Moveable Feasts: Triodion

SUNDAY OF THE PUBLICAN AND THE PHARISEE

**Troparion:** *Prescribed Resurrection Tone*

Glory...Now and ever...

**Kontakion - Tone 3:**

Let us offer the Lord sighs like the publican. As sinners,

let us fall before him, our Master; for he wills the salvation of
everyone. He grants forgiveness to all who repent

for, while remaining God, co-eternal with the Father, he took

flesh for our sake.

**Prokeimenon:** *Prescribed Resurrection Tone*

**Alleluia:** *Prescribed Resurrection Tone*

**Communion Hymn:** *For Sunday*
SUNDAY OF THE PRODIGAL SON

**Troparion:** *Prescribed Resurrection Tone*

Glory...Now and ever...

**Kontakion - Tone 3:**

When I foolishly spurned your fatherly glory, I squandered the riches you had given me on evil deeds. So now I cry out to you with the voice of the prodigal son: I have sinned against you, O merciful Father; accept my repentance and treat me as one of your hired servants.

**Prokeimenon:** *Prescribed Resurrection Tone*

**Alleluia:** *Prescribed Resurrection Tone*

**Communion Hymn:** *For Sunday*

FIRST ALL SOULS SATURDAY

*The propers of the Divine Liturgy for the Faithful Departed are found on page 428. Panachida (Memorial Service) is found on page 432.*
SUNDAY OF MEAT-FARE
Commemoration of the Second Coming of Jesus Christ as Judge

**Troparion: Prescribed Resurrection Tone**

Glory...Now and ever...

**Kontakion - Tone 1:**

When you come to the earth in glory, O God, and the universe

...now and ever...

**Prokeimenon - Tone 3 (Psalm 146:5,1):**

Great is our Lord and great is his power. His understanding

is without measure.

**Verse:** Praise the Lord, for a psalm is good. May praise delight our God.
Alleluia - Tone 8 (Psalm 94:1,2):

Verse: Come, let us sing joyfully to the Lord; let us acclaim God our Savior.
Verse: Let us come into his presence with thanksgiving, and let us joyfully sing psalms to him.

Communion Hymns:

For Sunday, the usual Communion Hymn is (Psalm 148:1): (music found on page 78)
Praise the Lord from the heavens, praise him in the highest. Alleluia! Alleluia! Alleluia!

For the righteous ones, the Communion Hymn is (Psalm 32:1): (music found on page 213)
Rejoice in the Lord, you righteous ones; praise from the upright is fitting. Alleluia! Alleluia! Alleluia!

SUNDAY OF CHEESE-FARE
Commemoration of the Expulsion of Adam and Eve from Paradise

Troparion: Prescribed Resurrection Tone

Glory…Now and ever…

Kontakion - Tone 6:

O guide to wisdom and giver of insight, teacher of the ignorant
and protector of the poor, strengthen and enlighten my heart, O Master.

Word of the Father, give me words for, behold, I do not restrain my lips from
Verse: God is known in Judah; in Israel his name is great.

Alleluia - Tone 6 (Psalm 91:2,3):

Verse: It is good to give thanks to the Lord and to sing praises to your name, O Most High.
Verse: To proclaim your mercy in the morning, and your faithfulness throughout the night.

Communion Hymn: For Sunday
FIRST SUNDAY OF THE GREAT FAST
Sunday of Orthodoxy

Troparion: Prescribed Resurrection Tone

Troparion - Tone 2:

We bow before your sacred image, O gracious Lord, and beg forgiveness for our offenses, O Christ our God; for you, of your own good will, ascended the cross in your human nature to deliver from the enemy's bondage those whom you created. Therefore, we gratefully cry out to you: By your coming to save the world, O Savior, you have filled all with joy.

Glory...Now and ever...

Kontakion - Tone 8:

O Theotokos, the indescribable Word of the Father became describable when he took flesh from you. Our soiled image was restored to its original form,
Prokeimenon - Tone 4 (Daniel 3:26,27):

Verse: For you are just in all that you have done for us.

Alleluia - Tone 4 (Psalm 98:6):

Verse: Moses and Aaron were among his priests; Samuel was among those who called upon his name.
Verse: They called upon the Lord and he answered them.

Instead of “It is truly proper . . .”

Magnification: (music found on pages 98/102)

In you, O Woman Full of Grace, all creation rejoices: the angels in their ranks and the human race. Sanctified Temple and Rational Paradise, Boast of Virgins from whom our God took flesh and became a child while remaining God from before all time. He made your womb a throne, setting it apart, a room more spacious than the heavens. In you, O Woman Full of Grace, all creation rejoices. Glory to you!
Communion Hymns:

For Sunday, the usual Communion Hymn is (Psalm 148:1): (music found on page 78)
Praise the Lord from the heavens, praise him in the highest. Alleluia! Alleluia! Alleluia!

For the righteous ones, the Communion Hymn is (Psalm 32:1): (music found on page 213)
Rejoice in the Lord, you righteous ones; praise from the upright is fitting. Alleluia! Alleluia! Alleluia!

SECOND ALL SOULS SATURDAY
The propers of the Divine Liturgy for the Faithful Departed are found on page 428.
Panachida (Memorial Service) is found on page 432.

SECOND SUNDAY OF THE GREAT FAST

Troparion: Prescribed Resurrection Tone

Glory…Now and ever…

Kontakion - Tone 4:

Now the season for virtues has arrived and the Judge is at the door.

Without looking gloomy, let us fast, offering tears, vigils, and alms,

and let us exclaim: Our sins exceed the grains of sand by the sea.

But forgive us all, O Creator of All, that we may receive the

in-cor-rup-ti-ble crown.
**Prokeimenon - Tone 5 (Psalm 11:8,2):**

![Music notation]

Verse:  Save me, O Lord, for the righteous have vanished.

Alleluia:  Prescribed Resurrection Tone

Instead of “It is truly proper . . .”

Magnification:  (music found on pages 98/102)

In you, O Woman Full of Grace, all creation rejoices: the angels in their ranks and the human race. Sanctified Temple and Rational Paradise, Boast of Virgins from whom our God took flesh and became a child while remaining God from before all time. He made your womb a throne, setting it apart, a room more spacious than the heavens. In you, O Woman Full of Grace, all creation rejoices. Glory to you!

Communion Hymn:  For Sunday

THIRD ALL SOULS SATURDAY
The propers of the Divine Liturgy for the Faithful Departed are found on page 428.
Panachida (Memorial Service) is found on page 432.

THIRD SUNDAY OF THE GREAT FAST
Veneration of the Holy Cross

Troparion:  Prescribed Resurrection Tone

Troparion - Tone 1:

![Music notation]

Save your peo-ple, O Lord, and bless your in-her-i-tance. Grant vic-to-ry
Kontakion - **Tone 7:**

Instead of “Holy God”:

We bow to your cross, O Lord, and we glorify your holy resurrection. *(Three times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

And we glorify your holy resurrection.

We bow to your cross, O Lord, and we glorify your holy resurrection.

**Prokeimenon – Tone 6 (Psalm 27:9,1):**

Save your people, O Lord, and bless your inheritance,

and bless your inheritance.

**Verse:** To you, O Lord, I cry out: My God, be not silent to me.
Alleluia - Tone 8 (Psalm 73:2,12):

Verse: Remember your flock which you acquired long ago.
Verse: God is our King from all ages. He has accomplished salvation in the middle of the earth.

Instead of “It is truly proper . . .”
Magnification: (music found on pages 98/102)
In you, O Woman Full of Grace, all creation rejoices: the angels in their ranks and the human race. Sanctified Temple and Rational Paradise, Boast of Virgins from whom our God took flesh and became a child while remaining God from before all time. He made your womb a throne, setting it apart, a room more spacious than the heavens. In you, O Woman Full of Grace, all creation rejoices. Glory to you!

Communion Hymn (Psalm 4:7):

We have been signed, O Lord, with the light of your face.

We have been signed, O Lord, with the light of your face. Al-le-lu-ia!

FOURTH ALL SOULS SATURDAY
The propers of the Divine Liturgy for the Faithful Departed are found on page 428.
Panachida (Memorial Service) is found on page 432.
FOURTH SUNDAY OF THE GREAT FAST
Commemoration of our Venerable Father John Climacus,
Author of “The Ladder”

Troparion: Prescribed Resurrection Tone

Troparion - Tone 4:

O ven'-ra-ble John, we have found your god-ly deeds to be a divine ladder leading us to heav-en for you were a mod-el of vir-tue.

There-fore, beg Christ our God to save our souls.

Glory…Now and ever…

Kontakion - Tone 4:

John, our teach-er and fa-ther, the Lord has raised you to the heights of self-con-trol, to be a true guid-ing star en-light-en-ing the ends of the earth.

Prokeimenon: Prescribed Resurrection Tone

Then immediately after the verse:

Prokeimenon of a Venerable - Tone 8 (Psalm 149:5):

Let the faith-ful re-joice in glo-ry, shout for joy, and take their rest.
**Alleluia:** Prescribed Resurrection Tone  
Then immediately after the second verse:

**Alleluia of a Venerable - Tone 4 (Psalm 91:14):**

\[\text{\textbf{Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia!}}\]

**Verses:** Planted in the house of the Lord, he will flourish in the courts of our God.

**Instead of “It is truly proper . . .”**

**Magnification:** (music found on pages 98/102)

In you, O Woman Full of Grace, all creation rejoices: the angels in their ranks and the human race. Sanctified Temple and Rational Paradise, Boast of Virgins from whom our God took flesh and became a child while remaining God from before all time. He made your womb a throne, setting it apart, a room more spacious than the heavens. In you, O Woman Full of Grace, all creation rejoices. Glory to you!

**Communion Hymns:**

**For Sunday, the usual Communion Hymn is (Psalm 148:1): (music found on page 78)**

**For a Venerable, the Communion Hymn is (Psalm 111:6,7):**

\[\text{\textbf{Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia!}}\]
Troparion - Tone 8:

When he grasped the meaning of the mystical command, the bodiless one stood instantly in Joseph’s tent. He said to the woman who knew not wedlock: He who bowed the heavens when he came down is contained entirely in you without change.

Seeing him in your womb taking the form of a slave, I am amazed as I exclaim: Rejoice, O Unwedded Bride.

Glory...Now and ever...

Kontakion - Tone 8:

O Theotokos, valiant defender, your servants offer you hymns of victory in thanksgiving, for you have delivered us. But since you have invincible power, free
Prokeimenon - Tone 3 (Luke 1:46-48):

Verse: For he has looked with favor on the humility of his servant; from this day forward, all generations will call me blessed.

Alleluia - Tone 8 (Psalm 131:8,11):

Verse: Go up, Lord, to your rest, you and your holy ark.
Verse: The Lord swore a true oath to David; he will not go back on his word.

Communion Hymn (Psalm 115:4):

Refrain

Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia!
FIFTH SUNDAY OF THE GREAT FAST
Commemoration of our Holy Mother Mary of Egypt

Troparion: Prescribed Resurrection Tone

Troparion of a Venerable Woman - Tone 8:

In you, O mother, the divine image was strictly preserved;
taking up your cross, you followed Christ. You taught us
by example how to spurn the flesh, for it passes away, and how to
care for the soul, which is immortal. Therefore, O venerable
Mary, your soul rejoices with the angels.

Glory...Now and ever...

Kontakion - Tone 3:

Once you were filled with all kinds of harlotry; but today, through
repentance, you have shown yourself to be a bride of Christ. Yearning for
Prokeimenon: Prescribed Resurrection Tone
Then immediately after the verse:
Prokeimenon of a Venerable Woman - Tone 4 (Psalm 67:36):

Alleluia: Prescribed Resurrection Tone

Instead of “It is truly proper . . .”
Magnification: (music found on pages 98/102)
In you, O Woman Full of Grace, all creation rejoices: the angels in their ranks and the human race. Sanctified Temple and Rational Paradise, Boast of Virgins from whom our God took flesh and became a child while remaining God from before all time. He made your womb a throne, setting it apart, a room more spacious than the heavens. In you, O Woman Full of Grace, all creation rejoices. Glory to you!

Communion Hymns:

For Sunday, the usual Communion Hymn is (Psalm 148:1): (music found on page 78)
For a Venerable Woman, the Communion Hymn is (Psalm 111:6,7):

LAZARUS SATURDAY

Troparion - Tone 1:

Christ our God, before your passion you confirmed our common resurrection when you raised Lazarus from the dead. Therefore, like the children, we carry the symbols of victory and cry out to you, the Victor over Death: Hosanna in the highest! Blessed is he who comes in the name of the Lord.
Glory...Now and ever...

**Kontakion - Tone 2:**

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O Christ, the Joy of All, the Truth, the Light, the Life, and the Resurrection of the World, has appeared to those on earth because of his goodness.

He became the pattern of our resurrection, granting divine forgiveness to all.
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**Instead of “Holy God. . .”** (Galatians 3:27): *(music found on page 31)*

All you who have been baptized into Christ have been clothed with Christ. Alleluia! *(Three times)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Have been clothed with Christ. Alleluia!

All you who have been baptized into Christ have been clothed with Christ. Alleluia!

**Prokeimenon - Tone 3 (Psalm 26:1):**

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The Lord is my light and my help; whom shall I fear?

Whom shall I fear?
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**Verse:** The Lord is the stronghold of my life; before whom shall I shrink?
Alleluia - *Tone 5* (Psalm 92:1):

Verse: The Lord reigns, he is clothed in majesty; robed is the Lord and girt about with strength.

Verse: The world he made firm, not to be moved.

*Instead of* “It is truly proper . . .”

**Irmos:**

*Tone 6 Irmos, simple setting:*

O people, let us honor the Theotokos, glorious in purity.

She bore the Divine Fire in her womb and was not consumed.

With unceasing hymns, let us exalt her.

*Or the following:*

**Irmos:**

*Tone 8 Irmos*

O people, let us honor the Theotokos, glorious in purity.

She bore the Divine Fire in her womb and was not consumed. With unceasing
Communion Hymn (Psalm 8:3):

From the mouths of infants, infants and children you have fashionéd

Refrain

perfect praise, you have fashionéd perfect praise. Alleluiia! Alleluiia!

Al-le-lui-ia!

PALM SUNDAY
The Journey of Our Lord, God, and Savior Jesus Christ into Jerusalem

First Antiphon (Psalm 114:1):

I love the Lord for he has heard the cry of my appeal.

Through the prayers of the Theotokos, O Savior, save us. (music found on page 15)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.
Through the prayers of the Theotokos, O Savior, save us.

Second Antiphon (Psalm 115:1):

I trusted even when I said: I am sorely afflicted.
The faithful **STAND** as the Second Antiphon concludes with the Hymn of the Incarnation: *(music found on pages 18 - 21)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

**Third Antiphon - Tone 1 Troparion (Psalm 117:1):**

Give thanks to the Lord for he is good; for his mercy endures for ever.

**Troparion of Lazarus - Tone 1:**

Christ our God, before your passion you confirmed our common resurrection when you raised Lazarus from the dead. Therefore, like the children, we
Entrance Hymn - Tone 1 Troparion (Psalm 117:26,27):

Christ our God, before your passion you confirmed our common resurrection * when you raised Lazarus from the dead. * Therefore, like the children, we carry the symbols of victory * and cry out to you, the Victor over Death: * Hosanna in the highest!  Blessed is he who comes in the name of the Lord.

Troparion of Lazarus - Tone 1: (music found on page 236)

Christ our God, before your passion you confirmed our common resurrection * when you raised Lazarus from the dead. * Therefore, like the children, we carry the symbols of victory * and cry out to you, the Victor over Death: * Hosanna in the highest!  Blessed is he who comes in the name of the Lord.

Tone 4 Troparion:

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Troparion - Tone 4:

Through bap-tism we were buried with you, O Christ our God, and we have
be-come worthy of immortal life by your res-ur-rec-tion. There-fore, we raise our
voic-es in praise to you: Ho-san-na in the high-est! Bless-ed is he who
comes in the name of the Lord.

*Tone 6:*


*Kontakion - Tone 6:*

In heav-en you are seat-ed on a throne; but on earth upon a colt, O Christ our God.

You ac-cept-ed the praise of angels and the song of the children cry-ing out to you:

Bless-ed is he who comes to re-store A-dam.
Prokeimenon - Tone 4 (Psalm 117:26,27,1):

Verse: Give thanks to the Lord for he is good; for his mercy endures forever.

Alleluia - Tone 1 (Psalm 97:1,3):

Verse: Sing a new song to the Lord, for the Lord has worked wonders.
Verse: All the ends of the earth have seen the salvation of our God.

Instead of “It is truly proper . . .”

Magnification:

Verse: the Lord seated on a colt, the Lord seated on a colt.
Irmos: **Tone 6 Irmos, simple setting**

The Lord is God and has revealed himself to us. Prepare the festival!

Come, and with great rejoicing, let us exalt Christ.

With palms and branches in our hands, let us sing his praises:

Blessed is he who comes in the name of the Lord our Savior.

Or the following:

**Irmos: Tone 4 Samopodoben**

The Lord is God and has revealed himself to us. Prepare the festival! Come, and with great rejoicing,

let us exalt Christ. With palms and branches in our hands,

let us sing his praises: Blessed is he who comes in the name of the Lord our Savior.
Communion Hymn (Psalm 117:26,27):

Bless-ed is he who comes in the name of the Lord. The Lord is God and has re-vealed him-self to us. Al-le-lu-ia! Al-le-lu-ia! Al-le-lu-ia!