did with great eloquence. She was stripped, tortured, and finally mutilated by the guards. This was during the persecution of the emperor Decius (249-251).

**Our venerable father Abraham the hermit.** Under pressure from his parents, Abraham married, but then fled into the desert to live as a hermit. For fifty years he did so, faithfully keeping to the ascetic life which had called him. He died at the age of seventy at Edessa in Osrhoene in Mesopotamia. St. Ephraem the deacon recorded the deeds of this remarkable man. (360)

**The passing of our venerable father Abraham of Rostov, archimandrite and wonderworker,** in the world Avercius, in his youth left his parents' home and entered upon the path of Christian asceticism. Having assumed the monastic form, Abraham settled at Rostov on the shore of Lake Nero. In the Rostov lands there were not many pagans, and the Venerable worked intensely at spreading the true faith. Many of the pagans were persuaded and baptized by Saint Abraham. Particularly great was his influence with the children whom he taught the ability to read and write, instructing them in the law of God, and tonsured monastics from among them. Everyone who came to the monastery of the saint was accepted with love. His life was a constant work of prayer and toil for the benefit of the brethren: he chopped firewood for the oven, he laundered the monks' clothing and carried water for the kitchen. The Venerable Abraham reposed in old age and was buried in the church of the Theophany (11th century)

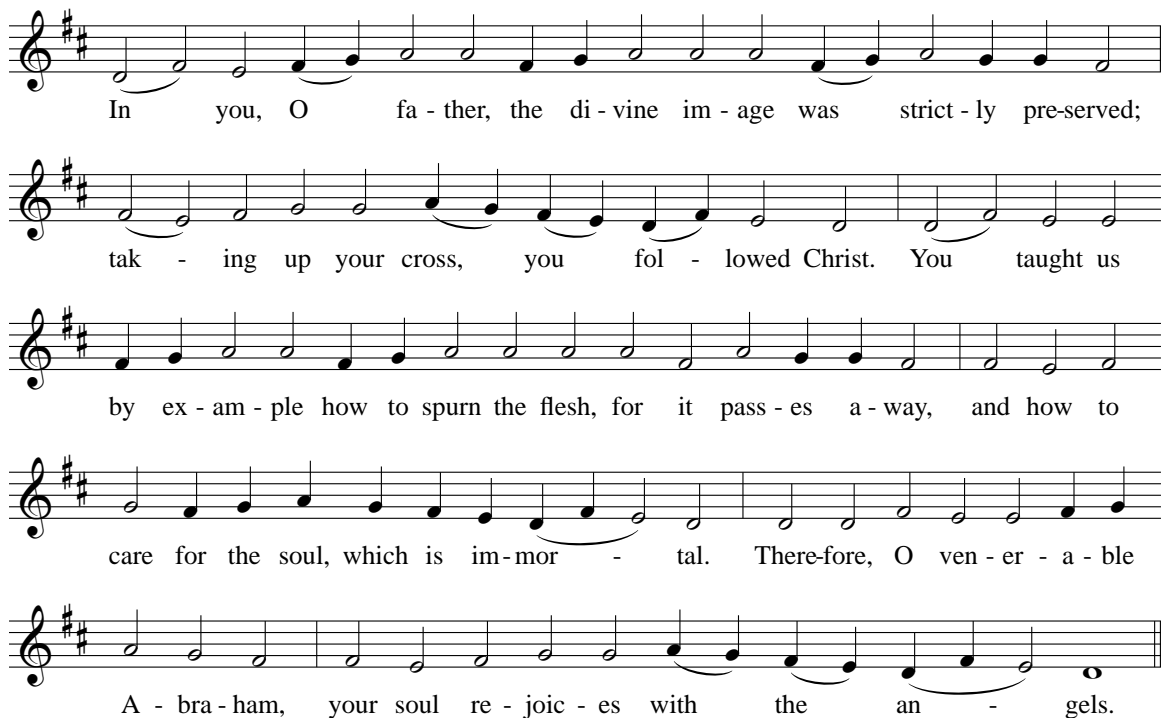
**Troparion of Anastasia - Tone 4**





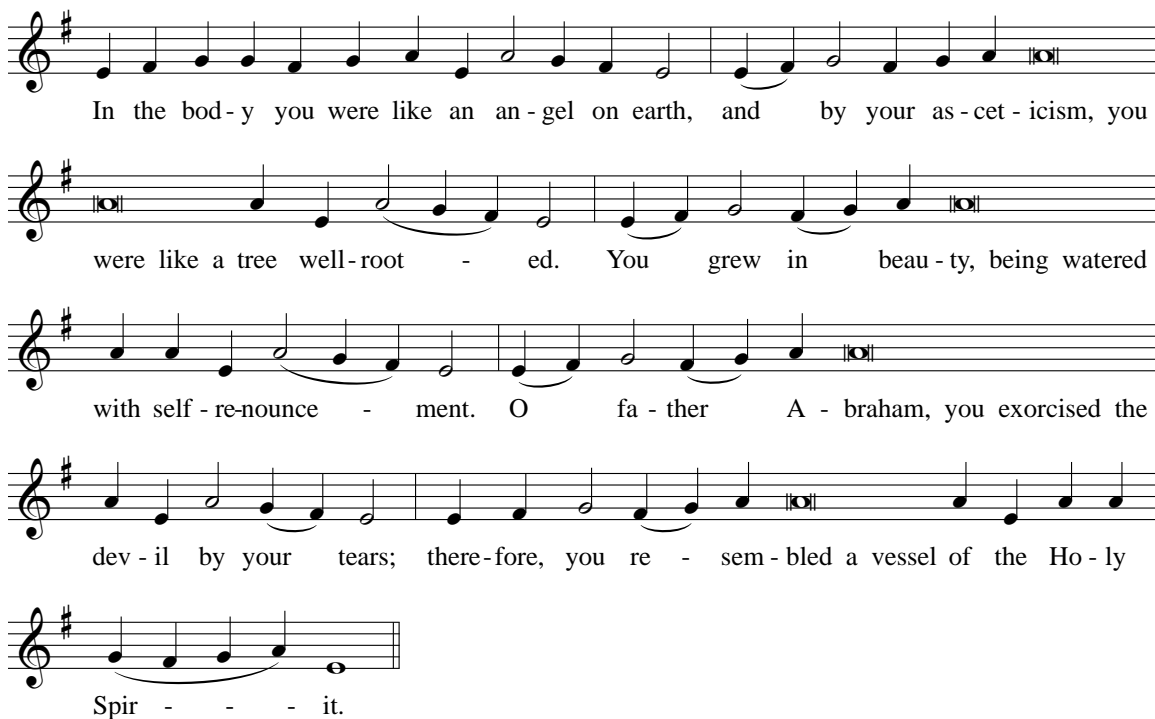
in your baptism, I am bur - ied with you; I suf - fer for you that I may  
 reign with you; and I die for you that I may live with you. Re - ceive me  
 as a spotless sacrifice immo - lat - ed with love for you. By her pray'rs, O mer - ci - ful  
 One, save our souls.

**Troparion of Abraham - Tone 8**



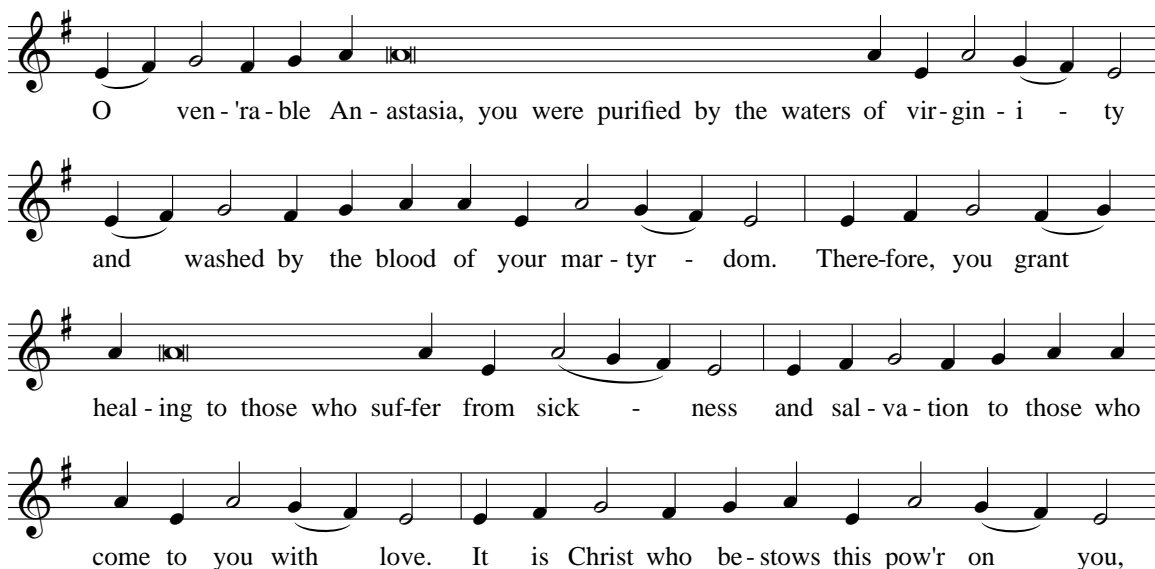
In you, O fa - ther, the di - vine im - age was strict - ly pre - served;  
 tak - ing up your cross, you fol - lowed Christ. You taught us  
 by ex - am - ple how to spurn the flesh, for it pass - es a - way, and how to  
 care for the soul, which is im - mor - tal. There - fore, O ven - er - a - ble  
 A - bra - ham, your soul re - joic - es with the an - gels.

### Kontakion of Abraham - *Tone 3*



In the bod-y you were like an an-gel on earth, and by your as-cet-icism, you were like a tree well-root - ed. You grew in beau-ty, being watered with self-re-nounce - ment. O fa-ther A - braham, you exorcised the dev-il by your tears; there-fore, you re - sem-bled a vessel of the Ho-ly Spir - - - it.

### Kontakion of Anastasia - *Tone 3*



O ven-'ra-ble An - astasia, you were purified by the waters of vir-gin - i - ty and washed by the blood of your mar - tyr - dom. There-fore, you grant heal-ing to those who suf-fer from sick - ness and sal - va - tion to those who come to you with love. It is Christ who be-stows this pow'r on you,



be - cause he is ev - er - gen-'rous with his grace.

**Prokeimenon for a Woman-Martyr - Tone 4** (Psalm 67:36,27):

God is won - drous in his saints, the God of Is - ra - el,

the God of Is - ra - el.

*Verse:* In the churches bless God; from Israel's wellsprings bless the Lord.

**Prokeimenon for a Venerable - Tone 7** (Psalm 115:6,3):

Pre-cious in the eyes, in the eyes of the Lord is the death of his faith-ful,

is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

**Alleluia for a Woman-Martyr - Tone 1** (Psalm 39:2,3):

Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

*Verse:* I have waited, waited for the Lord, and he stooped toward me and heard my cry.

*Verse:* He drew me out of the pit of destruction, out of the filthy clay.

**Alleluia for a Venerable - Tone 6 (Psalm 111:1,2):**

Al - le - lu - ia! Al - - - - - le - lu - - - - ia!

Al - le - lu - - - - ia!

**Verse:** Happy the man who fears the Lord and greatly delights in his commands.

**Verse:** His posterity will be mighty upon the earth.

**Communion Hymn for a Woman-Martyr (Psalm 32:1):**

C

Re - joice in the Lord, re - joice in the Lord, you right-eous ones.

praise from the up - right, the up-right is fit - ting, is fit - ting.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

**Communion Hymn for a Venerable (Psalm 111:6,7):**

C

The just man will be re - mem - bered for - e - ver;

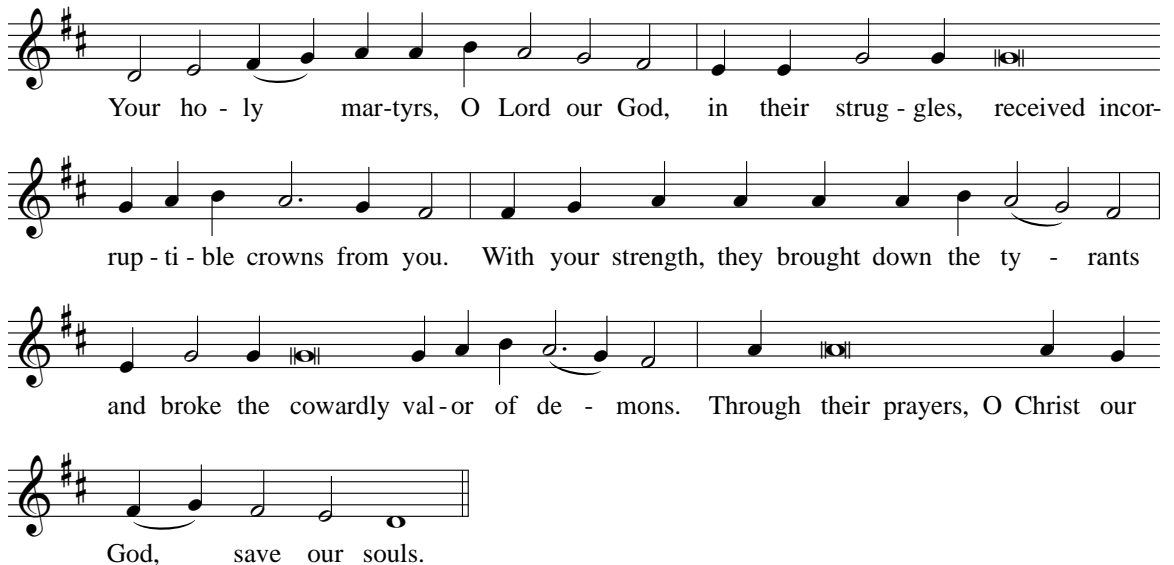
e - vil news he will not fear, e - vil news he will not fear, he will not fear.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

**30 The holy martyr Zenobius and his sister Zenobia** at Sidon in Phoenicia, priest, who, in the severity of the persecution of Diocletian the emperor, urged others to martyrdom and himself was crowned with martyrdom. His sister voluntarily joined him in his martyrdom. (285)

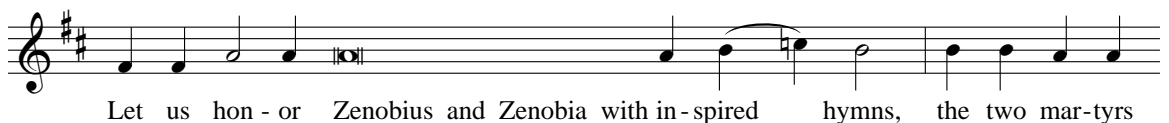
**The holy apostle Cleopas and companions Tertius, Mark, Justus and Artemas** were members of the Seventy. The risen Lord appeared to Cleopas on the road to Emmaus (Lk. 24: 13-33). Tertius wrote down Paul's Epistle to the Romans for him (Rm. 16:22) and died a martyr as Bishop of Iconium, after the Apostle Sospiter. John Mark was the son of the devout Mary in whose house the apostles and early Christians found shelter; he was the nephew of St. Barnabas. He was bishop in the town of Apollonia. Justus was the one cast lots for, with Matthias (Acts 1: 23-26); he became bishop of Eleutheropolis. Artemas was bishop of Lystra in Lycanonia.

**Troparion - Tone 4**



Your ho - ly mar-tyrs, O Lord our God, in their strug - gles, received incor-  
rup - ti - ble crowns from you. With your strength, they brought down the ty - rants  
and broke the cowardly val - or of de - mons. Through their prayers, O Christ our  
God, save our souls.

**Kontakion - Tone 8**



Let us hon - or Zenobius and Zenobia with in - spired hymns, the two mar-tyrs

for truth and preachers of the true faith, broth-er and sis-ter who lived and  
 suf-fered to geth-er. They re-ceived the incorruptible crown of the mar - tyrs.

**Prokeimenon - Tone 4** (Psalm 15:3,8):

To all the saints in his land, the Lord has shown all the  
 won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 4** (Psalm 33:18,20):

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Verse:** When the righteous cried out, the Lord heard; and from all distress he saved them.

**Verse:** Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Communion Hymn** (Psalm 32:1):

D

Re-joyce in the Lord, you righ - teous ones; praise from the up-right,  
*Refrain*  
 the up - right is fit-ting. Al - le - lu - ia! Al - le - lu - ia!  
 Al - - - le - lu - - ia!

**31 The holy apostles Stachys, Amplius and their companions.** These were members of the Seventy. Stachys was a helper of St. Andrew the First-Called, who made him bishop of Byzantium. Amplius and Urban were also fellow-workers with St. Andrew, and were made bishops of Lydda and Macedonia, respectively. Narcissus was made Bishop of Athens by the Apostle Philip, and Apelles was made Bishop of Heraklion in Trachis. Arisbobulus, brother of Apostle Barnabas, preached the Christian faith in Britain; he is also commemorated on March 16.

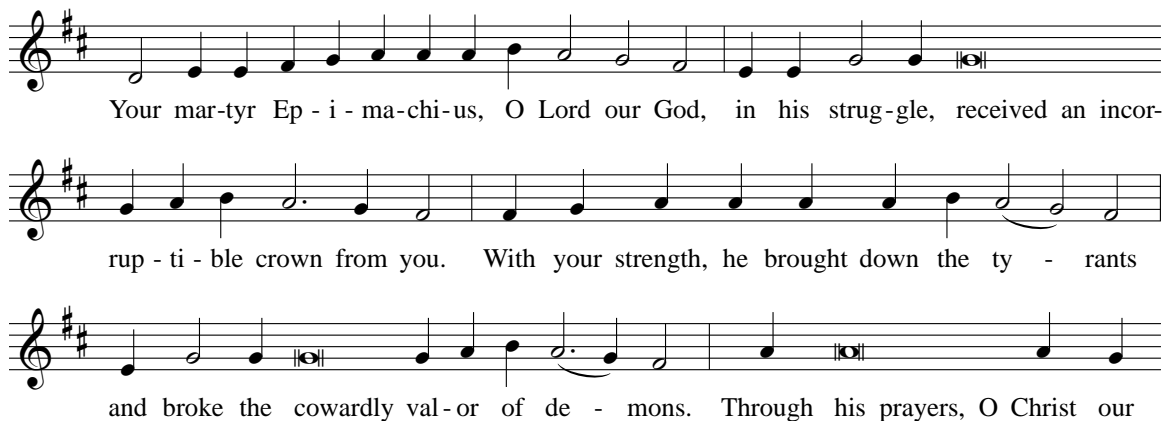
**The holy martyr Epimachus of Alexandria** and his companions. Epimachus and Alexander, under Decius the emperor, after long bondage and various tortures, were finally consumed by fire for their faith in Christ. With them suffered Saint Ammonaria, virgin, Mercuria, Dionysia and others. The judge was ashamed to be beaten by women; having inflicted unheard-of tortures on them, he hesitated lest even he be conquered by their persistence. He ordered them beheaded immediately. (250)

**Troparion of the Apostles - Tone 3**



O ho - ly a - pos - tles, in - ter - cede with the mer - ci - ful God  
that he may grant our souls for - give - ness of sins.

**Troparion of Epimachus - Tone 4**



Your mar-tyr Ep - i - ma - chi - us, O Lord our God, in his strug - gle, received an incor -  
rup - ti - ble crown from you. With your strength, he brought down the ty - rants  
and broke the cowardly val - or of de - mons. Through his prayers, O Christ our



God, save our souls.

### Kontakion of Epimachus - *Tone 3*



You were an in-spired pil-lar and a wit-ness to truth. You con-quired the



in-vis-ible foe through phys-i-cal tor-ment. You re-ceived a crown from

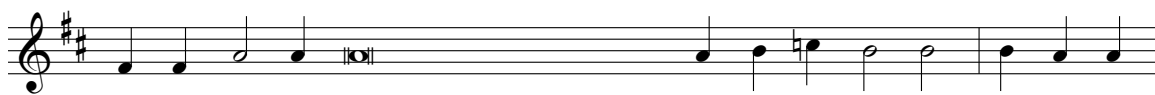


Christ, O most ho-ly one; there-fore we cry out to you:

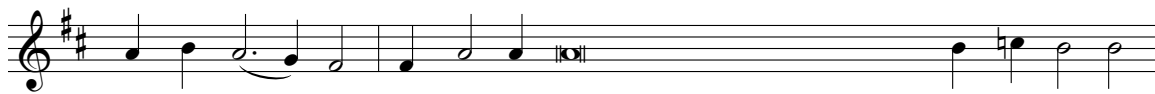


Pray un-ceas-ing-ly that we might find mer-cy.

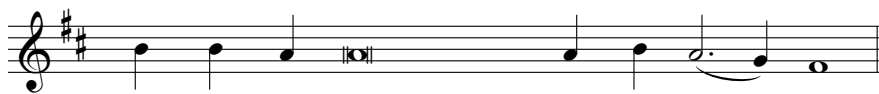
### Kontakion of the Apostles - *Tone 8*



Let us prop-er-ly praise the pure vessels of the Ho-ly Spir-it, the rays of

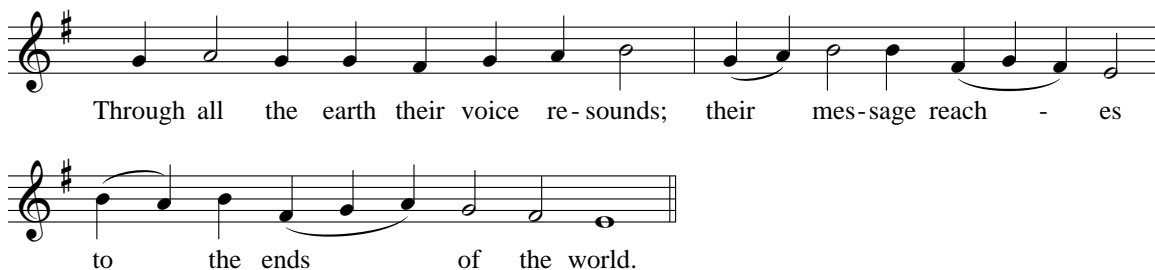


light and glo-ry, the wise a-postles Stachys, Amplius, Urban and Nar-cis-sus



whom the grace of our God has joined to-geth-er.

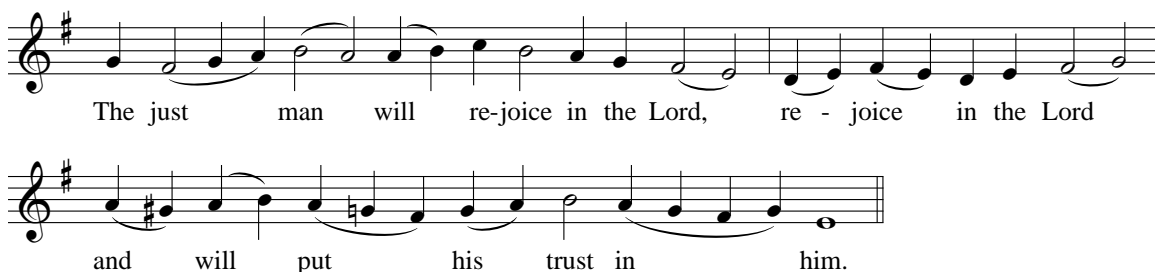
**Prokeimenon for the Apostles - Tone 8** (Psalm 18:5,2):



Through all the earth their voice re-sounds; their mes-sage reach - es  
to the ends of the world.

*Verse:* The heavens declare the glory of God, and the firmament proclaims his handiwork.

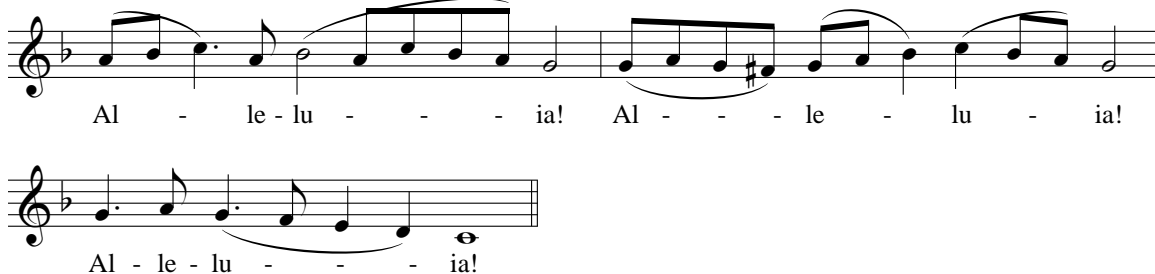
**Prokeimenon for a Martyr - Tone 7** (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joice in the Lord  
and will put his trust in him.

*Verse:* Hear my voice, O God, when I pray to you.

**Alleluia for the Apostles - Tone 1** (Psalm 88:6,8):



Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

*Verse:* The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

*Verse:* God is glorified in the council of the holy, great and awesome above all who surround him.

**Alleluia for a Martyr - Tone 4** (Psalm 91:13,14):



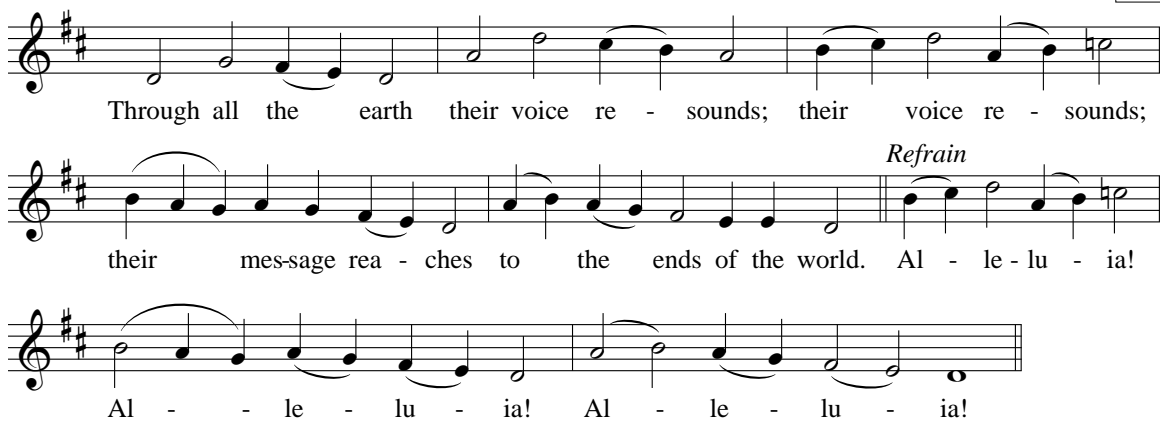
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* The just man will flourish like the palm tree and grow like a cedar of Lebanon.

*Verse:* Planted in the house of the Lord, he will flourish in the courts of our God.

Communion Hymn for the Apostles (Psalm 18:5):

E



Through all the earth their voice re - sounds; their voice re - sounds;  
their mes-sage rea - ches to the ends of the world. *Refrain* Al - le - lu - ia!  
Al - - le - lu - ia! Al - le - lu - ia!

Communion Hymn for a Martyr (Psalm 111:6,7):

E



The just man will be re - mem - bered for - e - ver;  
e - vil news he will not fear, e - vil news he will not fear. *Refrain* Al - le - lu - ia!  
Al - - - le - lu - ia! Al - le - lu - ia!