

TYPIKA AT HOME: APRIL 1, 2021  
HOLY AND GREAT THURSDAY

**Opening Hymn:**

(Tone 6, "*It is truly proper ...*")

Lifting up our minds to the Upper Room, O faithful, let us enjoy the lordly hospitality and the eternal banquet. Having learned from the Word about the Word, we extol him who has ascended.

*Leader:* Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

*Response:* Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Leader:* Lord Jesus Christ, Son of God, have mercy on us.

*Response:* Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

*We chant the Typical Psalms:*

**Psalm 102:**

Bless the Lord, O my soul,  
and all my being, bless his holy name.

Bless the Lord, O my soul,  
and never forget all his blessings.

It is he who forgives all your guilt,  
who heals every one of your ills,

who redeems your life from the grave,  
who crowns you with love and compassion,

who fills your life with good things,  
renewing your youth like an eagle's.

The Lord does deeds of justice,  
gives judgment for all who are oppressed.

He made known his ways to Moses  
and his deeds to Israel's sons.

The Lord is compassion and love,  
slow to anger and rich in mercy.

His wrath will come to an end;  
he will not be angry forever.

He does not treat us according to our sins  
nor repay us according to our faults.

For as the heavens are high above the earth  
so strong is his love for those who fear him.

As far as the east is from the west  
so far does he remove our sins.

As a father has compassion on his sons,  
the Lord has pity on those who fear him;

for he knows of what we are made,  
he remembers that we are dust.

As for man, his days are like grass;  
he flowers like the flower of the field;

the wind blows and he is gone  
and his place never sees him again.

But the love of the Lord is everlasting  
upon those who hold him in fear;

his justice reaches out to children's children  
when they keep his covenant in truth,  
when they remember his commands and do them.

The Lord has set his throne in heaven  
and his kingdom is ruling over all.

Bless the Lord, all his angels,  
mighty in power, fulfilling his word,  
who heed the voice of his word.

Bless the Lord, all his hosts,  
his servants who do his will.

Bless the Lord, all his works,  
in every place where he rules.

Glory to the Father, and to the Son,  
and to the Holy Spirit,  
now and ever and forever. Amen.

Bless the Lord, O my soul!  
and all my being, bless his holy name.

Blessed are you, O Lord.  
Glory to the Father, and to the Son,  
and to the Holy Spirit.

Praise the Lord, O my soul.  
I will praise the Lord all my life.  
I will make music to my God while I live.

Put no trust in princes,  
in mortal men in whom there is no help.

Take their breath, they return to clay  
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,  
whose hope is in the Lord his God,

who alone made heaven and earth,  
the seas and all they contain.

It is the Lord who keeps faith forever,  
who is just to those who are oppressed.

It is he who gives bread to the hungry,  
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,  
who raises up those who are bowed down,

the Lord, who protects the stranger  
and upholds the widow and orphan.

It is the Lord who loves the just  
but thwarts the path of the wicked.

The Lord will reign forever,  
Zion's God, from age to age.

Now and ever  
and forever. Amen.

### **Hymn of the Incarnation**

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

### **Troparia at the Beatitudes**

In your kingdom, remember us, O Lord, when you come in your kingdom.

**12.** Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

**11.** Blessed are they who mourn,  
for they will be comforted.

**10.** Blessed are the meek,  
for they will inherit the land.

**9.** Blessed are they who hunger and thirst for  
righteousness, for they will be satisfied.

**8.** *Blessed are the merciful, for they will be shown mercy.*

(Tone 6) The Lord, the King of all and our Creator God, has been clothed in our human nature without undergoing change; he himself is our Passover and has offered himself to those whom he wished to save by his death: Take and eat, this is my Body; you shall find food for your

faith.

**7. *Blessed are the pure of heart, for they will see God.***

- The Lord, the King of all and our Creator God, has been clothed in our human nature without undergoing change; he himself is our Passover and has offered himself to those whom he wished to save by his death: Take and eat, this is my Body; you shall find food for your faith.

**6. *Blessed are the peacemakers, for they will be called children of God.***

- O God most good, you yourself filled the cup of joy which frees the human race; you offer yourself in sacrifice, and you made your disciples drink from it, saying: Take and drink, this is my Blood; you shall find food for your faith.

**5. *Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.***

- O sinless Lord, you said to your disciples: Woe to the one who betrays me! But the senseless one did not understand this mystery; he could not grasp it. But, you dwell in me, and you shall find food for your faith.

**4. *Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.***

- I am thrust down into the abyss of sin, and I can no longer endure the wrath of the seas. As Jonah, I cry to you: Save my life from the pit.

**3. *Rejoice and be glad, for your reward will be great in heaven.***

- I am thrust down into the abyss of sin, and I can no longer endure the wrath of the seas. As Jonah, I cry to you: Save my life from the pit.

**2. *Glory to the Father, and to the Son, and to the Holy Spirit.***

- O Savior, you said to your disciples: You call me Lord and Master, and indeed I am; therefore, imitate what I am doing.

**1. *Now and ever and forever. Amen.***

- The one who is pure has no need to be washed; you are pure, but not all; in your folly, one of you shall betray me.

**Prokeimenon, Tone 1** [*Psalm 139(140): 2.3*]

Rescue me, O Lord, from evil men, from the violent keep me safe.

*Verse:* Who plan evil in their heart every day.

A Reading from Exodus [*Exodus 19:10-19*]

The Lord said to Moses: Go to the people and have them sanctify themselves today and tomorrow. Have them wash their garments and be ready for the third day; for on the third day the Lord will come down on Mount Sinai in the sight of all the people. Set limits for the people all around, saying: Take care not to go up the mountain, or even to touch its edge. All who touch the mountain must be put to death. No hand shall touch them, but they must be stoned to death or killed with arrows. Whether human being or beast, they must not be allowed to live. Only when the ram's horn sounds may they go up on the mountain. Then Moses came down from the mountain to the people and had them sanctify themselves, and they washed their garments. He said to the people, "Be ready for the third day. Do not approach a woman." On the morning of the third day there were peals of thunder and

lightning, and a heavy cloud over the mountain, and a very loud blast of the shofar, so that all the people in the camp trembled. But Moses led the people out of the camp to meet God, and they stationed themselves at the foot of the mountain. Now Mount Sinai was completely enveloped in smoke, because the Lord had come down upon it in fire. The smoke rose from it as though from a kiln, and the whole mountain trembled violently. The blast of the shofar grew louder and louder, while Moses was speaking and God was answering him with thunder.

**Prokeimenon, Tone 7** [*Psalm 58(59): 2.3*]

Rescue me, God, from my foes; protect me from those who attack me.

*Verse:* Rescue me from those who do evil

A Reading from Job [*Job 38:1-23; 42:1-5*]

Then the Lord answered Job out of the storm and said: Who is this who darkens counsel with words of ignorance? Gird up your loins now, like a man; I will question you, and you tell me the answers! Where were you when I founded the earth? Tell me, if you have understanding. Who determined its size? Surely you know? Who stretched out the measuring line for it? Into what were its pedestals sunk, and who laid its cornerstone, while the morning stars sang together and all the sons of God shouted for joy? Who shut within doors the sea, when it burst forth from the womb, when I made the clouds its garment and thick darkness its swaddling bands? When I set limits for it and fastened the bar of its door, and said: Thus far shall you come but no farther, and here shall your proud waves stop. Have you ever in your lifetime commanded the morning and shown the dawn its place for taking hold of the ends of the earth, till the wicked are shaken from it? Did you take clay of the ground and form a living creature, and set it with the power of speech upon the earth? But from the wicked their light is withheld, and the arm of pride is shattered. Have you entered into the sources of the sea, or walked about on the bottom of the deep? Have the gates of death been shown to you, or have you seen the gates of darkness? Have you comprehended the breadth of the earth? Tell me, if you know it all. What is the way to the dwelling of light, and darkness—where is its place? That you may take it to its territory and know the paths to its home? You know, because you were born then, and the number of your days is great! Have you entered the storehouses of the snow, and seen the storehouses of the hail, which I have reserved for times of distress, for a day of war and battle.

Then Job answered the Lord and said: I know that you can do all things, and that no purpose of yours can be hindered. Who is this who obscures counsel with ignorance? I have spoken but did not understand; things too marvelous for me, which I did not know. Listen, and I will speak; I will question you, and you tell me the answers. By hearsay I had heard of you, but now my eye has seen you.

A Reading from the Prophecy of Isaiah [*Isaiah 50:4-11*]

The Lord God has given me a well-trained tongue, that I might know how to answer the weary a word that will waken them. Morning after morning he wakens my ear to hear as disciples do; the Lord God opened my ear; I did not refuse, did not turn away. I gave my back

to those who beat me, my cheeks to those who tore out my beard; my face I did not hide from insults and spitting.

The Lord God is my help, therefore I am not disgraced; therefore I have set my face like flint, knowing that I shall not be put to shame. He who declares my innocence is near. Who will oppose me? Let us appear together. Who will dispute my right? Let them confront me. See, the Lord God is my help; who will declare me guilty? See, they will all wear out like a garment, consumed by moths. Who among you fears the Lord, heeds his servants voice? Whoever walk in darkness, without any light, yet trust in the name of the Lord and rely upon their God! All you who kindle flames and set flares alight, walk by the light of your own fire and by the flares you have burnt! This is your fate from my hand: you shall lie down in a place of torment.

### **Prokeimenon, Tone 3**

The Lord is my light and my help; whom shall I fear?

*Verse:* The Lord is the stronghold of my life; before whom shall I shrink?

Epistle: 1 Corinthians 11:23-32

*Leader:* A reading from the First Letter of St. Paul the Apostle to the Corinthians.

Brothers and Sisters: For I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over, took bread, and, after he had given thanks, broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. Therefore whoever eats the bread or drinks the cup of the Lord unworthily will have to answer for the body and blood of the Lord. A person should examine himself, and so eat the bread and drink the cup. For anyone who eats and drinks without discerning the body, eats and drinks judgment on himself. That is why many among you are ill and infirm, and a considerable number are dying. If we discerned ourselves, we would not be under judgment; but since we are judged by the Lord, we are being disciplined so that we may not be condemned along with the world.

**Alleluia, Tone 1:** Alleluia, alleluia, alleluia

*Verse:* The Lord reigns, he is clothed in majesty, robed is the Lord and girt about with strength.

*Verse:* The world he made firm, not to be moved.

*Leader:* A reading from the gospel of the holy apostle and evangelist Matthew. (Matthew 26:2-20; John 13:3-17; Matthew 26:21-39; Luke 22:43-45; Matthew 26:40-27:2)

*Response:* Glory to you, O Lord, glory to you.

*Leader:*

At that time: When Jesus finished all these words, he said to his disciples, "You know that in two days' time it will be Passover, and the Son of Man will be handed over to be crucified." Then the chief priests and the elders of the people assembled in the palace of the high priest, who was called Caiaphas, and they consulted together to arrest Jesus by treachery and put him to death. But they said, "Not during the festival, that there may not be a riot among the people." Now when Jesus was in Bethany in the house of Simon the leper, a woman came up to him with an alabaster jar of costly perfumed oil, and poured it on his head while he was reclining at table. When the disciples saw this, they were indignant and said, "Why this waste? It could have been sold for much, and the money given to the poor." Since Jesus knew this, he said to them, "Why do you make trouble for the woman? She has done a good thing for me. The poor you will always have with you; but you will not always have me. In pouring this perfumed oil upon my body, she did it to prepare me for burial. Amen, I say to you, wherever this gospel is proclaimed in the whole world, what she has done will be spoken of, in memory of her." Then one of the Twelve, who was called Judas Iscariot, went to the chief priests and said, "What are you willing to give me if I hand him over to you?" They paid him thirty pieces of silver, and from that time on he looked for an opportunity to hand him over. On the first day of the Feast of Unleavened Bread, the disciples approached Jesus and said, "Where do you want us to prepare for you to eat the Passover?" He said, "Go into the city to a certain man and tell him, 'The teacher says, "My appointed time draws near; in your house I shall celebrate the Passover with my disciples.'" The disciples then did as Jesus had ordered, and prepared the Passover. When it was evening, he reclined at table with the Twelve. Fully aware that the Father had put everything into his power and that he had come from God and was returning to God, he rose from supper and took off his outer garments. He took a towel and tied it around his waist. Then he poured water into a basin and began to wash the disciples' feet and dry them with the towel around his waist. He came to Simon Peter, who said to him, "Master, are you going to wash my feet?" Jesus answered and said to him, "What I am doing, you do not understand now, but you will understand later." Peter said to him, "You will never wash my feet." Jesus answered him, "Unless I wash you, you will have no inheritance with me." Simon Peter said to him, "Master, then not only my feet, but my hands and head as well." Jesus said to him, "Whoever has bathed has no need except to have his feet washed, for he is clean all over; so you are clean, but not all." For he knew who would betray him; for this reason, he said, "Not all of you are clean." So when he had washed their feet and put his garments back on and reclined at table again, he said to them, "Do you realize what I have done for you? You call me 'teacher' and 'master,' and rightly so, for indeed I am. If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do. Amen, amen, I say to you, no slave is greater than his master nor any messenger greater than the one who sent him. If you understand this, blessed are you if you do it. And while they were eating, he said, "Amen, I say to you, one of you will betray me." Deeply distressed at this, they began to say to him one after another, "Surely it is not I, Lord?" He said in reply, "He who has dipped his hand into the dish with me is the one who will betray me. The Son of Man indeed goes, as it is written of him, but woe to that man by whom the Son of Man is betrayed. It would be better for that man if he had never been born." Then Judas, his betrayer, said in reply, "Surely it is not I, Rabbi?" He answered, "You have said so." While they were



eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body." Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins. I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father." Then, after singing a hymn, they went out to the Mount of Olives. Then Jesus said to them, "This night all of you will have your faith in me shaken, for it is written: 'I will strike the shepherd, and the sheep of the flock will be dispersed'; but after I have been raised up, I shall go before you to Galilee." Peter said to him in reply, "Though all may have their faith in you shaken, mine will never be." Jesus said to him, "Amen, I say to you, this very night before the cock crows, you will deny me three times." Peter said to him, "Even though I should have to die with you, I will not deny you." And all the disciples spoke likewise. Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray." He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." And to strengthen him an angel from heaven appeared to him. He was in such agony and he prayed so fervently that his sweat became like drops of blood falling on the ground. When he rose from prayer and returned to his disciples, he found them sleeping from grief. He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak." Withdrawing a second time, he prayed again, "My Father, if it is not possible that this cup pass without my drinking it, your will be done!" Then he returned once more and found them asleep, for they could not keep their eyes open. He left them and withdrew again and prayed a third time, saying the same thing again. Then he returned to his disciples and said to them, "Are you still sleeping and taking your rest? Behold, the hour is at hand when the Son of Man is to be handed over to sinners. Get up, let us go. Look, my betrayer is at hand." While he was still speaking, Judas, one of the Twelve, arrived, accompanied by a large crowd, with swords and clubs, who had come from the chief priests and the elders of the people. His betrayer had arranged a sign with them, saying, "The man I shall kiss is the one; arrest him." Immediately he went over to Jesus and said, "Hail, Rabbi!" and he kissed him. Jesus answered him, "Friend, do what you have come for." Then stepping forward they laid hands on Jesus and arrested him. And behold, one of those who accompanied Jesus put his hand to his sword, drew it, and struck the high priest's servant, cutting off his ear. Then Jesus said to him, "Put your sword back into its sheath, for all who take the sword will perish by the sword. Do you think that I cannot call upon my Father and he will not provide me at this moment with more than twelve legions of angels? But then how would the scriptures be fulfilled which say that it must come to pass in this way?" At that hour Jesus said to the crowds, "Have you come out as against a robber, with swords and clubs to seize me? Day after day I sat teaching in the temple area, yet you did not arrest me. But all this has come to pass that the writings of the prophets may be fulfilled." Then all the disciples left him and fled. Those who had arrested Jesus led him away to Caiaphas the high priest, where the scribes and the elders were assembled. Peter was following him at a distance as far as the high priest's courtyard, and going inside he sat down with the servants to see the

outcome. The chief priests and the entire Sanhedrin kept trying to obtain false testimony against Jesus in order to put him to death, but they found none, though many false witnesses came forward. Finally two came forward who stated, "This man said, 'I can destroy the temple of God and within three days rebuild it.'" The high priest rose and addressed him, "Have you no answer? What are these men testifying against you?" But Jesus was silent. Then the high priest said to him, "I order you to tell us under oath before the living God whether you are the Messiah, the Son of God." Jesus said to him in reply, "You have said so. But I tell you: From now on you will see 'the Son of Man seated at the right hand of the Power' and 'coming on the clouds of heaven.'" Then the high priest tore his robes and said, "He has blasphemed! What further need have we of witnesses? You have now heard the blasphemy; what is your opinion?" They said in reply, "He deserves to die!" Then they spat in his face and struck him, while some slapped him, saying, "Prophecy for us, Messiah: who is it that struck you?" Now Peter was sitting outside in the courtyard. One of the maids came over to him and said, "You too were with Jesus the Galilean." But he denied it in front of everyone, saying, "I do not know what you are talking about!" As he went out to the gate, another girl saw him and said to those who were there, "This man was with Jesus the Nazorean." Again he denied it with an oath, "I do not know the man!" A little later the bystanders came over and said to Peter, "Surely you too are one of them; even your speech gives you away." At that he began to curse and to swear, "I do not know the man." And immediately a cock crowed. Then Peter remembered the word that Jesus had spoken: "Before the cock crows you will deny me three times." He went out and began to weep bitterly. When it was morning, all the chief priests and the elders of the people took counsel against Jesus to put him to death. They bound him, led him away, and handed him over to Pilate, the governor.

*Response:* Glory to you, O Lord, glory to you.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Remember us, O Lord,  
when you come in your kingdom.

Remember us, O Master,  
when you come in your kingdom.

Remember us, O Holy One,  
when you come in your kingdom.

The heavenly choir praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Look towards him and be radiant;

let your faces not be abashed.

The heavenly choir praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,  
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Now and ever  
and forever. Amen.

### **Profession of Faith**

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Leader:* Lord Jesus Christ, Son of God, have mercy on us.

*Response:* Amen.

**Kontakion, Tone 2:**

Judas, the deceitful servant, when he stretched his hand secretly and took bread, did therefore take the price of him who made humanity with his own hands, thus remaining reprobate/

Lord, have mercy. (*Twelve times*)

*Leader:* Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

*Response:* One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

*The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:*

O Lord, I believe and confess that you are truly Christ,  
who came into the world

To save sinners of whom I am the first.

*Although I cannot be a partaker now of your mystical supper, O Son of God,*

Come at least spiritually into my heart by Your Divine Grace  
for the healing of my soul and body.

For I will not reveal your mystery to your enemies,

Nor will I give you a kiss as did Judas,

But like the thief I profess to you:

+ Remember me, O Lord, when you come in your kingdom.

+ Remember me, O Master, when you come in your kingdom.

+ Remember me, O Holy One, when you come in your kingdom.

O Lord, I also believe and profess, that this,

Which I would receive, and which is now here present with us in Mystery,

Is truly your most precious Body, and your life-giving Blood, Which, I pray, I may one day  
receive again

For the remission of all my sins and for life everlasting. Amen

*Then immediately:*

**Psalm 33**

I will bless the Lord at all times,  
his praise always on my lips;

In the Lord

my soul shall make its boast

The humble shall hear

and be glad.

Glorify the Lord with me.

Together let us praise his name.

I sought the Lord and he answered me;  
from all my terrors he set me free.

Look towards him and be radiant;  
let your faces not be abashed.

This poor man called, the Lord heard him  
and rescued him from all his distress.

The angel of the Lord is encamped,  
around those who revere him, to rescue them.

Taste and see that the Lord is good.  
He is happy who seeks refuge in him.

Revere the Lord, you his saints.  
They lack nothing, those who revere him.

Strong lions suffer want and go hungry  
but those who seek the Lord lack no blessing.

Come, children, and hear me  
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,  
to enjoy his prosperity?

Then keep your tongue from evil  
and your lips from speaking deceit.

Turn aside from evil and do good;  
seek and strive after peace.

The Lord turns his face against the wicked  
to destroy their remembrance from the earth.

The Lord turns his eyes to the just  
and his ears to their appeal.

The just cried out and the Lord heard them,  
and rescued them from all their distress.

The Lord is close to the broken-hearted;  
those whose spirit is crushed he will save.

Many are the trials of the just,  
but from them all the Lord will rescue them.

He will keep guard over all their bones,  
not one of their bones shall be broken.

Evil brings death to the wicked;  
those who hate the good are doomed.

The Lord ransoms the souls of his servants.  
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;  
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

**Leader:** Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

**Response:** Amen.

**Closing Hymn:**

Accept me today as a partaker of your mystical supper, O Son of God, for I will not reveal your mystery to your enemies, nor will I give you a kiss as did Judas, but like the thief I profess you: Remember me, O Lord, when you come in your kingdom.