

# **Byzantine Monthly Menaion**

Volume Eleven: July

Metropolitan Cantor Institute  
Byzantine Catholic Seminary  
Pittsburgh, PA

## Foreword

A Menaion is a liturgical book which contains the changeable parts of Byzantine divine services for a given month. The volume in your hands is the tenth of a series of twelve books for use in Byzantine Catholic parishes. Each day is provided with the following material:

- (1) Synaxarion (brief life of the saints remembered)
- (2) Troparia and Kontakia
- (3) Prokeimena and Alleluiaria
- (4) Communion Hymn.

On major feasts, the proper antiphons (when there are any) and the Magnification and Irmos (appointed to take the place of It is truly proper) are also included.

Texts which are contained in the Faithful's Book published by the Byzantine Catholic Church are reproduced with their musical settings from that book. Those texts were translated by the Inter-Eparchial Liturgical Commission, and then set to plainchant by the Inter-Eparchial Music Commission.

Many of the Troparia contained in this volume of the Menaion are, in fact, common texts (i.e., they are used on more than one feast). These texts, too, come from the work of the IELC/IEMC, as are all the Prokeimena and Alleluiaria and Communion Hymns.

The texts of the Troparia and Kontakia that are not from the above-mentioned source are almost always taken from the Order of Matins published by the Sisters of the Order of Saint Basil the Great, and we acknowledge these texts with gratitude.

This volume is intended to be used annually. Because of this, cantors must use the Typikon of the Metropolitan Church to discern how materials from the Menaion are to be combined with the Sunday Ochoechos. The Typikon will also explain how Prokeimena and Alleluiaria are to be combined.

May this series of volumes be a blessing for all who attend daily celebrations of the Divine Liturgy, as well as for those who, unable to be at church each day, still wish to pray with the Church and honor the Lord and his saints.

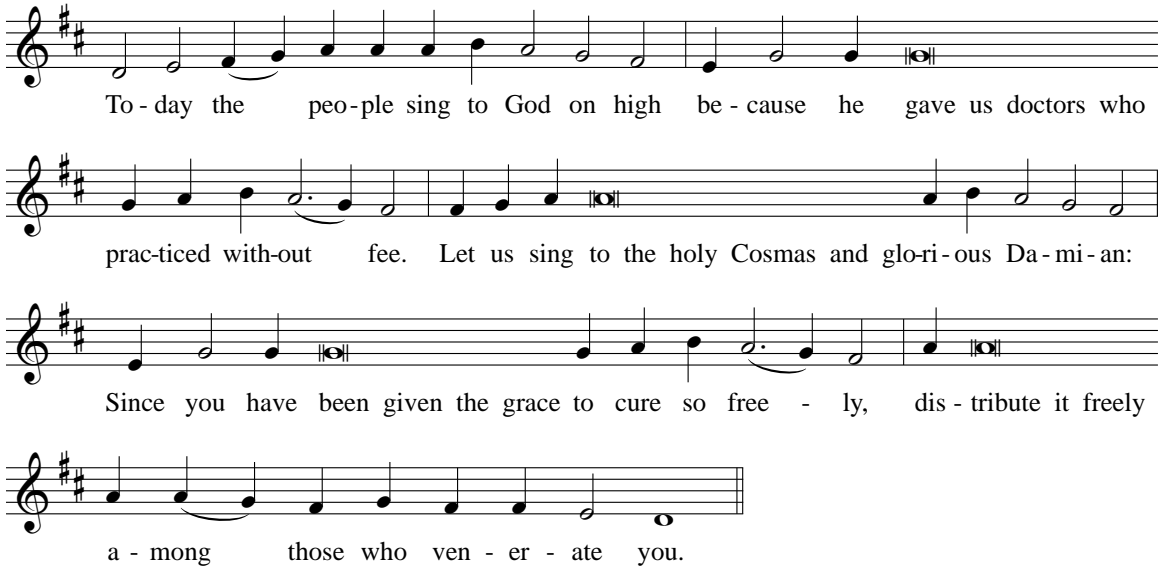
*August 28, 2005*

*Our venerable father Moses the Ethiopian and  
Our holy father Augustine, bishop of Hippo*

## MENAION - JULY

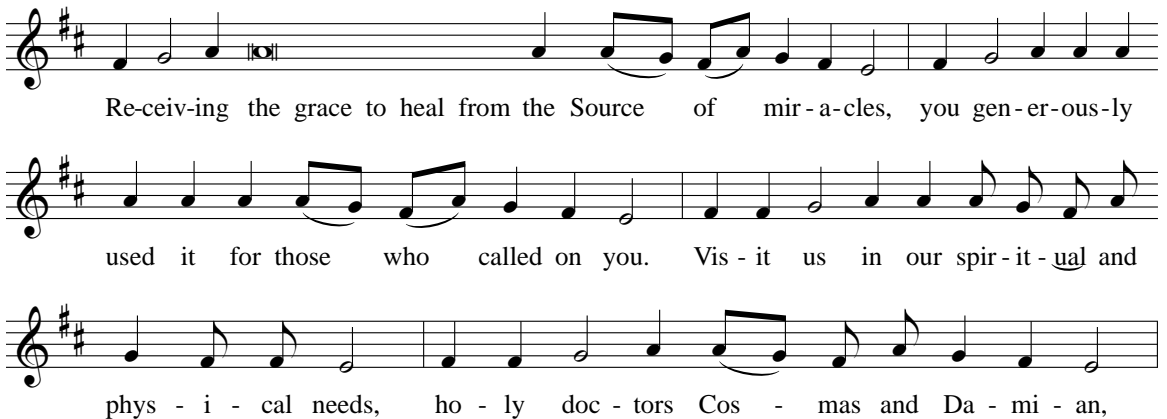
**1 The holy unmercenary healers and wonder-workers Cosmas and Damian, who, it is said, practiced medicine asking for no money in Cyrrhus in Euphratesia and many were healed by their free cures. (284)**

### Troparion - Tone 4



To-day the peo-ple sing to God on high be-cause he gave us doctors who  
prac-ticed with-out fee. Let us sing to the holy Cosmas and glo-ri-ous Da-mi-an:  
Since you have been given the grace to cure so free-ly, dis-tribute it freely  
a-mong those who ven-er-ate you.

### Kontakion - Tone 2



Re-ceiving the grace to heal from the Source of mir-a-cles, you gen-er-ous-ly  
used it for those who called on you. Vis-it us in our spir-it-ual and  
phys-i-cal needs, ho-ly doc-tors Cos-mas and Da-mi-an,



and seek mer - cy from Christ our God for us.

**Prokeimenon - Tone 4** (Psalm 15:3,8):



To all the saints in his land, the Lord has shown all the



won - ders of his will.

*Verse:* I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 2** (Psalm 132: 1, 3):



Al - le - lu - ia! Al - - - le - lu - - - ia!



Al - - - - le - lu - ia!

*Verse:* Behold, how good and how pleasant when brothers dwell in unity.

*Verse:* For there the Lord has commanded the blessing: life forever.

**Communion Hymn** (Psalm 32:1):

A



Re-joyce in the Lord, you right-ous ones; praise from the up-right is fit-ting.

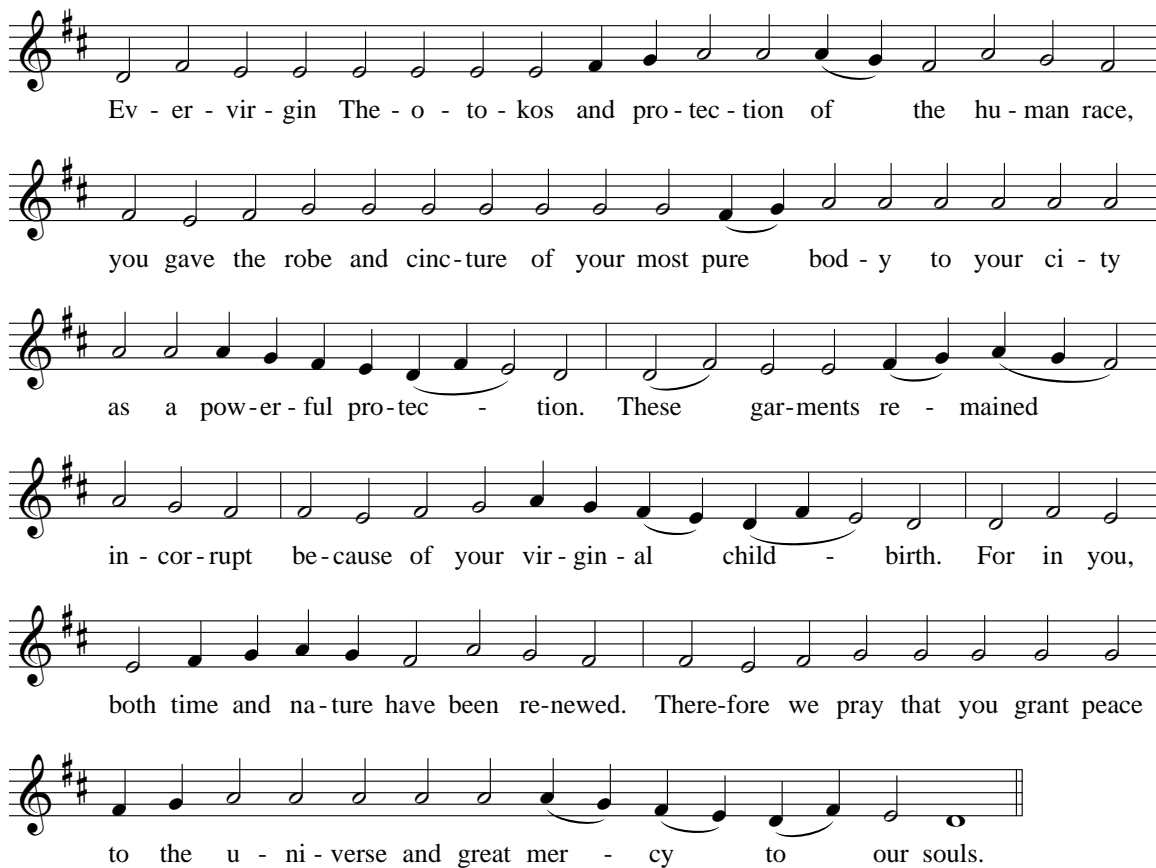
*Refrain*



praise from the up-right is fit-ting. Al-le - lu-ia! Al-le-lu-ia! Al-le-lu - ia!

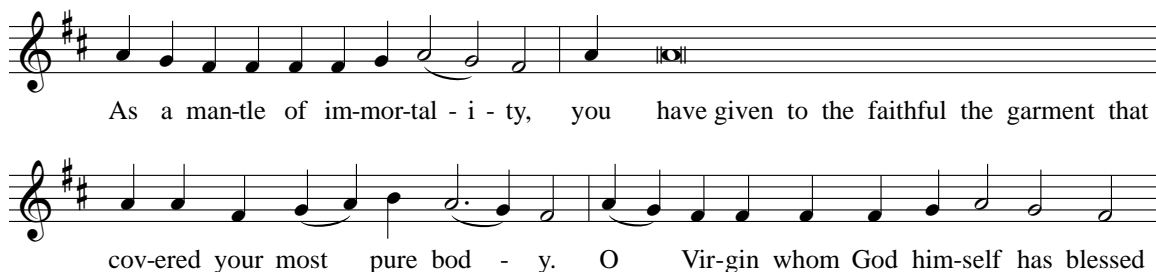
## 2 The deposition of the venerable robes of our Most Holy Lady, the Mother of God at Blachernae in the reign of the Emperor Leo and his consort Irene (457-474).

### Troparion - Tone 8



Ev - er - vir - gin The - o - to - kos and pro - tec - tion of the hu - man race,  
you gave the robe and cinc-ture of your most pure bod - y to your ci - ty  
as a pow-er - ful pro-tec - tion. These gar-ments re - mained  
in - cor - rupt be-cause of your vir - gin - al child - birth. For in you,  
both time and na-ture have been re-newed. There-fore we pray that you grant peace  
to the u - ni - verse and great mer - cy to our souls.

### Kontakion - Tone 4



As a man-tle of im-mor-tal - i - ty, you have given to the faithful the garment that  
cov-ered your most pure bod - y. O Vir-gin whom God him-self has blessed

and divine per-fec-tion of the hu-man race. With love we celebrate the feast of the  
 deposition of your mantle, and we sing with faith: Re-joice, O Virgin for you are the  
 pride of Chris - tians.

**Prokeimenon - Tone 3** (Luke 1:46-48):

My soul proclaims the greatness of the Lord and my spir-it re-joic - es  
 in God my Sav - - - ior.

**Verse:** For he has looked with favor on the humility of his servant;  
 from this day forward, all generations will call me blessed.

**Alleluia - Tone 8** (Psalm 44:11,13):

Al - le - lu - ia! Al - le - lu - - - ia! Al - - - le - lu - - ia!

**Verse:** Listen, O daughter, and see and incline your ear.

**Verse:** The rich among the people will seek your favor.

**Communion Hymn** (Psalm 115:4):

B

I shall take the chal - - - ice, the chal - ice of sal - va - tion,

and call up - on the name, the name of the Lord.

*Refrain*

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**3 The holy martyr Hyacinth** at Amastris in Paphlagonia. He was a member of the court of the emperor Trajan and a secret Christian. When he refused to offer sacrifice to idols, the emperor told him to deny Christ. He replied, “I am a Christian. I revere Christ and worship him, and I bring my living self to him as a sacrifice.” (108)

**Troparion - Tone 4**

Your mar-tyr Hy - a-cinth, O Lord our God, in his strug-gle, received an incor-

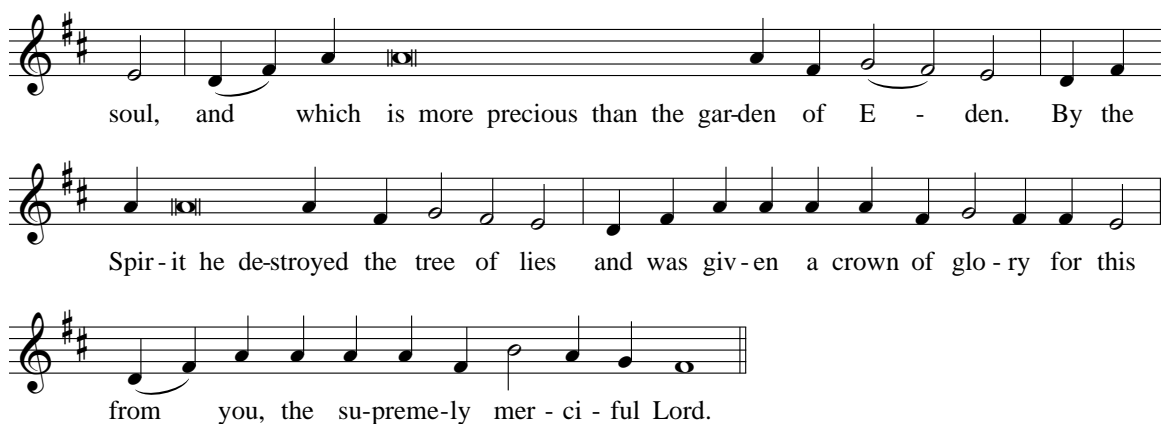
rup - ti - ble crown from you. With your strength, he brought down the ty - rants

and broke the cowardly val-or of de - mons. Through his prayers, O Christ our

God, save our souls.

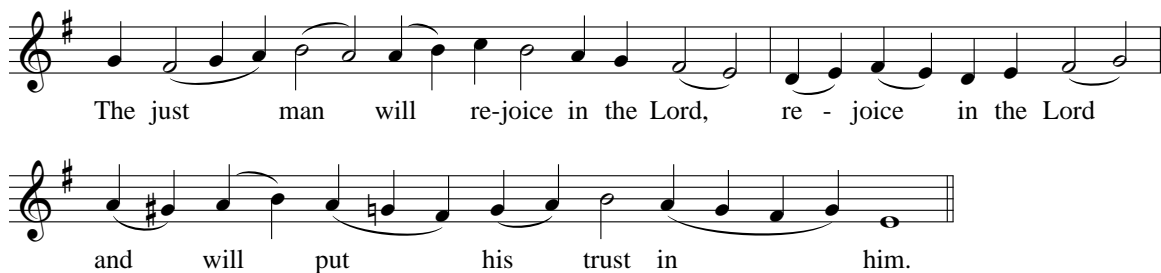
**Kontakion - Tone 6**

Your mar-tyr, O Christ, pos-sessed the tree of life, which is the faith in his



soul, and which is more precious than the garden of E - den. By the  
Spir-it he de-destroyed the tree of lies and was giv-en a crown of glo - ry for this  
from you, the su-preme-ly mer - ci - ful Lord.

**Prokeimenon - Tone 7** (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joyce in the Lord  
and will put his trust in him.

*Verse:* Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4** (Psalm 91:13,14):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* The just man will flourish like the palm tree and grow like a cedar of Lebanon.

*Verse:* Planted in the house of the Lord, he will flourish in the courts of our God.

**Communion Hymn** (Psalm 111:6,7):

C



The just man will be re - mem - bered for - e - ver;



e - vil news he will not fear, e - vil news he will not fear, he will not fear.

*Refrain*

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**4 Our holy father Andrew of Jerusalem, archbishop of Crete**, whose passing over is remembered this day at Erissus on the island of Lesbos. He was bishop of Gortyna, and sang--with singular art--praises to God by his prayers, hymns, and songs. He exalted the Virgin Mother of God, immaculate and assumed into heaven. (740)

**Our venerable mother Martha, mother of St. Simeon the Venerable**, on the Admirable Mountain in Syria. She was notable for following the ancient practice of rising at midnight for prayer, and gave help to the needy with great compassion by visiting the sick and the poor. (551)

**Our venerable father Procopius of Sazava**. Born into a Christian family in Bohemia, he prepared for the priesthood in the Byzantine Church and was ordained in 1003. He entered a monastery in Hungary and became a solitary. After 1029, he returned to Bohemia to establish the monastic way of life among his own people, and settled in the Sazava Valley. (1053)

**Troparion of our holy father Andrew - Tone 1**

You e - lat - ed Christ's Church with your beau - ti - ful hymns, show - ing in

the - ol - o - gy the glo - ry of the Ho - ly Trin - i - ty. There - fore, O An - drew, we

sing of you as a man of in - sight and glo - ri - fy your memory, O shep - herd of

Crete. We praise you as Christ's friend a-mong the saints.

**Troparion of our venerable mother Martha - Tone 4**

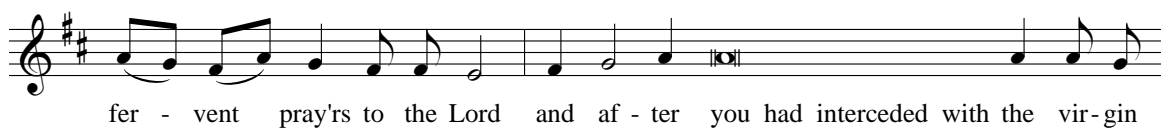
By your love for the Theotokos and a ho - ly life, you were graced  
to give birth to a child of light for the world. This child was radiant with the light  
of the Trin - i - ty. There-fore, we ask you to pray un-ceas-ing-ly for all of us.

**Kontakion of Andrew - Tone 2**

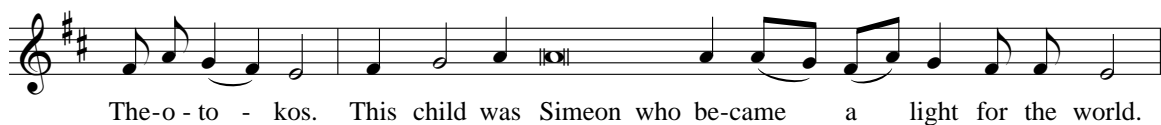
Hav-ing sound-ed sublime praise with the trum-pet of your spir - it, you were  
shown to the world as a bea-con of the Trin - i - ty. We call to you,  
O ven - er - a - ble An - drew: Pray with-out ceas-ing for all of us.

**Kontakion of Martha - Tone 2**

You gave birth to a ho - ly child, O Mar - tha, af - ter you of-fered



fer - vent pray'rs to the Lord and af - ter you had interceded with the vir - gin



The-o - to - kos. This child was Simeon who be-came a light for the world.



Pray with him for the sal - va - tion of our souls.

**Prokeimenon for a Priest-Martyr - Tone 7 (Psalm 149:5,1):**



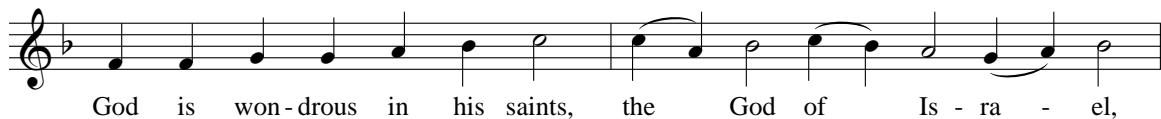
Let the faith - ful re-joice in glo - ry, re - joice



in glo - ry, shout for joy, and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Prokeimenon for a Venerable Woman - Tone 4 (Psalm 67:36,27):**



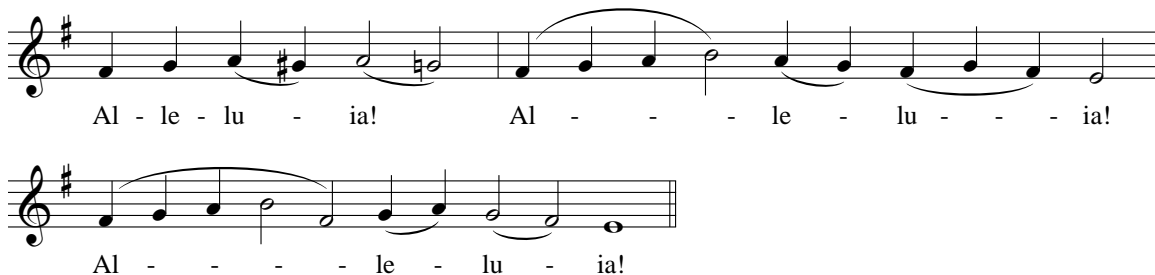
God is won - drous in his saints, the God of Is - ra - el,



the God of Is - ra - el.

*Verse:* In the churches bless God; from Israel's wellsprings bless the Lord.

**Alleluia for a Priest-Martyr - Tone 2** (Psalm 131:9,13):



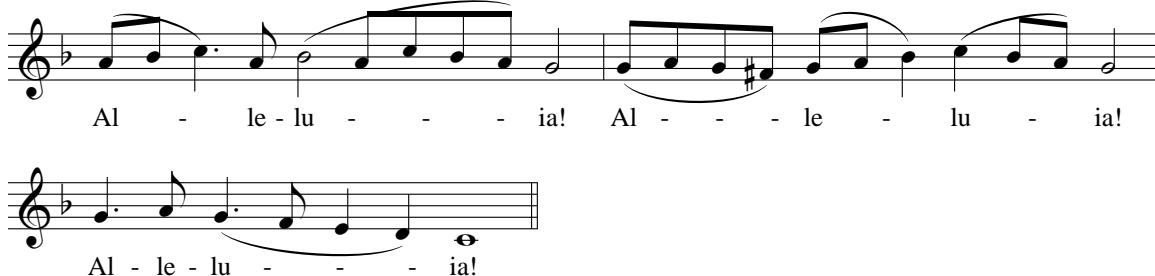
Al - le - lu - ia! Al - - - le - lu - - - ia!

Al - - - - le - lu - ia!

**Verse:** Your priests will be clothed with righteousness and your saints will rejoice.

**Verse:** The Lord has chosen Zion; he prefers her for his dwelling.

**Alleluia for a Venerable Woman - Tone 1** (Psalm 39:2,3):



Al - le - lu - - - ia! Al - - - - le - lu - ia!

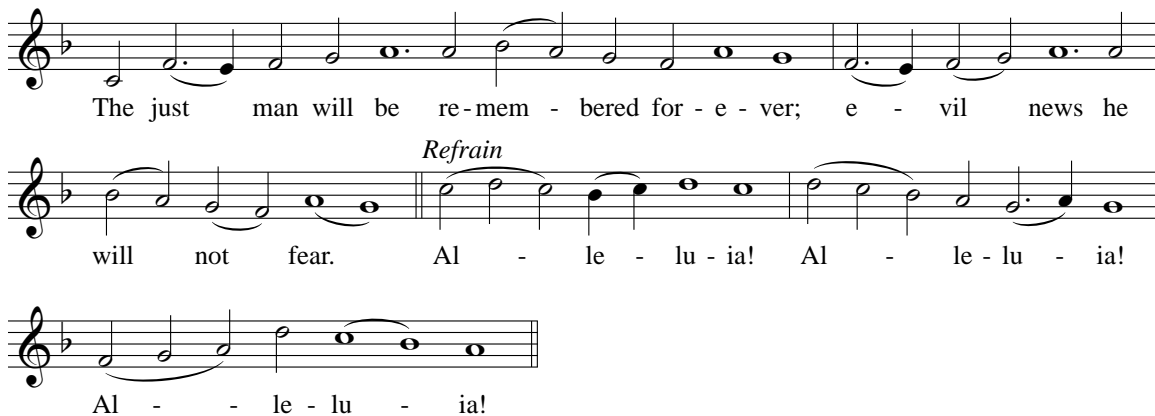
Al - le - lu - - - ia!

**Verse:** I have waited, waited for the Lord, and he stooped toward me and heard my cry.

**Verse:** He drew me out of the pit of destruction, out of the filthy clay.

**Communion Hymn for a Priest-Martyr** (Psalm 111:6,7):

D



The just man will be re-mem - bered for - e - ver; e - vil news he

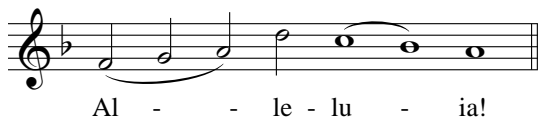
*Refrain*

will not fear. Al - le - lu - ia! Al - le - lu - ia!

Al - - - le - lu - ia!

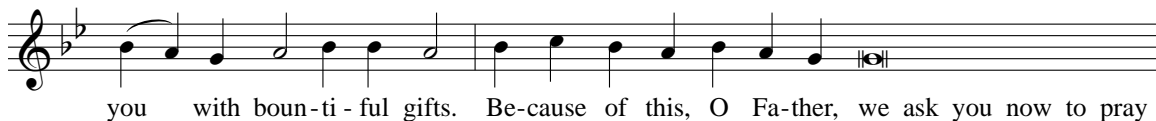
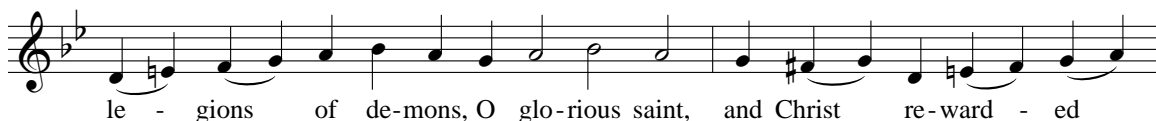
Communion Hymn for a Venerable Woman (Psalm 111:6,7):

D



**5 Our venerable father Athanasius of Mt. Athos, hegumen, humble and peaceful, who founded a coenobitic way of living in the Great Laura. Despite many trials, he was father to many monks who followed his ascetic model. (1003)**

Troparion - Tone 3



**Kontakion - Tone 8**



Your flock in - vokes you as a man of spe-cial sight and a zeal-ous preacher of God,



O in - spired saint. Do not cease pray - ing for your serv - ants



that they may be delivered from at - tacks and as - saults. We cry to you:



Re - joice, O father A - tha - na - si - us.

**Prokeimenon - Tone 7 (Psalm 115:6,3):**



Pre-cious in the eyes, in the eyes of the Lord is the death



of his faith-ful, is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

**Alleluia - Tone 6 (Psalm 111:1,2):**



Al - le - lu - ia! Al - - - - le - lu - - - ia!



Al - le - lu - - - ia!

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Verse:* His posterity will be mighty upon the earth.

Communion Hymn (Psalm 111:6,7):

E

The just man will be re-mem - bered for - e - ver;  
e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!  
Al - le - lu - ia! Al - le - lu - ia!

**6 Our venerable father Sisoës the Great**, hermit in Egypt, who was very remarkable in the exercise of the monastic life. Many of his “words” are recorded in the *Apothegmata Patrum*. A brother once told him that he could not hold the wise sayings in his head and quote them to others. Sisoës replied, “It is not necessary. That which is necessary is to acquire purity of mind and to speak from this purity, placing one’s hope in God.” (c. 429)

**Troparion - Tone 1**

You made the wil - der - ness your dwelling, O father Sisoës, the bear - er of God.  
You be-came an an-gel in the flesh and a won-der work - er. Through fasts,  
vig - ils and pray'rs, you obtained from God special graces to heal the sick  
and to sanc - ti - fy the souls of those who come to you with trust. Glo - ry

to the One who gave you strength! Glo-ry to the One who crowned you!

Glo - ry to the One who through your inter-ces - sion grants heal - ing to all.

**Kontakion - Tone 6**

You ap-peared on earth as an angel in the flesh, O vener-a - ble Si - so - es, and you

en - light - ened the faithful with your di-vine mir - a - cles. There-fore we

glo - ri - fy you in faith.

**Prokeimenon - Tone 7 (Psalm 115:6,3):**

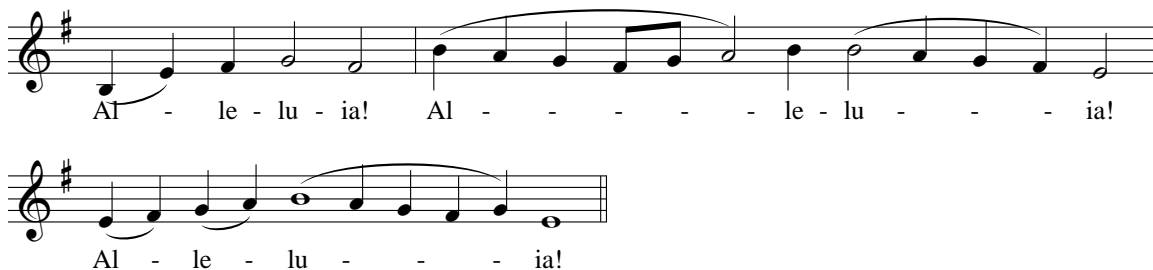
Pre-cious in the eyes, in the eyes of the Lord is the death

of his faith-ful, is the death of his faith - - - ful.

**Verse:** What can I return to the Lord for all he has given me?



**Alleluia - Tone 6** (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - le - lu - - - ia!

Al - le - lu - - - ia!

**Verse:** Happy the man who fears the Lord and greatly delights in his commands.

**Verse:** His posterity will be mighty upon the earth.

**Communion Hymn** (Psalm 111:6,7):

F



The just man will be re - mem - bered, be re - mem - bered for ev - ver

*Refrain*  
e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!

Al - le - lu - ia! Al - le - lu - - ia!

**7 Our venerable fathers Thomas of Maleum and Acacius, mentioned in “The Ladder”** Thomas was a general famed for courage and wealth. He was a huge man, a source of fear to his enemies. He came to know Christ, and left all behind to go into the desert. When people heard of this, they came to him, and Thomas cured their diseases. (10th century)

**Troparion - Tone 1**

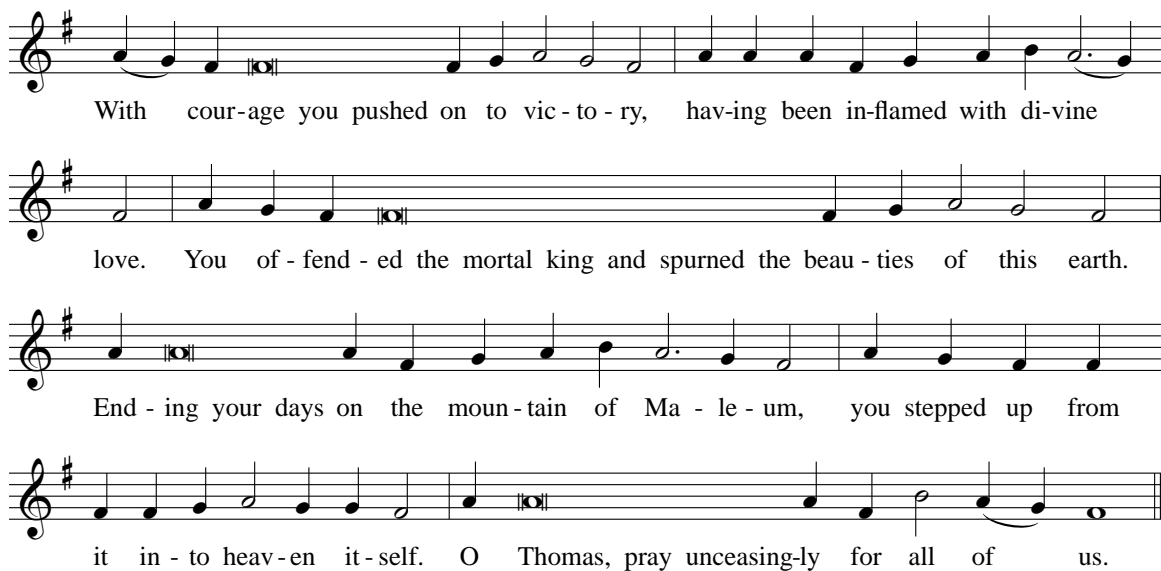


Thom - as is ra - di - ant in his mir - a - cles, and A - ca - cius has be - come



fa - mous for his o - be - di - ence. They shine as lights for the world and guid - ing  
stars for monks. We have re - course to you as fa - v'rites of God  
to de - fend us in bat - tle by your pray'rs so that we might ask Christ to  
forgive our sins since we hon - or your mem - o - ry.

**Kontakion of Thomas - Tone 4**



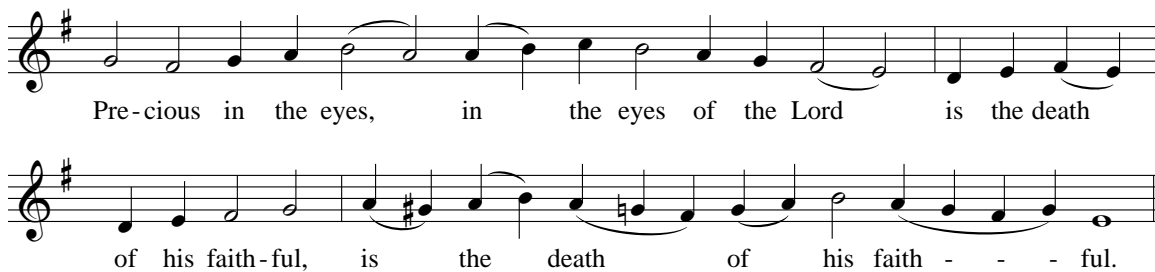
With cour-age you pushed on to vic - to - ry, hav - ing been in - flamed with di - vine  
love. You of - fend - ed the mortal king and spurned the beau - ties of this earth.  
End - ing your days on the moun - tain of Ma - le - um, you stepped up from  
it in - to heav - en it - self. O Thomas, pray unceasing - ly for all of us.

**Kontakion of Acacius - Tone 2**



From child-hood, most wise and ven - 'ra - ble A - ca - cius, you fol - lowed  
af - ter Christ, for - sak - ing the world. Im - i - tat - ing his willing meekness, you  
o - ver - came the proud tor - tur - er. Now pray un - ceas - ing - ly for all of us.

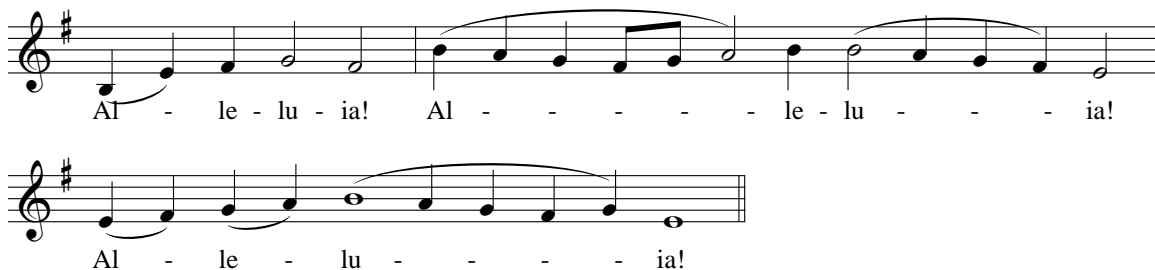
**Prokeimenon - Tone 7 (Psalm 115:6,3):**



Pre - cious in the eyes, in the eyes of the Lord is the death  
of his faith - ful, is the death of his faith - - - ful.

**Verse:** What can I return to the Lord for all he has given me?

**Alleluia - Tone 6 (Psalm 111:1,2):**



Al - le - lu - ia! Al - - - - - le - lu - - - - ia!  
Al - le - lu - - - - - ia!

**Verse:** Happy the man who fears the Lord and greatly delights in his commands.

**Verse:** His posterity will be mighty upon the earth.

Communion Hymn (Psalm 111:6,7):

A

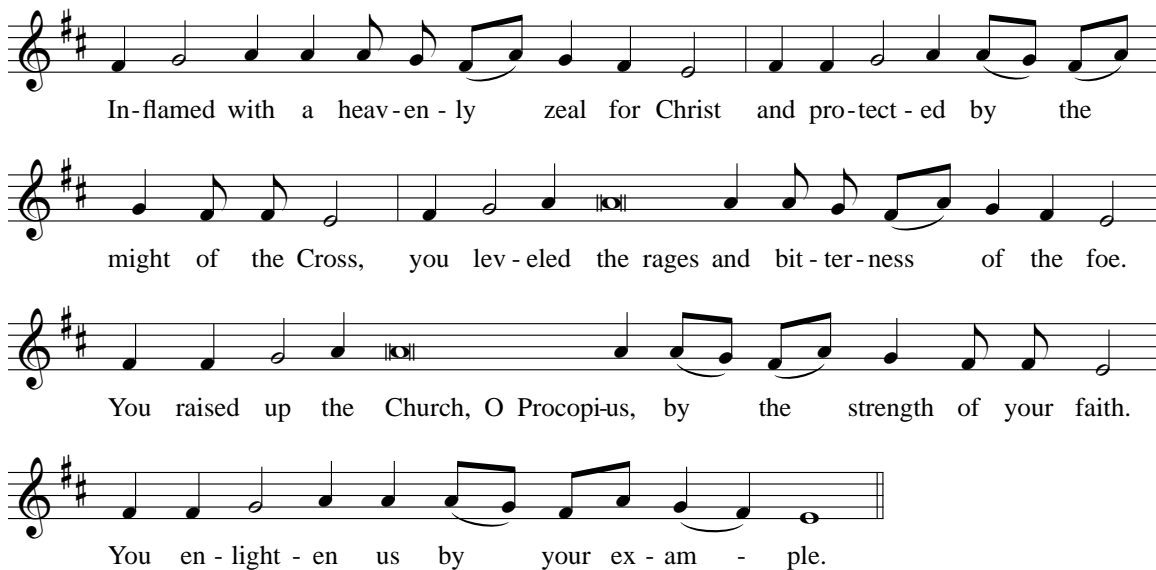
The just man will be re-mem-bered for-ev-er; e-vil news he  
*Refrain*  
will not fear, e-vil news he will not fear. Al-le-lu-ia! Al-le-lu-ia!  
Al-le-lu-ia!

**8 The holy great martyr Procopius** at Caesarea in Palestine. Under the emperor Diocletian, he was taken from the city of Scythopolis to Caesarea and there in return for the excellent confidence of his answers he was beheaded by the judge Fabianus. (303)

Troparion - *Tone 8*

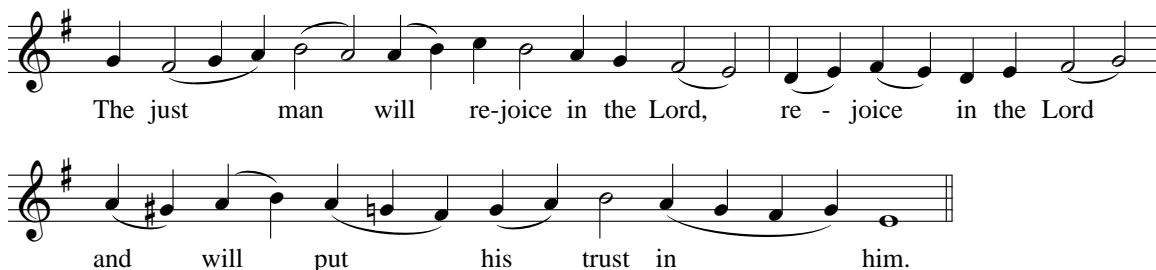
Re-ceiving heav-en's in-vi-ta-tion, O ho-ly one, you turned from the er-rors  
of your an-ces-tors and their an-cient ways to be-ing zeal-ous for  
Christ like Paul. You en-dured man-y tor-tures and wounds,  
and you have been re-paid with a crown of glo-ry. There-fore,  
pray to Christ to save us, O great mar-tyr Pro-co-pi-us.

**Kontakion - Tone 2**



In-flamed with a heav-en - ly zeal for Christ and pro-lect-ed by the  
might of the Cross, you lev-eled the rages and bit-ter-ness of the foe.  
You raised up the Church, O Procopi-us, by the strength of your faith.  
You en - light - en us by your ex - am - ple.

**Prokeimenon - Tone 7 (Psalm 63:11,2)**



The just man will re-joice in the Lord, re - joice in the Lord  
and will put his trust in him.

*Verse:* Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4 (Psalm 91:13,14):**



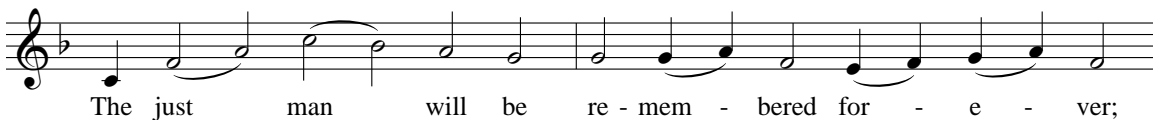
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* The just man will flourish like the palm tree and grow like a cedar of Lebanon.

*Verse:* Planted in the house of the Lord, he will flourish in the courts of our God.

Communion Hymn (Psalm 111:6,7):

B

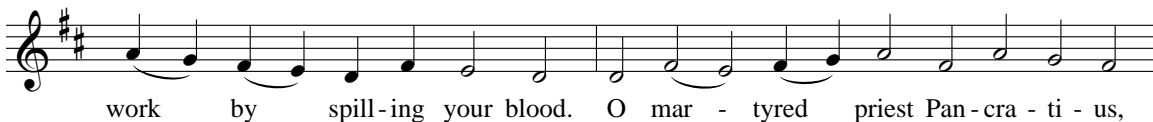
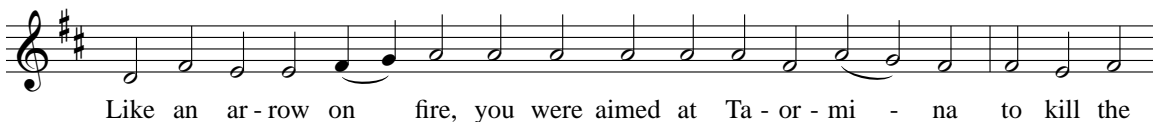


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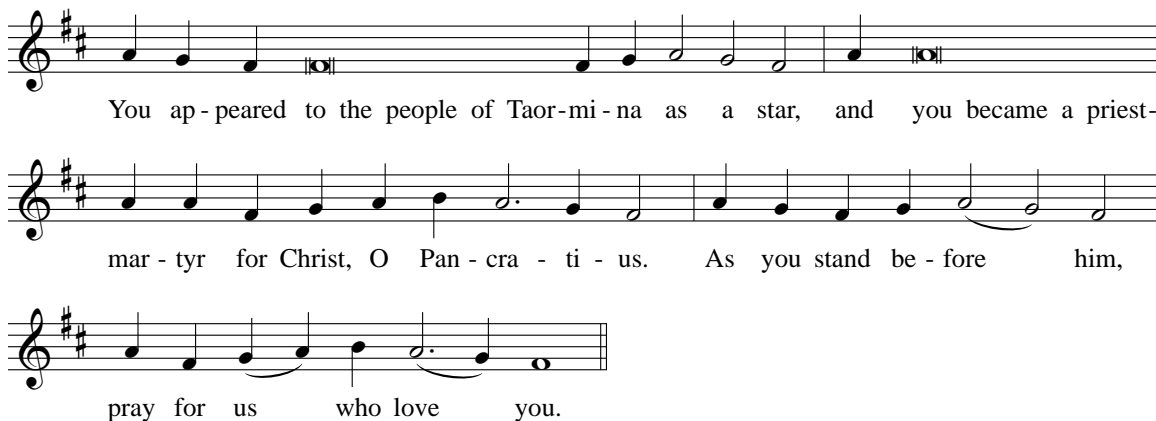


**9 The holy martyr Pancratius, bishop of Taormina** in Sicily, who, it is believed, was a follower of St. Peter the Apostle and the first to lead this Church. His holy relics are preserved in Rome. (1st century)

**Troparion - Tone 8**

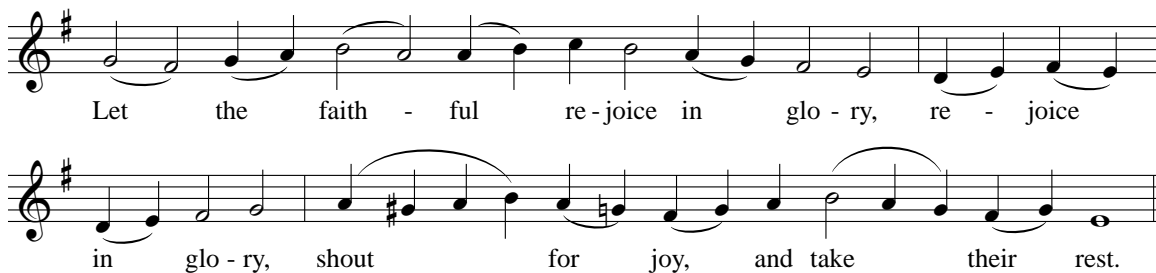


**Kontakion - Tone 4**



You ap - peared to the people of Taor-mi - na as a star, and you became a priest -  
mar - tyr for Christ, O Pan - cra - ti - us. As you stand be - fore him,  
pray for us who love you.

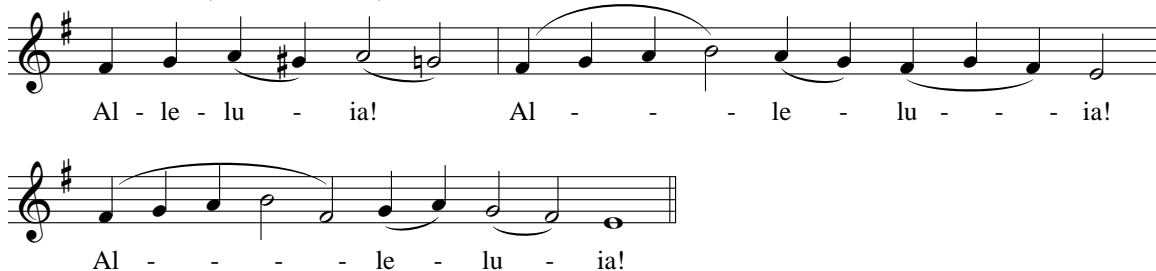
**Prokeimenon - Tone 7 (Psalm 149:5,1):**



Let the faith - ful re - joice in glo - ry, re - joice  
in glo - ry, shout for joy, and take their rest.

**Verse:** Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia - Tone 2 (Psalm 131:9,13):**



Al - le - lu - ia! Al - - - le - lu - - - ia!  
Al - - - - le - lu - ia!

**Verse:** Your priests will be clothed with righteousness and your saints will rejoice.

**Verse:** The Lord has chosen Zion; he prefers her for his dwelling.

Communion Hymn (Psalm 111:6,7):

C

The just man will be re - mem - bered for - e - ver;

e - vil news he will not fear, e - vil news he will not fear, he will not fear.

*Refrain*

Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

**10 The holy forty-five martyrs in Nicopolis in Armenia,** Of saints Leontius, Mauritius, Daniel, Antonius, Anicetus, Sisinnus, and others, who under the emperor Licinius and the governor Lysias were tortured in many ways.(319)

**Our venerable father Anthony of the Monastery of the Caves.** He was a hermit, who in the laura called “the Caves” followed the monastic life which he had learned on Mt. Athos. He was the founder of Russian monasticism.(1073) **The holy Maronite Franciscan brothers: Francis, Abd-el-Mooti and Raphael Massabki, and eight others with them, killed in Damascus in 1860.** Passion of the blessed martyr Emmanuel Ruiz, priest, and his companions [Carmelo Volta, Peter Soler, Nicholas Alberga, Engelbert Kolland, Ascanius Nicanor, all priests; Francis Pinazo and John-Jacob Fernandez, friars] at Damascus in Syria, seven from the Order of Friars Minor and three faithful brothers of the Maronite Church [Francis, Abd-el-Mooti and Raphael Massabki]. When they were deceitfully handed over to the enemy by a traitor and afflicted with various humiliations on account of their faith, they ended their lives with the glorious death of martyrs. (1860)

**Troparion of our venerable father Anthony - Tone 4**

You re-nounced and left the world, fol - lowing Christ in the spir-it of the

Gos - pel. Liv-ing a life of an an - gel, you set - tled in the peaceful



shel-ter of Mount A - thos. Af - ter that, you came to the moun-tains of Kiev  
 with the bles-sing of the fa - thers. You end-ed your life of la - bor there,  
 cast-ing light o - ver all your home - land. Show - ing the path of the king-dom  
 to all monks, you led them on to Christ: Now beg him to save our souls, O  
 ven - er - a - ble An - tho - ny.

**Kontakion - Tone 8**

From child-hood you loved God with all your heart and lov - ingly followed him, O  
 ven - er - a - ble fa - ther. Scorn - ing this passing world as a tri - fle,  
 you took up res - i - dence in a cave. There you fought the army of in - vis - i - ble  
 de - mons, and you were like the sun o - ver the world. Now you stand before the

throne with the an - gels, so re - mem - ber us who hon - or you that we may sing:

Re - joyce, O fa - ther An - tho - ny.

**Prokeimenon - Tone 7** (Psalm 115:6,3):

Pre - cious in the eyes, in the eyes of the Lord is the death

of his faith - ful, is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

**Alleluia - Tone 6** (Psalm 111:1,2):

Al - le - lu - ia! Al - - - - - le - lu - - - - ia!

Al - le - lu - - - - ia!

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Verse:* His posterity will be mighty upon the earth.

**Communion Hymn** (Psalm 111:6,7):

D

The just man will be re - mem - bered for - e - ver; e - vil news he

*Refrain*

will not fear. Al - le - lu - ia! Al - le - lu - ia!

Al - - le - lu - - ia!

**11 The holy martyr Euphemia the Illustrious** at Chalcedon in Bithynia. It is related that she was handed over to the beasts after various tortures under Diocletian the emperor and Priscus the proconsul. Her passing is kept on Sept. 16; today is the day that her holy relics confirmed the orthodox faith at the Fourth Ecumenical Council in Chalcedonl (451)

**The passing of Olga, princess of Kiev, baptized Helen,** at Kiev in Rus'. She was the grandmother of St. Vladimir, the first of the Rurikids to receive baptism. She prepared the way to Christ for all the peoples of Rus'. (969)

**In Benedictine communities: the translation of the relics of our holy father Benedict**

**Troparion of the holy martyr Euphemia - Tone 4**

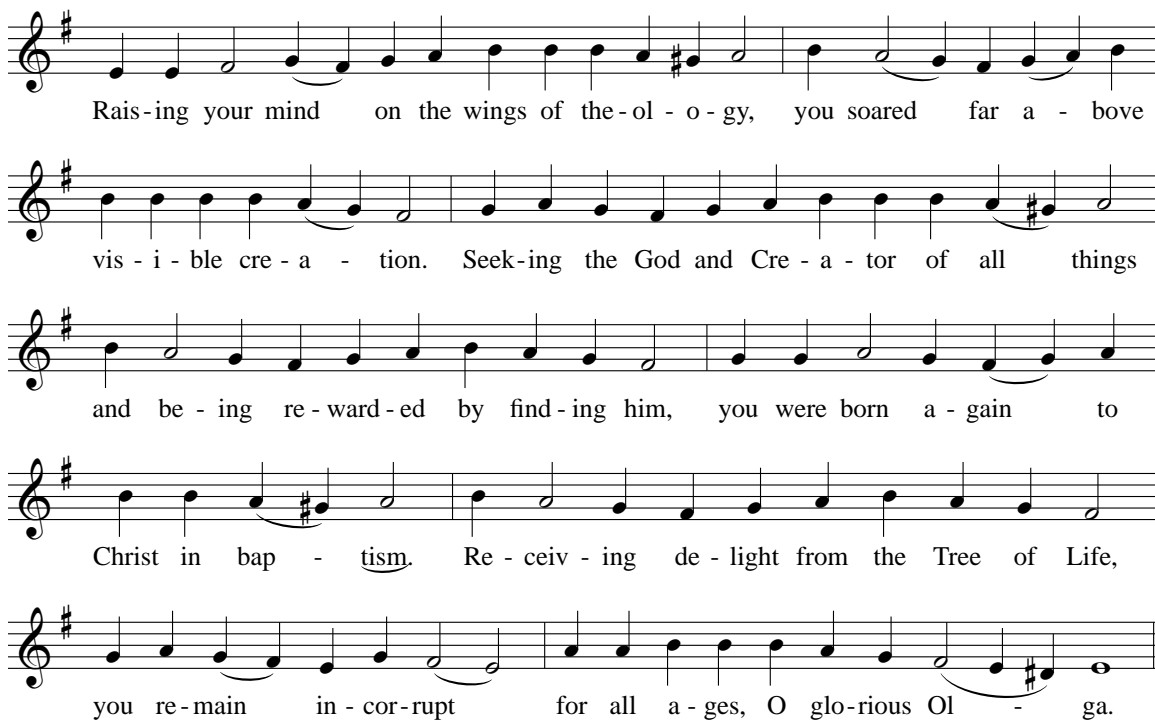
Light-ing your lamp, you loved your Spouse. You were ra-diant from your vir-tues,

O praise-wor - thy one, and be - cause of this you pledged your - self to Christ.

You re-ceived a crown of suf - fring from him. From trou - bles de - liv - er us

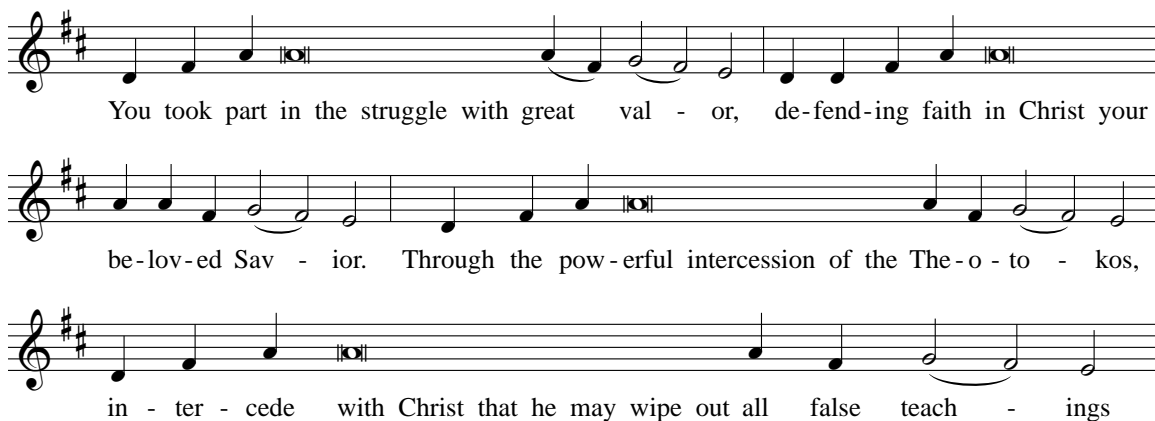
who venerate your memory in faith, O Eu - phe - mi - a.

### Troparion of the venerable woman Olga - Tone 1



Rais-ing your mind on the wings of the-ol - o - gy, you soared far a - bove  
vis - i - ble cre - a - tion. Seek-ing the God and Cre - a - tor of all things  
and be - ing re - ward - ed by find - ing him, you were born a - gain to  
Christ in bap - tism. Re - ceiv - ing de - light from the Tree of Life,  
you re - main in - cor - rupt for all a - ges, O glo - rious Ol - ga.

### Kontakion of Euphemia - Tone 6



You took part in the struggle with great val - or, de - fend - ing faith in Christ your  
be - lov - ed Sav - ior. Through the pow - erful intercession of the The - o - to - kos,  
in - ter - cede with Christ that he may wipe out all false teach - ings

and hu-mil-liate the pride of the en - e - my. From the six hun-dred and thirty Fathers  
of the Coun - cil, you have re-ceived the definition of the faith and pre-served it  
faith - ful - ly, O Eu - phe - mia, wor-thy of all praise.

**Troparion of Olga - Tone 4**

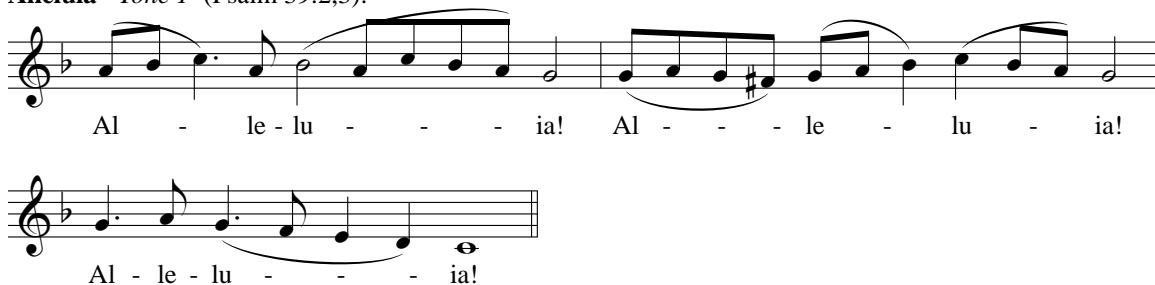
Let us sing hymns to the Bene-fac - tor of thie world, who exalted the God-wise  
Ol - ga in the land of Rus'. May he for - give our sins  
by her in - ter - ces - sion.

**Prokeimenon - Tone 4 (Psalm 67:36,27):**

God is won-drous in his saints, the God of Is - ra - el,  
the God of Is - ra - el.

**Verse:** In the churches bless God; from Israel's wellsprings bless the Lord.

**Alleluia - Tone 1** (Psalm 39:2,3):



Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

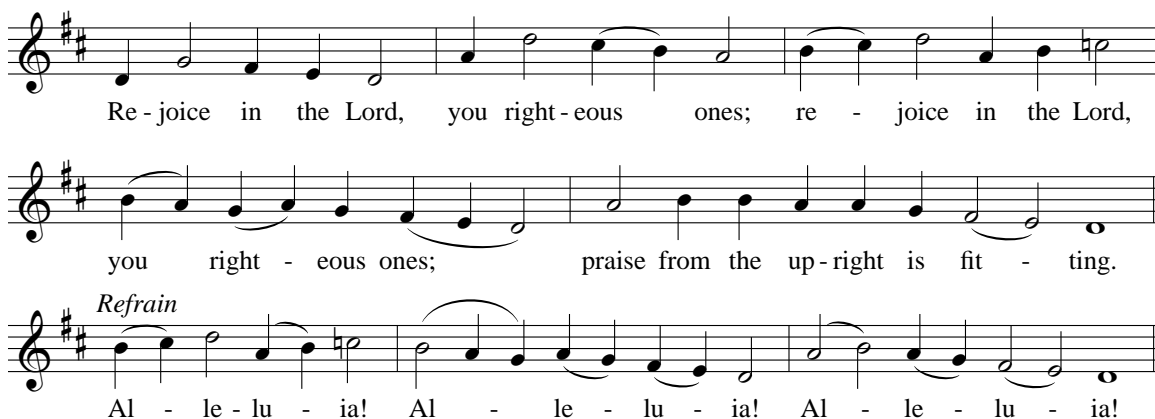
The image shows two staves of musical notation in G major. The first staff contains the first two phrases of the Alleluia: 'Al - le - lu - - - ia!' and 'Al - - - le - lu - ia!'. The second staff contains the third phrase: 'Al - le - lu - - - ia!'. The lyrics are written below the notes, with hyphens indicating syllable placement.

**Verse:** I have waited, waited for the Lord, and he stooped toward me and heard my cry.

**Verse:** He drew me out of the pit of destruction, out of the filthy clay.

**Communion Hymn** (Psalm 32:1):

E



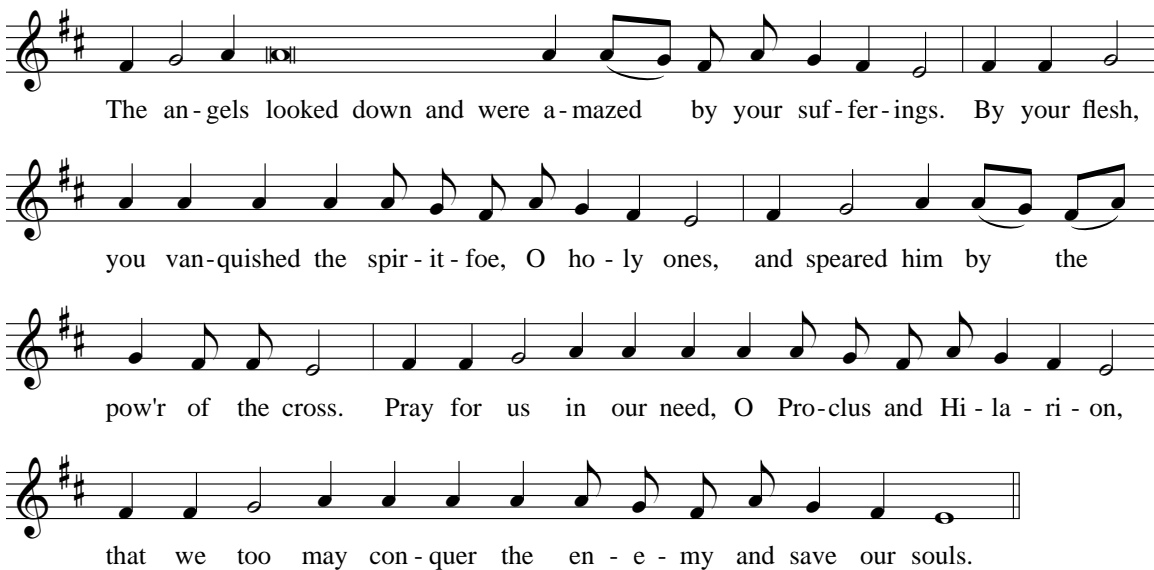
Re - joice in the Lord, you right - eous ones; re - joice in the Lord,  
you right - eous ones; praise from the up - right is fit - ting.  
*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

The image shows three staves of musical notation in D major. The first staff contains the first line of the hymn: 'Re - joice in the Lord, you right - eous ones; re - joice in the Lord,'. The second staff contains the second line: 'you right - eous ones; praise from the up - right is fit - ting.'. The third staff is labeled 'Refrain' and contains the phrase: 'Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!'. The lyrics are written below the notes, with hyphens indicating syllable placement.

**12 The holy martyrs Proclus and Hilary** at Ancyra in Galatia, under the emperor Trajan and governor Maximus. Proclus was the uncle of Hilary. They were arrested for being Christians. Proclus said to the torturers, “When you are afraid to transgress the Emperor’s commands and risk falling into temporal punishment, how much more do we Christians fear to transgress against God’s commands and fall into eternal torment!”

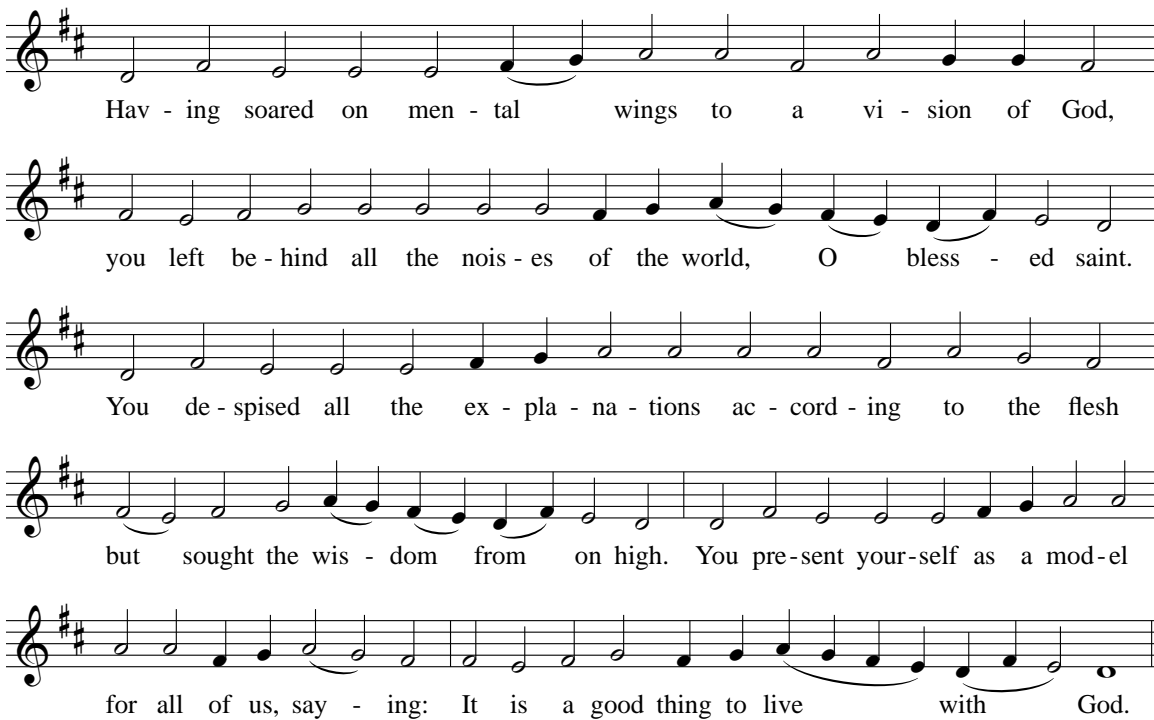
**Our venerable father Michael of Malein**, a wealthy man of noble birth who gave away all his goods and became a hermit on Mt. Kyminas in Bithynia. He had many disciples, of whom the best-known is St. Athanasius the Athonite. (3rd century)

**Troparion of the holy martyrs Proclus and Hilarion - Tone 2**



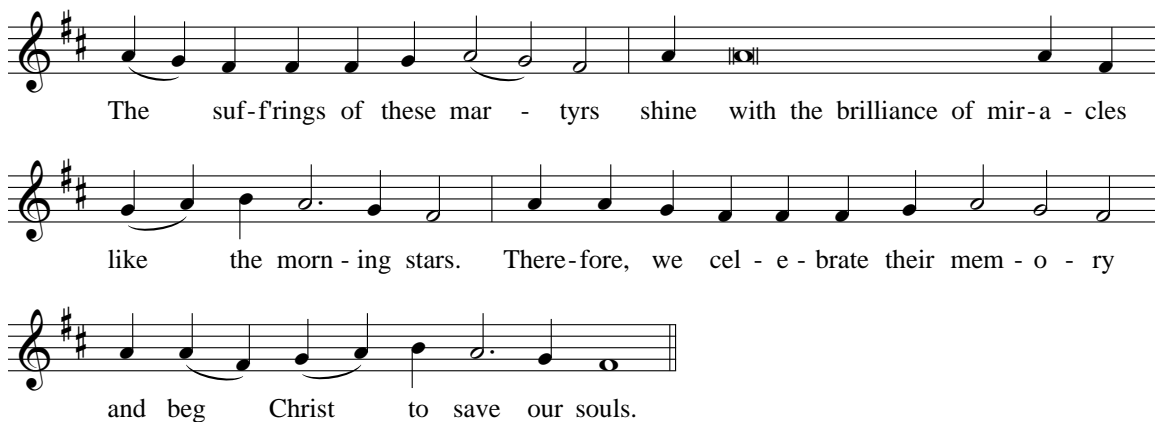
The an-gels looked down and were a-mazed by your suf-fer-ings. By your flesh,  
you van-quished the spir-it-foe, O ho-ly ones, and speared him by the  
pow'r of the cross. Pray for us in our need, O Pro-clus and Hi-la-ri-on,  
that we too may con-quer the en-e-my and save our souls.

**Troparion of our venerable father Michael - Tone 8**



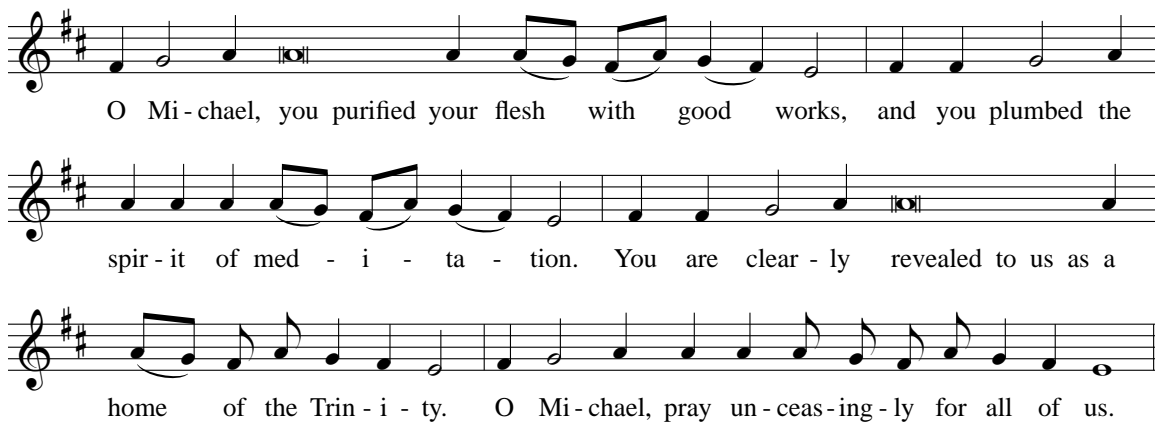
Hav-ing soared on men-tal wings to a vi-sion of God,  
you left be-hind all the nois-es of the world, O bless-ed saint.  
You de-spised all the ex-pla-na-tions ac-cord-ing to the flesh  
but sought the wis-dom from on high. You pre-sent your-self as a mod-el  
for all of us, say-ing: It is a good thing to live with God.

### Kontakion of Proclus and Hilarion - *Tone 4*



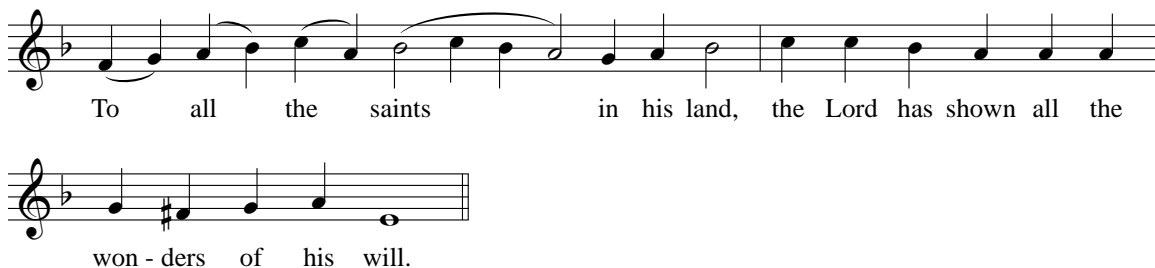
The suf-frings of these mar - tyrs shine with the brilliance of mir-a - cles  
like the morn - ing stars. There-fore, we cel - e - brate their mem - o - ry  
and beg Christ to save our souls.

### Kontakion of Michael - *Tone 2*



O Mi - chael, you purified your flesh with good works, and you plumbed the  
spir - it of med - i - ta - tion. You are clear - ly revealed to us as a  
home of the Trin - i - ty. O Mi - chael, pray un - ceas - ing - ly for all of us.

### Prokeimenon for Holy Martyrs - *Tone 4* (Psalm 15:3,8):

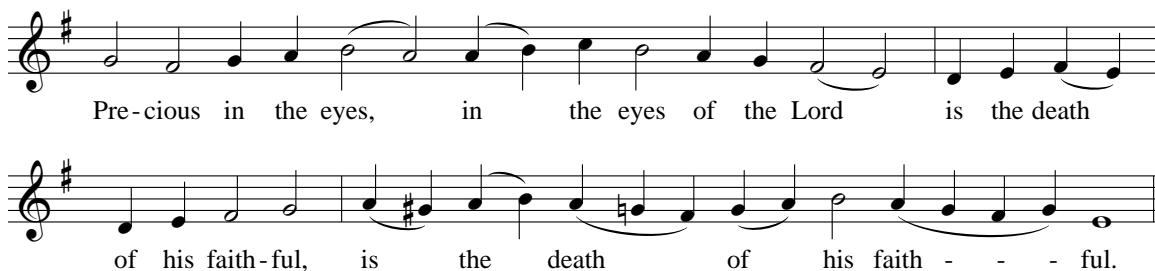


To all the saints in his land, the Lord has shown all the  
won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed



**Prokeimenon for a Venerable - Tone 7 (Psalm 115:6,3):**



Pre-cious in the eyes, in the eyes of the Lord is the death  
of his faith-ful, is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

**Alleluia for Holy Martyrs - Tone 4 (Psalm 33:18,20):**

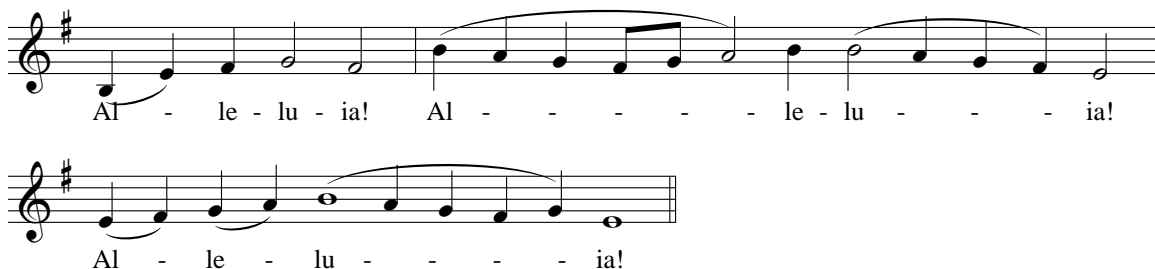


Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* When the righteous cried out, the Lord heard; and from all distress he saved them.

*Verse:* Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Alleluia for a Venerable - Tone 6 (Psalm 111:1,2):**



Al - le - lu - ia! Al - - - - le - lu - - - ia!  
Al - le - lu - - - - ia!

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Verse:* His posterity will be mighty upon the earth.

**Communion Hymn for Martyrs (Psalm 32:1):**

F



Re-joyce in the Lord, re-joyce, you right-eous ones; praise from the upright,  
the up - right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Communion Hymn for a Venerable (Psalm 111:6,7):

F



The just man will be re - mem - bered, be re - mem - bered for ev - ver



e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!



Al - le - lu - ia! Al - le - lu - ia!

**13 The synaxis of the Archangel Gabriel.** The primary feast of the Archangel is March 26. On this day is commemorated all his appearances and marvels throughout the history of salvation. This feast was instituted on Mt. Athos in 982.

**Our venerable father Stephen of the Monastery of St. Sabbas**, who suffered death during the reign of the emperor Severus. He was the nephew of St. John Damascene, and lived the monastic life in the Sabaite monastery near Jerusalem. (794)

**Our holy father Julian, bishop of Kenoman**, at Le Mans [Lat.: Cenomanus] in Gallia Lugdunensis [a Roman province in what is now France], who is considered the first bishop of that city. (1st century)

**Troparion of the Archangel Gabriel - Tone 4**



O peo - ple, with a candle-light as - sem - bly let us sing the praises of the



lead - er of heav - en's hosts. He is the serv - ant of light sent from the Light di - vine



to en - light - en all who sing with love: O Ga - briel, leader of the an - gels,



re - joice with all the pow - ers of heav - en.

### **Troparion of our venerable father Stephen - Tone 8**



Guide to Or - tho - dox - y, teach - er of pi - e - ty and ho - li - ness,



lu - mi - nar - y for the world, in - spired a - dorn - ment



of bish - ops, O wise Ste - phen, harp of the Spir - it,



you en - light - ened all by your teach - ings; in - ter - cede with Christ our



God to save our souls.

### **Kontakion of Gabriel - Tone 2**



Hav - ing be - held the glory of God in heav - en, and hav - ing brought grace to



earth from on high, save and pro - tect those who sing to you:

O prince of an-gels and wise Ga-bri-el, min-i-ster of God's glory and heavenly  
de-fend - er of the world, pro-tect us al-ways and nev - er a-ban-don us.

**Kontakion of Stephen - Tone 4**

You sought the very depth of wis-dom, O Ste - phen, and great was your joy  
when you found that pre - cious pearl. You found un - derstanding in your  
in - fir - mi - ties, most bless - ed Ste - phen.

**Prokeimenon for an Archangel - Tone 4 (Psalm 103:4,1):**

You make your an - gels spir - its and your min - i - sters a flam-ing fire,  
and your min - i - sters a flam - ing fire.

**Verse:** Bless the Lord, O my soul. Lord my God, how great you are.

**Prokeimenon for a Confessor - Tone 7 (Psalm 149:5,1):**

Let the faith - ful re-joyce in glo - ry, re - joyce  
in glo - ry, shout for joy, and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia for an Archangel - Tone 5 (Psalm 148:2,5):**

Al - - - - le - lu - ia! Al - le - lu - - - ia!  
Al - le - lu - - - ia!

*Verse:* Praise the Lord, all his angels; praise him all his hosts.

*Verse:* He spoke and they were made; he commanded and they were created.

**Alleluia for a Confessor - Tone 6 (Psalm 111:1,2):**

Al - le - lu - ia! Al - - - - le - lu - - - ia!  
Al - le - lu - - - ia!

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Verse:* His posterity will be mighty upon the earth.

**Communion Hymn for an Archangel (Psalm 103:4):**

A



You make your an - gels, make your an - gels spir - its and your



min - i - sters a flam - ing fire, and your min - i - sters a flam - ing fire.

*Refrain*



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**Communion Hymn for a Confessor (Psalm 32:1):**

A



Re-joice in the Lord, you right-eous ones; praise from the up-right is fit-ting.



praise from the up-right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**On the Sunday from July 11 to 19  
SUNDAY OF THE FATHERS  
AT THE SIX ECUMENICAL COUNCILS**

**Troparion - Prescribed Resurrection Tone**

**Troparion - Tone 8:**



O Christ our God, you are a - bove all praise. You have es - tab - lished



our fa - thers as bea - cons on the earth, lead - ing us all to the

true faith through them. O most mer-ci-ful Lord, glo-ry to you!

**Kontakion - Tone 8:**

The preach-ing of the a - pos - tles and the teach-ings of the Fa - thers

have con-firmed the one faith of the Church, which she wears as the gar-ment of truth,

wo - ven from the theol-o - gy on high, as she faith fully imparts and glorifies

the great mystery of de - vo - tion.

**Prokeimenon - Tone 4 (Daniel 3:26,27):**

Bless ed are you and praise-wor-thy, O Lord, the God of our fa - thers,

and glo - ri - ous for - ev - er is your name.

**Verse:** For you are just in all that you have done for us.

**Alleluia - Tone 1** (Psalm 49:1,5):

Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

The first system of music is on a treble clef staff with a key signature of one flat (Bb). It contains two lines of lyrics: "Al - le - lu - - - ia! Al - - - le - lu - ia!". The second system is also on a treble clef staff with a key signature of one flat, containing the lyrics "Al - le - lu - - - ia!".

**Verse:** The God of gods, the Lord, has spoken and summoned the earth  
from the rising of the sun to its setting.

**Verse:** Gather before him his righteous ones who have made a covenant with him by sacrifice.

**Communion Hymn for Sundays** (Psalm 148:1):

A

Praise the Lord, praise the Lord from the heav - ens, praise him

*Refrain*

in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia!

The first system of music is on a treble clef staff with a key signature of two sharps (D major). It contains the lyrics "Praise the Lord, praise the Lord from the heav - ens, praise him". The second system is also on a treble clef staff with a key signature of two sharps, containing the lyrics "in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!". The word "Refrain" is centered above the second line. The third system is also on a treble clef staff with a key signature of two sharps, containing the lyrics "Al - le - lu - ia!".

**Communion Hymn for the Council Fathers** (Psalm 32:1):

A

Re-joice in the Lord, you right-ous ones; praise from the up-right is fit-ting.

*Refrain*

praise from the up-right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

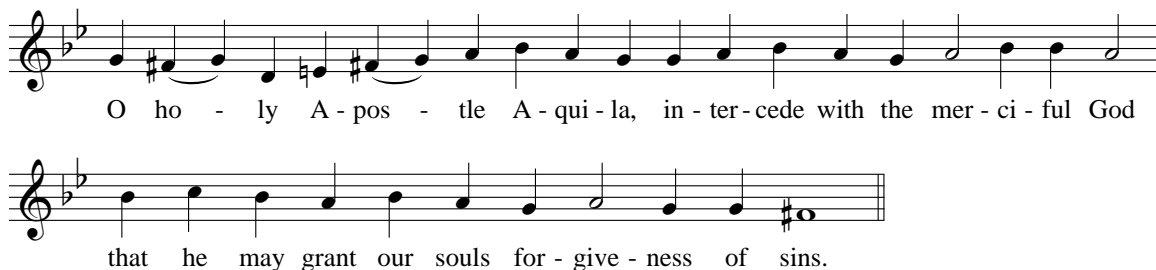
The first system of music is on a treble clef staff with a key signature of two sharps (D major). It contains the lyrics "Re-joice in the Lord, you right-ous ones; praise from the up-right is fit-ting.". The second system is also on a treble clef staff with a key signature of two sharps, containing the lyrics "praise from the up-right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!". The word "Refrain" is centered above the second line.



**14 The holy apostle Aquila and his wife, Prisca or Priscilla, a married couple, who, helpers of Saint Paul the Apostle, received the Church into their home with hospitality and endangered themselves on his behalf. They are mentioned in I Cor. 16:19, in Romans 16:3-5, and in II Tim.4:19.**

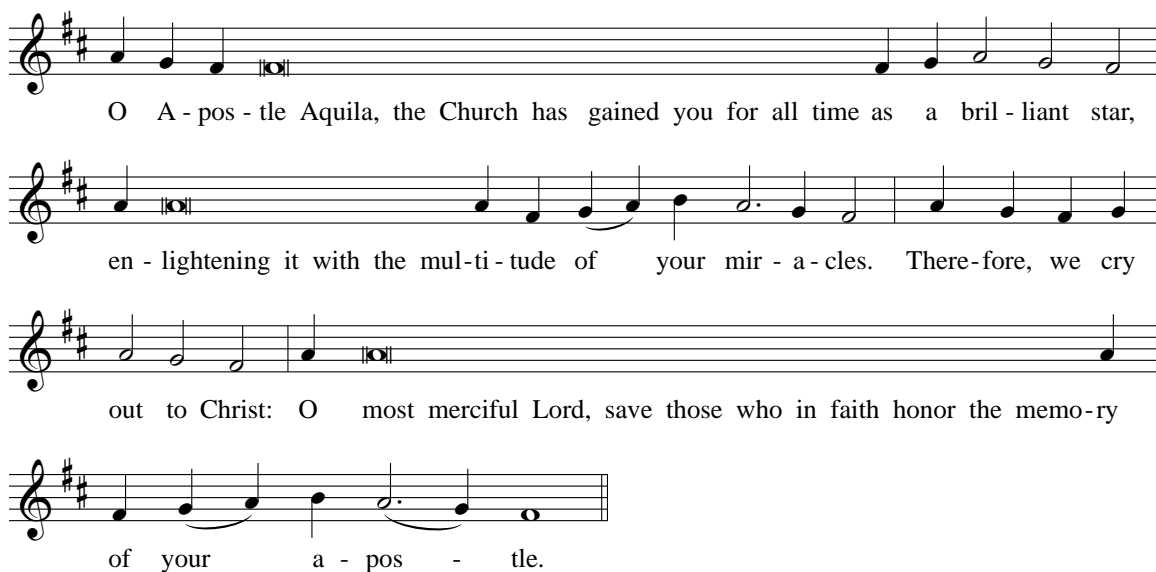
**The holy martyrs Cyricus and Julitta, at Caesarea in Cappadocia. When they had firmly refused the order of the judge to offer incense to idols, they were cast into the fire. (304)**

**Troparion - Tone 3**



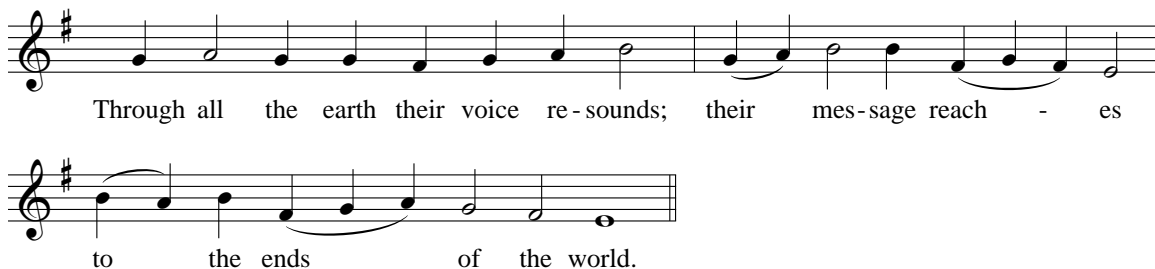
O ho - ly A - pos - tle A - qui - la, in - ter - cede with the mer - ci - ful God  
that he may grant our souls for - give - ness of sins.

**Kontakion - Tone 4**



O A - pos - tle Aquila, the Church has gained you for all time as a bril - liant star,  
en - lightening it with the mul - ti - tude of your mir - a - cles. There - fore, we cry  
out to Christ: O most merciful Lord, save those who in faith honor the memo - ry  
of your a - pos - tle.

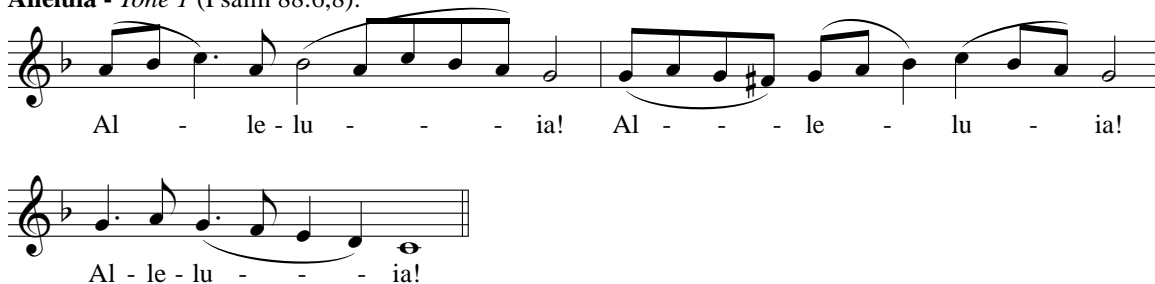
**Prokeimenon - Tone 8** (Psalm 18:5,2):



Through all the earth their voice re-sounds; their mes-sage reach - es  
to the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1** (Psalm 88:6,8):



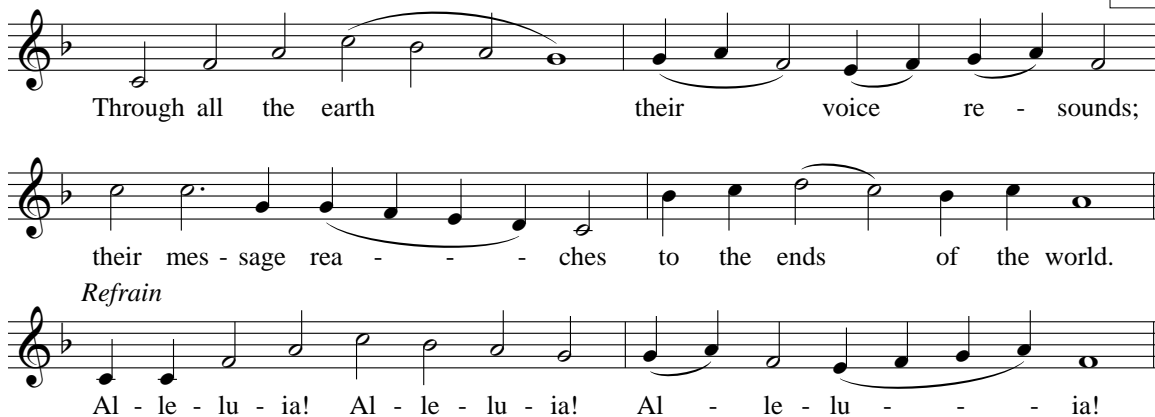
Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

**Verse:** God is glorified in the council of the holy, great and awesome above all who surround him.

**Communion Hymn** (Psalm 18:5):

B



Through all the earth their voice re - sounds;  
their mes - sage rea - - - ches to the ends of the world.  
*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**15 The holy great prince Vladimir, equal to the apostles, who was baptized Basil at Kiev in Rus'.** Son of Prince Svyatoslav, grandson of Igor and Olga, he was pagan for the first part of his life. He sent out envoys to find the religion best suited for his people, and he and his court were baptized in the orthodox faith. He bestowed care in spreading the orthodox faith among the peoples subject to him. (1015)

**Troparion - Tone 4**



You were like a mer-chant seek-ing a fine pearl as you sat on the throne of  
the mother of cities, the God - re-deemed Kiev. Send-ing mes-sengers to the capitol  
in your search for the faith, you dis-cov-ered the price-less Pearl which is Christ.  
He chose you in turn as a sec - ond Paul. You sub-mit - ted to the  
rites of bap - tism, and the scales of spiritual blind - ness fell from your eyes.  
Now your peo-ple have come to cel-e-brate your death. Pray for the authorities in the  
land of Rus' to be saved.

**Kontakion - Tone 8**



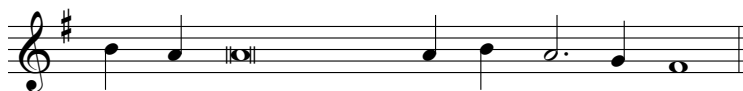
You were like the great a-pos-tle Paul. Late in life you gave up the foolish philoso-phy



of i - dols and be - came a perfect man through the wa - ter of bap - tism.



Now you stand with joy in the cout of Christ. We ask you to pray for the land of Rus'



and for the salvation of its au - thor - i - ties.

**Prokeimenon - Tone 8 (Psalm 18:5,2):**



Through all the earth their voice re-sounds; their mes-sage reach - es



to the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1 (Psalm 88:6,8):**



Al - le - lu - - - ia! Al - - - le - lu - ia!



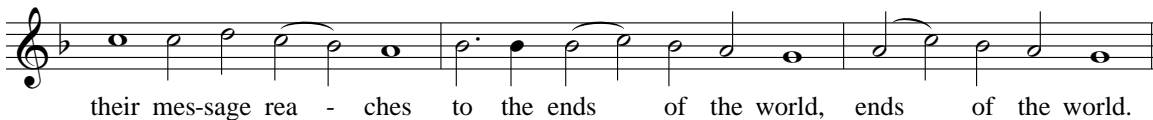
Al - le - lu - - - ia!

**Verse:** The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

**Verse:** God is glorified in the council of the holy, great and awesome above all who surround him.

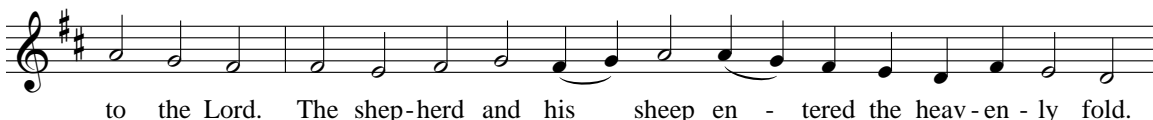
Communion Hymn (Psalm 18:5):

C



**16 The holy martyrs Athenogenes, bishop of Sebaste, and his ten disciples in Armenia.** He was an archpriest who left to his disciples a hymn declaring the divinity of the Holy Spirit and was handed over to the flames for the sake of Christ. (311)

**Troparion - Tone 8**



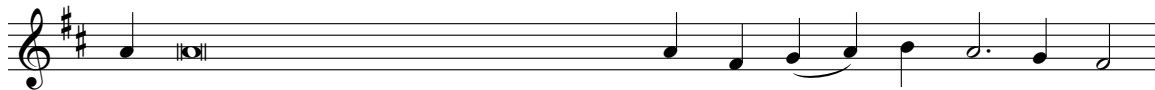
**Kontakion - Tone 4**



You heed-ed the word of the Mas - ter and laid down your life for your sheep



like a good shep - herd. There-fore we bless you, O priest-martyr A-the-no-ge-nes,



and we praise your ten disciples who were guid - ed by the fear of God



and by your teach - ings. The Mas - ter has crowned you as a friend



and set you at his right side in glo - ry. Now pray to him for all of us.

**Prokeimenon - Tone 4 (Psalm 15:3,8):**



To all the saints in his land, the Lord has shown all the



won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 4 (Psalm 33:18,20):**



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Verse:** When the righteous cried out, the Lord heard; and from all distress he saved them.

**Verse:** Many are the troubles of the righteous, but from them all the Lord will rescue them.

Communion Hymn (Psalm 32:1)

D

Re-joyce in the Lord, you righ - teous ones; praise from the up-right,

*Refrain*  
the up - right is fit-ting. Al - le - lu - ia! Al - le - lu - ia!

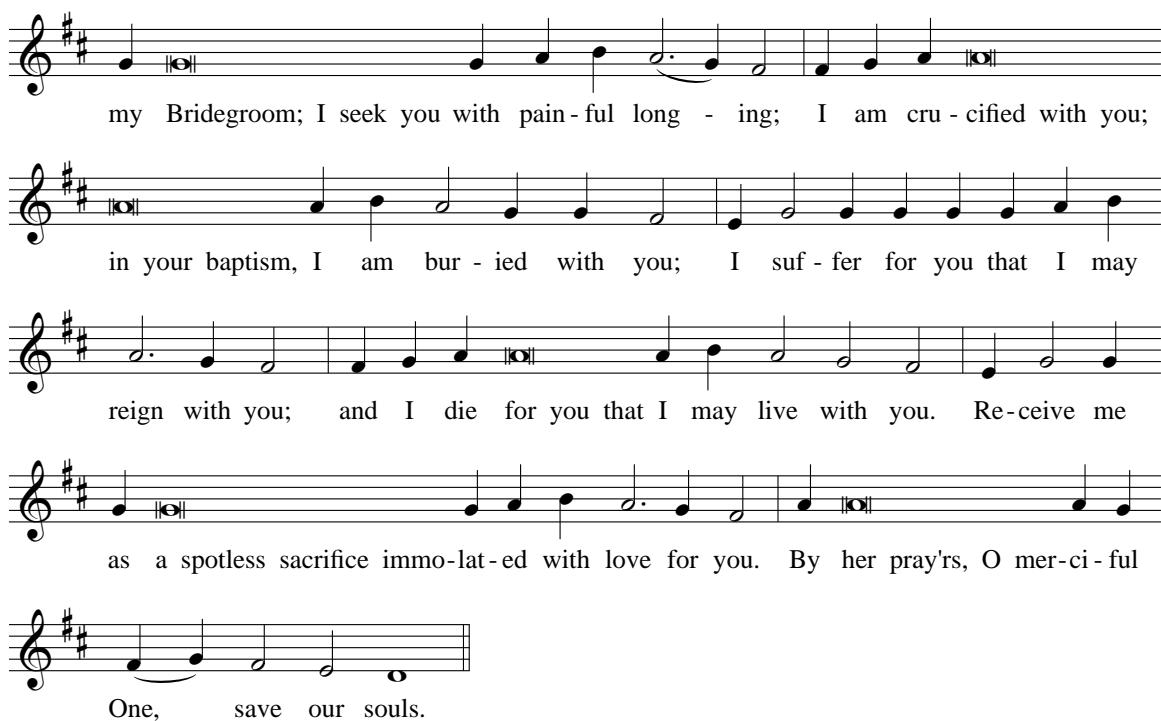
Al - - le - lu - - ia!

**17 The holy great martyr Marina (also known as Margaret),** at Antioch in Pisidia. It is said that she dedicated her body to Christ by her virginity and her martyrdom.

**Our venerable father and confessor, Paul Gojdich, bishop of Preshov.** Born in 1888 in Ruske Perklany in Prjashevschina to a priestly family. Though his family wanted him to go into medicine or law, he felt called to the priesthood and entered the Preshov seminary in 1907. He chose the celibate priesthood and was ordained in 1911. In 1922, he entered the Basilian monastery of St. Nicholas at Chernecha Hora. He was renowned for his long hours of prayer and for his work with the youth of the Church. In 1926, he was appointed as Apostolic Administrator of the Eparchy of Preshov, and was ordained bishop in 1927. Through independence, war, and near famine conditions, he was a good shepherd to his people. In 1949, the Communist government of Czechoslovakia began its liquidation of the Byzantine Catholic Church, and Bishop Gojdich worked through every means at his disposal to keep his priests and people loyal to their Byzantine Catholic Church and to Rome. He was arrested in 1950, tried in a mock trial in 1951. The secret police made every effort to break Bp. Gojdich and have him recant the Union of Uzhorod, but he remained faithful. However, his health was completely broken by the maltreatment he received, and he died in the penitentiary of Leopoldov, Slovakia. (1960)

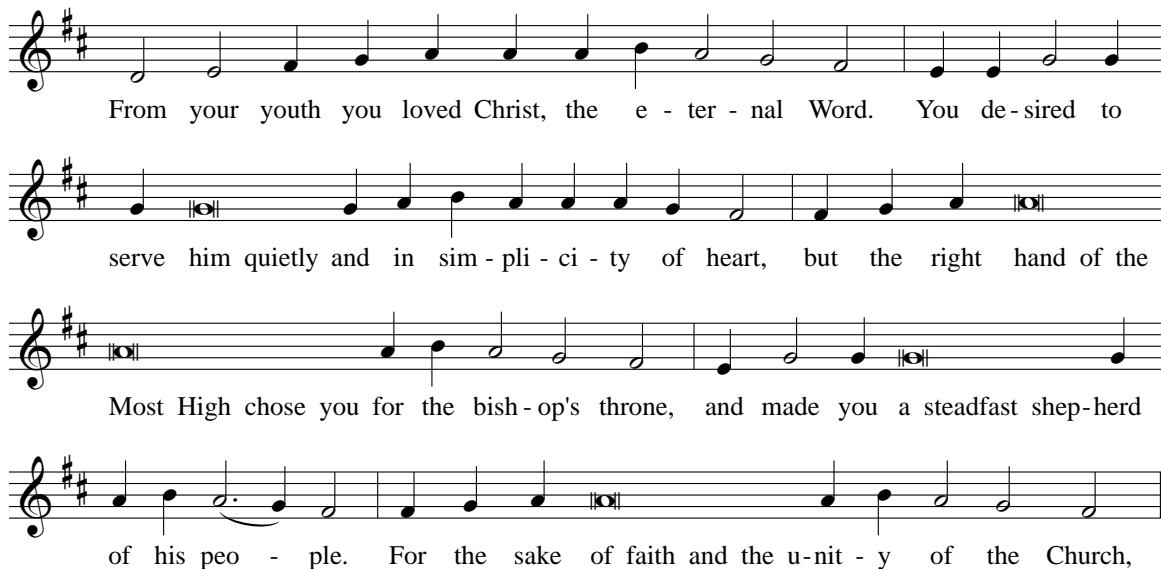
**Troparion of the holy great martyr Marina - Tone 4**

Your lamb Ma - ri na, O Jesus, cries out in a loud voice: I love you,



my Bridegroom; I seek you with pain-ful long - ing; I am cru - cified with you;  
in your baptism, I am bur - ied with you; I suf - fer for you that I may  
reign with you; and I die for you that I may live with you. Re-ceive me  
as a spotless sacrifice immo-lat-ed with love for you. By her pray'rs, O mer-ci - ful  
One, save our souls.

**Troparion of blessed Paul Gojdich - Tone 4**



From your youth you loved Christ, the e - ter - nal Word. You de-sired to  
serve him quietly and in sim - pli - ci - ty of heart, but the right hand of the  
Most High chose you for the bish - op's throne, and made you a steadfast shep-herd  
of his peo - ple. For the sake of faith and the u-nit - y of the Church,



you of - fered yourself to God as a per - fect sac - ri - fice. O Fa - ther and  
 priest-mar - tyr Paul, pray to Christ our God for the sal - va - tion of our souls.

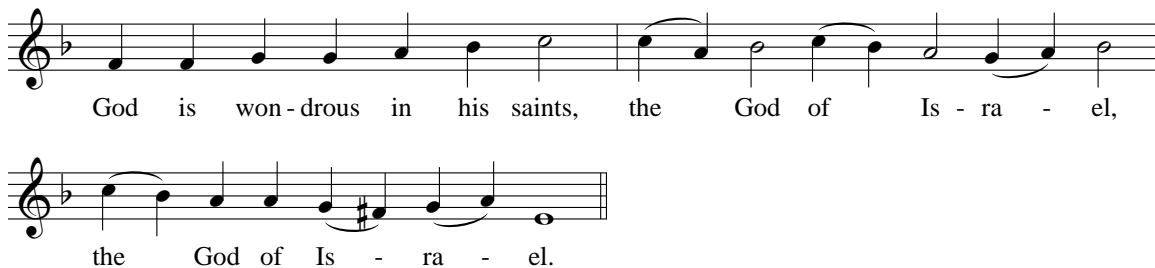
**Kontakion of Marina - Tone 3**

A - noint - ed with the balm of virginity, O vir - gin Ma - ri - - na,  
 you were crowned with un - wilt - ing lau - rels. You were stained scar - let with a  
 mar - tyr's blood, and now you are bril - liant with mira - cles of heal - ing.  
 You have re - ceived the hon - ors of a mar - tyr's tri - - - umph.

**Kontakion of Paul - Tone 2**

Di - vine thun - der, spir - i - tual trum - pet, sow - er of faith, and destroyer of  
 her - e - sies, serv - ant of the Trin - i - ty, O great bish - op Paul, you stand  
 for - ev - er with the an - gels. Pray with - out ceas - ing for all of us.

**Prokeimenon for a Woman Martyr - Tone 4 (Psalm 67:36,27):**



God is won-drous in his saints, the God of Is - ra - el,  
the God of Is - ra - el.

**Verse:** In the churches bless God; from Israel's wellsprings bless the Lord.

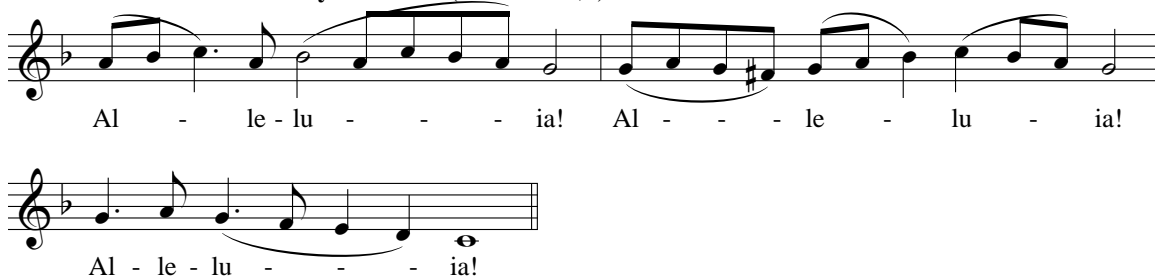
**Prokeimenon for a Hierarch - Tone 1 (Psalm 48:4,2):**



My lips will speak words of wis - dom;  
un - der - stand - ing will be the theme of my heart.

**Verse:** Hear this, all you peoples; give heed, all who dwell in the world.

**Alleluia for a Woman Martyr - Tone 1 (Psalm 39:2,3):**

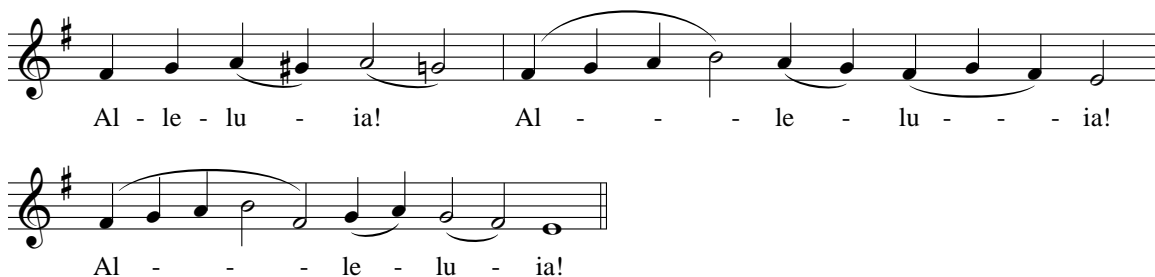


Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** I have waited, waited for the Lord, and he stooped toward me and heard my cry.

**Verse:** He drew me out of the pit of destruction, out of the filthy clay.

**Alleluia for a Hierarch - Tone 2** (Psalm 36:30,31):



Al - le - lu - ia! Al - - - le - lu - - - ia!

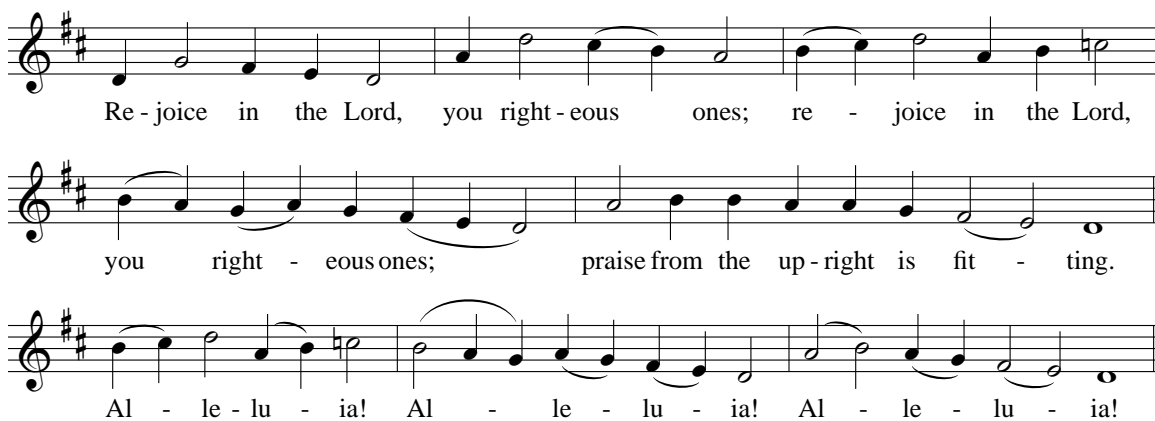
Al - - - le - lu - ia!

*Verse:* The just man's mouth utters wisdom and his lips speak what is right.

*Verse:* The law of his God is in his heart; his steps shall be saved from stumbling.

**Communion Hymn for a Woman Martyr** (Psalm 32:1):

E



Re - joice in the Lord, you right - eous ones; re - joice in the Lord,  
you right - eous ones; praise from the up - right is fit - ting.  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**Communion Hymn for a Hierarch** (Psalm 111:6,7):

E

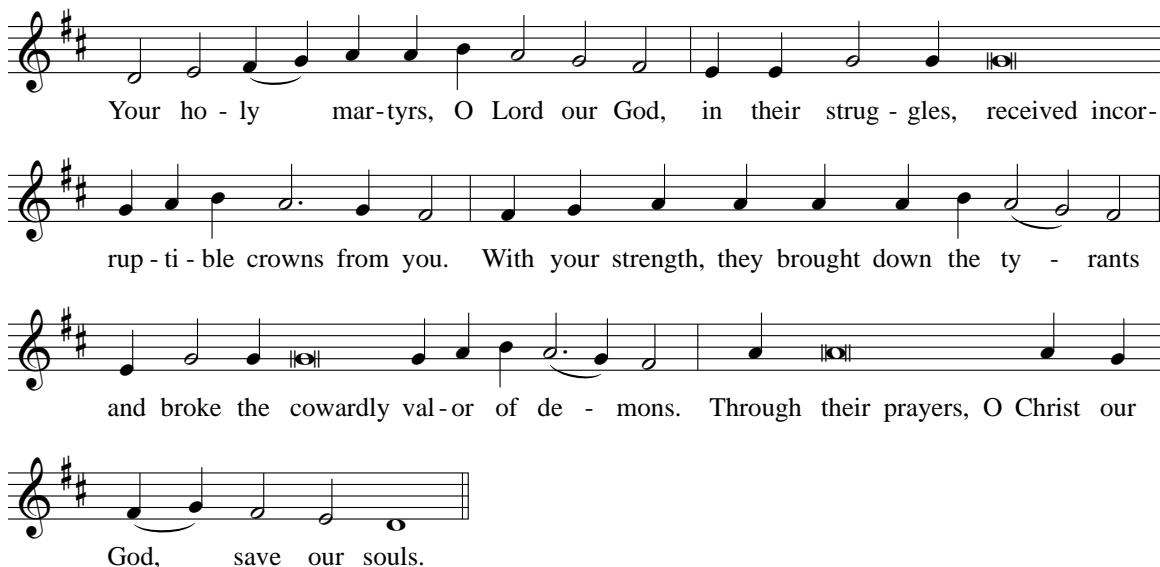


The just man will be re - mem - bered for - e - ver;  
*Refrain*  
e - vil news he will not fear, e - vil news he will not fear. Al - le - lu - ia!  
Al - - - le - lu - ia! Al - le - lu - ia!

**18 The holy martyr Hyacinth** of Amastris in Paphlagonia, who died in prison after much suffering, under the prefect Castritus. (4th Century)

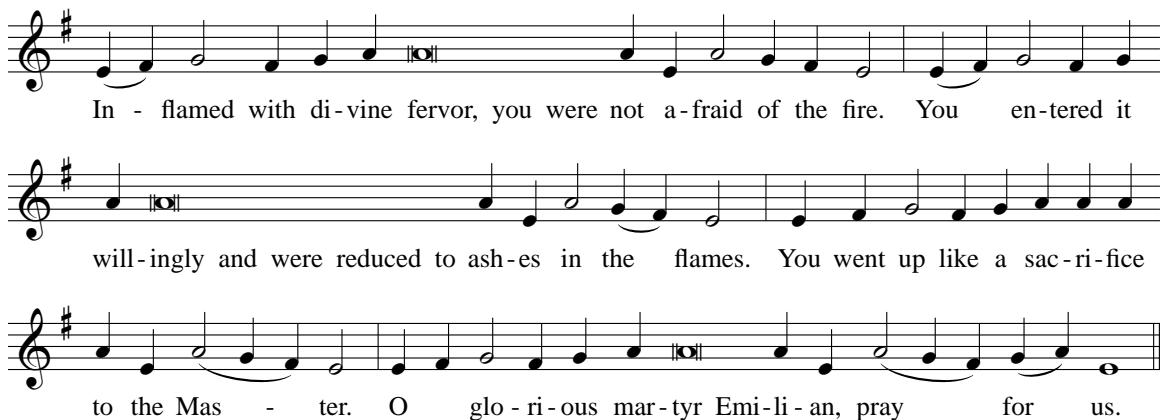
**The holy martyr Emilian** of Durostorum in Moesia, modern Silistra, on the Bulgaria-Romania border. Despising the edicts of Julian the Apostate and the threats of his deputy Catulinus, he overturned the altars of idols and restrained the sacrifices. Because of this, he was cast into a furnace and received the palm of martyrdom. (362)

**Troparion - Tone 4**



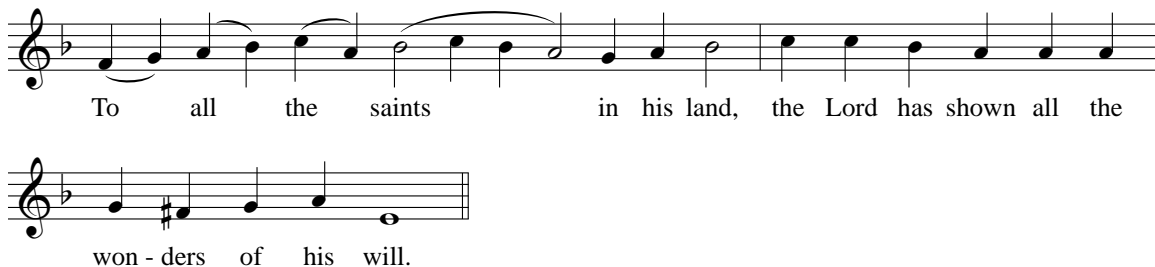
Your ho - ly mar - tyrs, O Lord our God, in their strug - gles, received incor -  
rup - ti - ble crowns from you. With your strength, they brought down the ty - rants  
and broke the cowardly val - or of de - mons. Through their prayers, O Christ our  
God, save our souls.

**Kontakion - Tone 3**



In - flamed with di - vine fervor, you were not a - afraid of the fire. You en - tered it  
will - ingly and were reduced to ash - es in the flames. You went up like a sac - ri - fice  
to the Mas - ter. O glo - ri - ous mar - tyr Emi - li - an, pray for us.

**Prokeimenon - Tone 4** (Psalm 15:3,8):



To all the saints in his land, the Lord has shown all the  
won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Alleluia - Tone 4** (Psalm 33:18,20):



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Verse:** When the righteous cried out, the Lord heard; and from all distress he saved them.

**Verse:** Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Communion Hymn** (Psalm 32:1)

F

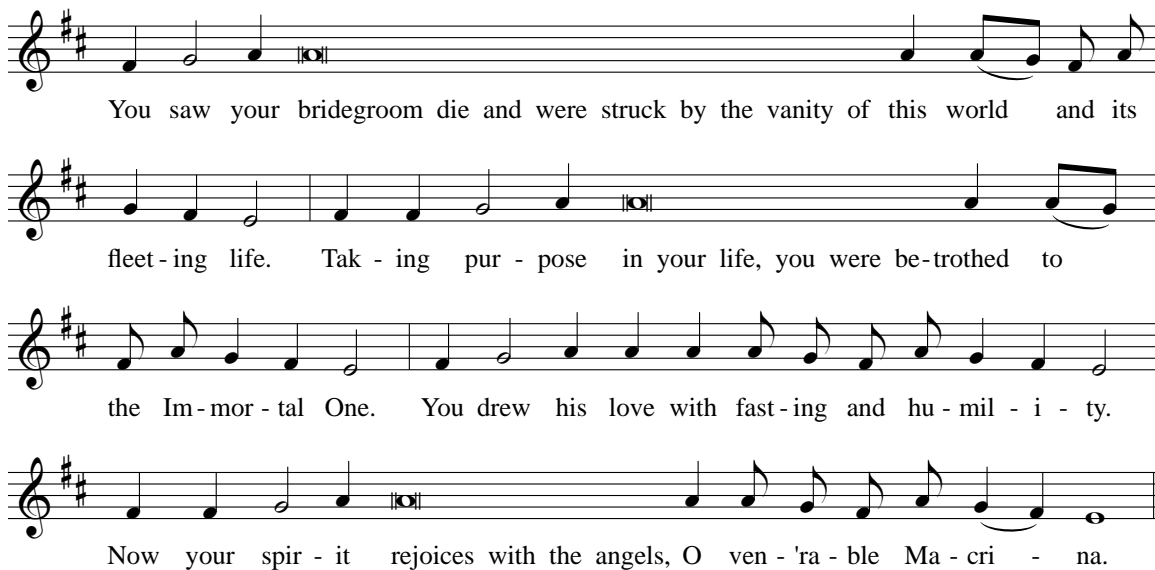


Re-joyce in the Lord, re-joyce, you right-eous ones; praise from the upright,  
the up - right is fit-ting. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**19 Our venerable mother Macrina**, sister of Basil the Great, Gregory of Nyssa and Peter of Sebaste, in the monastery of Annesinus on the river Irim in Pontus, virgin. She was learned in the Sacred Scriptures and led a solitary life, and provided a wonderful example of those possessing the desire for God, who had forsaken the vanity of the world. (379)

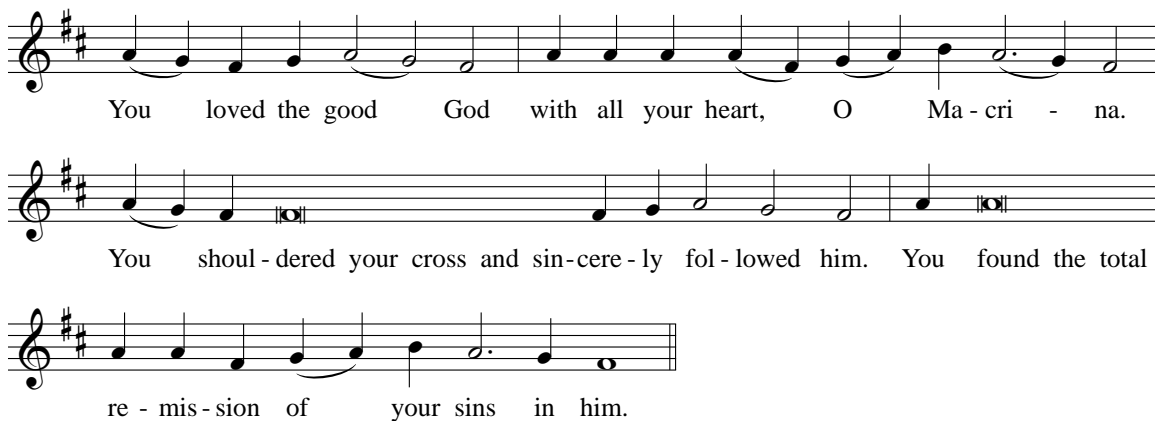
**Our venerable father Dios** at Constantinople, called the Wonderworker, archimandrite, who left his home in Antioch and was ordained in Constantinople and founded a monastery under the Rule of the Akoemeti (i.e., the “Unsleeping”). (430)

### Troparion - Tone 2



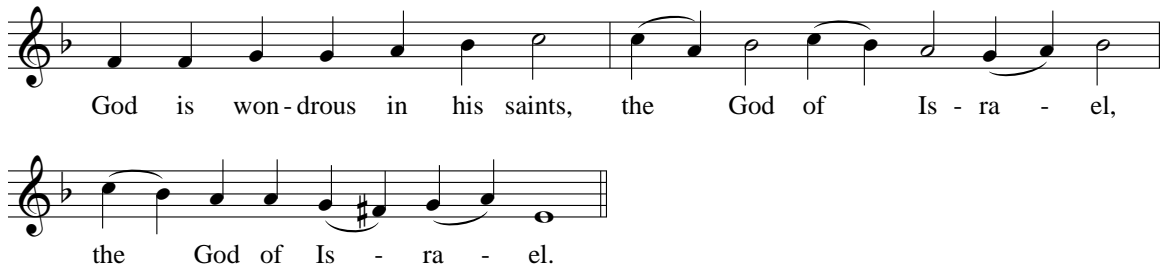
You saw your bridegroom die and were struck by the vanity of this world and its  
fleet-ing life. Tak - ing pur - pose in your life, you were be-trothed to  
the Im-mor - tal One. You drew his love with fast-ing and hu - mil - i - ty.  
Now your spir - it rejoices with the angels, O ven - 'ra - ble Ma - cri - na.

### Kontakion - Tone 4



You loved the good God with all your heart, O Ma - cri - na.  
You shoul - dered your cross and sin-cere-ly fol - lowed him. You found the total  
re - mis - sion of your sins in him.

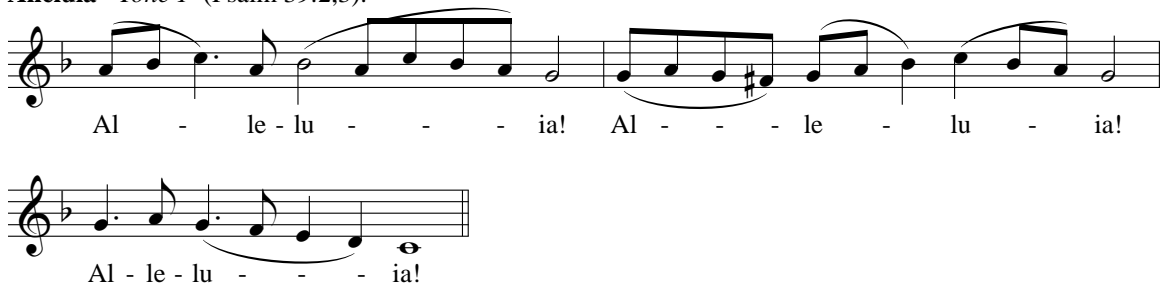
**Prokeimenon - Tone 4** (Psalm 67:36,27):



God is won-drous in his saints, the God of Is - ra - el,  
the God of Is - ra - el.

**Verse:** In the churches bless God; from Israel's wellsprings bless the Lord.

**Alleluia - Tone 1** (Psalm 39:2,3):



Al - le - lu - - - ia! Al - - - le - lu - - ia!  
Al - le - lu - - - ia!

**Verse:** I have waited, waited for the Lord, and he stooped toward me and heard my cry.

**Verse:** He drew me out of the pit of destruction, out of the filthy clay.

**Communion Hymn** (Psalm 111:6,7):

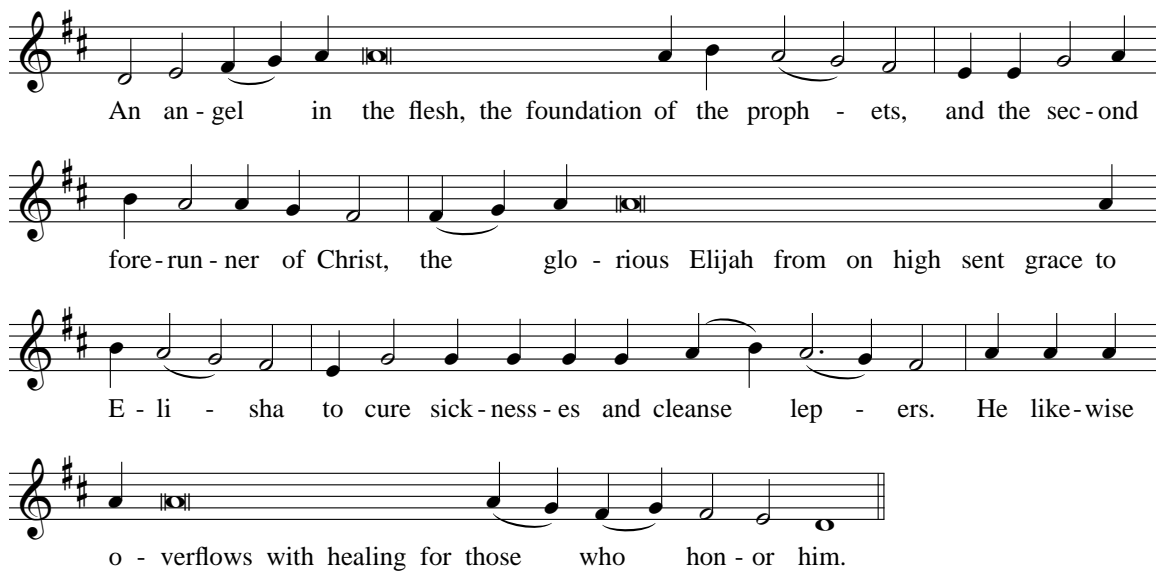
A



The just wo - man will be re-mem-bered for-ev - er; e - vil news she  
*Refrain*  
will not fear, e - vil news she will not fear. Al - le - lu - ia! Al - le - lu - ia!  
Al - le - lu - - ia!

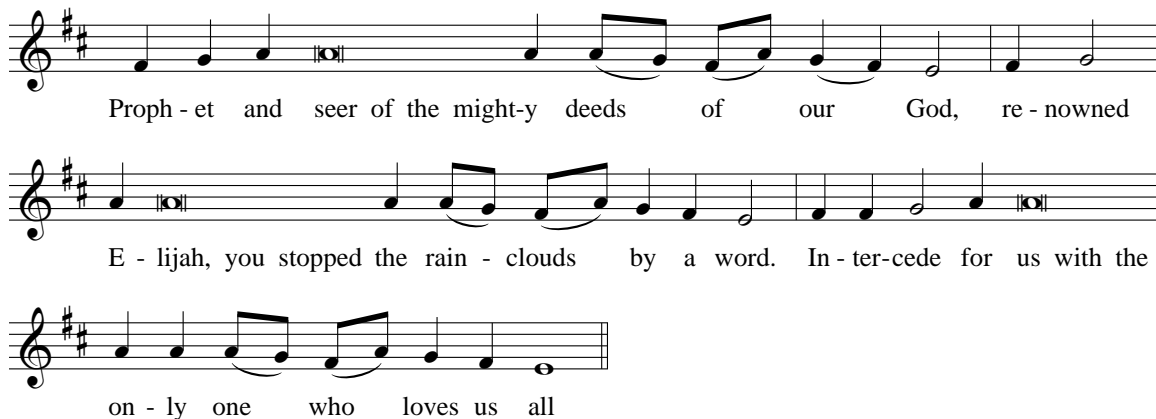
**20 THE HOLY AND GLORIOUS PROPHET ELIJAH** the Tishbite, who was a prophet of the Lord in the days of Ahab, the king of Israel and defended the rights of the one God against the unfaithful people with such a strength of spirit that he prefigured not only John the Baptist but even Christ himself. Written prophecies do not remain, but his memory is faithfully kept, especially on Mount Carmel.

**Troparion - Tone 4:**



An an - gel in the flesh, the foundation of the proph - ets, and the sec - ond  
fore - run - ner of Christ, the glo - rious Elijah from on high sent grace to  
E - li - sha to cure sick - ness - es and cleanse lep - ers. He like - wise  
o - verflows with healing for those who hon - or him.

**Kontakion - Tone 2:**



Proph - et and seer of the might - y deeds of our God, re - nowned  
E - lijah, you stopped the rain - clouds by a word. In - ter - cede for us with the  
on - ly one who loves us all



**Prokeimenon - Tone 4 (Psalm 109:4,1):**

You are a priest for - ev - er ac - cord - ing to the or - der  
of Mel - chiz - e - dek.

**Verse:** The Lord said to my Lord: Sit at my right hand till I make your enemies your footstool.

**Alleluia - Tone 4 (Psalm 98:6):**

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**Verse:** Moses and Aaron were among his priests;  
Samuel was among those who called upon his name.

**Verse:** They called upon the Lord and he answered them.

**Communion Hymn (Psalm 111:6,7):**

C

The just man will be re - mem - bered for - e - ver;  
e - vil news he will not fear, e - vil news he will not fear, he will not fear.  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**21 Our venerable father Simeon, fool for Christ, and his fellow ascetic John.** Simeon, called Salus [i.e., of the sea; he lived for 29 years next to the Dead Sea], at Emesa in Syria. Moved by the divine Spirit, he desired to be considered a fool for Christ and ignoble among people. Likewise the commemoration of St. John, hermit, who for almost thirty years was a companion to St. Simeon in his holy wandering and in a hermitage at the Dead Sea. (590)

**The holy prophet Ezekiel,** who was a son of the priest Buzi. At the time of the exile in the land of the Chaldeans, he was notable for his vision of the glory of the Lord. As an examiner placed before the house of Israel, he reproved the unfaithfulness of the Chosen People. He foresaw that the holy city of Jerusalem would be overthrown into ruins and the people deported. He himself was in the midst of the captives; he nourished their hope and prophesied to them that the dry bones would return to life.

**Troparion of our venerable fathers Simeon and John - Tone 4**

God of our fa - thers, you always deal with us in your kind - ness. Take not  
your mer-cy a - way from us; but through their pray'rs guide our life in peace.

**Troparion of the holy prophet Ezekiel - Tone 2**

O proph-et of God, E - ze - ki - el, through the gift of the Spirit you  
saw the sealed door of the Word's en - trance. Beg him to o - pen the  
doors of his mer-cy to us and save the souls of those who hon - or your  
mem - o - ry.

**Kontakion of Simeon and John - Tone 2:**

Let us praise with love and faith the an - gel - ic Si - me - on. Act - ing  
like an angel in the flesh, he glows with vir - tue. Let us re - mem - ber John  
a - long with him, since they pray together unceasing - ly to the Lord for us.

**Kontakion of Ezekiel - Tone 4:**

You were a proph - et of God, O wonder - ful E - ze - ki - el. You predicted the  
Lord's com - ing in the flesh, and the Cre - a - tor has come like a lamb.  
The Son of God has been re - vealed to the a - ges.

**Prokeimenon for Fools of Christ- Tone 7 (Psalm 115:6,3):**

Pre - cious in the eyes, in the eyes of the Lord is the death  
of his faith - ful, is the death of his faith - - - ful.

**Verse:** What can I return to the Lord for all he has given me?

**Prokeimenon for a Prophet - Tone 4** (Psalm 109:4,1):

You are a priest for - ev - er ac - cord - ing to the or - der

of Mel - chiz - e - dek.

**Verse:** The Lord said to my Lord: Sit at my right hand till I make your enemies your footstool.

**Alleluia for Fools of Christ - Tone 6** (Psalm 111:1,2):

Al - le - lu - ia! Al - - - - le - lu - - - ia!

Al - le - lu - - - - ia!

**Verse:** Happy the man who fears the Lord and greatly delights in his commands.

**Verse:** His posterity will be mighty upon the earth.

**Alleluia for a Prophet - Tone 5** (Psalm 98:6; 96:11):

Al - - le - lu - ia! Al - le - lu - ia! Al - le - lu - - ia!

**Verse:** Moses and Aaron were among his priests; Samuel was among those who called upon his name.

**Verse:** Light dawns for the just, and gladness for the upright of heart.

**Communion Hymn** (Psalm 111:6,7):

B

The just man will be re - mem - bered for - e - ver; e - vil news he will not fear;

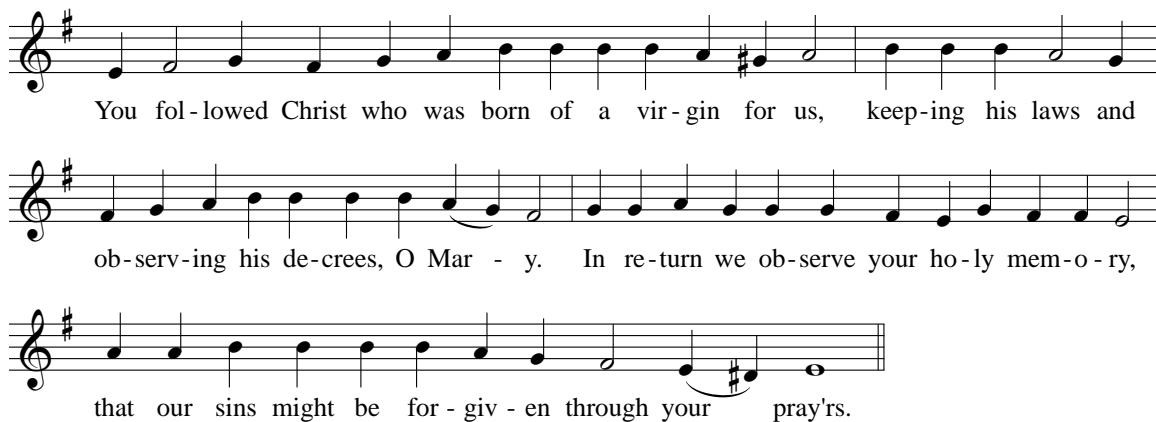
*Refrain*

e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**22 The holy myrrh-bearer Mary Magdalene, equal to the apostles**, who, freed by the Lord of seven demons and made a disciple, followed him even to Mount Calvary. At the break of dawn on the first Pascha, she was found worthy to see the Savior risen again from the dead and to bear the news of his resurrection to the other disciples.

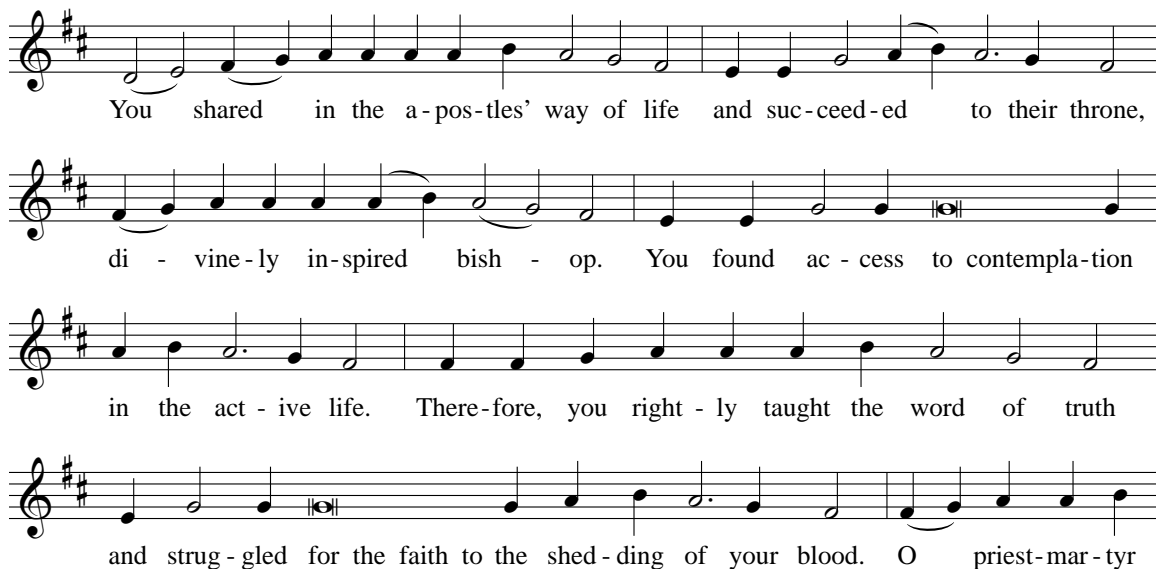
**Translation of the relics of the holy bishop martyr Phocas, bishop of Sinope.** His relics were taken from Sinope to Vienne in France in the 13th century, and today is the feast of the translation.

**Troparion of Mary Magdalene - Tone 1:**



You fol-lowed Christ who was born of a vir-gin for us, keep-ing his laws and  
ob-serv-ing his de-crees, O Mar - y. In re-turn we ob-serve your ho-ly mem-o - ry,  
that our sins might be for - giv - en through your pray'rs.

**Troparion of the holy priest-martyr Phocas - Tone 4**

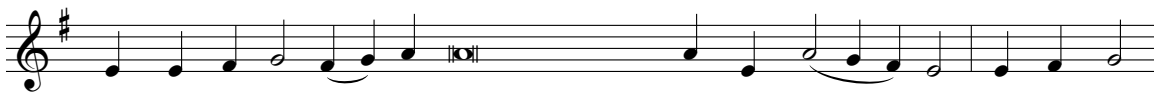


You shared in the a-pos-tles' way of life and suc-ceed-ed to their throne,  
di - vine-ly in-spired bish - op. You found ac - cess to contem-pla-tion  
in the act - ive life. There-fore, you right - ly taught the word of truth  
and strug - gled for the faith to the shed - ding of your blood. O priest-mar-tyr



Pho - cas, pray to Christ our God to save our souls.

**Kontakion of Mary Magdalene - Tone 3:**



You stood be-fore the cross with the others, O glo-rious Mar - y, and you cried



as you suf-fered there with the The-o - to - kos. You o-pened your mouth in



praise, say - ing: How strange this is that he who uphold all



cre - a - tion has deigned to suf-fer. Glo - ry to your pow'r!

**Kontakion of Phocas - Tone 6:**



As a pas-tor who of-fered sac - ri - fice, you bore wit-ness to Christ with jus - tice.



Strength-ened by an - gels, you yearned for death. At last you offered yourself



as a sac - ri - fice to him who a - bides a - mong those who sing to you:

Stay with us, O father, and nev - er leave us.

**Prokeimenon of a Venerable Woman - Tone 4** (Psalm 67:36,27):

God is won-drous in his saints, the God of Is - ra - el,  
the God of Is - ra - el.

*Verse:* In the churches bless God; from Israel's wellsprings bless the Lord.

**Prokeimenon of a Priest-Martyr - Tone 7** (Psalm 149:5,1):

Let the faith - ful re-joice in glo - ry, re - joice  
in glo - ry, shout for joy, and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia of a Venerable Woman - Tone 1** (Psalm 39:2,3):

Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

*Verse:* I have waited, waited for the Lord, and he stooped toward me and heard my cry.

*Verse:* He drew me out of the pit of destruction, out of the filthy clay.

**Alleluia of a Priest-Martyr - Tone 2 (Psalm 131:9,13):**

Al - le - lu - ia! Al - - - le - lu - - - ia!

Al - - - - le - lu - ia!

**Verse:** Your priests will be clothed with righteousness and your saints will rejoice.

**Verse:** The Lord has chosen Zion; he prefers her for his dwelling.

**Communion Hymn (Psalm 111:6,7):**

C

The just wom - an shall be re - mem - bered for - ev - er;

e - vil news she will not fear, e - vil news she will not fear, she will not fear.

*Refrain*

Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

**23 The holy martyrs Trophimus and Theophilus and their companions** suffered martyrdom by beheading during the reign of the emperor Diocletian. (4th century)  
**The holy martyrs Appolinaris and Vitalis, bishops of Ravenna.** While spreading the unsearchable riches of Christ among the nations, Appolinaris was a good pastor who went before his flock (cf John 10:4) It is said that he was decorated with the glorious honor of martyrdom at the church of Classis near Ravenna in Flaminia. He is said to have been the first bishop of Ravenna. On this day, it is said, it was commanded by God that a famous basilica be built under the name of Vitalis, bishop at Ravenna in Flaminia, in that city. Because of his undaunted faith, tenaciously held, he has been honored from time immemorial with the holy martyrs Valeria, Gervasius, Protasius and Ursicinus. (2nd century)



**23** (*continued*) **Our holy father Sharbel (Joseph) Makhlof**, priest of the Lebanese Maronite Church. Desirous of strict solitude and a higher perfection, he withdrew from the monastery of Annaias in Lebanon to a hermitage. There he served God in the greatest austerity of life, fasting and praying to God day and night. His wonder-working is well known by the faithful. (1898)

**Blessed Basil Hopko, Bishop of Medila**, son of Anna Petrenko and Basil Hopko, poor, landless peasants. His father died when the boy was just a year old, and when he was four his mother emigrated to the United States to look for work. Educated in Hungary, graduating with honors in 1923. Trained at the Eparchial Seminary, Prjashev, Czechoslovakia. He had dreams of joining his mother in the United States, and of persuing his vocation there, but the cost of recurring health problems left him unable to afford to travel. When he finally decided to serve in his native land, he was suddenly cured, and realized he was been given a sign about his calling. Ordained on 3 February 1929. Parish priest in Prague where he was noted for a mission to the poor, the unemployed, and to students. Taught at the Eparchial Seminary in Prjashev. Awarded the title of Monsignor in 1936. Doctor of Theology in 1940. Auxiliary bishop of Prjashev on 11 May 1947.

Arrested on 28 April 1950 as part of the Communist government's suppression of the Greek Catholic Church. He was kept on starvation rations and tortured for weeks, he was eventually given a show trial and sentenced to 15 years for the "subversive activity" of staying loyal to Rome He was repeatedly transferred from prison to prison, and continually abused. His health, physical and emotional, failed, and in 1964 he was transferred to a home for the aged and kept under guard there. Though he managed to overcome severe depression, and went on to minister to a group of 120 nuns imprisoned at the home, he never recovered his physical health.

On 13 June 1968 his original eparchy was restored, but a group of activists insisted that a Slovak bishop be appointed to the see, and Basil was removed. Deep divisions occurred throughout the eparchy, not all of which have yet been settled. Father Basil died without being able to resume leadership of his flock. His death was a direct result of imprisonment, and he is considered one of the many martyred by Communism.

Troparion of the Holy Martys - *Tone 4*:

O mar - tyrs, you en - tered the tribunal of the un - be - liev - ers like true  
sol - diers on a grave mis - sion. You suf - fered many torments for the



sake of the faith, pro-fess-ing Christ with for - ti-tude. In - tercede with Christ



for all we need.

### **Troparion of blessed Basil - Tone 8:**



Guide to Or - tho - dox - y, teach - er of pi - e - ty and ho - li - ness,



lu - mi - nar - y for the world, in - spired a - dorn-ment



of bish - ops, O wise Ba - sil, harp of the Spir - it,



you en-light-ened all by your teach - ings; in - ter - cede with Christ our



God to save our souls.

### **Kontakion of Trophimus - Tone 1**



You em-braced all your suf-f'ring with he - ro - ic stance, and you were

ar - rayed with glory. O bless - ed saint. You turned a wolf in - to a lamb  
 by di - vine grace and in - spired him to join you in mar - tyr - dom.  
 For this we praise you, O glo - ri - ous Tro - phi - mus.

**Kontakion of Basil - Tone 2**

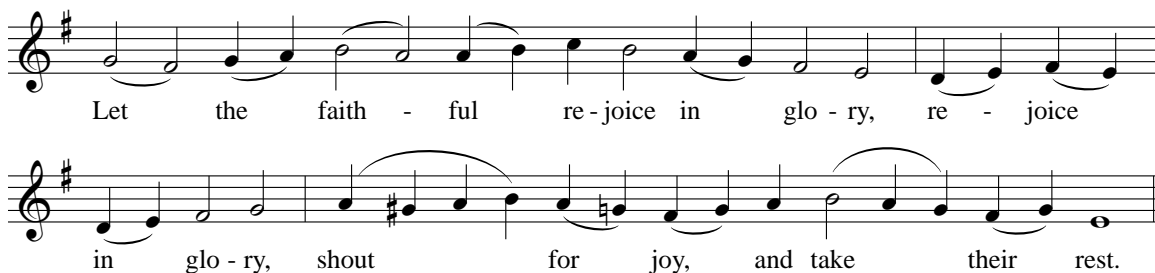
Di - vine ly wise Basil, you prac - ticed self - con - trol and stilled  
 the desires of the flesh, O ho - ly fa - ther. You flour ished in faith  
 and flowered like the tree of life in Par - a - dise.

**Prokeimenon for the Martyrs - Tone 4 (Psalm 15:3,8):**

To all the saints in his land, the Lord has shown all the  
 won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Prokeimenon for a Priest-Martyr - Tone 7 (Psalm 149:5,1):**



Let the faith - ful re-joice in glo - ry, re - joice  
in glo - ry, shout for joy, and take their rest.

*Verse:* Sing to the Lord a new song of praise in the assembly of the faithful.

**Alleluia for the Martyrs - Tone 4 (Psalm 33:18,20):**

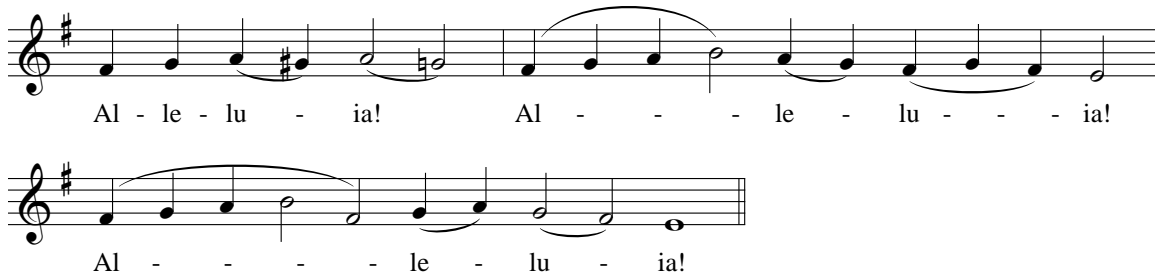


Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* When the righteous cried out, the Lord heard; and from all distress he saved them.

*Verse:* Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Alleluia for a Priest-Martyr - Tone 2 (Psalm 131:9,13):**



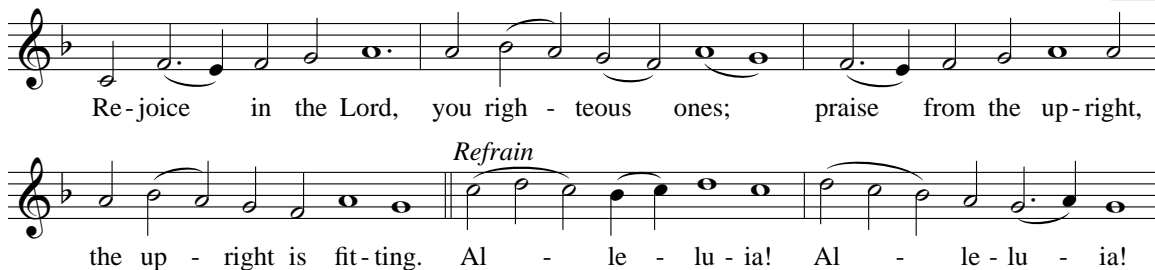
Al - le - lu - ia! Al - - - le - lu - - - ia!  
Al - - - - le - lu - ia!

*Verse:* Your priests will be clothed with righteousness and your saints will rejoice.

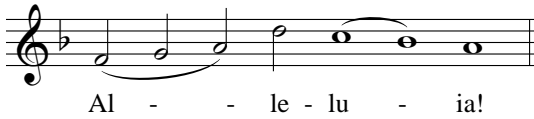
*Verse:* The Lord has chosen Zion; he prefers her for his dwelling.

**Communion Hymn for the Martyrs (Psalm 32:1):**

D



Re-joice in the Lord, you righ - teous ones; praise from the up-right,  
*Refrain*  
the up - right is fit-ting. Al - le - lu - ia! Al - le - lu - ia!



Al - - le - lu - ia!

**Communion Hymn for a Priest-Martyr** (Psalm 111:6,7):

D



The just man will be re-mem - bered for - e - ver; e - vil news he



will not fear. Al - - le - lu - ia! Al - - le - lu - ia!



Al - - le - lu - ia!

**24 The holy great martyr Christine**, at Volsinus [now Bolsena] in Tuscany, virgin and martyr. (c.300)

**The holy martyrs Boris and Gleb, baptized Roman and David**, who, princes of Rus' and sons of St. Vladimir the Great, preferred to suffer death than to resist their brother Svyatopolk by violence. Boris obtained the palm of martyrdom on the river Alta near Pereslavl and Gleb a short while later near Smolensk. (1015)

**Troparion - Tone 2**



Right - eous mar - tyrs for the gospel and shar - ers in the pas - sion, you did not



op - pose the vio - lence of the en - e - my. Al - though your brother tried to



kill your bod - ies, he still could not touch your souls. Let the e - vil

lov - er of pow - er groan un - hap - pi - ly. You are filled with joy among the  
 angels standing be - fore the Ho - ly Trin - i - ty. Please pray for your homeland  
 and its con - ver - sion and for the sal - va - tion of its peo - ple.

**Kontakion - Tone 3**

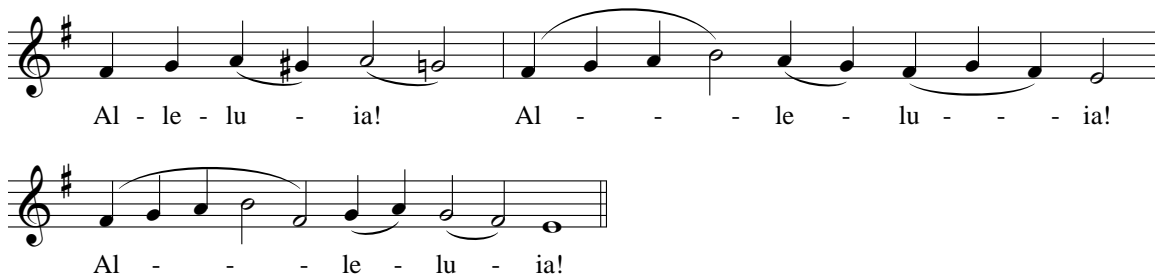
To - day the mem - ory of your suffering gleams, O no - ble mar - tyrs;  
 it com - pels us to praise Christ our God. Rush - ing to gath - er around your ho - ly  
 rel - ics, we seek gifts of health by your pray'rs. You are heav - en - ly  
 heal - ers, O ho - ly ones.

**Prokeimenon - Tone 4 (Psalm 15:3,8):**

To all the saints in his land, the Lord has shown all the  
 won - ders of his will.

**Verse:** I set the Lord ever before me;  
 with him at my right hand I shall not be disturbed.

**Alleluia - Tone 2** (Psalm 132: 1, 3):



Al - le - lu - ia! Al - - - le - lu - - - ia!

Al - - - le - lu - ia!

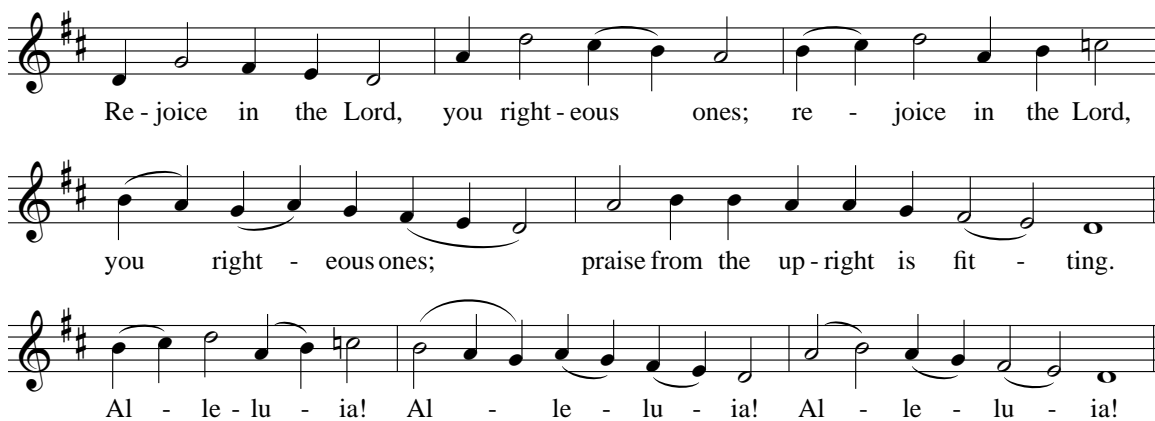
The musical notation is in G major (one sharp) and 4/4 time. It consists of two staves. The first staff contains the first two phrases of the Alleluia, with a long melisma on 'le' in the second phrase. The second staff contains a shorter melisma on 'le'.

*Verse:* Behold, how good and how pleasant when brothers dwell in unity.

*Verse:* For there the Lord has commanded the blessing: life forever.

**Communion Hymn** (Psalm 32:1):

E



Re - joice in the Lord, you right - eous ones; re - joice in the Lord,  
you right - eous ones; praise from the up - right is fit - ting.  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

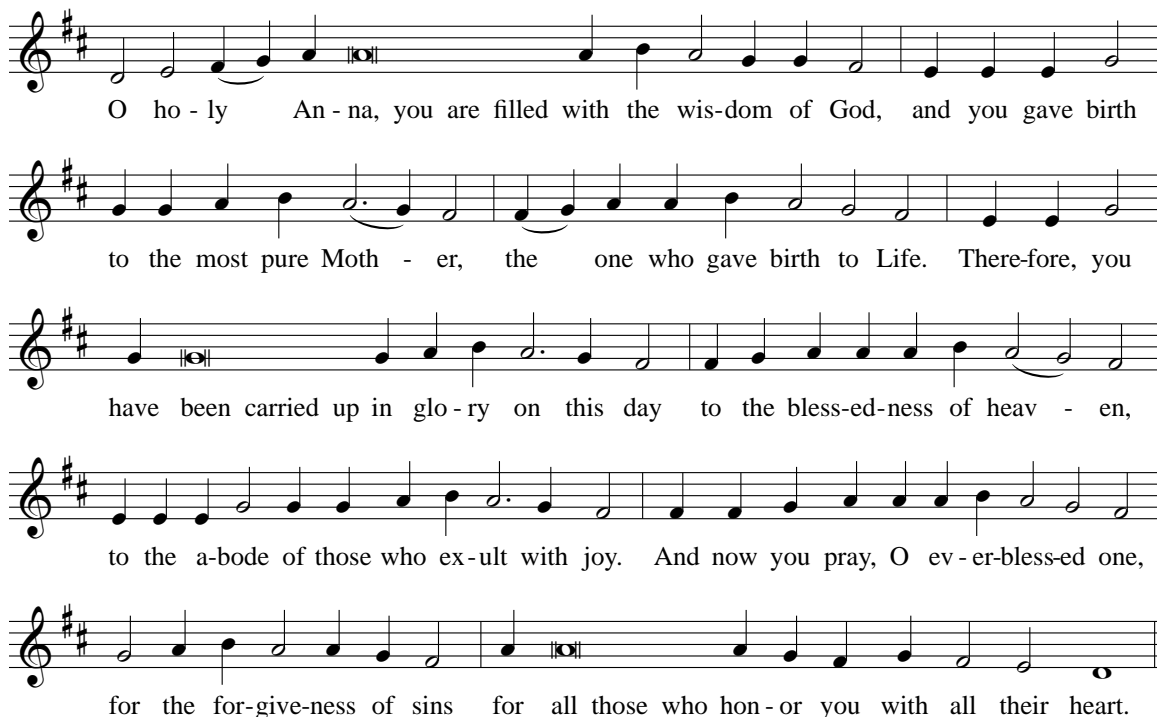
The musical notation is in G major (one sharp) and 4/4 time. It consists of three staves. The first staff contains the first two phrases of the hymn. The second staff contains the third phrase and the beginning of the final phrase. The third staff contains the final phrase repeated three times.

**25 Dormition of the Holy Anna, mother of the Mother of God.** All that we know of the mother of the Mother of God is taken from tradition, and from the apocryphal “Proto-Evangelion of James.” She is also commemorated on September 9th, with her husband St. Joachim.

**Memory of the holy women Olympiada and Euphraxia** at Nicomedia in Bithynia. Olympiada was a widow who, bereft of her husband while still young, passed the remainder of her life most piously at Constantinople among women devoted to God. She was a deaconess, first in the time of Patriarch Nectarius, and then under St. John Chrysostom. She assisted the poor and was also very faithful to St. John Chrysostom in his exile. (408) Euphraxia went with her mother to Egypt, traveling around the monasteries and giving alms. She received the monastic habit and entered into deep ascetic discipline. (413)

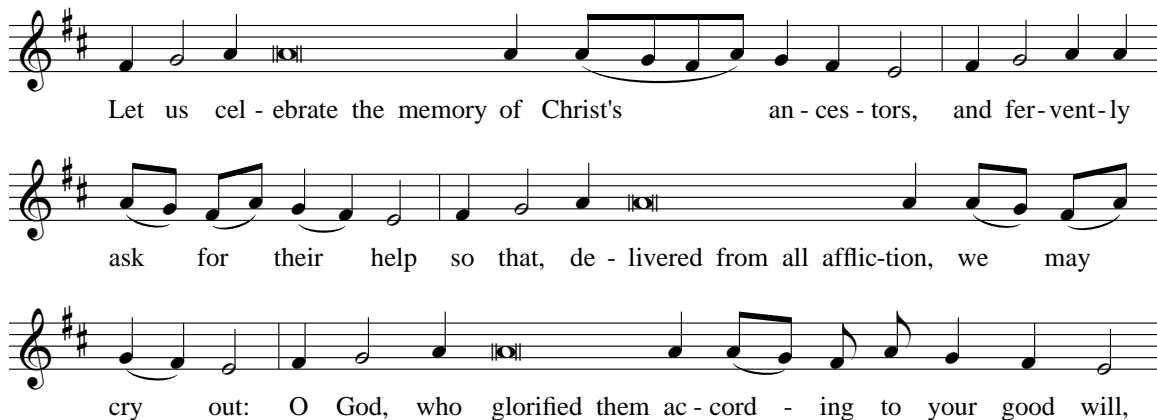
**25 (continued) Commemoration of the Fifth Ecumenical Council.** This council was held in Constantinople in the time of the Emperor Justinian the Great (553). All the Monophysite heresies were condemned at this council, as were the works of Origen (against the resurrection of the dead).

**Troparion - Tone 4**



O ho - ly An - na, you are filled with the wis - dom of God, and you gave birth to the most pure Moth - er, the one who gave birth to Life. There - fore, you have been carried up in glo - ry on this day to the bless - ed - ness of heav - en, to the a - bode of those who ex - ult with joy. And now you pray, O ev - er - bless - ed one, for the for - give - ness of sins for all those who hon - or you with all their heart.

**Kontakion - Tone 2**



Let us cel - ebrate the memory of Christ's an - ces - tors, and fer - vent - ly ask for their help so that, de - livered from all afflic - tion, we may cry out: O God, who glorified them ac - cord - ing to your good will,



re - main al - ways with us.

**Prokeimenon - Tone 4** (Psalm 67:36,27):

God is won - drous in his saints, the God of Is - ra - el,

the God of Is - ra - el.

*Verse:* In the churches bless God; from Israel's wellsprings bless the Lord.

**Alleluia - Tone 1** (Psalm 39:2,3):

Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

*Verse:* I have waited, waited for the Lord, and he stooped toward me and heard my cry.

*Verse:* He drew me out of the pit of destruction, out of the filthy clay.

*Instead of "It is truly proper . . ."*

**Magnification:**

Ex - tol, ex - tol, O my soul, O my soul

the won - drous con - cep - tion of the Moth - er of God.

**Irmos - Tone 6 Irmos, simple setting**

Let us, the faith-ful, ex-tol the The-o - to-kos, the Ev-er-flow-ing Foun-tain of Life,  
 ra-diant Bea-con of Grace, Liv-ing Tem-ple, and-most pure Tab-er-na-cle,  
 more spa - cious than earth and heav - - - en.

*Tone 1 samobdoben*

Or this melody:

**Irmos:**

Let us, the faith - ful, ex-tol the The-o-to - kos,  
 the Ev - er-flow-ing Foun-tain of Life, ra-diant Bea-con of  
 Grace, Liv-ing Tem - - - ple, and most pure Tab-er-na - cle,  
 more spa - - - cious than earth and heav - en.

**Communion Hymn (Psalm 32:1):**

F

Re-joyce in the Lord, re-joyce, you right-eous ones; praise from the up-right,

*Refrain*

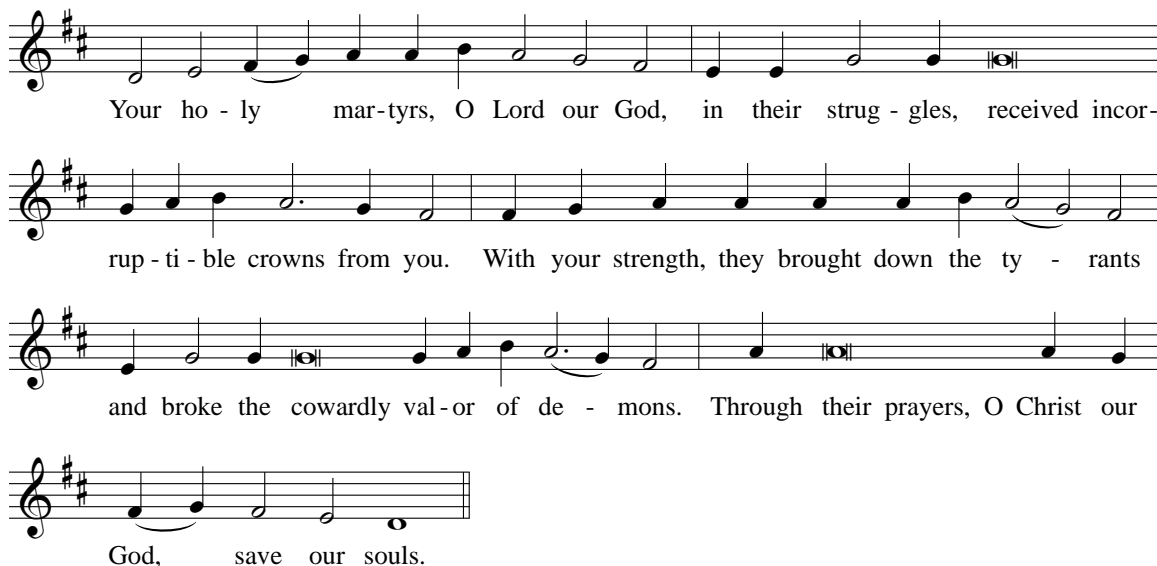


**26 The holy priest-martyr Hermolaus and his companions.** He was a priest in Nicomedia in the time of the Emperor Maximian, and was with the 20,000 martyrs condemned to be burned inside their church (cf Dec 28). These three priests escaped. They were all caught, tortured and martyred. (304)

**The holy venerable martyr Paraskevia.** Born in Rome to Christian parents, she preached Christ even as a small child. When her parents died, she gave away all her goods to the poor and received the monastic habit. She was denounced to the emperor Anoninus Pius, and beheaded. (2nd century)

**Our venerable father Moses the Carpathian of the Monastery of the Caves.** He was at the court of Prince Boris of Russia. When Svyatopolk murdered Boris and Gleb, Moses escaped and fled to Kiev. He was enslaved and sold to King Boleslav of Poland, where he suffered much on account of his monastic commitment. He eventually returned to the Monastery of the Caves and lived for ten years in silence. (1043)

**Troparion of the holy priest-martyr Hermolaus and his companions - Tone 4**

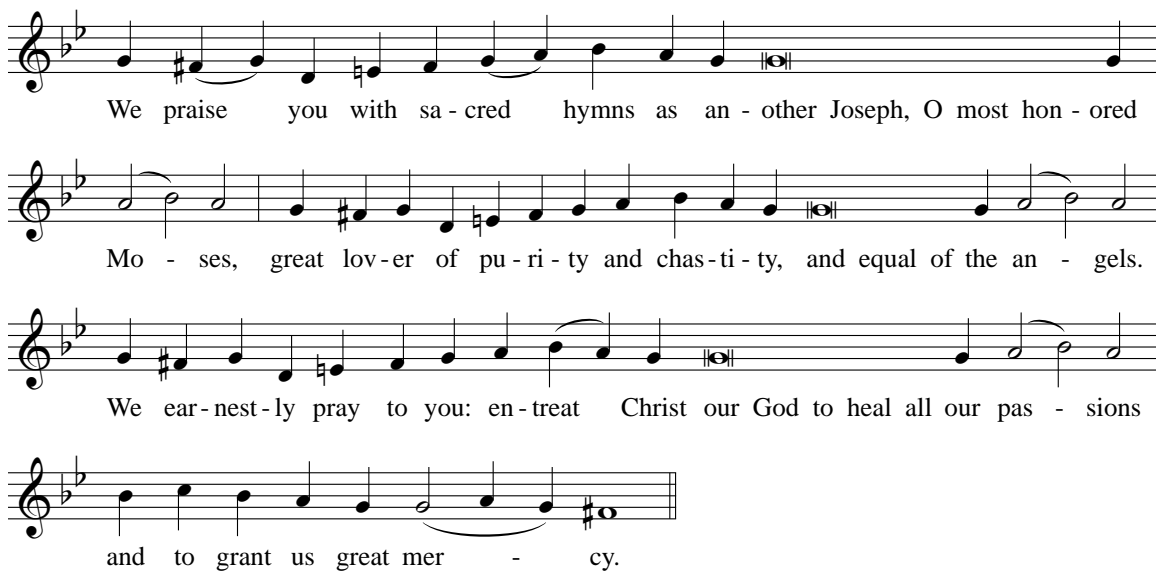


### Troparion of the holy venerable martyr Paraskevia - Tone 3



Your per - son - al pledge is like a mar - riage, for you prom - ised  
your fi - del - i - ty to the one faith, and you in - her - it - ed life, O  
Pa - raskevia, the mar - tyr named for Christ. From your her - i - tage you  
be - stow health, and you pray for the sal - va - tion of our souls.

### Troparion for our venerable father Moses the Carpathian - Tone 3



We praise you with sa - cred hymns as an - other Joseph, O most hon - ored  
Mo - ses, great lov - er of pu - ri - ty and chas - ti - ty, and equal of the an - gels.  
We ear - nest - ly pray to you: en - treat Christ our God to heal all our pas - sions  
and to grant us great mer - cy.

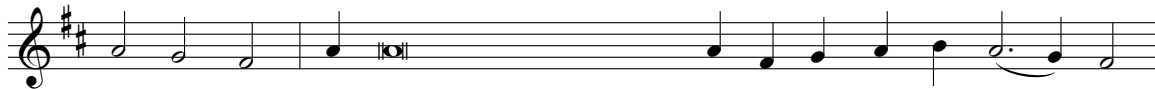
### Kontakion of Hermolaus - Tone 4



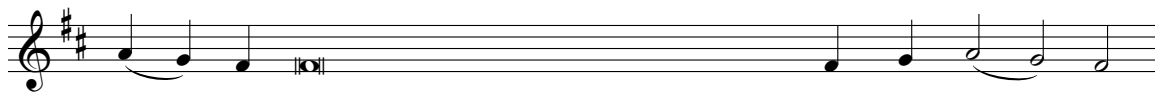
Liv - ing like a good pastor, you re - ceived a mar - tyr's crown. You scattered the



sacrifi - ces be - fore the i - dols and proved yourself a good shep - herd



of your flock. You were an honest teacher for Pan - te - lei - mon, O wise saint.



We ven - erate you on this account, O father Hermo - laus, and cry out:



De - liver us from mis - for - tune by your pray'rs.

### Kontakion of Paraskevia - Tone 8



Come you faith - ful, let us praise Paraske - vi - a the mar - tyr. She shines with miracles



in the world, dispel - ling the mist of lies, and she gives boun - ti - ful grace



to those who sing: Re - joice, O long - suf - f'ring mar - tyr.

**Kontakion of Moses - Tone 8**

O Fa - ther, we have you as a mod - el of vir - tues, For you disdained carnal  
pleas - ures and earth - ly weath. You en - dured tem - por - al suf - frings  
and re - ceived e - ter - nal joy and the glo - ry of the King - dom of heav - en.  
O fa - ther Moses, boast of the Car - pa - thi - an lands, pray to Christ our God  
that our souls may be saved.

**Prokeimenon for Martyrs - Tone 4 (Psalm 15:3,8):**

To all the saints in his land, the Lord has shown all the  
won - ders of his will.

**Verse:** I set the Lord ever before me; with him at my right hand I shall not be disturbed.

**Prokeimenon for a Woman Martyr - Tone 4 (Psalm 67:36,27):**

God is won - drous in his saints, the God of Is - ra - el,

the God of Is - ra - el.

*Verse:* In the churches bless God; from Israel's wellsprings bless the Lord.

**Prokeimenon for a Venerable - Tone 7** (Psalm 115:6,3):

Pre-cious in the eyes, in the eyes of the Lord is the death  
of his faith-ful, is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

**Alleluia for Martyrs - Tone 4** (Psalm 33:18,20):

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* When the righteous cried out, the Lord heard; and from all distress he saved them.

*Verse:* Many are the troubles of the righteous, but from them all the Lord will rescue them.

**Alleluia for a Woman Martyr- Tone 1** (Psalm 39:2,3):

Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

*Verse:* I have waited, waited for the Lord, and he stooped toward me and heard my cry.

*Verse:* He drew me out of the pit of destruction, out of the filthy clay.

**Alleluia for a Venerable - Tone 6 (Psalm 111:1,2):**

Al - le - lu - ia! Al - - - - - le - lu - - - - ia!

Al - le - lu - - - - ia!

**Verse:** Happy the man who fears the Lord and greatly delights in his commands.

**Verse:** His posterity will be mighty upon the earth.

**Communion Hymn for the Martyrs (Psalm 32:1):**

A

Re-joice in the Lord, you right-eous ones; praise from the up-right is fit-ting.

*Refrain*

praise from the up-right is fit-ting. Al-le - lu-ia! Al-le-lu-ia! Al-le-lu - ia!

**Communion Hymn for a Venerable - (Psalm 111:6,7):**

A

The just man will be re-mem-bered for-ev - er; e - vil news he

*Refrain*

will not fear, e - vil news he will not fear. Al - le - lu - ia! Al - le - lu - ia!

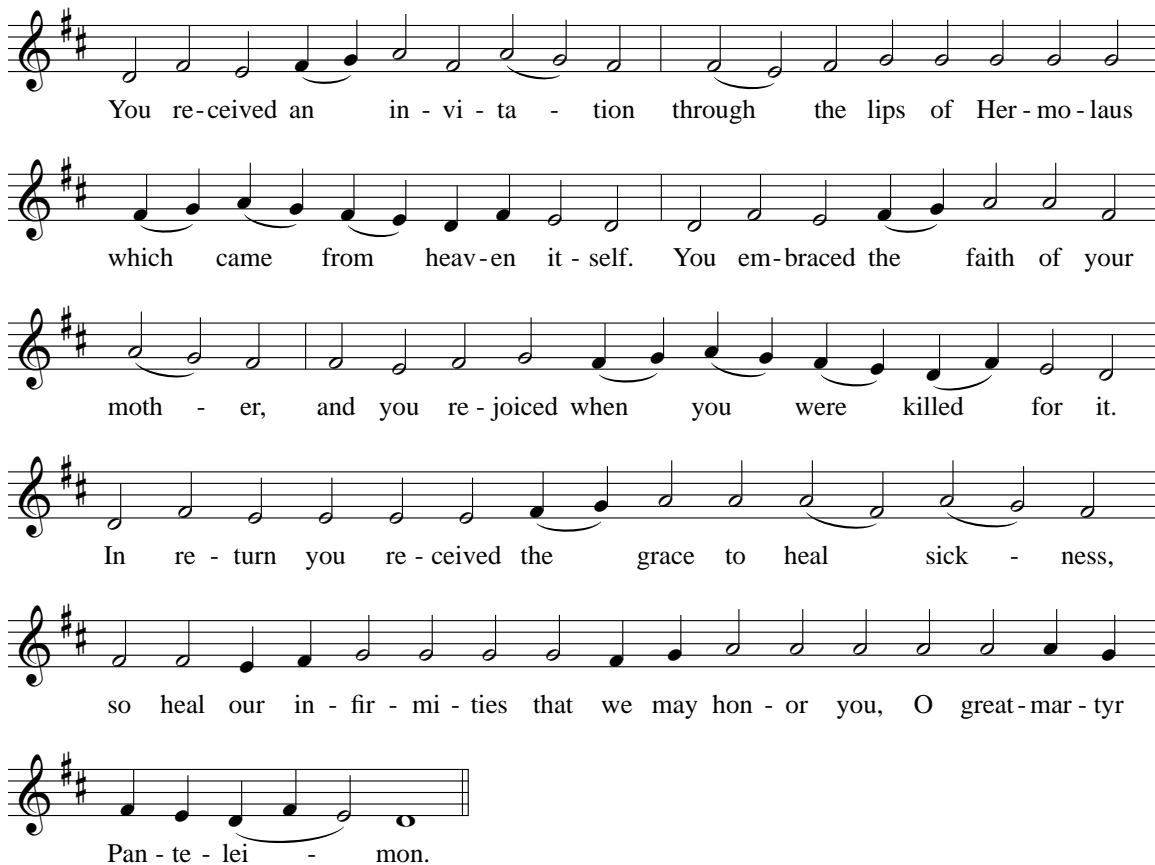
Al - le - lu - - - - ia!



**27 The holy great martyr Panteleimon (or Pantaleon)** at Nicomedia in Bithynia, martyr, who is venerated in the East as a physician who exercised his craft without a fee. (304)

**Memory of our holy father Clement the Wonder-worker, archbishop of Ohrid** in Illyricum (modern Bulgaria). He was notable for his learning and his knowledge of the sacred scriptures, and carried the light of faith to the Bulgarian people. With him are commemorated the holy bishops Gorazd, Nahum, Sabas, and Angelarius, who continued the work of Saints Cyril and Methodius in Bulgaria. (916)

**Troparion - Tone 8:**



You re-ceived an in - vi - ta - tion through the lips of Her - mo - laus  
which came from heav - en it - self. You em-braced the faith of your  
moth - er, and you re - joiced when you were killed for it.  
In re - turn you re - ceived the grace to heal sick - ness,  
so heal our in - fir - mi - ties that we may hon - or you, O great-mar - tyr  
Pan - te - lei - mon.

**Kontakion - Tone 5**

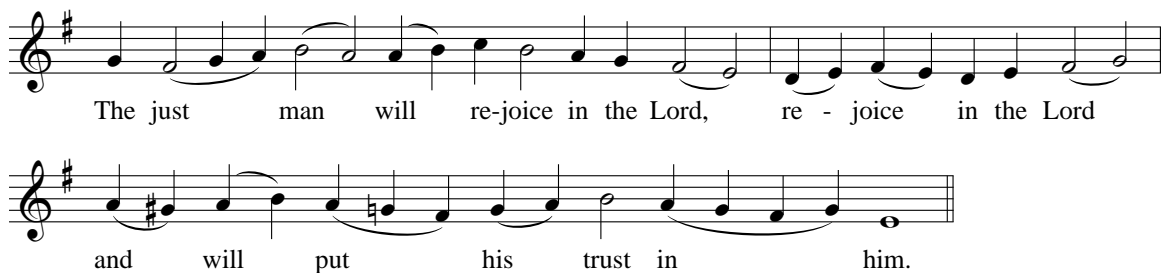


You im - i - tat - ed the mer - ci - ful Lord. By the grace



to heal which he gave you, heal our souls through your ef - fec - tive  
 pray'rs, O mar - tyr of Christ our God. Drive a - way the de - mons from  
 those who hon - or you and who sing in their faith: Save us O Lord.

**Prokeimenon - Tone 7** (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joice in the Lord  
 and will put his trust in him.

**Verse:** Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4** (Psalm 91:13,14):



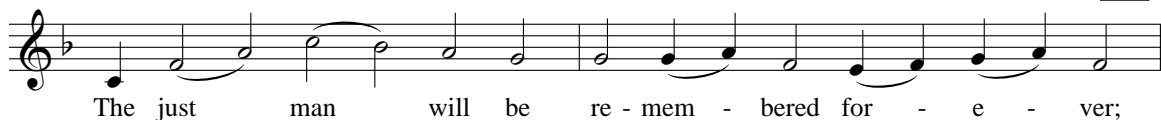
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Verse:** The just man will flourish like the palm tree and grow like a cedar of Lebanon.

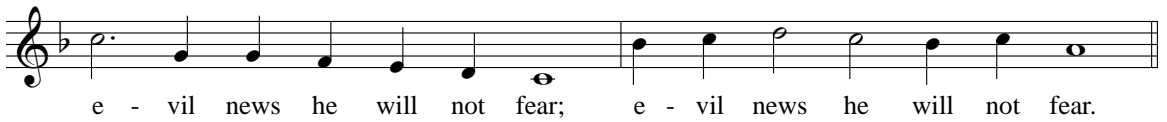
**Verse:** Planted in the house of the Lord, he will flourish in the courts of our God.

**Communion Hymn** (Psalm 111:6,7):

B



The just man will be re - mem - bered for - e - - ver;



*Refrain*



**28 The holy apostles and deacons Prochorus, Nicanor, Timon, and Parmenas**, who were of the seven chosen to be deacons in Acts 6:1ff. and there described as “full of the Holy Spirit and wisdom.” The congregation of the disciples chose them, and the Apostles laid their hands on them, that they might minister in service to the needy.

**Our venerable mother Alphonsa Muttathupadathu.** When threatened with marriage by her parents, she placed her feet into the fire and fled to the Malabarese Poor Clares in Kerala state, India, where she offered the remainder of her life and work to God. (1946)

**Troparion - Tone 3**



**Kontakion - Tone 2**



mem - o - ry and glo - ri - fy you with a light and hap - py heart.

**Prokeimenon - Tone 8** (Psalm 18:5,2):

Through all the earth their voice re - sounds; their mes - sage reach - es

to the ends of the world.

*Verse:* The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1** (Psalm 88:6,8):

Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

*Verse:* The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

*Verse:* God is glorified in the council of the holy, great and awesome above all who surround him.

**Communion Hymn** (Psalm 18:5):

B

Through all the earth their voice re - sounds;

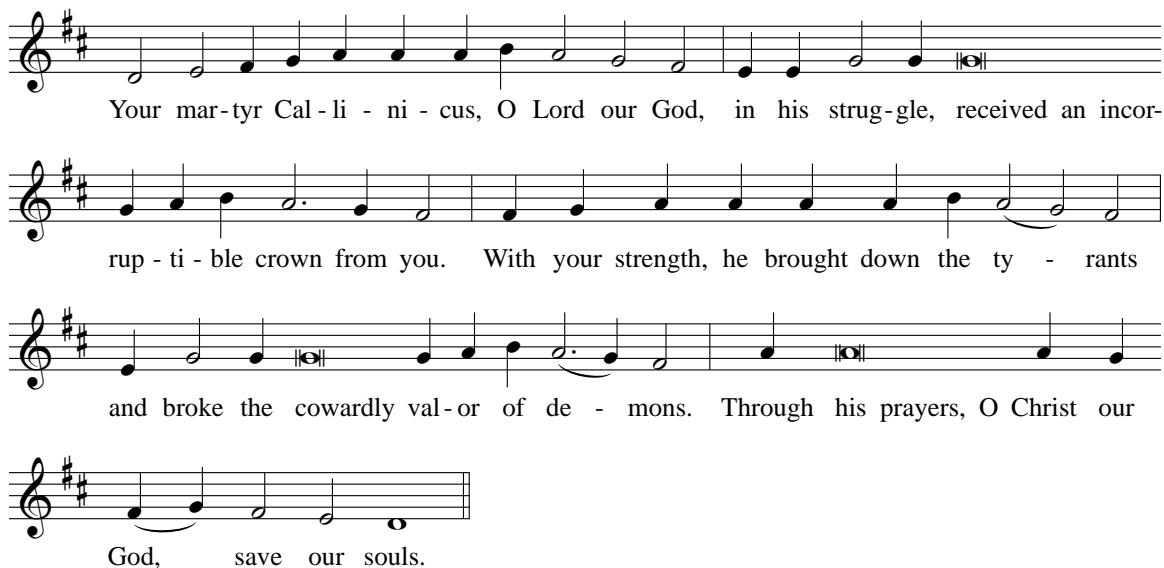
their mes - sage rea - - - ches to the ends of the world.

*Refrain*

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

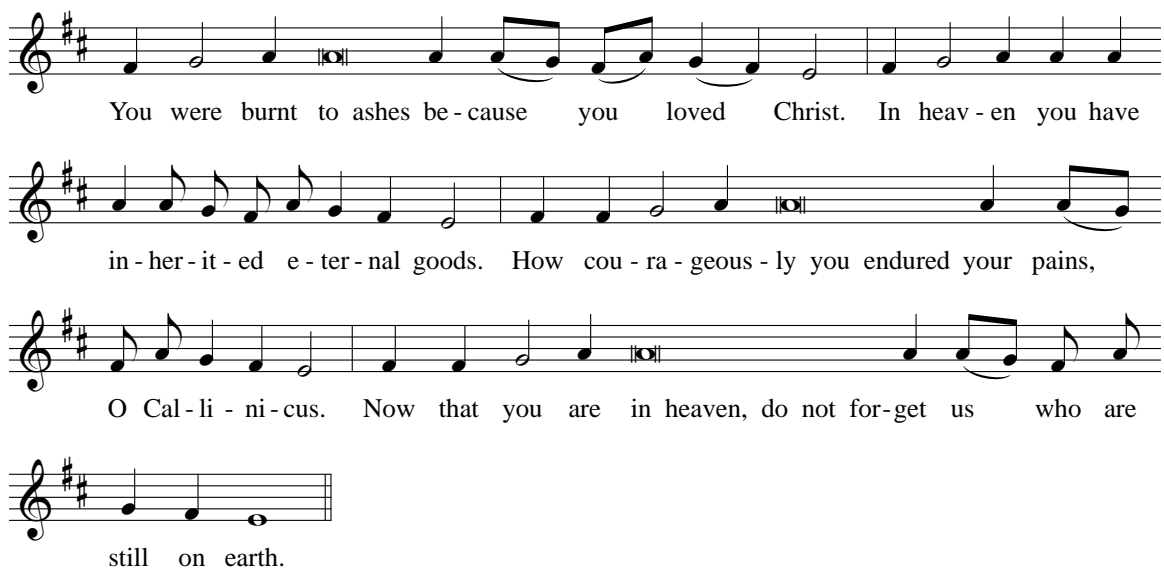
**29 The holy martyr Callinicus** at Gangra in Paphlagonia. He left all behind to preach the Gospel. When arrested for the sake of Christ, he testified boldly and was tortured. He was burned to death. (250)

**Troparion - Tone 4**



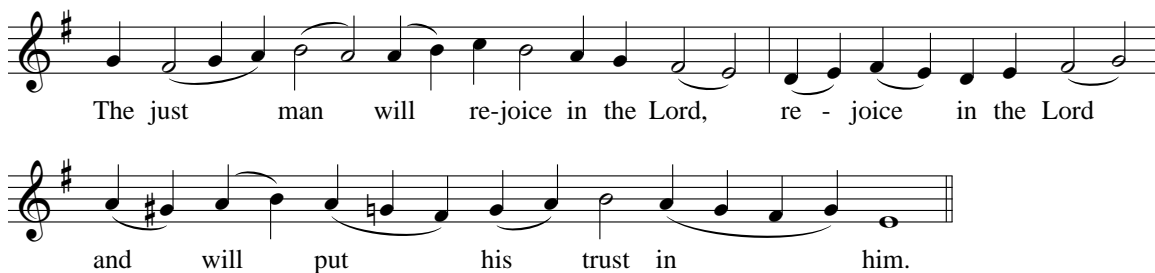
Your mar-tyr Cal-li - ni - cus, O Lord our God, in his strug-gle, received an incor-  
rup - ti - ble crown from you. With your strength, he brought down the ty - rants  
and broke the cowardly val-or of de - mons. Through his prayers, O Christ our  
God, save our souls.

**Kontakion - Tone 2**



You were burnt to ashes be-cause you loved Christ. In heav-en you have  
in-her-it-ed e-ter-nal goods. How cou-ra-geous-ly you endured your pains,  
O Cal-li-ni-cus. Now that you are in heaven, do not for-get us who are  
still on earth.

**Prokeimenon - Tone 7** (Psalm 63:11,2)



The just man will re-joyce in the Lord, re - joice in the Lord  
and will put his trust in him.

*Verse:* Hear my voice, O God, when I pray to you.

**Alleluia - Tone 4** (Psalm 91:13,14):



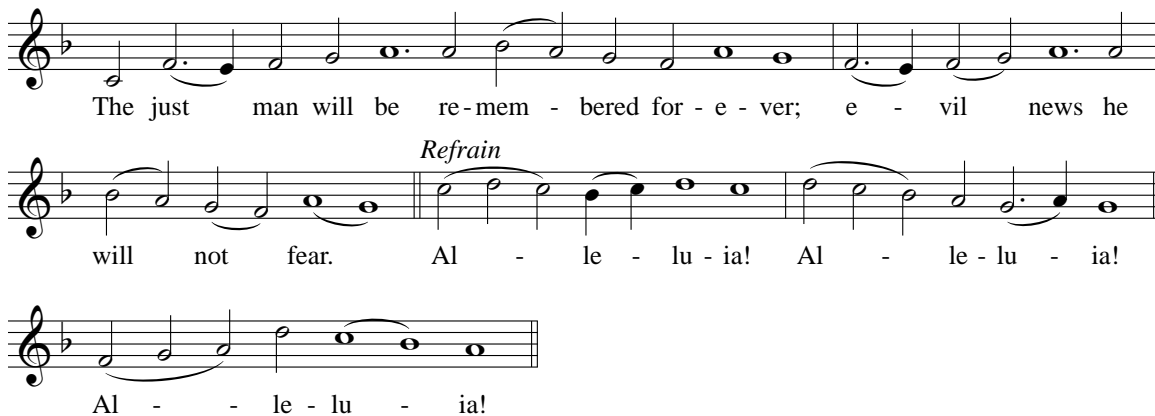
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

*Verse:* The just man will flourish like the palm tree and grow like a cedar of Lebanon.

*Verse:* Planted in the house of the Lord, he will flourish in the courts of our God.

**Communion Hymn** (Psalm 111:6,7):

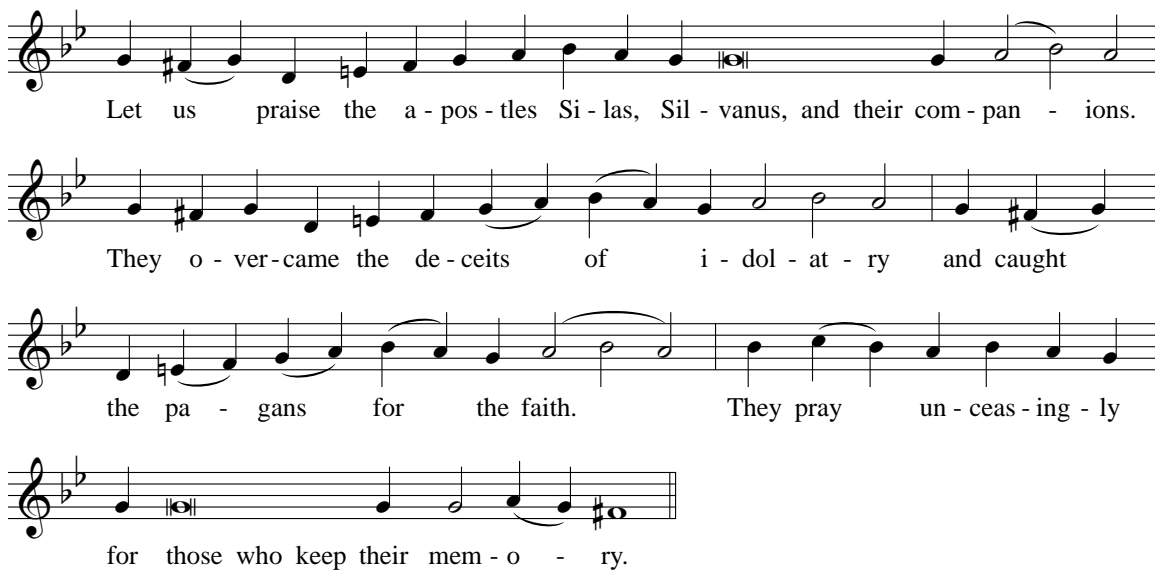
D



The just man will be re-mem - bered for - e - ver; e - vil news he  
will not fear. *Refrain* Al - le - lu - ia! Al - le - lu - ia!  
Al - - - le - lu - - ia!

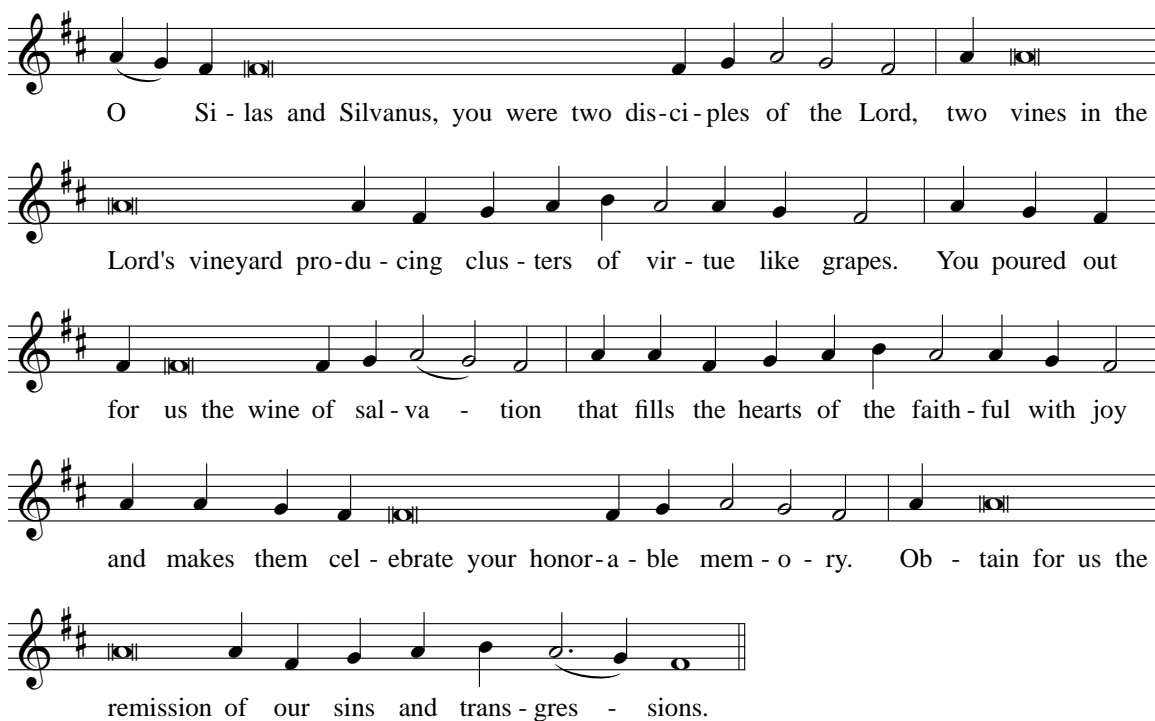
**30 The holy apostles Silas and Silvanus and their companions.** Silas was sent by the apostles to the Churches of the gentiles together with Saints Paul and Barnabas. He earnestly fulfilled the office of preaching, full of the grace of God. (Acts 15:22) Silvanus helped both Peter and Paul (I Peter 5:12; II Corinthians 1:19), and became the first bishop of Salonica. Crescens was a fellow-worker with St. Paul (II Tim. 4:10) and then bishop in Galatia and missionary in Gaul. Epäenetus is mentioned by Paul (Rom. 16:7) and became bishop of Carthage.

### Troparion - Tone 3



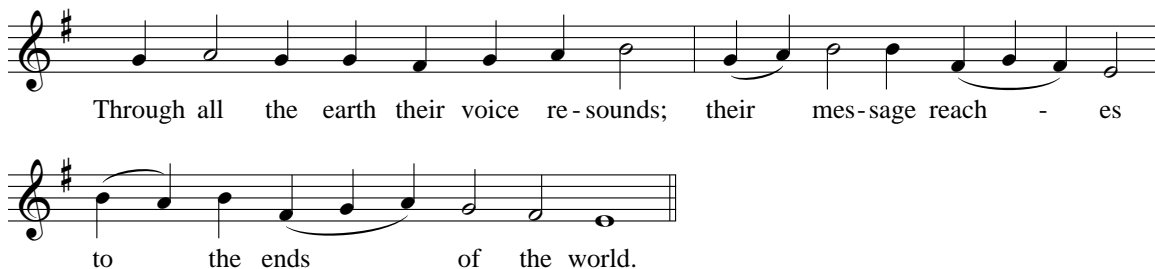
Let us praise the a - pos - tles Si - las, Sil - vanus, and their com - pan - ions.  
They o - ver - came the de - ceits of i - dol - at - ry and caught  
the pa - gans for the faith. They pray un - ceas - ing - ly  
for those who keep their mem - o - ry.

### Kontakion - Tone 4



O Si - las and Silvanus, you were two dis - ci - ples of the Lord, two vines in the  
Lord's vineyard pro - du - cing clus - ters of vir - tue like grapes. You poured out  
for us the wine of sal - va - tion that fills the hearts of the faith - ful with joy  
and makes them cel - ebrate your honor - a - ble mem - o - ry. Ob - tain for us the  
remission of our sins and trans - gres - sions.

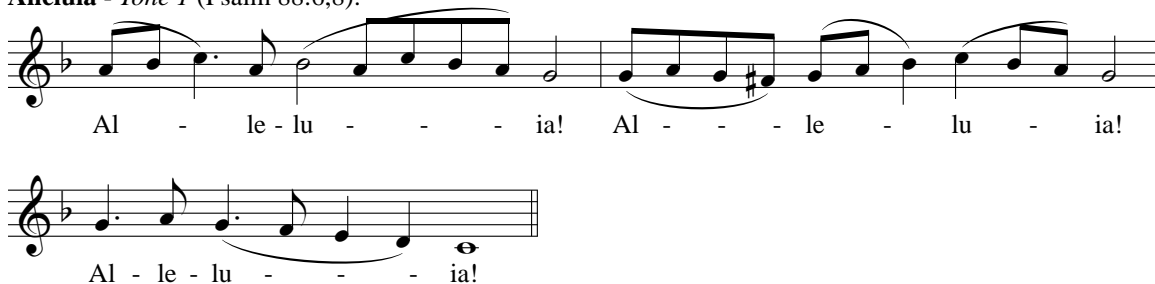
**Prokeimenon - Tone 8** (Psalm 18:5,2):



Through all the earth their voice re-sounds; their mes-sage reach - es  
to the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament proclaims his handiwork.

**Alleluia - Tone 1** (Psalm 88:6,8):



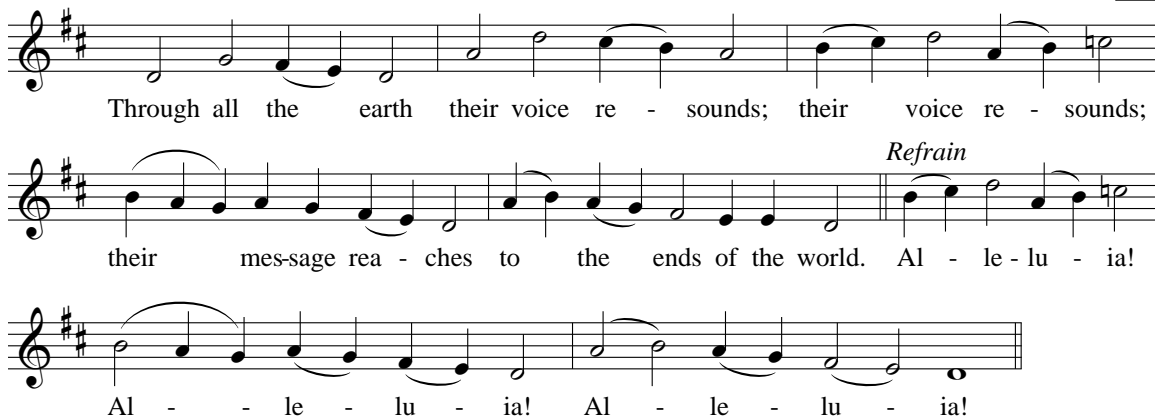
Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

**Verse:** The heavens declare your wonders, O Lord, and your truth in the assembly of the holy.

**Verse:** God is glorified in the council of the holy, great and awesome above all who surround him.

**Communion Hymn** (Psalm 18:5):

E



Through all the earth their voice re-sounds; their voice re-sounds;  
their mes-sage rea-ches to the ends of the world. *Refrain* Al - le - lu - ia!  
Al - - le - lu - ia! Al - le - lu - ia!

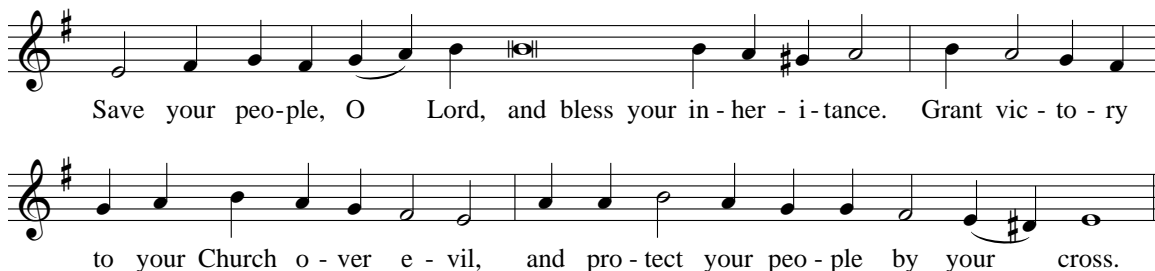


### 31 Prefestive: Procession of the Venerable Cross.

**The holy and righteous Eudocimus**, who lived in the time of the emperor Theophilus, the iconoclast. He was the military governor of Cappadocia, and lived a virtuous life before God and man. He died at the age of thirty-three. (9th century)

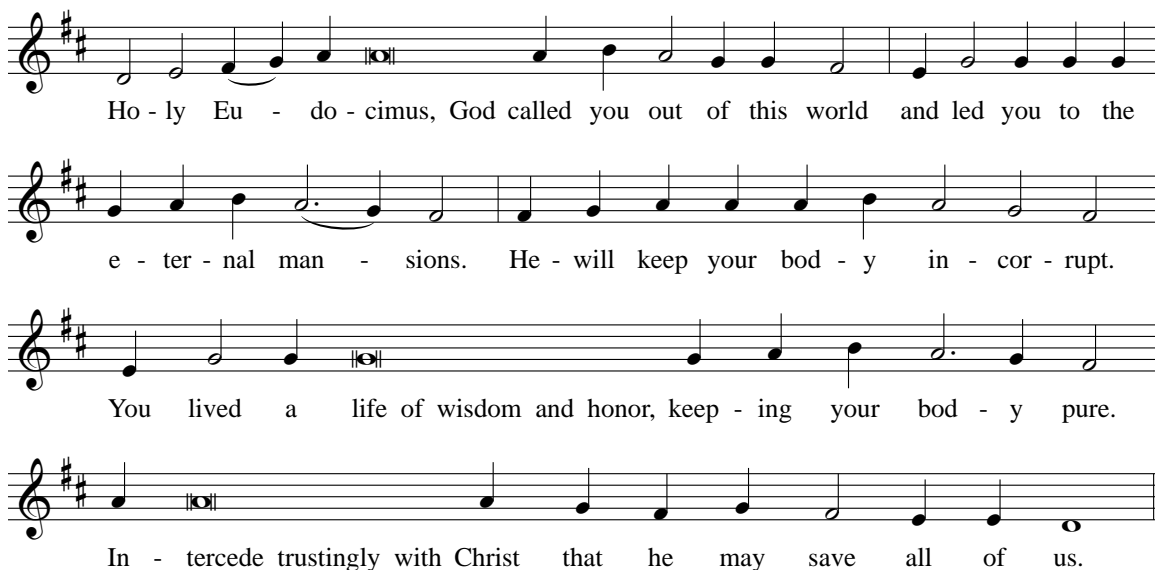
**The holy Joseph of Arimathea**. Noble Joseph, a rich man and member of the Jewish Sanhedrin, was a secret follower of Christ (Matt.27:57; Jn. 19:38). He took Christ's body down from the tomb with Nicodemus, and laid it in his own new tomb. The risen Lord appeared to him and brought him to faith in the Resurrection. He traveled far, preaching the Gospel, and took it to England, where he died. (1st century)

#### Troparion of the Cross - *Tone 1*



Save your peo-ple, O Lord, and bless your in - her - i - tance. Grant vic - to - ry  
to your Church o - ver e - vil, and pro - tect your peo - ple by your cross.

#### Troparion of our venerable father Eudocimus - *Tone 4*



Ho - ly Eu - do - cimus, God called you out of this world and led you to the  
e - ter - nal man - sions. He - will keep your bod - y in - cor - rupt.  
You lived a life of wisdom and honor, keep - ing your bod - y pure.  
In - tercede trustingly with Christ that he may save all of us.

### Kontakion of the Cross - *Tone 4*



The heav-ens surpassed the sun in bril - liance, for the cross illumines ev -'ry-thing



by its ra - di-ance. En - light - en our minds and sen - ses by its pow'r.



O true Lov - er of all of us, Sav - ior of all cre - a - tion.



We have the cross as an ar-mor of peace and a tro - phy of light.

### Kontakion of Eudocimus - *Tone 2*



You yearned for the things of heav - en, and you a-chieved u - nion



with them. You per - fect - ed your soul like a fier - y char - i - ot



by means of the lad - der of good works. O most bless-ed Eudocimus, since you



lived your life on earth like an an - gel, now you have re - ceived



the Cre - a - tor's seal.

**Prokeimenon of the Cross - Tone 7 (Psalm 98:5,1):**

Ex - alt the Lord, the Lord our God and wor-ship at his  
foot - stool; for he is ho - ly, for he is ho - ly.

*Verse:* The Lord is King; let the peoples rage.

**Prokeimenon of a Venerable - Tone 7 (Psalm 115:6,3)**

Pre-cious in the eyes, in the eyes of the Lord is the death  
of his faith-ful, is the death of his faith - - - ful.

*Verse:* What can I return to the Lord for all he has given me?

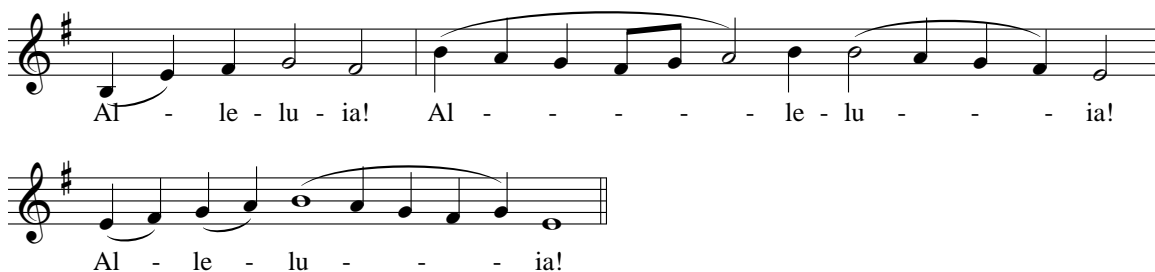
**Alleluia of the Cross - Tone 1 (Psalm 73:2,12):**

Al - le - lu - - - ia! Al - - - le - lu - ia!  
Al - le - lu - - - ia!

*Verse:* Remember your flock which you acquired long ago.

*Verse:* God is our King from all ages; he has accomplished salvation in the middle of the earth.

**Alleluia of a Venerable - Tone 6** (Psalm 111:1,2):



Al - le - lu - ia! Al - - - - le - lu - - - ia!

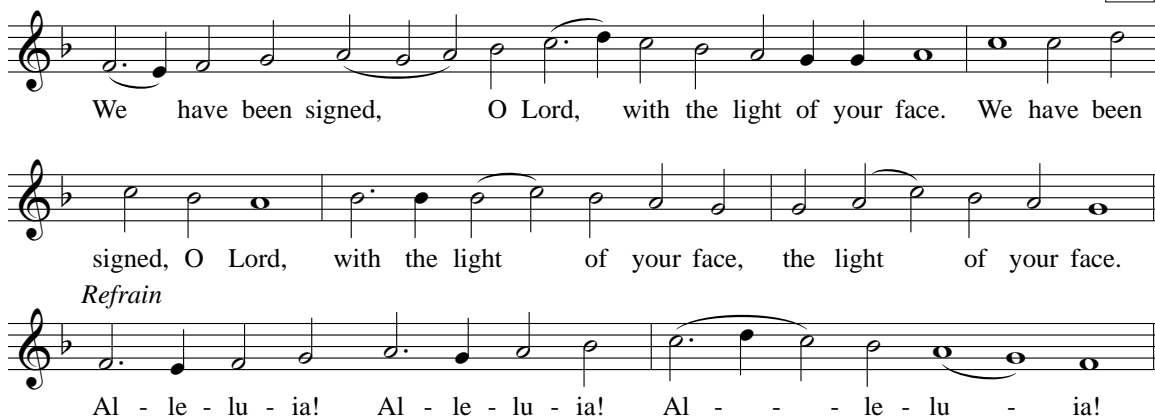
Al - le - lu - - - ia!

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Verse:* His posterity will be mighty upon the earth.

**Communion Hymn for the Cross** (Psalm 4:7):

C



We have been signed, O Lord, with the light of your face. We have been  
signed, O Lord, with the light of your face, the light of your face.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!

**Communion Hymn of a Venerable** (Psalm 111:6,7):

C



The just man will be re - mem - bered for - e - ver;  
e - vil news he will not fear, e - vil news he will not fear, he will not fear.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!