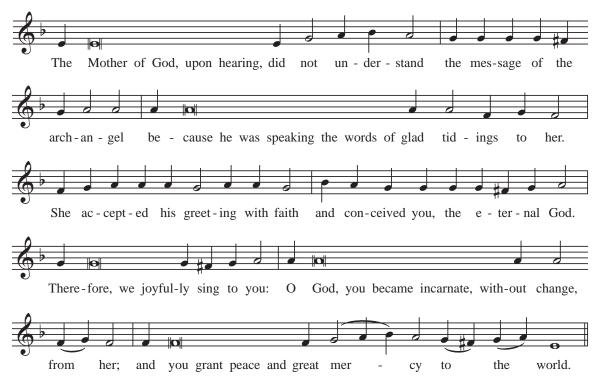
Aposticha theotokion of the pre-feast - Tone 4 samohlasen



The service continues with the Prayer of St. Simeon on page 13.

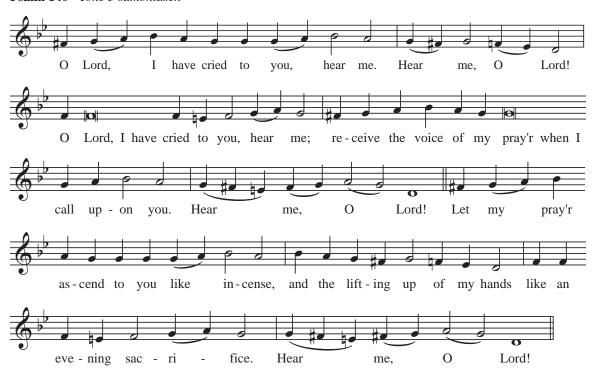
Vespers Propers on the Evening of the Third Sunday of the Great Fast March 23, 2014

Prefestive day of the Annunciation

Supplement for The Order of Vespers on Sunday Evening for the Sunday of Forgiveness (Cheesefare Sunday) and the Sundays of the Great Fast.

Lamp-lighting Psalms

Psalm 140 - Tone 3 samohlasen



O Lord, set a guard before my mouth and set a seal on the door of *my* lips. Let not my heart be inclined to evil, nor make excuses for sins I *com*mit.

Let me never share in sinners' feasting.

If a just man strikes or reproves me it *is* kindness but let the oil of the wicked not anoint my head.

Let my prayer be ever against *their* malice.

The princes were thrown down by the side of the rock; then they understood that my words *were* kind. As a millstone is shattered to pieces on the ground, so their bones were strewn at the mouth of *the* grave.

To you, Lord God, my eyes are turned; in you I take refuge; spare *my* soul! From the trap they have laid for me keep me safe; keep me from the snares of those who *do* evil.

Let the wicked fall into the traps they have set while I pursue my way *un*harmed.

Psalm 141 With all my voice I cry to the Lord,
with all my voice I entreat *the* Lord.
I pour out my trouble before him;
I tell him all my distress while my spirit faints *with* in me.

But you, O Lord, know my path.

On the way where I shall walk they have hidden a snare to *en*trap me.

Look on my right and see:
there is no one who takes *my* part.

I have no means of escape,
not one who cares for *my* soul.

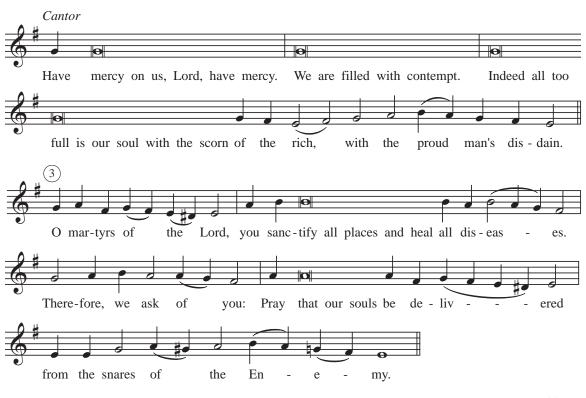
I cry to you, O Lord.
I have said: "You are my refuge, all I have in the land of *the* living."

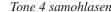
Listen, then, to my cry
for I am in the depths of *distress*.

Rescue me from those who pursue me
for they are stronger *than* I.



All repeat, "Woe is me! I dare not lift my eyes..."







Glo-ry to the Father and to the Son and to the Holy Spir-it, now and ev-er



11

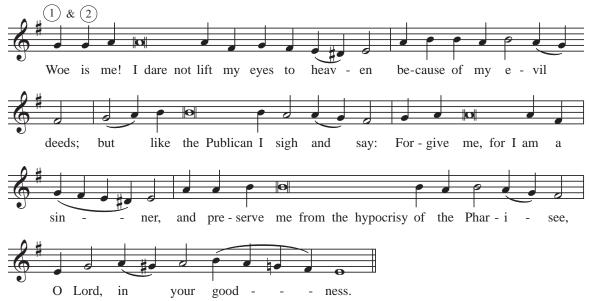


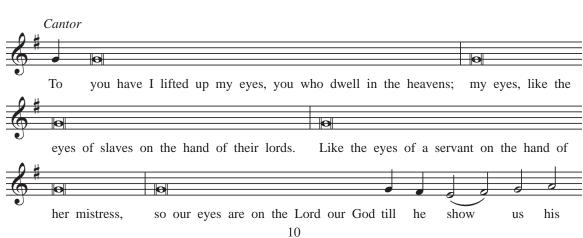
an-nounce: You shall re-main a virgin, and yet you shall give birth to the Lord.

The service continues with the Hymn of the Evening, "O joyful light," on page 8.

Aposticha

Aposticha of the third Sunday of the Great Fast - Tone 8 samohlasen







you

love man - kind.

hu-mil - i - ty; for you alone are merci-ful and



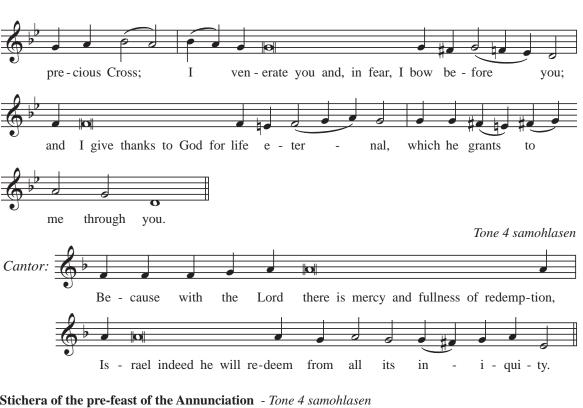


the serpent was the cause of grief to Eve, but now is is great joy that I









Stichera of the pre-feast of the Annunciation - *Tone 4 samohlasen*

