

TYPIKA AT HOME: DECEMBER 12, 2021
SUNDAY OF THE FOREFATHERS
OUR LADY OF GUADALUPE

Troparion, Tone 4:

The joyful message of the Resurrection was heard by the women disciples from the angel, and being freed from the ancestral curse, they boasted to the apostles: Death is despoiled; Christ our God is risen, giving great mercy to the world.

Troparion, Tone 2:

By faith, you, O Christ, justified the forefathers. Through them you betrothed yourself to a Church from all nations. The saints rejoice in glory because a glorious offspring has blossomed from their seed: the Mother who bore you without seed. Through their prayers, O Christ our God, have mercy on us.

Troparion, Tone 4:

When you appeared in the New World, O Mother of God, You fixed your image on Juan Diego's rose-laden tilma. All the poor, hungry and oppressed seek you, Lady of Guadalupe. We gaze upon your miraculous icon and find hope, crying out to your Son concealed in your womb; hear our plea for justice, O Most Merciful Lord.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

We chant the Typical Psalms:

Psalm 102:

Bless the Lord, O my soul,
and all my being, bless his holy name.

Bless the Lord, O my soul,
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,

who redeems your life from the grave,
who crowns you with love and compassion,

who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives judgment for all who are oppressed.

He made known his ways to Moses
and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.

His wrath will come to an end;
he will not be angry forever.

He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.

As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;

for he knows of what we are made,
he remembers that we are dust.

As for man, his days are like grass;
he flowers like the flower of the field;

the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting
upon those who hold him in fear;

his justice reaches out to children's children
when they keep his covenant in truth,
when they remember his commands and do them.

The Lord has set his throne in heaven
and his kingdom is ruling over all.

Bless the Lord, all his angels,
mighty in power, fulfilling his word,
who heed the voice of his word.

Bless the Lord, all his hosts,
his servants who do his will.

Bless the Lord, all his works,
in every place where he rules.

Glory to the Father, and to the Son,
and to the Holy Spirit,
now and ever and forever. Amen.

Bless the Lord, O my soul!
and all my being, bless his holy name.

Blessed are you, O Lord.
Glory to the Father, and to the Son,
and to the Holy Spirit.

Praise the Lord, O my soul.
I will praise the Lord all my life.
I will make music to my God while I live.

Put no trust in princes,
in mortal men in whom there is no help.

Take their breath, they return to clay
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,

who alone made heaven and earth,
the seas and all they contain.

It is the Lord who keeps faith forever,
who is just to those who are oppressed.

It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,
who raises up those who are bowed down,

the Lord, who protects the stranger
and upholds the widow and orphan.

It is the Lord who loves the just
but thwarts the path of the wicked.

The Lord will reign forever,
Zion's God, from age to age.

Now and ever
and forever. Amen.

Hymn of the Incarnation

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Troparia at the Beatitudes

In your kingdom, remember us, O Lord, when you come in your kingdom.

12. Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

11. Blessed are they who mourn,

for they will be comforted.

**10. *Blessed are the meek,
for they will inherit the land.***

(Tone 4) Through a tree, Adam lost his home in paradise, but through the tree of the cross, the thief gained a home in paradise. While the one by tasting set aside the commandment of the Creator, the other one who was crucified with you confessed you the hidden God crying out, "Remember me in your kingdom."

**9. *Blessed are they who hunger and thirst for
righteousness, for they will be satisfied.***

- When you were lifted up on the cross and destroyed the power of death, you, as God, erased the accusation against us. O Lord, only lover of us all, grant the repentance of the thief to us who worship you with faith, O Christ our God, and who cry out to you, "Remember us also in your kingdom."

8. *Blessed are the merciful, for they will be shown mercy.*

- On the cross, you tore up the accusation against us with the lance, and when you were counted among the dead, you bound the tyrant there. Freeing all from the bonds of Hades by your resurrection, we have been enlightened and cry out, O loving Lord, "Remember us also in your kingdom."

7. *Blessed are the pure of heart, for they will see God.*

- When you were crucified and rose from the grave on the third day as the mighty one, you raised up Adam the first created man, only immortal one. Grant me also, O Lord, to turn in repentance with my whole heart, and to cry out to you always with fervent faith, "Remember me, O Savior, in your kingdom."

6. *Blessed are the peacemakers, for they will be called children of God.*

- The one free from suffering became a suffering man for our sake. Willingly nailed to the cross, he raised us up. Therefore, with the cross, we glorify the passion and the resurrection, through which we have been both made anew and also saved, as we cry out, "Remember us also in your kingdom."

**5. *Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.***

- Let us, the faithful, implore the one who rose from the dead, stripped Hades of its power, and appeared to the myrrh-bearers saying, "Rejoice!" May he free our souls from corruption as they always cry out to him in the words of the good thief, "Remember us also in your kingdom."

**4. *Blessed are you when they insult you and persecute you
and utter every kind of evil against you falsely because of me.***

(Tone 1) In the universe the fervor of Seth for his Creator is celebrated. He served in truth by the zeal of his soul and the purity of his life, and now he sings in the land of the living: Holy are you, O Lord our God.

3. *Rejoice and be glad, for your reward will be great in heaven.*

- From his mouth and from his heart, from his lips and in the spirit, Enosh began to invoke the Name of the Lord God of all. He lived a life worthy of God, and was covered with glory

2. *Glory to the Father, and to the Son, and to the Holy Spirit.*

- By sacred hymns, let us celebrate the blessed Enoch. He pleased the Lord, and was taken up in glory. He triumphed visibly over death for he was a servant close to God.

1. *Now and ever and forever. Amen.*

- The expectation of the nations comes upon the Virgin now, and behold! Bethlehem opens

again Eden that once was closed, It receives the incarnate Word, who rests bodily in a manger.

Prokeimenon, Tone 4:

Blessed are you and praiseworthy, O Lord, the God of our Fathers, and glorious forever is your name.

Verse: For you are just in all that you have done for us.

Epistle: Colossians 3:4-11 and Hebrews 9:1-7

Leader: A reading from the Letter of St. Paul the Apostle to the Colossians.

Brothers and Sisters: When Christ your life appears, then you too will appear with him in glory. Put to death, then, the parts of you that are earthly: immorality, impurity, passion, evil desire, and the greed that is idolatry. Because of these the wrath of God is coming upon the disobedient. By these you too once conducted yourselves, when you lived in that way. But now you must put them all away: anger, fury, malice, slander, and obscene language out of your mouths. Stop lying to one another, since you have taken off the old self with its practices and have put on the new self, which is being renewed, for knowledge, in the image of its creator. Here there is not Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free; but Christ is all and in all.

Brothers and Sisters: Now even the first covenant had regulations for worship and an earthly sanctuary. For a tabernacle was constructed, the outer one, in which were the lampstand, the table, and the bread of offering; this is called the Holy Place. Behind the second veil was the tabernacle called the Holy of Holies, in which were the gold altar of incense and the ark of the covenant entirely covered with gold. In it were the gold jar containing the manna, the staff of Aaron that had sprouted, and the tablets of the covenant. Above it were the cherubim of glory overshadowing the place of expiation. Now is not the time to speak of these in detail. With these arrangements for worship, the priests, in performing their service, go into the outer tabernacle repeatedly, but the high priest alone goes into the inner one once a year, not without blood that he offers for himself and for the sins of the people.

Alleluia, Tone 4: Alleluia, alleluia, alleluia

Verse: Moses and Aaron were among his priests; Samuel was among those who called upon his name.

Verse: They called upon the Lord and he answered them.

Leader: A reading from the gospel of the holy apostle and evangelist Luke. (Luke 14:16-24 and Luke 1:39-56)

Response: Glory to you, O Lord, glory to you.

Leader:

The Lord told this parable: "A man gave a great dinner to which he invited many. When the time for the dinner came, he dispatched his servant to say to those invited, 'Come, everything is now ready.' But one by one, they all began to excuse themselves. The first said to him, 'I

have purchased a field and must go to examine it; I ask you, consider me excused.’ And another said, ‘I have purchased five yoke of oxen and am on my way to evaluate them; I ask you, consider me excused.’ And another said, ‘I have just married a woman, and therefore I cannot come.’ The servant went and reported this to his master. Then the master of the house in a rage commanded his servant, ‘Go out quickly into the streets and alleys of the town and bring in here the poor and the crippled, the blind and the lame.’ The servant reported, ‘Sir, your orders have been carried out and still there is room.’ The master then ordered the servant, ‘Go out to the highways and hedgerows and make people come in that my home may be filled. For, I tell you, none of those men who were invited will taste my dinner.’”

At that time: During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary’s greeting, the infant leaped in her womb, and Elizabeth, filled with the holy Spirit, cried out in a loud voice and said, “Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled.” And Mary said: “My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior. For he has looked upon his handmaid’s lowliness; behold, from now on will all ages call me blessed. The Mighty One has done great things for me, and holy is his name. His mercy is from age to age to those who fear him. He has shown might with his arm, dispersed the arrogant of mind and heart. He has thrown down the rulers from their thrones but lifted up the lowly. The hungry he has filled with good things; the rich he has sent away empty. He has helped Israel his servant, remembering his mercy, according to his promise to our fathers, to Abraham and to his descendants forever.” Mary remained with her about three months and then returned to her home.

Response: Glory to you, O Lord, glory to you.

Then:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Remember us, O Lord,
when you come in your kingdom.

Remember us, O Master,
when you come in your kingdom.

Remember us, O Holy One,
when you come in your kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Look towards him and be radiant;

let your faces not be abashed.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Now and ever
and forever. Amen.

Profession of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Kontakion, Tone 6:

You did not worship a man-made image, O thrice-blessed youths. You armed yourself with uncreated divinity. You were glorified in the trial by fire. Withstanding the flames, you

stood and called out: Hasten, O compassionate God, and hurry to help us in your mercy. For you can do whatever you will.

Lord, have mercy. (*Twelve times*)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

Response: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:

O Lord, I believe and confess that you are truly Christ,
who came into the world

To save sinners of whom I am the first.

Although I cannot be a partaker now of your mystical supper, O Son of God,

Come at least spiritually into my heart by Your Divine Grace
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,

Nor will I give you a kiss as did Judas,

But like the thief I profess to you:

+ Remember me, O Lord, when you come in your kingdom.

+ Remember me, O Master, when you come in your kingdom.

+ Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,

Which I would receive, and which is now here present with us in Mystery,

Is truly your most precious Body, and your life-giving Blood, Which, I pray, I may one day
receive again

For the remission of all my sins and for life everlasting. Amen

Then immediately:

Psalm 33

I will bless the Lord at all times,
his praise always on my lips;

In the Lord

my soul shall make its boast

The humble shall hear

and be glad.

Glorify the Lord with me.

Together let us praise his name.

I sought the Lord and he answered me;

from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,

not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Closing Hymns:

Let us now praise famous men, tell their stories once again.
Ruling Kingdoms in their might, known for valor in men's sight.
Those with counsel true and wise, those who saw with prophet's eyes -
Those who wrote the psalms we sing; those who taught the sage and king.
For their gifts and witness, Lord, we sing praises with one accord.

Those were honored in their age - priest and monarch, prophet, sage -
And have left behind a name, which their children e'er can claim.
Others, though, have run this race, vanished, leaving not a trace,
As if they had never been, they and children after them.
For their gifts and witness, Lord, we sing praises with one accord.

These, the godly ones, we praise, who endured the darkest days,
Covenanted, Lord, with you, and whose grace has seen them through.
All our hymns of praise we bring for their steadfastness, O King!
From their seed upon this earth, you have taken humble birth.
For their gifts and witness, Lord, we sing praises with one accord.

Text: J. Michael Thompson, based on Ecclesiasticus 44:1-10, 13-14
Melody: *Mendelssohn (Hark! The herald angels sing)*

[or:]

Kontakion, Tone 7:

No longer shall the New World lie wounded in useless bloodless sacrifice, for she
who is clothed with the sun has revealed the Son to us. O Mother of the Americas,
imprint his name upon our hearts, just as you wove your image into the cactus cloth.
Teach your children to cry out: O Christ God, our hope, glory to you.

Ikos:

Let us lovingly cry to the Theotokos:

Rejoice, city of the Lord;

rejoice, David's sceptre;

rejoice, rational palace;

rejoice, jar of the divine manna;

rejoice, unconsumed bush;

rejoice, golden candle-stick;

rejoice, inextinguishable candle;

rejoice, divine overshadowed mountain;

rejoice, fire-bearing throne;

rejoice, heavenly ladder and door;

rejoice, Aaron's rod that sprouted without moisture;

rejoice, for you save all from all dangers and afflictions.

O most pure one, pray to your Son that we may obtain mercy in the day of judgment.