

is strange for vir - gins. But in you, O The - o - to - kos, both the one  
and the oth - er have come to pass. There - fore, we, the peo - ples of the earth,  
un - ceas - ing - ly ex - tol you.

**Communion Hymn for Sundays (Psalm 148:1):**

A

Praise the Lord, praise the Lord from the heav - ens, praise him in the high-est,  
*Refrain*  
praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**Communion Hymn of the Nativity of the Theotokos (Psalm 115:4):**

A

I shall take the chal - ice, the chal-ice of sal - va - tion and call up-on the  
*Refrain*  
name of the Lord, and call up-on the name of the Lord. Al - le - lu - ia! Al - le - lu - ia!  
Al - le - lu - ia!

**Divine Liturgy Propers, September 8, 2013**  
**SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS**  
**Nativity of the Theotokos**

**Troparion of the Resurrection - Tone 7**

You have de - stroyed Death by your cross; you o - pened par - a - dise to the thief.  
The sor - row of the myrrh - bearers you turned to joy. You com - mand - ed your  
a - pos - tles to pro - claim: Christ our God, you have ris - en, grant - ing great  
mer - cy to the world.

**Troparion of the Nativity of the Theotokos - Tone 4**

Your birth, O Vir - gin The - o - to - kos, her - ald - ed joy to the u - ni - verse;  
for from you arose the Sun of Jus - tice, Christ our God. Re - mov - ing the curse, he  
gave the bless - ing, and by de - stroy - ing Death, he grant - ed us e - ter - nal life.

*Cantor*

Glo-ry to the Father, and to the Son, and to the Ho-ly Spir - it, now and ever  
and for - ev - er. A - men.

**Kontakion of the Nativity of the Theotokos - Tone 4**

At your ho-ly birth, O Im-mac-u-late One, Jo - achim and Anna were freed from the  
re-proach of child - less - ness and Ad - am and Eve from the  
cor-rup-tion of death. Your peo-ple, delivered from the guilt of their faults,  
cel - e-brate your birth and cry out: The bar - ren woman gives birth to the  
The - o - to - kos and the Sus - tain - er of our Life.

**Prokeimenon of the Sunday before the Exaltation of the Cross - Tone 6 (Psalm 27:9,1):**

Save your peo - ple, O Lord, and bless your in - her - i - tance,  
and bless your in - her - i - tance.

*Verse:* To you, O Lord, I cry out: My God, be not silent to me.

**Alleluia of the Sunday before the Exaltation of the Cross - Tone 1 (Psalm 88:20-22):**

Al - le - lu - - - ia! Al - - - le lu - ia!  
Al - le - lu - - - ia!

*Verse:* I have exalted one chosen from my people and with my holy oil I have anointed him.

*Verse:* My hand shall protect him and my arm shall make him strong.

*Instead of* "It is truly proper . . .", the Magnification and Irmos of the Nativity of the Theotokos:

**Magnification:**

Ex - tol, ex - tol, O my soul, O my soul,  
the Vir - gin Mar - y born of the bar - ren wo - - - man.

**Irmos:**

*Tone 6 Irmos, simple setting*

Vir - gin - i - ty is something for - eign to moth - ers, and child - bear - ing