

**Vesper Propers on the Evening of the Third
Sunday of the Great Fast
February 28, 2016**

Our venerable father Cassian, at Massilia in the province of Gaul, priest. He founded two monasteries, one for men and one for women. Long an expert in monastic customs, he wrote “on the Cenobitic Institutions” and the “Conferences of the Fathers” for the edification of monks. (c.453)

Supplement for The Order of Vespers on Sunday Afternoons in the Great Fast, 2007.

*Psalm 140 and Stichera of Forgiveness in the tone of the week (Tone 7, p. 48)
Stichera of the third Sunday of the Great Fast, p. 69*

Cantor: (Tone 6) Because with the Lord there is mercy and fullness of redemption,
(on 3) Israel indeed he will redeem from all its iniquity.

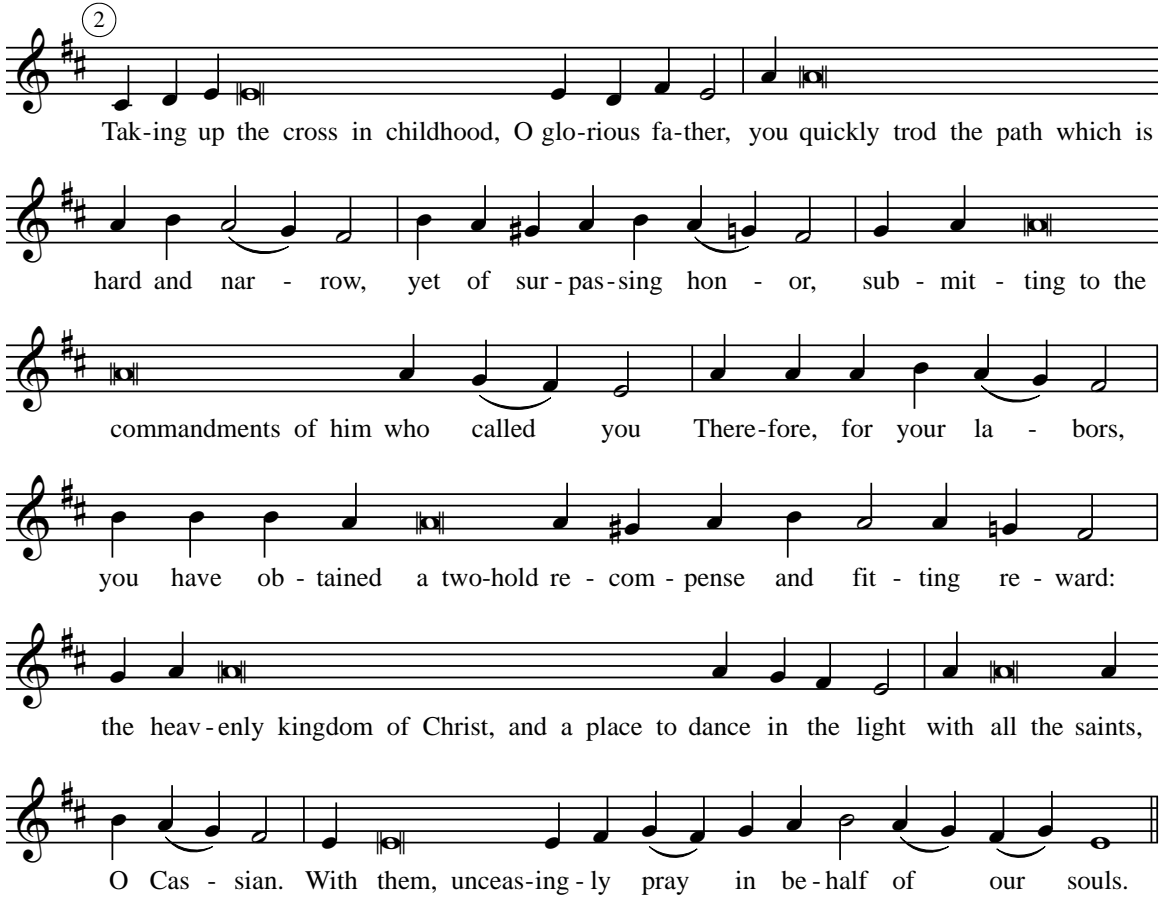
Stichera of our venerable father Cassian - Tone 6 samohlasen

③

You wise-ly per-ceived transitory deception, O all-glo-rious one, and even after your
depar-ture from here to the Lord you hin-dered those who de-man-ded to have it
though it is in no way abiding this fleeting and tem-por-al life and so-cial or - der.
There-fore, as a wise ov-er-seer, you have passed o-ver to a bet-ter life,
hav-ing pleased Christ, O Cas-sian, by your life and works.

Cantor: Praise the Lord, all you nations, Psalm 116
(on 2) acclaim him all you peoples!

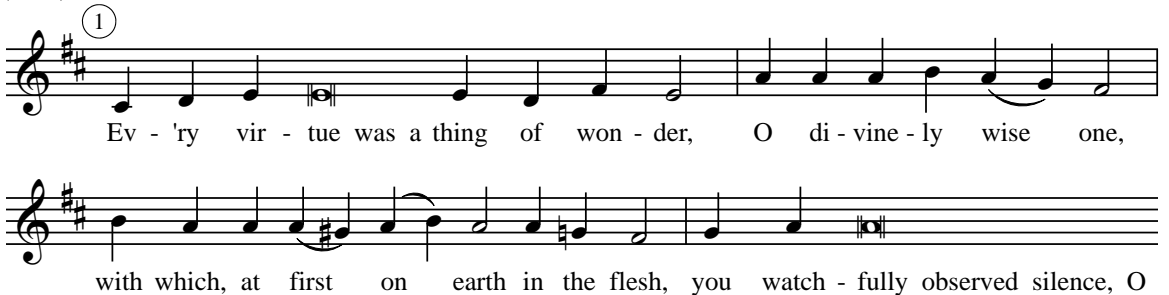
②



Tak-ing up the cross in childhood, O glo-rious fa-ther, you quickly trod the path which is
hard and nar - row, yet of sur-pas-sing hon - or, sub - mit - ting to the
commandments of him who called you There-fore, for your la - bors,
you have ob - tained a two-hold re - com - pense and fit - ting re - ward:
the heav-enly kingdom of Christ, and a place to dance in the light with all the saints,
O Cas - sian. With them, unceas-ing - ly pray in be-half of our souls.

Cantor: Strong is the love of the Lord for us;
(on 1) he is faithful forever.

①



Ev - 'ry vir - tue was a thing of won - der, O di - vine - ly wise one,
with which, at first on earth in the flesh, you watch - fully observed silence, O



ven-e - ra-ble one, and later spoke in words and ma-ter - i - al things, be-ing hum-ble,



mee-k, and innocemt, a prophetic and good - ly her - ald. And now, when you have



has-tened to God, you have mar-velled all the more, and have re-ceived



the grace of heal - ing,

Cantor: (Tone 6) Glory...now and ever...

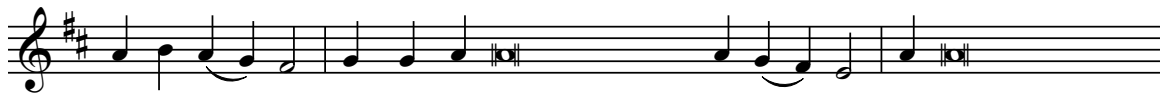
Theotokion - Tone 6 samohlasen



Hav - ing stum - bled because of my evil dis - po - si - tion, and having been enslaved to



wicked decep-tion, O Bride of God, wretch that I am, I flee to your all-won-drous



lov-ing kind ness and your fer-vent aid, O all-ho-ly Maid-en. De-liver me from the



bonds of temptation and grief, O all - im - mac - u - late one, and save me from the

as - saults of the de - mons, that I may glo - rify you, and praise and bow down
be - fore you with love, and may ex - tol you, O La - dy, as ev - er - bles - sed.

The image shows two staves of musical notation in G major (one sharp). The first staff contains the melody for the first line of text, and the second staff contains the melody for the second line. The lyrics are written below the notes.

The service continues on page 9.

Prokeimenon for the third Sunday of the Great Fast, p.10

Aposticha of the third Sunday of the Great Fast, p. 71