

TYPIKA AT HOME

THURSDAY, AUGUST 6

THE TRANSFIGURATION OF OUR LORD, GOD, AND SAVIOR JESUS CHRIST

On this day, fruit (especially grapes and apples) is blessed by the priest in church. If we are unable to attend, we may partake of fruit in thanksgiving to God following the Typika.

Troparion, Tone 7:

You were transfigured on the mountain, O Christ our God, revealing as much of your glory to your disciples as they could behold. Through the prayers of the Theotokos, let your everlasting light also shine on us sinners, O Giver of Light, glory to you.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. *(Three times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. *(Three times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Lord, have mercy. *(Twelve times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

Troparia at the Beatitudes

Today, we do not sing the Beatitudes but pray or sing the Office of Antiphons:

First Antiphon:

- Shout joyfully to the Lord, all the earth, sing praise to his name, give him glorious praise.

Refrain: Through the prayers of the Theotokos, O Savior, save us.

- Your thunder rolled round the sky, your flashes lighted up the world. The earth was moved and trembled

Refrain: Through the prayers of the Theotokos, O Savior, save us.

- You are clothed in majesty and glory, wrapped in light as in a robe.

Refrain: Through the prayers of the Theotokos, O Savior, save us.

- Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever, amen.

Refrain: Through the prayers of the Theotokos, O Savior, save us.

Second Antiphon:

- Mount Zion, slopes of the north, is the city of the great King.

Refrain: O Son of God, transfigured on the mount, save us who sing to you: Alleluia!

- He brought them to his holy land, to the mountain which his right hand had won.

Refrain: O Son of God, transfigured on the mount, save us who sing to you: Alleluia!

- He chose the hill of Zion which he loves. He built his shrine like the heavens

- Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever, amen.

- O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Third Antiphon:

- Those who put their trust in the Lord are like Mount Zion that cannot be shaken, that stands forever.

Troparion, Tone 7:

You were transfigured on the mountain, O Christ our God, revealing as much of your glory to your disciples as they could behold. Through the prayers of the Theotokos, let your everlasting light also shine on us sinners, O Giver of Light, glory to you.

- The mountains surround her, so the Lord surrounds his people both now and forever.

Troparion, Tone 7:

You were transfigured on the mountain, O Christ our God, revealing as much of your glory to your disciples as they could behold. Through the prayers of the Theotokos, let your everlasting light also shine on us sinners, O Giver of Light, glory to you.

- Lord, who shall be admitted to your tent and dwell on your holy mountain?

Troparion, Tone 7:

You were transfigured on the mountain, O Christ our God, revealing as much of your glory to your disciples as they could behold. Through the prayers of the Theotokos, let your everlasting

light also shine on us sinners, O Giver of Light, glory to you.

- Who shall climb the mountain of the Lord? Who shall stand in his holy place?

Troparion, Tone 7:

You were transfigured on the mountain, O Christ our God, revealing as much of your glory to your disciples as they could behold. Through the prayers of the Theotokos, let your everlasting light also shine on us sinners, O Giver of Light, glory to you.

Prokeimenon, Tone 4

How many are your works, O Lord, in wisdom you have made them all.

Verse: Bless the Lord, my soul. Lord, my God, how great you are.

Epistle: 2 Peter 1:10-19

A Reading from the Second Universal Letter of St. Peter.

Brothers and Sisters: Be all the more eager to make your call and election firm, for, in doing so, you will never stumble. For, in this way, entry into the eternal kingdom of our Lord and savior Jesus Christ will be richly provided for you. Therefore, I will always remind you of these things, even though you already know them and are established in the truth you have. I think it right, as long as I am in this "tent," to stir you up by a reminder, since I know that I will soon have to put it aside, as indeed our Lord Jesus Christ has shown me. I shall also make every effort to enable you always to remember these things after my departure. We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that unique declaration came to him from the majestic glory, "This is my Son, my beloved, with whom I am well pleased." We ourselves heard this voice come from heaven while we were with him on the holy mountain. Moreover, we possess the prophetic message that is altogether reliable. You will do well to be attentive to it, as to a lamp shining in a dark place, until day dawns and the morning star rises in your hearts.

Alleluia, Tone 1: Alleluia, alleluia, alleluia

Verse: Yours are the heavens and your is the earth.

Verse: Happy are the people who can shout with joy.

Gospel: A reading from the gospel of the holy apostle and evangelist Matthew. (Matthew 17:1-9)

At that time: After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid." And when the disciples raised their eyes, they saw no one

else but Jesus alone. As they were coming down from the mountain, Jesus charged them, “Do not tell the vision to anyone until the Son of Man has been raised from the dead.”

Response: Glory to you, O Lord, glory to you.

Then immediately:

- Send forth your truth and your fidelity; they will guide me and bring me to your holy mountain.

Troparion, Tone 7:

You were transfigured on the mountain, O Christ our God, revealing as much of your glory to your disciples as they could behold. Through the prayers of the Theotokos, let your everlasting light also shine on us sinners, O Giver of Light, glory to you.

Profession of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Kontakion, Tone 7

You were transfigured on the mountain, O Christ our God, and your disciples beheld as much of your glory as they could bear, that when they would see you crucified, they would understand that you suffered willingly; so they would preach to the world that you are truly the radiance of the Father.

Lord, have mercy. (*Twelve times*)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

Response: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:

O Lord, I believe and confess that you are truly Christ,
who came into the world

To save sinners of whom I am the first.

Although I cannot be a partaker now of your mystical supper, O Son of God,

Come at least spiritually into my heart by Your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,

Nor will I give you a kiss as did Judas,

But like the thief I profess to you:

+ Remember me, O Lord, when you come in your kingdom.

+ Remember me, O Master, when you come in your kingdom.

+ Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,

Which I would receive, and which is now here present with us in Mystery,

Is truly your most precious Body, and your life-giving Blood,

Which, I pray, I may one day receive again

For the remission of all my sins and for life everlasting. Amen

Then immediately:

Psalm 33

I will bless the Lord at all times,
his praise always on my lips;

In the Lord
my soul shall make its boast
The humble shall hear
and be glad.

Glorify the Lord with me.
Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;

let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,

not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim; who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Closing Hymn:

Extol, O my soul, the Lord transfigured on Mount Tabor.
- Your childbirth was shown to be incorrupt, for it was God who came forth from you, appearing on the earth in the flesh and dwelling among us. Therefore, O Theotokos, we all extol you.

Thanksgiving for Fruit.

Leader: O Lord, we give you thanks for this new fruit, which through the mildness of the air, and showers of rain, and temperate weather, you were pleased to bring to ripeness. May the partaking of this fruit be for our joy, and a gift offered for the cleansing of sins, through the sacred and holy Body of your Christ, with whom you are blessed.