

TYPIKA AT HOME: FEBRUARY 14, 2021  
CHEESEFARE SUNDAY  
THE PASSING OF OUR HOLY FATHER CYRIL, APOSTLE TO THE SLAVS

**Opening Hymns:**

**Troparion, Tone 4:**

The joyful message of the Resurrection was heard by the women disciples from the angel, and being freed from the ancestral curse, they boasted to the apostles: Death is despoiled; Christ our God is risen, giving great mercy to the world.

**Troparion, Tone 4:**

From your childhood you made wisdom your sister, O divine voice, and you received her as a radiant virgin. You adorned your mind and soul with it like gold. You shone as a second great Cyril, O blessed in understanding and wise in name.

*Leader:* Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

*Response:* Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Leader:* Lord Jesus Christ, Son of God, have mercy on us.

*Response:* Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.  
Come, let us worship Christ, our King and God.  
Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

*We chant the Typical Psalms:*

**Psalm 102:**

Bless the Lord, O my soul,  
and all my being, bless his holy name.

Bless the Lord, O my soul,  
and never forget all his blessings.

It is he who forgives all your guilt,  
who heals every one of your ills,

who redeems your life from the grave,  
who crowns you with love and compassion,

who fills your life with good things,  
renewing your youth like an eagle's.

The Lord does deeds of justice,  
gives judgment for all who are oppressed.

He made known his ways to Moses  
and his deeds to Israel's sons.

The Lord is compassion and love,  
slow to anger and rich in mercy.

His wrath will come to an end;  
he will not be angry forever.

He does not treat us according to our sins  
nor repay us according to our faults.

For as the heavens are high above the earth  
so strong is his love for those who fear him.

As far as the east is from the west  
so far does he remove our sins.

As a father has compassion on his sons,  
the Lord has pity on those who fear him;

for he knows of what we are made,

he remembers that we are dust.

As for man, his days are like grass;  
he flowers like the flower of the field;

the wind blows and he is gone  
and his place never sees him again.

But the love of the Lord is everlasting  
upon those who hold him in fear;

his justice reaches out to children's children  
when they keep his covenant in truth,  
when they remember his commands and do them.

The Lord has set his throne in heaven  
and his kingdom is ruling over all.

Bless the Lord, all his angels,  
mighty in power, fulfilling his word,  
who heed the voice of his word.

Bless the Lord, all his hosts,  
his servants who do his will.

Bless the Lord, all his works,  
in every place where he rules.

Glory to the Father, and to the Son,  
and to the Holy Spirit,  
now and ever and forever. Amen.

Bless the Lord, O my soul!  
and all my being, bless his holy name.

Blessed are you, O Lord.  
Glory to the Father, and to the Son,  
and to the Holy Spirit.

Praise the Lord, O my soul.  
I will praise the Lord all my life.  
I will make music to my God while I live.

Put no trust in princes,  
in mortal men in whom there is no help.

Take their breath, they return to clay

and their plans that day come to nothing.

He is happy who is helped by Jacob's God,  
whose hope is in the Lord his God,

who alone made heaven and earth,  
the seas and all they contain.

It is the Lord who keeps faith forever,  
who is just to those who are oppressed.

It is he who gives bread to the hungry,  
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,  
who raises up those who are bowed down,

the Lord, who protects the stranger  
and upholds the widow and orphan.

It is the Lord who loves the just  
but thwarts the path of the wicked.

The Lord will reign forever,  
Zion's God, from age to age.

Now and ever  
and forever. Amen.

### **Hymn of the Incarnation**

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

### **Troparia at the Beatitudes**

In your kingdom, remember us, O Lord, when you come in your kingdom.

**12.** *Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.*

(Tone 4) Through a tree, Adam lost his home in paradise, but through the tree of the cross, the thief gained a home in paradise. While the one by tasting set aside the commandment of the Creator, the other one who was crucified with you confessed you the hidden God crying out, "Remember me in your kingdom."

**11.** *Blessed are they who mourn,  
for they will be comforted.*

- When you were lifted up on the cross and destroyed the power of death, you, as God, erased the accusation against us. O Lord, only lover of us all, grant the repentance of the thief to us who worship you with faith, O Christ our God, and who cry out to you, "Remember us also in your kingdom."

**10. *Blessed are the meek,  
for they will inherit the land.***

- On the cross, you tore up the accusation against us with the lance, and when you were counted among the dead, you bound the tyrant there. Freeing all from the bonds of Hades by your resurrection, we have been enlightened and cry out, O loving Lord, "Remember us also in your kingdom."

**9. *Blessed are they who hunger and thirst for  
righteousness, for they will be satisfied.***

- When you were crucified and rose from the grave on the third day as the mighty one, you raised up Adam the first created man, only immortal one. Grant me also, O Lord, to turn in repentance with my whole heart, and to cry out to you always with fervent faith, "Remember me, O Savior, in your kingdom."

**8. *Blessed are the merciful, for they will be shown mercy.***

- The one free from suffering became a suffering man for our sake. Willingly nailed to the cross, he raised us up. Therefore, with the cross, we glorify the passion and the resurrection, through which we have been both made anew and also saved, as we cry out, "Remember us also in your kingdom."

**7. *Blessed are the pure of heart, for they will see God.***

- Let us, the faithful, implore the one who rose from the dead, stripped Hades of its power, and appeared to the myrrh-bearers saying, "Rejoice!" May he free our souls from corruption as they always cry out to him in the words of the good thief, "Remember us also in your kingdom."

**6. *Blessed are the peacemakers, for they will be called children of God.***

(Tone 6) When I see the ocean of this life tossed about by the tempest of temptations, I hasten to your harbor of peace and cry out to you, O God of goodness: Rescue my life from the pit of corruption.

**5. *Blessed are they who are persecuted for the sake of righteousness,  
for theirs is the kingdom of heaven.***

- O Savior, in your goodness you clothed me with a divine garment in Paradise; but, seduced by the Demon, I violated your commandment; and in my wretchedness, I recognized my nakedness,

**4. *Blessed are you when they insult you and persecute you  
and utter every kind of evil against you falsely because of me.***

- O my poor soul, in your carelessness you have separated yourself from God. The delights of Paradise have been taken away from you, and you have been separated from the angels. You have fallen into the pit, and what a fall it is!

**3. *Rejoice and be glad, for your reward will be great in heaven.***

- Spare me and have mercy on me, O almighty Lord; do not despise the work of your hands, O God of goodness, even though I have separated myself from the company of your saints.

**2. *Glory to the Father, and to the Son, and to the Holy Spirit.***

(Tone 4) Having loved Wisdom from your youth, you took her as sister and, having divine wisdom, O blessed one, you became a philosopher

**1. *Now and ever and forever. Amen.***

- Ezekiel, seeing the gates through which the one God most High passed, is your holy womb he entered in the flesh, O all-holy one, and he did not break its seals.

**Prokeimenon, Tone 8:**

Make vows to the Lord your God and fulfill them.

*Verse:* God is known in Judah, in Israel his name is great.

**Prokeimenon, Tone 7:**

Precious in the eyes of the Lord is the death of his faithful.

Epistle: Romans 13:11-24:4; Hebrews 7:26-8:2

*Leader:* A reading from the Letter of St. Paul the Apostle to the Romans.

Brothers and Sisters: Our salvation is nearer now than when we first believed; the night is advanced, the day is at hand. Let us then throw off the works of darkness and put on the armor of light; let us conduct ourselves properly as in the day, not in orgies and drunkenness, not in promiscuity and licentiousness, not in rivalry and jealousy. But put on the Lord Jesus Christ, and make no provision for the desires of the flesh. Welcome anyone who is weak in faith, but not for disputes over opinions. One person believes that one may eat anything, while the weak person eats only vegetables. The one who eats must not despise the one who abstains, and the one who abstains must not pass judgment on the one who eats; for God has welcomed him. Who are you to pass judgment on someone else's servant? Before his own master he stands or falls. And he will be upheld, for the Lord is able to make him stand.

Brothers and Sisters: It was fitting that we should have such a high priest: holy, innocent, undefiled, separated from sinners, higher than the heavens. He has no need, as did the high priests, to offer sacrifice day after day, first for his own sins and then for those of the people; he did that once for all when he offered himself. For the law appoints men subject to weakness to be high priests, but the word of the oath, which was taken after the law, appoints a son, who has been made perfect forever. The main point of what has been said is this: we have such a high priest, who has taken his seat at the right hand of the throne of the Majesty in heaven, a minister of the sanctuary and of the true tabernacle that the Lord, not man, set up.

**Alleluia, Tone 6:** Alleluia, alleluia, alleluia

*Verse:* It is good to give thanks to the Lord and to sing praises to your name, O Most High.

*Verse:* To proclaim your mercy in the morning, and your faithfulness throughout the night.

*Verse:* Happy the man who fears the Lord and greatly delights in his commands.

*Leader:* A reading from the gospel of the holy apostle and evangelist Matthew. (Matthew 6:14-21; John 10:9-16)

*Response:* Glory to you, O Lord, glory to you.

*Leader:*

The Lord said: If you forgive others their transgressions, your heavenly Father will forgive

you. But if you do not forgive others, neither will your Father forgive your transgressions. “When you fast, do not look gloomy like the hypocrites. They neglect their appearance, so that they may appear to others to be fasting. Amen, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, so that you may not appear to others to be fasting, except to your Father who is hidden. And your Father who sees what is hidden will repay you. “Do not store up for yourselves treasures on earth, where moth and decay destroy, and thieves break in and steal. But store up treasures in heaven, where neither moth nor decay destroys, nor thieves break in and steal. For where your treasure is, there also will your heart be.

The Lord said: I am the gate. Whoever enters through me will be saved, and will come in and go out and find pasture. A thief comes only to steal and slaughter and destroy; I came so that they might have life and have it more abundantly. I am the good shepherd. A good shepherd lays down his life for the sheep. A hired man, who is not a shepherd and whose sheep are not his own, sees a wolf coming and leaves the sheep and runs away, and the wolf catches and scatters them. This is because he works for pay and has no concern for the sheep. I am the good shepherd, and I know mine and mine know me, just as the Father knows me and I know the Father; and I will lay down my life for the sheep. I have other sheep that do not belong to this fold. These also I must lead, and they will hear my voice, and there will be one flock, one shepherd.

*Response:* Glory to you, O Lord, glory to you.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Remember us, O Lord,  
when you come in your kingdom.

Remember us, O Master,  
when you come in your kingdom.

Remember us, O Holy One,  
when you come in your kingdom.

The heavenly choir praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Look towards him and be radiant;  
let your faces not be abashed.

The heavenly choir praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,  
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Now and ever  
and forever. Amen.

### **Profession of Faith**

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Leader:* Lord Jesus Christ, Son of God, have mercy on us.

*Response:* Amen.

### **Kontakion, Tone 6:**

O guide to wisdom, and giver of insight, teacher of the ignorant and protector of the poor, strengthen and enlighten my heart, O Master. Word of the Father, give me words for, behold, I do not restrain my lips from crying out to you: O merciful Lord, have mercy on me, for I have fallen.

Lord, have mercy. (*Twelve times*)

*Leader:* Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good



things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:  
*Response:* One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

*The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:*

O Lord, I believe and confess that you are truly Christ,  
who came into the world  
To save sinners of whom I am the first.  
*Although I cannot be a partaker now of your mystical supper, O Son of God,*  
Come at least spiritually into my heart by Your Divine Grace  
for the healing of my soul and body.  
For I will not reveal your mystery to your enemies,  
Nor will I give you a kiss as did Judas,  
But like the thief I profess to you:  
+ Remember me, O Lord, when you come in your kingdom.  
+ Remember me, O Master, when you come in your kingdom.  
+ Remember me, O Holy One, when you come in your kingdom.  
O Lord, I also believe and profess, that this,  
Which I would receive, and which is now here present with us in Mystery,  
Is truly your most precious Body, and your life-giving Blood,  
Which, I pray, I may one day receive again  
For the remission of all my sins and for life everlasting. Amen

*Then immediately:*

### **Psalm 33**

I will bless the Lord at all times,  
his praise always on my lips;

In the Lord  
my soul shall make its boast  
The humble shall hear  
and be glad.

Glorify the Lord with me.  
Together let us praise his name.

I sought the Lord and he answered me;  
from all my terrors he set me free.

Look towards him and be radiant;  
let your faces not be abashed.

This poor man called, the Lord heard him  
and rescued him from all his distress.

The angel of the Lord is encamped,  
around those who revere him, to rescue them.

Taste and see that the Lord is good.  
He is happy who seeks refuge in him.

Revere the Lord, you his saints.  
They lack nothing, those who revere him.

Strong lions suffer want and go hungry  
but those who seek the Lord lack no blessing.

Come, children, and hear me  
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,  
to enjoy his prosperity?

Then keep your tongue from evil  
and your lips from speaking deceit.

Turn aside from evil and do good;  
seek and strive after peace.

The Lord turns his face against the wicked  
to destroy their remembrance from the earth.

The Lord turns his eyes to the just  
and his ears to their appeal.

The just cried out and the Lord heard them,  
and rescued them from all their distress.

The Lord is close to the broken-hearted;  
those whose spirit is crushed he will save.

Many are the trials of the just,  
but from them all the Lord will rescue them.

He will keep guard over all their bones,  
not one of their bones shall be broken.

Evil brings death to the wicked;  
those who hate the good are doomed.

The Lord ransoms the souls of his servants.

Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim; who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

**Leader:** Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

**Response:** Amen.

**Closing Hymns:**

**Tone 2:** *(to the melody of "We have seen the true light ...")*

Let us begin the time of this bright Fast, giving ourselves over to spiritual struggle. Let us sanctify our soul and purify our flesh. Let us not fast only from food; let us also abstain from every passion and cultivate spiritual virtues. And let us faithfully persevere in this, so that we may be worthy to see the holy Passion of Christ our God and the joy of his holy Resurrection.