

TYPIKA AT HOME: JANUARY 10, 2021
SUNDAY AFTER THEOPHANY

Opening Hymn:

Troparion, Tone 7:

You have destroyed Death by your cross, you opened paradise to the thief. The sorrow of the myrrh-bearers you turned to joy. You commanded your apostles to proclaim: Christ our God, you have risen, granting great mercy to the world..

Troparion, Tone 1:

At your baptism in the Jordan, O Lord, worship of the Trinity was revealed; for the Father's voice bore witness to you, calling you his beloved Son, and the Spirit in the form of a dove confirmed the truth of these words. O Christ God, you appeared and enlightened the world. Glory to you!

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.
Come, let us worship Christ, our King and God.
Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

We chant the Typical Psalms:

Psalm 102:

Bless the Lord, O my soul,
and all my being, bless his holy name.

Bless the Lord, O my soul,
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,

who redeems your life from the grave,
who crowns you with love and compassion,

who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives judgment for all who are oppressed.

He made known his ways to Moses
and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.

His wrath will come to an end;
he will not be angry forever.

He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.

As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;

for he knows of what we are made,

he remembers that we are dust.

As for man, his days are like grass;
he flowers like the flower of the field;

the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting
upon those who hold him in fear;

his justice reaches out to children's children
when they keep his covenant in truth,
when they remember his commands and do them.

The Lord has set his throne in heaven
and his kingdom is ruling over all.

Bless the Lord, all his angels,
mighty in power, fulfilling his word,
who heed the voice of his word.

Bless the Lord, all his hosts,
his servants who do his will.

Bless the Lord, all his works,
in every place where he rules.

Glory to the Father, and to the Son,
and to the Holy Spirit,
now and ever and forever. Amen.

Bless the Lord, O my soul!
and all my being, bless his holy name.

Blessed are you, O Lord.
Glory to the Father, and to the Son,
and to the Holy Spirit.

Praise the Lord, O my soul.
I will praise the Lord all my life.
I will make music to my God while I live.

Put no trust in princes,
in mortal men in whom there is no help.

Take their breath, they return to clay

and their plans that day come to nothing.

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,

who alone made heaven and earth,
the seas and all they contain.

It is the Lord who keeps faith forever,
who is just to those who are oppressed.

It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,
who raises up those who are bowed down,

the Lord, who protects the stranger
and upholds the widow and orphan.

It is the Lord who loves the just
but thwarts the path of the wicked.

The Lord will reign forever,
Zion's God, from age to age.

Now and ever
and forever. Amen.

Hymn of the Incarnation

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Troparia at the Beatitudes

In your kingdom, remember us, O Lord, when you come in your kingdom.

12. Blessed are the poor in spirit,
for theirs is the kingdom of heaven.
11. Blessed are they who mourn,
for they will be comforted.
10. Blessed are the meek,
for they will inherit the land.
9. Blessed are they who hunger and thirst for
righteousness, for they will be satisfied.

8. *Blessed are the merciful, for they will be shown mercy.*

(Tone 7) Beautiful and good to eat was the fruit that killed me. Christ is the tree of life. Eating from it I do not die but cry out with the thief, "Remember me, O Lord, in your kingdom."

7. *Blessed are the pure of heart, for they will see God.*

- When you were lifted up on the cross, O compassionate Lord, you erased the ancient accusation of Adam's sin and saved all mortals from error. Therefore, we sing your praise, O Benefactor.

6. *Blessed are the peacemakers, for they will be called children of God.*

- You nailed our sins to the cross, O compassionate Christ, and by your death, you put death to death. You raised the dead from among the dead. Therefore, we worship your holy resurrection.

5. *Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.*

- The serpent once poured poison into the ears of Eve. On the tree of the cross, Christ poured forth the sweetness of life on the world. Remember me, O Lord, in your kingdom.

4. *Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.*

(Tone 2) - A large crowd came to John for baptism; standing among them, he raised his voice, saying: You brood of vipers, who told you to flee the wrath to come? Offer worthy evidence to Christ that you mean to reform, for he is present now and grants peace.

3. *Rejoice and be glad, for your reward will be great in heaven.*

- The Master and Creator stands in our midst as one of us and searches our hearts. He takes the winnowing fan in his hand, and in his wisdom he cleanses the threshing floor of the whole world, dividing the wheat from the chaff, burning the barren and granting eternal life to those that bear good fruit.

2. *Glory to the Father, and to the Son, and to the Holy Spirit.*

- The Maker saw the man whom he had formed with his own hand in the obscurity of sin and in bonds that knew no escape. Raising him up, he laid him on his shoulders; and now in abundant floods, he washes him clean from the ancient shame of Adam's sinfulness.

1. *Now and ever and forever. Amen.*

-In piety and eagerness, let us run to the undefiled fountains of the stream of salvation, and let us look upon the Word who gives us drink from the pure waters that satisfy our holy thirst: and he gently heals the disease of the world!

Prokeimenon, Tone 1:

May your mercy, O Lord, be upon us who have placed our hope in you.

Verse: Rejoice in the Lord, you righteous ones, praise from the upright is fitting.

Epistle: Ephesians 4:7-13

Leader: A reading from the Letter of St. Paul the Apostle to the Ephesians..

Brothers and sisters: Grace was given to each of us according to the measure of Christ's gift. Therefore, it says: "He ascended on high and took prisoners captive; he gave gifts to men." What does "he ascended" mean except that he also descended into the lower regions of the earth? The one who descended is also the one who ascended far above all the heavens, that

he might fill all things. And he gave some as apostles, others as prophets, others as evangelists, others as pastors and teachers, to equip the holy ones for the work of ministry, for building up the body of Christ, until we all attain to the unity of faith and knowledge of the Son of God, to mature manhood, to the extent of the full stature of Christ.

Alleluia, Tone 5: Alleluia, alleluia, alleluia

Verse: I shall sing forever of your mercies, O Lord, through all generations my mouth will proclaim your truth.

Verse: For you have said: Mercy is built to last forever. Your truth is firmly established in heaven.

Leader: A reading from the gospel of the holy apostle and evangelist Matthew. (Matthew 4:12-17)

Response: Glory to you, O Lord, glory to you.

Leader:

At that time: When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali, that what had been said through Isaiah the prophet might be fulfilled: "Land of Zebulun and land of Naphtali, the way to the sea, beyond the Jordan, Galilee of the Gentiles, the people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen." From that time on, Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand."

Response: Glory to you, O Lord, glory to you.

Then:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Remember us, O Lord,
when you come in your kingdom.

Remember us, O Master,
when you come in your kingdom.

Remember us, O Holy One,
when you come in your kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Look towards him and be radiant;
let your faces not be abashed.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Now and ever
and forever. Amen.

Profession of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.
Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Kontakion, Tone 4:

You have revealed yourself to the world today; and your light, O Lord, has set its seal on us. We recognize you and exclaim to you: You have come and revealed yourself, O Unapproachable Light.

Lord, have mercy. (*Twelve times*)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

Response: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:

O Lord, I believe and confess that you are truly Christ,
who came into the world

To save sinners of whom I am the first.

Although I cannot be a partaker now of your mystical supper, O Son of God,

Come at least spiritually into my heart by Your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,

Nor will I give you a kiss as did Judas,

But like the thief I profess to you:

+ Remember me, O Lord, when you come in your kingdom.

+ Remember me, O Master, when you come in your kingdom.

+ Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,

Which I would receive, and which is now here present with us in Mystery,

Is truly your most precious Body, and your life-giving Blood,

Which, I pray, I may one day receive again

For the remission of all my sins and for life everlasting. Amen

Then immediately:

Psalm 33

I will bless the Lord at all times,
his praise always on my lips;

In the Lord
my soul shall make its boast
The humble shall hear
and be glad.

Glorify the Lord with me.
Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,
not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Closing Hymns:

When John was placed in prison by Herod,
Jesus then left for Galilee,
Forsaking Nazareth, he dwelt in
Capernaum, beside the sea:
“All those who walked in darkness and shadow
Now by the light of God’s own glory see!”

The gospel preached by Jesus the Savior
Stirs still the hearts of those who hear:
“Repent! The reign of God is coming!
God’s love and care for all is clear!
“All those who walked in darkness and shadow
Now by the light of God’s own glory see!”

For each of us by God has been given
Grace in the generous measure of Christ!
The same Lord Christ whose presence is filling
heaven and earth, who paid sin’s price.
“All those who walked in darkness and shadow
Now by the light of God’s own glory see!”

Text: J. Michael Thompson, based on Matthew 4:12-17

Melody: *Kol’ slaven naš / How great is God* (Dmitri Bortniansky, 1751-1825)