

TYPIKA AT HOME: JULY 12, 2020
SIXTH SUNDAY AFTER PENTECOST

Troparion, Tone 5:

O faithful, let us praise and adore the Word eternal with the Father and the Spirit, and born of the Virgin for our salvation. For he chose to ascend the cross in the flesh and to suffer death, and to raise the dead by his glorious resurrection.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Response: Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

We chant the Typical Psalms:

Psalm 102:

Bless the Lord, O my soul,
and all my being, bless his holy name.

Bless the Lord, O my soul,
and never forget all his blessings.

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion,
who fills your life with good things,
renewing your youth like an eagle's.

The Lord does deeds of justice,
gives judgment for all who are oppressed.

He made known his ways to Moses
and his deeds to Israel's sons.

The Lord is compassion and love,
slow to anger and rich in mercy.

His wrath will come to an end;
he will not be angry forever.

He does not treat us according to our sins
nor repay us according to our faults.

For as the heavens are high above the earth
so strong is his love for those who fear him.

As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him;

for he knows of what we are made,
he remembers that we are dust.

As for man, his days are like grass;
he flowers like the flower of the field;

the wind blows and he is gone
and his place never sees him again.

But the love of the Lord is everlasting
upon those who hold him in fear;

his justice reaches out to children's children
when they keep his covenant in truth,
when they remember his commands and do them.

The Lord has set his throne in heaven
and his kingdom is ruling over all.

Bless the Lord, all his angels,
mighty in power, fulfilling his word,
who heed the voice of his word.

Bless the Lord, all his hosts,
his servants who do his will.

Bless the Lord, all his works,
in every place where he rules.

Glory to the Father, and to the Son,
and to the Holy Spirit,
now and ever and forever. Amen.

Bless the Lord, O my soul!
and all my being, bless his holy name.

Blessed are you, O Lord.
Glory to the Father, and to the Son,
and to the Holy Spirit.

Praise the Lord, O my soul.
I will praise the Lord all my life.
I will make music to my God while I live.

Put no trust in princes,
in mortal men in whom there is no help.

Take their breath, they return to clay
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,
whose hope is in the Lord his God,

who alone made heaven and earth,
the seas and all they contain.

It is the Lord who keeps faith forever,
who is just to those who are oppressed.

It is he who gives bread to the hungry,
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,
who raises up those who are bowed down,

the Lord, who protects the stranger
and upholds the widow and orphan.

It is the Lord who loves the just
but thwarts the path of the wicked.

The Lord will reign forever,
Zion's God, from age to age.

Now and ever
and forever. Amen.

Hymn of the Incarnation

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Troparia at the Beatitudes

In your kingdom, remember us, O Lord, when you come in your kingdom.

12. Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

11. Blessed are they who mourn,
for they will be comforted.

10. Blessed are the meek,
for they will inherit the land.

9. Blessed are they who hunger and thirst for
righteousness, for they will be satisfied.

8. *Blessed are the merciful, for they will be shown mercy.*

(Tone 5) The thief on the cross, believing you to be God, O Christ, professed you sincerely from his heart, crying out, Remember me, O Lord, in your kingdom.

7. *Blessed are the pure of heart, for they will see God.*

- With one accord let us praise in song as Savior and Creator the one who made life blossom

for the human race by the tree of the cross, and withered the curse of the tree.

6. *Blessed are the peacemakers, for they will be called children of God.*

- By your death, O Christ, you destroyed the power of death, raising with you the dead from ages past who sing hymns to you, our true God and Savior.

5. *Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.*

- The pious women came to your tomb, O Christ, seeking to anoint you, the Giver of life, and an angel appeared, crying out to them, The Lord is risen.

4. *Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.*

- Christ, when you were crucified between two convicted thieves. One blasphemed you and was justly condemned, while the other confessed you and went to Paradise.

3. *Rejoice and be glad, for your reward will be great in heaven.*

- The pious women came to the apostles and cried out, Christ is risen. Let us worship him as Master and Creator.

2. *Glory to the Father, and to the Son, and to the Holy Spirit.*

- One undivided Trinity, omnipotent Creator of all, Father, Son and Holy Spirit, we sing hymns to you, our true God and Savior.

1. *Now and ever and forever. Amen.*

- Rejoice, living temple of God and impassible gate! Rejoice, unconsumed fiery throne! Rejoice, Mother of Emmanuel, Christ our God.

Prokeimenon, Tone 5:

You, O Lord, will keep us and preserve us from this generation.

Verse: Save me, O Lord, for the righteous have vanished.

Epistle: Romans 12:6-14.

Leader: A reading from the Letter of St. Paul the Apostle to the Romans.

Brothers and Sisters: Since we have gifts that differ according to the grace given to us, let us exercise them: if prophecy, in proportion to the faith; if ministry, in ministering; if one is a teacher, in teaching; if one exhorts, in exhortation; if one contributes, in generosity; if one is over others, with diligence; if one does acts of mercy, with cheerfulness. Let love be sincere; hate what is evil, hold on to what is good; love one another with mutual affection; anticipate one another in showing honor. Do not grow slack in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, endure in affliction, persevere in prayer. Contribute to the needs of the holy ones, exercise hospitality. Bless those who persecute [you],k bless and do not curse them.

Alleluia, Tone 5: Alleluia, alleluia, alleluia

Verse: I shall sing forever of your mercies, O Lord; through all generations my mouth will proclaim your truth.

Verse: For you have said: Mercy is built to last forever. Your truth is firmly established in heaven.

Leader: A reading from the gospel of the holy apostle and evangelist Matthew. (Matthew 9:1-8)

Response: Glory to you, O Lord, glory to you.

Leader:

At that time: Jesus entered a boat, made the crossing, and came into his own town. And there people brought to him a paralytic lying on a stretcher. When Jesus saw their faith, he said to the paralytic, "Courage, child, your sins are forgiven." At that, some of the scribes said to themselves, "This man is blaspheming." Jesus knew what they were thinking, and said, "Why do you harbor evil thoughts? Which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of Man has authority on earth to forgive sins" - he then said to the paralytic, "Rise, pick up your stretcher, and go home." He rose and went home. When the crowds saw this they were struck with awe and glorified God who had given such authority to human beings.

Response: Glory to you, O Lord, glory to you.

Then:

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Remember us, O Lord,
when you come in your kingdom.

Remember us, O Master,
when you come in your kingdom.

Remember us, O Holy One,
when you come in your kingdom.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Look towards him and be radiant;
let your faces not be abashed.

The heavenly choir praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Glory to the Father, and to the Son,
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,
Holy, holy, holy, Lord God of hosts;
heaven and earth are filled with your glory.

Now and ever
and forever. Amen.

Profession of Faith

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Leader: Lord Jesus Christ, Son of God, have mercy on us.

Response: Amen.

Kontakion, Tone 5:

O Savior, you descended into Hades. You crushed its gates as the Almighty. You raised the dead and destroyed the sting of Death as the Creator. You delivered Adam from the curse, O Lover of us all; therefore, all cry out to you, O Lord, save us. Lord, have mercy. (*Twelve times*)

Leader: Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:

Response: One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:

O Lord, I believe and confess that you are truly Christ,
who came into the world

To save sinners of whom I am the first.
Although I cannot be a partaker now of your mystical supper, O Son of God,
Come at least spiritually into my heart by Your Divine Grace
for the healing of my soul and body.
For I will not reveal your mystery to your enemies,
Nor will I give you a kiss as did Judas,
But like the thief I profess to you:
+ Remember me, O Lord, when you come in your kingdom.
+ Remember me, O Master, when you come in your kingdom.
+ Remember me, O Holy One, when you come in your kingdom.
O Lord, I also believe and profess, that this,
Which I would receive, and which is now here present with us in Mystery,
Is truly your most precious Body, and your life-giving Blood,
Which, I pray, I may one day receive again
For the remission of all my sins and for life everlasting. Amen

Then immediately:

Psalm 33

I will bless the Lord at all times,
his praise always on my lips;

In the Lord
my soul shall make its boast
The humble shall hear
and be glad.

Glorify the Lord with me.
Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped,
around those who revere him, to rescue them.

Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.

Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,
to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.

Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.

The Lord turns his eyes to the just
and his ears to their appeal.

The just cried out and the Lord heard them,
and rescued them from all their distress.

The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just,
but from them all the Lord will rescue them.

He will keep guard over all their bones,
not one of their bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of his servants.
Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy
on us.

Response: Amen.

Closing Hymn:

People brought to Jesus a cripple in his pain,
Having faith that healing could give him strength again.
“Your sins are forgiven!” Hear the words of Jesus;
Calling us to new life who put our faith in him.

Jesus said, “Take courage! Your sins are cleansed away!”
Some nearby were shaken, said “He’s blasphemed today!”
“Your sins are forgiven!” Hear the words of Jesus;
Calling us to new life who put our faith in him.

Jesus said, “What evil within your minds remains!”
Curing or forgiving, both come from God, ‘tis plain!”
“Your sins are forgiven!” Hear the words of Jesus;
Calling us to new life who put our faith in him.

Jesus stretched his hand out, cried, “Stand and go your way!”
All the crowd was awestruck to see God’s power that day.
“Your sins are forgiven!” Hear the words of Jesus;
Calling us to new life who put our faith in him.

Differing gifts, one Giver; our love must be sincere.
Patient and rejoicing, in prayer, we persevere.
“Your sins are forgiven!” Hear the words of Jesus;
Calling us to new life who put our faith in him.

Text: J. Michael Thompson

Melody: *Prizri, o Marije*/ Mary, look upon us (traditional)