

un-ceas-ing - ly ex - tol you.

**Communion Hymn for Sunday** (Psalm 148:1):

A

Praise the Lord, praise the Lord from the heav - ens, praise him  
*Refrain*  
 in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!  
 Al - le - lu - ia!

*And for the Nativity of the Theotokos*

**Communion Hymn** (Psalm 115:4):

A

I shall take the chal - ice, the chal-ice of sal - va - tion and call up-on the  
 name of the Lord, and call up - on the name of the Lord.  
*Refrain*  
 Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

**Divine Liturgy, September 9, 2012**  
**SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS**  
**Postfestive Day of the Nativity of the Theotokos**

**Troparion of the Resurrection - Tone 6**

An - gel-ic pow-ers ap-peared at your tomb, and the guards be-came like dead  
 men. Mar-y stood at the tomb seeking your most pure bod-y. You de-spoiled  
 Ha-des with-out a chal-enge. You, the Giv - er of Life met the  
 Vir-gin. O Lord, ris - en from the dead, glo - - - ry to you!

**Troparion of the Nativity of the Theotokos - Tone 4**

Your birth, O Vir-gin The-o - to - kos, her-ald-ed joy to the u - ni-verse;  
 for from you arose the Sun of Jus-tice, Christ our God. Re-mov-ing the curse, he  
 gave the bles - sing, and by de-stry-ing Death, he grant-ed us e - ter-nal life.

*Cantor*

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it, now and  
 ev - er and for-ev - er. A - men.

**Kontakion of the Resurrection - Tone 6**

Christ our God, the Life - giv - er, with his life - giving hand raised the dead  
 from the val - ley of death, grant-ing res - ur - rec - tion to all of us.  
 He is the Sav - ior of All, the Resurrection, the Life, and the God of All.

**Prokeimenon of the Sunday before the Exaltation of the Cross - Tone 6 (Psalm 27:9,1):**

Save your peo - ple, O Lord, and bless your in - her - i - tance,  
 and bless your in - her - i - tance.

*Verse:* To you, O Lord, I cry out: My God, be not silent to me.

**Alleluia of the Sunday before the Exaltation of the Cross - Tone 1 (Psalm 88:20-22):**

Al - le - lu - - - ia! Al - - - le lu - ia!  
 Al - le - lu - - - ia!

*Verse:* I have exalted one chosen from my people and with my holy oil I have anointed him.

*Verse:* My hand shall protect him and my arm shall make him strong.

*Instead of "It is truly proper . . ."*

**Magnification:**

Ex - tol, ex - tol, O my soul, O my soul,  
 the Vir - gin Mar - y born of the bar - ren wo - - - man.

**Irmos - Tone 6, simple setting**

Vir - gin - i - ty is something for - eign to moth - ers, and child - bear - ing  
 is strange for vir - gins. But in you, O The - o - to - kos, both the one  
 and the oth - er have come to pass. There - fore, we, the peo - ples of the earth,