



The Office of Typika

For Home Use

Foreword

This edition of *The Office of Typika* was adapted from *Typika – the Service of Holy Communion without a Priest*, which was prepared by the Intereparchial Commission for Sacred Liturgy for use in the Byzantine Metropolitan Church *Sui Juris* of Pittsburgh, U.S.A.

This service may be read by a layperson (at home) when sickness or another circumstance worthy of God's blessing makes church attendance impossible, when travelling/vacationing to a place where no Church is available, or when an emergency occurs and priest is not present to celebrate the Divine Liturgy.

The arrangement was designed to provide maximum flexibility, and to reduce complexity for those who use it. If desired, the hymns may be sung using the provided music, a simplified chant, or they may be recited.



The Office of Typika

STAND

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

The faithful immediately continue:

Psalm Tone:

All:



Glo-ry to you, our God, glo - ry *to* you.

Heavenly King, Comforter, Spirit of Truth,
everywhere present and filling all things,
Treasury of Blessings and Giver of Life,
come and dwell within us,
cleanse us of all stain,
and save our souls, O *gracious* One.

Holy God, Holy and Mighty, Holy and Immortal,
have mercy *on* us. (*Three Times*)

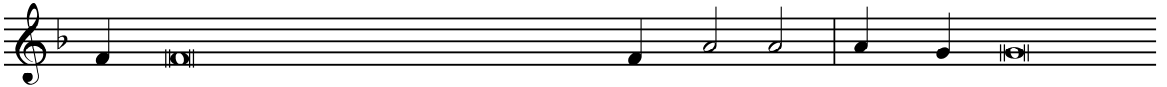
Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Most Holy Trinity, have mercy on us;
Lord, cleanse us of our sins;
Master, forgive our transgressions;
Holy One, come to us
and heal our infirmities for *your* name's sake.

Lord, have mercy. Lord, have mercy.
Lord *have* mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. *Amen.*

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us *from* evil.



Lord, have mercy. Lord, have mercy. Lord, have mer - cy. Lord, have mercy. Lord,



have mercy. Lord, have mer - cy.

(Two Times)

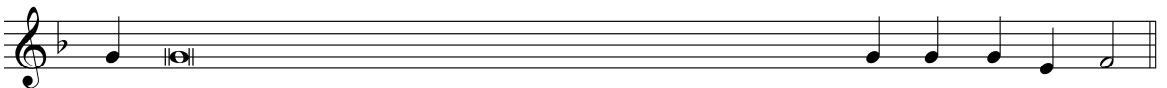
Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. *Amen.*

Call to Worship

Each time with a reverence:



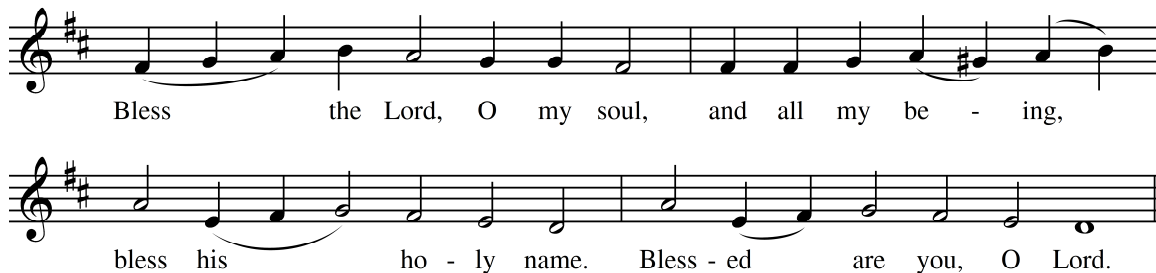
Come, let us worship our King and God. Come, let us worship Christ, our King and God.



Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

Typical Psalms

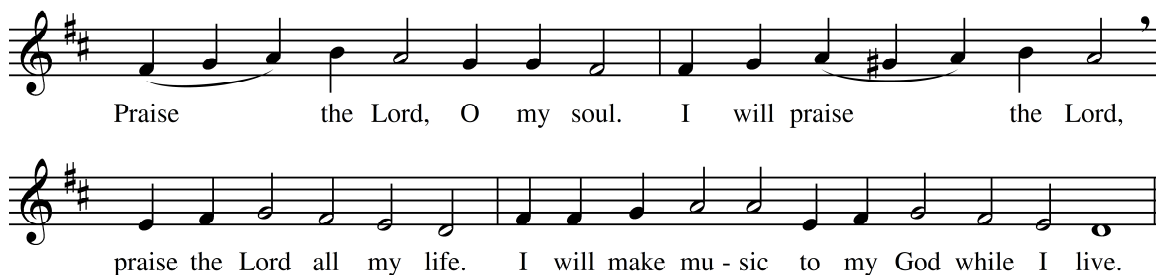
First Typical Psalm – simple form (Psalm 102:1):



Bless the Lord, O my soul, and all my be - ing,
bless his ho - ly name. Bless - ed are you, O Lord.

Glory to the Father, and to the Son,
and to the Holy Spirit.

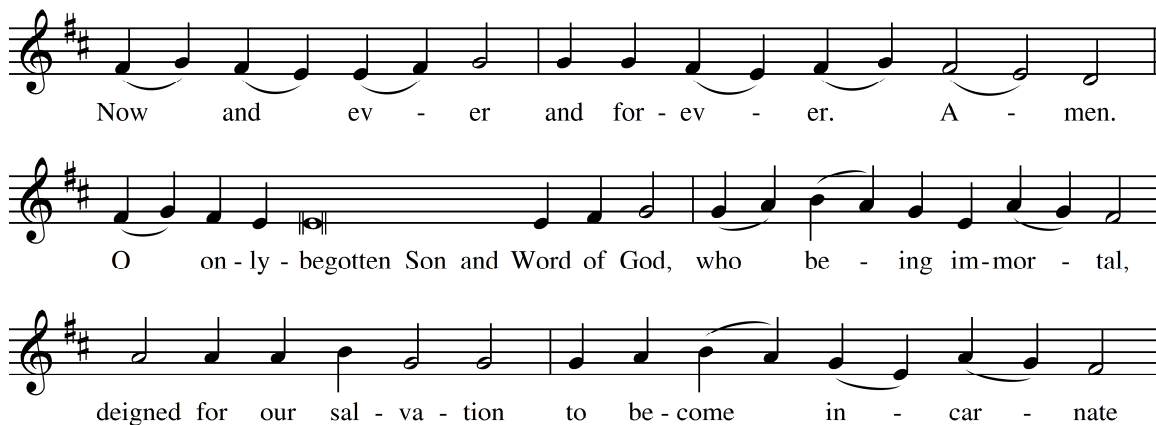
Second Typical Psalm – simple form (Psalm 145:1,2):



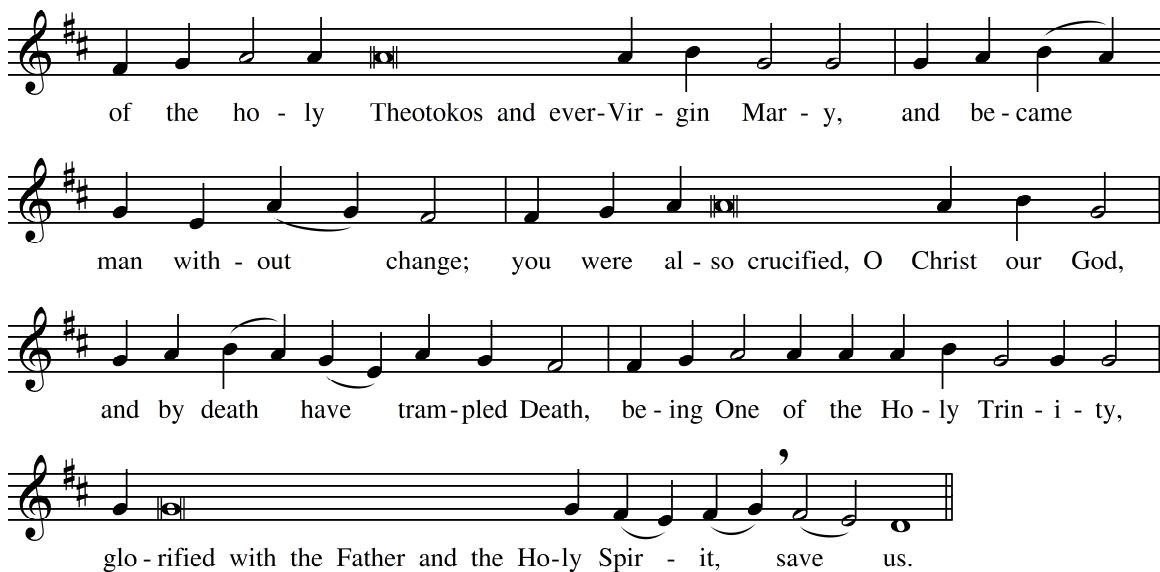
Praise the Lord, O my soul. I will praise the Lord,
praise the Lord all my life. I will make mu - sic to my God while I live.

Hymn of the Incarnation

Resurrection Tone 7



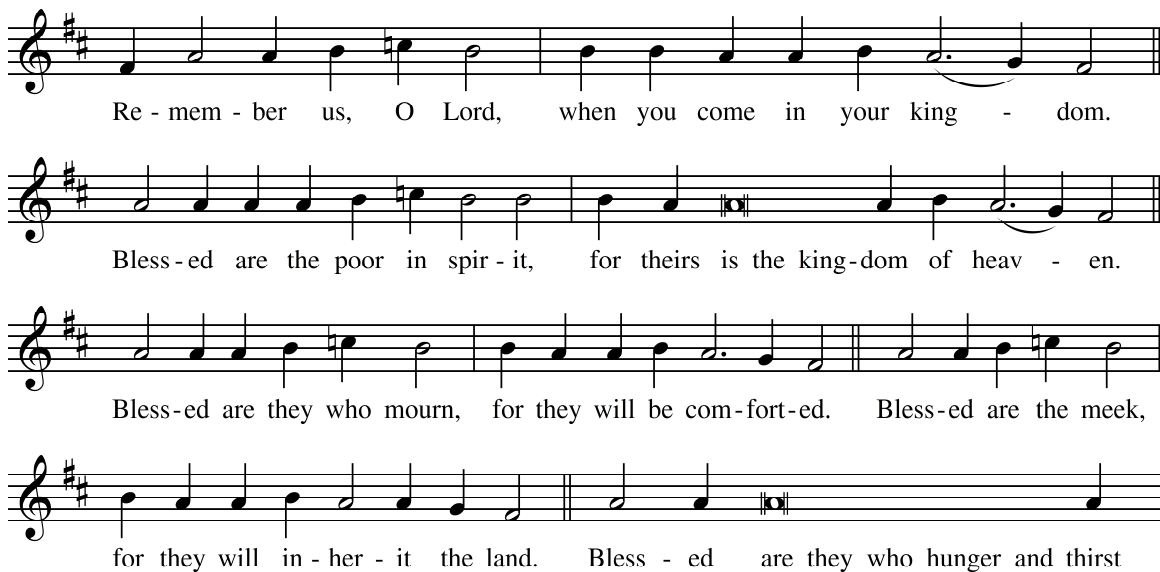
Now and ev - er and for - ev - er. A - men.
O on - ly - begotten Son and Word of God, who be - ing im - mor - tal,
deigned for our sal - va - tion to be - come in - car - nate



of the ho - ly Theotokos and ever-Vir - gin Mar - y, and be - came
 man with - out change; you were al - so crucified, O Christ our God,
 and by death have tram - pled Death, be - ing One of the Ho - ly Trin - i - ty,
 glo - rified with the Father and the Ho - ly Spir - it, save us.

Beatitudes

Beatitudes – Tone 8 Kontakion (Matthew 5: 1-12):



Re - mem - ber us, O Lord, when you come in your king - dom.
 Bless - ed are the poor in spir - it, for theirs is the king - dom of heav - en.
 Bless - ed are they who mourn, for they will be com - fort - ed. Bless - ed are the meek,
 for they will in - her - it the land. Bless - ed are they who hunger and thirst

af - ter right-eous-ness, for they will be sat - is-fied. Bless-ed are the mer-ci-ful,
 for they will be shown mer - cy. Bless-ed are the clean of heart, for they shall
 see God. Bless-ed are the peace-mak-ers, for they will be called chil-dren of God.
 Bless - ed are they who are persecuted for the sake of right - eous - ness,
 for theirs is the king-dom of heav - en. Bless-ed are you when they in-sult you
 and per-secute you and utter every kind of evil against you false-ly be-cause of me.
 Re - joice and be glad, for your reward will be great in heav - en.



Troparia

The faithful chant the Troparia appointed for the feast or for the day. If the prescribed Troparia are not available, the following may be sung:

On Sundays:

Troparion of the Resurrection – Tone 6:

An - gel-ic pow-ers ap-peared at your tomb, and the guards be-came like dead
men. Mar-y stood at the tomb seeking your most pure bod-y. You de-spoiled
Ha-des with-out a chal-lenge. You, the Giv-er of Life met the
Vir-gin. O Lord, ris-en from the dead, glo- - - ry to you!

On weekdays:

Troparion for General Intention – Tone 6 (adapt.):

Have mer-cy on us, O Lord, have mer-cy on us: since we have no
de-fense, we sin-ners offer this supplica-tion to you, our Mas-ter;
have mer-cy on us.

Thrice-Holy Hymn

Three Times

Ho - ly God, Ho - ly and Migh - ty, Ho - ly and Im - mor - tal,
have mer - cy on us. *fine*
Glo - ry to the Father, and to the Son, and to the Ho - ly Spi - rit, now and ever
and forever. A - men. Ho - ly and Im - mor - tal, have mer - cy on us.

Prokeimenon

The faithful chant the Prokeimena appointed for the feast or for the day. If the prescribed Prokeimena are not available, the following may be sung:

On Sundays:

Prokeimenon of the Resurrection – Tone 6 (Psalm 27:9,1):

Save your peo - ple, O Lord, and bless your in - her - i - tance,
and bless your in - her - i - tance.

Verse: To you, O Lord, I cry out:
My God, be not silent to me.

On weekdays:

Prokeimenon for a General Intention – Tone 4 (Psalm 142:1; 134:3):

O Lord, lis - ten to my pray'r; turn your ear to my ap - peal,
turn your ear to my ap - peal,

Verse: Praise the Lord, for the Lord is good.

Apostolic Reading

The leader reads the Apostolic Reading appointed for the feast or for the day, using a normal speaking voice (i.e., not chanted).

Alleluia

The faithful chant the Alleluia appointed for the feast or for the day. If the prescribed Alleluia are not available, the following may be sung:

On Sunday:

Alleluia of the Resurrection – Tone 6 (Psalm 90:1,2):

Al - le - lu - ia! Al - - - le - lu - - ia! Al - le - lu - - - ia!

Verse: The one who dwells in the shelter of the Most High
abides in the shadow of the God of heaven.

Verse: He says to the Lord:
You are my Protector, my Refuge, and my God in whom I trust.

On weekdays:

Alleluia for a General Intention – Tone 1 (Psalm 24:22; 31:6):

Al - le - lu - - - ia! Al - - - le - lu - ia!

Al - le - lu - - - ia!

Verse: Redeem Israel, O God, from all its distress.

Verse: So let the righteous pray to you in time of need.

Holy Gospel

The leader reads the section of the holy Gospel appointed for the feast or for the day, using a normal speaking voice (i.e., not chanted).

Following the holy Gospel, the faithful continue:

All: Remember us, O Lord,
when you come in ***your*** kingdom.

Remember us, O Master,
when you come in ***your*** kingdom.

Remember us, O Holy One,
when you come in ***your*** kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with ***your*** glory.

Look towards him and be radiant;
let your faces not be ***abashed***.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with *your* glory.

Glory to the Father, and to the Son,
and to the *Holy* Spirit.

The choir of holy angels and archangels,
with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with *your* glory.

Now and ever
and forever. *Amen.*

The Symbol of Faith



I be-lieve in one God, the Fa-ther Al-might - y, Cre - ator of heaven and



earth, of all things vis - i - ble and in - vis - i - ble; and in one Lord Jesus Christ,



Son of God, the on-ly - be - got - ten, born of the Father before all a - ges.



Light from light, true God from true God, be - got - ten, not made,



one in essence with the Fa - ther; through whom all things were made.



For us and for our salvation, he came down from heav - - - en,



and was incarnate from the Holy Spirit and the Virgin Mary, and be - came man.



He was crucified for us under Pon - tius Pi - - - late, and suf - fered,



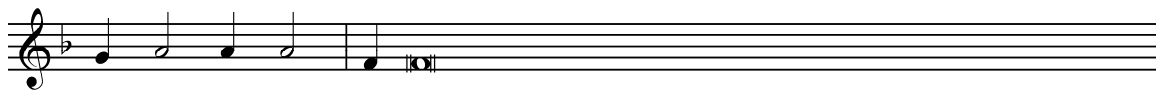
and was bur - ied. He rose on the third day ac - cord - ing to the scrip - tures.



He ascended into heaven and is seated at the right hand of the Fa - - - ther;



and he is coming again in glory to judge the living and the dead, and his kingdom



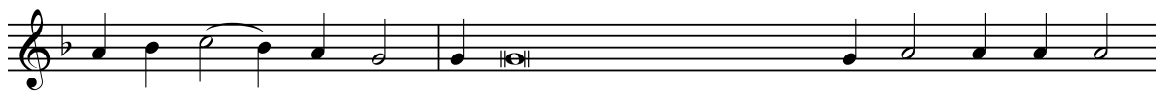
will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds



from the Fa - - - ther. To - gether with the Father and the Son he is worshipped



and glo - ri - - fied; he spoke through the proph - ets. In one, holy, catholic, and



a - pos - tol - ic Church. I profess one baptism for the re - mis - sion of sins.



I expect the res-ur-rec-tion of the dead and the life of the world to come. A-men.



The Lord's Prayer

Tone 4 Podoben, Udivisja Josif (adapt.)



Our Fa - ther, who art in hea - ven, hal - - lowed be thy name;



thy king-dom come; thy will be done on earth as it is in hea - ven. Give us this day



our dai - ly bread; and for - give us our tres - pass - es as we for - give



those who tres - pass a - gainst us; and lead us not in - to temp - ta - tion,



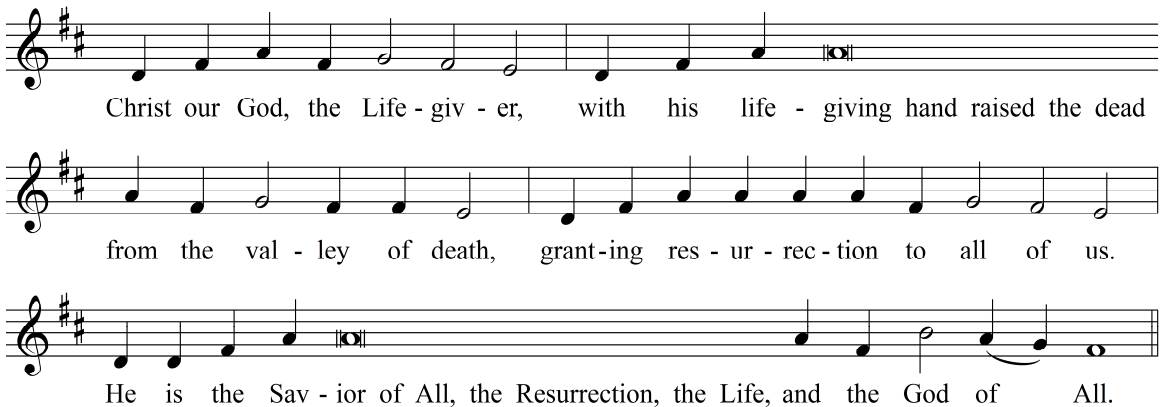
but de - liv - er us from e - vil.

Kontakion

The faithful chant the Kontakia appointed for the feast or for the day. If the prescribed Kontakia are not available, the following may be sung:

On Sundays:

Kontakion of the Resurrection – Tone 6:



Christ our God, the Life - giv - er, with his life - giving hand raised the dead
from the val - ley of death, grant-ing res - ur - rec - tion to all of us.
He is the Sav - ior of All, the Resurrection, the Life, and the God of All.

On weekdays:

Kontakion for a General Intention – Tone 6 Troparion (adapt.):



Lord, have mer - cy on us, for in you we place our hope. Be not
ex - ceed - ing - ly an - gry with us, nor mind - ful of our trans - ges - sions,
but look up - on us even now with mer - cy, and de - liv - er us from our
en - e - mies. For you are our God and we are your peo - ple:

we all are the work of your hands, and we call up - on your name.

Lord, have mercy. Lord, have mercy. Lord, have mer - cy. Lord, have mercy. Lord,

have mercy. Lord, have mer - cy. *(Two Times)*

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say: One is holy, one is Lord, Jesus Christ, to the glory of God the Father. Amen.

Then, immediately, the faithful continue:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. *Amen.*

Psalm 33

I will bless the Lord at all times,
his praise always on *my* lips;
In the Lord my soul shall make its boast.
The humble shall hear and *be* glad.

Glorify the Lord with me.
Together let us praise *his* name.
I sought the Lord and he answered me;
from all my terrors he set *me* free.

Look towards him and be radiant;
let your faces not be *abashed*.

This poor man called, the Lord heard him
and rescued him from all his *distress*.

The angel of the Lord is encamped,
around those who revere him, to *rescue* them.
Taste and see that the Lord is good.
He is happy who seeks refuge *in* him.

Revere the Lord, you his saints.
They lack nothing, those who *revere* him.
Strong lions suffer want and go hungry
but those who seek the Lord lack *no* blessing.

Come, children, and hear me
that I may teach you the fear of *the* Lord.
Who is he who longs for life and many days,
to enjoy his *prosperity*?

Then keep your tongue from evil
and your lips from speaking *deceit*.
Turn aside from evil and do good;
seek and strive *after* peace.

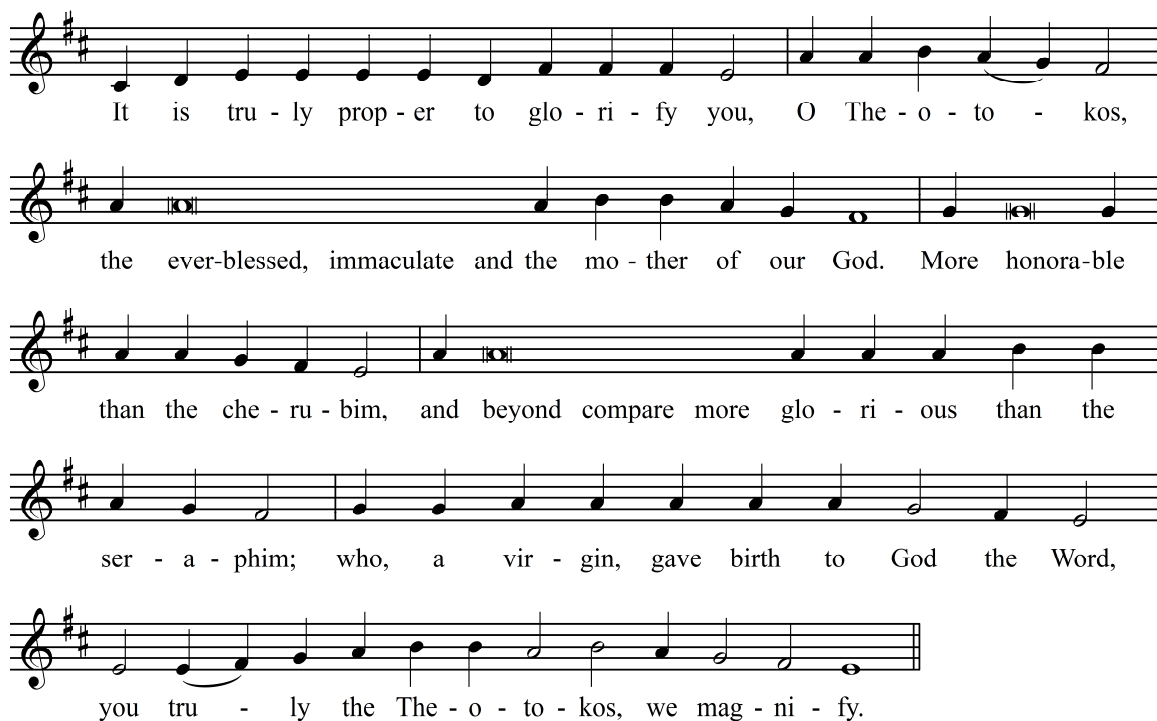
The Lord turns his face against the wicked
to destroy their remembrance from *the* earth.
The Lord turns his eyes to the just
and his ears to their *appeal*.

The just cried out and the Lord heard them,
and rescued them from all their *distress*.
The Lord is close to the broken-hearted;
those whose spirit is crushed he *will* save.

Many are the trials of the just,
but from them all the Lord will *rescue* them.
He will keep guard over all their bones,
not one of their bones shall *be* broken.

Evil brings death to the wicked;
those who hate the good *are* doomed.
The Lord ransoms the souls of his servants.
Those who hide in him shall not be *condemned*.

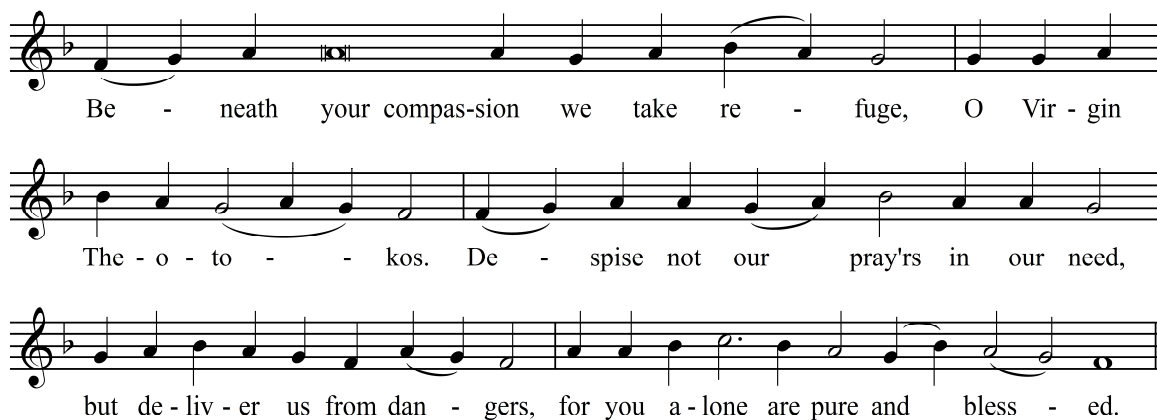
Dismissal



It is tru - ly prop - er to glo - ri - fy you, O The - o - to - kos,
the ever-blessed, immaculate and the mo - ther of our God. More honora-ble
than the che - ru - bim, and beyond compare more glo - ri - ous than the
ser - a - phim; who, a vir - gin, gave birth to God the Word,
you tru - ly the The - o - to - kos, we mag - ni - fy.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God,
have mercy on us. Amen.

podobn: Pod tvoju milost' (2)



Be - neath your compas-sion we take re - fuge, O Vir - gin
The - o - to - kos. De - spise not our pray'rs in our need,
but de - liv - er us from dan - gers, for you a - lone are pure and bless - ed.

Compiled from Approved Sources

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