# **Psalms for Communion, with psalm-tones for cantors**

This is NOT an official part of the Cantor's Companion.

This section provides the psalm verses to be sung, with a triple "Alleluia!" refrain, during Holy Communion. See the section on the Communion Hymn on page 19. The text of the Psalms is from the *Grail Psalter* (1963), as altered by the Liturgical Commission.

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# Psalm 4

When I call, answer me, O *God* of Justice; from anguish you released me, have mercy and hear me!

O men, how long will your *hearts* be closed, will you love what is futile and seek *what* is false?

It is the Lord who grants favors to those *whom* he loves; the Lord hears me whenev*er* I call him.

Fear him; do not sin: ponder on your bed *and* be still Make justice your sacrifice, and trust *in* the Lord.

"What can bring us happiness?" *ma*ny say.

We have been signed, O Lord, with the light *of* your face.

You have put into my heart a *great*er joy than they have from abundance of wheat, *wine*, and oil.

I will lie down in peace and sleep *comes* at once for you alone, Lord, make me *dwell* in safety.

## Psalm 6

Lord, do not reprove me *in* your anger; punish me not *in* your rage.

Have mercy on me, Lord, I *have* no strength; Lord, heal me, my bo*dy* is racked;

my soul is *racked* with pain. But you, O *Lord*, how long?

Return, Lord, res*cue* my soul. Save me, O Lord, in your mer*ci*ful love;

for in death no *one* remembers you; from the grave, who can *give* you praise?

I am exhausted *with* my groaning; every night I drench my pillow with tears; I bedew my *bed* with weeping.

My eye wastes away with grief; I have grown old surrounded by my foes.

Leave me, all you *who* do evil; for the Lord has *heard* my weeping.

The Lord has *heard* my plea;
The Lord will ac*cept* my prayer.

All my foes will retire *in* confusion, foiled and sudden*ly* confounded.

How great is your name, O Lord our Lord, through *all* the earth! Your majesty is praised a*bove* the heavens;

from the mouths of infants and children you have fashioned *per* fect praise to foil your enemy, to silence the foe *and* the rebel.

When I see the heavens, the work *of* your hands, the moon and the stars which *you* arranged,

what is man that you should keep *him* in mind, the Son of Man that you *care* for him?

Yet you have made him little less *than* the angels; with glory and hon*or* you crowned him,

gave him power over the works *of* your hands, put all things un*der* his feet.

All of them, *sheep* and cattle, yes, even the *sa*vage beasts,

birds of the *air*, and fish that make their way *through* the waters.

How great is your name, O *Lord* our Lord through *all* the earth!

## Psalm 18

The heavens declare the glo*ry* of God, and the firmament pro*claims* his handiwork.

Day unto day pours *out* the word and night unto night *im* parts knowledge.

No speech, no word, no voice is heard yet through all the earth their *voice* resounds; their message reaches to the ends *of* the world.

There he has placed a tent *for* the sun; it comes forth like a bridegroom coming from his tent, rejoices like a champion to *run* its course.

At the end of the sky is the rising of the sun; to the furthest end of the sky *is* its course.

There is nothing concealed from its *burn*ing heat.

The law of the Lord is perfect, it revives the soul. The rule of the Lord is to be trusted, it gives wisdom *to* the simple.

The precepts of the Lord are right, they glad*den* the heart. The command of the Lord is clear, it gives light *to* the eyes.

The fear of the Lord is holy, abi**ding** forever. The decrees of the Lord are truth and all **of** them just.

They are more to be desired than gold, than the pur*est* of gold and sweeter are they than honey, than honey *from* the comb.

So in them your servant finds instruction; great reward is *in* their keeping.

But who can detect all his errors?

From hidden *faults* acquit me.

From presumption restrain your servant and let *it* not rule me. Then shall I be blameless, clean *from* grave sin.

May the spoken words of my mouth, the thoughts *of* my heart, win favor in your sight, O Lord, my rescu*er*, my rock!

### Psalm 25

Give judgment for *me*, O Lord: for I walk the path *of* perfection.

I trust in the Lord; I *have* not wavered. Examine me, *Lord*, and try me;

O test my heart *and* my mind, for your love is before my eyes and I walk according *to* your truth.

I never take my *place* with liars and with hypocrites I *shall* not go.

I hate the evil-*do*er's company:
I will not take my place *with* the wicked.

- I will wash my hands a*mong* the innocent, and go around your al*tar*, O Lord,
- that I may hear the voice *of* your praise and recount *all* your wonders.
- O Lord, I love the splendor *of* your house and the place where your *glo*ry dwells.
- Do not sweep away my *soul* with sinners, nor my life with *men* of blood
- in whose hands are *e*vil plots, whose right hands are *filled* with bribes.
- As for me, I walked in *my* integrity. Redeem me and show *me* your mercy.
- I take my stand *for* integrity; in the assemblies I will bless *you*, O Lord.

- The Lord is my light *and* my help; whom *shall* I fear?
- The Lord is the stronghold *of* my life; before whom *shall* I shrink?
- When evil-doers draw near to de*vour* my flesh, it is they, my enemies and foes, who stum*ble* and fall.
- Though an army en*camp* against me my heart *would* not fear.
- Though war break *out* against me even then *would* I trust.
- There is one thing I ask of the Lord, for *this* I long, to live in the house of the Lord, all the days *of* my life,
- to savor the sweetness *of* the Lord, to be*hold* his temple.
- For there he keeps me safe *in* his tent in the *day* of evil.

He hides me in the shelter *of* his tent, on a rock he *sets* me safe.

And now my head *shall* be raised above my foes *who* surround me

and I shall offer with**in** his tent a sacri**fice** of joy.

I will sing and make music *for* the Lord. O Lord, hear my voice when I call; have mer*cy* and answer.

Of you my heart has spoken: "Seek his face." It is your face, O Lord, that I seek; hide **not** your face.

Dismiss not your servant in anger; you have been my help.

Do not abandon or forsake me, O *God* my help! Though father and mother forsake me, the Lord *will* receive me.

Instruct me, Lord, *in* your way; on an ev*en* path lead me.

When they lie in am**bush** protect me from my enemy's greed.

False witnesses *rise* against me, breath*ing* out fury.

I am sure I shall see *the* Lord's goodness in the land *of* the living.

Hope in the Lord, hold firm *and* take heart. Hope *in* the Lord!

### Psalm 28

Bring to the Lord, you *sons* of God; bring to the Lord glo*ry* and honor;

give the Lord the glory *of* his name. Adore the Lord in his *ho*ly court. The voice of the Lord over the waters; The God of glory thunders; the Lord over **ma**ny waters.

The voice of the Lord, *full* of power, the voice of the Lord, *full* of splendor.

The Lord's voice shatter*ing* the cedars, the Lord shatters the ce*dars* of Lebanon;

he makes Lebanon leap *like* a calf and Sirion like a *young* wild ox.

The Lord's voice flashes *flames* of fire.

The Lord's voice shaking the wilderness, the Lord shakes the wilder*ness* of Kadesh<sup>5</sup>;

the Lord's voice rend*ing* the oak tree and stripping the *for*est bare.

In his temple they *all* cry: "Glory!"

The Lord sat enthroned over the flood; the Lord sits as *king* forever.

The Lord will give strength *to* his people; the Lord will bless his peo*ple* with peace.

## Psalm 32

Rejoice in the *Lord*, you righteous ones; praise from the up*right* is fitting.

Give thanks to the Lord up*on* the harp, with a ten-stringed lute *sing* him songs.

O sing him a song *that* is new, play loudly, with *all* your skill.

For the word of the *Lord* is faithful and all his works to be trusted.

The Lord loves justice and right and fills the earth with his love.

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<sup>&</sup>lt;sup>5</sup> KAY-dehsh

- By the word of the Lord the heavens *were* established; by the breath of his Spirit, *all* their power.
- He collects the waves *of* the ocean; he stores up the depths *of* the sea.
- Let all the earth *fear* the Lord all who live in the *world* revere him.
- He spoke; and it *came* to be. He commanded; it sprang *in* to being.
- He frustrates the designs *of* the nations, he defeats the plans *of* the peoples.
- His own designs shall *stand* forever, the plans of his heart from *age* to age.
- They are happy, whose God *is* the Lord, the people he has chosen *as* his own.
- From heaven the *Lord* looked down; he watched over all the chil*dren* of men.
- From the place where he *dwells* he gazes on all the dwellers *on* the earth;
- he who shapes the hearts *of* them all; and considers *all* their deeds.
- A king is not saved *by* his army, nor a warrior preserved *by* his strength.
- A vain hope for safety *is* the horse; despite its power it *can* not save.
- The Lord looks on those *who* revere him, on those who hope *in* his love,
- to rescue their *souls* from death, to keep them a*live* in famine.
- Our soul is waiting *for* the Lord.

  The Lord is our help *and* our shield.
- In him do our *hearts* find joy. We trust in his *ho*ly name.
- May your mercy, O Lord, *be* upon us who have placed our *hope* in you.

- I will bless the Lord *at* all times, his praise always *on* my lips;
- in the Lord my soul shall *make* its boast. The humble shall hear *and* be glad.
- Glorify the *Lord* with me.

  Together let us *praise* his name.
- I sought the Lord *and* he answered me; from all my terrors he *set* me free.
- Look towards him *and* be radiant; let your faces not *be* abashed.
- This poor man called, *the* Lord heard him and rescued him from all *his* distress.
- The angel of the Lord *is* encamped, around those who revere *him*, to rescue them.
- Taste and see that the *Lord* is good. He is happy who seeks re*fuge* in him.
- Revere the Lord, *you* his saints.

  They lack nothing, those *who* revere him.
- Strong lions suffer want *and* go hungry but those who seek the Lord *lack* no blessing.
- Come, chil*dren*, and hear me that I may teach you the fear *of* the Lord.
- Who is he who longs for life and *ma*ny days, to enjoy *his* prosperity?
- Then keep your *tongue* from evil and your lips from speak*ing* deceit.
- Turn aside from evil *and* do good; seek and strive *after* peace.
- The Lord turns his face a*gainst* the wicked to destroy their remembrance *from* the earth.

The Lord turns his eyes *to* the just and his ears to *their* appeal.

The just cried out and *the* Lord heard them, and rescued them from all *their* distress.

The Lord is close to the *bro*ken-hearted; those whose spirit is crushed *he* will save.

Many are the trials *of* the just, but from them all the *Lord* will rescue them.

He will keep guard over *all* their bones, not one of their bones shall be broken.

Evil brings death **to** the wicked; those who hate the **good** are doomed.

The Lord ransoms the souls *of* his servants.

Those who hide in him shall not *be* condemned.

### Psalm 36

Do not fret because *of* the wicked; do not envy those *who* do evil,

for they wither quickly like grass and fade like the green of the fields.

If you trust in the Lord *and* do good, then you will live in the land and *be* secure.

If you find your delight *in* the Lord, he will grant your *heart's* desire.

Commit your life to the Lord, trust in him and *he* will act,

so that your justice breaks forth *like* the light, your cause like the *noon*-day sun.

Be still before the Lord and *wait* in patience; do not fret at the man who prospers; a man who makes *e*vil plots.

Calm your anger and for*get* your rage; do not fret, it only *leads* to evil.

For those who do ev**il** shall perish; the patient shall inher**it** the land.

A little longer and the wicked *shall* have gone. Look at his place, he *is* not there.

But the humble shall *own* the land and enjoy the full*ness* of peace.

The wicked man plots a*gainst* the just and gnashes his *teeth* against him;

but the Lord laughs *at* the wicked for he sees that his day *is* at hand.

The sword of the wicked is drawn, the bow is bent to slaugh*ter* the upright; and to bring down the needy *and* the poor.

Their sword shall pierce *their* own hearts and their bows shall be bro*ken* to pieces.

The just man's *few* possessions are better than the wick*ed* man's wealth;

for the power of the wicked *shall* be broken and the Lord will sup*port* the just.

He protects the lives *of* the upright, their heritage will *last* forever.

They shall not be put to shame in evil days, in time of famine their food shall not fail.

But all the wick*ed* shall perish and all the enemies *of* the Lord.

They are like the beauty *of* the meadows, they shall vanish, they shall van*ish* like smoke.

The wicked man borrows without repaying, but the just man is generous and gives.

Those blessed by the Lord shall *own* the land, but those he has cursed shall *be* destroyed.

The Lord guides the steps *of* a man and makes safe the path of *one* he loves.

Though he stumble he shall *nev*er fall for the Lord holds him *by* the hand.

I was young and now *I* am old, but I have never seen the just man forsaken nor his children beg*ging* for bread.

All the day he is gene**rous** and lends and his children be**come** a blessing.

Then turn away from evil *and* do good and you shall have a *home* forever;

for the *Lord* loves justice and will never forsake his friends.

The unjust shall be wiped *out* forever and the children of the wick*ed* destroyed.

The just shall inhe*rit* the land; there they shall *live* forever.

The mouth of the just will *ut*ter wisdom, and his tongue will *pro* nounce judgment;

the law of his God is *in* his heart; his steps shall be *saved* from stumbling.

The wicked man watches *for* the just and seeks occasion *to* destroy him.

The Lord will not leave him *in* his power nor let him be condemned when *he* is judged.

Then wait *for* the Lord, keep *to* his way.

It is he who will free you *from* the wicked, raise you up to posses the land and see the wick*ed* destroyed.

I have seen the wick*ed* triumphant, towering like a ced*ar* of Lebanon.

I passed by again; *he* was gone.

I searched; he was nowhere *to* be found.

See the just man, and *mark* the upright, for the peaceful man a future lies in store, but sinners shall all *be* destroyed.

No future lies in store *for* the wicked.

The salvation of the just is from the Lord; he is their protector in time *of* distress.

The Lord will help them and deliver them and rescue them from sin*ners* and save them, for they have *hoped* in him.

## Psalm 46

All you peoples, *clap* your hands; shout to God with *cries* of gladness.

For the Lord, the Most High, we must fear, great king over all the earth.

He subdues peoples *un*der us and nations un*der* our feet.

Our inheritance, our glory, *is* from him, the beauty of Jacob *which* he loves.

God ascends amid *shouts* of joy; the Lord *a*mid trumpet blasts.

Sing praise to our *God*, sing praise; sing praise to our *King*, sing praise.

God is king of *all* the earth, sing praise with *all* your skill.

God is king o*ver* the nations; God reigns on his *ho*ly throne.

The princes of the people *are* assembled with the people of Ab*ra*ham's God.

The rulers of the earth be*long* to God, to God who reigns *o*ver all.

- To you our praise is due in Zion, O God.

  To you we pay our vows, you who *hear* our prayer.
- To you all flesh will come with its bur*den* of sin.

  Too heavy for us, our offenses, but you wipe *them* away.
- Blessed are they whom you have chosen *and* received to dwell *in* your courts.
- We are filled with the blessings *of* your house, of your *ho*ly temple.
- You keep your pledge with wonders, O *God* our savior, the hope of all the earth and of far *distant* isles.
- You uphold the mountains *with* your strength, you are gird*ed* with power.
- You still the roaring of the seas, the roaring of their waves, and the tumult of the peoples.
- The ends of the earth *stand* in awe at the sight *of* your wonders.
- The lands of sun*rise* and sunset you fill *with* your joy.
- You care for the earth, *give* it water; you fill *it* with riches.
- Your river in heaven brims over to provide its grain.
- And thus you provide for the earth; you *drench* its furrows; you level it, soften it with showers; you *bless* its growth.
- You crown the year *with* your goodness.

  Abundance flows in your steps; in the pastures of the wilder*ness* it flows.
- The hills are girded with joy, the meadows covered with flocks;
- the valleys are *decked* with wheat. They shout for joy, *yes*, they sing.

Shout joyfully to the Lord, *all* the earth, sing praise to his name, give to him *glo*rious praise.

Say to God: "How tremendous *are* your deeds! Because of the greatness of your strength your enemies *cringe* before you.

Let all the earth worship you and sing *praise* to you; let everyone sing praise to your name, *O* Most High."

Come and see the *works* of God, tremendous his deeds *a*mong men.

He turned the sea *in* to dry land, they passed through the riv*er* dry-shod.

Let our joy then **be** in him; he rules forever **by** his might.

His eyes keep watch o*ver* the nations: let rebels not *rise* against him.

O peoples, *bless* our God; let the voice of his *praise* resound,

of the God who gave life *to* our souls and kept our *feet* from stumbling.

For you, O *God*, have tested us, you have tried us as sil*ver* is tried;

you led us, God, into the snare; you laid a heavy burden on our backs.

You let foes ride over our heads; we went through fire and through water but then you brought us relief.

Burnt offering I bring *to* your house; to you I will *pay* my vows,

the vows which my *lips* have uttered, which my mouth spoke in *my* distress.

I will offer burnt offerings of fatlings with in*cense* and rams. I will offer bu*llocks* and goats.

- Come and hear, all *who* fear God, I will tell what he did *for* my soul:
- to him I *cried* aloud, with high praise ready *on* my tongue.
- If there had been evil *in* my heart, the Lord would *not* have listened.
- But truly *God* has listened; he has heeded the voice *of* my prayer.
- Blessed be God who did not re**ject** my prayer nor withhold his **love** from me.

- Be gracious to us, O *God*, and bless us; let your face shine upon us, and have mercy on us.
- So will your ways be known *up* on earth and all nations learn your *sav*ing help.
- Let the peoples praise *you*, O God; let all the *peo*ples praise you.
- Let the nations be glad *and* exult for you rule the *world* with justice.
- With fairness you *rule* the peoples, you guide the na*tions* on earth.
- Let the peoples praise *you*, O God; let all the *peo*ples praise you.
- The earth has yield*ed* its fruit for God, our *God*, has blessed us.
- May God still give *us* his blessing till the ends of the *earth* revere him.
- Let the peoples praise *you*, O God; let all the *peo*ples praise you.

- I shall sing forever of your mer*cies*, O Lord; through all generations my mouth will pro*claim* your truth.
- For you have said: Mercy is built to *last* forever. Your truth is firmly estab*lished* in heaven.
- With my chosen one I have *made* a covenant; I have sworn to Dav*id* my servant:
- I will establish your dynasty forever and set up your throne *through* all ages.
- The heavens declare your won*ders*, O Lord, and your truth in the assembly *of* the holy.
- For who in the skies can compare *with* the Lord or who is like the Lord among the *sons* of God?
- God is glorified in the council *of* the holy, great and awesome above all *who* surround him.
- O Lord God of hosts, who *is* your equal? You are mighty, O Lord, and truth *is* your garment.
- It is you who rule the sea *in* its pride; it is you who still the surging *of* its waves.
- It is you who trod Rahab<sup>6</sup> underfoot *like* a corpse, scattering your foes with your *might*y arm.
- Yours are the heavens and yours *is* the earth. It is you who founded the earth and all it holds; it is you who created the North *and* the South.
- Tabor and Hermon shout for joy *at* your name. Yours is a mighty arm, O Lord; your hand is strong, your *right* hand ready.
- Justice and right are the pillars *of* your throne, love and truth walk *in* your presence.
- Happy are the people who can *shout* with joy, who walk in the light of your *face*, O Lord;

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<sup>&</sup>lt;sup>6</sup> RAY-hab

- who shall rejoice in your *name* forever, who make your justice the source *of* their bliss.
- For you, O Lord, are the glory *of* their strength; by your favor it is that our might *is* exalted;
- for our ruler is in the keeping *of* the Lord; our king in the keeping of the Holy *One* of Israel.
- Of old you spoke *in* a vision.

  To your friends the pro*phets* you said:
- I have set the crown *on* a warrior, I have exalted one chosen *from* my people.
- I have found Da*vid* my servant and with my holy oil I *have* anointed him.
- My hand shall always be with him and my arm shall make him strong.
- The enemy shall nev*er* outwit him nor the evil *ones* oppress him.
- I will beat down his *foes* before him and smite *those* who hate him.
- My truth and my love *shall* be with him; by my name his might shall *be* exalted.
- I will stretch out his hand *to* the Sea and his right hand as far *as* the River.
- He will say to me: "You *are* my father, my God, the *rock* who saves me."
- And I will make *him* my first-born, the highest of the kings *of* the earth.
- I will keep my love *for* him always; with him my cove*nant* shall last.
- I will establish his dynasty forever, make his throne endure as the heavens.
- If his sons forsake my law and refuse to walk as *I* decree and if ever they violate my statutes, refusing to keep *my* commands;
- then I will punish their offenses *with* the rod, then I will scourge them on account *of* their guilt.

But I will never take *back* my love, my truth will *ne*ver fail.

I will never vio*late* my covenant nor go back on the word *I* have spoken.

Once for all, I have sworn *by* my holiness. I will never lie to David. His dynasty shall *last* forever.

In my sight his throne is *like* the sun; like the moon, it shall endure forever, a faithful witness *in* the skies.'

### **Psalm 103**

Bless the Lord, *O* my soul! Lord my God, how *great* you are,

clothed in majesty and glory, wrapped in light as *in* a robe.

You stretch out the heavens *like* a tent.

Above the rains you *build* your dwelling.

You make the *clouds* your chariot, you walk on the wings *of* the wind;

you make your *an*gels spirits and your ministers a *flam*ing fire.

You founded the earth *on* its base, to stand firm from *age* to age.

You wrapped it with the ocean *like* a cloak: the waters stood higher *than* the mountains.

At your threat they *took* to flight; at the voice of your thun*der* they fled.

They rose over the mountains *and* flowed down to the place which you *had* appointed.

You set limits they *might* not pass lest they return to cover the earth.

- You make springs gush forth *in* the valleys; they flow in be*tween* the hills.
- They give drink to all the beasts *of* the field; the wild asses *quench* their thirst.
- On their banks dwell the *birds* of heaven; from the branches they *sing* their song.
- From your dwelling you wa*ter* the hills; earth drinks its fill *of* your gift.
- You make the grass grow *for* the cattle and the plants to *serve* man's needs,
- that he may bring forth bread *from* the earth and wine to *cheer* man's heart;
- oil, to *make* his face shine and bread to strength*en* man's heart.
- The trees of the Lord *drink* their fill, the cedars he plant*ed* on Lebanon;
- there the birds *build* their nests; on the treetop the stork *has* her home.
- The goats find a home *on* the mountains and rabbits hide *in* the rocks.
- You made the moon to *mark* the months; the sun knows the time *for* its setting.
- When you spread the darkness *it* is night and all the beasts of the for*est* creep forth.
- The young lions roar *for* their prey and ask their *food* from God.
- At the rising of the sun they *steal* away and go to rest *in* their dens.
- Man goes out *to* his work, to labor till *eve*ning falls.
- How many are your works, O Lord! In wisdom you have *made* them all. The earth is full *of* your riches.

There is the sea, *vast* and wide, with its moving swarms past counting, living things *great* and small.

The ships are *mov*ing there and the monsters you *made* to play with.

All of these *look* to you to give them their food *in* due season.

You give it, they gather it up; you open your hand, they have their fill.

You hide your face, they *are* dismayed; you take back your spirit, they die, returning to the dust from *which* they came.

You send forth your spirit, they *are* created; and you renew the face *of* the earth.

May the glory of the Lord *last* forever! May the Lord rejoice *in* his works!

He looks on the earth *and* it trembles; the mountains send forth smoke *at* his touch.

I will sing to the Lord *all* my life, make music to my God *while* I live.

May my thoughts be pleas*ing* to him. I find my joy *in* the Lord.

Let sinners vanish from the earth and the wicked ex*ist* no more.

Bless the Lord, *O* my soul.

## Psalm 110

I shall thank you, O Lord, with *all* my heart; in the meeting of the just and *their* assembly.

Great are the works *of* the Lord, to be pondered by *all* who love them.

Majestic and glori*ous* his work, his justice stands *firm* forever.

He makes us remem*ber* his wonders. The Lord is compass*ion* and love.

He gives food to *those* who fear him; keeps his covenant ev*er* in mind.

He has shown his might *to* his people by giving them the lands *of* the nations.

His works are justice and truth, his precepts are all of them sure,

standing firm forev*er* and ever; they are made in upright*ness* and truth.

He has sent deliverance to his people and established his cove*nant* forever. Holy his name, *to* be feared.

To fear the Lord is the first stage of wisdom; all who do so prove *them* selves wise.

His praise shall *last* forever!

### Psalm 111

Happy the man who *fears* the Lord and greatly delights in *his* commands.

His posterity will be mighty up*on* the earth; the children of the up*right* are blessed.

Riches and wealth are *in* his house; his justice stands *firm* forever.

He is a light in the darkness *for* the upright: he is generous, merci*ful* and just.

The good man takes pity and lends, he conducts his affairs with honor.

The just man will *nev*er waver: he will be remem*bered* forever.

Evil news he *will* not fear; with a firm heart he trusts *in* the Lord.

With a steadfast heart he *will* not fear; he will see the downfall *of* his foes.

Open-handed, he gives to the poor; his justice stands *firm* for ever.

His head will be *raised* in glory.

The wicked man sees and is angry, grinds his teeth and *fades* away; the desire of the wicked *leads* to doom.

### **Psalm 115**

I trusted even *when* I said: "I am sore*ly* afflicted,"

and when I said in *my* alarm: "No man *can* be trusted."

What can I return *to* the Lord for all he has *giv*en me?

I shall take the chalice *of* salvation and call upon the name *of* the Lord.

My vows to the Lord I *will* fulfill before *all* his people.

Precious in the eyes *of* the Lord is the death *of* his faithful.

Your servant, Lord, your servant am I; you have loosened my bonds.

A thanksgiving sacri*fice* I make; I shall call *on* the Lord's name.

My vows to the Lord I *will* fulfill before *all* his people,

in the courts of the house *of* the Lord, in your midst, *O* Jerusalem.

Give thanks to the Lord for *he* is good, for his love en*dures* forever.

Let the sons of Is*ra*el say:
"His love en*dures* forever."

Let the sons of *Aa*ron say:

"His love en*dures* forever."

Let those who *fear* the Lord say:
"His love en*dures* forever"

I called to the Lord in *my* distress; he answered and freed me.

The Lord is at my side; I *do* not fear. What can man *do* against me?

The Lord is at my side *as* my helper; I shall look down *on* my foes.

It is better to take refuge *in* the Lord than to *trust* in men;

it is better to take refuge *in* the Lord than to *trust* in princes.

The nations all *en* compassed me; in the Lord's *name* I crushed them.

They compassed me, compassed me about; in the Lord's name I crushed them.

They compassed me about like bees; they blazed like a fire *a*mong thorns.

In the Lord's *name* I crushed them.

I was thrust down, thrust *down* and falling, but the Lord *was* my helper.

The Lord is my strength *and* my song; he *was* my savior.

There are shouts of *joy* and victory in the tents *of* the just.

The Lord's right *hand* has triumphed; his *right* hand raised me.

The Lord's right *hand* has triumphed; I shall not die, I shall live and re*count* his deeds.

I was punished, I was punished *by* the Lord, but not *doomed* to die.

Open to me the *gates* of holiness: I will enter *and* give thanks.

This is the *Lord's* own gate where the *just* may enter.

I will thank you for *you* have answered and you *are* my savior.

The stone which the builders rejected has be*come* the corner stone. This is the work of the Lord, a marvel *in* our eyes.

This is the day the *Lord* has made; let us be glad and re*joice* in it.

O Lord, grant us salvation; O Lord, grant success.

Blessed is he who comes in the name *of* the Lord; we bless you from the house *of* the Lord.

The Lord is God and has revealed hims*elf* to us. Go forward in procession with branches even *to* the altar.

You are my *God*, I thank you. My *God*, I praise you.

Give thanks to the Lord for *he* is good; for his love en*dures* forever.

## Psalm 131

Lord, remember David and all *his* humility, how he swore to the Lord and vowed to the *God* of Jacob.

"I will not enter the house *where* I live nor go to the bed *where* I rest.

- I will give no sleep *to* my eyes to my eyelids I will *give* no slumber
- till I find a place *for* the Lord, a dwelling for the Strong *One* of Jacob."
- At Ephrata<sup>7</sup> we heard *of* the ark; we found it in the *plains* of Yearim.
- "Let us go to the place *of* his dwelling; let us go to kneel *at* his footstool."
- Go up, Lord, *to* your rest, you and your *ho*ly ark.
- Your priests will be *clothed* with righteousness and your saints *will* rejoice.
- For the sake of David your servant do not reject your anointed.
- The Lord swore a true *oath* to David; he will not go back *on* his word:
- "A son, the fruit *of* your body, will I set up*on* your throne.
- If they keep my cove**nant** in truth and my laws that **I** have taught them,
- their sons also shall rule on your throne from age to age."
- For the Lord has *cho*sen Zion; he prefers her *for* his dwelling:
- "This is my resting-*place* forever, here have I chosen to live.
- I will greatly *bless* her produce, I will fill her *poor* with bread.
- I will clothe her priests *with* salvation and your saints *will* rejoice.
- There David's *stock* will flower; I will prepare a lamp for *my* anointed.

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<sup>&</sup>lt;sup>7</sup> EHF-ruh-tuh

I will cover his ene*mies* with shame but on him my *crown* will shine."

#### Psalm 142

O Lord, listen to my prayer; turn your ear to *my* appeal. You are faithful, you are *just*; give answer.

Do not call your servant to judgment for no one is just *in* your sight.

The enemy pursues my soul; he has crushed my life to the ground;

he has made me *dwell* in darkness like the dead, *long* forgotten.

Therefore my s**pi**rit fails; my heart is **numb** within me.

I remember the days *that* are past: I ponder *all* your works.

I muse on what your hand has wrought and to you I stretch *out* my hands.

Like a parched land my soul *thirsts* for you.

Lord, make *haste* and answer; for my spirit *fails* within me.

Do not *hide* your face lest I become like those *in* the grave.

In the morning let me *know* your love for I put my *trust* in you.

Make me know the way *I* should walk: to you I lift *up* my soul.

Rescue me, Lord, *from* my enemies; I have fled to *you* for refuge.

Teach me to *do* your will for you, O Lord, *are* my God.

Let your good *spi*rit guide me in ways that are lev*el* and smooth.

For your name's sake, Lord, *save* my life; in your justice save my soul *from* distress.

In your love make an end *of* my foes; destroy all those who oppress me for I am your ser*vant*, O Lord.

#### Psalm 147

Praise the Lord, *O* Jerusalem. Zion, *praise* your God!

He has strengthened the bars *of* your gates he has blessed the child*ren* within you.

He established peace *on* your borders, he feeds you with *fi*nest wheat.

He sends out his word *to* the earth and swiftly runs *his* command.

He showers down snow white as wool, he scatters hoar-*frost* like ashes.

He hurls down hail*stones* like crumbs.

The waters are frozen at his touch; he sends forth his word *and* it melts them: at the breath of his mouth the *wa*ters flow.

He makes his word *known* to Jacob, to Israel his laws *and* decrees.

He has not dealt thus with *o*ther nations; he has not taught them *his* decrees.

## Psalm 148

Praise the Lord *from* the heavens, praise him *in* the highest.

Praise him, *all* his angels, praise him, *all* his host.

Praise him, *sun* and moon, praise him, *shin*ing stars.

Praise him, *high*est heavens and the waters *above* the heavens.

Let them praise the name *of* the Lord. He spoke and they were made; he commanded and they *were* created.

He fixed *them* for ever, gave a law which shall not *pass* away.

Praise the Lord *from* the earth, sea creatures *and* all oceans,

fire and hail, *snow* and mist, stormy winds that o*bey* his word;

all mountains and hills, all fruit *trees* and cedars, beasts, wild and tame, reptiles and birds *on* the wing;

all earth's kings and peoples, earth's princes and rulers, young men and maidens, the old men together with children.

Let them praise the name *of* the Lord for he alone *is* exalted.

The splendor of his name reaches beyond heaven and earth. He exalts the strength of his people.

He is the praise of all his saints, of the *sons* of Israel, of the people to whom *he* comes close.

#### **ALLELUIA!**