

TYPIKA AT HOME: MAY 24, 2021
PENTECOST MONDAY: DAY OF THE HOLY SPIRIT

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One. (*Three times, one may kneel for this hymn*)

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

We chant the Typical Psalms:

Psalm 102:

Bless the Lord, O my soul,
and all my being, bless his holy name.

Bless the Lord, O my soul,
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,

who redeems your life from the grave,
who crowns you with love and compassion,

who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives judgment for all who are oppressed.

He made known his ways to Moses
and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.

His wrath will come to an end;
he will not be angry forever.

He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.

As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;

for he knows of what we are made,
he remembers that we are dust.

As for man, his days are like grass;
he flowers like the flower of the field;

the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting
upon those who hold him in fear;

his justice reaches out to children's children
when they keep his covenant in truth,
when they remember his commands and do them.

The Lord has set his throne in heaven
and his kingdom is ruling over all.

Bless the Lord, all his angels,
mighty in power, fulfilling his word,
who heed the voice of his word.

Bless the Lord, all his hosts,
his servants who do his will.

Bless the Lord, all his works,
in every place where he rules.

Glory to the Father, and to the Son,
and to the Holy Spirit,
now and ever and forever. Amen.

Bless the Lord, O my soul!
and all my being, bless his holy name.

Blessed are you, O Lord.
Glory to the Father, and to the Son,
and to the Holy Spirit.

Praise the Lord, O my soul.
I will praise the Lord all my life.
I will make music to my God while I live.

Put no trust in princes,
in mortal men in whom there is no help.

Take their breath, they return to clay

and their plans that day come to nothing.

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,

who alone made heaven and earth,
the seas and all they contain.

It is the Lord who keeps faith forever,
who is just to those who are oppressed.

It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,
who raises up those who are bowed down,

the Lord, who protects the stranger
and upholds the widow and orphan.

It is the Lord who loves the just
but thwarts the path of the wicked.

The Lord will reign forever,
Zion's God, from age to age.

Now and ever
and forever. Amen.

Hymn of the Incarnation

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Troparia at the Beatitudes

In your kingdom, remember us, O Lord, when you come in your kingdom.

12. Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

11. Blessed are they who mourn,
for they will be comforted.

10. Blessed are the meek,
for they will inherit the land.

9. Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

8. *Blessed are the merciful, for they will be shown mercy.*

(Tone 7) You said to your apostles, O Lord: Remain in Jerusalem until the day when you shall be clothed with power from on high; and I will send you another Paraclete, the Spirit of the Father and of me, in whom you will be strengthened.

7. *Blessed are the pure of heart, for they will see God.*

- By his descent, the power of the Holy Spirit has divinely reunited in a new harmony the tongues that were formerly divided by their evil design. He reveals to the faithful the Trinity in whom we are strengthened.

6. *Blessed are the peacemakers, for they will be called children of God.*

(Tone 4) Unknowable is the supreme power of God; through him the uneducated men became the teachers, and by their word they confounded the wise ones in their error; they rescued the uncultured people from their dark night by the illumination of the Holy Spirit.

5. *Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.*

- He proceeds from the unbegotten Light, the eternal Light who shines as a thousand lights; he is the One whose flaming word revealed to the people of Zion the consubstantial splendor inherited from the Father through the Son.

4. *Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.*

(Tone 7) Sailing across the ocean of life and tossed about by the cares of the world, engulfed in the midst of my sins and thrown to the monster who devours souls, as Jonah, I cry out to you, O Christ: Deliver me from this deadly abyss.

3. *Rejoice and be glad, for your reward will be great in heaven.*

- You pour out your Spirit in abundance upon all flesh, as you had promised, O Lord; and the universe is filled with the knowledge of you, for the Father has begotten you as a Son, and the Spirit proceeds from him.

2. *Glory to the Father, and to the Son, and to the Holy Spirit.*

(Tone 4) Eternally renew in our hearts the Spirit of righteousness to which we aspire; for he proceeds from the Father without being separated from him, and his burning fire purifies the stains of our hearts and spirits.

1. *Now and ever and forever. Amen.*

- You filled the vain assembly of people with confusion, and by the fire of your breath you offered the treasure which the apostles dwelling in Zion so desired; for they were awaiting the coming of the Holy Spirit, the imprint of the Word who was begotten of the Father.

Prokeimenon, Tone 6:

Save your people, O Lord, and bless your inheritance.

Verse: To you, O Lord, I cry out: My God, be not silent to me.

Epistle: Ephesians 5:9-19

Leader: A reading from the Letter of St. Paul the Apostle to the Ephesians.

Brothers and sisters: Live as children of light, for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord. Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore, it says: "Awake, O sleeper, and arise from the dead, and Christ will give you light." Watch carefully then how you live, not as foolish persons but as wise, making the most of the opportunity, because the days are evil. Therefore, do not continue in ignorance, but try to understand what is the will of the Lord. And do not get drunk on wine, in which lies debauchery, but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and playing to the Lord in your hearts

Alleluia, Tone 1: Alleluia, alleluia, alleluia

Verse: Have mercy on me, O God, in your kindness.

Verse: Do not cast me away from your presence nor deprive me of your Holy Spirit.

Leader: A reading from the gospel of the holy apostle and evangelist Matthew. (Matthew 18:10-20)

Response: Glory to you, O Lord, glory to you.

Leader:

The Lord said: "See that you do not despise one of these little ones, for I say to you that their angels in heaven always look upon the face of my heavenly Father, for the Son of Man has come to save what was lost. What is your opinion? If a man has a hundred sheep and one of them goes astray, will he not leave the ninety-nine in the hills and go in search of the stray? And if he finds it, amen, I say to you, he rejoices more over it than over the ninety-nine that did not stray. In just the same way, it is not the will of your heavenly Father that one of these little ones be lost. "If your brother sins against you, go and tell him his fault between you and him alone. If he listens to you, you have won over your brother. If he does not listen, take one or two others along with you, so that 'every fact may be established on the testimony of two or three witnesses.' If he refuses to listen to them, tell the church. If he refuses to listen even to the church, then treat him as you would a Gentile or a tax collector. Amen, I say to you, whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall

be loosed in heaven. Again, amen, I say to you, if two of you agree on earth about anything for which they are to pray, it shall be granted to them by my heavenly Father. For where two or three are gathered together in my name, there am I in the midst of them."

Response: Glory to you, O Lord, glory to you.

Then:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Remember us, O Lord,

when you come in your kingdom.

Remember us, O Master,
when you come in your kingdom.

Remember us, O Holy One,
when you come in your kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Look towards him and be radiant;
let your faces not be abashed.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Now and ever
and forever. Amen.

Profession of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the

life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Kontakion, Tone 8:

When the most high descended and confused tongues, he scattered nations. When he distributed the tongues of fire, he called all to unity. We also, with one voice, glorify the Most Holy Spirit

Lord, have mercy. (*Twelve times*)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

Response: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:

O Lord, I believe and confess that you are truly Christ,
who came into the world

To save sinners of whom I am the first.

Although I cannot be a partaker now of your mystical supper, O Son of God,
Come at least spiritually into my heart by Your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,

Nor will I give you a kiss as did Judas,

But like the thief I profess to you:

+ Remember me, O Lord, when you come in your kingdom.

+ Remember me, O Master, when you come in your kingdom.

+ Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,

Which I would receive, and which is now here present with us in Mystery,

Is truly your most precious Body, and your life-giving Blood,
Which, I pray, I may one day receive again
For the remission of all my sins and for life everlasting. Amen

Then immediately:

Psalm 33

I will bless the Lord at all times,
his praise always on my lips;

In the Lord
my soul shall make its boast
The humble shall hear
and be glad.

Glorify the Lord with me.
Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,
not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy
on us.

Response: Amen.

Closing Hymns: Office of the Pentecost Gospels

Troparion, Tone 8: Blessed are you, O Christ our God. You have shown the fishermen to be all-wise, sending down upon them the Holy Spirit. Through them you have caught the whole world in your net. O Lover of us all, glory to you.

First Gospel:

Leader: A reading from the gospel of the holy apostle and evangelist Matthew. (Matthew 12:30-36)

Response: Glory to you, O Lord, glory to you.

Leader:

The Lord said: Whoever is not with me is against me, and whoever does not gather with me scatters. Therefore, I say to you, every sin and blasphemy will be forgiven people, but blasphemy against the Spirit will not be forgiven. And whoever speaks a word against the Son of Man will be forgiven; but whoever speaks against the holy Spirit will not be forgiven, either in this age or in the age to come. “Either declare the tree good and its fruit is good, or declare the tree rotten and its fruit is rotten, for a tree is known by its fruit. You brood of vipers, how can you say good things when you are evil? For from the fullness of the heart the mouth speaks. A good person brings forth good out of a store of goodness, but an evil person brings forth evil out of a store of evil. I tell you, on the day of judgment people will render an account for every careless word they speak.

Response: Glory to you, O Lord, glory to you.

Kontakion, Tone 8:

When the most high descended and confused tongues, he scattered nations. When he distributed the tongues of fire, he called all to unity. We also, with one voice, glorify the Most Holy Spirit.

Second Gospel:

Leader: A reading from the gospel of the holy apostle and evangelist Mark. (Mark 13:9-13)

Response: Glory to you, O Lord, glory to you.

Leader:

The Lord said: “Watch out for yourselves. They will hand you over to the courts. You will be beaten in synagogues. You will be arraigned before governors and kings because of me, as a witness before them. But the gospel must first be preached to all nations. When they lead you away and hand you over, do not worry beforehand about what you are to say. But say whatever will be given to you at that hour. For it will not be you who are speaking but the holy Spirit. Brother will hand over brother to death, and the father his child; children will rise up against parents and have them put to death. You will be hated by all because of my name. But the one who perseveres to the end will be saved.”

Response: Glory to you, O Lord, glory to you.

Troparion, Tone 8: Blessed are you, O Christ our God. You have shown the fishermen to be all-wise, sending down upon them the Holy Spirit. Through them you have caught the whole world in your net. O Lover of us all, glory to you.

Third Gospel:

Leader: A reading from the gospel of the holy apostle and evangelist Luke. (Luke 11:9-13)

Response: Glory to you, O Lord, glory to you.

Leader:

The Lord said: “And I tell you, ask and you will receive; seek and you will find; knock and the door will be opened to you. For everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened. What father among you would hand his son a snake when he asks for a fish? Or hand him a scorpion when he asks for an egg? If you then, who are wicked, know how to give good gifts to your children, how much more will the Father in heaven give the holy Spirit to those who ask him?”

Response: Glory to you, O Lord, glory to you.

Kontakion, Tone 8:

When the most high descended and confused tongues, he scattered nations. When he distributed the tongues of fire, he called all to unity. We also, with one voice, glorify the Most Holy Spirit.

Fourth Gospel:

Leader: A reading from the gospel of the holy apostle and evangelist John (the Theologian.. (John 16:2-14)

Response: Glory to you, O Lord, glory to you.

The Lord said to his disciples: They will expel you from the synagogues; in fact, the hour is coming when everyone who kills you will think he is offering worship to God. They will do this because they have not known either the Father or me. I have told you this so that when their hour comes you may remember that I told you. “I did not tell you this from the beginning, because I was with you. But now I am going to the one who sent me, and not one of you asks me, ‘Where are you going?’ But because I told you this, grief has filled your hearts. But I tell you the truth, it is better for you that I go. For if I do not go, the Advocate will not come to you. But if I go, I will send him to you. And when he comes he will convict the world in regard to sin and righteousness and condemnation: sin, because they do not believe in me; righteousness, because I am going to the Father and you will no longer see me; condemnation, because the ruler of this world has been condemned. “I have much more to

tell you, but you cannot bear it now. But when he comes, the Spirit of truth, he will guide you to all truth. He will not speak on his own, but he will speak what he hears, and will declare to you the things that are coming. He will glorify me, because he will take from what is mine and declare it to you.”

Response: Glory to you, O Lord, glory to you.

And we sing:

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things,
Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain,
and save our souls, O gracious One.