The Office of Typika

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Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

podoben: Pod tvoju milost’ (2)

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

poboden: Pod tvoju milost’ (2)
This poor man called, the Lord heard him and rescued him from all his distress.

The angel of the Lord is encamped, around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him.

Revere the Lord, you his saints. They lack nothing, those who revere him. Strong lions suffer want and go hungry but those who seek the Lord lack no blessing.

Come, children, and hear me that I may teach you the fear of the Lord. Who is he who longs for life and many days, to enjoy his prosperity?

Then keep your tongue from evil and your lips from speaking deceit. Turn aside from evil and do good; seek and strive after peace.

The Lord turns his face against the wicked to destroy their remembrance from the earth. The Lord turns his eyes to the just and his ears to their appeal.

The just cried out and the Lord heard them, and rescued them from all their distress. The Lord is close to the broken-hearted; those whose spirit is crushed he will save.

Many are the trials of the just, but from them all the Lord will rescue them. He will keep guard over all their bones, not one of their bones shall be broken.

Evil brings death to the wicked; those who hate the good are doomed. The Lord ransoms the souls of his servants. Those who hide in him shall not be condemned.

Foreword

This edition of The Office of Typika was adapted from Typika – the Service of Holy Communion without a Priest, which was prepared by the Internecarchiaal Commission for Sacred Liturgy for use in the Byzantine Metropolitan Church Sui Juris of Pittsburgh, U.S.A.

This service may be read by a layperson (at home) when sickness or another circumstance worthy of God’s blessing makes church attendance impossible, when travelling/vacationing to a place where no Church is available, or when an emergency occurs and priest is not present to celebrate the Divine Liturgy.

The arrangement was designed to provide maximum flexibility, and to reduce complexity for those who use it. If desired, the hymns may be sung using the provided music, a simplified chant, or they may be recited.
Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

The faithful immediately continue:

Psalm Tone:

All: Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of Blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (Three Times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say: One is holy, one is Lord, Jesus Christ, to the glory of God the Father. Amen.

Then, immediately, the faithful continue:

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Psalm 33

I will bless the Lord at all times, his praise always on my lips; In the Lord my soul shall make its boast, The humble shall hear and be glad.

Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free.

Look towards him and be radiant; let your faces not be abashed.
Lord, have mercy. Lord, have mercy. Lord have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

(Two Times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Call to Worship

Each time with a reverence:

Come, let us worship our King and God. Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

Kontakion

The faithful chant the Kontakia appointed for the feast or for the day. If the prescribed Kontakia are not available, the following may be sung:

On Sundays:

Kontakion of the Resurrection – Tone 6:

Christ our God, the Life-giver, with His life-giving hand raised the dead from the valley of death, granting resurrection to all of us.

He is the Savior of All, the Resurrection, the Life, and the God of All.

On weekdays:

Kontakion for a General Intention – Tone 6 Troparion (adapt.):

Lord, have mercy on us, for in you we place our hope. He not exceeding angrily with us, nor mindful of our transgressions, but look upon us even now with mercy, and deliver us from our enemies. For you are our God and we are your people:

Kontakion

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Lord, have mercy on us, for in you we place our hope. He not exceeding angrily with us, nor mindful of our transgressions, but look upon us even now with mercy, and deliver us from our enemies. For you are our God and we are your people:
The Lord’s Prayer

First Typical Psalm – simple form (Psalm 102:1):

Bless the Lord, O my soul, and all my being.

Bless his holy name. Blessed are you, O Lord.

Glory to the Father, and to the Son, and to the Holy Spirit.

Second Typical Psalm – simple form (Psalm 145:1,2):

Praise the Lord, O my soul. I will praise the Lord,

praise the Lord all my life. I will make music to my God while I live.

Hymn of the Incarnation

Now and ever and forever. Amen.

O only-begotten Son and Word of God, who being immortal,
deign for our salvation to become incarnate.

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and for give us our trespasses as we for give those who trespass against us; and lead us not into temptation, but deliver us from evil.

Resurrection Tone 7
Beatitudes

Beatitudes – Tone 8 Kontakion (Matthew 5: 1-12):

Re - mem - ber us, O Lord, when you come in your king - dom.

Bless-ed are the poor in spir-it, for theirs is the king-dom of heav-en.

Bless-ed are they who mourn, for they will be com-fort-ed. Bless-ed are the meek,

for they will in - her - it the land. Bless-ed are they who hunger and thirst
The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,
and to the Holy Spirit.

The choir of holy angels and archangels,
with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Now and ever
and forever. Amen.

The Symbol of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages.

Light from light, true God from true God, begotten, not made,
one in essence with the Father: through whom all things were made.
On weekdays:

Alleluia for a General Intention – Tone 1 (Psalm 24:22; 31:6):

Verse: Redeem Israel, O God, from all its distress.

Verse: So let the righteous pray to you in time of need.

Holy Gospel

The leader reads the section of the holy Gospel appointed for the feast or for the day, using a normal speaking voice (i.e., not chanted).

Following the holy Gospel, the faithful continue:

All: Remember us, O Lord, when you come in your kingdom.

Remember us, O Master, when you come in your kingdom.

Remember us, O Holy One, when you come in your kingdom.

The heavenly choir praises you and says, Holy, holy, holy, Lord God of hosts; heaven and earth are filled with your glory.

Look towards him and be radiant; let your faces not be abashed.

Troparia

The faithful chant the Troparia appointed for the feast or for the day. If the prescribed Troparia are not available, the following may be sung:

On Sundays:

Troparion of the Resurrection – Tone 6:

Verse: Angelic powers appeared at your tomb, and the guards became like dead men. Mary stood at the tomb seeking your most pure body. You de-spoiled Hades without a challenge. You, the Giver of Life met the Virgin, O Lord, risen from the dead, glory to you!

On weekdays:

Troparion for General Intention – Tone 6 (adapt.):

Verse: Have mercy on us, O Lord, have mercy on us: since we have no defense, we sinners offer this supplication to you, our Master, have mercy on us.
Thrice-Holy Hymn

On weekdays:

Prokeimenon for a General Intention – Tone 4 (Psalm 142:1; 134:3):

Verse: Praise the Lord, for the Lord is good.

Apostolic Reading

The leader reads the Apostolic Reading appointed for the feast or for the day, using a normal speaking voice (i.e., not chanted).

Alleluia

The faithful chant the Alleluia appointed for the feast or for the day. If the prescribed Alleluia are not available, the following may be sung:

On Sundays:

Prokeimenon of the Resurrection – Tone 6 (Psalm 27:9,1):

Verse: To you, O Lord, I cry out: My God, be not silent to me.