Our venerable father John Climacus, author of “The Ladder” was born in Palestine. At the age of sixteen, he entered a monastery on Mount Sinai, where (in his later years) he wrote “The Ladder of Perfection.” (649)

Supplement for The Order of Vespers on the Sunday of Forgiveness (Cheesefare Sunday) and the Sundays of the Great Fast.

Psalm 140 and Stichera of Forgiveness in the tone of the week (Tone 1, p. 22)
Stichera of the Fifth Sunday of the Fast, p. 82. Then:

Vespers Propers on the Afternoon of
The Fifth Sunday of the Great Fast
March 30, 2020

O ven - er - a - ble fa - ther John, you tru - ly bore the praises of the Lord al - ways on your lips, and with great wisdom you studied the words of the Scrip - tures that teach us how to live the as - cet - ic life. Be - cause of this, you were en - riched and blessed with an out - pour - ing of grace on high.
Praise the Lord, all you nations, acclaim him all you peoples!

O most glorious father John, you cleansed your soul with a fountain of tears and gained God's mercy in your all-night vigils. You were drawn to his love and beauty, O blessed one, and are rightly satisfied by it now. You rejoice endlessly in bliss.

Strong is the love of the Lord for us; he is faithful forever.

O holy father John, by your faith you have lifted up your mind to God. Rejecting the restless confusion of the world, you took up your cross and followed Christ. Your body was kept under the rein.
of the heroic deeds of your asceticism, by the power that flows from the Holy Spirit.

The faithful STAND.

Cantor:

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

Theotokion - in the same tone

Most honored Lady, vessel of virginity. Pure and beautiful dwelling place of God, I beseech you: Comfort my soul which has been tormented by the venom of the serpent and mortified by sins, so that I may glorify you who are exalted by all the
faith - ful, di - vine - ly joy - ful La - dy.

The service continues on page 9.

Prokeimenon for the Fifth Sunday, p.10

Aposticha of the Fifth Sunday, p. 85