

TYPIKA AT HOME: DECEMBER 8, 2021
FEAST OF THE MATERNITY OF THE HOLY ANNA

Opening Hymn:

Troparion, Tone 4:

Today the bonds of childlessness are loosed, for God has heard the prayers of Joachim and Anna. He promised beyond hope the birth of their godly daughter. The indescribable, himself, born of her as a mortal, commanded us through the angel to sing to her: Rejoice, O Woman full of grace, the Lord is with you.

The following is then read:

On December 8, we celebrate the maternity of Saint Anna, the Mother of the all-holy Theotokos.

Like Eve, you conceived - but not in sorrow. For, holy Anna, in your womb you bear happiness. On the eighth day, Anna became the grandmother of God as she conceived the Mother of her King.

Through her holy prayers, O our God, have mercy on us and save us. Amen.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

We chant the Typical Psalms:

Psalm 102:

Bless the Lord, O my soul,
and all my being, bless his holy name.

Bless the Lord, O my soul,
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,

who redeems your life from the grave,
who crowns you with love and compassion,

who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives judgment for all who are oppressed.

He made known his ways to Moses
and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.

His wrath will come to an end;
he will not be angry forever.

He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.

As far as the east is from the west

so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;

for he knows of what we are made,
he remembers that we are dust.

As for man, his days are like grass;
he flowers like the flower of the field;

the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting
upon those who hold him in fear;

his justice reaches out to children's children
when they keep his covenant in truth,
when they remember his commands and do them.

The Lord has set his throne in heaven
and his kingdom is ruling over all.

Bless the Lord, all his angels,
mighty in power, fulfilling his word,
who heed the voice of his word.

Bless the Lord, all his hosts,
his servants who do his will.

Bless the Lord, all his works,
in every place where he rules.

Glory to the Father, and to the Son,
and to the Holy Spirit,
now and ever and forever. Amen.

Bless the Lord, O my soul!
and all my being, bless his holy name.

Blessed are you, O Lord.
Glory to the Father, and to the Son,
and to the Holy Spirit.

Praise the Lord, O my soul.
I will praise the Lord all my life.

I will make music to my God while I live.

Put no trust in princes,
in mortal men in whom there is no help.

Take their breath, they return to clay
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,

who alone made heaven and earth,
the seas and all they contain.

It is the Lord who keeps faith forever,
who is just to those who are oppressed.

It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,
who raises up those who are bowed down,

the Lord, who protects the stranger
and upholds the widow and orphan.

It is the Lord who loves the just
but thwarts the path of the wicked.

The Lord will reign forever,
Zion's God, from age to age.

Now and ever
and forever. Amen.

Hymn of the Incarnation

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Troparia at the Beatitudes

In your kingdom, remember us, O Lord, when you come in your kingdom.

12. Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

11. Blessed are they who mourn,
for they will be comforted.

10. Blessed are the meek,
for they will inherit the land.

9. Blessed are they who hunger and thirst for
righteousness, for they will be satisfied.

8. *Blessed are the merciful, for they will be shown mercy.*

(Tone 1) Holy Anna said to the Lord: If you grant fruit to my womb, I will be extolled and will consecrate it to you. It was in this way that she conceived the pure Mother of God.

7. *Blessed are the pure of heart, for they will see God.*

-You kept all the precepts of the Law and served the Lord without fault. In your womb, you conceived the Mother of the true Law-Giver, O holy Anna; and thus we the faithful call you blessed.

6. *Blessed are the peacemakers, for they will be called children of God.*

-As you prayed in the garden, the Most High heard your voice, O holy Anna, and gave you as the fruit of your womb the one who was full of grace, who opened the gates of Paradise.

5. *Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.*

- Drive away the barrenness of my heart, deprived of all fruit, so that my soul, too, can become fruitful in the virtues, O holy Mother of God, you who come to the aid of believers.

4. *Blessed are you when they insult you and persecute you
and utter every kind of evil against you falsely because of me.*

- The shadows of the law are clearly transcended; for, behold! the ray of divine grace shines forth: the cloud who is the Virgin, from where the radiant Sun of the Godhead shall truly shine forth! Anna cried out, rejoicing and glorifying the God of Israel.

3. *Rejoice and be glad, for your reward will be great in heaven..*

- A strange sight will it be if I, who before was barren and childless, conceive, Anna said when she heard the angel announce that she would give birth to a child; and she cried aloud: Better than any good report will be the fulfillment of your words!

2. *Glory to the Father, and to the Son, and to the Holy Spirit.*

- Let the mountains and hills, the fields and the sea, the multitude of the angels and all human nature be glad; for Anna received the divine temple of the Master, the beginning of our reconciliation. And when she sensed that she had conceived, she cried aloud.

1. *Now and ever and forever. Amen.*

- Taking pity on Jonah, the sea monster that took him kept him like an infant from the womb. The Word which inhabited the Virgin and took flesh, came forth from her and kept her incorrupt. He underwent no change, and kept intact the one who bore him.

Prokeimenon, Tone 4:

God is wondrous in his saints, the God of Israel..

Verse: In the churches bless God; from Israel's wellsprings bless the Lord..

Epistle: Galatians 4:22-31

Leader: A reading from the Letter of the Saint Paul the Apostle to the Galatians.

Brothers and Sisters: For it is written that Abraham had two sons, one by the slave woman and the other by the freeborn woman. The son of the slave woman was born naturally, the son of the freeborn through a promise. Now this is an allegory. These women represent two covenants. One was from Mount Sinai, bearing children for slavery; this is Hagar. Hagar represents Sinai, a mountain in Arabia; it corresponds to the present Jerusalem, for she is in slavery along with her children. But the Jerusalem above is freeborn, and she is our mother. For it is written: "Rejoice, you barren one who bore no children; break forth and shout, you who were not in labor; for more numerous are the children of the deserted one than of her who has a husband." Now you, brothers, like Isaac, are children of the promise. But just as then the child of the flesh persecuted the child of the spirit, it is the same now. But what does the scripture say? "Drive out the slave woman and her son! For the son of the slave woman shall not share the inheritance with the son" of the freeborn. Therefore, brothers, we are children not of the slave woman but of the freeborn woman.

Alleluia, Tone 1: Alleluia, alleluia, alleluia

Verse: The salvation of the just is from the Lord; he is their protector in time of distress..

Verse: The Lord will help them and deliver them and rescue them from sinners and save them, for they have hoped in him.

Leader: A reading from the gospel of the holy apostle and evangelist Luke. (Luke 10:38-42; 8:16-21)

Response: Glory to you, O Lord, glory to you.

Leader:

The Lord said: "No one who lights a lamp conceals it with a vessel or sets it under a bed; rather, he places it on a lampstand so that those who enter may see the light. For there is nothing hidden that will not become visible, and nothing secret that will not be known and come to light. Take care, then, how you hear. To anyone who has, more will be given, and from the one who has not, even what he seems to have will be taken away." Then his mother and his brothers came to him but were unable to join him because of the crowd. He was told, "Your mother and your brothers are standing outside and they wish to see you." He said to them in reply, "My mother and my brothers are those who hear the word of God and act on it."

Response: Glory to you, O Lord, glory to you.

Then:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Remember us, O Lord,
when you come in your kingdom.

Remember us, O Master,
when you come in your kingdom.

Remember us, O Holy One,
when you come in your kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Look towards him and be radiant;
let your faces not be abashed.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Now and ever
and forever. Amen.

Profession of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from

evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Kontakion, Tone 4:

Today the whole world celebrates how Anna becomes a mother by the power of God. She conceived the woman whose conception of the Word is beyond our words

Lord, have mercy. (*Twelve times*)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

Response: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:

O Lord, I believe and confess that you are truly Christ,
who came into the world

To save sinners of whom I am the first.

Although I cannot be a partaker now of your mystical supper, O Son of God,

Come at least spiritually into my heart by Your Divine Grace

for the healing of my soul and body.

For I will not reveal your mystery to your enemies,

Nor will I give you a kiss as did Judas,

But like the thief I profess to you:

+ Remember me, O Lord, when you come in your kingdom.

+ Remember me, O Master, when you come in your kingdom.

+ Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,

Which I would receive, and which is now here present with us in Mystery,

Is truly your most precious Body, and your life-giving Blood,

Which, I pray, I may one day receive again

For the remission of all my sins and for life everlasting. Amen

Then immediately:

Psalm 33

I will bless the Lord at all times,

his praise always on my lips;

In the Lord

my soul shall make its boast

The humble shall hear

and be glad.

Glorify the Lord with me.
Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;

those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,
not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Closing Hymn:

All Christ's faithful come together joining here I joyful song,
Giving God all thanks and honor that the vessel - planned so long
In the womb of mother Anna now is blessedly conceived,
Sinless kept at her conception through the Father's grace received.
See this mystery: all God's people are in this conception blessed;
For in Mary's sinless body, God's own Son would take his rest.
Saved by Jesus, Mary models how we, too, may keep God's Word;
Focused on obedient witness, faithful to the Gospel heard.

Praise the Father, source of being; praise Christ Jesus, God the Son;
Praise the Spirit, font of blessing; glory to the Three-in-One!
Joined as one with sinless Mary and the saints and angels throng,
Let us raise to God most loving here on earth our joyful song!

Text: J. Michael Thompson
Melody: *Mother of God* (JMT)